

Prueba 2
12/06/2021

Masc., 400m Libre

1976 y mayores
Resultados

Clasificación	Edad	Tiempo	Puntos
45+			
1. 1040137 QUINTAS BARROS, Jesus C.	48 ESCUALOS	4:48.42	13,00
50m: 33.46 33.46 150m: 1:47.47 37.62 250m: 3:01.54 36.90 350m: 4:14.71 36.07			
100m: 1:09.85 36.39 200m: 2:24.64 37.17 300m: 3:38.64 37.10 400m: 4:48.42 33.71			
2. 1174152 TORRES NEIRA, Francisco	46 C. N. Máster Pons Vetus	4:48.63	10,00
50m: 34.44 34.44 150m: 1:47.23 36.27 250m: 2:59.58 36.05 350m: 4:13.16 37.05			
100m: 1:10.96 36.52 200m: 2:23.53 36.30 300m: 3:36.11 36.53 400m: 4:48.63 35.47			
3. 1175127 MASSO AGUADO, Jorge	45 VIGORIASB	4:58.06	8,00
50m: 33.39 33.39 150m: 1:47.61 37.86 250m: 3:04.40 38.47 350m: 4:21.22 38.24			
100m: 1:09.75 36.36 200m: 2:25.93 38.32 300m: 3:42.98 38.58 400m: 4:58.06 36.84			
4. 1143482 COLLAZO ESMORIS, Gerardo A.	46 LICEO	5:05.36	7,00
50m: 34.14 34.14 150m: 1:50.04 38.18 250m: 3:08.43 39.70 350m: 4:27.42 39.17			
100m: 1:11.86 37.72 200m: 2:28.73 38.69 300m: 3:48.25 39.82 400m: 5:05.36 37.94			
5. 1079343 MOURIÑO ORTIGUERA, Roberto C.	47 RCNVIGO	5:08.57	6,00
50m: 35.03 35.03 150m: 1:51.38 38.71 250m: 3:09.65 39.28 350m: 4:29.05 40.09			
100m: 1:12.67 37.64 200m: 2:30.37 38.99 300m: 3:48.96 39.31 400m: 5:08.57 39.52			
6. 1075501 HOUT VARELA, Fady	47 LICEO	5:16.03	5,00
50m: 34.62 34.62 150m: 1:50.86 38.65 250m: 3:10.46 40.44 350m: 4:34.39 42.21			
100m: 1:12.21 37.59 200m: 2:30.02 39.16 300m: 3:52.18 41.72 400m: 5:16.03 41.64			
7. 1076553 FERNANDEZ-TESTA BARREIRO, David	47 VIGORIASB	5:40.66	4,00
50m: 38.72 38.72 150m: 2:03.61 42.69 250m: 3:30.27 43.56 350m: 4:57.80 43.38			
100m: 1:20.92 42.20 200m: 2:46.71 43.10 300m: 4:14.42 44.15 400m: 5:40.66 42.86			
8. 1084040 GARCIA CASTIÑEIRA, Daniel	47 GALAICO	5:46.02	3,00
50m: 38.38 38.38 150m: 2:05.77 43.86 250m: 3:34.04 44.51 350m: 5:02.35 43.98			
100m: 1:21.91 43.53 200m: 2:49.53 43.76 300m: 4:18.37 44.33 400m: 5:46.02 43.67			
9. 1198887 HERNANDEZ BERMUDEZ, Vicente	45 HERCULES	6:07.08	2,00
50m: 39.55 39.55 150m: 2:10.39 46.76 250m: 3:45.79 48.52 350m: 5:15.50 42.13			
100m: 1:23.63 44.08 200m: 2:57.27 46.88 300m: 4:33.37 47.58 400m: 6:07.08 51.58			
10. 1171462 FERREIRO SEOANE, Jose Raul	48 VIGORIASB	6:19.36	1,00
50m: 42.34 42.34 150m: 2:15.67 47.64 250m: 3:55.27 49.18 350m: 5:34.70 49.50			
100m: 1:28.03 45.69 200m: 3:06.09 50.42 300m: 4:45.20 49.93 400m: 6:19.36 44.66			
11. 1141071 LORENZO FERNANDEZ, Jose Manuel	49 VIGORIASB	6:19.80	-
50m: 42.37 42.37 150m: 2:17.73 48.26 250m: 3:56.12 48.94 350m: 5:33.72 47.79			
100m: 1:29.47 47.10 200m: 3:07.18 49.45 300m: 4:45.93 49.81 400m: 6:19.80 46.08			
12. 1180236 DE LA VEGA GÁNDARAS, Felipe	48 HERCULES	7:38.51	-
50m: 53.15 53.15 150m: 2:47.58 57.70 250m: 4:47.64 1:00.14 350m: 6:43.03 57.78			
100m: 1:49.88 56.73 200m: 3:47.50 59.92 300m: 5:45.25 57.61 400m: 7:38.51 55.48			
13. 1180239 MARTÍNEZ LEMA, José Antonio	49 HERCULES	7:44.35	-
50m: 51.07 51.07 150m: 2:50.70 1:00.25 250m: 4:49.11 58.44 350m: 6:47.98 1:00.42			
100m: 1:50.45 59.38 200m: 3:50.67 59.97 300m: 5:47.56 58.45 400m: 7:44.35 56.37			
14. 1196051 BELISARIO PERAZA, Rafael E	49 ADFOGAR	8:10.20	-
50m: 53.98 53.98 150m: 2:58.56 1:04.20 250m: 5:05.85 1:02.82 350m: 7:11.86 1:03.10			
100m: 1:54.36 1:00.38 200m: 4:03.03 1:04.47 300m: 6:08.76 1:02.91 400m: 8:10.20 58.34			

