

Prueba 3
25/04/2021

Fem., 1500m Libre

20 años y mayores
Resultados

| Clasificación | | | AN | | | | Tiempo | Puntos | |
|---------------------|----------|-----------------------------|---------|------------|-----------------|---------|----------|----------|---------|
| 20 - 29 años | | | | | | | | | |
| 1. | 1038608 | SUAREZ GARCIA, Sofia | 97 | RIASBAIXAS | 22:13.86 | 9,00 | RG | | |
| | 100m: | 1:20.05 | 1:20.05 | 500m: | 7:11.60 | 1:28.44 | 900m: | 13:12.92 | 1:30.42 |
| | 200m: | 2:46.16 | 1:26.11 | 600m: | 8:41.75 | 1:30.15 | 1000m: | 14:43.81 | 1:30.89 |
| | 300m: | 4:14.05 | 1:27.89 | 700m: | 10:12.23 | 1:30.48 | 1100m: | 16:14.62 | 1:30.81 |
| | 400m: | 5:43.16 | 1:29.11 | 800m: | 11:42.50 | 1:30.27 | 1200m: | 17:45.29 | 1:30.67 |
| 1300m: | 19:15.56 | 1:30.27 | 1400m: | 20:46.10 | 1:30.54 | 1500m: | 22:13.86 | 1:27.76 | |
| 2. | 1145008 | GONZALEZ PEREZ, Paula | 96 | PONTEAREAS | 27:45.09 | 6,00 | | | |
| | 100m: | 1:37.88 | 1:37.88 | 500m: | 9:01.44 | 1:50.58 | 900m: | 16:35.32 | 1:54.57 |
| | 200m: | 3:26.23 | 1:48.35 | 600m: | 10:54.98 | 1:53.54 | 1000m: | 18:29.34 | 1:54.02 |
| | 300m: | 5:18.30 | 1:52.07 | 700m: | 12:47.05 | 1:52.07 | 1100m: | 20:22.36 | 1:53.02 |
| | 400m: | 7:10.86 | 1:52.56 | 800m: | 14:40.75 | 1:53.70 | 1200m: | 22:16.38 | 1:54.02 |
| 1300m: | 24:08.66 | 1:52.28 | 1400m: | 26:01.80 | 1:53.14 | 1500m: | 27:45.09 | 1:43.29 | |
| 30 - 39 años | | | | | | | | | |
| 1. | 1037385 | PICHEL GARCIA, Elisa | 84 | ADFOGAR | 19:18.80 | 9,00 | RG | | |
| | 100m: | 1:11.80 | 1:11.80 | 500m: | 6:21.50 | 1:17.69 | 900m: | 11:32.00 | 1:17.14 |
| | 200m: | 2:28.57 | 1:16.77 | 600m: | 7:39.25 | 1:17.75 | 1000m: | 12:50.17 | 1:18.17 |
| | 300m: | 3:46.36 | 1:17.79 | 700m: | 8:57.25 | 1:18.00 | 1100m: | 14:07.94 | 1:17.77 |
| | 400m: | 5:03.81 | 1:17.45 | 800m: | 10:14.86 | 1:17.61 | 1200m: | 15:26.21 | 1:18.27 |
| 1300m: | 16:44.04 | 1:17.83 | 1400m: | 18:01.91 | 1:17.87 | 1500m: | 19:18.80 | 1:16.89 | |
| 2. | 1144894 | VINAGRE SENDINO, Cora | 88 | ADFOGAR | 22:04.55 | 6,00 | | | |
| | 100m: | 1:18.26 | 1:18.26 | 500m: | 7:09.08 | 1:26.95 | 900m: | 13:05.35 | 1:29.73 |
| | 200m: | 2:45.51 | 1:27.25 | 600m: | 8:37.66 | 1:28.58 | 1000m: | 14:35.06 | 1:29.71 |
| | 300m: | 4:14.10 | 1:28.59 | 700m: | 10:07.10 | 1:29.44 | 1100m: | 16:05.74 | 1:30.68 |
| | 400m: | 5:42.13 | 1:28.03 | 800m: | 11:35.62 | 1:28.52 | 1200m: | 17:36.16 | 1:30.42 |
| 1300m: | 19:06.51 | 1:30.35 | 1400m: | 20:35.88 | 1:29.37 | 1500m: | 22:04.55 | 1:28.67 | |
| 3. | 1182379 | GARCÍA LORENZO, Iria | 87 | PONTEAREAS | 25:25.55 | 4,00 | | | |
| | 100m: | 1:31.99 | 1:31.99 | 500m: | 8:12.99 | 1:43.11 | 900m: | 15:09.29 | 1:44.47 |
| | 200m: | 3:09.24 | 1:37.25 | 600m: | 9:58.13 | 1:45.14 | 1000m: | 16:53.24 | 1:43.95 |
| | 300m: | 4:49.01 | 1:39.77 | 700m: | 11:40.70 | 1:42.57 | 1100m: | 18:38.18 | 1:44.94 |
| | 400m: | 6:29.88 | 1:40.87 | 800m: | 13:24.82 | 1:44.12 | 1200m: | 20:21.22 | 1:43.04 |
| 1300m: | 22:04.37 | 1:43.15 | 1400m: | 23:47.04 | 1:42.67 | 1500m: | 25:25.55 | 1:38.51 | |
| 40 - 49 años | | | | | | | | | |
| 1. | 1180189 | BRAÑA MENENDEZ, Sonia | 75 | LICEO | 20:46.40 | 9,00 | RG | | |
| | 100m: | 1:15.02 | 1:15.02 | 500m: | 6:46.96 | 1:24.56 | 900m: | 12:23.39 | 1:24.31 |
| | 200m: | 2:36.40 | 1:21.38 | 600m: | 8:11.00 | 1:24.04 | 1000m: | 13:46.89 | 1:23.50 |
| | 300m: | 3:58.84 | 1:22.44 | 700m: | 9:35.15 | 1:24.15 | 1100m: | 15:10.40 | 1:23.51 |
| | 400m: | 5:22.40 | 1:23.56 | 800m: | 10:59.08 | 1:23.93 | 1200m: | 16:34.49 | 1:24.09 |
| 1300m: | 17:58.72 | 1:24.23 | 1400m: | 19:23.47 | 1:24.75 | 1500m: | 20:46.40 | 1:22.93 | |
| 2. | 1143813 | REGUEIRA MARTINEZ, Maria J. | 75 | LICEO | 23:25.50 | 6,00 | | | |
| | 100m: | 1:25.26 | 1:25.26 | 500m: | 7:41.45 | 1:34.65 | 900m: | 14:00.01 | 1:34.58 |
| | 200m: | 2:58.56 | 1:33.30 | 600m: | 9:15.18 | 1:33.73 | 1000m: | 15:36.82 | 1:36.81 |
| | 300m: | 4:32.56 | 1:34.00 | 700m: | 10:49.56 | 1:34.38 | 1100m: | 17:10.93 | 1:34.11 |
| | 400m: | 6:06.80 | 1:34.24 | 800m: | 12:25.43 | 1:35.87 | 1200m: | 18:45.12 | 1:34.19 |
| 1300m: | 20:20.08 | 1:34.96 | 1400m: | 21:54.70 | 1:34.62 | 1500m: | 23:25.50 | 1:30.80 | |
| 3. | 1040944 | VARELA REDONDO, Veronica | 75 | PONTEAREAS | 25:05.76 | 4,00 | | | |
| | 100m: | 1:30.90 | 1:30.90 | 500m: | 8:13.31 | 1:41.26 | 900m: | 14:59.33 | 1:41.19 |
| | 200m: | 3:10.16 | 1:39.26 | 600m: | 9:54.87 | 1:41.56 | 1000m: | 16:41.31 | 1:41.98 |
| | 300m: | 4:51.12 | 1:40.96 | 700m: | 11:36.81 | 1:41.94 | 1100m: | 18:22.75 | 1:41.44 |
| | 400m: | 6:32.05 | 1:40.93 | 800m: | 13:18.14 | 1:41.33 | 1200m: | 20:03.82 | 1:41.07 |
| 1300m: | 21:45.06 | 1:41.24 | 1400m: | 23:26.81 | 1:41.75 | 1500m: | 25:05.76 | 1:38.95 | |

