

Prueba 1
25/11/2023 - 10:00

Masc., 200m Libre

Open masculino
Resultados

RG 1:47.76 , CAMPOS VARELA, SERGIO Ncoruña 29/12/2017

Clasificación		AN		Tiempo	PUNTOS	50m	100m	150m	200m
1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	1:52.88	35,00	26.27	28.43	29.21	28.97
2.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:53.56	32,00	26.32	28.54	29.18	29.52
3.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	1:56.54	30,00	27.62	29.28	29.59	30.05
4.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	1:57.01	29,00	26.72	29.26	30.31	30.72
5.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	1:58.75	28,00	27.66	30.49	29.94	30.66
6.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	1:59.58	27,00	27.75	30.25	31.40	30.18
7.	RODRIGUEZ VIEITEZ, Hugo	08	VIGO RIAS BAIXAS	2:00.36	26,00	27.69	30.13	31.02	31.52
8.	INFESTAS CARAZO, Samuel	03	RCN VIGO	2:00.64	25,00	27.85	30.15	31.06	31.58
9.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:00.66	24,00	28.31	30.58	31.57	30.20
10.	PAZ RODRIGUEZ, Aritz	06	C. N. PABELLON	2:01.09	23,00	28.84	30.51	31.04	30.70
11.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:02.33	22,00	28.06	30.48	31.86	31.93
12.	PEREZ GARCIA, Iker	07	C. N. GALAICO	2:02.59	21,00	27.98	31.03	32.28	31.30
13.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	2:02.81	20,00	27.65	30.84	32.01	32.31
14.	CARREIRA POSADA, Jorge	00	C. N. Panas	2:02.98	19,00	27.77	31.00	32.15	32.06
15.	MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	2:03.02	18,00	28.46	31.10	31.55	31.91
16.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	2:03.49	17,00	27.56	30.86	32.27	32.80
17.	RODRÍGUEZ RODRÍGUEZ, G.	05	C. N. FERROL	2:03.78	16,00	28.33	31.36	32.29	31.80
18.	DIAZ-BECERRA LOPEZ, Pedrc	07	C. N. PORTAMIÑA	2:04.83	15,00	28.51	30.80	32.05	33.47
19.	OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	2:06.18	14,00	29.59	32.00	32.31	32.28
20.	BRAVO CUENCA, Pablo	00	C. N. Panas	2:07.94	13,00	28.56	31.34	33.49	34.55
21.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:08.64	12,00	29.10	33.10	33.30	33.14
22.	ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	2:08.69	11,00	29.68	32.41	33.07	33.53
23.	RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	2:09.85	10,00	30.59	33.15	33.73	32.38
24.	LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	2:10.72	9,00	29.78	33.56	34.42	32.96
25.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:12.22	8,00	30.24	33.42	34.65	33.91
26.	NOGUEIRA-PINTO BLANCO, f	07	C. N. PABELLON	2:12.84	7,00	30.11	33.41	35.59	33.73
27.	SUAREZ MARTINEZ, Pedro	10	SPORTING CASINO	2:13.93	6,00	30.27	33.98	35.27	34.41
28.	BAUTISTA BUGARIN, Carlos	05	C. N. PONTEAREAS	2:20.83	5,00	32.00	34.64	36.96	37.23

Prueba 2
25/11/2023 - 10:12

Fem., 400m Estilos

Open femenino
Resultados

RG 4:31.65 , GOMEZ CORTES, BEATRIZ GALAICO 15/12/2013

Clasificación

AN

TiempoPUNTOS

1. SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	5:07.21	35,00		
50m: 32.93 32.93 150m: 1:50.39 40.64 250m: 3:13.55 43.40 350m: 4:32.84 35.90						
100m: 1:09.75 36.82 200m: 2:30.15 39.76 300m: 3:56.94 43.39 400m: 5:07.21 34.37						
2. VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	5:14.10	32,00		
50m: 33.57 33.57 150m: 1:52.39 40.48 250m: 3:17.70 45.24 350m: 4:39.95 35.69						
100m: 1:11.91 38.34 200m: 2:32.46 40.07 300m: 4:04.26 46.56 400m: 5:14.10 34.15						
3. BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO	5:15.61	30,00		
50m: 35.09 35.09 150m: 1:54.53 38.83 250m: 3:18.85 47.69 350m: 4:42.63 36.52						
100m: 1:15.70 40.61 200m: 2:31.16 36.63 300m: 4:06.11 47.26 400m: 5:15.61 32.98						
4. BARROS DA SILVA, Sofia	09	C. N. GALAICO	5:15.79	29,00		
50m: 34.24 34.24 150m: 1:54.36 41.91 250m: 3:20.66 45.24 350m: 4:42.42 35.64						
100m: 1:12.45 38.21 200m: 2:35.42 41.06 300m: 4:06.78 46.12 400m: 5:15.79 33.37						
5. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	5:31.66	28,00		
50m: 35.45 35.45 150m: 1:58.00 42.07 250m: 3:27.55 48.50 350m: 4:54.66 37.73						
100m: 1:15.93 40.48 200m: 2:39.05 41.05 300m: 4:16.93 49.38 400m: 5:31.66 37.00						
6. RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	5:34.59	26,50		
50m: 35.04 35.04 150m: 1:58.69 43.38 250m: 3:28.85 48.42 350m: 4:57.74 39.38						
100m: 1:15.31 40.27 200m: 2:40.43 41.74 300m: 4:18.36 49.51 400m: 5:34.59 36.85						
LOPEZ FERNANDEZ, Aitana	09	C. N. PORTAMIÑA	5:34.59	26,50		
50m: 34.94 34.94 150m: 1:59.25 43.63 250m: 3:28.36 47.51 350m: 4:57.08 39.57						
100m: 1:15.62 40.68 200m: 2:40.85 41.60 300m: 4:17.51 49.15 400m: 5:34.59 37.51						
8. ALVAREZ GARCIA, Mencia	10	C. N. PABELLON	5:36.72	25,00		
50m: 37.91 37.91 150m: 2:04.92 42.64 250m: 3:32.44 46.12 350m: 4:59.56 39.74						
100m: 1:22.28 44.37 200m: 2:46.32 41.40 300m: 4:19.82 47.38 400m: 5:36.72 37.16						
9. NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	5:39.13	24,00		
50m: 37.48 37.48 150m: 2:02.19 42.28 250m: 3:33.60 51.21 350m: 5:02.85 38.69						
100m: 1:19.91 42.43 200m: 2:42.39 40.20 300m: 4:24.16 50.56 400m: 5:39.13 36.28						
10. GROBA COMESAÑA, Noa	06	RCN VIGO	5:44.04	23,00		
50m: 36.61 36.61 150m: 2:02.25 43.78 250m: 3:35.01 50.21 350m: 5:05.36 39.27						
100m: 1:18.47 41.86 200m: 2:44.80 42.55 300m: 4:26.09 51.08 400m: 5:44.04 38.68						
11. MARTINEZ ZABALA, Sunai	07	C. N. PABELLON	5:45.19	22,00		
50m: 37.05 37.05 150m: 2:04.81 44.33 250m: 3:35.25 45.54 350m: 5:04.73 42.16						
100m: 1:20.48 43.43 200m: 2:49.71 44.90 300m: 4:22.57 47.32 400m: 5:45.19 40.46						
12. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	5:47.82	21,00		
50m: 38.34 38.34 150m: 2:06.19 42.86 250m: 3:40.18 51.40 350m: 5:10.12 38.51						
100m: 1:23.33 44.99 200m: 2:48.78 42.59 300m: 4:31.61 51.43 400m: 5:47.82 37.70						
13. MARTIN VEIRA, Alicia	08	C. N. CULLEREDO	5:55.26	20,00		
50m: 37.17 37.17 150m: 2:06.36 46.52 250m: 3:42.58 49.97 350m: 5:15.44 41.27						
100m: 1:19.84 42.67 200m: 2:52.61 46.25 300m: 4:34.17 51.59 400m: 5:55.26 39.82						
14. INSUA FREITAS, Catalina	08	C. N. ARTEIXO	6:22.61	19,00		
50m: 36.59 36.59 150m: 2:07.71 47.89 250m: 3:52.34 56.82 350m: 5:37.03 46.56						
100m: 1:19.82 43.23 200m: 2:55.52 47.81 300m: 4:50.47 58.13 400m: 6:22.61 45.58						

Prueba 2, Fem., 400m Estilos, Open femenino

Clasificación		AN		TiempoPUNTOS
Baja	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	-

Prueba 3
25/11/2023 - 10:25

Masc., 50m Espalda

Open masculino
Resultados

RG 24.35 , PEREIRO CARRIL, OSCAR ARZUA 28/12/2013

Clasificación	AN		Tiempo	PUNTOS
1. VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	25.30	35,00
2. NAVARRO LOSADA, Sergi	07	C. N. FERROL	26.58	32,00
3. RODRIGUEZ PENA, Alejandro	92	RCN VIGO	27.59	30,00
4. VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	28.09	28,50
LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL	28.09	28,50
6. ARCE RODRIGUEZ, Igor	02	CIDADE SANTIAGO	28.43	27,00
7. GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	28.84	26,00
8. PAZ RODRIGUEZ, Aritz	06	C. N. PABELLON	29.01	25,00
9. CARNEIRO VIQUEIRA, Xabier	00	C. N. Panas	29.37	24,00
10. LOPEZ FERNANDEZ, Martin	04	C. N. PABELLON	29.52	23,00
11. SUAREZ RIPOLL, Xian	03	CIDADE SANTIAGO	29.59	22,00
12. NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	30.22	21,00
13. ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	30.42	20,00
14. RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	30.55	19,00
15. PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	30.67	18,00
16. OTERO GARCIA, Isaac	07	C. N. GALAICO	30.95	17,00
17. PAZOS IGLESIAS, André	07	RCN VIGO	31.23	16,00
18. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	31.48	15,00
19. GARCIA AROCHENA, Jacobo J.	09	C. N. CORUÑA	31.67	14,00
20. GERPE RODRIGUEZ, Fco. Jose	98	C. N. Panas	33.14	13,00
DSQ DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	-	-
<i>Saída anticipada</i>				
DSQ SANCHEZ GONZALEZ, Samuel	09	VIGO RIAS BAIXAS	-	-
<i>Saída anticipada</i>				

Prueba 4
25/11/2023 - 10:30

Fem., 50m Espalda

Open femenino
Resultados

RG 28.61 , RODIÑO MAQUIEIRA, NEREA GALAICO 19/12/2008

Clasificación	AN		Tiempo	PUNTOS
1. CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	29.23	35,00
2. CAMBA PRADA, Alexia	05	C. N. PABELLON	30.85	32,00
3. MARTINEZ OTERO, Eva	08	C. N. MOS	31.37	29,50
BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	31.37	29,50
5. LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	31.55	28,00
6. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	31.71	27,00
7. SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	31.76	26,00
8. CANALDA RAMOS, Laura	09	C. N. CORUÑA	32.57	25,00
9. OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	32.66	24,00
10. PAZOS IGLESIAS, Elisa	09	RCN VIGO	33.17	23,00
11. VIDAL RODRIGUEZ, Mara	10	C. N. GALAICO	33.28	22,00
12. HERMIDA ALONSO, Antia	08	C. N. MOS	33.67	21,00
13. BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	33.87	20,00
14. ROIS PRADO, Marta	08	C. N. PORTAMIÑA	33.93	19,00
15. GUIRADO AGRA, Sofia	09	C. N. CULLEREDO	34.13	18,00
16. FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	34.27	17,00
17. MELLID LOSADA, Anxela	07	C. N. GALAICO	34.63	16,00
18. VILLAR ARCEO, Iria	08	C. N. CORUÑA	34.91	15,00
19. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	35.56	14,00
20. LÓPEZ ANIDO, Natalia	06	C. N. FERROL	36.16	13,00
21. GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	36.42	12,00
22. PEREIRA-BORRAJO VAYO, Marta	08	VIGO RIAS BAIXAS	36.55	11,00
23. DÍAZ ARMADA, Zoe	07	C. N. FERROL	39.05	10,00
24. JUSTO DORRIO, Marta	06	C. N. PABELLON	41.80	9,00
25. PEREZ PAZ, Uxia	09	C. N. CULLEREDO	44.00	8,00

Prueba 5
25/11/2023 - 10:36

Masc., 200m Mariposa

Open masculino
Resultados

RG 1:57.37 , MARTÍNEZ NOVOA, MIGUEL RCNVIGO 17/11/2019

Clasificación	AN	Tiempo	PUNTOS
1. GARCIA GARAY, Marcos	01	C. N. Panas	2:08.70 35,00
50m: 29.32 29.32 100m: 1:02.09 32.77 150m: 1:34.86 32.77 200m: 2:08.70 33.84			
2. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:10.91 32,00
50m: 29.38 29.38 100m: 1:02.41 33.03 150m: 1:35.96 33.55 200m: 2:10.91 34.95			
3. SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	2:11.79 30,00
50m: 28.91 28.91 100m: 1:02.51 33.60 150m: 1:36.75 34.24 200m: 2:11.79 35.04			
4. ORECHIA, Agustín	06	CIDADE SANTIAGO	2:11.83 29,00
50m: 28.95 28.95 100m: 1:02.70 33.75 150m: 1:36.92 34.22 200m: 2:11.83 34.91			
5. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	2:12.24 28,00
50m: 29.43 29.43 100m: 1:02.61 33.18 150m: 1:36.73 34.12 200m: 2:12.24 35.51			
6. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	2:14.01 27,00
50m: 30.25 30.25 100m: 1:04.29 34.04 150m: 1:39.88 35.59 200m: 2:14.01 34.13			
7. QUIROGA RAMOS, Yago	05	C. N. PABELLON	2:14.34 26,00
50m: 29.90 29.90 100m: 1:03.63 33.73 150m: 1:39.13 35.50 200m: 2:14.34 35.21			
8. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:14.73 25,00
50m: 30.08 30.08 100m: 1:04.72 34.64 150m: 1:39.56 34.84 200m: 2:14.73 35.17			
9. GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	2:16.29 24,00
50m: 30.70 30.70 100m: 1:04.85 34.15 150m: 1:40.67 35.82 200m: 2:16.29 35.62			
10. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:16.34 23,00
50m: 29.48 29.48 100m: 1:03.47 33.99 150m: 1:39.08 35.61 200m: 2:16.34 37.26			
11. CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:19.97 22,00
50m: 30.49 30.49 100m: 1:04.98 34.49 150m: 1:41.43 36.45 200m: 2:19.97 38.54			
12. BARROS DA SILVA, Pedro	07	C. N. GALAICO	2:20.07 21,00
50m: 29.61 29.61 100m: 1:04.16 34.55 150m: 1:40.72 36.56 200m: 2:20.07 39.35			
13. MERZLYAKOV KOSTOMAROV, Mikha	07	C. N. PABELLON	2:20.78 20,00
50m: 29.93 29.93 100m: 1:05.32 35.39 150m: 1:41.98 36.66 200m: 2:20.78 38.80			
14. SOBRINO NOGALES, Sebastian	08	SPORTING CASINO	2:21.78 19,00
50m: 32.74 32.74 100m: 1:08.98 36.24 150m: 1:45.23 36.25 200m: 2:21.78 36.55			
15. VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:22.23 18,00
50m: 31.52 31.52 100m: 1:07.45 35.93 150m: 1:44.99 37.54 200m: 2:22.23 37.24			
16. DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	2:23.02 17,00
50m: 31.81 31.81 100m: 1:07.35 35.54 150m: 1:44.22 36.87 200m: 2:23.02 38.80			
17. BRAVO CONDE, Cristian	00	C. N. Panas	2:23.48 16,00
50m: 30.97 30.97 100m: 1:08.91 37.94 150m: 1:46.73 37.82 200m: 2:23.48 36.75			
18. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	2:24.18 15,00
50m: 30.87 30.87 100m: 1:07.37 36.50 150m: 1:45.20 37.83 200m: 2:24.18 38.98			
19. CAO HERMO, Breixo	10	S. DEP. BOIRO	2:29.37 14,00
50m: 32.21 32.21 100m: 1:08.80 36.59 150m: 1:48.12 39.32 200m: 2:29.37 41.25			

Prueba 5, Masc., 200m Mariposa, Open masculino

Clasificación		AN			Tiempo	PUNTOS		
20.	ALVAREZ VAZQUEZ, Sergio	09	VIGO RIAS BAIXAS	2:29.74	13,00			
	50m: 33.54 33.54 100m: 1:11.24		37.70 150m: 1:50.39	39.15	200m: 2:29.74	39.35		
21.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	2:31.72	12,00			
	50m: 33.50 33.50 100m: 1:12.08		38.58 150m: 1:52.25	40.17	200m: 2:31.72	39.47		
22.	ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	2:33.86	11,00			
	50m: 32.56 32.56 100m: 1:10.38		37.82 150m: 1:51.38	41.00	200m: 2:33.86	42.48		
23.	DIZ NIEVES, David	04	C. N. FERROL	2:38.25	10,00			
	50m: 33.81 33.81 100m: 1:13.42		39.61 150m: 1:55.25	41.83	200m: 2:38.25	43.00		
24.	REY MUNIN, Alonso	08	CIDADE SANTIAGO	2:39.46	9,00			
	50m: 36.10 36.10 100m: 1:17.46		41.36 150m: 1:58.50	41.04	200m: 2:39.46	40.96		
25.	OLVEIRA BARTOLOME, Pedro	08	C. N. CORUÑA	3:05.42	8,00			
	50m: 37.59 37.59 100m: 1:23.92		46.33 150m: 2:13.21	49.29	200m: 3:05.42	52.21		

Prueba 6
25/11/2023 - 10:48

Fem., 200m Mariposa

Open femenino
Resultados

RG 2:11.57 , VILAS VIDAL, MARIA RIVEIRA 20/12/2014

Clasificación	AN	Tiempo	PUNTOS
1. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA 2:19.35	35,00
50m: 30.91 30.91 100m: 1:05.80 34.89 150m: 1:42.57 36.77 200m: 2:19.35 36.78			
2. RODRÍGUEZ ALONSO, Julia	05	RCN VIGO 2:20.46	32,00
50m: 32.18 32.18 100m: 1:07.85 35.67 150m: 1:43.96 36.11 200m: 2:20.46 36.50			
3. VEIGA SOUTO, Ana	98	C. N. ARTEIXO 2:28.69	30,00
50m: 33.23 33.23 100m: 1:10.62 37.39 150m: 1:48.86 38.24 200m: 2:28.69 39.83			
4. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO 2:32.51	29,00
50m: 34.85 34.85 100m: 1:13.73 38.88 150m: 1:52.92 39.19 200m: 2:32.51 39.59			
5. VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO 2:36.94	28,00
50m: 34.54 34.54 100m: 1:12.98 38.44 150m: 1:53.79 40.81 200m: 2:36.94 43.15			
6. CAL FERNÁNDEZ, Victoria	08	RCN VIGO 2:38.09	27,00
50m: 34.19 34.19 100m: 1:13.52 39.33 150m: 1:55.17 41.65 200m: 2:38.09 42.92			
7. DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO 2:40.20	26,00
50m: 34.22 34.22 100m: 1:13.77 39.55 150m: 1:55.64 41.87 200m: 2:40.20 44.56			
8. FEAL DEVESA, Carlota	09	C. N. CULLEREDO 2:45.61	25,00
50m: 35.74 35.74 100m: 1:16.80 41.06 150m: 2:01.07 44.27 200m: 2:45.61 44.54			
9. FERNANDEZ GRATEROL, Sofia Antia	07	C. N. PABELLON 2:46.73	24,00
50m: 34.92 34.92 100m: 1:15.11 40.19 150m: 2:00.10 44.99 200m: 2:46.73 46.63			
10. SEGOVIA CARBALLO, Paula	00	C. N. FERROL 2:47.37	23,00
50m: 34.75 34.75 100m: 1:16.45 41.70 150m: 2:00.99 44.54 200m: 2:47.37 46.38			
11. MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA 2:52.05	22,00
50m: 36.22 36.22 100m: 1:18.63 42.41 150m: 2:04.72 46.09 200m: 2:52.05 47.33			
12. OZORES CHOUZA, Lara	06	S. DEP. BOIRO 2:54.06	21,00
50m: 35.38 35.38 100m: 1:18.39 43.01 150m: 2:05.09 46.70 200m: 2:54.06 48.97			
13. ARRUÑADA VAZQUEZ, Carmen	10	C. N. CORUÑA 2:57.19	20,00
50m: 38.79 38.79 100m: 1:22.86 44.07 150m: 2:09.39 46.53 200m: 2:57.19 47.80			
14. SALLERES MOURO, Candela	07	SPORTING CASINO 2:59.56	19,00
50m: 40.09 40.09 100m: 1:25.43 45.34 150m: 2:12.90 47.47 200m: 2:59.56 46.66			
15. BABARRO LOPEZ, Maria	08	C. N. PABELLON 3:01.85	18,00
50m: 37.09 37.09 100m: 1:23.08 45.99 150m: 2:12.77 49.69 200m: 3:01.85 49.08			
16. GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS 3:09.57	17,00
50m: 36.66 36.66 100m: 1:21.88 45.22 150m: 2:13.90 52.02 200m: 3:09.57 55.67			
17. ESTEVEZ BASTERO, Ana	05	VIGO RIAS BAIXAS 3:17.52	16,00
50m: 43.51 43.51 100m: 1:33.24 49.73 150m: 2:25.25 52.01 200m: 3:17.52 52.27			
Baja FARIÑA MARTINEZ, Carmen	08	C. N. GALAICO	-

Prueba 7
25/11/2023 - 11:00

Masc., 100m Braza

Open masculino
Resultados

RG 1:01.31 , GARCIA SOTO, MARCOS CNFERRO 28/12/2016

Clasificación	AN	Tiempo	PUNTOS
1. NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:03.96 35,00
50m: 29.73 29.73 100m: 1:03.96 34.23			
2. PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:04.21 32,00
50m: 29.70 29.70 100m: 1:04.21 34.51			
3. GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:05.16 30,00
50m: 30.86 30.86 100m: 1:05.16 34.30			
4. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	1:06.69 29,00
50m: 31.31 31.31 100m: 1:06.69 35.38			
5. SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:06.85 28,00
50m: 31.07 31.07 100m: 1:06.85 35.78			
6. PARCERO AREOSO, Xael	07	CIDADE SANTIAGO	1:07.27 27,00
50m: 31.57 31.57 100m: 1:07.27 35.70			
7. DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	1:08.01 26,00
50m: 32.07 32.07 100m: 1:08.01 35.94			
8. VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:08.39 25,00
50m: 31.41 31.41 100m: 1:08.39 36.98			
9. PASTORIZA SNTACLARA, Jorge	97	VIGO RIAS BAIXAS	1:08.90 24,00
50m: 32.29 32.29 100m: 1:08.90 36.61			
10. LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	1:08.94 23,00
50m: 31.33 31.33 100m: 1:08.94 37.61			
11. FERNANDEZ DEL VALLE, Ivan	05	C. N. PABELLON	1:09.21 22,00
50m: 32.75 32.75 100m: 1:09.21 36.46			
12. PICALLO MARANTE, Sergio	01	C. N. CORUÑA	1:09.27 21,00
50m: 32.04 32.04 100m: 1:09.27 37.23			
13. DOPICO REY, Anton	97	C. N. FERROL	1:09.31 20,00
50m: 32.66 32.66 100m: 1:09.31 36.65			
14. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	1:10.83 19,00
50m: 33.26 33.26 100m: 1:10.83 37.57			
15. PEDROUZO ARES, Miguel	95	C. N. CORUÑA	1:11.12 18,00
50m: 33.48 33.48 100m: 1:11.12 37.64			
16. MIGUEZ FEIJOO, Samuel	05	CIDADE SANTIAGO	1:11.68 17,00
50m: 33.21 33.21 100m: 1:11.68 38.47			
17. CADAVID RIBEIRO, Tiziano	08	C. N. PABELLON	1:14.84 16,00
50m: 35.48 35.48 100m: 1:14.84 39.36			
18. PREGO GROBA, Brais	08	C. N. PONTEAREAS	1:15.80 15,00
50m: 35.91 35.91 100m: 1:15.80 39.89			
19. GONZÁLEZ MARTÍNEZ, Cristian	03	C. N. ARTEIXO	1:16.77 14,00
50m: 35.80 35.80 100m: 1:16.77 40.97			

Prueba 7, Masc., 100m Braza, Open masculino

Clasificación		AN		Tiempo	PUNTOS
20.	ARES MIRAGAYA, Adrian	00	C. N. Panas	1:17.15	13,00
	50m: 35.76 35.76 100m: 1:17.15		41.39		
21.	RODRIGUEZ RAÑA, Miguel	09	VIGO RIAS BAIXAS	1:17.83	12,00
	50m: 36.69 36.69 100m: 1:17.83		41.14		
22.	NISTAL PALACIOS, Rafael	09	SPORTING CASINO	1:17.97	11,00
	50m: 36.40 36.40 100m: 1:17.97		41.57		
23.	PAZOS IGLESIAS, André	07	RCN VIGO	1:18.20	10,00
	50m: 36.87 36.87 100m: 1:18.20		41.33		
24.	GERPE RODRIGUEZ, Fco. Jose	98	C. N. Panas	1:20.58	9,00
	50m: 37.04 37.04 100m: 1:20.58		43.54		
25.	LEGASPI GARCIA, Carlos	08	C. FLUVIAL LUGO	1:24.80	8,00
	50m: 40.39 40.39 100m: 1:24.80		44.41		

Prueba 8
25/11/2023 - 11:10

Fem., 100m Braza

Open femenino
Resultados

RG 1:07.80 , PEREZ FDEZ.DE CORDOBA, AURORA NCoruña 18/04/2009

Clasificación	AN	Tiempo	PUNTOS
1. MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	1:11.95 35,00
50m: 33.91 33.91 100m: 1:11.95 38.04			
2. PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	1:15.25 32,00
50m: 35.79 35.79 100m: 1:15.25 39.46			
3. LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:17.32 30,00
50m: 35.94 35.94 100m: 1:17.32 41.38			
4. CONS GESTIDO, Henar Diana	02	RCN VIGO	1:17.81 29,00
50m: 37.00 37.00 100m: 1:17.81 40.81			
5. HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	1:18.32 28,00
50m: 37.30 37.30 100m: 1:18.32 41.02			
6. SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:18.77 27,00
50m: 36.96 36.96 100m: 1:18.77 41.81			
7. SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	1:19.56 26,00
50m: 36.97 36.97 100m: 1:19.56 42.59			
8. LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	1:19.99 25,00
50m: 37.58 37.58 100m: 1:19.99 42.41			
9. FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	1:20.31 24,00
50m: 36.14 36.14 100m: 1:20.31 44.17			
10. NISTAL PALACIOS, Mariña	07	SPORTING CASINO	1:20.52 23,00
50m: 37.91 37.91 100m: 1:20.52 42.61			
11. BELLO ARMADA, Andrea	99	C. N. CULLEREDO	1:20.98 22,00
50m: 37.21 37.21 100m: 1:20.98 43.77			
12. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	1:21.18 21,00
50m: 37.50 37.50 100m: 1:21.18 43.68			
13. PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	1:22.45 20,00
50m: 38.16 38.16 100m: 1:22.45 44.29			
14. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:22.68 19,00
50m: 39.38 39.38 100m: 1:22.68 43.30			
15. SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	1:22.74 18,00
50m: 38.92 38.92 100m: 1:22.74 43.82			
16. MARTINEZ GARCIA, Uxia	09	VIGO RIAS BAIXAS	1:22.77 17,00
50m: 38.62 38.62 100m: 1:22.77 44.15			
17. ALVAREZ GARCIA, Mencia	10	C. N. PABELLON	1:23.23 16,00
50m: 39.17 39.17 100m: 1:23.23 44.06			
18. MARTINEZ ZABALA, Sunai	07	C. N. PABELLON	1:25.96 15,00
50m: 40.92 40.92 100m: 1:25.96 45.04			
19. CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	1:26.02 14,00
50m: 40.20 40.20 100m: 1:26.02 45.82			

Prueba 8, Fem., 100m Braza, Open femenino

Clasificación		AN		Tiempo	PUNTOS
20.	ORTEGO PORTA, Aldara	07	C. N. GALAICO	1:28.77	13,00
	50m: 42.08 42.08	100m: 1:28.77	46.69		
21.	CUGINI LENCE, Emma	08	C. FLUVIAL LUGO	1:28.92	12,00
	50m: 42.00 42.00	100m: 1:28.92	46.92		
Baja	LEIVAS ROCA, Candela	05	C. N. FERROL		-

