

Prueba 5
12/12/2020

Fem., 3000m Libre

JUNIOR 1
Resultados

Clasificación

AN

Marca

1. OTERO FERNANDEZ, Paula	04	ARTEIXO	33:30.32	19,00
100m: 1:05.27 1:05.27	900m: 9:55.06 1:06.96	1700m: 18:51.15 1:07.54	2500m: 27:51.87 1:07.94	
200m: 2:11.17 1:05.90	1000m: 11:02.18 1:07.12	1800m: 19:59.22 1:08.07	2600m: 28:59.47 1:07.60	
300m: 3:17.19 1:06.02	1100m: 12:08.75 1:06.57	1900m: 21:06.97 1:07.75	2700m: 30:07.77 1:08.30	
400m: 4:23.08 1:05.89	1200m: 13:15.74 1:06.99	2000m: 22:14.68 1:07.71	2800m: 31:15.68 1:07.91	
500m: 5:29.18 1:06.10	1300m: 14:22.98 1:07.24	2100m: 23:21.72 1:07.04	2900m: 32:23.78 1:08.10	
600m: 6:35.28 1:06.10	1400m: 15:29.48 1:06.50	2200m: 24:29.03 1:07.31	3000m: 33:30.32 1:06.54	
700m: 7:41.39 1:06.11	1500m: 16:36.62 1:07.14	2300m: 25:36.31 1:07.28		
800m: 8:48.10 1:06.71	1600m: 17:43.61 1:06.99	2400m: 26:43.93 1:07.62		
2. BOUZAS PEDREIRA, Alicia	05	GALAICO	34:28.42	16,00
100m: 1:08.28 1:08.28	900m: 10:20.09 1:09.02	1700m: 19:31.24 1:09.00	2500m: 28:44.57 1:08.90	
200m: 2:17.09 1:08.81	1000m: 11:28.81 1:08.72	1800m: 20:40.07 1:08.83	2600m: 29:53.67 1:09.10	
300m: 3:26.03 1:08.94	1100m: 12:37.39 1:08.58	1900m: 21:49.59 1:09.52	2700m: 31:02.81 1:09.14	
400m: 4:35.09 1:09.06	1200m: 13:46.53 1:09.14	2000m: 22:58.89 1:09.30	2800m: 32:11.84 1:09.03	
500m: 5:44.21 1:09.12	1300m: 14:55.48 1:08.95	2100m: 24:08.07 1:09.18	2900m: 33:20.39 1:08.55	
600m: 6:53.28 1:09.07	1400m: 16:04.57 1:09.09	2200m: 25:17.84 1:09.77	3000m: 34:28.42 1:08.03	
700m: 8:02.07 1:08.79	1500m: 17:13.64 1:09.07	2300m: 26:26.67 1:08.83		
800m: 9:11.07 1:09.00	1600m: 18:22.24 1:08.60	2400m: 27:35.67 1:09.00		
3. CAMBA PRADA, Alexia	05	POURENSE	37:50.03	14,00
100m: 1:07.47 1:07.47	900m: 10:55.66 1:14.57	1700m: 20:58.52 1:16.27	2500m: 31:22.04 1:20.02	
200m: 2:19.65 1:12.18	1000m: 12:10.16 1:14.50	1800m: 22:15.17 1:16.65	2600m: 32:41.03 1:18.99	
300m: 3:33.07 1:13.42	1100m: 13:24.81 1:14.65	1900m: 23:31.83 1:16.66	2700m: 33:59.93 1:18.90	
400m: 4:46.38 1:13.31	1200m: 14:39.53 1:14.72	2000m: 24:49.14 1:17.31	2800m: 35:17.44 1:17.51	
500m: 6:00.61 1:14.23	1300m: 15:54.73 1:15.20	2100m: 26:07.48 1:18.34	2900m: 36:35.08 1:17.64	
600m: 7:13.91 1:13.30	1400m: 17:10.69 1:15.96	2200m: 27:24.77 1:17.29	3000m: 37:50.03 1:14.95	
700m: 8:27.33 1:13.42	1500m: 18:26.42 1:15.73	2300m: 28:42.91 1:18.14		
800m: 9:41.09 1:13.76	1600m: 19:42.25 1:15.83	2400m: 30:02.02 1:19.11		
4. VISO VARELA, Lucia	04	CDELMAR	39:02.47	13,00
100m: 1:12.47 1:12.47	900m: 11:27.47 1:17.50	1700m: 21:52.72 1:18.07	2500m: 32:27.22 1:19.57	
200m: 2:27.94 1:15.47	1000m: 12:45.19 1:17.72	1800m: 23:11.22 1:18.50	2600m: 33:46.72 1:19.50	
300m: 3:44.33 1:16.39	1100m: 14:02.90 1:17.71	1900m: 24:30.55 1:19.33	2700m: 35:06.05 1:19.33	
400m: 5:00.83 1:16.50	1200m: 15:20.79 1:17.89	2000m: 25:49.90 1:19.35	2800m: 36:25.72 1:19.67	
500m: 6:17.87 1:17.04	1300m: 16:38.72 1:17.93	2100m: 27:08.97 1:19.07	2900m: 37:44.00 1:18.28	
600m: 7:35.19 1:17.32	1400m: 17:57.33 1:18.61	2200m: 28:28.00 1:19.03	3000m: 39:02.47 1:18.47	
700m: 8:52.72 1:17.53	1500m: 19:16.12 1:18.79	2300m: 29:47.22 1:19.22		
800m: 10:09.97 1:17.25	1600m: 20:34.65 1:18.53	2400m: 31:07.65 1:20.43		
5. GARCIA ROZAS, Noelia	05	CIDSANTI	39:57.36	12,00
100m: 1:13.69 1:13.69	900m: 11:41.32 1:20.38	1700m: 22:25.74 1:19.99	2500m: 33:19.72 1:19.83	
200m: 2:30.89 1:17.20	1000m: 13:01.83 1:20.51	1800m: 23:47.06 1:21.32	2600m: 34:39.21 1:19.49	
300m: 3:49.07 1:18.18	1100m: 14:22.82 1:20.99	1900m: 25:08.85 1:21.79	2700m: 35:59.38 1:20.17	
400m: 5:07.17 1:18.10	1200m: 15:43.35 1:20.53	2000m: 26:31.12 1:22.27	2800m: 37:20.02 1:20.64	
500m: 6:24.91 1:17.74	1300m: 17:03.91 1:20.56	2100m: 27:53.74 1:22.62	2900m: 38:39.75 1:19.73	
600m: 7:46.13 1:21.22	1400m: 18:24.44 1:20.53	2200m: 29:15.55 1:21.81	3000m: 39:57.36 1:17.61	
700m: 9:02.71 1:16.58	1500m: 19:45.67 1:21.23	2300m: 30:37.58 1:22.03		
800m: 10:20.94 1:18.23	1600m: 21:05.75 1:20.08	2400m: 31:59.89 1:22.31		

