

Prueba 44
30/12/2021 - 18:45

Masc., 400m Estilos

Absoluto Masculino
Resultados

RG	4:17.48	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	05/01/2021
RC	4:17.48	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	05/01/2021

Clasificación	AN		Tiempo	
1. MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	4:22.96	19,00
50m: 28.03 28.03	150m: 1:34.00	34.06	250m: 2:44.55	36.91
100m: 59.94 31.91	200m: 2:07.64	33.64	300m: 3:22.53	37.98
			350m: 3:52.86	30.33
			400m: 4:22.96	30.10
2. CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	4:33.72	16,00
50m: 28.53 28.53	150m: 1:37.44	35.48	250m: 2:52.19	40.31
100m: 1:01.96 33.43	200m: 2:11.88	34.44	300m: 3:31.92	39.73
			350m: 4:03.34	31.42
			400m: 4:33.72	30.38
3. MOURE DOVAL, Jose	99	C. N. PABELLON	4:36.53	14,00
50m: 29.48 29.48	150m: 1:40.22	35.96	250m: 2:55.73	39.51
100m: 1:04.26 34.78	200m: 2:16.22	36.00	300m: 3:36.03	40.30
			350m: 4:07.70	31.67
			400m: 4:36.53	28.83
4. REY DE BARROS, Bruno	01	C. N. GALAICO	4:37.26	13,00
50m: 29.92 29.92	150m: 1:40.57	36.89	250m: 2:56.26	39.63
100m: 1:03.68 33.76	200m: 2:16.63	36.06	300m: 3:36.49	40.23
			350m: 4:07.38	30.89
			400m: 4:37.26	29.88
5. MANEIROS PAZ, Mario	06	C. N. FERROL	4:47.55	12,00
50m: 30.70 30.70	150m: 1:44.45	37.49	250m: 3:02.34	41.64
100m: 1:06.96 36.26	200m: 2:20.70	36.25	300m: 3:44.50	42.16
			350m: 4:17.52	33.02
			400m: 4:47.55	30.03
6. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	4:47.96	11,00
50m: 30.52 30.52	150m: 1:42.63	37.15	250m: 3:01.15	42.31
100m: 1:05.48 34.96	200m: 2:18.84	36.21	300m: 3:43.21	42.06
			350m: 4:16.71	33.50
			400m: 4:47.96	31.25
7. QUIROGA RAMOS, Yago	05	C. N. PABELLON	4:48.75	10,00
50m: 30.11 30.11	150m: 1:40.34	36.07	250m: 2:58.57	42.98
100m: 1:04.27 34.16	200m: 2:15.59	35.25	300m: 3:42.00	43.43
			350m: 4:16.74	34.74
			400m: 4:48.75	32.01
8. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	4:50.80	9,00
50m: 30.37 30.37	150m: 1:43.86	39.31	250m: 3:03.06	41.81
100m: 1:04.55 34.18	200m: 2:21.25	37.39	300m: 3:45.34	42.28
			350m: 4:18.86	33.52
			400m: 4:50.80	31.94
9. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	4:50.81	8,00
50m: 30.59 30.59	150m: 1:43.80	38.41	250m: 3:01.30	40.43
100m: 1:05.39 34.80	200m: 2:20.87	37.07	300m: 3:43.12	41.82
			350m: 4:17.66	34.54
			400m: 4:50.81	33.15
10. NAVARRO LOSADA, Sergi	07	C. N. FERROL	4:53.49	-
50m: 30.57 30.57	150m: 1:42.93	37.14	250m: 3:02.45	43.27
100m: 1:05.79 35.22	200m: 2:19.18	36.25	300m: 3:45.89	43.44
			350m: 4:20.54	34.65
			400m: 4:53.49	32.95
11. TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	5:02.42	-
50m: 30.46 30.46	150m: 1:46.12	39.84	250m: 3:07.38	43.30
100m: 1:06.28 35.82	200m: 2:24.08	37.96	300m: 3:51.33	43.95
			350m: 4:27.83	36.50
			400m: 5:02.42	34.59
12. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	5:03.68	-
50m: 31.34 31.34	150m: 1:47.88	39.46	250m: 3:10.55	43.93
100m: 1:08.42 37.08	200m: 2:26.62	38.74	300m: 3:56.34	45.79
			350m: 4:30.66	34.32
			400m: 5:03.68	33.02
DSQ MARTIN NOVAS, Pablo	05	C. N. GALAICO	-	-
<i>Viraje irregular</i>				
DSQ AVILES ZHUAVLEV, Santiago	04	A. D. FOGAR	-	-
<i>Viraje irregular</i>				
Baja enf. PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	-	-