

Prueba 25
13/06/2021

Fem., 400m Libre

YOB 1977 - 2001
Resultados

| Clasificación | Edad | Tiempo | Puntos |
|--|---|----------------|--------|
| 20+ | | | |
| 1. 1110948 CANO ROSALES, Nuria | 20 GALAICO | 5:24.23 | 13,00 |
| 50m: 36.66 36.66 150m: 1:56.69 40.99 250m: 3:19.63 41.59 350m: 4:43.89 42.54 | 100m: 1:15.70 39.04 200m: 2:38.04 41.35 300m: 4:01.35 41.72 400m: 5:24.23 40.34 | | |
| 2. 1038608 SUAREZ GARCIA, Sofia | 24 VIGORIASB | 5:39.60 | 10,00 |
| 50m: 38.03 38.03 150m: 2:01.99 42.85 250m: 3:28.82 43.42 350m: 4:56.48 43.79 | 100m: 1:19.14 41.11 200m: 2:45.40 43.41 300m: 4:12.69 43.87 400m: 5:39.60 43.12 | | |
| 3. 1041231 RODRIGUEZ PEREZ, Lorena | 20 PONTEAREAS | 6:04.25 | 8,00 |
| 50m: 37.47 37.47 150m: 2:01.63 43.38 250m: 3:36.46 47.96 350m: 5:16.21 50.17 | 100m: 1:18.25 40.78 200m: 2:48.50 46.87 300m: 4:26.04 49.58 400m: 6:04.25 48.04 | | |
| 4. 1033334 VAZQUEZ NUÑEZ, Cristina | 21 GALAICO | 6:04.30 | 7,00 |
| 50m: 38.94 38.94 150m: 2:07.91 45.70 250m: 3:42.80 47.86 350m: 5:19.01 47.85 | 100m: 1:22.21 43.27 200m: 2:54.94 47.03 300m: 4:31.16 48.36 400m: 6:04.30 45.29 | | |
| 5. 1037965 COSTA FERNANDEZ, Laura | 20 PONTEAREAS | 6:05.08 | 6,00 |
| 50m: 37.87 37.87 150m: 2:05.28 45.20 250m: 3:40.98 48.38 350m: 5:18.78 48.83 | 100m: 1:20.08 42.21 200m: 2:52.60 47.32 300m: 4:29.95 48.97 400m: 6:05.08 46.30 | | |
| 6. 1185605 CÁCERES-TERRADO CARDENES, An21sabUSC | | 6:53.04 | 5,00 |
| 50m: 47.21 47.21 150m: 2:31.71 53.24 250m: 4:18.71 53.18 350m: 6:05.47 53.69 | 100m: 1:38.47 51.26 200m: 3:25.53 53.82 300m: 5:11.78 53.07 400m: 6:53.04 47.57 | | |
| 25+ | | | |
| 1. 1178773 CHAMADOIRA DOMÍNGUEZ, Jennifer | 27 PONTEAREAS | 5:30.97 | 13,00 |
| 50m: 36.47 36.47 150m: 1:59.23 42.16 250m: 3:25.33 43.08 350m: 4:50.11 41.80 | 100m: 1:17.07 40.60 200m: 2:42.25 43.02 300m: 4:08.31 42.98 400m: 5:30.97 40.86 | | |
| DNS 1197536 GARCIA DIAZ, Uxia | 29 CDELMAR | | - |
| <i>Non presentada</i> | | | |
| 30+ | | | |
| 1. 1144894 VINAGRE SENDINO, Cora | 33 ADFOGAR | 5:35.02 | 13,00 |
| 50m: 36.71 36.71 150m: 2:00.67 42.76 250m: 3:26.44 43.18 350m: 4:52.62 43.14 | 100m: 1:17.91 41.20 200m: 2:43.26 42.59 300m: 4:09.48 43.04 400m: 5:35.02 42.40 | | |
| 2. 1144948 GONZALEZ PEREZ, Jessica | 34 VIGORIASB | 6:03.30 | 10,00 |
| 50m: 40.39 40.39 150m: 2:11.96 46.69 250m: 3:44.75 46.10 350m: 5:17.45 46.27 | 100m: 1:25.27 44.88 200m: 2:58.65 46.69 300m: 4:31.18 46.43 400m: 6:03.30 45.85 | | |
| 3. 1036315 LOPEZ CORTABITARTE, Belen | 34 LICEO | 6:26.90 | 8,00 |
| 50m: 48.38 48.38 150m: 2:25.59 48.80 250m: 4:02.30 47.94 350m: 5:39.40 48.43 | 100m: 1:36.79 48.41 200m: 3:14.36 48.77 300m: 4:50.97 48.67 400m: 6:26.90 47.50 | | |
| 4. 1182379 GARCÍA LORENZO, Iria | 34 PONTEAREAS | 6:30.84 | 7,00 |
| 50m: 43.69 43.69 150m: 2:19.64 49.46 250m: 4:01.03 50.80 350m: 5:43.11 50.74 | 100m: 1:30.18 46.49 200m: 3:10.23 50.59 300m: 4:52.37 51.34 400m: 6:30.84 47.73 | | |
| 5. 1143565 ARAUJO CASTRO, Paula | 30 CDELMAR | 6:35.04 | 6,00 |
| 50m: 39.92 39.92 150m: 2:13.82 49.06 250m: 3:57.23 52.33 350m: 5:43.05 52.54 | 100m: 1:24.76 44.84 200m: 3:04.90 51.08 300m: 4:50.51 53.28 400m: 6:35.04 51.99 | | |