Cronometraxe electrónica

Prueba 2, Masc., 400m Libre, 45+

Clasificación	Edad	Tiempo	Puntos
DNS 1202706 BARREIRO RODRIGUEZ, Cristobal <i>Non presentado</i>	47 MOS		-
Baja enf. 1144274 SOMOZA FARES, Carlos	48 C. N. E Salvamento A Estrada		-
50+			
1. 1200125 NOYA LOPEZ, Jose Vidal	54 C. N. E Salvamento A Estrada	5:23.33	13,00
50m: 36.15 36.15 150m: 1:58.64 41.62 250m: 3:21.78 41.45 350m: 4:44.04 40.83			
100m: 1:17.02 40.87 200m: 2:40.33 41.69 300m: 4:03.21 41.43 400m: 5:23.33 39.29			
2. 1189238 TRINCADO FERNANDEZ, Alberto	54 MOS	5:46.31	10,00
50m: 39.00 39.00 150m: 2:05.78 43.95 250m: 3:35.23 45.13 350m: 5:04.57 44.52			
100m: 1:21.83 42.83 200m: 2:50.10 44.32 300m: 4:20.05 44.82 400m: 5:46.31 41.74			
3. 1141504 BOUSO FUENTECILLA, Fernando	50 ESCUALOS	5:50.81	8,00
50m: 40.69 40.69 150m: 2:07.48 44.46 250m: 3:37.02 44.68 350m: 5:08.44 45.56			
100m: 1:23.02 42.33 200m: 2:52.34 44.86 300m: 4:22.88 45.86 400m: 5:50.81 42.37			
4. 1175089 NISTAL GARCÍA, Eduardo	53 CASINO	5:54.84	7,00
50m: 39.26 39.26 150m: 2:09.66 46.24 250m: 3:42.12 45.56 350m: 5:13.88 45.93			
100m: 1:23.42 44.16 200m: 2:56.56 46.90 300m: 4:27.95 45.83 400m: 5:54.84 40.96			
5. 1180234 SÁNCHEZ SECO, Manuel	53 ESCUALOS	6:20.69	6,00
50m: 42.76 42.76 150m: 2:16.81 47.68 250m: 3:53.38 48.25 350m: 5:31.59 49.77			
100m: 1:29.13 46.37 200m: 3:05.13 48.32 300m: 4:41.82 48.44 400m: 6:20.69 49.10			
6. 1195569 PEREZ LEIVA, Manuel	53 VIGORIASB	6:28.85	5,00
50m: 42.33 42.33 150m: 2:19.34 49.40 250m: 3:58.09 49.02 350m: 5:38.69 50.36			
100m: 1:29.94 47.61 200m: 3:09.07 49.73 300m: 4:48.33 50.24 400m: 6:28.85 50.16			
7. 1193949 LAMELO OTERO, Ramón J.	53 CIDSANTI	6:34.26	4,00
50m: 43.44 43.44 150m: 2:24.55 51.96 250m: 4:07.60 51.19 350m: 5:47.83 49.44			
100m: 1:32.59 49.15 200m: 3:16.41 51.86 300m: 4:58.39 50.79 400m: 6:34.26 46.43			
8. 1106828 TRILLO CARLIN, Jose Fernando	53 ADFOGAR	7:20.88	3,00
50m: 47.94 47.94 150m: 2:37.89 56.44 250m: 4:32.07 56.14 350m: 6:25.31 56.62			
100m: 1:41.45 53.51 200m: 3:35.93 58.04 300m: 5:28.69 56.62 400m: 7:20.88 55.57			
Baja enf. 1076162 MIRA PEREZ, Jorge	53 USC		-
55+			
1. 1085112 RIVAS FEAL, Antonio	55 HERCULES	5:18.06	13,00
50m: 37.11 37.11 150m: 1:58.71 41.07 250m: 3:19.23 39.85 350m: 4:38.97 39.60			
100m: 1:17.64 40.53 200m: 2:39.38 40.67 300m: 3:59.37 40.14 400m: 5:18.06 39.09			
2. 1144788 BEREÁ RUIZ, Manuel	57 HERCULES	6:18.48	10,00
50m: 43.42 43.42 150m: 2:17.62 47.04 250m: 3:52.24 48.32 350m: 5:31.12 48.72			
100m: 1:30.58 47.16 200m: 3:03.92 46.30 300m: 4:42.40 50.16 400m: 6:18.48 47.36			
3. 1076251 MARQUEZ FERNANDEZ, Xose Luis	55 GALAICO	6:27.64	8,00
50m: 43.04 43.04 150m: 2:18.91 48.87 250m: 4:00.11 51.04 350m: 5:41.39 50.55			
100m: 1:30.04 47.00 200m: 3:09.07 50.16 300m: 4:50.84 50.73 400m: 6:27.64 46.25			
4. 1078802 CEGARRA GARCIA, Eugenio	57 RSDH	6:29.63	7,00
50m: 42.04 42.04 150m: 2:16.52 49.29 250m: 3:58.54 51.07 350m: 5:40.78 51.01			
100m: 1:27.23 45.19 200m: 3:07.47 50.95 300m: 4:49.77 51.23 400m: 6:29.63 48.85			