Prueba 5, Fem., 3000m Libre, JUNIOR 1

Clasificación	AN										Marca	
6. MARTÍNEZ NOVOA, Ángela	04 RCNV										40:02.40	11,00
100m:	1:12.36	1:12.36	900m:	11:45.03	1:20.67	1700m:	22:30.00	1:21.57	2500m:	33:22.53	1:20.38	
200m:	2:30.68	1:18.32	1000m:	13:05.15	1:20.12	1800m:	23:52.47	1:22.47	2600m:	34:42.25	1:19.72	
300m:	3:49.25	1:18.57	1100m:	14:26.25	1:21.10	1900m:	25:15.28	1:22.81	2700m:	36:06.18	1:23.93	
400m:	5:07.61	1:18.36	1200m:	15:47.25	1:21.00	2000m:	26:37.00	1:21.72	2800m:	37:24.93	1:18.75	
500m:	6:26.50	1:18.89	1300m:	17:07.12	1:19.87	2100m:	27:58.47	1:21.47	2900m:	38:04.58	39.65	
600m:	7:44.86	1:18.36	1400m:	18:28.43	1:21.31	2200m:	29:19.97	1:21.50	3000m:	40:02.40	1:57.82	
700m:	9:04.50	1:19.64	1500m:	19:49.25	1:20.82	2300m:	30:41.50	1:21.53				
800m:	10:24.36	1:19.86	1600m:	21:08.43	1:19.18	2400m:	32:02.15	1:20.65				
7. GONZALEZ COVELO, Iria	04 PONTEA										41:20.25	10,00
100m:	1:12.48	1:12.48	900m:	11:59.43	1:22.29	1700m:	23:11.36	1:24.18	2500m:	34:29.30	1:22.70	
200m:	2:30.19	1:17.71	1000m:	13:21.61	1:22.18	1800m:	24:35.33	1:23.97	2600m:	35:52.03	1:22.73	
300m:	3:49.26	1:19.07	1100m:	14:46.42	1:24.81	1900m:	26:00.07	1:24.74	2700m:	37:15.57	1:23.54	
400m:	5:08.55	1:19.29	1200m:	16:10.30	1:23.88	2000m:	27:26.34	1:26.27	2800m:	38:38.58	1:23.01	
500m:	6:31.14	1:22.59	1300m:	17:33.80	1:23.50	2100m:	28:52.81	1:26.47	2900m:	40:00.91	1:22.33	
600m:	7:53.57	1:22.43	1400m:	18:59.03	1:25.23	2200m:	30:16.50	1:23.69	3000m:	41:20.25	1:19.34	
700m:	9:15.31	1:21.74	1500m:	20:23.93	1:24.90	2300m:	31:42.02	1:25.52				
800m:	10:37.14	1:21.83	1600m:	21:47.18	1:23.25	2400m:	33:06.60	1:24.58				
Baja enf. BEMPOSTA PENAS, Alejandra	05 GALAICO										-	