Cronometraxe electrónica

Prueba 25, Fem., 400m Libre, 30+

| Clasificación | Edad | Tiempo | Puntos |
|---|------------|----------------|--------|
| 6. 1129954 GONZALEZ GARCIA, Covadonga | 32 GALAICO | 7:03.03 | 5,00 |
| 50m: 48.67 48.67 150m: 2:32.97 52.74 250m: 4:19.61 53.42 350m: 6:05.03 51.80 | | | |
| 100m: 1:40.23 51.56 200m: 3:26.19 53.22 300m: 5:13.23 53.62 400m: 7:03.03 58.00 | | | |
| 7. 1194024 ABELENDIA POSE, María Estefanía | 32 LICEO | 7:48.97 | 4,00 |
| 50m: 45.89 45.89 150m: 2:38.90 59.60 250m: 4:42.21 1:02.02 350m: 6:47.72 1:02.70 | | | |
| 100m: 1:39.30 53.41 200m: 3:40.19 1:01.29 300m: 5:45.02 1:02.81 400m: 7:48.97 1:01.25 | | | |

35+

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| 1. 1144800 FERNANDEZ CARDO, Paola | 37 GALAICO | 6:09.56 | 13,00 |
| 50m: 39.30 39.30 150m: 2:08.78 46.36 250m: 3:45.48 48.24 350m: 5:22.44 48.28 | | | |
| 100m: 1:22.42 43.12 200m: 2:57.24 48.46 300m: 4:34.16 48.68 400m: 6:09.56 47.12 | | | |
| 2. 1203741 QUEREDA RODRÍGUEZ, Almudena | 36 LICEO | 6:59.93 | 10,00 |
| 50m: 44.04 44.04 150m: 2:28.58 53.66 250m: 4:18.07 55.45 350m: 6:07.80 54.95 | | | |
| 100m: 1:34.92 50.88 200m: 3:22.62 54.04 300m: 5:12.85 54.78 400m: 6:59.93 52.13 | | | |
| 3. 1041646 MOLANES PIÑEIRO, María Elena | 37 RCNVIGO | 7:02.41 | 8,00 |
| 50m: 48.91 48.91 150m: 2:34.75 53.38 250m: 4:22.27 53.51 350m: 6:09.85 53.71 | | | |
| 100m: 1:41.37 52.46 200m: 3:28.76 54.01 300m: 5:16.14 53.87 400m: 7:02.41 52.56 | | | |
| 4. 1075224 BROZOS VAZQUEZ, Elena María | 39 CIDSANTI | 7:41.05 | 7,00 |
| 50m: 50.66 50.66 150m: 2:46.30 58.96 250m: 4:44.62 59.65 350m: 6:43.80 59.96 | | | |
| 100m: 1:47.34 56.68 200m: 3:44.97 58.67 300m: 5:43.84 59.22 400m: 7:41.05 57.25 | | | |

