

Prueba 27
16/01/2022

Masc., 400m Estilos

1977 y mayores
Resultados

Clasificación		Edad						Tempo	Puntos
45+									
1.	1079343	MOURIÑO ORTIGUERA, Roberto C.	48	PONTEAREAS				6:09.68	13,00
	50m:	36.32	36.32	150m:	2:12.05	51.88	250m:	3:56.55	53.20
	100m:	1:20.17	43.85	200m:	3:03.35	51.30	300m:	4:49.71	53.16
	350m:			350m:	5:29.95		400m:	6:09.68	39.73
2.	1144117	PREGO MARTINEZ, Benjamin	49	PONTEAREAS				6:47.73	10,00
	50m:	46.40	46.40	150m:	2:40.72	59.23	250m:	4:26.34	51.15
	100m:	1:41.49	55.09	200m:	3:35.19	54.47	300m:	5:20.11	53.77
	350m:			350m:	6:04.15		400m:	6:47.73	43.58
3.	1141502	TRONCOSO CAAMAÑO, Fernando	47	ESCUALOS				7:46.55	8,00
	50m:	55.14	55.14	150m:	3:00.41	1:02.47	250m:	5:06.33	1:05.50
	100m:	1:57.94	1:02.80	200m:	4:00.83	1:00.42	300m:	6:11.07	1:04.74
	350m:			350m:	6:59.66		400m:	7:46.55	46.89
Baja enf.	1145058	VALCUENDE RODRIGUEZ, Juan Manu	46	HERCULES					-
50+									
1.	1082554	MARTINEZ FAJARDO, Julio E.	52	ADFOGAR				6:19.64	13,00
	50m:	36.54	36.54	150m:	2:11.76	53.33	250m:	3:58.29	54.24
	100m:	1:18.43	41.89	200m:	3:04.05	52.29	300m:	4:53.63	55.34
	350m:			350m:	5:37.61		400m:	6:19.64	42.03
2.	1037161	TOME NOGUEIRA, Alberto M.	54	ADFOGAR				7:07.33	10,00
	50m:	45.89	45.89	150m:	2:37.37	54.52	250m:	4:31.45	1:00.57
	100m:	1:42.85	56.96	200m:	3:30.88	53.51	300m:	5:32.54	1:01.09
	350m:			350m:	6:21.23		400m:	7:07.33	46.10
3.	1079474	MANDADO RODRIGUEZ, Enrique	50	HERCULES				7:43.72	8,00
	50m:	46.99	46.99	150m:	2:49.35	1:04.66	250m:	4:53.93	58.80
	100m:	1:44.69	57.70	200m:	3:55.13	1:05.78	300m:	5:54.00	1:00.07
	350m:			350m:	6:50.33		400m:	7:43.72	53.39
4.	1143612	PENEDO PADIN, Adolfo	50	GALAICO				8:09.47	7,00
	50m:	1:00.39	1:00.39	150m:	3:16.66	1:03.30	250m:	5:20.92	1:03.26
	100m:	2:13.36	1:12.97	200m:	4:17.66	1:01.00	300m:	6:26.10	1:05.18
	350m:			350m:	7:18.89		400m:	8:09.47	50.58
55+									
1.	1143998	FERNANDEZ GARCIA, Manuel V.	57	RIVEIRA				9:30.55	13,00
	50m:	1:11.56	1:11.56	150m:	3:45.23	1:14.19	250m:	6:16.88	1:21.25
	100m:	2:31.04	1:19.48	200m:	4:55.63	1:10.40	300m:	7:40.83	1:23.95
	350m:			350m:	8:36.12		400m:	9:30.55	54.43
65+									
1.	1191492	TIMIRAOS CARRASCO, Luis	66	POURENSE				13:15.23	13,00
	50m:	1:30.14	1:30.14	150m:	5:03.81	1:42.03	250m:	8:44.86	1:58.65
	100m:	3:21.78	1:51.64	200m:	6:46.21	1:42.40	300m:	10:39.17	1:54.31
	350m:			350m:	11:58.34		400m:	13:15.23	1:16.89