Cronometraxe electrónica

Prueba 2, Masc., 400m Libre, 55+

Clasificación		Edad		Tiempo	Puntos
5.	1199641 COUCEIRO SANCHEZ, Gonzalo	55	CASINO	6:33.39	6,00
	50m: 41.11 41.11 150m: 2:19.69 50.59 250m: 4:02.32 51.65 350m: 5:47.54 51.94				
	100m: 1:29.10 47.99 200m: 3:10.67 50.98 300m: 4:55.60 53.28 400m: 6:33.39 45.85				
6.	1040281 MARTINEZ BERJANO, Jose Manuel	58	MONFORTE	6:59.69	5,00
	50m: 45.76 45.76 150m: 2:28.27 56.15 250m: 4:16.65 54.84 350m: 6:07.14 55.17				
	100m: 1:32.12 46.36 200m: 3:21.81 53.54 300m: 5:11.97 55.32 400m: 6:59.69 52.55				
7.	1143536 BLANCO PEREZ, Angel	57	POURENSE	7:00.12	4,00
	50m: 46.51 46.51 150m: 2:31.11 53.27 250m: 4:19.78 54.76 350m: 6:08.61 54.83				
	100m: 1:37.84 51.33 200m: 3:25.02 53.91 300m: 5:13.78 54.00 400m: 7:00.12 51.51				
8.	1076514 LAGO REY, Jose Manuel	58	VIGORIASB	9:37.19	3,00
	50m: 1:01.98 1:01.98 150m: 3:26.92 1:14.06 250m: 5:56.98 1:13.55 350m: 8:25.70 1:14.52				
	100m: 2:12.86 1:10.88 200m: 4:43.43 1:16.51 300m: 7:11.18 1:14.20 400m: 9:37.19 1:11.49				

60+

1.	1141189 COUSO LOPEZ, Javier	62	CDELMAR	5:58.98	13,00
	50m: 39.50 39.50 150m: 2:08.20 45.05 250m: 3:40.94 46.53 350m: 5:13.75 46.16				
	100m: 1:23.15 43.65 200m: 2:54.41 46.21 300m: 4:27.59 46.65 400m: 5:58.98 45.23				
2.	1141150 RODRIGUEZ VIEITO, Ricardo M.	64	MOS	6:56.11	10,00
	50m: 44.24 44.24 150m: 2:27.81 53.41 250m: 4:17.65 55.43 350m: 6:07.44 54.73				
	100m: 1:34.40 50.16 200m: 3:22.22 54.41 300m: 5:12.71 55.06 400m: 6:56.11 48.67				
3.	1143896 PERDIZ GONZALEZ, Jose Ramon	63	ESCUALOS	8:25.73	8,00
	50m: 57.99 57.99 150m: 3:06.03 1:04.60 250m: 5:17.30 1:05.35 350m: 7:26.40 1:03.96				
	100m: 2:01.43 1:03.44 200m: 4:11.95 1:05.92 300m: 6:22.44 1:05.14 400m: 8:25.73 59.33				

65+

1.	1076165 GARCIA COLOMO, Manuel Ramon	67	POURENSE	6:11.01	13,00
	50m: 42.88 42.88 150m: 2:16.75 47.07 250m: 3:53.64 48.61 350m: 5:27.07 46.06				
	100m: 1:29.68 46.80 200m: 3:05.03 48.28 300m: 4:41.01 47.37 400m: 6:11.01 43.94				
2.	1191492 TIMIRAOS CARRASCO, Luis	65	POURENSE	9:08.90	10,00
	50m: 1:05.15 1:05.15 150m: 3:24.88 1:09.69 250m: 5:43.33 1:09.38 350m: 8:02.25 1:09.17				
	100m: 2:15.19 1:10.04 200m: 4:33.95 1:09.07 300m: 6:53.08 1:09.75 400m: 9:08.90 1:06.65				

70+

1.	1076488 MONROY FERNÁNDEZ, Manuel	71	PONTEAREAS	7:08.39	13,00
	50m: 47.89 47.89 150m: 2:36.79 56.27 250m: 4:28.61 55.81 350m: 6:17.15 53.38				
	100m: 1:40.52 52.63 200m: 3:32.80 56.01 300m: 5:23.77 55.16 400m: 7:08.39 51.24				

Cronometraxe electrónica

Splash Meet Manager, 11.69132

Registered to Galicia

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