

Prueba 32
05/01/2021 - 10:15

Masc., 400m Libre

Absoluto Masculino
Resultados

RG	3:50.73	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/12/2010
RC	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	27/12/2008

Clasificación

AN

Tiempo

1. GARCIA MORENO, Jorge	00	C. N. LICEO	3:58.78	19,00		
50m: 26.62 26.62	150m: 1:25.78 30.07	250m: 2:27.34 30.98	350m: 3:29.08 30.81			
100m: 55.71 29.09	200m: 1:56.36 30.58	300m: 2:58.27 30.93	400m: 3:58.78 29.70			
2. CABANA DEL AMO, Pablo	04	C. N. PONTEAREAS	4:00.28	16,00		
50m: 27.06 27.06	150m: 1:27.30 30.12	250m: 2:28.39 30.69	350m: 3:30.44 31.13			
100m: 57.18 30.12	200m: 1:57.70 30.40	300m: 2:59.31 30.92	400m: 4:00.28 29.84			
3. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:02.13	14,00		
50m: 28.26 28.26	150m: 1:29.28 30.67	250m: 2:30.87 30.67	350m: 3:32.50 30.77			
100m: 58.61 30.35	200m: 2:00.20 30.92	300m: 3:01.73 30.86	400m: 4:02.13 29.63			
4. MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	4:02.85	13,00		
50m: 26.89 26.89	150m: 1:26.96 30.71	250m: 2:29.67 31.17	350m: 3:32.62 31.19			
100m: 56.25 29.36	200m: 1:58.50 31.54	300m: 3:01.43 31.76	400m: 4:02.85 30.23			
5. COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	4:04.47	12,00		
50m: 27.56 27.56	150m: 1:28.90 31.20	250m: 2:31.82 31.37	350m: 3:34.48 31.46			
100m: 57.70 30.14	200m: 2:00.45 31.55	300m: 3:03.02 31.20	400m: 4:04.47 29.99			
6. ANDRADE BUDIÑO, Gaspar	98	C. N. ARZUA	4:04.89	11,00		
50m: 27.67 27.67	150m: 1:28.34 30.70	250m: 2:31.29 31.46	350m: 3:35.19 32.05			
100m: 57.64 29.97	200m: 1:59.83 31.49	300m: 3:03.14 31.85	400m: 4:04.89 29.70			
7. ALONSO RODRIGUEZ, Javier	01	C. N. PONTEAREAS	4:07.43	-		
50m: 27.05 27.05	150m: 1:26.58 30.08	250m: 2:29.39 31.86	350m: 3:35.43 33.27			
100m: 56.50 29.45	200m: 1:57.53 30.95	300m: 3:02.16 32.77	400m: 4:07.43 32.00			
8. MOURE DOVAL, Jose	99	C. N. PABELLON	4:11.03	10,00		
50m: 28.21 28.21	150m: 1:31.09 31.79	250m: 2:35.77 32.43	350m: 3:40.42 32.16			
100m: 59.30 31.09	200m: 2:03.34 32.25	300m: 3:08.26 32.49	400m: 4:11.03 30.61			
9. ABELENDA PEREZ, Miguel Angel	04	A. D. FOGAR	4:11.54	9,00		
50m: 28.73 28.73	150m: 1:32.15 31.96	250m: 2:36.44 32.25	350m: 3:40.55 31.99			
100m: 1:00.19 31.46	200m: 2:04.19 32.04	300m: 3:08.56 32.12	400m: 4:11.54 30.99			
10. PEDRE SALIDO, Julio	03	C. N. FERROL	4:15.11	8,00		
50m: 28.42 28.42	150m: 1:33.04 32.69	250m: 2:38.61 32.51	350m: 3:43.73 32.43			
100m: 1:00.35 31.93	200m: 2:06.10 33.06	300m: 3:11.30 32.69	400m: 4:15.11 31.38			
11. RODRIGUEZ RILO, Alejandro	04	C. N. FERROL	4:15.17	7,00		
50m: 29.43 29.43	150m: 1:34.07 32.75	250m: 2:39.41 32.62	350m: 3:44.06 32.32			
100m: 1:01.32 31.89	200m: 2:06.79 32.72	300m: 3:11.74 32.33	400m: 4:15.17 31.11			
12. AVILES ZHUAVLEV, Santiago	04	C. DEL MAR	4:15.90	6,00		
50m: 28.59 28.59	150m: 1:32.83 32.36	250m: 2:38.58 32.76	350m: 3:44.66 33.01			
100m: 1:00.47 31.88	200m: 2:05.82 32.99	300m: 3:11.65 33.07	400m: 4:15.90 31.24			
13. GARRIDO BRUN (S-9), Jacobo	02	C. N. LICEO	4:17.32	5,00		
50m: 29.44 29.44	150m: 1:33.75 32.54	250m: 2:39.43 32.87	350m: 3:45.84 33.26			
100m: 1:01.21 31.77	200m: 2:06.56 32.81	300m: 3:12.58 33.15	400m: 4:17.32 31.48			
14. REY DE BARROS, Bruno	01	C. N. GALAICO	4:18.81	4,00		
50m: 28.60 28.60	150m: 1:31.99 32.17	250m: 2:38.09 33.37	350m: 3:45.61 33.64			
100m: 59.82 31.22	200m: 2:04.72 32.73	300m: 3:11.97 33.88	400m: 4:18.81 33.20			

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Clasificación	AN				Tiempo			
15. CIVEIRA CORRAL, Raul	02	C. N. PABELLON	4:19.07	3,00				
50m: 29.21 29.21	150m: 1:33.46	32.65	250m: 2:39.99	33.27	350m: 3:46.57	33.24		
100m: 1:00.81 31.60	200m: 2:06.72	33.26	300m: 3:13.33	33.34	400m: 4:19.07	32.50		
16. GOMEZ CASAL, Luis	02	C. N. MARINA	4:21.57	-				
50m: 29.31 29.31	150m: 1:35.08	33.07	250m: 2:41.72	33.07	350m: 3:48.42	33.26		
100m: 1:02.01 32.70	200m: 2:08.65	33.57	300m: 3:15.16	33.44	400m: 4:21.57	33.15		
17. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	4:22.84	-				
50m: 29.19 29.19	150m: 1:33.96	33.11	250m: 2:40.95	33.47	350m: 3:49.13	34.32		
100m: 1:00.85 31.66	200m: 2:07.48	33.52	300m: 3:14.81	33.86	400m: 4:22.84	33.71		
18. GUTIERREZ MARIÑO, Santiago	02	C. N. PABELLON	4:23.56	-				
50m: 29.32 29.32	150m: 1:35.28	33.26	250m: 2:42.32	33.60	350m: 3:50.31	33.98		
100m: 1:02.02 32.70	200m: 2:08.72	33.44	300m: 3:16.33	34.01	400m: 4:23.56	33.25		
19. PEREZ GONZALEZ, Pablo	01	C. N. CEDEIRA	4:28.84	-				
50m: 29.73 29.73	150m: 1:35.32	33.45	250m: 2:43.23	34.07	350m: 3:54.06	35.86		
100m: 1:01.87 32.14	200m: 2:09.16	33.84	300m: 3:18.20	34.97	400m: 4:28.84	34.78		
Baja GALAN VICENTE, Pablo	02	C. DEL MAR		-				
Baja QUIROGA RAMOS, Ecequiel	95	C. N. PABELLON		-				