Prueba 9
25/11/2023 - 11:20

Masc., 1500m Libre

Open masculino
Resultados

RG 15:10.59 , BRION SAMPEDRO, IVAN RIVEIRA 27/11/2009

Clasificación

			AN				Tiempo		PUNTOS	
1.	MANEIROS PAZ, Mario	06	C. N. FERROL	16:14.32	35,00					
50m:	28.55	28.55	450m:	4:42.24	32.22	850m:	9:04.27	33.44	1250m:	13:29.70 33.40
100m:	59.01	30.46	500m:	5:14.37	32.13	900m:	9:37.45	33.18	1300m:	14:02.79 33.09
150m:	1:30.48	31.47	550m:	5:46.91	32.54	950m:	10:10.63	33.18	1350m:	14:35.93 33.14
200m:	2:02.06	31.58	600m:	6:19.36	32.45	1000m:	10:43.70	33.07	1400m:	15:09.40 33.47
250m:	2:33.70	31.64	650m:	6:52.23	32.87	1050m:	11:16.42	32.72	1450m:	15:42.31 32.91
300m:	3:05.72	32.02	700m:	7:25.06	32.83	1100m:	11:49.83	33.41	1500m:	16:14.32 32.01
350m:	3:37.79	32.07	750m:	7:58.03	32.97	1150m:	12:23.49	33.66		
400m:	4:10.02	32.23	800m:	8:30.83	32.80	1200m:	12:56.30	32.81		
2.	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	16:33.55	32,00					
50m:	28.07	28.07	450m:	4:43.44	32.56	850m:	9:09.33	33.89	1250m:	13:44.00 35.05
100m:	59.15	31.08	500m:	5:16.07	32.63	900m:	9:43.61	34.28	1300m:	14:18.39 34.39
150m:	1:30.72	31.57	550m:	5:48.89	32.82	950m:	10:17.31	33.70	1350m:	14:53.22 34.83
200m:	2:02.49	31.77	600m:	6:22.04	33.15	1000m:	10:51.17	33.86	1400m:	15:27.80 34.58
250m:	2:34.29	31.80	650m:	6:54.96	32.92	1050m:	11:25.40	34.23	1450m:	16:01.32 33.52
300m:	3:06.47	32.18	700m:	7:28.28	33.32	1100m:	11:59.70	34.30	1500m:	16:33.55 32.23
350m:	3:38.62	32.15	750m:	8:01.77	33.49	1150m:	12:34.16	34.46		
400m:	4:10.88	32.26	800m:	8:35.44	33.67	1200m:	13:08.95	34.79		
3.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	16:55.14	30,00					
50m:	29.16	29.16	450m:	4:55.83	34.15	850m:	9:32.83	34.90	1250m:	14:06.33 34.32
100m:	1:00.58	31.42	500m:	5:30.28	34.45	900m:	10:07.55	34.72	1300m:	14:40.47 34.14
150m:	1:32.89	32.31	550m:	6:04.92	34.64	950m:	10:42.28	34.73	1350m:	15:15.30 34.83
200m:	2:06.04	33.15	600m:	6:39.23	34.31	1000m:	11:16.00	33.72	1400m:	15:49.17 33.87
250m:	2:39.53	33.49	650m:	7:14.16	34.93	1050m:	11:50.16	34.16	1450m:	16:23.06 33.89
300m:	3:13.17	33.64	700m:	7:49.16	35.00	1100m:	12:23.68	33.52	1500m:	16:55.14 32.08
350m:	3:47.48	34.31	750m:	8:23.27	34.11	1150m:	12:57.58	33.90		
400m:	4:21.68	34.20	800m:	8:57.93	34.66	1200m:	13:32.01	34.43		
4.	TIMIRAO FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	17:05.39	29,00					
50m:	30.04	30.04	450m:	5:01.30	34.40	850m:	9:36.64	34.34	1250m:	14:13.43 34.68
100m:	1:02.98	32.94	500m:	5:35.69	34.39	900m:	10:11.33	34.69	1300m:	14:48.23 34.80
150m:	1:36.40	33.42	550m:	6:10.03	34.34	950m:	10:46.09	34.76	1350m:	15:22.73 34.50
200m:	2:10.04	33.64	600m:	6:44.59	34.56	1000m:	11:20.57	34.48	1400m:	15:57.31 34.58
250m:	2:44.27	34.23	650m:	7:18.83	34.24	1050m:	11:54.89	34.32	1450m:	16:31.77 34.46
300m:	3:18.39	34.12	700m:	7:53.31	34.48	1100m:	12:29.53	34.64	1500m:	17:05.39 33.62
350m:	3:52.79	34.40	750m:	8:27.62	34.31	1150m:	13:04.16	34.63		
400m:	4:26.90	34.11	800m:	9:02.30	34.68	1200m:	13:38.75	34.59		
5.	GUTIERREZ MARIÑO, Santiago	02	C. N. PABELLON	17:22.11	28,00					
50m:	30.39	30.39	450m:	5:04.76	34.45	850m:	9:46.19	34.84	1250m:	14:26.45 34.83
100m:	1:04.09	33.70	500m:	5:39.78	35.02	900m:	10:21.21	35.02	1300m:	15:01.60 35.15
150m:	1:37.66	33.57	550m:	6:14.98	35.20	950m:	10:56.07	34.86	1350m:	15:36.74 35.14
200m:	2:12.17	34.51	600m:	6:50.35	35.37	1000m:	11:31.04	34.97	1400m:	16:12.12 35.38
250m:	2:46.64	34.47	650m:	7:25.39	35.04	1050m:	12:06.22	35.18	1450m:	16:47.47 35.35
300m:	3:21.06	34.42	700m:	8:00.36	34.97	1100m:	12:41.36	35.14	1500m:	17:22.11 34.64
350m:	3:55.73	34.67	750m:	8:35.84	35.48	1150m:	13:16.34	34.98		
400m:	4:30.31	34.58	800m:	9:11.35	35.51	1200m:	13:51.62	35.28		

Prueba 9, Masc., 1500m Libre, Open masculino

Clasificación	AN		Tiempo		PUNTOS	
6. GARCÍA AFONSO, Alexis	07	C. N. FERROL	17:30.81		27,00	
50m: 30.52 30.52	450m: 5:02.70 34.45	850m: 9:47.33 36.05	1250m: 14:32.96 35.59			
100m: 1:03.39 32.87	500m: 5:37.81 35.11	900m: 10:23.54 36.21	1300m: 15:08.95 35.99			
150m: 1:36.93 33.54	550m: 6:13.39 35.58	950m: 10:58.07 34.53	1350m: 15:44.81 35.86			
200m: 2:10.82 33.89	600m: 6:49.11 35.72	1000m: 11:34.00 35.93	1400m: 16:20.23 35.42			
250m: 2:44.54 33.72	650m: 7:24.82 35.71	1050m: 12:09.84 35.84	1450m: 16:55.58 35.35			
300m: 3:18.82 34.28	700m: 7:59.74 34.92	1100m: 12:45.93 36.09	1500m: 17:30.81 35.23			
350m: 3:53.59 34.77	750m: 8:35.78 36.04	1150m: 13:21.63 35.70				
400m: 4:28.25 34.66	800m: 9:11.28 35.50	1200m: 13:57.37 35.74				
7. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	17:32.90		26,00	
50m: 29.24 29.24	450m: 5:06.70 35.68	850m: 9:51.85 35.78	1250m: 14:38.01 35.79			
100m: 1:02.57 33.33	500m: 5:41.67 34.97	900m: 10:27.32 35.47	1300m: 15:13.81 35.80			
150m: 1:36.78 34.21	550m: 6:17.32 35.65	950m: 11:03.01 35.69	1350m: 15:49.54 35.73			
200m: 2:11.27 34.49	600m: 6:52.74 35.42	1000m: 11:39.28 36.27	1400m: 16:24.97 35.43			
250m: 2:46.00 34.73	650m: 7:28.53 35.79	1050m: 12:14.95 35.67	1450m: 16:59.91 34.94			
300m: 3:20.86 34.86	700m: 8:04.29 35.76	1100m: 12:50.90 35.95	1500m: 17:32.90 32.99			
350m: 3:55.94 35.08	750m: 8:39.86 35.57	1150m: 13:26.71 35.81				
400m: 4:31.02 35.08	800m: 9:16.07 36.21	1200m: 14:02.22 35.51				
8. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	17:36.49		25,00	
50m: 31.06 31.06	450m: 5:10.50 35.40	850m: 9:53.50 35.51	1250m: 14:39.24 36.06			
100m: 1:04.19 33.13	500m: 5:45.74 35.24	900m: 10:29.20 35.70	1300m: 15:14.56 35.32			
150m: 1:38.45 34.26	550m: 6:21.02 35.28	950m: 11:04.94 35.74	1350m: 15:50.28 35.72			
200m: 2:13.76 35.31	600m: 6:56.48 35.46	1000m: 11:41.03 36.09	1400m: 16:25.59 35.31			
250m: 2:49.16 35.40	650m: 7:31.88 35.40	1050m: 12:16.94 35.91	1450m: 17:01.40 35.81			
300m: 3:24.40 35.24	700m: 8:06.91 35.03	1100m: 12:51.94 35.00	1500m: 17:36.49 35.09			
350m: 3:59.79 35.39	750m: 8:42.31 35.40	1150m: 13:27.63 35.69				
400m: 4:35.10 35.31	800m: 9:17.99 35.68	1200m: 14:03.18 35.55				
9. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	17:43.33		24,00	
50m: 31.46 31.46	450m: 5:10.41 35.45	850m: 9:57.29 36.15	1250m: 14:46.40 36.06			
100m: 1:05.42 33.96	500m: 5:45.99 35.58	900m: 10:33.55 36.26	1300m: 15:22.29 35.89			
150m: 1:39.87 34.45	550m: 6:21.55 35.56	950m: 11:09.90 36.35	1350m: 15:58.70 36.41			
200m: 2:14.46 34.59	600m: 6:57.31 35.76	1000m: 11:46.48 36.58	1400m: 16:34.24 35.54			
250m: 2:48.98 34.52	650m: 7:32.97 35.66	1050m: 12:22.35 35.87	1450m: 17:10.03 35.79			
300m: 3:23.80 34.82	700m: 8:08.99 36.02	1100m: 12:58.43 36.08	1500m: 17:43.33 33.30			
350m: 3:59.01 35.21	750m: 8:45.22 36.23	1150m: 13:34.34 35.91				
400m: 4:34.96 35.95	800m: 9:21.14 35.92	1200m: 14:10.34 36.00				
10. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	17:43.81		23,00	
50m: 32.53 32.53	450m: 5:15.97 35.44	850m: 10:01.33 35.37	1250m: 14:48.64 35.60			
100m: 1:07.67 35.14	500m: 5:51.42 35.45	900m: 10:37.50 36.17	1300m: 15:24.50 35.86			
150m: 1:42.96 35.29	550m: 6:26.98 35.56	950m: 11:13.28 35.78	1350m: 16:00.28 35.78			
200m: 2:18.29 35.33	600m: 7:02.93 35.95	1000m: 11:49.38 36.10	1400m: 16:35.83 35.55			
250m: 2:53.76 35.47	650m: 7:38.49 35.56	1050m: 12:25.33 35.95	1450m: 17:11.03 35.20			
300m: 3:29.37 35.61	700m: 8:14.48 35.99	1100m: 13:01.26 35.93	1500m: 17:43.81 32.78			
350m: 4:05.04 35.67	750m: 8:50.05 35.57	1150m: 13:37.27 36.01				
400m: 4:40.53 35.49	800m: 9:25.96 35.91	1200m: 14:13.04 35.77				
11. FRAGA VISOS, Teo	08	CIDADE SANTIAGO	17:44.14		22,00	
50m: 32.16 32.16	450m: 5:15.53 35.40	850m: 10:01.31 35.60	1250m: 14:48.41 35.58			
100m: 1:07.38 35.22	500m: 5:51.14 35.61	900m: 10:37.23 35.92	1300m: 15:24.12 35.71			
150m: 1:42.27 34.89	550m: 6:26.83 35.69	950m: 11:13.15 35.92	1350m: 16:00.07 35.95			
200m: 2:17.67 35.40	600m: 7:02.36 35.53	1000m: 11:49.20 36.05	1400m: 16:35.66 35.59			
250m: 2:53.18 35.51	650m: 7:38.35 35.99	1050m: 12:24.97 35.77	1450m: 17:11.17 35.51			
300m: 3:28.91 35.73	700m: 8:14.43 36.08	1100m: 13:01.15 36.18	1500m: 17:44.14 32.97			
350m: 4:04.51 35.60	750m: 8:49.91 35.48	1150m: 13:37.05 35.90				
400m: 4:40.13 35.62	800m: 9:25.71 35.80	1200m: 14:12.83 35.78				

Prueba 9, Masc., 1500m Libre, Open masculino

Clasificación	AN			Tiempo			PUNTOS		
12. ORTEGO PORTA, Andre	07	C. N. GALAICO	17:47.01	21,00					
50m: 30.77 30.77	450m: 5:15.45 36.26	850m: 10:02.39 35.91	1250m: 14:49.26 35.79						
100m: 1:04.62 33.85	500m: 5:51.40 35.95	900m: 10:38.14 35.75	1300m: 15:25.15 35.89						
150m: 1:39.67 35.05	550m: 6:27.34 35.94	950m: 11:14.13 35.99	1350m: 16:00.77 35.62						
200m: 2:15.03 35.36	600m: 7:02.99 35.65	1000m: 11:50.11 35.98	1400m: 16:36.95 36.18						
250m: 2:50.86 35.83	650m: 7:38.79 35.80	1050m: 12:26.08 35.97	1450m: 17:12.55 35.60						
300m: 3:26.70 35.84	700m: 8:14.68 35.89	1100m: 13:01.80 35.72	1500m: 17:47.01 34.46						
350m: 4:02.83 36.13	750m: 8:50.64 35.96	1150m: 13:37.66 35.86							
400m: 4:39.19 36.36	800m: 9:26.48 35.84	1200m: 14:13.47 35.81							
13. ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	18:07.81	20,00					
50m: 31.64 31.64	450m: 5:20.91 36.84	850m: 10:15.42 36.81	1250m: 15:10.05 36.81						
100m: 1:06.53 34.89	500m: 5:57.65 36.74	900m: 10:52.59 37.17	1300m: 15:46.86 36.81						
150m: 1:42.16 35.63	550m: 6:34.52 36.87	950m: 11:29.78 37.19	1350m: 16:22.75 35.89						
200m: 2:18.21 36.05	600m: 7:11.39 36.87	1000m: 12:07.28 37.50	1400m: 16:58.05 35.30						
250m: 2:54.01 35.80	650m: 7:48.24 36.85	1050m: 12:43.32 36.04	1450m: 17:33.75 35.70						
300m: 3:30.89 36.88	700m: 8:25.04 36.80	1100m: 13:20.71 37.39	1500m: 18:07.81 34.06						
350m: 4:07.45 36.56	750m: 9:01.72 36.68	1150m: 13:57.16 36.45							
400m: 4:44.07 36.62	800m: 9:38.61 36.89	1200m: 14:33.24 36.08							
14. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	18:08.87	19,00					
50m: 32.18 32.18	450m: 5:18.21 36.10	850m: 10:11.61 36.77	1250m: 15:07.50 36.90						
100m: 1:07.28 35.10	500m: 5:54.71 36.50	900m: 10:48.27 36.66	1300m: 15:44.40 36.90						
150m: 1:42.75 35.47	550m: 6:31.06 36.35	950m: 11:25.12 36.85	1350m: 16:21.05 36.65						
200m: 2:18.12 35.37	600m: 7:07.87 36.81	1000m: 12:02.16 37.04	1400m: 16:57.99 36.94						
250m: 2:53.97 35.85	650m: 7:44.43 36.56	1050m: 12:39.38 37.22	1450m: 17:34.22 36.23						
300m: 3:29.85 35.88	700m: 8:21.15 36.72	1100m: 13:16.55 37.17	1500m: 18:08.87 34.65						
350m: 4:05.78 35.93	750m: 8:57.91 36.76	1150m: 13:53.66 37.11							
400m: 4:42.11 36.33	800m: 9:34.84 36.93	1200m: 14:30.60 36.94							
15. SIMON COTELO, Manuel	01	C. N. Panas	18:09.36	18,00					
50m: 30.17 30.17	450m: 5:13.89 36.81	850m: 10:10.97 37.28	1250m: 15:05.85 36.69						
100m: 1:03.65 33.48	500m: 5:50.99 37.10	900m: 10:48.10 37.13	1300m: 15:42.88 37.03						
150m: 1:38.04 34.39	550m: 6:28.01 37.02	950m: 11:25.03 36.93	1350m: 16:19.60 36.72						
200m: 2:12.69 34.65	600m: 7:04.80 36.79	1000m: 12:01.40 36.37	1400m: 16:56.47 36.87						
250m: 2:48.24 35.55	650m: 7:41.83 37.03	1050m: 12:37.96 36.56	1450m: 17:32.93 36.46						
300m: 3:24.19 35.95	700m: 8:19.10 37.27	1100m: 13:15.48 37.52	1500m: 18:09.36 36.43						
350m: 4:00.62 36.43	750m: 8:56.33 37.23	1150m: 13:52.29 36.81							
400m: 4:37.08 36.46	800m: 9:33.69 37.36	1200m: 14:29.16 36.87							
16. DÍAZ RODAS, Aarón	07	C. N. ARTEIXO	18:11.55	17,00					
50m: 31.08 31.08	450m: 5:15.56 36.64	850m: 10:08.01 36.53	1250m: 15:05.32 37.20						
100m: 1:04.68 33.60	500m: 5:52.25 36.69	900m: 10:45.15 37.14	1300m: 15:42.76 37.44						
150m: 1:39.45 34.77	550m: 6:28.49 36.24	950m: 11:22.09 36.94	1350m: 16:20.23 37.47						
200m: 2:14.58 35.13	600m: 7:05.57 37.08	1000m: 11:59.56 37.47	1400m: 16:57.94 37.71						
250m: 2:50.46 35.88	650m: 7:42.22 36.65	1050m: 12:36.45 36.89	1450m: 17:35.17 37.23						
300m: 3:26.55 36.09	700m: 8:18.68 36.46	1100m: 13:13.65 37.20	1500m: 18:11.55 36.38						
350m: 4:02.74 36.19	750m: 8:54.97 36.29	1150m: 13:50.79 37.14							
400m: 4:38.92 36.18	800m: 9:31.48 36.51	1200m: 14:28.12 37.33							
17. GONZALEZ PREGO, Xose	08	C. N. CORUÑA	18:14.90	16,00					
50m: 31.47 31.47	450m: 5:20.51 36.75	850m: 10:16.09 37.07	1250m: 15:12.72 37.16						
100m: 1:06.09 34.62	500m: 5:57.28 36.77	900m: 10:53.26 37.17	1300m: 15:49.79 37.07						
150m: 1:42.12 36.03	550m: 6:33.94 36.66	950m: 11:30.25 36.99	1350m: 16:26.68 36.89						
200m: 2:18.13 36.01	600m: 7:10.67 36.73	1000m: 12:07.02 36.77	1400m: 17:03.55 36.87						
250m: 2:54.60 36.47	650m: 7:47.88 37.21	1050m: 12:44.00 36.98	1450m: 17:40.35 36.80						
300m: 3:31.22 36.62	700m: 8:24.70 36.82	1100m: 13:20.97 36.97	1500m: 18:14.90 34.55						
350m: 4:07.43 36.21	750m: 9:02.19 37.49	1150m: 13:58.26 37.29							
400m: 4:43.76 36.33	800m: 9:39.02 36.83	1200m: 14:35.56 37.30							

Prueba 9, Masc., 1500m Libre, Open masculino

Clasificación	AN			Tiempo			PUNTOS		
18. CARREIRA POSADA, Jorge	00	C. N. Panas		18:30.60			15,00		
50m: 31.58 31.58	450m: 5:24.31 37.35	850m: 10:23.13 37.58	1250m: 15:24.32 36.90						
100m: 1:06.92 35.34	500m: 6:01.67 37.36	900m: 11:00.52 37.39	1300m: 16:01.12 36.80						
150m: 1:42.64 35.72	550m: 6:38.87 37.20	950m: 11:38.31 37.79	1350m: 16:37.93 36.81						
200m: 2:19.63 36.99	600m: 7:15.95 37.08	1000m: 12:16.19 37.88	1400m: 17:15.00 37.07						
250m: 2:56.17 36.54	650m: 7:53.35 37.40	1050m: 12:54.37 38.18	1450m: 17:52.40 37.40						
300m: 3:32.95 36.78	700m: 8:30.75 37.40	1100m: 13:32.27 37.90	1500m: 18:30.60 38.20						
350m: 4:09.91 36.96	750m: 9:08.18 37.43	1150m: 14:09.99 37.72							
400m: 4:46.96 37.05	800m: 9:45.55 37.37	1200m: 14:47.42 37.43							
19. SANTÍN MÉNDEZ, Rubén	07	RCN VIGO		18:37.03			14,00		
50m: 30.29 30.29	450m: 5:22.17 37.70	850m: 10:25.46 37.35	1250m: 15:27.18 38.09						
100m: 1:04.40 34.11	500m: 6:00.90 38.73	900m: 11:03.28 37.82	1300m: 16:04.90 37.72						
150m: 1:40.01 35.61	550m: 6:39.45 38.55	950m: 11:41.51 38.23	1350m: 16:42.77 37.87						
200m: 2:16.25 36.24	600m: 7:17.61 38.16	1000m: 12:19.42 37.91	1400m: 17:20.79 38.02						
250m: 2:52.66 36.41	650m: 7:55.38 37.77	1050m: 12:56.63 37.21	1450m: 17:59.38 38.59						
300m: 3:30.62 37.96	700m: 8:33.35 37.97	1100m: 13:33.91 37.28	1500m: 18:37.03 37.65						
350m: 4:07.75 37.13	750m: 9:10.98 37.63	1150m: 14:11.23 37.32							
400m: 4:44.47 36.72	800m: 9:48.11 37.13	1200m: 14:49.09 37.86							
20. PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO		18:38.93			13,00		
50m: 31.90 31.90	450m: 5:29.31 38.00	850m: 10:31.57 37.65	1250m: 15:34.24 37.20						
100m: 1:07.88 35.98	500m: 6:06.67 37.36	900m: 11:09.48 37.91	1300m: 16:12.19 37.95						
150m: 1:44.65 36.77	550m: 6:44.19 37.52	950m: 11:48.18 38.70	1350m: 16:50.09 37.90						
200m: 2:21.40 36.75	600m: 7:22.60 38.41	1000m: 12:25.35 37.17	1400m: 17:26.76 36.67						
250m: 2:58.43 37.03	650m: 8:00.51 37.91	1050m: 13:03.20 37.85	1450m: 18:03.48 36.72						
300m: 3:36.03 37.60	700m: 8:38.08 37.57	1100m: 13:41.65 38.45	1500m: 18:38.93 35.45						
350m: 4:13.67 37.64	750m: 9:15.88 37.80	1150m: 14:18.93 37.28							
400m: 4:51.31 37.64	800m: 9:53.92 38.04	1200m: 14:57.04 38.11							
DSQ CARBALLO RODRIGUEZ, Enrique	07	C. N. PABELLON					-		
<i>Saída anticipada</i>									
Baja SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO					-		
Baja DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO					-		

Prueba 10
25/11/2023 - 12:35

Fem., 4 x 200m Libre

Open femenino
Resultados

RG 8:11.00 GALAICO GALAICO 28/12/2016

Clasificación

					Tiempo	PUNTOS
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA		8:42.78	70,00
	MOURENZA ROCHA, Ines	07	29.61 32.12	32.62	32.23	2:06.58
	SANTAS VAZQUEZ, Laura	09	30.45 32.64	33.97	34.00	2:11.06
	MOURENZA ROCHA, Sofia	07	29.88 32.41	33.54	33.97	2:09.80
	LOPEZ-FREIRE FRANCIA, Carmen	07	29.65 33.91	35.62	36.16	2:15.34
2.	C. N. ARTEIXO 1		C. N. ARTEIXO		8:45.16	64,00
	GÓMEZ MESÍAS, Alba	00	28.58 31.31	31.68	32.46	2:04.03
	SÁNCHEZ BELLO, Eva	07	29.31 31.94	34.03	35.25	2:10.53
	ALVITE BERGARA, Nerea	99	32.54 34.88	36.01	35.42	2:18.85
	VEIGA SOUTO, Ana	98	30.31 32.92	34.24	34.28	2:11.75
3.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS		8:48.90	60,00
	RODRIGUEZ RODRIGUEZ, Nina	02	30.46 33.53	34.32	34.87	2:13.18
	BLANCO ROUCO, Carmen	06	30.29 33.11	34.40	33.66	2:11.46
	ALVAREZ PAZOS, Maria	07	29.82 32.37	32.25	33.66	2:08.10
	GONZALEZ GONZALEZ, Iara	09	30.69 33.98	35.73	35.76	2:16.16
4.	C. N. FERROL 1		C. N. FERROL		8:59.22	58,00
	VILLARNOVO PAZOS, Lucia	08	30.28 32.29	33.29	33.34	2:09.20
	LOPEZ SANMARTIN, Nerea	96	31.32 33.90	35.33	35.35	2:15.90
	CARRASCO BOUZAMAYOR, Sabela	08	32.09 34.94	36.61	36.91	2:20.55
	PARDO CHAS, Eva	04	30.82 33.12	34.65	34.98	2:13.57
5.	RCN VIGO 1		RCN VIGO		9:01.39	56,00
	MARTÍNEZ NOVOA, Ángela	04	30.83 33.23	35.06	35.16	2:14.28
	RODRÍGUEZ ALONSO, Julia	05	30.26 33.01	33.73	33.37	2:10.37
	BAZ VIDEIRA, Paula	09	31.30 35.94	38.45	35.44	2:21.13
	MARTÍNEZ NOVOA, Silvia	06	31.54 34.04	34.89	35.14	2:15.61
6.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO		9:06.68	54,00
	CERNADAS GONZALEZ, Ana	04	28.67 30.88	31.56	31.40	2:02.51
	BUSTO LOPEZ, Ana	04	30.66 34.85	35.76	36.07	2:17.34
	LADRA CAMPO, Martina	08	31.17 34.63	36.69	36.05	2:18.54
	GONZALEZ IGLESIAS, Nerea	07	33.79 37.08	38.51	38.91	2:28.29
7.	C. N. GALAICO 1		C. N. GALAICO		9:10.89	52,00
	FERNANDEZ PRIETO, Nayara	05	31.04 35.24	37.67	37.74	2:21.69
	BARROS DA SILVA, Sofia	09	29.61 32.74	34.27	33.67	2:10.29
	DE LA FUENTE PINTOS, Nadia	07	31.87 36.31	36.84	36.32	2:21.34
	VIDAL RODRIGUEZ, Mara	10	31.91 35.31	35.88	34.47	2:17.57
8.	S. DEP. BOIRO 1		S. DEP. BOIRO		9:22.80	50,00
	RAMOS MÍGUEZ, Leyre	06	33.50 36.15	37.65	37.87	2:25.17
	OVIÑA PICOS, Nadiuska	10	29.24 33.69	35.69	35.08	2:13.70
	VILARNOVO SUÁREZ, Noelia	06	31.74 34.61	35.55	35.42	2:17.32
	GARCÍA ESPAÑA, Elena	09	32.63 36.74	38.91	38.33	2:26.61
9.	C. N. PABELLON 1		C. N. PABELLON		9:24.38	48,00
	MENDEZ BERNARDEZ, Arianna	04	32.64 35.27	36.42	36.98	2:21.31
	REQUEJO FERNANDEZ, Irene	10	31.31 36.04	36.72	35.31	2:19.38
	CAMPOS TATO, Uxia	05	31.23 35.11	37.26	36.62	2:20.22
	CIVEIRA CORRAL, Nerea	04	32.90 36.63	37.18	36.76	2:23.47

