

Prueba 9
28/12/2021 - 17:50

Fem., 400m Libre

Absoluto Femenino
Resultados

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
RC	4:10.82	, GOMEZ CORTES, BEATRIZ	GALAICO	28/12/2019

Clasificación			AN			Tiempo			
1.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		4:22.00	19,00		
	50m:	30.37 30.37	150m:	1:36.08 33.09	250m:	2:42.42 33.20	350m:	3:49.24 33.33	
	100m:	1:02.99 32.62	200m:	2:09.22 33.14	300m:	3:15.91 33.49	400m:	4:22.00 32.76	
2.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		4:29.76	16,00		
	50m:	30.84 30.84	150m:	1:38.41 33.97	250m:	2:46.63 34.07	350m:	3:56.02 34.56	
	100m:	1:04.44 33.60	200m:	2:12.56 34.15	300m:	3:21.46 34.83	400m:	4:29.76 33.74	
3.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		4:35.33	14,00		
	50m:	30.95 30.95	150m:	1:39.05 34.57	250m:	2:49.58 35.59	350m:	4:00.89 35.56	
	100m:	1:04.48 33.53	200m:	2:13.99 34.94	300m:	3:25.33 35.75	400m:	4:35.33 34.44	
4.	PARDO CHAS, Eva		04	C. N. FERROL		4:35.53	13,00		
	50m:	31.01 31.01	150m:	1:39.56 34.67	250m:	2:49.20 35.04	350m:	4:00.44 35.77	
	100m:	1:04.89 33.88	200m:	2:14.16 34.60	300m:	3:24.67 35.47	400m:	4:35.53 35.09	
5.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA		4:35.72	12,00		
	50m:	31.63 31.63	150m:	1:41.44 35.62	250m:	2:52.24 35.28	350m:	4:02.29 35.10	
	100m:	1:05.82 34.19	200m:	2:16.96 35.52	300m:	3:27.19 34.95	400m:	4:35.72 33.43	
6.	SUAREZ KITAHORI, Nana Sofia		05	A. D. FOGAR		4:39.54	11,00		
	50m:	32.21 32.21	150m:	1:42.32 35.35	250m:	2:54.79 36.45	350m:	4:05.90 34.98	
	100m:	1:06.97 34.76	200m:	2:18.34 36.02	300m:	3:30.92 36.13	400m:	4:39.54 33.64	
7.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		4:40.55	10,00		
	50m:	32.38 32.38	150m:	1:42.72 35.52	250m:	2:54.47 35.84	350m:	4:05.88 35.52	
	100m:	1:07.20 34.82	200m:	2:18.63 35.91	300m:	3:30.36 35.89	400m:	4:40.55 34.67	
8.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO		4:40.83	9,00		
	50m:	31.79 31.79	150m:	1:40.78 34.97	250m:	2:52.13 35.75	350m:	4:05.09 36.25	
	100m:	1:05.81 34.02	200m:	2:16.38 35.60	300m:	3:28.84 36.71	400m:	4:40.83 35.74	
9.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO		4:41.69	8,00		
	50m:	32.67 32.67	150m:	1:43.14 35.30	250m:	2:54.89 35.86	350m:	4:07.46 36.01	
	100m:	1:07.84 35.17	200m:	2:19.03 35.89	300m:	3:31.45 36.56	400m:	4:41.69 34.23	
10.	BORGE JUSTE, Ines		06	C. N. PONTEAREAS		4:42.60	7,00		
	50m:	31.67 31.67	150m:	1:41.76 35.65	250m:	2:53.54 36.09	350m:	4:06.73 36.39	
	100m:	1:06.11 34.44	200m:	2:17.45 35.69	300m:	3:30.34 36.80	400m:	4:42.60 35.87	
11.	GONZALEZ COVELO, Uxia		06	C. N. PONTEAREAS		4:45.70	6,00		
	50m:	32.22 32.22	150m:	1:42.37 35.93	250m:	2:55.27 36.77	350m:	4:08.97 37.11	
	100m:	1:06.44 34.22	200m:	2:18.50 36.13	300m:	3:31.86 36.59	400m:	4:45.70 36.73	
12.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO		4:47.75	5,00		
	50m:	32.51 32.51	150m:	1:44.26 36.40	250m:	2:57.69 36.78	350m:	4:11.35 37.02	
	100m:	1:07.86 35.35	200m:	2:20.91 36.65	300m:	3:34.33 36.64	400m:	4:47.75 36.40	
13.	BORRAZAS RODRIGUEZ, Noa		08	C. N. CULLEREDO		4:49.24	4,00		
	50m:	33.07 33.07	150m:	1:45.58 36.43	250m:	3:00.19 37.42	350m:	4:13.98 36.80	
	100m:	1:09.15 36.08	200m:	2:22.77 37.19	300m:	3:37.18 36.99	400m:	4:49.24 35.26	
14.	NOVO DIOS, Marta		06	C. N. GALAICO		4:49.31	-		
	50m:	33.29 33.29	150m:	1:47.48 37.39	250m:	3:00.94 36.49	350m:	4:14.67 36.93	
	100m:	1:10.09 36.80	200m:	2:24.45 36.97	300m:	3:37.74 36.80	400m:	4:49.31 34.64	
15.	CAL FERNÁNDEZ, Lucía		03	RCN VIGO		4:49.86	3,00		
	50m:	31.90 31.90	150m:	1:43.47 36.45	250m:	2:57.66 37.03	350m:	4:12.94 37.56	
	100m:	1:07.02 35.12	200m:	2:20.63 37.16	300m:	3:35.38 37.72	400m:	4:49.86 36.92	

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Clasificación	AN		Tiempo							
16. NOVO LOPEZ, Ainara	05	C. N. PORTAMIÑA	4:52.77 -							
50m: 32.87 32.87	150m: 1:44.80	36.53	250m: 2:59.16	37.16	350m: 4:14.61	37.87				
100m: 1:08.27 35.40	200m: 2:22.00	37.20	300m: 3:36.74	37.58	400m: 4:52.77	38.16				
Baja enf. CARRON MUIÑA, Carla	05	C. N. ARZUA	-							
Baja enf. SANTIAGO DE LA CASA, Laura	99	C. N. ARZUA	-							
Baja enf. PAYOLA ANGLADA, Nuria	99	C. N. GALAICO	-							
Baja enf. RODRIGUEZ HUERTAS, Iria	99	C. N. GALAICO	-							
Baja enf. BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	-							
Baja enf. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	-							