

Prueba 39  
03/07/2022 - 9:45

Masc., 400m Estilos

Absoluto Masculino  
Resultados Prelim

RG	4:26.60	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	29/05/2021
RC	4:30.63	GUIOTTO SANCHEZ, MARCO	CDELMAR	05/07/2019

Clasificación	AN	Tempo	ABSO	JUNI
<b>Junior Masculino</b>				
1. GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	<b>4:51.83</b>	- - A
50m: 29.63 29.63	150m: 1:42.49	38.11	250m: 3:01.39	41.70
100m: 1:04.38 34.75	200m: 2:19.69	37.20	300m: 3:44.50	43.11
350m: 4:19.00	400m: 4:51.83	32.83		
2. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	<b>5:04.06</b>	- - A
50m: 31.66 31.66	150m: 1:49.48	41.48	250m: 3:11.30	42.33
100m: 1:08.00 36.34	200m: 2:28.97	39.49	300m: 3:55.48	44.18
350m: 4:30.90	400m: 5:04.06	33.16		
3. TIMIRAO FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	<b>5:04.54</b>	- - B
50m: 32.87 32.87	150m: 1:51.79	41.39	250m: 3:14.05	42.71
100m: 1:10.40 37.53	200m: 2:31.34	39.55	300m: 3:57.77	43.72
350m: 4:32.62	400m: 5:04.54	31.92		
4. CIDRÁS PÉREZ, Fabián	05	RCN VIGO	<b>5:13.63</b>	- - B
50m: 31.79 31.79	150m: 1:51.39	41.57	250m: 3:17.54	45.31
100m: 1:09.82 38.03	200m: 2:32.23	40.84	300m: 4:02.89	45.35
350m: 4:38.50	400m: 5:13.63	35.13		
DSQ CONDE VARELA, David	05	C. N. MONFORTE	-	-
<i>Viraxe irregular</i>				

**Absoluto Masculino**

1. MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	<b>4:38.32</b>	- - A
50m: 28.91 28.91	150m: 1:39.70	37.68	250m: 2:56.10	39.80
100m: 1:02.02 33.11	200m: 2:16.30	36.60	300m: 3:37.07	40.97
350m: 4:07.78	400m: 4:38.32	30.71		
2. NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	<b>4:45.66</b>	- - A
50m: 28.96 28.96	150m: 1:41.49	38.33	250m: 2:57.83	38.33
100m: 1:03.16 34.20	200m: 2:19.50	38.01	300m: 3:38.95	41.12
350m: 4:13.22	400m: 4:45.66	32.44		
3. GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	<b>4:51.83</b>	- - A
50m: 29.63 29.63	150m: 1:42.49	38.11	250m: 3:01.39	41.70
100m: 1:04.38 34.75	200m: 2:19.69	37.20	300m: 3:44.50	43.11
350m: 4:19.00	400m: 4:51.83	32.83		
4. NAVARRO LOSADA, Sergi	07	C. N. FERROL	<b>4:59.89</b>	- - A
50m: 30.37 30.37	150m: 1:44.12	39.08	250m: 3:06.35	45.00
100m: 1:05.04 34.67	200m: 2:21.35	37.23	300m: 3:51.09	44.74
350m: 4:25.43	400m: 4:59.89	34.46		
5. MANEIROS PAZ, Mario	06	C. N. FERROL	<b>5:01.05</b>	- - A
50m: 30.82 30.82	150m: 1:46.31	38.72	250m: 3:08.74	44.17
100m: 1:07.59 36.77	200m: 2:24.57	38.26	300m: 3:53.46	44.72
350m: 4:28.52	400m: 5:01.05	32.53		
6. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	<b>5:02.31</b>	- - A
50m: 32.68 32.68	150m: 1:50.27	40.09	250m: 3:11.82	43.05
100m: 1:10.18 37.50	200m: 2:28.77	38.50	300m: 3:54.47	42.65
350m: 4:29.58	400m: 5:02.31	32.73		
7. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	<b>5:04.06</b>	- - A
50m: 31.66 31.66	150m: 1:49.48	41.48	250m: 3:11.30	42.33
100m: 1:08.00 36.34	200m: 2:28.97	39.49	300m: 3:55.48	44.18
350m: 4:30.90	400m: 5:04.06	33.16		
8. PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	<b>5:04.19</b>	- - A
50m: 32.31 32.31	150m: 1:48.62	40.23	250m: 3:11.02	44.30
100m: 1:08.39 36.08	200m: 2:26.72	38.10	300m: 3:56.00	44.98
350m: 4:30.79	400m: 5:04.19	33.40		
9. TIMIRAO FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	<b>5:04.54</b>	- - B
50m: 32.87 32.87	150m: 1:51.79	41.39	250m: 3:14.05	42.71
100m: 1:10.40 37.53	200m: 2:31.34	39.55	300m: 3:57.77	43.72
350m: 4:32.62	400m: 5:04.54	31.92		

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Clasificación	AN	Club	Tiempo	ABSO	JUNI
10. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	<b>5:04.66</b>	-	- B
50m: 32.04 32.04	150m: 1:51.17	41.95	250m: 3:13.83	42.15	350m: 4:31.32 34.61
100m: 1:09.22 37.18	200m: 2:31.68	40.51	300m: 3:56.71	42.88	400m: 5:04.66 33.34
11. RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	<b>5:05.63</b>	-	- B
50m: 33.04 33.04	150m: 1:51.50	41.09	250m: 3:12.45	42.13	350m: 4:31.44 36.32
100m: 1:10.41 37.37	200m: 2:30.32	38.82	300m: 3:55.12	42.67	400m: 5:05.63 34.19
12. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	<b>5:06.87</b>	-	- B
50m: 31.12 31.12	150m: 1:48.73	41.05	250m: 3:11.35	42.58	350m: 4:31.05 36.42
100m: 1:07.68 36.56	200m: 2:28.77	40.04	300m: 3:54.63	43.28	400m: 5:06.87 35.82
13. ESTEVEZ CRESPO, Hugo	06	PABELLON OURENSE	<b>5:09.12</b>	-	- B
50m: 31.80 31.80	150m: 1:49.45	41.62	250m: 3:14.44	44.46	350m: 4:35.34 36.32
100m: 1:07.83 36.03	200m: 2:29.98	40.53	300m: 3:59.02	44.58	400m: 5:09.12 33.78
14. CIDRÁS PÉREZ, Fabián	05	RCN VIGO	<b>5:13.63</b>	-	- B
50m: 31.79 31.79	150m: 1:51.39	41.57	250m: 3:17.54	45.31	350m: 4:38.50 35.61
100m: 1:09.82 38.03	200m: 2:32.23	40.84	300m: 4:02.89	45.35	400m: 5:13.63 35.13
15. VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	<b>5:17.39</b>	-	- B
50m: 32.24 32.24	150m: 1:55.54	43.63	250m: 3:21.44	44.42	350m: 4:42.71 34.51
100m: 1:11.91 39.67	200m: 2:37.02	41.48	300m: 4:08.20	46.76	400m: 5:17.39 34.68
DSQ CONDE VARELA, David	05	C. N. MONFORTE		-	-
<i>Viraxe irregular</i>					
DSQ MERZLYAKOV KOSTOMAROV, MIKH	07	PABELLON OURENSE		-	-
<i>Nado irregular</i>					
Baja enf. SOUTO VILAS, Jorge	07	A. D. FOGAR		-	-
Baja enf. REY DE BARROS, Bruno	01	C. N. GALAICO		-	-