Tiempo PUNTOS

10.	SPORTING CASINO 1		SPORTING CASINO	9:45.95	46,00	
	BORRAZAS RODRIGUEZ, Noa	08	32.22	33.55	34.11	32.96 2:12.84
	COUCEIRO BARREIRO, Marta	07	33.13	35.90	36.92	35.33 2:21.28
	NISTAL PALACIOS, Mariña	07	34.89	38.67	40.89	39.68 2:34.13
	SALLERES MOURO, Candela	07	37.54	40.00	40.14	40.02 2:37.70
11.	C. N. CORUÑA 1		C. N. CORUÑA	9:50.09	44,00	
	CANALDA RAMOS, Laura	09	31.17	34.90	36.19	35.06 2:17.32
	ARRUÑADA VAZQUEZ, Carmen	10	33.73	37.14	38.10	37.38 2:26.35
	VILLAR ARCEO, Iria	08	33.35	37.38	37.79	37.18 2:25.70
	MENDEZ LOPEZ, Helena	10	36.98	40.82	41.89	41.03 2:40.72
12.	C. N. CULLEREDO 1		C. N. CULLEREDO	10:15.17	42,00	
	MARTIN VEIRA, Alicia	08	33.94	37.04	38.03	37.86 2:26.87
	GUIRADO AGRA, Sofia	09	32.03	36.83	39.32	39.13 2:27.31
	PEREZ PAZ, Uxia	09	40.71	46.93	48.20	45.47 3:01.31
	HERNAEZ GONZALEZ, Paula	08	32.25	35.60	36.67	35.16 2:19.68

RG	3:24.09	CNFERRO	CNFERRO	27/12/2008
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PUNTOS

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Prueba 12
25/11/2023 - 17:00

Fem., 200m Libre

Open femenino
Resultados

RG 1:56.37 , GOMEZ CORTES, BEATRIZ GALAICO 29/11/2013

Clasificación

	AN		Tiempo	PUNTOS	
1. GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:02.47	35,00	
50m: 28.69 28.69 100m: 59.68		30.99 150m: 1:31.33	31.65	200m: 2:02.47	31.14
2. CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	2:02.60	32,00	
50m: 28.78 28.78 100m: 59.92		31.14 150m: 1:31.33	31.41	200m: 2:02.60	31.27
3. FEIJOO GOMEZ, Eva	04	C. N. PABELLON	2:02.76	30,00	
50m: 29.07 29.07 100m: 59.83		30.76 150m: 1:31.40	31.57	200m: 2:02.76	31.36
4. RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:09.16	29,00	
50m: 30.45 30.45 100m: 1:03.20		32.75 150m: 1:36.24	33.04	200m: 2:09.16	32.92
5. OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	2:09.35	28,00	
50m: 30.64 30.64 100m: 1:03.69		33.05 150m: 1:36.73	33.04	200m: 2:09.35	32.62
6. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:09.43	27,00	
50m: 31.13 31.13 100m: 1:04.29		33.16 150m: 1:37.16	32.87	200m: 2:09.43	32.27
7. BARROS DA SILVA, Sofia	09	C. N. GALAICO	2:10.39	26,00	
50m: 30.85 30.85 100m: 1:04.15		33.30 150m: 1:37.47	33.32	200m: 2:10.39	32.92
8. VEIGA SOUTO, Ana	98	C. N. ARTEIXO	2:12.99	25,00	
50m: 31.25 31.25 100m: 1:04.80		33.55 150m: 1:39.12	34.32	200m: 2:12.99	33.87
9. PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	2:13.00	24,00	
50m: 31.35 31.35 100m: 1:04.56		33.21 150m: 1:38.71	34.15	200m: 2:13.00	34.29
10. FREIJE TORNEIRO, Aroa	98	C. N. PORTAMIÑA	2:13.12	23,00	
50m: 30.60 30.60 100m: 1:04.00		33.40 150m: 1:38.54	34.54	200m: 2:13.12	34.58
11. LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	2:15.06	22,00	
50m: 30.50 30.50 100m: 1:04.00		33.50 150m: 1:39.32	35.32	200m: 2:15.06	35.74
12. VIDAL RODRIGUEZ, Mara	10	C. N. GALAICO	2:16.96	21,00	
50m: 31.57 31.57 100m: 1:06.62		35.05 150m: 1:42.58	35.96	200m: 2:16.96	34.38
13. VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:17.51	20,00	
50m: 31.93 31.93 100m: 1:07.07		35.14 150m: 1:42.77	35.70	200m: 2:17.51	34.74
14. BABARRO LOPEZ, Maria	08	C. N. PABELLON	2:18.50	19,00	
50m: 31.99 31.99 100m: 1:06.80		34.81 150m: 1:42.78	35.98	200m: 2:18.50	35.72
15. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	2:20.75	18,00	
50m: 33.43 33.43 100m: 1:08.66		35.23 150m: 1:44.76	36.10	200m: 2:20.75	35.99
16. CARRASCO DE CASTRO, Ana	07	C. N. MARINA	2:22.19	17,00	
50m: 32.44 32.44 100m: 1:07.89		35.45 150m: 1:44.90	37.01	200m: 2:22.19	37.29
17. CUGINI LENCE, Emma	08	C. FLUVIAL LUGO	2:23.80	16,00	
50m: 32.78 32.78 100m: 1:09.40		36.62 150m: 1:46.88	37.48	200m: 2:23.80	36.92
18. GUIRADO AGRA, Sofia	09	C. N. CULLEREDO	2:24.80	15,00	
50m: 32.21 32.21 100m: 1:08.65		36.44 150m: 1:46.97	38.32	200m: 2:24.80	37.83
19. GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	2:25.21	14,00	
50m: 33.84 33.84 100m: 1:10.11		36.27 150m: 1:47.60	37.49	200m: 2:25.21	37.61

Prueba 12, Fem., 200m Libre, Open femenino

Clasificación					AN					Tiempo	PUNTOS		
20.	MARTIN VEIRA, Alicia				08	C. N. CULLEREDO				2:25.56	13,00		
	50m:	33.82	33.82	100m:	1:10.66	36.84	150m:	1:48.81	38.15	200m:	2:25.56	36.75	
21.	SEGOVIA CARBALLO, Paula				00	C. N. FERROL				2:29.55	12,00		
	50m:	33.09	33.09	100m:	1:10.42	37.33	150m:	1:49.92	39.50	200m:	2:29.55	39.63	
22.	SANCHEZ SOTELO, Nagore				10	C. N. MOS				2:45.80	11,00		
	50m:	38.61	38.61	100m:	1:20.96	42.35	150m:	2:04.61	43.65	200m:	2:45.80	41.19	
23.	CARRERA ALONSO, Emma				07	C. N. MOS				2:51.77	10,00		
	50m:	37.75	37.75	100m:	1:20.20	42.45	150m:	2:06.06	45.86	200m:	2:51.77	45.71	
DSQ	MENDEZ LOPEZ, Helena				10	C. N. CORUÑA				-			
	Saída anticipada												
NP	FERNANDEZ AGUION, Sara				07	C. N. CORUÑA				-			
Baja	JIMÉNEZ EZQUERRA, Ana María				07	C. N. FERROL				-			

Prueba 13
25/11/2023 - 17:12

Masc., 400m Estilos

Open masculino
Resultados

RG 4:14.90 , MENDEZ PUGA MARIO RBAIXAS 16/12/2022

Clasificación

	AN		Tiempo	PUNTOS
1. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:32.04	35,00
50m: 29.53 29.53	150m: 1:37.98 35.04	250m: 2:51.21 39.60	350m: 4:02.17 31.29	
100m: 1:02.94 33.41	200m: 2:11.61 33.63	300m: 3:30.88 39.67	400m: 4:32.04 29.87	
2. MANEIROS PAZ, Mario	06	C. N. FERROL	4:38.17	32,00
50m: 30.34 30.34	150m: 1:40.63 35.85	250m: 2:54.72 38.75	350m: 4:07.47 32.09	
100m: 1:04.78 34.44	200m: 2:15.97 35.34	300m: 3:35.38 40.66	400m: 4:38.17 30.70	
3. ORECHIA, Agustín	06	CIDADE SANTIAGO	4:42.01	30,00
50m: 29.67 29.67	150m: 1:38.42 34.77	250m: 2:54.89 42.61	350m: 4:10.22 33.40	
100m: 1:03.65 33.98	200m: 2:12.28 33.86	300m: 3:36.82 41.93	400m: 4:42.01 31.79	
4. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	4:43.16	29,00
50m: 30.28 30.28	150m: 1:42.34 37.00	250m: 2:57.38 38.28	350m: 4:10.75 33.83	
100m: 1:05.34 35.06	200m: 2:19.10 36.76	300m: 3:36.92 39.54	400m: 4:43.16 32.41	
5. GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	4:44.20	28,00
50m: 30.00 30.00	150m: 1:42.57 38.03	250m: 2:57.66 38.26	350m: 4:11.23 34.16	
100m: 1:04.54 34.54	200m: 2:19.40 36.83	300m: 3:37.07 39.41	400m: 4:44.20 32.97	
6. LOPEZ FERNANDEZ, Martin	04	C. N. PABELLON	4:46.15	27,00
50m: 30.25 30.25	150m: 1:41.97 37.09	250m: 2:59.19 41.39	350m: 4:14.42 33.30	
100m: 1:04.88 34.63	200m: 2:17.80 35.83	300m: 3:41.12 41.93	400m: 4:46.15 31.73	
7. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	4:51.16	26,00
50m: 30.58 30.58	150m: 1:45.14 38.49	250m: 3:03.60 40.84	350m: 4:19.05 33.86	
100m: 1:06.65 36.07	200m: 2:22.76 37.62	300m: 3:45.19 41.59	400m: 4:51.16 32.11	
8. INFESTAS CARAZO, Samuel	03	RCN VIGO	4:52.06	25,00
50m: 30.70 30.70	150m: 1:45.29 38.75	250m: 3:04.28 40.65	350m: 4:19.81 33.38	
100m: 1:06.54 35.84	200m: 2:23.63 38.34	300m: 3:46.43 42.15	400m: 4:52.06 32.25	
9. GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	4:52.36	24,00
50m: 30.43 30.43	150m: 1:43.19 38.12	250m: 3:03.47 42.82	350m: 4:20.37 34.29	
100m: 1:05.07 34.64	200m: 2:20.65 37.46	300m: 3:46.08 42.61	400m: 4:52.36 31.99	
10. GARCIA GARAY, Marcos	01	C. N. Panas	4:52.41	23,00
50m: 29.63 29.63	150m: 1:42.50 39.25	250m: 3:02.53 41.75	350m: 4:18.97 34.80	
100m: 1:03.25 33.62	200m: 2:20.78 38.28	300m: 3:44.17 41.64	400m: 4:52.41 33.44	
11. GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	4:55.09	22,00
50m: 31.07 31.07	150m: 1:45.37 37.96	250m: 3:04.02 41.23	350m: 4:20.84 34.67	
100m: 1:07.41 36.34	200m: 2:22.79 37.42	300m: 3:46.17 42.15	400m: 4:55.09 34.25	
12. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	4:58.00	21,00
50m: 31.84 31.84	150m: 1:45.49 36.46	250m: 3:06.76 44.58	350m: 4:26.34 34.44	
100m: 1:09.03 37.19	200m: 2:22.18 36.69	300m: 3:51.90 45.14	400m: 4:58.00 31.66	
13. ARES BARRAL, Anton	00	C. N. Panas	4:58.21	20,00
50m: 31.74 31.74	150m: 1:47.63 38.74	250m: 3:07.74 43.63	350m: 4:25.94 34.70	
100m: 1:08.89 37.15	200m: 2:24.11 36.48	300m: 3:51.24 43.50	400m: 4:58.21 32.27	
14. DIAZ COUCE, Ruben	06	C. N. FERROL	4:58.26	19,00
50m: 29.08 29.08	150m: 1:42.27 38.91	250m: 3:05.66 44.61	350m: 4:25.38 35.04	
100m: 1:03.36 34.28	200m: 2:21.05 38.78	300m: 3:50.34 44.68	400m: 4:58.26 32.88	

Clasificación					AN					Tiempo	PUNTOS			
15.	RODRIGUEZ VIEITEZ, Hugo				08	VIGO RIAS BAIXAS				4:58.29	18,00			
	50m:	30.36	30.36	150m:	1:44.35	38.50	250m:	3:07.14	44.61	350m:	4:26.13	34.03		
	100m:	1:05.85	35.49	200m:	2:22.53	38.18	300m:	3:52.10	44.96	400m:	4:58.29	32.16		
16.	VAZQUEZ COSTA, Miguel				06	C. N. GALAICO				5:02.40	17,00			
	50m:	30.84	30.84	150m:	1:47.10	40.12	250m:	3:10.04	42.91	350m:	4:29.09	34.14		
	100m:	1:06.98	36.14	200m:	2:27.13	40.03	300m:	3:54.95	44.91	400m:	5:02.40	33.31		
17.	LAGO CASTILLO, Diego				07	C. N. CORUÑA				5:09.06	16,00			
	50m:	32.56	32.56	150m:	1:51.26	40.13	250m:	3:12.96	41.62	350m:	4:33.83	37.43		
	100m:	1:11.13	38.57	200m:	2:31.34	40.08	300m:	3:56.40	43.44	400m:	5:09.06	35.23		
18.	DÍAZ DOMÍNGUEZ, Ricardo				07	C. N. ARTEIXO				5:12.17	15,00			
	50m:	32.87	32.87	150m:	1:50.24	40.62	250m:	3:14.63	44.22	350m:	4:38.25	36.31		
	100m:	1:09.62	36.75	200m:	2:30.41	40.17	300m:	4:01.94	47.31	400m:	5:12.17	33.92		
19.	CADAVID RIBEIRO, Tiziano				08	C. N. PABELLON				5:12.46	14,00			
	50m:	33.75	33.75	150m:	1:54.74	42.26	250m:	3:17.55	42.62	350m:	4:38.13	37.29		
	100m:	1:12.48	38.73	200m:	2:34.93	40.19	300m:	4:00.84	43.29	400m:	5:12.46	34.33		
20.	ALVAREZ VAZQUEZ, Sergio				09	VIGO RIAS BAIXAS				5:12.64	13,00			
	50m:	33.63	33.63	150m:	1:50.91	39.35	250m:	3:16.84	46.59	350m:	4:39.33	35.56		
	100m:	1:11.56	37.93	200m:	2:30.25	39.34	300m:	4:03.77	46.93	400m:	5:12.64	33.31		
21.	MENDEZ-BENEGASSI FDEZ., Adrian				08	C. N. GALAICO				5:15.72	12,00			
	50m:	32.95	32.95	150m:	1:52.45	39.59	250m:	3:17.87	46.52	350m:	4:41.38	35.54		
	100m:	1:12.86	39.91	200m:	2:31.35	38.90	300m:	4:05.84	47.97	400m:	5:15.72	34.34		
22.	REY MUNIN, Alonso				08	CIDADE SANTIAGO				5:36.46	11,00			
	50m:	37.14	37.14	150m:	2:02.55	42.40	250m:	3:32.26	48.77	350m:	5:00.00	37.56		
	100m:	1:20.15	43.01	200m:	2:43.49	40.94	300m:	4:22.44	50.18	400m:	5:36.46	36.46		
DSQ	GONZALEZ PREGO, Xose				08	C. N. CORUÑA				-				
	Viraxe irregular (costas-braza)													
NP	SOBRINO NOGALES, Sebastian				08	SPORTING CASINO				-				

Prueba 14
25/11/2023 - 17:30

Fem., 50m Mariposa

Open femenino
Resultados

RG 27.76 , GARCIA SILVA ANTIA GALAICO 17/12/2022

Clasificación	AN	Tiempo	PUNTOS
1. GÓMEZ MESÍAS, Alba	00 C. N. ARTEIXO	28.63	35,00
2. RODRIGUEZ RODRIGUEZ, Nina	02 VIGO RIAS BAIXAS	29.11	32,00
3. HERMIDA ALONSO, Antia	08 C. N. MOS	29.85	30,00
4. BALADO PENA, Celtia	07 C. N. MARINA	30.28	29,00
5. CONS GESTIDO, Victoria Anna	05 RCN VIGO	30.97	28,00
6. LOPEZ SANMARTIN, Nerea	96 C. N. FERROL	31.40	27,00
7. CAL FERNÁNDEZ, Victoria	08 RCN VIGO	31.69	26,00
8. CARRASCO BOUZAMAYOR, Sabela	08 C. N. FERROL	31.94	25,00
9. LADRA CAMPO, Martina	08 C. FLUVIAL LUGO	32.03	24,00
10. PEREIRO RODRIGUEZ, Carolina	08 C. N. MOS	32.32	23,00
11. GARCÍA ESPAÑA, Elena	09 S. DEP. BOIRO	32.33	22,00
12. GONZÁLEZ OJEA, Carmen	06 S. DEP. BOIRO	32.50	21,00
13. ANEIROS DOPICO, Laura	00 C. N. MARINA	32.53	20,00
14. LOPEZ FERNANDEZ, Aitana	09 C. N. PORTAMIÑA	32.62	19,00
15. FOLGUEIRA SUÁREZ, Tamara	94 C. N. ARTEIXO	32.80	18,00
16. FEAL DEVEZA, Carlota	09 C. N. CULLEREDO	32.97	17,00
17. CERDEIRA TEIJEIRA, Clara	08 C. N. PORTAMIÑA	33.07	16,00
18. DE LA FUENTE PINTOS, Nadia	07 C. N. GALAICO	33.15	15,00
19. MENDEZ BERNARDEZ, Arianna	04 C. N. PABELLON	33.61	14,00
20. LOPEZ ALVAREZ, Paula	09 VIGO RIAS BAIXAS	34.82	13,00
21. GONZALEZ IGLESIAS, Nerea	07 C. FLUVIAL LUGO	35.11	12,00
22. RODRIGUEZ SUAREZ, Iria	07 C. N. CULLEREDO	35.95	11,00
23. MELLID LOSADA, Anxela	07 C. N. GALAICO	36.33	10,00
24. BLANCO MENDEZ, Claudia	08 C. N. PABELLON	36.71	9,00
25. COUCEIRO BARREIRO, Marta	07 SPORTING CASINO	36.73	8,00
26. SALLERES MOURO, Candela	07 SPORTING CASINO	37.66	7,00
Baja SEIJAL REINO, Sabela	06 C. N. CORUÑA	-	-

Prueba 15
25/11/2023 - 17:38

Masc., 50m Mariposa

Open masculino
Resultados

RG 23.31 , GARCIA SOTO, MARCOS CNFERRO 30/12/2015

Clasificación	AN		Tiempo	PUNTOS
1. BRAVO CONDE, Cristian	00	C. N. Panas	26.00	35,00
2. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	26.35	32,00
3. SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	26.37	30,00
4. GARCIA GARAY, Marcos	01	C. N. Panas	26.59	29,00
5. LOSADA JIMENEZ, Alvaro	99	C. N. FERROL	26.73	28,00
6. PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	26.84	27,00
7. DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	26.87	26,00
8. PEREZ GARCIA, Iker	07	C. N. GALAICO	26.99	25,00
9. RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	27.21	24,00
10. BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	27.23	23,00
11. ARCE RODRIGUEZ, Igor	02	CIDADE SANTIAGO	27.43	22,00
12. RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	27.85	20,50
BARROS DA SILVA, Pedro	07	C. N. GALAICO	27.85	20,50
14. CIDRÁS PÉREZ, Fabián	05	RCN VIGO	27.88	19,00
15. MERZLYAKOV KOSTOMAROV, Mikhai	07	C. N. PABELLON	27.96	18,00
16. ETAYO GARCIA, Oscar	06	C. N. CORUÑA	28.52	17,00
17. SANTÍN MÉNDEZ, Rubén	07	RCN VIGO	28.67	15,50
CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	28.67	15,50
19. NEIRA LOPEZ, Francisco	01	CIDADE SANTIAGO	28.79	14,00
20. MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	28.84	13,00
21. MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	29.74	12,00
22. SUAREZ MARTINEZ, Pedro	10	SPORTING CASINO	30.15	11,00
23. NOGUEIRA-PINTO BLANCO, Hugo	07	C. N. PABELLON	30.16	10,00
24. SANCHEZ GONZALEZ, Samuel	09	VIGO RIAS BAIXAS	30.37	9,00
25. SENDINO GESTOSO, Roi	01	C. N. CORUÑA	30.62	8,00
26. NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	30.99	7,00

Prueba 16
25/11/2023 - 17:45

Fem., 200m Braza

Open femenino
Resultados

RG 2:25.29 , GOMEZ CORTES, BEATRIZ GALAICO 29/12/2011

Clasificación	AN	Tiempo	PUNTOS
1. MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA 2:35.70	35,00
50m: 34.61 34.61 100m: 1:13.53 38.92 150m: 1:53.94 40.41 200m: 2:35.70 41.76			
2. SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA 2:47.14	32,00
50m: 38.47 38.47 100m: 1:21.03 42.56 150m: 2:03.98 42.95 200m: 2:47.14 43.16			
3. LEIVAS ROCA, Candela	05	C. N. FERROL 2:49.52	30,00
50m: 39.15 39.15 100m: 1:22.78 43.63 150m: 2:05.75 42.97 200m: 2:49.52 43.77			
4. PAZOS IGLESIAS, Elisa	09	RCN VIGO 2:49.68	29,00
50m: 39.06 39.06 100m: 1:22.18 43.12 150m: 2:06.30 44.12 200m: 2:49.68 43.38			
5. SARAIVA HAGE, Andrea C.	05	RCN VIGO 2:50.77	28,00
50m: 39.13 39.13 100m: 1:22.95 43.82 150m: 2:07.15 44.20 200m: 2:50.77 43.62			
6. HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO 2:52.08	27,00
50m: 40.09 40.09 100m: 1:24.76 44.67 150m: 2:09.03 44.27 200m: 2:52.08 43.05			
7. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO 2:55.93	26,00
50m: 41.14 41.14 100m: 1:25.80 44.66 150m: 2:10.79 44.99 200m: 2:55.93 45.14			
8. GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS 2:56.02	25,00
50m: 39.20 39.20 100m: 1:23.97 44.77 150m: 2:10.26 46.29 200m: 2:56.02 45.76			
9. NISTAL PALACIOS, Mariña	07	SPORTING CASINO 2:58.07	24,00
50m: 40.18 40.18 100m: 1:24.87 44.69 150m: 2:11.16 46.29 200m: 2:58.07 46.91			
10. MARTINEZ GARCIA, Uxia	09	VIGO RIAS BAIXAS 2:58.52	23,00
50m: 40.60 40.60 100m: 1:25.64 45.04 150m: 2:11.92 46.28 200m: 2:58.52 46.60			
11. MARTINEZ ZABALA, Sunai	07	C. N. PABELLON 2:59.44	22,00
50m: 42.27 42.27 100m: 1:27.74 45.47 150m: 2:13.11 45.37 200m: 2:59.44 46.33			
12. SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO 2:59.89	21,00
50m: 40.57 40.57 100m: 1:26.69 46.12 150m: 2:14.14 47.45 200m: 2:59.89 45.75			
13. BELLO ARMADA, Andrea	99	C. N. CULLEREDO 3:00.61	20,00
50m: 41.11 41.11 100m: 1:27.88 46.77 150m: 2:15.92 48.04 200m: 3:00.61 44.69			
14. RAMOS MÍGUEZ, Leyre	06	S. DEP. BOIRO 3:01.51	19,00
50m: 40.74 40.74 100m: 1:25.77 45.03 150m: 2:12.80 47.03 200m: 3:01.51 48.71			
15. ALVAREZ GARCIA, Mencia	10	C. N. PABELLON 3:01.58	18,00
50m: 42.31 42.31 100m: 1:28.07 45.76 150m: 2:14.70 46.63 200m: 3:01.58 46.88			
16. CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO 3:03.44	17,00
50m: 41.83 41.83 100m: 1:28.57 46.74 150m: 2:16.30 47.73 200m: 3:03.44 47.14			
17. DIAZ DOPICO, Sabela	02	C. N. FERROL 3:13.11	16,00
50m: 43.28 43.28 100m: 1:31.71 48.43 150m: 2:22.13 50.42 200m: 3:13.11 50.98			
18. PEREIRA URGAL, Maria	08	C. N. GALAICO 3:19.95	15,00
50m: 44.07 44.07 100m: 1:33.88 49.81 150m: 2:26.61 52.73 200m: 3:19.95 53.34			
19. SANCHEZ SOTELO, Nagore	10	C. N. MOS 3:29.13	14,00
50m: 46.53 46.53 100m: 1:40.53 54.00 150m: 2:35.37 54.84 200m: 3:29.13 53.76			

Prueba 16, Fem., 200m Braza, Open femenino

Clasificación		AN		Tiempo	PUNTOS
Baja	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO		-

Prueba 17
25/11/2023 - 17:57

Masc., 200m Braza

Open masculino
Resultados

RG 2:10.13 , LEIRO ALVAREZ, LUIS RCNVIGO 27/11/2009

Clasificación	AN	Tiempo	PUNTOS
1. NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA 2:17.17	35,00
50m: 30.68 30.68 100m: 1:04.81 34.13 150m: 1:40.81 36.00 200m: 2:17.17 36.36			
2. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA 2:23.28	32,00
50m: 32.60 32.60 100m: 1:08.91 36.31 150m: 1:45.50 36.59 200m: 2:23.28 37.78			
3. ALVAREZ ALVAREZ, Hector	00	C. N. PABELLON 2:26.12	30,00
50m: 32.32 32.32 100m: 1:07.97 35.65 150m: 1:45.71 37.74 200m: 2:26.12 40.41			
4. VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO 2:29.30	29,00
50m: 32.40 32.40 100m: 1:11.17 38.77 150m: 1:50.07 38.90 200m: 2:29.30 39.23			
5. PICALLO MARANTE, Sergio	01	C. N. CORUÑA 2:29.58	28,00
50m: 33.49 33.49 100m: 1:10.93 37.44 150m: 1:49.52 38.59 200m: 2:29.58 40.06			
6. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS 2:29.68	27,00
50m: 34.69 34.69 100m: 1:13.23 38.54 150m: 1:51.87 38.64 200m: 2:29.68 37.81			
7. PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO 2:30.10	26,00
50m: 34.28 34.28 100m: 1:12.34 38.06 150m: 1:51.16 38.82 200m: 2:30.10 38.94			
8. FERNANDEZ DEL VALLE, Ivan	05	C. N. PABELLON 2:31.03	25,00
50m: 33.27 33.27 100m: 1:11.07 37.80 150m: 1:51.10 40.03 200m: 2:31.03 39.93			
9. DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO 2:32.09	24,00
50m: 34.16 34.16 100m: 1:12.03 37.87 150m: 1:51.10 39.07 200m: 2:32.09 40.99			
10. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS 2:33.22	23,00
50m: 34.70 34.70 100m: 1:13.20 38.50 150m: 1:52.76 39.56 200m: 2:33.22 40.46			
11. DOPICO REY, Anton	97	C. N. FERROL 2:34.76	22,00
50m: 35.27 35.27 100m: 1:15.17 39.90 150m: 1:54.83 39.66 200m: 2:34.76 39.93			
12. PEDROUZO ARES, Miguel	95	C. N. CORUÑA 2:38.54	21,00
50m: 35.25 35.25 100m: 1:15.75 40.50 150m: 1:57.00 41.25 200m: 2:38.54 41.54			
13. BRAVO CUENCA, Pablo	00	C. N. Panas 2:39.06	20,00
50m: 35.94 35.94 100m: 1:16.96 41.02 150m: 1:58.26 41.30 200m: 2:39.06 40.80			
14. VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO 2:39.33	19,00
50m: 36.90 36.90 100m: 1:18.19 41.29 150m: 1:59.19 41.00 200m: 2:39.33 40.14			
15. PREGO GROBA, Brais	08	C. N. PONTEAREAS 2:39.54	18,00
50m: 35.58 35.58 100m: 1:15.74 40.16 150m: 1:57.57 41.83 200m: 2:39.54 41.97			
16. DÍAZ RODAS, Aarón	07	C. N. ARTEIXO 2:41.85	17,00
50m: 36.00 36.00 100m: 1:16.42 40.42 150m: 1:58.71 42.29 200m: 2:41.85 43.14			
17. RODRIGUEZ RAÑA, Miguel	09	VIGO RIAS BAIXAS 2:47.60	16,00
50m: 37.76 37.76 100m: 1:20.85 43.09 150m: 2:05.24 44.39 200m: 2:47.60 42.36			
18. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO 2:48.12	15,00
50m: 38.75 38.75 100m: 1:21.37 42.62 150m: 2:05.52 44.15 200m: 2:48.12 42.60			
19. RODRÍGUEZ COUSO, Miguel	07	C. N. FERROL 2:49.58	14,00
50m: 37.70 37.70 100m: 1:20.90 43.20 150m: 2:05.46 44.56 200m: 2:49.58 44.12			