Prueba 3, Fem., 1500m Libre

50 años y mayores

| | | | | | | | | | | | | |
|----|---------|---------------------------|---------|------------|-----------------|---------|--------|----------|---------|--------|----------|---------|
| 1. | 1076154 | ABREU FERNANDEZ, Marta | 71 | PONTEAREAS | 27:29.80 | 9,00 | | | | | | |
| | 100m: | 1:42.86 | 1:42.86 | 500m: | 8:58.89 | 1:49.47 | 900m: | 16:23.46 | 1:50.48 | 1300m: | 23:48.74 | 1:51.75 |
| | 200m: | 3:31.46 | 1:48.60 | 600m: | 10:50.60 | 1:51.71 | 1000m: | 18:14.51 | 1:51.05 | 1400m: | 25:40.13 | 1:51.39 |
| | 300m: | 5:20.20 | 1:48.74 | 700m: | 12:42.59 | 1:51.99 | 1100m: | 20:06.02 | 1:51.51 | 1500m: | 27:29.80 | 1:49.67 |
| | 400m: | 7:09.42 | 1:49.22 | 800m: | 14:32.98 | 1:50.39 | 1200m: | 21:56.99 | 1:50.97 | | | |
| 2. | 1145007 | MELON PARENTE, M. Lourdes | 69 | PONTEAREAS | 36:02.63 | 6,00 | | | | | | |
| | 100m: | 2:17.43 | 2:17.43 | 500m: | 11:53.22 | 2:24.06 | 900m: | 21:32.81 | 2:26.17 | 1300m: | 31:15.56 | 2:24.06 |
| | 200m: | 4:41.12 | 2:23.69 | 600m: | 14:17.08 | 2:23.86 | 1000m: | 23:59.82 | 2:27.01 | 1400m: | 33:40.24 | 2:24.68 |
| | 300m: | 7:05.87 | 2:24.75 | 700m: | 16:41.93 | 2:24.85 | 1100m: | 26:25.93 | 2:26.11 | 1500m: | 36:02.63 | 2:22.39 |
| | 400m: | 9:29.16 | 2:23.29 | 800m: | 19:06.64 | 2:24.71 | 1200m: | 28:51.50 | 2:25.57 | | | |