

Prueba 1
12/06/2021

Fem., 400m Libre

1976 y mayores
Resultados

Clasificación	Edad	Tiempo	Puntos
45+			
1. 1180189 BRAÑA MENENDEZ, Sonia	46 LICEO	5:10.72	13,00 R. G.
50m: 35.50 35.50 150m: 1:52.51 38.99 250m: 3:11.03 39.42 350m: 4:31.14 40.29			
100m: 1:13.52 38.02 200m: 2:31.61 39.10 300m: 3:50.85 39.82 400m: 5:10.72 39.58			
2. 1040944 VARELA REDONDO, Veronica	46 PONTEAREAS	6:19.94	10,00
50m: 42.13 42.13 150m: 2:16.96 48.28 250m: 3:55.54 49.01 350m: 5:33.71 49.41			
100m: 1:28.68 46.55 200m: 3:06.53 49.57 300m: 4:44.30 48.76 400m: 6:19.94 46.23			
3. 1172138 ROIG SANCHEZ, Blanca Ana	47 VIGORIASB	6:52.92	8,00
50m: 42.95 42.95 150m: 2:23.32 52.22 250m: 4:12.11 54.72 350m: 6:02.26 54.68			
100m: 1:31.10 48.15 200m: 3:17.39 54.07 300m: 5:07.58 55.47 400m: 6:52.92 50.66			
4. 1145023 SALES MANTIÑAN, Carmen	47 CASINO	7:01.14	7,00
50m: 47.83 47.83 150m: 2:29.40 52.96 250m: 4:18.07 55.14 350m: 6:09.35 55.38			
100m: 1:36.44 48.61 200m: 3:22.93 53.53 300m: 5:13.97 55.90 400m: 7:01.14 51.79			
5. 1075503 DE LA MONTAÑA ALCANTARA, Gloria	48 RSDH	7:01.28	6,00
50m: 43.11 43.11 150m: 2:27.89 54.44 250m: 4:19.41 55.50 350m: 6:09.79 55.21			
100m: 1:33.45 50.34 200m: 3:23.91 56.02 300m: 5:14.58 55.17 400m: 7:01.28 51.49			
50+			
1. 1147115 HERNÁNDEZ ALFAGEME, Rita	50 RCNVIGO	5:56.41	13,00
50m: 40.15 40.15 150m: 2:08.79 45.03 250m: 3:39.92 45.65 350m: 5:11.93 45.95			
100m: 1:23.76 43.61 200m: 2:54.27 45.48 300m: 4:25.98 46.06 400m: 5:56.41 44.48			
2. 1076154 ABREU FERNANDEZ, Marta	50 PONTEAREAS	7:11.64	10,00
50m: 47.00 47.00 150m: 2:34.31 55.10 250m: 4:25.72 55.75 350m: 6:16.65 55.74			
100m: 1:39.21 52.21 200m: 3:29.97 55.66 300m: 5:20.91 55.19 400m: 7:11.64 54.99			
3. 1199642 GARNACHO GAYARRE, Nuria	52 CASINO	7:27.93	8,00
50m: 47.64 47.64 150m: 2:37.71 56.97 250m: 4:32.63 57.65 350m: 6:30.15 58.29			
100m: 1:40.74 53.10 200m: 3:34.98 57.27 300m: 5:31.86 59.23 400m: 7:27.93 57.78			
4. 1145007 MELON PARENTE, M. Lourdes	52 PONTEAREAS	9:16.71	7,00
50m: 1:05.96 1:05.96 150m: 3:27.47 1:10.96 250m: 5:48.56 1:10.75 350m: 8:08.90 1:10.32			
100m: 2:16.51 1:10.55 200m: 4:37.81 1:10.34 300m: 6:58.58 1:10.02 400m: 9:16.71 1:07.81			
55+			
1. 1076172 GARCIA COLOMO, M. Cristina	59 POURENSE	5:53.21	13,00
50m: 38.34 38.34 150m: 2:03.06 43.21 250m: 3:33.69 45.12 350m: 5:06.46 46.76			
100m: 1:19.85 41.51 200m: 2:48.57 45.51 300m: 4:19.70 46.01 400m: 5:53.21 46.75			
2. 1144331 TERCEIRO DELGADO, Maria Del Mar	58 CDELMAR	5:58.77	10,00
50m: 39.20 39.20 150m: 2:07.00 45.12 250m: 3:39.24 46.21 350m: 5:13.74 47.35			
100m: 1:21.88 42.68 200m: 2:53.03 46.03 300m: 4:26.39 47.15 400m: 5:58.77 45.03			
3. 1143893 REBOREDA MORILLO, Susana	59 ESCUALOS	7:54.27	8,00
50m: 54.25 54.25 150m: 2:52.20 59.82 250m: 4:54.40 1:00.86 350m: 6:55.84 1:00.93			
100m: 1:52.38 58.13 200m: 3:53.54 1:01.34 300m: 5:54.91 1:00.51 400m: 7:54.27 58.43			

Cronometraxe electrónica

Prueba 1, Fem., 400m Libre, 55+

Clasificación		Edad		Tiempo	Puntos
Baja enf.	1144231 PEREZ GALLARDO, Teresa	57	POURENSE		-
60+					
1.	1039437 BALADO LOPEZ, Ana Maria	60	POURENSE	6:24.85	13,00 R. G.
	50m: 43.79 43.79 150m: 2:18.80 48.69 250m: 3:57.06 49.66 350m: 5:36.46 50.19				
	100m: 1:30.11 46.32 200m: 3:07.40 48.60 300m: 4:46.27 49.21 400m: 6:24.85 48.39				
65+					
1.	1076494 SUEIRO COSTAS, M ^a Carmen	65	PONTEAREAS	10:18.96	13,00
	50m: 1:10.77 1:10.77 150m: 3:46.03 1:18.00 250m: 6:22.84 1:18.05 350m: 9:01.20 1:19.37				
	100m: 2:28.03 1:17.26 200m: 5:04.79 1:18.76 300m: 7:41.83 1:18.99 400m: 10:18.96 1:17.76				
DNS	1076492 CAICOYA DE URZAIZ, Alicia	67	TRAVIESAS		-
	<i>Non Presentada</i>				
75+					
1.	1058045 MORAL RUBIO, Isabel	79	TRAVIESAS	12:48.07	13,00
	50m: 1:21.32 1:21.32 150m: 4:29.19 1:35.66 250m: 7:52.61 1:43.15 350m: 11:08.68 1:36.53				
	100m: 2:53.53 1:32.21 200m: 6:09.46 1:40.27 300m: 9:32.15 1:39.54 400m: 12:48.07 1:39.39				

Cronometraxe electrónica

Splash Meet Manager, 11.69132

Registered to Galicia

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