Prueba 17, Masc., 200m Braza, Open masculino

Clasificación		AN				Tiempo	PUNTOS		
20.	ARES MIRAGAYA, Adrian	00	C. N. Panas	2:50.02	13,00				
	50m: 38.76 38.76	100m: 1:22.49	43.73	150m: 2:06.94	44.45	200m: 2:50.02	43.08		
21.	NISTAL PALACIOS, Rafael	09	SPORTING CASINO	2:50.67	12,00				
	50m: 39.13 39.13	100m: 1:22.79	43.66	150m: 2:07.83	45.04	200m: 2:50.67	42.84		
22.	MUNIN CANDAL, Eric	07	CIDADE SANTIAGO	2:51.71	11,00				
	50m: 40.50 40.50	100m: 1:24.98	44.48	150m: 2:09.86	44.88	200m: 2:51.71	41.85		
23.	LEGASPI GARCIA, Carlos	08	C. FLUVIAL LUGO	3:00.53	10,00				
	50m: 41.94 41.94	100m: 1:27.85	45.91	150m: 2:14.45	46.60	200m: 3:00.53	46.08		
24.	ORTEGO PORTA, Andre	07	C. N. GALAICO	3:03.56	9,00				
	50m: 40.59 40.59	100m: 1:27.57	46.98	150m: 2:15.92	48.35	200m: 3:03.56	47.64		

Prueba 18
25/11/2023 - 18:07

Fem., 100m Espalda

Open femenino
Resultados

RG 1:00.91 , CERNADAS GONZALEZ ANA CFVLUGO 16/12/2022

Clasificación	AN	Tiempo	PUNTOS
1. BORRAZAS RODRIGUEZ, Noa	08 SPORTING CASINO	1:05.85	35,00
50m: 32.24 32.24 100m: 1:05.85 33.61			
2. LOPEZ-FREIRE FRANCIA, Celia	10 C. N. PORTAMIÑA	1:06.12	32,00 MMG
50m: 32.49 32.49 100m: 1:06.12 33.63			
3. CAMBA PRADA, Alexia	05 C. N. PABELLON	1:06.17	30,00
50m: 32.11 32.11 100m: 1:06.17 34.06			
4. BLANCO ROUCO, Carmen	06 VIGO RIAS BAIXAS	1:06.43	29,00
50m: 32.86 32.86 100m: 1:06.43 33.57			
5. MARTÍNEZ NOVOA, Ángela	04 RCN VIGO	1:07.93	28,00
50m: 32.98 32.98 100m: 1:07.93 34.95			
6. SÁNCHEZ BELLO, Eva	07 C. N. ARTEIXO	1:07.98	27,00
50m: 33.03 33.03 100m: 1:07.98 34.95			
7. MARTINEZ OTERO, Eva	08 C. N. MOS	1:08.34	26,00
50m: 32.57 32.57 100m: 1:08.34 35.77			
8. BUSTO LOPEZ, Ana	04 C. FLUVIAL LUGO	1:12.70	25,00
50m: 34.86 34.86 100m: 1:12.70 37.84			
9. ROIS PRADO, Marta	08 C. N. PORTAMIÑA	1:12.79	24,00
50m: 34.96 34.96 100m: 1:12.79 37.83			
10. LEMA SIMAL, Nuria	07 C. N. ARTEIXO	1:13.13	23,00
50m: 35.50 35.50 100m: 1:13.13 37.63			
11. DE LA FUENTE PINTOS, Nadia	07 C. N. GALAICO	1:14.37	22,00
50m: 36.14 36.14 100m: 1:14.37 38.23			
12. NUÑEZ PARDO, Laura	08 VIGO RIAS BAIXAS	1:14.50	21,00
50m: 36.27 36.27 100m: 1:14.50 38.23			
13. GROBA COMESAÑA, Noa	06 RCN VIGO	1:14.51	20,00
50m: 36.15 36.15 100m: 1:14.51 38.36			
14. LÓPEZ ANIDO, Natalia	06 C. N. FERROL	1:14.76	19,00
50m: 36.78 36.78 100m: 1:14.76 37.98			
15. REY CONESA, Carolina	04 C. N. FERROL	1:15.09	18,00
50m: 36.17 36.17 100m: 1:15.09 38.92			
16. GUIRADO AGRA, Sofia	09 C. N. CULLEREDO	1:15.11	17,00
50m: 36.38 36.38 100m: 1:15.11 38.73			
17. VILLAR ARCEO, Iria	08 C. N. CORUÑA	1:15.14	16,00
50m: 35.67 35.67 100m: 1:15.14 39.47			
18. CARRASCO DE CASTRO, Ana	07 C. N. MARINA	1:15.56	15,00
50m: 37.30 37.30 100m: 1:15.56 38.26			
19. MELLID LOSADA, Anxela	07 C. N. GALAICO	1:16.86	14,00
50m: 36.35 36.35 100m: 1:16.86 40.51			

Prueba 18, Fem., 100m Espalda, Open femenino

Clasificación		AN		Tiempo	PUNTOS
20.	ARRUÑADA VAZQUEZ, Carmen	10	C. N. CORUÑA	1:17.20	13,00
	50m: 37.89 37.89 100m: 1:17.20 39.31				
21.	LORENZO ALONSO, Lara	09	C. N. MOS	1:30.05	12,00
	50m: 43.96 43.96 100m: 1:30.05 46.09				
22.	JUSTO DORRIO, Marta	06	C. N. PABELLON	1:31.06	11,00
	50m: 45.16 45.16 100m: 1:31.06 45.90				
23.	PEREZ PAZ, Uxia	09	C. N. CULLEREDO	1:36.16	10,00
	50m: 46.87 46.87 100m: 1:36.16 49.29				

Prueba 19
25/11/2023 - 18:16

Masc., 100m Espalda

Open masculino
Resultados

RG 53.46 , PEREIRO CARRIL, OSCAR ARZUA 28/12/2013

Clasificación	AN	Tiempo	PUNTOS
1. VAZQUEZ LOPEZ, Martin	03 C. N. PORTAMIÑA	55.07	35,00
50m: 26.89 26.89 100m: 55.07 28.18			
2. NAVARRO LOSADA, Sergi	07 C. N. FERROL	56.23	32,00 MMG
50m: 27.03 27.03 100m: 56.23 29.20			
3. SUAREZ MARTINEZ, Diego	08 SPORTING CASINO	58.46	30,00
50m: 27.84 27.84 100m: 58.46 30.62			
4. QUIROGA RAMOS, Yago	05 C. N. PABELLON	58.50	29,00
50m: 28.44 28.44 100m: 58.50 30.06			
5. CARBALLO RODRIGUEZ, Enrique	07 C. N. PABELLON	58.66	28,00
50m: 29.05 29.05 100m: 58.66 29.61			
6. VARELA PASANDÍN, Manuel	06 C. N. ARTEIXO	58.95	27,00
50m: 29.04 29.04 100m: 58.95 29.91			
7. DIAZ- BECERRA LOPEZ, Anton	05 C. N. PORTAMIÑA	59.27	26,00
50m: 28.36 28.36 100m: 59.27 30.91			
8. RODRIGUEZ PENA, Alejandro	92 RCN VIGO	59.89	25,00
50m: 28.96 28.96 100m: 59.89 30.93			
9. LÓPEZ ANIDO, Nelson Andrés	00 C. N. FERROL	59.93	24,00
50m: 28.95 28.95 100m: 59.93 30.98			
10. CARNEIRO VIQUEIRA, Xabier	00 C. N. Panas	1:01.34	22,50
50m: 29.72 29.72 100m: 1:01.34 31.62			
GONZALEZ ESTEVEZ, Yoel	07 C. N. PONTEAREAS	1:01.34	22,50
50m: 30.25 30.25 100m: 1:01.34 31.09			
12. ÁLVAREZ VÁZQUEZ, Gael	07 RCN VIGO	1:02.44	21,00
50m: 30.32 30.32 100m: 1:02.44 32.12			
13. PIÑEIRO RODRIGUEZ, Samuel	07 VIGO RIAS BAIXAS	1:02.46	20,00
50m: 30.31 30.31 100m: 1:02.46 32.15			
14. REY MUNIN, Tomas	06 CIDADE SANTIAGO	1:02.92	19,00
50m: 30.85 30.85 100m: 1:02.92 32.07			
15. RUIBAL CABALLERO, Manuel Fco.	03 C. N. ARTEIXO	1:03.04	18,00
50m: 30.80 30.80 100m: 1:03.04 32.24			
16. SIMON COTELO, Manuel	01 C. N. Panas	1:03.61	17,00
50m: 31.55 31.55 100m: 1:03.61 32.06			
17. MARTINEZ MARTINEZ, Marcos	03 C. N. PONTEAREAS	1:03.99	16,00
50m: 31.21 31.21 100m: 1:03.99 32.78			
18. NUÑEZ SUAREZ, Antón	05 C. FLUVIAL LUGO	1:04.25	15,00
50m: 31.18 31.18 100m: 1:04.25 33.07			
19. SUAREZ RIPOLL, Xian	03 CIDADE SANTIAGO	1:04.36	14,00
50m: 31.57 31.57 100m: 1:04.36 32.79			

Prueba 19, Masc., 100m Espalda, Open masculino

Clasificación		AN		Tiempo	PUNTOS
20.	ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	1:04.53	13,00
	50m: 31.42 31.42 100m: 1:04.53		33.11		
21.	PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	1:05.73	12,00
	50m: 31.91 31.91 100m: 1:05.73		33.82		
22.	ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	1:05.74	11,00
	50m: 32.30 32.30 100m: 1:05.74		33.44		
23.	PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	1:07.53	10,00
	50m: 32.24 32.24 100m: 1:07.53		35.29		
24.	MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	1:08.62	9,00
	50m: 32.75 32.75 100m: 1:08.62		35.87		
25.	GARCIA AROCHENA, Jacobo J.	09	C. N. CORUÑA	1:08.98	8,00
	50m: 33.69 33.69 100m: 1:08.98		35.29		

Open femenino

Resultados

PUNTOS

35.00

32.00

30 00

29.00

28 00



Prueba 20, Fem., 1500m Libre, Open femenino

Clasificación

acción				AN		Tiempo		PUNTOS				
6.	RODRÍGUEZ RODRÍGUEZ, Paula			08	C. N. ARTEIXO	18:39.43	27,00					
	50m:	34.27	34.27	450m:	5:29.57	37.21	850m:	10:29.25	37.70	1250m:	15:32.53	38.06
	100m:	1:10.80	36.53	500m:	6:07.04	37.47	900m:	11:06.67	37.42	1300m:	16:10.60	38.07
	150m:	1:47.41	36.61	550m:	6:44.45	37.41	950m:	11:44.65	37.98	1350m:	16:48.37	37.77
	200m:	2:24.05	36.64	600m:	7:21.70	37.25	1000m:	12:22.59	37.94	1400m:	17:26.34	37.97
	250m:	3:01.10	37.05	650m:	7:59.01	37.31	1050m:	13:00.04	37.45	1450m:	18:03.71	37.37
	300m:	3:38.01	36.91	700m:	8:36.70	37.69	1100m:	13:38.40	38.36	1500m:	18:39.43	35.72
	350m:	4:15.11	37.10	750m:	9:13.95	37.25	1150m:	14:16.38	37.98			
	400m:	4:52.36	37.25	800m:	9:51.55	37.60	1200m:	14:54.47	38.09			
7.	VIDAL RODRIGUEZ, Mara			10	C. N. GALAICO	18:41.26	26,00					
	50m:	33.88	33.88	450m:	5:34.18	37.45	850m:	10:34.43	37.73	1250m:	15:34.51	37.55
	100m:	1:11.05	37.17	500m:	6:11.75	37.57	900m:	11:12.09	37.66	1300m:	16:12.06	37.55
	150m:	1:48.32	37.27	550m:	6:48.90	37.15	950m:	11:49.30	37.21	1350m:	16:49.67	37.61
	200m:	2:25.88	37.56	600m:	7:26.65	37.75	1000m:	12:26.89	37.59	1400m:	17:27.79	38.12
	250m:	3:03.74	37.86	650m:	8:04.08	37.43	1050m:	13:04.46	37.57	1450m:	18:04.91	37.12
	300m:	3:41.93	38.19	700m:	8:41.69	37.61	1100m:	13:42.23	37.77	1500m:	18:41.26	36.35
	350m:	4:19.30	37.37	750m:	9:19.11	37.42	1150m:	14:19.61	37.38			
	400m:	4:56.73	37.43	800m:	9:56.70	37.59	1200m:	14:56.96	37.35			
8.	MARTÍNEZ NOVOA, Silvia			06	RCN VIGO	18:46.56	25,00					
	50m:	35.28	35.28	450m:	5:37.89	37.99	850m:	10:41.18	37.97	1250m:	15:43.06	37.06
	100m:	1:12.25	36.97	500m:	6:15.96	38.07	900m:	11:19.51	38.33	1300m:	16:20.24	37.18
	150m:	1:49.99	37.74	550m:	6:53.90	37.94	950m:	11:57.58	38.07	1350m:	16:57.67	37.43
	200m:	2:27.70	37.71	600m:	7:32.02	38.12	1000m:	12:35.49	37.91	1400m:	17:35.11	37.44
	250m:	3:05.46	37.76	650m:	8:09.99	37.97	1050m:	13:13.58	38.09	1450m:	18:11.56	36.45
	300m:	3:43.31	37.85	700m:	8:47.63	37.64	1100m:	13:51.32	37.74	1500m:	18:46.56	35.00
	350m:	4:21.59	38.28	750m:	9:25.24	37.61	1150m:	14:29.30	37.98			
	400m:	4:59.90	38.31	800m:	10:03.21	37.97	1200m:	15:06.00	36.70			
9.	ALVITE BERGARA, Nerea			99	C. N. ARTEIXO	18:53.34	24,00					
	50m:	34.85	34.85	450m:	5:33.74	37.41	850m:	10:35.08	37.82	1250m:	15:41.50	38.46
	100m:	1:12.11	37.26	500m:	6:11.40	37.66	900m:	11:12.81	37.73	1300m:	16:20.54	39.04
	150m:	1:49.65	37.54	550m:	6:48.97	37.57	950m:	11:50.86	38.05	1350m:	16:59.48	38.94
	200m:	2:27.09	37.44	600m:	7:26.23	37.26	1000m:	12:29.09	38.23	1400m:	17:38.52	39.04
	250m:	3:04.33	37.24	650m:	8:03.99	37.76	1050m:	13:07.58	38.49	1450m:	18:16.11	37.59
	300m:	3:41.70	37.37	700m:	8:41.59	37.60	1100m:	13:45.74	38.16	1500m:	18:53.34	37.23
	350m:	4:18.97	37.27	750m:	9:19.41	37.82	1150m:	14:24.02	38.28			
	400m:	4:56.33	37.36	800m:	9:57.26	37.85	1200m:	15:03.04	39.02			
10.	MUÑOZ GAVINO, Paula			08	C. N. PORTAMIÑA	19:03.87	23,00					
	50m:	33.35	33.35	450m:	5:35.49	37.45	850m:	10:42.30	38.48	1250m:	15:51.26	39.07
	100m:	1:10.43	37.08	500m:	6:13.93	38.44	900m:	11:21.37	39.07	1300m:	16:29.85	38.59
	150m:	1:47.67	37.24	550m:	6:52.29	38.36	950m:	11:59.70	38.33	1350m:	17:08.78	38.93
	200m:	2:25.57	37.90	600m:	7:30.75	38.46	1000m:	12:37.74	38.04	1400m:	17:47.75	38.97
	250m:	3:03.44	37.87	650m:	8:09.11	38.36	1050m:	13:16.43	38.69	1450m:	18:26.80	39.05
	300m:	3:41.93	38.49	700m:	8:47.49	38.38	1100m:	13:54.86	38.43	1500m:	19:03.87	37.07
	350m:	4:19.80	37.87	750m:	9:25.67	38.18	1150m:	14:33.54	38.68			
	400m:	4:58.04	38.24	800m:	10:03.82	38.15	1200m:	15:12.19	38.65			
11.	GUERRA RODRIGUEZ, Zaida			10	C. N. PABELLON	19:27.90	22,00					
	50m:	33.89	33.89	450m:	5:43.81	39.29	850m:	10:56.31	39.16	1250m:	16:13.09	39.93
	100m:	1:11.16	37.27	500m:	6:22.60	38.79	900m:	11:35.85	39.54	1300m:	16:52.70	39.61
	150m:	1:49.46	38.30	550m:	7:01.39	38.79	950m:	12:15.40	39.55	1350m:	17:32.27	39.57
	200m:	2:28.38	38.92	600m:	7:40.27	38.88	1000m:	12:55.02	39.62	1400m:	18:11.73	39.46
	250m:	3:07.10	38.72	650m:	8:19.52	39.25	1050m:	13:34.44	39.42	1450m:	18:50.84	39.11
	300m:	3:46.17	39.07	700m:	8:58.46	38.94	1100m:	14:14.16	39.72	1500m:	19:27.90	37.06
	350m:	4:25.65	39.48	750m:	9:37.41	38.95	1150m:	14:53.05	38.89			
	400m:	5:04.52	38.87	800m:	10:17.15	39.74	1200m:	15:33.16	40.11			

Prueba 20, Fem., 1500m Libre, Open femenino

Clasificación	AN		Tiempo		PUNTOS
12. ORTEGO PORTA, Aldara	07	C. N. GALAICO	19:32.14		21,00
50m: 33.89 33.89	450m: 5:44.07 39.45	850m: 10:59.60 38.77	1250m: 16:15.80 38.96		
100m: 1:11.50 37.61	500m: 6:23.59 39.52	900m: 11:38.69 39.09	1300m: 16:56.12 40.32		
150m: 1:49.75 38.25	550m: 7:02.48 38.89	950m: 12:18.52 39.83	1350m: 17:36.05 39.93		
200m: 2:28.39 38.64	600m: 7:42.23 39.75	1000m: 12:58.20 39.68	1400m: 18:15.79 39.74		
250m: 3:06.93 38.54	650m: 8:22.16 39.93	1050m: 13:37.05 38.85	1450m: 18:55.29 39.50		
300m: 3:46.32 39.39	700m: 9:02.09 39.93	1100m: 14:16.15 39.10	1500m: 19:32.14 36.85		
350m: 4:25.63 39.31	750m: 9:40.69 38.60	1150m: 14:56.34 40.19			
400m: 5:04.62 38.99	800m: 10:20.83 40.14	1200m: 15:36.84 40.50			
13. PEREIRA-BORRAJO VAYO, Marta	08	VIGO RIAS BAIXAS	19:43.80		20,00
50m: 34.50 34.50	450m: 5:44.63 39.65	850m: 11:03.56 40.15	1250m: 16:23.89 40.47		
100m: 1:12.12 37.62	500m: 6:24.03 39.40	900m: 11:43.29 39.73	1300m: 17:04.28 40.39		
150m: 1:50.58 38.46	550m: 7:03.55 39.52	950m: 12:23.29 40.00	1350m: 17:44.51 40.23		
200m: 2:29.00 38.42	600m: 7:43.33 39.78	1000m: 13:03.22 39.93	1400m: 18:25.09 40.58		
250m: 3:07.81 38.81	650m: 8:23.39 40.06	1050m: 13:43.02 39.80	1450m: 19:05.00 39.91		
300m: 3:46.81 39.00	700m: 9:03.35 39.96	1100m: 14:23.25 40.23	1500m: 19:43.80 38.80		
350m: 4:25.76 38.95	750m: 9:43.39 40.04	1150m: 15:03.07 39.82			
400m: 5:04.98 39.22	800m: 10:23.41 40.02	1200m: 15:43.42 40.35			
14. FERNANDEZ GRATEROL, Sofia Antia	07	C. N. PABELLON	19:52.32		19,00
50m: 34.67 34.67	450m: 5:50.78 39.54	850m: 11:13.19 41.08	1250m: 16:36.95 41.34		
100m: 1:13.49 38.82	500m: 6:31.07 40.29	900m: 11:53.39 40.20	1300m: 17:16.91 39.96		
150m: 1:52.77 39.28	550m: 7:11.45 40.38	950m: 12:34.00 40.61	1350m: 17:57.22 40.31		
200m: 2:32.41 39.64	600m: 7:51.93 40.48	1000m: 13:14.75 40.75	1400m: 18:36.95 39.73		
250m: 3:12.31 39.90	650m: 8:31.75 39.82	1050m: 13:54.76 40.01	1450m: 19:16.03 39.08		
300m: 3:51.65 39.34	700m: 9:11.90 40.15	1100m: 14:35.14 40.38	1500m: 19:52.32 36.29		
350m: 4:31.25 39.60	750m: 9:52.12 40.22	1150m: 15:15.24 40.10			
400m: 5:11.24 39.99	800m: 10:32.11 39.99	1200m: 15:55.61 40.37			
15. GONZALEZ IGLESIAS, Nerea	07	C. FLUVIAL LUGO	19:56.10		18,00
50m: 35.07 35.07	450m: 5:51.41 39.82	850m: 11:12.73 40.29	1250m: 16:36.35 40.37		
100m: 1:13.70 38.63	500m: 6:31.32 39.91	900m: 11:53.22 40.49	1300m: 17:17.14 40.79		
150m: 1:53.31 39.61	550m: 7:11.16 39.84	950m: 12:33.71 40.49	1350m: 17:57.23 40.09		
200m: 2:32.81 39.50	600m: 7:51.27 40.11	1000m: 13:14.38 40.67	1400m: 18:37.79 40.56		
250m: 3:12.55 39.74	650m: 8:31.55 40.28	1050m: 13:54.92 40.54	1450m: 19:17.65 39.86		
300m: 3:52.00 39.45	700m: 9:11.82 40.27	1100m: 14:35.42 40.50	1500m: 19:56.10 38.45		
350m: 4:31.62 39.62	750m: 9:52.10 40.28	1150m: 15:15.59 40.17			
400m: 5:11.59 39.97	800m: 10:32.44 40.34	1200m: 15:55.98 40.39			
16. MENDEZ LOPEZ, Helena	10	C. N. CORUÑA	21:02.81		17,00
50m: 36.80 36.80	450m: 6:07.33 42.12	850m: 11:47.07 43.06	1250m: 17:32.11 43.07		
100m: 1:15.90 39.10	500m: 6:49.59 42.26	900m: 12:29.72 42.65	1300m: 18:14.95 42.84		
150m: 1:56.58 40.68	550m: 7:32.02 42.43	950m: 13:12.92 43.20	1350m: 18:57.75 42.80		
200m: 2:38.52 41.94	600m: 8:14.25 42.23	1000m: 13:55.93 43.01	1400m: 19:39.73 41.98		
250m: 3:20.23 41.71	650m: 8:56.76 42.51	1050m: 14:39.40 43.47	1450m: 20:21.76 42.03		
300m: 4:01.94 41.71	700m: 9:38.57 41.81	1100m: 15:22.50 43.10	1500m: 21:02.81 41.05		
350m: 4:43.43 41.49	750m: 10:21.34 42.77	1150m: 16:05.76 43.26			
400m: 5:25.21 41.78	800m: 11:04.01 42.67	1200m: 16:49.04 43.28			

Prueba 21
25/11/2023 - 19:20

Masc., 4 x 200m Libre

Open masculino
Resultados

RG 7:31.38 POURENSE POURENSE 16/12/2005

Clasificación

					Tiempo	PUNTOS
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA		7:37.90	70,00
	NOVO LOPEZ, Brais	03	26.35	28.70	28.67	28.29 1:52.01
	PEREZ FERNANDEZ, Brais	07	25.81	29.17	30.28	31.00 1:56.26
	VAZQUEZ LOPEZ, Martin	03	26.35	29.84	29.02	28.56 1:53.77
	SANCHEZ VAZQUEZ, Antonio	04	26.31	29.51	30.16	29.88 1:55.86
2.	C. N. ARTEIXO 1		C. N. ARTEIXO		7:59.89	64,00
	GARCÍA CASTRO, Mateo	05	26.53	28.64	29.24	28.72 1:53.13
	GÓMEZ MESÍAS, Miguel Ángel	03	27.16	30.65	30.84	31.19 1:59.84
	VARELA PASANDÍN, Alejandro	06	28.90	32.50	31.96	31.36 2:04.72
	VARELA PASANDÍN, Manuel	06	28.16	30.96	31.52	31.56 2:02.20
3.	C. N. FERROL 1		C. N. FERROL		8:00.98	60,00
	NAVARRO LOSADA, Sergi	07	26.74	29.48	29.76	29.74 1:55.72
	GARCÍA AFONSO, Alexis	07	27.01	31.53	32.25	31.61 2:02.40
	RODRÍGUEZ RODRÍGUEZ, Germán	05	28.95	32.08	32.62	31.90 2:05.55
	MANEIRO PAZ, Mario	06	26.90	29.59	30.53	30.29 1:57.31
4.	C. N. PABELLON 1		C. N. PABELLON		8:03.20	58,00
	PAZ RODRIGUEZ, Aritz	06	28.85	31.12	31.51	31.05 2:02.53
	CARBALLO RODRIGUEZ, Enrique	07	26.88	29.62	31.11	30.08 1:57.69
	LOPEZ FERNANDEZ, Martin	04	27.09	30.98	31.29	31.07 2:00.43
	GUTIERREZ MARÍÑO, Santiago	02	27.67	31.24	32.07	31.57 2:02.55
5.	C. N. GALAICO 1		C. N. GALAICO		8:03.56	56,00
	BARROS DA SILVA, Pedro	07	28.22	30.28	30.71	30.75 1:59.96
	SANCHEZ LOUZAN, Daniel	98	28.07	31.07	31.43	29.78 2:00.35
	PEREZ GARCIA, Iker	07	27.36	31.50	32.23	30.68 2:01.77
	VAZQUEZ COSTA, Miguel	06	28.09	30.59	31.51	31.29 2:01.48
6.	C. N. Panas 1		C. N. Panas		8:04.42	54,00
	SIMON COTELO, Manuel	01	28.52	31.14	31.73	31.71 2:03.10
	BRAVO CONDE, Cristian	00	26.58	30.26	32.10	33.00 2:01.94
	ARES BARRAL, Anton	00	27.43	30.47	30.98	30.76 1:59.64
	CARREIRA POSADA, Jorge	00	26.68	30.53	31.22	31.31 1:59.74
7.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS		8:04.81	52,00
	ALONSO VIDAL, Teo	07	27.84	29.66	30.22	30.29 1:58.01
	PIÑEIRO RODRIGUEZ, Samuel	07	28.28	31.48	32.32	31.76 2:03.84
	RODRIGUEZ VIEITEZ, Hugo	08	27.43	30.47	31.64	32.02 2:01.56
	MASSO ROIG, Martin	07	27.57	29.69	31.39	32.75 2:01.40
8.	C. N. PONTEAREAS 1		C. N. PONTEAREAS		8:12.78	50,00
	FARO MARTINEZ, Yoel	07	28.38	30.69	31.72	32.19 2:02.98
	GONZALEZ ESTEVEZ, Yoel	07	27.30	31.45	32.05	30.75 2:01.55
	MARTINEZ MARTINEZ, Marcos	03	27.85	31.66	32.36	33.26 2:05.13
	PEREZ PAZ, Dario	05	27.82	31.81	31.89	31.60 2:03.12
9.	RCN VIGO 1		RCN VIGO		8:22.47	48,00
	INFESTAS CARAZO, Samuel	03	28.59	31.06	31.17	31.33 2:02.15
	OUBIÑA SÁNCHEZ, Pedro	07	28.64	32.02	33.33	32.77 2:06.76
	CIDRÁS PÉREZ, Fabián	05	28.69	31.94	34.67	33.75 2:09.05
	PAZOS IGLESIAS, André	07	27.58	31.90	32.40	32.63 2:04.51

