

Prueba 9
03/01/2021 - 17:45

Fem., 400m Libre

Absoluto Femenino
Resultados

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
RC	4:10.82	, GOMEZ CORTES BEATRIZ	GALAICO	28/12/2019

Clasificación			AN			Tiempo			
1.	OTERO FERNANDEZ, Paula		04	C. N. ARTEIXO		4:12.26	19,00		
	50m:	30.42 30.42	150m:	1:34.48 31.77	250m:	2:37.97 31.50	350m:	3:41.12 31.59	
	100m:	1:02.71 32.29	200m:	2:06.47 31.99	300m:	3:09.53 31.56	400m:	4:12.26 31.14	
2.	DE VALDES ALVAREZ, Maria		98	C. N. LICEO		4:16.81	16,00		
	50m:	30.30 30.30	150m:	1:34.85 32.42	250m:	2:39.02 32.09	350m:	3:44.49 32.90	
	100m:	1:02.43 32.13	200m:	2:06.93 32.08	300m:	3:11.59 32.57	400m:	4:16.81 32.32	
3.	CARRON MUIÑA, Carla		05	C. N. ARZUA		4:21.56	14,00		
	50m:	30.77 30.77	150m:	1:37.20 33.15	250m:	2:43.52 33.08	350m:	3:49.52 32.86	
	100m:	1:04.05 33.28	200m:	2:10.44 33.24	300m:	3:16.66 33.14	400m:	4:21.56 32.04	
4.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		4:24.49	13,00		
	50m:	31.33 31.33	150m:	1:38.19 33.49	250m:	2:44.98 33.24	350m:	3:51.65 33.38	
	100m:	1:04.70 33.37	200m:	2:11.74 33.55	300m:	3:18.27 33.29	400m:	4:24.49 32.84	
5.	CONS GESTIDO, Agueda Beatriz		00	RCN VIGO		4:29.20	12,00		
	50m:	31.01 31.01	150m:	1:38.12 33.70	250m:	2:45.77 33.89	350m:	3:54.70 34.65	
	100m:	1:04.42 33.41	200m:	2:11.88 33.76	300m:	3:20.05 34.28	400m:	4:29.20 34.50	
6.	RODRIGUEZ RODRIGUEZ, Nina		02	VIGO RIAS BAIXAS		4:34.34	11,00		
	50m:	31.56 31.56	150m:	1:39.73 33.99	250m:	2:49.17 34.89	350m:	3:59.39 35.29	
	100m:	1:05.74 34.18	200m:	2:14.28 34.55	300m:	3:24.10 34.93	400m:	4:34.34 34.95	
7.	CAL FERNÁNDEZ, Lucía		03	RCN VIGO		4:36.11	10,00		
	50m:	31.03 31.03	150m:	1:40.25 35.32	250m:	2:50.69 35.19	350m:	4:01.53 35.32	
	100m:	1:04.93 33.90	200m:	2:15.50 35.25	300m:	3:26.21 35.52	400m:	4:36.11 34.58	
8.	PARDO CHAS, Eva		04	C. N. FERROL		4:37.36	9,00		
	50m:	30.81 30.81	150m:	1:39.39 34.61	250m:	2:50.29 35.64	350m:	4:02.00 35.99	
	100m:	1:04.78 33.97	200m:	2:14.65 35.26	300m:	3:26.01 35.72	400m:	4:37.36 35.36	
9.	ALVITE BERGARA, Nerea		99	C. DEL MAR		4:38.41	8,00		
	50m:	32.43 32.43	150m:	1:42.32 35.26	250m:	2:52.76 35.29	350m:	4:03.41 35.34	
	100m:	1:07.06 34.63	200m:	2:17.47 35.15	300m:	3:28.07 35.31	400m:	4:38.41 35.00	
10.	GONZALEZ COVELO, Uxia		06	C. N. PONTEAREAS		4:39.73	7,00		
	50m:	32.69 32.69	150m:	1:43.11 35.59	250m:	2:54.35 35.47	350m:	4:04.58 35.28	
	100m:	1:07.52 34.83	200m:	2:18.88 35.77	300m:	3:29.30 34.95	400m:	4:39.73 35.15	
11.	SEOANE BAHILLO, Sara		00	RCN VIGO		4:40.68	-		
	50m:	32.29 32.29	150m:	1:42.60 35.48	250m:	2:54.41 35.75	350m:	4:06.63 36.19	
	100m:	1:07.12 34.83	200m:	2:18.66 36.06	300m:	3:30.44 36.03	400m:	4:40.68 34.05	
12.	SANTOALLA NAVAL, Andrea		05	C. FLUVIAL LUGO		4:41.46	6,00		
	50m:	32.73 32.73	150m:	1:42.89 35.43	250m:	2:54.68 35.65	350m:	4:06.47 35.95	
	100m:	1:07.46 34.73	200m:	2:19.03 36.14	300m:	3:30.52 35.84	400m:	4:41.46 34.99	
13.	SUAREZ KITAHORI, Nana Sofia		05	A. D. FOGAR		4:42.68	5,00		
	50m:	31.51 31.51	150m:	1:42.37 36.09	250m:	2:54.14 35.85	350m:	4:07.02 36.37	
	100m:	1:06.28 34.77	200m:	2:18.29 35.92	300m:	3:30.65 36.51	400m:	4:42.68 35.66	
14.	CAMBA PRADA, Alexia		05	C. N. PABELLON		4:43.00	4,00		
	50m:	31.77 31.77	150m:	1:42.81 36.15	250m:	2:54.86 36.39	350m:	4:07.62 36.53	
	100m:	1:06.66 34.89	200m:	2:18.47 35.66	300m:	3:31.09 36.23	400m:	4:43.00 35.38	

