

Prueba 1
18/06/2022 - 10:00

Fem., 400m Libre

Open Femenino
Resultados

Puntos: FINA 2022

Clasificación	AN	Nombre	AN	Tempo	Pts	100m	200m	300m	400m
1.	CARRON MUIÑA, Carla	05	C. N. ARZUA	4:19.93	752	1:02.02	1:07.36	1:05.06	1:05.49
	50m: 29.62 29.62	150m: 1:35.28 33.26	250m: 2:41.46 32.08	350m: 3:46.63 32.19		100m: 1:02.02 32.40	200m: 2:09.38 34.10	300m: 3:14.44 32.98	400m: 4:19.93 33.30
2.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑÁ	4:30.14	670	1:05.13	1:08.52	1:08.80	1:07.69
	50m: 31.68 31.68	150m: 1:39.14 34.01	250m: 2:47.63 33.98	350m: 3:56.81 34.36		100m: 1:05.13 33.45	200m: 2:13.65 34.51	300m: 3:22.45 34.82	400m: 4:30.14 33.33
3.	RAMOS, Ana Rita	02	FUTEBOL C. PORTO	4:32.58	652	1:04.94	1:08.96	1:09.35	1:09.33
	50m: 31.38 31.38	150m: 1:39.38 34.44	250m: 2:48.61 34.71	350m: 3:58.28 35.03		100m: 1:04.94 33.56	200m: 2:13.90 34.52	300m: 3:23.25 34.64	400m: 4:32.58 34.30
4.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑÁ	4:38.53	611	1:06.73	1:10.61	1:10.86	1:10.33
	50m: 32.33 32.33	150m: 1:41.70 34.97	250m: 2:52.83 35.49	350m: 4:03.92 35.72		100m: 1:06.73 34.40	200m: 2:17.34 35.64	300m: 3:28.20 35.37	400m: 4:38.53 34.61
5.	CATARINA GASPAR PIRES,	06	FUTEBOL C. PORTO	4:46.00	565	1:07.51	1:12.68	1:13.42	1:12.39
	50m: 32.54 32.54	150m: 1:43.31 35.80	250m: 2:56.84 36.65	350m: 4:10.10 36.49		100m: 1:07.51 34.97	200m: 2:20.19 36.88	300m: 3:33.61 36.77	400m: 4:46.00 35.90
6.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	4:46.05	564	1:07.10	1:12.41	1:13.76	1:12.78
	50m: 32.24 32.24	150m: 1:42.83 35.73	250m: 2:56.34 36.83	350m: 4:10.06 36.79		100m: 1:07.10 34.86	200m: 2:19.51 36.68	300m: 3:33.27 36.93	400m: 4:46.05 35.99
7.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	4:46.12	564	1:07.17	1:12.80	1:13.47	1:12.68
	50m: 32.28 32.28	150m: 1:43.35 36.18	250m: 2:56.51 36.54	350m: 4:10.47 37.03		100m: 1:07.17 34.89	200m: 2:19.97 36.62	300m: 3:33.44 36.93	400m: 4:46.12 35.65
8.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	4:46.48	562	1:06.96	1:13.07	1:14.54	1:11.91
	50m: 31.96 31.96	150m: 1:42.94 35.98	250m: 2:57.31 37.28	350m: 4:11.09 36.52		100m: 1:06.96 35.00	200m: 2:20.03 37.09	300m: 3:34.57 37.26	400m: 4:46.48 35.39
9.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	4:46.78	560	1:08.71	1:11.93	1:13.22	1:12.92
	50m: 33.42 33.42	150m: 1:44.46 35.75	250m: 2:57.12 36.48	350m: 4:11.01 37.15		100m: 1:08.71 35.29	200m: 2:20.64 36.18	300m: 3:33.86 36.74	400m: 4:46.78 35.77
10.	DE LA FUENTE PINTOS, Nadi	07	C. N. GALAICO	4:52.80	526	1:09.79	1:14.34	1:14.11	1:14.56
	50m: 33.59 33.59	150m: 1:46.53 36.74	250m: 3:00.99 36.86	350m: 4:15.93 37.69		100m: 1:09.79 36.20	200m: 2:24.13 37.60	300m: 3:38.24 37.25	400m: 4:52.80 36.87
11.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	4:53.22	524	1:10.15	1:13.53	1:14.67	1:14.87
	50m: 34.09 34.09	150m: 1:47.04 36.89	250m: 3:00.53 36.85	350m: 4:16.46 38.11		100m: 1:10.15 36.06	200m: 2:23.68 36.64	300m: 3:38.35 37.82	400m: 4:53.22 36.76
12.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	4:56.32	508	1:10.15	1:15.95	1:16.68	1:13.54
	50m: 33.74 33.74	150m: 1:48.11 37.96	250m: 3:04.43 38.33	350m: 4:20.11 37.33		100m: 1:10.15 36.41	200m: 2:26.10 37.99	300m: 3:42.78 38.35	400m: 4:56.32 36.21
13.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	4:57.81	500	1:11.86	1:15.70	1:15.93	1:14.32
	50m: 34.77 34.77	150m: 1:49.09 37.23	250m: 3:05.31 37.75	350m: 4:20.90 37.41		100m: 1:11.86 37.09	200m: 2:27.56 38.47	300m: 3:43.49 38.18	400m: 4:57.81 36.91
14.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	4:57.94	499	1:10.43	1:16.06	1:16.63	1:14.82
	50m: 33.67 33.67	150m: 1:48.34 37.91	250m: 3:04.10 37.61	350m: 4:20.97 37.85		100m: 1:10.43 36.76	200m: 2:26.49 38.15	300m: 3:43.12 39.02	400m: 4:57.94 36.97
15.	MENDEZ BERNARDEZ, Arianr	04	C. N. PABELLON	5:02.87	475	1:12.08	1:16.96	1:17.09	1:16.74
	50m: 33.67 33.67	150m: 1:50.38 38.30	250m: 3:07.13 38.09	350m: 4:24.65 38.52		100m: 1:12.08 38.41	200m: 2:29.04 38.66	300m: 3:46.13 39.00	400m: 5:02.87 38.22
16.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	5:06.00	461	1:13.46	1:17.57	1:18.19	1:16.78
	50m: 35.52 35.52	150m: 1:52.00 38.54	250m: 3:10.16 39.13	350m: 4:28.27 39.05		100m: 1:13.46 37.94	200m: 2:31.03 39.03	300m: 3:49.22 39.06	400m: 5:06.00 37.73