Tiempo PUNTOS

10.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	8:24.60	46,00	
	PARDO PERNAS, Martin	02	27.24	28.94	28.81	29.05 1:54.04
	MORENO TEIJEIRO, Andre	07	27.71	31.20	32.35	31.68 2:02.94
	NUÑEZ SUAREZ, Antón	05	29.86	33.45	34.64	35.80 2:13.75
	PALLIN BUJAN, Hector	08	29.52	33.22	34.58	36.55 2:13.87
11.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	8:26.10	44,00	
	REY MUNIN, Tomas	06	29.64	32.51	34.00	33.32 2:09.47
	ORECHIA, Agustín	06	27.26	31.71	31.92	30.19 2:01.08
	SUAREZ RIPOLL, Xian	03	29.70	33.33	33.29	32.90 2:09.22
	PARCERO AREOSO, Xoel	07	29.20	32.20	32.62	32.31 2:06.33
12.	C. N. CORUÑA 1		C. N. CORUÑA	8:34.31	42,00	
	ETAYO GARCIA, Oscar	06	28.37	31.83	34.10	34.31 2:08.61
	ALCALDE MAHIA, Jun Bin	08	30.03	33.31	34.01	34.17 2:11.52
	GOMEZ LIMIA, Pablo	06	26.98	30.78	31.97	31.14 2:00.87
	GONZALEZ PREGO, Xose	08	31.12	33.87	34.78	33.54 2:13.31
Baja	SPORTING CASINO 1		SPORTING CASINO			-
EXH	S. DEP. BOIRO 1		S. DEP. BOIRO			-

Open femenino

Resultados

Tiempo PUNTOS

Open masculino
Resultados

ificación

Tiempo

PUNTOS

- | | | | | | | | |
|-----|---------------------------------|----|-------|----------------------------|---------|-------|-------|
| 1. | C. N. PORTAMIÑA 1 | | | C. N. PORTAMIÑA | 1:34.56 | 70,00 | |
| | NOVO LOPEZ, Brais | 03 | 23.46 | VAZQUEZ LOPEZ, Martin | | 03 | 22.52 |
| | SANCHEZ VAZQUEZ, Antonio | 04 | 24.18 | BALBOA BLANCO, Ivan | | 94 | 24.40 |
| 2. | C. N. Panas 1 | | | C. N. Panas | 1:35.58 | 64,00 | |
| | ARES BARRAL, Anton | 00 | 23.94 | CARREIRA POSADA, Jorge | | 00 | 24.18 |
| | GARCIA GARAY, Marcos | 01 | 24.01 | BRAVO CONDE, Cristian | | 00 | 23.45 |
| 3. | C. N. FERROL 1 | | | C. N. FERROL | 1:37.19 | 60,00 | |
| | SEJO BERMUDEZ, Daniel | 04 | 24.36 | LOSADA JIMENEZ, Alvaro | | 99 | 24.38 |
| | NAVARRO LOSADA, Sergi | 07 | 24.22 | LÓPEZ ANIDO, Nelson Andrés | | 00 | 24.23 |
| 4. | C. N. GALAICO 1 | | | C. N. GALAICO | 1:39.73 | 58,00 | |
| | PEREZ GARCIA, Iker | 07 | 24.79 | BARROS DA SILVA, Pedro | | 07 | 25.11 |
| | SANCHEZ LOUZAN, Daniel | 98 | 24.14 | VAZQUEZ FERNANDEZ, Nicolas | | 06 | 25.69 |
| 5. | VIGO RIAS BAIXAS 1 | | | VIGO RIAS BAIXAS | 1:40.35 | 56,00 | |
| | RODRIGUEZ VIEITEZ, Hugo | 08 | 24.63 | ALONSO VIDAL, Teo | | 07 | 24.94 |
| | MASSO ROIG, Martin | 07 | 26.28 | PIÑEIRO RODRIGUEZ, Samuel | | 07 | 24.50 |
| 6. | C. N. ARTEIXO 1 | | | C. N. ARTEIXO | 1:40.52 | 54,00 | |
| | GÓMEZ MESÍAS, Miguel Ángel | 03 | 24.49 | DEL RIO REGUEIRA, Ruben | | 93 | 25.18 |
| | GARCÍA CASTRO, Mateo | 05 | 25.31 | VARELA PASANDÍN, Alejandro | | 06 | 25.54 |
| 7. | C. N. PONTEAREAS 1 | | | C. N. PONTEAREAS | 1:40.70 | 52,00 | |
| | RODRIGUEZ DOMINGUEZ, Fco. Jav04 | | 25.08 | CANCELA GOMEZ, Hugo | | 03 | 25.86 |
| | PINO LORENZO, Brais | 01 | 24.79 | COSTA FERNANDEZ, Lucas | | 98 | 24.97 |
| 8. | C. N. PABELLON 1 | | | C. N. PABELLON | 1:41.35 | 50,00 | |
| | LOPEZ FERNANDEZ, Martin | 04 | 25.09 | ALVAREZ ALVAREZ, Hector | | 00 | 25.06 |
| | MERZLYAKOV KOSTOMAROV, Mii07ail | | 25.40 | PAZ RODRIGUEZ, Aritz | | 06 | 25.80 |
| 9. | RCN VIGO 1 | | | RCN VIGO | 1:41.37 | 48,00 | |
| | SANTÍN MÉNDEZ, Diego | 01 | 27.04 | GONZÁLEZ CARBALLAL, Manuel | | 05 | 24.66 |
| | INFESTAS CARAZO, Samuel | 03 | 25.50 | PAZOS IGLESIAS, André | | 07 | 24.17 |
| 10. | CIDADE SANTIAGO 1 | | | CIDADE SANTIAGO | 1:44.31 | 46,00 | |
| | ORECHIA, Agustín | 06 | 25.29 | REY MUNIN, Tomas | | 06 | 26.31 |
| | MIGUEZ FEIJOO, Samuel | 05 | 26.52 | SUAREZ RIPOLL, Xian | | 03 | 26.19 |
| 11. | C. N. CORUÑA 1 | | | C. N. CORUÑA | 1:44.35 | 44,00 | |
| | SENDINO GESTOSO, Roi | 01 | 26.24 | ALCALDE MAHIA, Jun Bin | | 08 | 27.38 |
| | ETAYO GARCIA, Oscar | 06 | 25.57 | GOMEZ LIMIA, Pablo | | 06 | 25.16 |
| 12. | SPORTING CASINO 1 | | | SPORTING CASINO | 1:48.70 | 42,00 | |
| | SUAREZ MARTINEZ, Diego | 08 | 25.17 | NISTAL PALACIOS, Rafael | | 09 | 26.94 |
| | SUAREZ MARTINEZ, Pedro | 10 | 28.12 | PENAS CALAYADO, Fernando | | 09 | 28.47 |

Prueba 23, Masc., 4 x 50m Libre

EXH C. FLUVIAL LUGO 1
EXH S. DEP. BOIRO 1

C. FLUVIAL LUGO
S. DEP. BOIRO

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-

Prueba 24
26/11/2023 - 10:08

Fem., 4 x 50m Libre

Open femenino
Resultados

RG 1:46.68 GALAICO GALAICO 26/11/2009

Clasificación

Tiempo PUNTOS

1.	C. N. PABELLON 1			C. N. PABELLON	1:51.64	70,00	
	REQUEJO FERNANDEZ, Irene	10		29.00	CAMBA PRADA, Alexia	05	27.57
	BLANCO MENDEZ, Claudia	08		29.19	FEIJOO GOMEZ, Eva	04	25.88
2.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	1:51.71	64,00	
	LOPEZ-FREIRE FRANCIA, Carmen	07		28.01	MOURENZA ROCHA, Sofia	07	27.95
	MOURENZA ROCHA, Ines	07		27.60	SANTAS VAZQUEZ, Laura	09	28.15
3.	C. N. ARTEIXO 1			C. N. ARTEIXO	1:51.81	60,00	
	GÓMEZ MESÍAS, Alba	00		26.76	FOLGUEIRA SUÁREZ, Tamara	94	28.50
	VEIGA SOUTO, Ana	98		28.55	SÁNCHEZ BELLO, Eva	07	28.00
4.	RCN VIGO 1			RCN VIGO	1:51.99	58,00	
	RODRÍGUEZ ALONSO, Julia	05		28.07	BAZ VIDEIRA, Paula	09	28.70
	CONS GESTIDO, Victoria Anna	05		28.07	CONS GESTIDO, Henar Diana	02	27.15
5.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	1:53.32	56,00	
	ALVAREZ PAZOS, Maria	07		27.25	BLANCO ROUCO, Carmen	06	28.99
	GONZALEZ GONZALEZ, Iara	09		29.30	RODRIGUEZ RODRIGUEZ, Nina	02	27.78
6.	C. N. FERROL 1			C. N. FERROL	1:53.83	54,00	
	LOPEZ SANMARTIN, Nerea	96		27.12	PARDO CHAS, Eva	04	28.93
	CARRASCO BOUZAMAYOR, Sabe08			30.18	VILLARNOVO PAZOS, Lucia	08	27.60
7.	C. N. GALAICO 1			C. N. GALAICO	1:55.32	52,00	
	BARROS DA SILVA, Sofia	09		28.79	CANO ROSALES, Laura	04	28.41
	FERNANDEZ PRIETO, Nayara	05		28.92	VIDAL RODRIGUEZ, Mara	10	29.20
8.	C. N. MOS 1			C. N. MOS	1:56.03	50,00	
	HERMIDA ALONSO, Antia	08		29.13	PEREIRO RODRIGUEZ, Carolina	08	29.63
	SALGUEIRIÑO ÁLVAREZ, Noa	08		28.91	MARTINEZ OTERO, Eva	08	28.36
9.	C. FLUVIAL LUGO 1			C. FLUVIAL LUGO	1:58.42	47,00	
	CERNADAS GONZALEZ, Ana	04		26.82	CUGINI LENCE, Emma	08	31.05
	LADRA CAMPO, Martina	08		29.13	GONZALEZ IGLESIAS, Nerea	07	31.42
	SPORTING CASINO 1			SPORTING CASINO	1:58.42	47,00	
	BORRAZAS RODRIGUEZ, Noa	08		28.41	COUCEIRO BARREIRO, Marta	07	29.48
	GIL GARNACHO, Carlota	09		29.26	CABANAS DEL RIO, Carla	09	31.27
11.	C. N. MARINA 1			C. N. MARINA	1:58.70	44,00	
	ANEIROS DOPICO, Laura	00		29.35	CARRASCO DE CASTRO, Ana	07	30.61
	LOPEZ GOMEZ, Antia	09		29.86	BALADO PENA, Celtia	07	28.88
12.	C. N. CULLEREDO 1			C. N. CULLEREDO	2:00.20	42,00	
	GUIRADO AGRA, Sofia	09		30.15	RODRIGUEZ SUAREZ, Iria	07	31.07
	BELLO ARMADA, Andrea	99		29.63	HERNAEZ GONZALEZ, Paula	08	29.35
13.	S. DEP. BOIRO 1			S. DEP. BOIRO	2:01.04	40,00	
	SÁNCHEZ TOJA, Candela	08		29.68	PÉREZ LORENZO, Celia	07	30.75
	GARCÍA ESPAÑA, Elena	09		29.64	GONZÁLEZ OJEA, Carmen	06	30.97

DSQ C. N. CORUÑA 1

C. N. CORUÑA

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Saída anticipada cuarta remudista

CANALDA RAMOS, Laura, VILLAR ARCEO, Iria, SEIJAL REINO, Sabela, ARRUÑADA VAZQUEZ, Carmen

Prueba 25
26/11/2023 - 10:16

Masc., 800m Libre

Open masculino
Resultados

RG 7:56.75 , BRION SAMPEDRO, IVAN RIVEIRA 29/11/2009

Clasificación

			AN				Tiempo		PUNTOS	
1.	MANEIRO PAZ, Mario	06	C. N. FERROL	8:29.54	35,00					
	50m: 28.49 28.49	250m: 2:33.19	31.65	450m: 4:41.89	32.32	650m: 6:53.13	32.84			
	100m: 58.81 30.32	300m: 3:05.08	31.89	500m: 5:14.27	32.38	700m: 7:26.02	32.89			
	150m: 1:29.81 31.00	350m: 3:37.18	32.10	550m: 5:47.23	32.96	750m: 7:58.67	32.65			
	200m: 2:01.54 31.73	400m: 4:09.57	32.39	600m: 6:20.29	33.06	800m: 8:29.54	30.87			
2.	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	8:33.94	32,00					
	50m: 28.18 28.18	250m: 2:35.60	32.33	450m: 4:46.39	32.38	650m: 6:57.31	32.94			
	100m: 59.40 31.22	300m: 3:07.92	32.32	500m: 5:19.17	32.78	700m: 7:30.70	33.39			
	150m: 1:31.03 31.63	350m: 3:40.75	32.83	550m: 5:51.42	32.25	750m: 8:03.60	32.90			
	200m: 2:03.27 32.24	400m: 4:14.01	33.26	600m: 6:24.37	32.95	800m: 8:33.94	30.34			
3.	CIVEIRA CORRAL, Raul	02	C. N. PABELLON	8:35.11	30,00					
	50m: 28.58 28.58	250m: 2:33.61	31.93	450m: 4:43.11	32.59	650m: 6:56.08	33.45			
	100m: 58.62 30.04	300m: 3:05.78	32.17	500m: 5:15.94	32.83	700m: 7:29.57	33.49			
	150m: 1:29.66 31.04	350m: 3:38.17	32.39	550m: 5:49.27	33.33	750m: 8:02.88	33.31			
	200m: 2:01.68 32.02	400m: 4:10.52	32.35	600m: 6:22.63	33.36	800m: 8:35.11	32.23			
4.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	8:40.22	29,00					
	50m: 29.78 29.78	250m: 2:38.55	32.66	450m: 4:50.03	33.12	650m: 7:02.62	33.00			
	100m: 1:01.20 31.42	300m: 3:11.13	32.58	500m: 5:23.19	33.16	700m: 7:36.04	33.42			
	150m: 1:33.29 32.09	350m: 3:43.94	32.81	550m: 5:56.17	32.98	750m: 8:09.10	33.06			
	200m: 2:05.89 32.60	400m: 4:16.91	32.97	600m: 6:29.62	33.45	800m: 8:40.22	31.12			
5.	INFESTAS CARAZO, Samuel	03	RCN VIGO	8:48.14	28,00					
	50m: 29.70 29.70	250m: 2:40.57	33.69	450m: 4:55.83	34.06	650m: 7:09.34	33.32			
	100m: 1:01.34 31.64	300m: 3:14.48	33.91	500m: 5:28.96	33.13	700m: 7:42.84	33.50			
	150m: 1:33.65 32.31	350m: 3:48.04	33.56	550m: 6:02.57	33.61	750m: 8:16.32	33.48			
	200m: 2:06.88 33.23	400m: 4:21.77	33.73	600m: 6:36.02	33.45	800m: 8:48.14	31.82			
6.	GUTIERREZ MARIÑO, Santiago	02	C. N. PABELLON	8:54.19	27,00					
	50m: 30.30 30.30	250m: 2:44.15	33.96	450m: 4:58.35	32.89	650m: 7:14.11	34.28			
	100m: 1:03.26 32.96	300m: 3:17.74	33.59	500m: 5:32.04	33.69	700m: 7:48.05	33.94			
	150m: 1:36.54 33.28	350m: 3:51.54	33.80	550m: 6:05.96	33.92	750m: 8:21.41	33.36			
	200m: 2:10.19 33.65	400m: 4:25.46	33.92	600m: 6:39.83	33.87	800m: 8:54.19	32.78			
7.	TIMIRAO FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	8:57.37	26,00					
	50m: 30.09 30.09	250m: 2:42.25	33.59	450m: 4:58.17	33.89	650m: 7:16.05	34.53			
	100m: 1:02.50 32.41	300m: 3:16.12	33.87	500m: 5:32.41	34.24	700m: 7:50.26	34.21			
	150m: 1:35.54 33.04	350m: 3:50.13	34.01	550m: 6:06.95	34.54	750m: 8:24.60	34.34			
	200m: 2:08.66 33.12	400m: 4:24.28	34.15	600m: 6:41.52	34.57	800m: 8:57.37	32.77			
8.	PEREZ PAZ, Dario	05	C. N. PONTEAREAS	8:58.64	25,00					
	50m: 29.77 29.77	250m: 2:44.88	34.35	450m: 5:03.52	34.74	650m: 7:20.75	34.07			
	100m: 1:02.72 32.95	300m: 3:19.42	34.54	500m: 5:38.03	34.51	700m: 7:54.23	33.48			
	150m: 1:36.48 33.76	350m: 3:54.16	34.74	550m: 6:12.39	34.36	750m: 8:27.16	32.93			
	200m: 2:10.53 34.05	400m: 4:28.78	34.62	600m: 6:46.68	34.29	800m: 8:58.64	31.48			
9.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	8:58.71	24,00					
	50m: 29.92 29.92	250m: 2:43.06	33.73	450m: 5:01.01	34.53	650m: 7:19.32	35.17			
	100m: 1:02.63 32.71	300m: 3:17.48	34.42	500m: 5:35.51	34.50	700m: 7:53.92	34.60			
	150m: 1:36.17 33.54	350m: 3:51.85	34.37	550m: 6:10.33	34.82	750m: 8:27.93	34.01			
	200m: 2:09.33 33.16	400m: 4:26.48	34.63	600m: 6:44.15	33.82	800m: 8:58.71	30.78			

Prueba 25, Masc., 800m Libre, Open masculino

Clasificación	AN				Tiempo				PUNTOS	
10. RODRIGUEZ VIEITEZ, Hugo	08				VIGO RIAS BAIXAS				9:00.32	23,00
50m: 30.26 30.26	250m: 2:44.12	34.04	450m: 4:59.78	33.63	650m: 7:17.31	34.65				
100m: 1:02.90 32.64	300m: 3:18.12	34.00	500m: 5:33.73	33.95	700m: 7:51.89	34.58				
150m: 1:36.19 33.29	350m: 3:52.30	34.18	550m: 6:07.93	34.20	750m: 8:26.51	34.62				
200m: 2:10.08 33.89	400m: 4:26.15	33.85	600m: 6:42.66	34.73	800m: 9:00.32	33.81				
11. GOMEZ LIMIA, Pablo	06				C. N. CORUÑA				9:00.99	22,00
50m: 29.65 29.65	250m: 2:44.37	34.55	450m: 5:02.29	33.65	650m: 7:20.13	33.98				
100m: 1:02.04 32.39	300m: 3:19.43	35.06	500m: 5:37.05	34.76	700m: 7:54.47	34.33				
150m: 1:35.66 33.62	350m: 3:54.07	34.64	550m: 6:11.54	34.49	750m: 8:28.67	34.20				
200m: 2:09.82 34.16	400m: 4:28.64	34.57	600m: 6:46.15	34.61	800m: 9:00.99	32.32				
12. PEREZ GARCIA, Iker	07				C. N. GALAICO				9:04.64	21,00
50m: 30.00 30.00	250m: 2:47.19	34.62	450m: 5:05.37	34.61	650m: 7:25.03	34.37				
100m: 1:04.24 34.24	300m: 3:21.85	34.66	500m: 5:40.18	34.81	700m: 7:59.77	34.74				
150m: 1:38.74 34.50	350m: 3:55.98	34.13	550m: 6:15.42	35.24	750m: 8:33.96	34.19				
200m: 2:12.57 33.83	400m: 4:30.76	34.78	600m: 6:50.66	35.24	800m: 9:04.64	30.68				
13. FRAGA VISOS, Teo	08				CIDADE SANTIAGO				9:13.38	20,00
50m: 31.32 31.32	250m: 2:50.53	34.91	450m: 5:09.81	34.74	650m: 7:29.71	35.38				
100m: 1:06.15 34.83	300m: 3:25.37	34.84	500m: 5:44.42	34.61	700m: 8:04.78	35.07				
150m: 1:41.03 34.88	350m: 4:00.19	34.82	550m: 6:19.20	34.78	750m: 8:39.43	34.65				
200m: 2:15.62 34.59	400m: 4:35.07	34.88	600m: 6:54.33	35.13	800m: 9:13.38	33.95				
14. PENAS CAYADO, Fernando	09				SPORTING CASINO				9:14.63	19,00
50m: 29.93 29.93	250m: 2:42.36	33.59	450m: 5:01.63	35.45	650m: 7:26.41	36.46				
100m: 1:01.72 31.79	300m: 3:16.72	34.36	500m: 5:37.56	35.93	700m: 8:02.77	36.36				
150m: 1:35.15 33.43	350m: 3:51.02	34.30	550m: 6:13.58	36.02	750m: 8:39.18	36.41				
200m: 2:08.77 33.62	400m: 4:26.18	35.16	600m: 6:49.95	36.37	800m: 9:14.63	35.45				
15. DÍAZ RODAS, Aarón	07				C. N. ARTEIXO				9:20.76	18,00
50m: 30.58 30.58	250m: 2:45.94	34.74	450m: 5:08.63	36.17	650m: 7:33.82	36.14				
100m: 1:02.99 32.41	300m: 3:21.05	35.11	500m: 5:44.93	36.30	700m: 8:09.94	36.12				
150m: 1:36.69 33.70	350m: 3:56.93	35.88	550m: 6:21.19	36.26	750m: 8:46.02	36.08				
200m: 2:11.20 34.51	400m: 4:32.46	35.53	600m: 6:57.68	36.49	800m: 9:20.76	34.74				
16. ORTEGO PORTA, Andre	07				C. N. GALAICO				9:24.07	17,00
50m: 31.53 31.53	250m: 2:53.15	35.78	450m: 5:15.73	35.44	650m: 7:37.98	35.75				
100m: 1:06.34 34.81	300m: 3:28.48	35.33	500m: 5:51.14	35.41	700m: 8:14.04	36.06				
150m: 1:41.92 35.58	350m: 4:04.34	35.86	550m: 6:26.97	35.83	750m: 8:49.61	35.57				
200m: 2:17.37 35.45	400m: 4:40.29	35.95	600m: 7:02.23	35.26	800m: 9:24.07	34.46				
17. RIBÓ MIGUEL, Lucas	07				CIDADE SANTIAGO				9:27.01	16,00
50m: 32.06 32.06	250m: 2:51.73	35.13	450m: 5:17.01	36.20	650m: 7:42.65	35.94				
100m: 1:06.48 34.42	300m: 3:27.23	35.50	500m: 5:53.66	36.65	700m: 8:18.43	35.78				
150m: 1:41.82 35.34	350m: 4:03.98	36.75	550m: 6:30.17	36.51	750m: 8:54.06	35.63				
200m: 2:16.60 34.78	400m: 4:40.81	36.83	600m: 7:06.71	36.54	800m: 9:27.01	32.95				
18. GONZALEZ PREGO, Xose	08				C. N. CORUÑA				9:31.06	15,00
50m: 32.62 32.62	250m: 2:56.85	35.96	450m: 5:21.61	35.98	650m: 7:45.36	35.82				
100m: 1:07.90 35.28	300m: 3:33.00	36.15	500m: 5:57.38	35.77	700m: 8:21.44	36.08				
150m: 1:44.11 36.21	350m: 4:09.34	36.34	550m: 6:33.65	36.27	750m: 8:57.17	35.73				
200m: 2:20.89 36.78	400m: 4:45.63	36.29	600m: 7:09.54	35.89	800m: 9:31.06	33.89				
19. SANTÍN MÉNDEZ, Rubén	07				RCN VIGO				9:41.82	14,00
50m: 31.10 31.10	250m: 2:52.66	35.71	450m: 5:19.88	37.82	650m: 7:48.91	37.54				
100m: 1:05.99 34.89	300m: 3:28.85	36.19	500m: 5:56.71	36.83	700m: 8:27.08	38.17				
150m: 1:41.49 35.50	350m: 4:05.15	36.30	550m: 6:33.92	37.21	750m: 9:04.89	37.81				
200m: 2:16.95 35.46	400m: 4:42.06	36.91	600m: 7:11.37	37.45	800m: 9:41.82	36.93				

Prueba 25, Masc., 800m Libre, Open masculino

Clasificación	AN		Tiempo	PUNTOS
20. CARNEIRO VIQUEIRA, Xabier	00	C. N. Panas	9:44.59	13,00
50m: 31.62 31.62 250m: 2:53.04 36.25 450m: 5:21.97 37.44 650m: 7:53.85 37.92				
100m: 1:05.81 34.19 300m: 3:30.31 37.27 500m: 5:59.70 37.73 700m: 8:31.13 37.28				
150m: 1:40.75 34.94 350m: 4:07.27 36.96 550m: 6:37.84 38.14 750m: 9:08.30 37.17				
200m: 2:16.79 36.04 400m: 4:44.53 37.26 600m: 7:15.93 38.09 800m: 9:44.59 36.29				
21. ARES MIRAGAYA, Adrian	00	C. N. Panas	9:45.90	12,00
50m: 31.76 31.76 250m: 2:54.95 36.46 450m: 5:23.19 37.33 650m: 7:53.43 37.66				
100m: 1:06.35 34.59 300m: 3:31.73 36.78 500m: 6:00.34 37.15 700m: 8:31.39 37.96				
150m: 1:42.05 35.70 350m: 4:08.66 36.93 550m: 6:37.78 37.44 750m: 9:09.31 37.92				
200m: 2:18.49 36.44 400m: 4:45.86 37.20 600m: 7:15.77 37.99 800m: 9:45.90 36.59				
22. NISTAL PALACIOS, Rafael	09	SPORTING CASINO	9:58.64	11,00
50m: 32.35 32.35 250m: 2:57.07 36.84 450m: 5:29.82 38.28 650m: 8:05.09 38.54				
100m: 1:07.90 35.55 300m: 3:34.77 37.70 500m: 6:08.64 38.82 700m: 8:43.65 38.56				
150m: 1:44.17 36.27 350m: 4:12.82 38.05 550m: 6:47.45 38.81 750m: 9:21.64 37.99				
200m: 2:20.23 36.06 400m: 4:51.54 38.72 600m: 7:26.55 39.10 800m: 9:58.64 37.00				
23. BAUTISTA BUGARIN, Carlos	05	C. N. PONTEAREAS	10:02.01	10,00
50m: 34.64 34.64 250m: 3:04.50 37.75 450m: 5:35.81 38.25 650m: 8:08.39 38.35				
100m: 1:11.65 37.01 300m: 3:41.90 37.40 500m: 6:13.97 38.16 700m: 8:46.69 38.30				
150m: 1:49.16 37.51 350m: 4:19.79 37.89 550m: 6:51.94 37.97 750m: 9:24.96 38.27				
200m: 2:26.75 37.59 400m: 4:57.56 37.77 600m: 7:30.04 38.10 800m: 10:02.01 37.05				
24. GONZÁLEZ MARTÍNEZ, Cristian	03	C. N. ARTEIXO	10:17.62	9,00
50m: 32.31 32.31 250m: 3:01.75 38.82 450m: 5:39.23 39.78 650m: 8:19.96 40.10				
100m: 1:07.62 35.31 300m: 3:40.66 38.91 500m: 6:19.42 40.19 700m: 8:59.59 39.63				
150m: 1:44.55 36.93 350m: 4:19.88 39.22 550m: 6:59.71 40.29 750m: 9:39.16 39.57				
200m: 2:22.93 38.38 400m: 4:59.45 39.57 600m: 7:39.86 40.15 800m: 10:17.62 38.46				
Baja SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO	-	-