40+

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| 1. 1143597 SANCHEZ LEDO, Cira | 40 ESCUALOS | 5:55.70 | 13,00 |
| 50m: 42.49 42.49 150m: 2:11.99 45.00 250m: 3:42.70 45.71 350m: 5:12.25 44.76 | | | |
| 100m: 1:26.99 44.50 200m: 2:56.99 45.00 300m: 4:27.49 44.79 400m: 5:55.70 43.45 | | | |
| 2. 1146893 PRADO FRANCO, Marta E. | 42 VIGORIASB | 5:59.64 | 10,00 |
| 50m: 38.81 38.81 150m: 2:05.88 44.25 250m: 3:38.67 46.63 350m: 5:12.78 47.47 | | | |
| 100m: 1:21.63 42.82 200m: 2:52.04 46.16 300m: 4:25.31 46.64 400m: 5:59.64 46.86 | | | |
| 3. 1143598 MIRA VAZQUEZ, Marta | 40 ESCUALOS | 6:20.82 | 8,00 |
| 50m: 42.26 42.26 150m: 2:16.13 48.26 250m: 3:53.20 49.12 350m: 5:31.82 49.51 | | | |
| 100m: 1:27.87 45.61 200m: 3:04.08 47.95 300m: 4:42.31 49.11 400m: 6:20.82 49.00 | | | |
| 4. 1144200 RODRIGUEZ LOPEZ, Belen | 40 VIGORIASB | 6:50.53 | 7,00 |
| 50m: 46.61 46.61 150m: 2:32.18 54.77 250m: 4:19.48 51.40 350m: 6:02.17 51.71 | | | |
| 100m: 1:37.41 50.80 200m: 3:28.08 55.90 300m: 5:10.46 50.98 400m: 6:50.53 48.36 | | | |
| 5. 1144598 OLMO VAQUEIRO, Leticia | 40 PONTEAREAS | 6:52.09 | 6,00 |
| 50m: 46.78 46.78 150m: 2:29.66 52.28 250m: 4:15.40 53.18 350m: 6:02.06 53.36 | | | |
| 100m: 1:37.38 50.60 200m: 3:22.22 52.56 300m: 5:08.70 53.30 400m: 6:52.09 50.03 | | | |
| 6. 1145048 MANTIÑÁN PAREDES, María | 44 LICEO | 7:21.49 | 5,00 |
| 50m: 50.40 50.40 150m: 2:42.32 56.43 250m: 4:34.94 56.67 350m: 6:27.39 54.79 | | | |
| 100m: 1:45.89 55.49 200m: 3:38.27 55.95 300m: 5:32.60 57.66 400m: 7:21.49 54.10 | | | |
| 7. 1178771 BESADA FERNÁNDEZ, Ana M. | 43 PONTEAREAS | 8:50.23 | 4,00 |
| 50m: 56.46 56.46 150m: 3:08.12 1:07.65 250m: 5:24.76 1:08.84 350m: 7:44.44 1:09.30 | | | |
| 100m: 2:00.47 1:04.01 200m: 4:15.92 1:07.80 300m: 6:35.14 1:10.38 400m: 8:50.23 1:05.79 | | | |

Cronometraxe electrónica