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Clasificación	AN				Tiempo			
15. BORGE JUSTE, Ines	06	C. N. PONTEAREAS	4:44.84	3,00				
50m: 32.41 32.41	150m: 1:43.59	36.02	250m: 2:56.64	36.68	350m: 4:10.38	37.07		
100m: 1:07.57 35.16	200m: 2:19.96	36.37	300m: 3:33.31	36.67	400m: 4:44.84	34.46		
16. ESTEVEZ CRESPO, Aldara	04	C. N. PABELLON	4:48.65	2,00				
50m: 32.64 32.64	150m: 1:45.02	36.47	250m: 2:59.10	36.98	350m: 4:13.15	37.23		
100m: 1:08.55 35.91	200m: 2:22.12	37.10	300m: 3:35.92	36.82	400m: 4:48.65	35.50		
17. PENA VICENTE, Elsa	03	RCN VIGO	4:49.27	-				
50m: 32.44 32.44	150m: 1:44.97	36.73	250m: 2:59.00	37.08	350m: 4:13.35	37.07		
100m: 1:08.24 35.80	200m: 2:21.92	36.95	300m: 3:36.28	37.28	400m: 4:49.27	35.92		
18. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	4:49.33	-				
50m: 32.14 32.14	150m: 1:44.22	36.64	250m: 2:58.15	36.90	350m: 4:12.80	37.32		
100m: 1:07.58 35.44	200m: 2:21.25	37.03	300m: 3:35.48	37.33	400m: 4:49.33	36.53		
19. SANTISO PRADO, Ana Maria	96	C. N. PABELLON	4:51.31	-				
50m: 32.56 32.56	150m: 1:44.61	36.63	250m: 2:59.11	37.50	350m: 4:14.37	37.74		
100m: 1:07.98 35.42	200m: 2:21.61	37.00	300m: 3:36.63	37.52	400m: 4:51.31	36.94		
20. MENDEZ BERNARDEZ, Arianna	04	C. N. PABELLON	4:53.71	-				
50m: 33.83 33.83	150m: 1:47.78	37.60	250m: 3:02.31	37.20	350m: 4:17.26	37.58		
100m: 1:10.18 36.35	200m: 2:25.11	37.33	300m: 3:39.68	37.37	400m: 4:53.71	36.45		
21. VISO VARELA, Lucia	04	C. DEL MAR	4:54.57	-				
50m: 33.78 33.78	150m: 1:47.35	37.50	250m: 3:02.82	37.69	350m: 4:18.05	37.45		
100m: 1:09.85 36.07	200m: 2:25.13	37.78	300m: 3:40.60	37.78	400m: 4:54.57	36.52		
22. TOURIÑAN BARBEITO, Adriana	04	C. N. CORUÑA	4:56.62	-				
50m: 32.41 32.41	150m: 1:45.60	37.30	250m: 3:01.83	38.42	350m: 4:19.06	38.59		
100m: 1:08.30 35.89	200m: 2:23.41	37.81	300m: 3:40.47	38.64	400m: 4:56.62	37.56		
23. GONZALEZ REDONDO, Claudia	05	C. N. CORUÑA	4:58.11	-				
50m: 33.47 33.47	150m: 1:47.94	37.53	250m: 3:04.33	38.32	350m: 4:21.40	38.39		
100m: 1:10.41 36.94	200m: 2:26.01	38.07	300m: 3:43.01	38.68	400m: 4:58.11	36.71		
24. BEMPOSTA PENAS, Alejandra	05	C. N. GALAICO	5:09.93	-				
50m: 34.38 34.38	150m: 1:51.06	38.97	250m: 3:10.37	39.61	350m: 4:30.59	40.32		
100m: 1:12.09 37.71	200m: 2:30.76	39.70	300m: 3:50.27	39.90	400m: 5:09.93	39.34		
Baja CASTRO SANTOS, Natalia	02	A. DEP. NT. NARON	-	-				
Baja REY CONESA, Carolina	04	C. N. FERROL	-	-				
Baja RODRIGUEZ HUERTAS, Iria	99	C. N. GALAICO	-	-				
Baja PAYOLA ANGLADA, Nuria	99	C. N. GALAICO	-	-				