Prueba 26
26/11/2023 - 10:46

Fem., 400m Libre

Open femenino
Resultados

RG 4:04.11 , GOMEZ CORTES, BEATRIZ GALAICO 24/11/2012

Clasificación	AN			Tiempo	PUNTOS	
1. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	4:22.26	35,00		
50m: 29.86 29.86 150m: 1:35.64 33.01 250m: 2:42.32 33.32 350m: 3:49.70 33.71						
100m: 1:02.63 32.77 200m: 2:09.00 33.36 300m: 3:15.99 33.67 400m: 4:22.26 32.56						
2. BARROS DA SILVA, Sofia	09	C. N. GALAICO	4:30.12	32,00		
50m: 31.44 31.44 150m: 1:38.59 33.86 250m: 2:47.47 34.43 350m: 3:56.18 34.40						
100m: 1:04.73 33.29 200m: 2:13.04 34.45 300m: 3:21.78 34.31 400m: 4:30.12 33.94						
3. SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	4:33.81	30,00		
50m: 32.07 32.07 150m: 1:41.22 34.65 250m: 2:51.55 35.03 350m: 4:00.38 33.98						
100m: 1:06.57 34.50 200m: 2:16.52 35.30 300m: 3:26.40 34.85 400m: 4:33.81 33.43						
4. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	4:34.68	29,00		
50m: 31.75 31.75 150m: 1:40.59 34.65 250m: 2:49.34 34.38 350m: 3:59.98 35.52						
100m: 1:05.94 34.19 200m: 2:14.96 34.37 300m: 3:24.46 35.12 400m: 4:34.68 34.70						
5. VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	4:35.23	28,00		
50m: 30.62 30.62 150m: 1:38.24 34.50 250m: 2:49.38 35.77 350m: 4:01.00 35.52						
100m: 1:03.74 33.12 200m: 2:13.61 35.37 300m: 3:25.48 36.10 400m: 4:35.23 34.23						
6. PARDO CHAS, Eva	04	C. N. FERROL	4:43.97	27,00		
50m: 31.54 31.54 150m: 1:41.35 35.32 250m: 2:53.83 36.58 350m: 4:07.84 37.16						
100m: 1:06.03 34.49 200m: 2:17.25 35.90 300m: 3:30.68 36.85 400m: 4:43.97 36.13						
7. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	4:45.41	26,00		
50m: 33.21 33.21 150m: 1:45.20 36.29 250m: 2:58.54 36.80 350m: 4:11.23 36.14						
100m: 1:08.91 35.70 200m: 2:21.74 36.54 300m: 3:35.09 36.55 400m: 4:45.41 34.18						
8. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	4:45.47	25,00		
50m: 32.63 32.63 150m: 1:45.12 36.73 250m: 2:58.29 36.33 350m: 4:10.71 35.96						
100m: 1:08.39 35.76 200m: 2:21.96 36.84 300m: 3:34.75 36.46 400m: 4:45.47 34.76						
9. BABARRO LOPEZ, Maria	08	C. N. PABELLON	4:50.21	23,50		
50m: 32.76 32.76 150m: 1:43.51 35.79 250m: 2:58.45 37.84 350m: 4:14.12 37.95						
100m: 1:07.72 34.96 200m: 2:20.61 37.10 300m: 3:36.17 37.72 400m: 4:50.21 36.09						
VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	4:50.21	23,50		
50m: 33.92 33.92 150m: 1:47.44 36.98 250m: 3:00.43 36.29 350m: 4:14.33 37.21						
100m: 1:10.46 36.54 200m: 2:24.14 36.70 300m: 3:37.12 36.69 400m: 4:50.21 35.88						
11. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	4:52.77	22,00		
50m: 33.40 33.40 150m: 1:45.56 36.14 250m: 2:59.93 37.31 350m: 4:15.40 37.81						
100m: 1:09.42 36.02 200m: 2:22.62 37.06 300m: 3:37.59 37.66 400m: 4:52.77 37.37						
12. ORTEGO PORTA, Aldara	07	C. N. GALAICO	4:57.20	21,00		
50m: 33.24 33.24 150m: 1:48.58 38.15 250m: 3:04.65 37.63 350m: 4:20.97 38.49						
100m: 1:10.43 37.19 200m: 2:27.02 38.44 300m: 3:42.48 37.83 400m: 4:57.20 36.23						
13. COUCEIRO BARREIRO, Marta	07	SPORTING CASINO	4:58.05	20,00		
50m: 34.88 34.88 150m: 1:49.53 37.47 250m: 3:05.18 37.97 350m: 4:21.28 38.17						
100m: 1:12.06 37.18 200m: 2:27.21 37.68 300m: 3:43.11 37.93 400m: 4:58.05 36.77						
14. FEAL DEVESA, Carlota	09	C. N. CULLEREDO	5:01.32	19,00		
50m: 33.57 33.57 150m: 1:47.42 37.60 250m: 3:04.64 38.75 350m: 4:22.66 38.98						
100m: 1:09.82 36.25 200m: 2:25.89 38.47 300m: 3:43.68 39.04 400m: 5:01.32 38.66						

Prueba 26, Fem., 400m Libre, Open femenino

Clasificación	AN						Tiempo	PUNTOS		
15.	FERNANDEZ GRATEROL, Sofia Antia	07	C. N. PABELLON	5:01.42	18,00					
	50m: 34.47 34.47	150m: 1:50.48	38.66	250m: 3:07.55	38.63	350m: 4:24.42	38.75			
	100m: 1:11.82 37.35	200m: 2:28.92	38.44	300m: 3:45.67	38.12	400m: 5:01.42	37.00			
16.	CARRASCO DE CASTRO, Ana	07	C. N. MARINA	5:04.11	17,00					
	50m: 33.46 33.46	150m: 1:48.68	38.39	250m: 3:07.09	39.30	350m: 4:25.11	38.85			
	100m: 1:10.29 36.83	200m: 2:27.79	39.11	300m: 3:46.26	39.17	400m: 5:04.11	39.00			
17.	RAMOS MÍGUEZ, Leyre	06	S. DEP. BOIRO	5:04.84	16,00					
	50m: 34.52 34.52	150m: 1:49.20	38.08	250m: 3:06.84	38.84	350m: 4:25.76	39.28			
	100m: 1:11.12 36.60	200m: 2:28.00	38.80	300m: 3:46.48	39.64	400m: 5:04.84	39.08			
18.	CAL FERNÁNDEZ, Victoria	08	RCN VIGO	5:05.45	15,00					
	50m: 33.05 33.05	150m: 1:47.21	37.96	250m: 3:05.82	39.26	350m: 4:26.31	40.17			
	100m: 1:09.25 36.20	200m: 2:26.56	39.35	300m: 3:46.14	40.32	400m: 5:05.45	39.14			
19.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	5:06.48	14,00					
	50m: 33.86 33.86	150m: 1:49.83	38.60	250m: 3:07.95	39.22	350m: 4:27.42	39.82			
	100m: 1:11.23 37.37	200m: 2:28.73	38.90	300m: 3:47.60	39.65	400m: 5:06.48	39.06			
20.	GARCIA RODRIGUEZ, Andrea	10	C. N. MARINA	5:07.50	13,00					
	50m: 35.50 35.50	150m: 1:53.03	39.06	250m: 3:11.40	39.29	350m: 4:29.86	39.66			
	100m: 1:13.97 38.47	200m: 2:32.11	39.08	300m: 3:50.20	38.80	400m: 5:07.50	37.64			
21.	GONZALEZ IGLESIAS, Nerea	07	C. FLUVIAL LUGO	5:08.18	12,00					
	50m: 34.31 34.31	150m: 1:50.15	38.54	250m: 3:08.90	39.43	350m: 4:29.17	40.06			
	100m: 1:11.61 37.30	200m: 2:29.47	39.32	300m: 3:49.11	40.21	400m: 5:08.18	39.01			
22.	SOUTO GOMEZ, Claudia	10	C. FLUVIAL LUGO	5:11.25	11,00					
	50m: 35.43 35.43	150m: 1:54.56	40.42	250m: 3:14.72	40.08	350m: 4:33.74	39.03			
	100m: 1:14.14 38.71	200m: 2:34.64	40.08	300m: 3:54.71	39.99	400m: 5:11.25	37.51			
23.	MENDEZ LOPEZ, Helena	10	C. N. CORUÑA	5:26.70	10,00					
	50m: 37.20 37.20	150m: 1:59.27	41.60	250m: 3:22.77	41.89	350m: 4:47.03	42.13			
	100m: 1:17.67 40.47	200m: 2:40.88	41.61	300m: 4:04.90	42.13	400m: 5:26.70	39.67			
NP	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	-	-					
Baja	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	-	-					

Prueba 27
26/11/2023 - 11:05

Masc., 100m Estilos

Open masculino
Resultados

RG 54.77 , GARCIA SOTO, MARCOS CNFERRO 02/12/2010

Clasificación		AN		Tiempo	PUNTOS
1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	58.94	35,00
	50m: 27.53 27.53 100m: 58.94 31.41				
2.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:00.10	32,00
	50m: 28.53 28.53 100m: 1:00.10 31.57				
3.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:00.61	30,00
	50m: 28.17 28.17 100m: 1:00.61 32.44				
4.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	1:00.82	29,00
	50m: 27.43 27.43 100m: 1:00.82 33.39				
5.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	1:01.09	28,00
	50m: 27.82 27.82 100m: 1:01.09 33.27				
6.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	1:01.45	27,00
	50m: 28.62 28.62 100m: 1:01.45 32.83				
7.	PICALLO MARANTE, Sergio	01	C. N. CORUÑA	1:02.25	26,00
	50m: 28.90 28.90 100m: 1:02.25 33.35				
8.	DIAZ COUCE, Ruben	06	C. N. FERROL	1:02.39	25,00
	50m: 28.23 28.23 100m: 1:02.39 34.16				
9.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	1:02.40	24,00
	50m: 28.67 28.67 100m: 1:02.40 33.73				
10.	RODRIGUEZ PENA, Alejandro	92	RCN VIGO	1:02.54	23,00
	50m: 27.87 27.87 100m: 1:02.54 34.67				
11.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	1:02.85	22,00
	50m: 30.04 30.04 100m: 1:02.85 32.81				
12.	ALVAREZ ALVAREZ, Hector	00	C. N. PABELLON	1:02.92	21,00
	50m: 28.90 28.90 100m: 1:02.92 34.02				
13.	CARREIRA POSADA, Jorge	00	C. N. Panas	1:03.01	20,00
	50m: 29.01 29.01 100m: 1:03.01 34.00				
14.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	1:03.18	19,00
	50m: 29.13 29.13 100m: 1:03.18 34.05				
15.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	1:03.24	18,00
	50m: 29.62 29.62 100m: 1:03.24 33.62				
16.	FERNANDEZ DEL VALLE, Ivan	05	C. N. PABELLON	1:03.47	17,00
	50m: 30.08 30.08 100m: 1:03.47 33.39				
17.	PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	1:03.67	16,00
	50m: 30.23 30.23 100m: 1:03.67 33.44				
18.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:04.12	15,00
	50m: 31.37 31.37 100m: 1:04.12 32.75				
19.	BRAVO CUENCA, Pablo	00	C. N. Panas	1:04.14	14,00
	50m: 30.59 30.59 100m: 1:04.14 33.55				

Prueba 27, Masc., 100m Estilos, Open masculino

Clasificación		AN		Tiempo	PUNTOS
20.	ROIS PRADO, Luis	08	C. N. PORTAMIÑA	1:05.67	13,00
	50m: 29.75 29.75 100m: 1:05.67		35.92		
21.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	1:06.59	12,00
	50m: 32.35 32.35 100m: 1:06.59		34.24		
22.	ALVAREZ VAZQUEZ, Sergio	09	VIGO RIAS BAIXAS	1:09.43	11,00
	50m: 31.89 31.89 100m: 1:09.43		37.54		
23.	NEIRA LOPEZ, Francisco	01	CIDADE SANTIAGO	1:10.61	10,00
	50m: 33.17 33.17 100m: 1:10.61		37.44		
Baja	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	-	-
Baja	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	-	-
Baja	SUAREZ MARTINEZ, Pedro	10	SPORTING CASINO	-	-

Prueba 28
26/11/2023 - 11:13

Fem., 100m Estilos

Open femenino
Resultados

RG 1:02.79 , GOMEZ CORTES, BEATRIZ GALAICO 12/12/2010

Clasificación	AN	Tiempo	PUNTOS
1. GÓMEZ MESÍAS, Alba 50m: 29.96 29.96 100m: 1:04.91 34.95	00	C. N. ARTEIXO	1:04.91 35,00
2. CERNADAS GONZALEZ, Ana 50m: 29.50 29.50 100m: 1:05.08 35.58	04	C. FLUVIAL LUGO	1:05.08 32,00
3. FEIJOO GOMEZ, Eva 50m: 31.29 31.29 100m: 1:06.31 35.02	04	C. N. PABELLON	1:06.31 30,00
4. MOURENZA ROCHA, Sofia 50m: 31.17 31.17 100m: 1:06.72 35.55	07	C. N. PORTAMIÑA	1:06.72 29,00
5. RODRÍGUEZ ALONSO, Julia 50m: 32.06 32.06 100m: 1:08.12 36.06	05	RCN VIGO	1:08.12 28,00
6. LOPEZ SANMARTIN, Nerea 50m: 33.29 33.29 100m: 1:09.83 36.54	96	C. N. FERROL	1:09.83 27,00
7. RODRIGUEZ RODRIGUEZ, Nina 50m: 31.09 31.09 100m: 1:10.72 39.63	02	VIGO RIAS BAIXAS	1:10.72 26,00
8. SÁNCHEZ BELLO, Eva 50m: 31.50 31.50 100m: 1:10.86 39.36	07	C. N. ARTEIXO	1:10.86 25,00
9. CANO ROSALES, Laura 50m: 32.75 32.75 100m: 1:12.14 39.39	04	C. N. GALAICO	1:12.14 24,00
10. SARAIVA HAGE, Andrea C. 50m: 33.99 33.99 100m: 1:12.35 38.36	05	RCN VIGO	1:12.35 23,00
11. PEREIRO RODRIGUEZ, Carolina 50m: 34.96 34.96 100m: 1:12.44 37.48	08	C. N. MOS	1:12.44 22,00
12. CANALDA RAMOS, Laura 50m: 33.22 33.22 100m: 1:12.90 39.68	09	C. N. CORUÑA	1:12.90 20,50
LEIVAS ROCA, Candela 50m: 34.83 34.83 100m: 1:12.90 38.07	05	C. N. FERROL	1:12.90 20,50
14. MARTINEZ GARCIA, Uxia 50m: 33.85 33.85 100m: 1:13.03 39.18	09	VIGO RIAS BAIXAS	1:13.03 19,00
15. HERMIDA ALONSO, Antia 50m: 32.63 32.63 100m: 1:13.47 40.84	08	C. N. MOS	1:13.47 18,00
16. SÁNCHEZ TOJA, Candela 50m: 35.16 35.16 100m: 1:14.54 39.38	08	S. DEP. BOIRO	1:14.54 17,00
17. CERDEIRA TEIJEIRA, Clara 50m: 35.24 35.24 100m: 1:15.45 40.21	08	C. N. PORTAMIÑA	1:15.45 16,00
18. NISTAL PALACIOS, Mariña 50m: 36.52 36.52 100m: 1:15.65 39.13	07	SPORTING CASINO	1:15.65 15,00
19. BELLO ARMADA, Andrea 50m: 35.85 35.85 100m: 1:16.47 40.62	99	C. N. CULLEREDO	1:16.47 14,00

Prueba 28, Fem., 100m Estilos, Open femenino

Clasificación	AN		Tiempo	PUNTOS
20. CIVEIRA CORRAL, Nerea	04	C. N. PABELLON	1:16.89	13,00
50m: 36.20 36.20 100m: 1:16.89		40.69		
21. CUGINI LENCE, Emma	08	C. FLUVIAL LUGO	1:17.51	12,00
50m: 37.33 37.33 100m: 1:17.51		40.18		
22. CARRASCO DE CASTRO, Marina	10	C. N. MARINA	1:18.79	11,00
50m: 34.78 34.78 100m: 1:18.79		44.01		
23. GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	1:19.37	10,00
50m: 35.45 35.45 100m: 1:19.37		43.92		
24. MELLID LOSADA, Anxela	07	C. N. GALAICO	1:19.44	9,00
50m: 35.26 35.26 100m: 1:19.44		44.18		
25. FERREÑO LOURO, Andrea	09	SPORTING CASINO	1:28.93	8,00
50m: 40.51 40.51 100m: 1:28.93		48.42		
DSQ LOPEZ GOMEZ, Antia	09	C. N. MARINA		-
<i>Nado irregular</i>				
Baja SEIJAL REINO, Sabela	06	C. N. CORUÑA		-

Prueba 29
26/11/2023 - 11:22

Masc., 200m Espalda

Open masculino
Resultados

RG 1:55.19 , REGUEIRA SUAREZ, RUFINO RIVEIRA 29/11/2009

Clasificación	AN	Tiempo	PUNTOS
1. NAVARRO LOSADA, Sergi	07	C. N. FERROL 2:01.73	35,00 MMG
50m: 28.35 28.35 100m: 59.03 30.68 150m: 1:30.14 31.11 200m: 2:01.73 31.59			
2. QUIROGA RAMOS, Yago	05	C. N. PABELLON 2:06.56	32,00
50m: 30.68 30.68 100m: 1:03.09 32.41 150m: 1:34.93 31.84 200m: 2:06.56 31.63			
3. CARBALLO RODRIGUEZ, Enrique	07	C. N. PABELLON 2:08.95	30,00
50m: 30.23 30.23 100m: 1:03.39 33.16 150m: 1:36.08 32.69 200m: 2:08.95 32.87			
4. VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO 2:09.06	29,00
50m: 31.08 31.08 100m: 1:03.81 32.73 150m: 1:36.73 32.92 200m: 2:09.06 32.33			
5. SUAREZ MARTINEZ, Diego	08	SPORTING CASINO 2:09.17	28,00
50m: 30.30 30.30 100m: 1:03.30 33.00 150m: 1:36.55 33.25 200m: 2:09.17 32.62			
6. DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA 2:09.98	27,00
50m: 30.76 30.76 100m: 1:04.15 33.39 150m: 1:37.24 33.09 200m: 2:09.98 32.74			
7. ORECHIA, Agustín	06	CIDADE SANTIAGO 2:10.40	26,00
50m: 30.42 30.42 100m: 1:03.30 32.88 150m: 1:36.99 33.69 200m: 2:10.40 33.41			
8. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO 2:11.58	25,00
50m: 31.73 31.73 100m: 1:04.62 32.89 150m: 1:38.30 33.68 200m: 2:11.58 33.28			
9. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO 2:12.82	24,00
50m: 31.27 31.27 100m: 1:05.05 33.78 150m: 1:39.04 33.99 200m: 2:12.82 33.78			
10. LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL 2:12.96	23,00
50m: 31.49 31.49 100m: 1:05.10 33.61 150m: 1:39.26 34.16 200m: 2:12.96 33.70			
11. GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS 2:14.04	22,00
50m: 32.00 32.00 100m: 1:05.49 33.49 150m: 1:39.55 34.06 200m: 2:14.04 34.49			
12. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO 2:16.51	21,00
50m: 32.10 32.10 100m: 1:06.81 34.71 150m: 1:42.02 35.21 200m: 2:16.51 34.49			
13. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS 2:16.92	20,00
50m: 32.53 32.53 100m: 1:06.64 34.11 150m: 1:41.70 35.06 200m: 2:16.92 35.22			
14. SIMON COTELO, Manuel	01	C. N. Panas 2:17.02	19,00
50m: 32.05 32.05 100m: 1:06.33 34.28 150m: 1:42.14 35.81 200m: 2:17.02 34.88			
15. CARNEIRO VIQUEIRA, Xabier	00	C. N. Panas 2:19.16	18,00
50m: 32.37 32.37 100m: 1:07.29 34.92 150m: 1:43.62 36.33 200m: 2:19.16 35.54			
16. REY MUNIN, Tomas	06	CIDADE SANTIAGO 2:19.35	17,00
50m: 32.47 32.47 100m: 1:08.02 35.55 150m: 1:43.90 35.88 200m: 2:19.35 35.45			
17. ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO 2:20.00	16,00
50m: 32.73 32.73 100m: 1:08.08 35.35 150m: 1:44.15 36.07 200m: 2:20.00 35.85			
18. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS 2:20.35	15,00
50m: 32.81 32.81 100m: 1:07.98 35.17 150m: 1:43.86 35.88 200m: 2:20.35 36.49			
19. DE SAN JUAN GARCIA, Nicolas	07	C. N. PORTAMIÑA 2:21.38	14,00
50m: 32.45 32.45 100m: 1:07.76 35.31 150m: 1:44.92 37.16 200m: 2:21.38 36.46			

Prueba 29, Masc., 200m Espalda, Open masculino

Clasificación	AN		Tiempo	PUNTOS
20. PENAS CAYADO, Fernando	09	SPORTING CASINO	2:22.20	13,00
50m: 33.25 33.25 100m: 1:09.28		36.03 150m: 1:45.93	36.65	200m: 2:22.20 36.27
21. MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	2:22.76	12,00
50m: 33.50 33.50 100m: 1:09.57		36.07 150m: 1:46.51	36.94	200m: 2:22.76 36.25
22. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	2:23.28	11,00
50m: 32.88 32.88 100m: 1:10.48		37.60 150m: 1:47.49	37.01	200m: 2:23.28 35.79
23. PALLIN BUJAN, Hector	08	C. FLUVIAL LUGO	2:23.73	10,00
50m: 33.01 33.01 100m: 1:09.02		36.01 150m: 1:45.47	36.45	200m: 2:23.73 38.26
24. SANCHEZ GONZALEZ, Samuel	09	VIGO RIAS BAIXAS	2:24.05	9,00
50m: 33.61 33.61 100m: 1:09.64		36.03 150m: 1:47.07	37.43	200m: 2:24.05 36.98
25. GARCIA AROCHENA, Jacobo J.	09	C. N. CORUÑA	2:28.03	8,00
50m: 34.23 34.23 100m: 1:11.63		37.40 150m: 1:50.46	38.83	200m: 2:28.03 37.57
26. VIDAL ROSALES, Iago	09	RCN VIGO	2:33.90	7,00
50m: 35.81 35.81 100m: 1:15.50		39.69 150m: 1:55.75	40.25	200m: 2:33.90 38.15

Prueba 30
26/11/2023 - 11:38

Fem., 200m Espalda

Open femenino
Resultados

RG 2:10.70 , CERNADAS GONZALEZ ANA CFVLUGO 25/11/2022

Clasificación	AN	Tiempo	PUNTOS
1. LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA 2:22.65	35,00 MMG
50m: 33.42 33.42 100m: 1:08.79	35.37 150m: 1:45.41	36.62 200m: 2:22.65	37.24
2. BORRAZAS RODRIGUEZ, Noa	08	SPORTING CASINO 2:22.99	32,00
50m: 34.05 34.05 100m: 1:10.15	36.10 150m: 1:46.79	36.64 200m: 2:22.99	36.20
3. CAMBA PRADA, Alexia	05	C. N. PABELLON 2:23.82	30,00
50m: 32.86 32.86 100m: 1:09.62	36.76 150m: 1:47.29	37.67 200m: 2:23.82	36.53
4. REQUEJO FERNANDEZ, Irene	10	C. N. PABELLON 2:26.68	29,00
50m: 33.85 33.85 100m: 1:09.75	35.90 150m: 1:47.95	38.20 200m: 2:26.68	38.73
5. VEIGA SOUTO, Ana	98	C. N. ARTEIXO 2:28.52	28,00
50m: 34.94 34.94 100m: 1:12.17	37.23 150m: 1:50.50	38.33 200m: 2:28.52	38.02
6. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO 2:29.90	27,00
50m: 35.01 35.01 100m: 1:12.66	37.65 150m: 1:51.77	39.11 200m: 2:29.90	38.13
7. GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS 2:31.41	26,00
50m: 34.55 34.55 100m: 1:12.05	37.50 150m: 1:51.94	39.89 200m: 2:31.41	39.47
8. GIL GARNACHO, Carlota	09	SPORTING CASINO 2:31.58	25,00
50m: 35.87 35.87 100m: 1:14.28	38.41 150m: 1:53.71	39.43 200m: 2:31.58	37.87
9. PEREZ GARCIA-PICHER, Ana	98	RCN VIGO 2:31.64	24,00
50m: 35.47 35.47 100m: 1:13.74	38.27 150m: 1:52.69	38.95 200m: 2:31.64	38.95
10. CARRASCO DE CASTRO, Marina	10	C. N. MARINA 2:36.10	23,00
50m: 36.28 36.28 100m: 1:15.39	39.11 150m: 1:55.93	40.54 200m: 2:36.10	40.17
11. SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA 2:36.53	22,00
50m: 36.78 36.78 100m: 1:16.19	39.41 150m: 1:56.54	40.35 200m: 2:36.53	39.99
12. NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS 2:36.89	21,00
50m: 37.45 37.45 100m: 1:18.15	40.70 150m: 1:57.90	39.75 200m: 2:36.89	38.99
13. DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO 2:38.10	20,00
50m: 36.37 36.37 100m: 1:16.50	40.13 150m: 1:57.55	41.05 200m: 2:38.10	40.55
14. LEMA SIMAL, Nuria	07	C. N. ARTEIXO 2:38.27	19,00
50m: 36.57 36.57 100m: 1:15.51	38.94 150m: 1:56.61	41.10 200m: 2:38.27	41.66
15. GUIRADO AGRA, Sofia	09	C. N. CULLEREDO 2:38.96	18,00
50m: 36.71 36.71 100m: 1:16.62	39.91 150m: 1:58.55	41.93 200m: 2:38.96	40.41
16. VIDAL RODRIGUEZ, Mara	10	C. N. GALAICO 2:39.29	17,00
50m: 36.96 36.96 100m: 1:17.16	40.20 150m: 1:58.74	41.58 200m: 2:39.29	40.55
17. SEGOVIA CARBALLO, Paula	00	C. N. FERROL 2:40.90	16,00
50m: 36.80 36.80 100m: 1:17.16	40.36 150m: 1:58.94	41.78 200m: 2:40.90	41.96
18. ARRUÑADA VAZQUEZ, Carmen	10	C. N. CORUÑA 2:42.13	15,00
50m: 38.42 38.42 100m: 1:19.25	40.83 150m: 2:00.66	41.41 200m: 2:42.13	41.47
19. VILLAR ARCEO, Iria	08	C. N. CORUÑA 2:42.41	14,00
50m: 37.17 37.17 100m: 1:17.54	40.37 150m: 1:59.92	42.38 200m: 2:42.41	42.49

Prueba 30, Fem., 200m Espalda, Open femenino

Clasificación		AN			Tiempo	PUNTOS		
20.	REY CONESA, Carolina	04	C. N. FERROL	2:45.50	13,00			
	50m: 37.69 37.69	100m: 1:18.65	40.96	150m: 2:01.47	42.82	200m: 2:45.50	44.03	
21.	LOPEZ GOMEZ, Antia	09	C. N. MARINA	2:47.39	12,00			
	50m: 39.84 39.84	100m: 1:22.40	42.56	150m: 2:05.35	42.95	200m: 2:47.39	42.04	
22.	LORENZO ALONSO, Lara	09	C. N. MOS	3:12.70	11,00			
	50m: 45.37 45.37	100m: 1:33.78	48.41	150m: 2:23.42	49.64	200m: 3:12.70	49.28	
23.	CARRERA ALONSO, Emma	07	C. N. MOS	3:12.97	10,00			
	50m: 44.65 44.65	100m: 1:32.29	47.64	150m: 2:23.52	51.23	200m: 3:12.97	49.45	
24.	PEREZ PAZ, Uxia	09	C. N. CULLEREDO	3:26.83	9,00			
	50m: 48.75 48.75	100m: 1:41.08	52.33	150m: 2:35.79	54.71	200m: 3:26.83	51.04	

Prueba 31
26/11/2023 - 12:00

Masc., 100m Libre

Open masculino
Resultados

RG 48.62 , GARCIA SOTO, MARCOS CNFERRO 29/12/2015

Clasificación	AN	Tiempo	PUNTOS
1. VAZQUEZ LOPEZ, Martin	03 C. N. PORTAMIÑA	51.25	35,00
50m: 24.58 24.58 100m: 51.25 26.67			
2. SANLÉS DIESTE, Hugo	04 S. DEP. BOIRO	53.14	32,00
50m: 25.38 25.38 100m: 53.14 27.76			
3. ARES BARRAL, Anton	00 C. N. Panas	53.16	30,00
50m: 25.87 25.87 100m: 53.16 27.29			
4. BRAVO CONDE, Cristian	00 C. N. Panas	53.17	29,00
50m: 25.68 25.68 100m: 53.17 27.49			
5. SANCHEZ VAZQUEZ, Antonio	04 C. N. PORTAMIÑA	53.32	28,00
50m: 26.22 26.22 100m: 53.32 27.10			
6. ALVAREZ FERNANDEZ, Borja	96 C. FLUVIAL LUGO	53.48	27,00
50m: 25.35 25.35 100m: 53.48 28.13			
7. RODRIGUEZ DOMINGUEZ, Fco. Javier	04 C. N. PONTEAREAS	54.04	26,00
50m: 26.62 26.62 100m: 54.04 27.42			
8. ALONSO VIDAL, Teo	07 VIGO RIAS BAIXAS	55.06	25,00
50m: 26.74 26.74 100m: 55.06 28.32			
9. LOSADA JIMENEZ, Alvaro	99 C. N. FERROL	55.21	24,00
50m: 26.48 26.48 100m: 55.21 28.73			
10. BARROS DA SILVA, Pedro	07 C. N. GALAICO	55.22	23,00
50m: 26.92 26.92 100m: 55.22 28.30			
11. LOPEZ FERNANDEZ, Martin	04 C. N. PABELLON	55.27	22,00
50m: 26.48 26.48 100m: 55.27 28.79			
12. GONZÁLEZ CARBALLAL, Manuel	05 RCN VIGO	55.28	21,00
50m: 26.87 26.87 100m: 55.28 28.41			
13. PAZOS IGLESIAS, André	07 RCN VIGO	55.41	20,00
50m: 26.82 26.82 100m: 55.41 28.59			
14. ETAYO GARCIA, Oscar	06 C. N. CORUÑA	55.87	19,00
50m: 26.84 26.84 100m: 55.87 29.03			
15. PAZ RODRIGUEZ, Aritz	06 C. N. PABELLON	56.06	18,00
50m: 27.07 27.07 100m: 56.06 28.99			
16. MORENO TEIJEIRO, Andre	07 C. FLUVIAL LUGO	56.13	17,00
50m: 27.22 27.22 100m: 56.13 28.91			
17. SUÁREZ COSTA, Luis	96 C. N. ARTEIXO	56.62	16,00
50m: 27.15 27.15 100m: 56.62 29.47			
18. CAO HERMO, Breixo	10 S. DEP. BOIRO	56.76	15,00 MMG
50m: 27.29 27.29 100m: 56.76 29.47			
19. PINO LORENZO, Brais	01 C. N. PONTEAREAS	56.95	14,00
50m: 27.68 27.68 100m: 56.95 29.27			

Prueba 31, Masc., 100m Libre, Open masculino

Clasificación		AN		Tiempo	PUNTOS
20.	SENDINO GESTOSO, Roi	01	C. N. CORUÑA	57.32	13,00
	50m: 27.36 27.36 100m: 57.32 29.96				
21.	RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	57.77	12,00
	50m: 27.78 27.78 100m: 57.77 29.99				
22.	RODRIGUEZ RAÑA, Miguel	09	VIGO RIAS BAIXAS	58.09	11,00
	50m: 28.29 28.29 100m: 58.09 29.80				
23.	SUAREZ RIPOLL, Xian	03	CIDADE SANTIAGO	58.52	10,00
	50m: 28.02 28.02 100m: 58.52 30.50				
24.	NEIRA LOPEZ, Francisco	01	CIDADE SANTIAGO	58.53	9,00
	50m: 28.31 28.31 100m: 58.53 30.22				
25.	OTERO GARCIA, Isaac	07	C. N. GALAICO	58.64	8,00
	50m: 27.35 27.35 100m: 58.64 31.29				
26.	SOBRINO NOGALES, Sebastian	08	SPORTING CASINO	1:00.14	7,00
	50m: 28.90 28.90 100m: 1:00.14 31.24				
27.	CARRIL SOUTO, Javier	03	C. N. ARTEIXO	1:00.43	6,00
	50m: 29.11 29.11 100m: 1:00.43 31.32				
28.	SUAREZ MARTINEZ, Pedro	10	SPORTING CASINO	1:01.79	5,00
	50m: 29.30 29.30 100m: 1:01.79 32.49				
Baja	BOQUETE OTERO, Gael	08	SPORTING CASINO	-	-

Prueba 32
26/11/2023 - 12:08

Fem., 100m Libre

Open femenino
Resultados

RG 55.09 , GOMEZ CORTES, BEATRIZ GALAICO 30/11/2012

Clasificación	AN	Tiempo	PUNTOS
1. OUVIÑA PICOS, Nadiuska	10 S. DEP. BOIRO	59.96	35,00
50m: 28.38 28.38 100m: 59.96 31.58			
2. CONS GESTIDO, Henar Diana	02 RCN VIGO	1:00.54	32,00
50m: 29.37 29.37 100m: 1:00.54 31.17			
3. LOPEZ-FREIRE FRANCIA, Carmen	07 C. N. PORTAMIÑA	1:01.25	30,00
50m: 29.37 29.37 100m: 1:01.25 31.88			
4. BLANCO ROUCO, Carmen	06 VIGO RIAS BAIXAS	1:01.81	29,00
50m: 29.81 29.81 100m: 1:01.81 32.00			
5. MARTINEZ OTERO, Eva	08 C. N. MOS	1:02.01	28,00
50m: 29.58 29.58 100m: 1:02.01 32.43			
6. FREIJE TORNEIRO, Aroa	98 C. N. PORTAMIÑA	1:02.20	27,00
50m: 29.16 29.16 100m: 1:02.20 33.04			
7. LADRA CAMPO, Martina	08 C. FLUVIAL LUGO	1:02.25	26,00
50m: 29.99 29.99 100m: 1:02.25 32.26			
8. HERNAEZ GONZALEZ, Paula	08 C. N. CULLEREDO	1:02.58	25,00
50m: 30.02 30.02 100m: 1:02.58 32.56			
9. CANO ROSALES, Laura	04 C. N. GALAICO	1:03.17	24,00
50m: 30.08 30.08 100m: 1:03.17 33.09			
10. FERNANDEZ PRIETO, Nayara	05 C. N. GALAICO	1:03.33	23,00
50m: 30.49 30.49 100m: 1:03.33 32.84			
11. BALADO PENA, Celtia	07 C. N. MARINA	1:03.37	22,00
50m: 30.01 30.01 100m: 1:03.37 33.36			
12. GROBA COMESAÑA, Noa	06 RCN VIGO	1:03.40	21,00
50m: 30.31 30.31 100m: 1:03.40 33.09			
13. SALGUEIRIÑO ÁLVAREZ, Noa	08 C. N. MOS	1:03.85	20,00
50m: 30.53 30.53 100m: 1:03.85 33.32			
14. BLANCO MENDEZ, Claudia	08 C. N. PABELLON	1:04.85	19,00
50m: 30.41 30.41 100m: 1:04.85 34.44			
15. MENDEZ BERNARDEZ, Arianna	04 C. N. PABELLON	1:04.90	18,00
50m: 30.87 30.87 100m: 1:04.90 34.03			
16. CARRASCO BOUZAMAYOR, Sabela	08 C. N. FERROL	1:05.47	17,00
50m: 31.21 31.21 100m: 1:05.47 34.26			
17. ANEIROS DOPICO, Laura	00 C. N. MARINA	1:05.66	16,00
50m: 30.52 30.52 100m: 1:05.66 35.14			
18. GARCÍA ESPAÑA, Elena	09 S. DEP. BOIRO	1:05.93	15,00
50m: 31.84 31.84 100m: 1:05.93 34.09			
19. DÍAZ ARMADA, Zoe	07 C. N. FERROL	1:07.65	14,00
50m: 32.44 32.44 100m: 1:07.65 35.21			

Prueba 32, Fem., 100m Libre, Open femenino

Clasificación	AN		Tiempo	PUNTOS
20. GARCÍA NAYA, Irene	06	C. N. ARTEIXO	1:07.96	13,00
50m: 32.92 32.92 100m: 1:07.96		35.04		
21. CABANAS DEL RIO, Carla	09	SPORTING CASINO	1:08.00	12,00
50m: 32.97 32.97 100m: 1:08.00		35.03		
22. GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	1:08.43	11,00
50m: 32.43 32.43 100m: 1:08.43		36.00		
23. RODRIGUEZ SUAREZ, Iria	07	C. N. CULLEREDO	1:08.55	10,00
50m: 33.18 33.18 100m: 1:08.55		35.37		
24. ASENSIO VÁZQUEZ, Nerea	07	C. N. ARTEIXO	1:09.07	9,00
50m: 32.88 32.88 100m: 1:09.07		36.19		
25. SALLERES MOURO, Candela	07	SPORTING CASINO	1:10.85	8,00
50m: 34.35 34.35 100m: 1:10.85		36.50		
26. SEIJAL REINO, Sabela	06	C. N. CORUÑA	1:17.29	7,00
50m: 35.95 35.95 100m: 1:17.29		41.34		
27. SANCHEZ GARCIA, Antia	10	C. FLUVIAL LUGO	1:17.34	6,00
50m: 37.87 37.87 100m: 1:17.34		39.47		
DSQ FERREÑO LOURO, Andrea	09	SPORTING CASINO	-	-
NP FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	-	-

Prueba 33
26/11/2023 - 12:30

Masc., 4 x 50m Estilos

Open masculino
Resultados

RG 1:41.65 ARZUA ARZUA 28/12/2019

Clasificación

				Tiempo	PUNTOS	
1.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	1:44.97	70,00	
	DIAZ- BECERRA LOPEZ, Anton 05	27.58	VAZQUEZ LOPEZ, Martin	03	24.00	
	NOVO LOPEZ, Brais 03	29.33	SANCHEZ VAZQUEZ, Antonio	04	24.06	
2.	C. N. FERROL 1		C. N. FERROL	1:46.93	64,00	MMG
	NAVARRO LOSADA, Sergi 07	26.46	LOSADA JIMÉNEZ, Sergio	04	26.20	
	SEIJO BERMUDEZ, Daniel 04	30.14	LÓPEZ ANIDO, Nelson Andrés	00	24.13	
3.	C. N. Panas 1		C. N. Panas	1:48.28	60,00	
	CARNEIRO VIQUEIRA, Xabier 00	28.38	GARCIA GARAY, Marcos	01	25.66	
	ARES BARRAL, Anton 00	30.53	BRAVO CONDE, Cristian	00	23.71	
4.	C. N. GALAICO 1		C. N. GALAICO	1:49.83	58,00	
	SANCHEZ LOUZAN, Daniel 98	26.87	PEREZ GARCIA, Iker	07	27.17	
	VAZQUEZ FERNANDEZ, Nicolas 06	30.82	BARROS DA SILVA, Pedro	07	24.97	
5.	C. N. PABELLON 1		C. N. PABELLON	1:50.03	56,00	
	QUIROGA RAMOS, Yago 05	27.65	MERZLYAKOV KOSTOMAROV, Milail	07	27.55	
	FERNANDEZ DEL VALLE, Ivan 05	31.50	CIVEIRA CORRAL, Raul	02	23.33	
6.	C. N. ARTEIXO 1		C. N. ARTEIXO	1:50.19	54,00	
	VARELA PASANDÍN, Manuel 06	28.56	DEL RIO REGUEIRA, Ruben	93	26.18	
	GÓMEZ MESÍAS, Miguel Ángel 03	29.80	GARCÍA CASTRO, Mateo	05	25.65	
7.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	1:50.32	52,00	
	ARCE RODRIGUEZ, Igor 02	28.33	ORECHIA, Agustín	06	25.76	
	PARCERO AREOSO, Xoel 07	30.19	SUAREZ RIPOLL, Xian	03	26.04	
8.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	1:51.10	50,00	
	GONZALEZ ESTEVEZ, Yoel 07	28.94	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	27.24	
	FARO MARTINEZ, Yoel 07	30.17	PINO LORENZO, Brais	01	24.75	
9.	RCN VIGO 1		RCN VIGO	1:51.12	48,00	
	RODRIGUEZ PENA, Alejandro 92	27.97	CIDRÁS PÉREZ, Fabián	05	27.28	
	DOMÍNGUEZ FERNÁNDEZ, Pablo 01	31.62	PAZOS IGLESIAS, André	07	24.25	
10.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	1:53.88	46,00	
	PIÑEIRO RODRIGUEZ, Samuel 07	29.70	RODRIGUEZ VIEITEZ, Hugo	08	27.73	
	PASTORIZA SANTA CLARA, Jorge 97	31.56	ALONSO VIDAL, Teo	07	24.89	
11.	C. N. CORUÑA 1		C. N. CORUÑA	1:55.72	44,00	
	ALCALDE MAHIA, Jun Bin 08	30.54	ETAYO GARCIA, Oscar	06	28.44	
	PICALLO MARANTE, Sergi 01	31.65	GOMEZ LIMIA, Pablo	06	25.09	
12.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	1:55.93	42,00	
	TEJEIRO PRADO, Xoel 06	28.36	MORENO TEJEIRO, Andre	07	27.93	
	PARDO PERNAS, Martin 02	32.23	PALLIN BUJAN, Hector	08	27.41	
13.	SPORTING CASINO 1		SPORTING CASINO	2:01.29	40,00	
	SUAREZ MARTINEZ, Diego 08	28.15	SUAREZ MARTINEZ, Pedro	10	30.46	
	NISTAL PALACIOS, Rafael 09	35.37	PENAS CAYADO, Fernando	09	27.31	

Prueba 34
26/11/2023 - 12:38

Fem., 4 x 50m Estilos

Open femenino
Resultados

RG 1:57.13 NCORUÑA NCORUÑA 18/04/2009

Clasificación

Tiempo PUNTOS

1.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	2:02.05	70,00	
	LOPEZ-FREIRE FRANCIA, Celia	10	31.23	MOURENZA ROCHA, Ines	07		29.64
	MOURENZA ROCHA, Sofia	07	33.45	LOPEZ-FREIRE FRANCIA, Carmen	07		27.73
2.	RCN VIGO 1			RCN VIGO	2:04.88	64,00	
	MARTÍNEZ NOVOA, Ángela	04	31.27	RODRÍGUEZ ALONSO, Julia	05		30.43
	CONS GESTIDO, Henar Diana	02	35.38	CONS GESTIDO, Victoria Anna	05		27.80
3.	C. N. ARTEIXO 1			C. N. ARTEIXO	2:05.29	60,00	
	SÁNCHEZ BELLO, Eva	07	32.13	VEIGA SOUTO, Ana	98		30.86
	GÓMEZ MESÍAS, Alba	00	33.58	FOLGUEIRA SUÁREZ, Tamara	94		28.72
4.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	2:05.88	58,00	
	BLANCO ROUCO, Carmen	06	31.53	RODRIGUEZ RODRIGUEZ, Nina	02		29.60
	GONZALEZ GONZALEZ, Iara	09	37.58	ALVAREZ PAZOS, Maria	07		27.17
5.	C. N. MOS 1			C. N. MOS	2:05.95	56,00	
	MARTINEZ OTERO, Eva	08	31.86	HERMIDA ALONSO, Antia	08		30.01
	PEREIRO RODRIGUEZ, Carolina	08	35.06	SALGUEIRIÑO ÁLVAREZ, Noa	08		29.02
6.	C. N. FERROL 1			C. N. FERROL	2:09.11	54,00	
	VILLARNOVO PAZOS, Lucia	08	32.17	CARRASCO BOUZAMAYOR, Sabe	08		32.19
	LEIVAS ROCA, Candela	05	37.36	LOPEZ SANMARTIN, Nerea	96		27.39
7.	C. N. GALAICO 1			C. N. GALAICO	2:10.89	52,00	
	VIDAL RODRIGUEZ, Mara	10	34.11	FERNANDEZ PRIETO, Nayara	05		31.79
	CANO ROSALES, Laura	04	36.96	BARROS DA SILVA, Sofia	09		28.03
8.	C. N. MARINA 1			C. N. MARINA	2:10.92	50,00	
	CARRASCO DE CASTRO, Marina	10	34.17	BALADO PENA, Celtia	07		30.36
	GARCIA RODRIGUEZ, Andrea	10	37.59	ANEIROS DOPICO, Laura	00		28.80
9.	C. N. CULLEREDO 1			C. N. CULLEREDO	2:12.85	48,00	
	GUIRADO AGRA, Sofia	09	34.68	BELLO ARMADA, Andrea	99		31.19
	HERNAEZ GONZALEZ, Paula	08	35.61	RODRIGUEZ SUAREZ, Iria	07		31.37
10.	C. N. PABELLON 1			C. N. PABELLON	2:14.38	46,00	
	REQUEJO FERNANDEZ, Irene	10	31.90	MARTINEZ ZABALA, Sunai	07		32.87
	CIVEIRA CORRAL, Nerea	04	40.01	MENDEZ BERNARDEZ, Arianna	04		29.60
11.	SPORTING CASINO 1			SPORTING CASINO	2:15.68	44,00	
	CABANAS DEL RIO, Carla	09	35.74	GIL GARNACHO, Carlota	09		32.64
	NISTAL PALACIOS, Mariña	07	37.90	COUCEIRO BARREIRO, Marta	07		29.40
12.	S. DEP. BOIRO 1			S. DEP. BOIRO	2:20.95	42,00	
	GONZÁLEZ OJEA, Carmen	06	37.30	OZORES CHOUZA, Lara	06		33.77
	RAMOS MÍGUEZ, Leyre	06	39.10	PÉREZ LORENZO, Celia	07		30.78
13.	C. N. CORUÑA 1			C. N. CORUÑA	2:26.13	40,00	
	VILLAR ARCEO, Iria	08	34.85	ARRUÑADA VAZQUEZ, Carmen	10		37.06
	CANALDA RAMOS, Laura	09	39.72	SEIJAL REINO, Sabela	06		34.50

Prueba 34, Fem., 4 x 50m Estilos

EXH C. FLUVIAL LUGO 1

C. FLUVIAL LUGO

-

Prueba 35
26/11/2023 - 17:00

Fem., 50m Libre

Open femenino
Resultados

RG 25.60 , GARCIA SILVA ANTIA GALAICO 29/12/2021

Clasificación	AN	Tiempo	PUNTOS
1. LOPEZ SANMARTIN, Nerea	96	C. N. FERROL 27.24	35,00
2. OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO 27.62	32,00 MMG
3. CONS GESTIDO, Henar Diana	02	RCN VIGO 27.73	30,00
4. CONS GESTIDO, Victoria Anna	05	RCN VIGO 28.38	29,00
5. FREIJE TORNEIRO, Aroa	98	C. N. PORTAMIÑA 28.39	28,00
6. LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA 28.59	27,00
7. MARTINEZ OTERO, Eva	08	C. N. MOS 28.65	26,00
8. BALADO PENA, Celtia	07	C. N. MARINA 28.69	25,00
9. BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS 28.79	24,00
10. CANO ROSALES, Laura	04	C. N. GALAICO 28.82	23,00
11. FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO 29.01	22,00
12. SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS 29.07	21,00
13. BLANCO MENDEZ, Claudia	08	C. N. PABELLON 29.26	20,00
14. FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO 29.27	19,00
15. ANEIROS DOPICO, Laura	00	C. N. MARINA 29.33	18,00
16. GIL GARNACHO, Carlota	09	SPORTING CASINO 29.49	17,00
17. MENDEZ BERNARDEZ, Arianna	04	C. N. PABELLON 30.11	16,00
18. PEREIRA-BORRAJO VAYO, Marta	08	VIGO RIAS BAIXAS 30.13	15,00
19. GARCÍA NAYA, Irene	06	C. N. ARTEIXO 30.40	14,00
20. GARCÍA ESPAÑA, Elena	09	S. DEP. BOIRO 30.80	13,00
21. CUGINI LENCE, Emma	08	C. FLUVIAL LUGO 30.92	12,00
22. DÍAZ ARMADA, Zoe	07	C. N. FERROL 31.45	11,00
23. RODRIGUEZ SUAREZ, Iria	07	C. N. CULLEREDO 31.69	10,00
24. SOUTO GOMEZ, Claudia	10	C. FLUVIAL LUGO 31.92	9,00
25. MENDEZ LOPEZ, Helena	10	C. N. CORUÑA 34.39	8,00
26. SEIJAL REINO, Sabela	06	C. N. CORUÑA 34.83	7,00
27. FERREÑO LOURO, Andrea	09	SPORTING CASINO 35.55	6,00
28. PEREZ PAZ, Uxia	09	C. N. CULLEREDO 36.59	5,00

Prueba 36
26/11/2023 - 17:05

Masc., 50m Libre

Open masculino
Resultados

RG 22.20 , GARCIA SOTO, MARCOS CNFERRO 30/12/2015

Clasificación	AN		Tiempo	PUNTOS
1. VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	23.05	35,00
2. ARES BARRAL, Anton	00	C. N. Panas	23.95	32,00
3. CIVEIRA CORRAL, Raul	02	C. N. PABELLON	24.20	30,00
4. SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	24.33	29,00
5. ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	24.52	28,00
6. SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	24.55	27,00
7. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	24.78	25,50
PAZOS IGLESIAS, André	07	RCN VIGO	24.78	25,50
9. DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	24.93	24,00
10. CARREIRA POSADA, Jorge	00	C. N. Panas	24.99	23,00
11. PINO LORENZO, Brais	01	C. N. PONTEAREAS	25.03	22,00
12. LOSADA JIMENEZ, Alvaro	99	C. N. FERROL	25.04	21,00
13. RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	25.12	20,00
14. GONZÁLEZ CARBALLAL, Manuel	05	RCN VIGO	25.20	19,00
15. ETAYO GARCIA, Oscar	06	C. N. CORUÑA	25.38	18,00
16. SUÁREZ COSTA, Luis	96	C. N. ARTEIXO	25.47	17,00
17. PISO SEÑORAN, Alejandro	03	C. N. GALAICO	25.57	16,00
18. MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	25.85	15,00
19. SENDINO GESTOSO, Roi	01	C. N. CORUÑA	25.88	14,00
20. OTERO GARCIA, Isaac	07	C. N. GALAICO	26.19	13,00
21. ARCE RODRIGUEZ, Igor	02	CIDADE SANTIAGO	26.33	12,00
22. PAZ RODRIGUEZ, Aritz	06	C. N. PABELLON	26.45	11,00
23. SUAREZ RIPOLL, Xian	03	CIDADE SANTIAGO	26.68	10,00
24. CAO HERMO, Breixo	10	S. DEP. BOIRO	26.86	9,00 MMG
25. CARRIL SOUTO, Javier	03	C. N. ARTEIXO	27.46	8,00
Baja BOQUETE OTERO, Gael	08	SPORTING CASINO		-

Prueba 37
26/11/2023 - 17:10

Fem., 200m Estilos

Open femenino
Resultados

RG 2:10.93 , GOMEZ CORTES, BEATRIZ GALAICO 01/12/2013

Clasificación

	AN		Tiempo	PUNTOS	
1. FEIJOO GOMEZ, Eva	04	C. N. PABELLON	2:21.53	35,00	
50m: 30.96 30.96 100m: 1:06.95 35.99 150m: 1:50.48 43.53 200m: 2:21.53 31.05					
2. MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:22.05	32,00	
50m: 32.15 32.15 100m: 1:10.21 38.06 150m: 1:49.13 38.92 200m: 2:22.05 32.92					
3. RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:22.91	30,00	
50m: 31.18 31.18 100m: 1:09.01 37.83 150m: 1:50.14 41.13 200m: 2:22.91 32.77					
4. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:27.75	29,00	
50m: 31.85 31.85 100m: 1:10.67 38.82 150m: 1:54.09 43.42 200m: 2:27.75 33.66					
5. SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:29.21	28,00	
50m: 32.67 32.67 100m: 1:08.77 36.10 150m: 1:54.98 46.21 200m: 2:29.21 34.23					
6. VEIGA SOUTO, Ana	98	C. N. ARTEIXO	2:29.89	27,00	
50m: 32.31 32.31 100m: 1:09.67 37.36 150m: 1:55.67 46.00 200m: 2:29.89 34.22					
7. GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS	2:34.19	26,00	
50m: 34.18 34.18 100m: 1:11.70 37.52 150m: 1:58.78 47.08 200m: 2:34.19 35.41					
8. LOPEZ FERNANDEZ, Aitana	09	C. N. PORTAMIÑA	2:36.64	25,00	
50m: 33.98 33.98 100m: 1:14.42 40.44 150m: 2:00.54 46.12 200m: 2:36.64 36.10					
9. CANALDA RAMOS, Laura	09	C. N. CORUÑA	2:37.23	24,00	
50m: 33.75 33.75 100m: 1:13.47 39.72 150m: 2:01.52 48.05 200m: 2:37.23 35.71					
10. PAZOS IGLESIAS, Elisa	09	RCN VIGO	2:37.63	23,00	
50m: 35.90 35.90 100m: 1:14.31 38.41 150m: 1:59.82 45.51 200m: 2:37.63 37.81					
11. REQUEJO FERNANDEZ, Irene	10	C. N. PABELLON	2:38.92	22,00	
50m: 35.94 35.94 100m: 1:12.76 36.82 150m: 2:02.64 49.88 200m: 2:38.92 36.28					
12. LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	2:39.01	21,00	
50m: 33.26 33.26 100m: 1:15.90 42.64 150m: 2:04.24 48.34 200m: 2:39.01 34.77					
13. REY CONESA, Carolina	04	C. N. FERROL	2:40.58	20,00	
50m: 34.25 34.25 100m: 1:15.22 40.97 150m: 2:02.45 47.23 200m: 2:40.58 38.13					
14. SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:43.28	19,00	
50m: 33.77 33.77 100m: 1:14.68 40.91 150m: 2:05.36 50.68 200m: 2:43.28 37.92					
15. LOPEZ GOMEZ, Antia	09	C. N. MARINA	2:43.90	18,00	
50m: 34.08 34.08 100m: 1:16.82 42.74 150m: 2:05.90 49.08 200m: 2:43.90 38.00					
16. CARRASCO DE CASTRO, Marina	10	C. N. MARINA	2:47.29	17,00	
50m: 36.28 36.28 100m: 1:16.83 40.55 150m: 2:08.99 52.16 200m: 2:47.29 38.30					
17. MARTIN VEIRA, Alicia	08	C. N. CULLEREDO	2:51.39	16,00	
50m: 36.80 36.80 100m: 1:22.76 45.96 150m: 2:12.72 49.96 200m: 2:51.39 38.67					
18. OZORES CHOUZA, Lara	06	S. DEP. BOIRO	2:52.04	15,00	
50m: 34.92 34.92 100m: 1:20.15 45.23 150m: 2:12.55 52.40 200m: 2:52.04 39.49					
19. VILLAR ARCEO, Iria	08	C. N. CORUÑA	2:54.93	14,00	
50m: 37.95 37.95 100m: 1:20.21 42.26 150m: 2:14.76 54.55 200m: 2:54.93 40.17					

Prueba 37, Fem., 200m Estilos, Open femenino

Clasificación		AN			Tiempo	PUNTOS
20.	SANCHEZ GARCIA, Antia	10	C. FLUVIAL LUGO		3:02.44	13,00
	50m: 42.68 42.68 100m: 1:32.30 49.62 150m: 2:20.95 48.65 200m: 3:02.44 41.49					
Baja	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO			-
Baja	ORTEGO PORTA, Aldara	07	C. N. GALAICO			-

Prueba 38
26/11/2023 - 17:22

Masc., 200m Estilos

Open masculino
Resultados

RG 2:00.52 , MARTÍNEZ NOVOA, MIGUEL RCNVIGO 28/12/2019

Clasificación	AN		Tiempo		PUNTOS
1. NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:07.80	35,00	
50m: 27.77 27.77 100m: 59.10		31.33 150m: 1:38.69	39.59	200m: 2:07.80	29.11
2. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	2:11.24	32,00	
50m: 29.29 29.29 100m: 1:03.69		34.40 150m: 1:40.58	36.89	200m: 2:11.24	30.66
3. ORECHIA, Agustín	06	CIDADE SANTIAGO	2:11.64	30,00	
50m: 27.15 27.15 100m: 1:00.49		33.34 150m: 1:40.67	40.18	200m: 2:11.64	30.97
4. GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:13.42	29,00	
50m: 28.54 28.54 100m: 1:02.92		34.38 150m: 1:40.68	37.76	200m: 2:13.42	32.74
5. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:13.83	28,00	
50m: 29.04 29.04 100m: 1:03.77		34.73 150m: 1:41.23	37.46	200m: 2:13.83	32.60
6. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:14.72	27,00	
50m: 27.74 27.74 100m: 1:03.69		35.95 150m: 1:42.90	39.21	200m: 2:14.72	31.82
7. LOPEZ FERNANDEZ, Martin	04	C. N. PABELLON	2:16.98	26,00	
50m: 29.76 29.76 100m: 1:04.58		34.82 150m: 1:45.30	40.72	200m: 2:16.98	31.68
8. FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:17.80	25,00	
50m: 30.21 30.21 100m: 1:06.03		35.82 150m: 1:46.98	40.95	200m: 2:17.80	30.82
9. GUTIERREZ MARÍÑO, Santiago	02	C. N. PABELLON	2:18.65	24,00	
50m: 30.17 30.17 100m: 1:06.10		35.93 150m: 1:47.51	41.41	200m: 2:18.65	31.14
10. VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:18.73	23,00	
50m: 29.49 29.49 100m: 1:05.17		35.68 150m: 1:46.89	41.72	200m: 2:18.73	31.84
11. INFESTAS CARAZO, Samuel	03	RCN VIGO	2:18.79	22,00	
50m: 29.52 29.52 100m: 1:07.03		37.51 150m: 1:47.29	40.26	200m: 2:18.79	31.50
12. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	2:18.88	21,00	
50m: 30.45 30.45 100m: 1:05.73		35.28 150m: 1:47.09	41.36	200m: 2:18.88	31.79
13. CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:20.04	20,00	
50m: 29.48 29.48 100m: 1:05.96		36.48 150m: 1:46.88	40.92	200m: 2:20.04	33.16
14. FRAGA VISOS, Teo	08	CIDADE SANTIAGO	2:22.09	19,00	
50m: 31.95 31.95 100m: 1:08.82		36.87 150m: 1:49.22	40.40	200m: 2:22.09	32.87
15. BRAVO CUENCA, Pablo	00	C. N. Panas	2:22.57	18,00	
50m: 30.74 30.74 100m: 1:08.07		37.33 150m: 1:49.33	41.26	200m: 2:22.57	33.24
16. LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:24.96	17,00	
50m: 32.77 32.77 100m: 1:11.33		38.56 150m: 1:51.41	40.08	200m: 2:24.96	33.55
17. ARES MIRAGAYA, Adrian	00	C. N. Panas	2:26.98	16,00	
50m: 30.22 30.22 100m: 1:08.61		38.39 150m: 1:52.43	43.82	200m: 2:26.98	34.55
18. SANCHEZ GONZALEZ, Samuel	09	VIGO RIAS BAIXAS	2:27.96	15,00	
50m: 32.55 32.55 100m: 1:09.15		36.60 150m: 1:54.58	45.43	200m: 2:27.96	33.38
19. DÍAZ DOMÍNGUEZ, Ricardo	07	C. N. ARTEIXO	2:28.96	14,00	
50m: 30.66 30.66 100m: 1:09.13		38.47 150m: 1:53.50	44.37	200m: 2:28.96	35.46

Prueba 38, Masc., 200m Estilos, Open masculino

Clasificación					AN		Tiempo		PUNTOS			
20.	ORTEGO PORTA, Andre				07	C. N. GALAICO		2:34.35	13,00			
	50m:	33.86	33.86	100m:	1:13.75	39.89	150m:	2:01.04	47.29	200m:	2:34.35	33.31
21.	NISTAL PALACIOS, Rafael				09	SPORTING CASINO		2:34.55	12,00			
	50m:	34.47	34.47	100m:	1:15.68	41.21	150m:	1:58.89	43.21	200m:	2:34.55	35.66
DSQ	GONZALEZ PREGO, Xose				08	C. N. CORUÑA		-				
	Viraxe irregular											
NP	NUÑEZ SUAREZ, Antón				05	C. FLUVIAL LUGO		-				
Baja	ALVAREZ FERNANDEZ, Borja				96	C. FLUVIAL LUGO		-				

Prueba 39
26/11/2023 - 17:32

Fem., 50m Braza

Open femenino
Resultados

RG 31.58 , PEREZ FDEZ.DE CORDOBA, AURORA NCRUÑA 19/04/2009

Clasificación	AN	Tiempo	PUNTOS
1. CONS GESTIDO, Henar Diana	02	RCN VIGO	34.88 35,00
2. LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	35.10 32,00
3. HERNAEZ GONZALEZ, Paula	08	C. N. CULLEREDO	35.18 30,00
4. PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	35.25 29,00
5. SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	36.22 28,00
6. FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	36.34 27,00
7. SARAIVA HAGE, Andrea C.	05	RCN VIGO	36.72 26,00
8. CERDEIRA TEIJEIRA, Clara	08	C. N. PORTAMIÑA	36.94 25,00
9. BELLO ARMADA, Andrea	99	C. N. CULLEREDO	37.27 24,00
10. NISTAL PALACIOS, Mariña	07	SPORTING CASINO	37.36 23,00
11. GARCIA RODRIGUEZ, Andrea	10	C. N. MARINA	37.48 22,00
12. CANO ROSALES, Laura	04	C. N. GALAICO	37.81 21,00
13. ALVAREZ GARCIA, Mencia	10	C. N. PABELLON	37.82 20,00
14. MARTINEZ GARCIA, Uxia	09	VIGO RIAS BAIXAS	37.99 19,00
15. LEIVAS ROCA, Candela	05	C. N. FERROL	38.22 18,00
16. ANEIROS DOPICO, Laura	00	C. N. MARINA	38.34 17,00
17. CABANAS DEL RIO, Carla	09	SPORTING CASINO	38.39 16,00
18. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	38.40 15,00
19. SALGUEIRIÑO ÁLVAREZ, Noa	08	C. N. MOS	38.60 14,00
20. PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	38.76 13,00
21. CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	38.94 12,00
22. CIVEIRA CORRAL, Nerea	04	C. N. PABELLON	40.59 11,00
23. DÍAZ ARMADA, Zoe	07	C. N. FERROL	41.79 10,00
24. SANCHEZ GARCIA, Antia	10	C. FLUVIAL LUGO	42.80 9,00
25. FERNANDEZ LOPEZ, Uxia	08	VIGO RIAS BAIXAS	50.54 8,00

Prueba 40
26/11/2023 - 17:38

Masc., 50m Braza

Open masculino
Resultados

RG 28.04 , GARCIA SOTO, MARCOS CNFERRO 30/12/2015

Clasificación	AN		Tiempo	PUNTOS
1. NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	29.86	35,00
2. VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	30.46	32,00
3. PARCERO AREOSO, Xael	07	CIDADE SANTIAGO	30.75	30,00
4. PISO SEÑORAN, Alejandro	03	C. N. GALAICO	30.91	29,00
5. ALVAREZ ALVAREZ, Hector	00	C. N. PABELLON	30.96	28,00
6. DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	31.23	27,00
7. ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	31.31	26,00
8. RODRIGUEZ PENA, Alejandro	92	RCN VIGO	31.32	25,00
9. DOPICO REY, Anton	97	C. N. FERROL	31.34	24,00
10. BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	31.38	23,00
11. ARES BARRAL, Anton	00	C. N. Panas	31.42	22,00
12. SUÁREZ COSTA, Luis	96	C. N. ARTEIXO	31.60	21,00
13. PASTORIZA SNTACLARA, Jorge	97	VIGO RIAS BAIXAS	31.74	20,00
14. PICALLO MARANTE, Sergio	01	C. N. CORUÑA	31.76	19,00
15. FERNANDEZ DEL VALLE, Ivan	05	C. N. PABELLON	32.00	18,00
16. MIGUEZ FEIJOO, Samuel	05	CIDADE SANTIAGO	32.23	17,00
17. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	32.60	16,00
18. PEDROUZO ARES, Miguel	95	C. N. CORUÑA	32.73	15,00
19. RODRÍGUEZ COUSO, Miguel	07	C. N. FERROL	33.51	14,00
20. PREGO GROBA, Brais	08	C. N. PONTEAREAS	34.58	13,00
21. GONZÁLEZ MARTÍNEZ, Cristian	03	C. N. ARTEIXO	34.85	12,00
22. GERPE RODRIGUEZ, Fco. Jose	98	C. N. Panas	35.38	11,00
23. RODRIGUEZ RAÑA, Miguel	09	VIGO RIAS BAIXAS	35.99	10,00
24. LEGASPI GARCIA, Carlos	08	C. FLUVIAL LUGO	39.22	9,00
Baja PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO		-

Prueba 41
26/11/2023 - 17:54

Fem., 100m Mariposa

Open femenino
Resultados

RG 1:00.85 , GOMEZ CORTES, BEATRIZ GALAICO 27/12/2013

Clasificación	AN	Tiempo	PUNTOS
1. GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:03.67 35,00
50m: 29.59 29.59 100m: 1:03.67 34.08			
2. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:03.69 32,00
50m: 30.30 30.30 100m: 1:03.69 33.39			
3. CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:04.24 30,00
50m: 30.11 30.11 100m: 1:04.24 34.13			
4. FEIJOO GOMEZ, Eva	04	C. N. PABELLON	1:06.95 29,00
50m: 31.23 31.23 100m: 1:06.95 35.72			
5. RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:08.20 28,00
50m: 31.32 31.32 100m: 1:08.20 36.88			
6. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:08.32 27,00
50m: 31.98 31.98 100m: 1:08.32 36.34			
7. HERMIDA ALONSO, Antia	08	C. N. MOS	1:08.64 26,00
50m: 31.50 31.50 100m: 1:08.64 37.14			
8. BALADO PENA, Celtia	07	C. N. MARINA	1:09.89 25,00
50m: 31.85 31.85 100m: 1:09.89 38.04			
9. VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:10.83 24,00
50m: 33.02 33.02 100m: 1:10.83 37.81			
10. LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	1:11.28 23,00
50m: 33.63 33.63 100m: 1:11.28 37.65			
11. LOPEZ GOMEZ, Antia	09	C. N. MARINA	1:11.48 22,00
50m: 34.18 34.18 100m: 1:11.48 37.30			
12. CAL FERNÁNDEZ, Victoria	08	RCN VIGO	1:11.82 21,00
50m: 33.07 33.07 100m: 1:11.82 38.75			
13. CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL	1:12.22 20,00
50m: 34.33 34.33 100m: 1:12.22 37.89			
14. FEAL DEVESA, Carlota	09	C. N. CULLEREDO	1:13.07 19,00
50m: 33.63 33.63 100m: 1:13.07 39.44			
15. DIAZ DOPICO, Sabela	02	C. N. FERROL	1:13.95 17,50
50m: 34.24 34.24 100m: 1:13.95 39.71			
LOPEZ FERNANDEZ, Aitana	09	C. N. PORTAMIÑA	1:13.95 17,50
50m: 34.44 34.44 100m: 1:13.95 39.51			
17. GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	1:14.13 16,00
50m: 33.96 33.96 100m: 1:14.13 40.17			
18. MARTINEZ ZABALA, Sunai	07	C. N. PABELLON	1:15.24 15,00
50m: 36.17 36.17 100m: 1:15.24 39.07			
19. ASENSIO VÁZQUEZ, Nerea	07	C. N. ARTEIXO	1:20.03 14,00
50m: 35.83 35.83 100m: 1:20.03 44.20			

Prueba 41, Fem., 100m Mariposa, Open femenino

Clasificación		AN		Tiempo	PUNTOS
20.	RODRIGUEZ SUAREZ, Iria	07	C. N. CULLEREDO	1:21.00	13,00
	50m: 37.22 37.22 100m: 1:21.00		43.78		
21.	SALLERES MOURO, Candela	07	SPORTING CASINO	1:21.57	12,00
	50m: 37.91 37.91 100m: 1:21.57		43.66		
22.	ESTEVEZ BASTERO, Ana	05	VIGO RIAS BAIXAS	1:30.16	11,00
	50m: 41.56 41.56 100m: 1:30.16		48.60		
Baja	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO		-
Baja	FARIÑA MARTINEZ, Carmen	08	C. N. GALAICO		-

Prueba 42
26/11/2023 - 18:00

Masc., 100m Mariposa

Open masculino
Resultados

RG 52.37 , GARCIA SOTO, MARCOS CNFERRO 28/12/2015

Clasificación	AN	Tiempo	PUNTOS
1. GARCIA GARAY, Marcos 50m: 26.91 26.91 100m: 57.10	01 C. N. Panas	57.10	35,00
2. TEIJEIRO PRADO, Xael 50m: 27.19 27.19 100m: 57.91	06 C. FLUVIAL LUGO	57.91	32,00
3. BRAVO CONDE, Cristian 50m: 26.76 26.76 100m: 57.92	00 C. N. Panas	57.92	30,00
4. SANCHEZ VAZQUEZ, Antonio 50m: 27.52 27.52 100m: 58.14	04 C. N. PORTAMIÑA	58.14	29,00
5. DEL RIO REGUEIRA, Ruben 50m: 27.40 27.40 100m: 59.00	93 C. N. ARTEIXO	59.00	28,00
6. SANLÉS DIESTE, Hugo 50m: 27.80 27.80 100m: 59.01	04 S. DEP. BOIRO	59.01	27,00
7. DIAZ COUCE, Ruben 50m: 27.54 27.54 100m: 59.37	06 C. N. FERROL	59.37	26,00
8. VARELA PASANDÍN, Alejandro 50m: 27.64 27.64 100m: 59.73	06 C. N. ARTEIXO	59.73	25,00
9. QUIROGA RAMOS, Yago 50m: 28.11 28.11 100m: 1:00.30	05 C. N. PABELLON	1:00.30	24,00
10. MERZLYAKOV KOSTOMAROV, Mikha 50m: 28.71 28.71 100m: 1:00.87	07 C. N. PABELLON	1:00.87	23,00
11. GONZÁLEZ CARBALLAL, Manuel 50m: 28.44 28.44 100m: 1:01.15	05 RCN VIGO	1:01.15	22,00
12. BARROS DA SILVA, Pedro 50m: 29.12 29.12 100m: 1:01.96	07 C. N. GALAICO	1:01.96	21,00
13. CIDRÁS PÉREZ, Fabián 50m: 29.08 29.08 100m: 1:02.20	05 RCN VIGO	1:02.20	20,00
14. COSTA FERNANDEZ, Lucas 50m: 28.49 28.49 100m: 1:02.98	98 C. N. PONTEAREAS	1:02.98	19,00
15. ROIS PRADO, Luis 50m: 30.12 30.12 100m: 1:03.24	08 C. N. PORTAMIÑA	1:03.24	18,00
16. CANCELA GOMEZ, Hugo 50m: 29.37 29.37 100m: 1:03.25	03 C. N. PONTEAREAS	1:03.25	16,50
RODRIGUEZ VIEITEZ, Hugo 50m: 29.44 29.44 100m: 1:03.25	08 VIGO RIAS BAIXAS	1:03.25	16,50
18. SOBRINO NOGALES, Sebastian 50m: 29.43 29.43 100m: 1:03.46	08 SPORTING CASINO	1:03.46	15,00
19. NEIRA LOPEZ, Francisco 50m: 30.23 30.23 100m: 1:05.40	01 CIDADE SANTIAGO	1:05.40	14,00

Prueba 42, Masc., 100m Mariposa, Open masculino

Clasificación		AN		Tiempo	PUNTOS
20.	OTERO GARCIA, Isaac	07	C. N. GALAICO	1:06.24	13,00
	50m: 30.21 30.21	100m: 1:06.24	36.03		
21.	CAO HERMO, Breixo	10	S. DEP. BOIRO	1:07.11	12,00
	50m: 31.97 31.97	100m: 1:07.11	35.14		
22.	FRAGA VISOS, Teo	08	CIDADE SANTIAGO	1:07.56	11,00
	50m: 32.01 32.01	100m: 1:07.56	35.55		
23.	ALVAREZ VAZQUEZ, Sergio	09	VIGO RIAS BAIXAS	1:07.60	10,00
	50m: 31.95 31.95	100m: 1:07.60	35.65		
24.	DIZ NIEVES, David	04	C. N. FERROL	1:09.49	9,00
	50m: 32.00 32.00	100m: 1:09.49	37.49		
25.	SUAREZ MARTINEZ, Pedro	10	SPORTING CASINO	1:10.96	8,00
	50m: 30.69 30.69	100m: 1:10.96	40.27		
26.	GARCIA AROCHENA, Jacobo J.	09	C. N. CORUÑA	1:11.20	7,00
	50m: 33.51 33.51	100m: 1:11.20	37.69		
27.	LEGASPI GARCIA, Carlos	08	C. FLUVIAL LUGO	1:16.67	6,00
	50m: 36.26 36.26	100m: 1:16.67	40.41		
28.	OLVEIRA BARTOLOME, Pedro	08	C. N. CORUÑA	1:21.62	5,00
	50m: 36.86 36.86	100m: 1:21.62	44.76		

Prueba 43
26/11/2023 - 18:10

Fem., 800m Libre

Open femenino
Resultados

RG 8:18.69 , GOMEZ CORTES, BEATRIZ GALAICO 14/12/2014

Clasificación

			AN				Tiempo		PUNTOS	
1.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	9:13.97	35,00					
	50m: 31.70 31.70	250m: 2:50.34 34.96	450m: 5:10.19 34.60	650m: 7:30.13 34.85						
	100m: 1:05.78 34.08	300m: 3:25.30 34.96	500m: 5:44.86 34.67	700m: 8:04.98 34.85						
	150m: 1:40.48 34.70	350m: 4:00.36 35.06	550m: 6:20.11 35.25	750m: 8:39.65 34.67						
	200m: 2:15.38 34.90	400m: 4:35.59 35.23	600m: 6:55.28 35.17	800m: 9:13.97 34.32						
2.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	9:16.71	32,00					
	50m: 32.13 32.13	250m: 2:51.96 35.14	450m: 5:12.60 35.09	650m: 7:33.49 35.12						
	100m: 1:06.77 34.64	300m: 3:27.25 35.29	500m: 5:47.76 35.16	700m: 8:08.33 34.84						
	150m: 1:41.87 35.10	350m: 4:02.48 35.23	550m: 6:22.97 35.21	750m: 8:42.77 34.44						
	200m: 2:16.82 34.95	400m: 4:37.51 35.03	600m: 6:58.37 35.40	800m: 9:16.71 33.94						
3.	PEREZ GARCIA-PICHER, Ana	98	RCN VIGO	9:22.31	30,00					
	50m: 32.76 32.76	250m: 2:53.41 35.27	450m: 5:15.29 35.17	650m: 7:36.73 35.21						
	100m: 1:07.52 34.76	300m: 3:29.04 35.63	500m: 5:50.60 35.31	700m: 8:12.23 35.50						
	150m: 1:42.73 35.21	350m: 4:04.55 35.51	550m: 6:26.01 35.41	750m: 8:47.83 35.60						
	200m: 2:18.14 35.41	400m: 4:40.12 35.57	600m: 7:01.52 35.51	800m: 9:22.31 34.48						
4.	VILLARNOVO PAZOS, Lucia	08	C. N. FERROL	9:30.74	29,00					
	50m: 30.89 30.89	250m: 2:48.75 35.25	450m: 5:12.11 36.46	650m: 7:40.14 36.97						
	100m: 1:04.26 33.37	300m: 3:24.15 35.40	500m: 5:48.91 36.80	700m: 8:17.40 37.26						
	150m: 1:38.58 34.32	350m: 4:00.17 36.02	550m: 6:26.19 37.28	750m: 8:54.71 37.31						
	200m: 2:13.50 34.92	400m: 4:35.65 35.48	600m: 7:03.17 36.98	800m: 9:30.74 36.03						
5.	PARDO CHAS, Eva	04	C. N. FERROL	9:38.82	28,00					
	50m: 32.42 32.42	250m: 2:56.63 36.49	450m: 5:22.78 36.43	650m: 7:49.28 36.54						
	100m: 1:07.68 35.26	300m: 3:33.59 36.96	500m: 5:59.40 36.62	700m: 8:26.09 36.81						
	150m: 1:43.92 36.24	350m: 4:10.02 36.43	550m: 6:36.03 36.63	750m: 9:02.90 36.81						
	200m: 2:20.14 36.22	400m: 4:46.35 36.33	600m: 7:12.74 36.71	800m: 9:38.82 35.92						
6.	MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	9:45.45	27,00					
	50m: 34.52 34.52	250m: 3:03.56 37.18	450m: 5:32.32 37.07	650m: 7:59.42 36.67						
	100m: 1:11.53 37.01	300m: 3:41.13 37.57	500m: 6:09.27 36.95	700m: 8:36.11 36.69						
	150m: 1:48.78 37.25	350m: 4:18.34 37.21	550m: 6:46.43 37.16	750m: 9:11.23 35.12						
	200m: 2:26.38 37.60	400m: 4:55.25 36.91	600m: 7:22.75 36.32	800m: 9:45.45 34.22						
7.	ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	9:46.72	26,00					
	50m: 34.33 34.33	250m: 3:03.63 37.53	450m: 5:32.37 36.91	650m: 7:58.83 36.45						
	100m: 1:11.43 37.10	300m: 3:41.09 37.46	500m: 6:09.00 36.63	700m: 8:35.39 36.56						
	150m: 1:48.82 37.39	350m: 4:18.34 37.25	550m: 6:45.70 36.70	750m: 9:11.70 36.31						
	200m: 2:26.10 37.28	400m: 4:55.46 37.12	600m: 7:22.38 36.68	800m: 9:46.72 35.02						
8.	RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	9:47.53	25,00					
	50m: 33.69 33.69	250m: 3:00.40 36.89	450m: 5:28.64 37.07	650m: 7:57.82 37.34						
	100m: 1:09.98 36.29	300m: 3:37.27 36.87	500m: 6:06.15 37.51	700m: 8:35.10 37.28						
	150m: 1:46.71 36.73	350m: 4:14.37 37.10	550m: 6:43.22 37.07	750m: 9:12.15 37.05						
	200m: 2:23.51 36.80	400m: 4:51.57 37.20	600m: 7:20.48 37.26	800m: 9:47.53 35.38						
9.	BABARRO LOPEZ, Maria	08	C. N. PABELLON	9:56.55	24,00					
	50m: 33.23 33.23	250m: 3:00.98 37.43	450m: 5:31.87 37.65	650m: 8:02.89 38.00						
	100m: 1:09.41 36.18	300m: 3:38.68 37.70	500m: 6:09.80 37.93	700m: 8:40.96 38.07						
	150m: 1:46.30 36.89	350m: 4:16.34 37.66	550m: 6:47.12 37.32	750m: 9:19.13 38.17						
	200m: 2:23.55 37.25	400m: 4:54.22 37.88	600m: 7:24.89 37.77	800m: 9:56.55 37.42						

Prueba 43, Fem., 800m Libre, Open femenino

Clasificación	AN	Tiempo	PUNTOS
10. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS 10:02.61	23,00
50m: 34.05 34.05 250m: 3:03.01 37.75 450m: 5:35.34 38.10 650m: 8:08.86 38.17			
100m: 1:10.47 36.42 300m: 3:40.85 37.84 500m: 6:14.01 38.67 700m: 8:47.20 38.34			
150m: 1:47.70 37.23 350m: 4:18.83 37.98 550m: 6:52.31 38.30 750m: 9:25.52 38.32			
200m: 2:25.26 37.56 400m: 4:57.24 38.41 600m: 7:30.69 38.38 800m: 10:02.61 37.09			
11. GIL GARNACHO, Carlota	09	SPORTING CASINO 10:03.38	22,00
50m: 34.72 34.72 250m: 3:07.37 38.15 450m: 5:40.41 38.30 650m: 8:13.41 38.26			
100m: 1:12.45 37.73 300m: 3:45.46 38.09 500m: 6:19.13 38.72 700m: 8:51.33 37.92			
150m: 1:50.67 38.22 350m: 4:23.68 38.22 550m: 6:57.32 38.19 750m: 9:28.63 37.30			
200m: 2:29.22 38.55 400m: 5:02.11 38.43 600m: 7:35.15 37.83 800m: 10:03.38 34.75			
12. MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA 10:06.34	21,00
50m: 33.12 33.12 250m: 3:03.23 38.23 450m: 5:37.14 38.38 650m: 8:12.15 39.13			
100m: 1:09.50 36.38 300m: 3:41.65 38.42 500m: 6:15.97 38.83 700m: 8:51.08 38.93			
150m: 1:47.13 37.63 350m: 4:20.26 38.61 550m: 6:54.43 38.46 750m: 9:28.95 37.87			
200m: 2:25.00 37.87 400m: 4:58.76 38.50 600m: 7:33.02 38.59 800m: 10:06.34 37.39			
13. ORTEGO PORTA, Aldara	07	C. N. GALAICO 10:15.45	20,00
50m: 33.81 33.81 250m: 3:08.11 38.31 450m: 5:45.08 39.77 650m: 8:21.32 38.82			
100m: 1:11.87 38.06 300m: 3:47.24 39.13 500m: 6:23.84 38.76 700m: 9:00.27 38.95			
150m: 1:50.91 39.04 350m: 4:25.94 38.70 550m: 7:02.78 38.94 750m: 9:38.33 38.06			
200m: 2:29.80 38.89 400m: 5:05.31 39.37 600m: 7:42.50 39.72 800m: 10:15.45 37.12			
14. GARCIA RODRIGUEZ, Andrea	10	C. N. MARINA 10:18.09	19,00
50m: 36.94 36.94 250m: 3:14.07 39.36 450m: 5:52.12 39.16 650m: 8:25.32 38.16			
100m: 1:16.52 39.58 300m: 3:53.49 39.42 500m: 6:30.92 38.80 700m: 9:03.29 37.97			
150m: 1:55.46 38.94 350m: 4:33.35 39.86 550m: 7:09.11 38.19 750m: 9:41.37 38.08			
200m: 2:34.71 39.25 400m: 5:12.96 39.61 600m: 7:47.16 38.05 800m: 10:18.09 36.72			
15. LOPEZ ALVAREZ, Paula	09	VIGO RIAS BAIXAS 10:19.59	18,00
50m: 35.99 35.99 250m: 3:13.41 39.49 450m: 5:50.54 39.20 650m: 8:26.29 39.02			
100m: 1:15.13 39.14 300m: 3:52.62 39.21 500m: 6:29.50 38.96 700m: 9:05.37 39.08			
150m: 1:54.59 39.46 350m: 4:32.15 39.53 550m: 7:08.30 38.80 750m: 9:43.96 38.59			
200m: 2:33.92 39.33 400m: 5:11.34 39.19 600m: 7:47.27 38.97 800m: 10:19.59 35.63			
16. FERNANDEZ GRATEROL, Sofia Antia	07	C. N. PABELLON 10:24.21	17,00
50m: 34.60 34.60 250m: 3:10.63 39.47 450m: 5:49.47 39.68 650m: 8:29.09 40.03			
100m: 1:12.73 38.13 300m: 3:50.57 39.94 500m: 6:29.24 39.77 700m: 9:08.70 39.61			
150m: 1:51.59 38.86 350m: 4:30.40 39.83 550m: 7:09.32 40.08 750m: 9:47.53 38.83			
200m: 2:31.16 39.57 400m: 5:09.79 39.39 600m: 7:49.06 39.74 800m: 10:24.21 36.68			
17. CABANAS DEL RIO, Carla	09	SPORTING CASINO 10:24.64	16,00
50m: 36.25 36.25 250m: 3:14.22 39.55 450m: 5:52.16 39.72 650m: 8:29.40 39.30			
100m: 1:15.87 39.62 300m: 3:53.50 39.28 500m: 6:31.75 39.59 700m: 9:08.57 39.17			
150m: 1:55.15 39.28 350m: 4:33.03 39.53 550m: 7:10.87 39.12 750m: 9:47.48 38.91			
200m: 2:34.67 39.52 400m: 5:12.44 39.41 600m: 7:50.10 39.23 800m: 10:24.64 37.16			
18. ARRUÑADA VAZQUEZ, Carmen	10	C. N. CORUÑA 10:27.57	15,00
50m: 35.32 35.32 250m: 3:12.57 40.16 450m: 5:53.85 40.48 650m: 8:31.72 39.47			
100m: 1:13.58 38.26 300m: 3:53.08 40.51 500m: 6:33.88 40.03 700m: 9:11.32 39.60			
150m: 1:52.85 39.27 350m: 4:33.23 40.15 550m: 7:12.95 39.07 750m: 9:50.54 39.22			
200m: 2:32.41 39.56 400m: 5:13.37 40.14 600m: 7:52.25 39.30 800m: 10:27.57 37.03			
19. GONZALEZ IGLESIAS, Nerea	07	C. FLUVIAL LUGO 10:27.62	14,00
50m: 34.74 34.74 250m: 3:11.06 39.61 450m: 5:49.90 40.07 650m: 8:29.78 40.25			
100m: 1:12.93 38.19 300m: 3:50.52 39.46 500m: 6:29.59 39.69 700m: 9:09.59 39.81			
150m: 1:52.05 39.12 350m: 4:30.08 39.56 550m: 7:09.44 39.85 750m: 9:49.69 40.10			
200m: 2:31.45 39.40 400m: 5:09.83 39.75 600m: 7:49.53 40.09 800m: 10:27.62 37.93			

Prueba 43, Fem., 800m Libre, Open femenino

Clasificación	AN				Tiempo				PUNTOS	
20. MARTIN VEIRA, Alicia	08				C. N. CULLEREDO 10:40.87				13,00	
50m:	37.28	37.28	250m:	3:13.88	39.31	450m:	5:52.26	39.22	650m:	8:36.31 41.61
100m:	1:16.37	39.09	300m:	3:53.56	39.68	500m:	6:32.33	40.07	700m:	9:17.72 41.41
150m:	1:55.29	38.92	350m:	4:33.24	39.68	550m:	7:13.54	41.21	750m:	9:59.44 41.72
200m:	2:34.57	39.28	400m:	5:13.04	39.80	600m:	7:54.70	41.16	800m:	10:40.87 41.43
21. SOUTO GOMEZ, Claudia	10				C. FLUVIAL LUGO 10:46.41				12,00	
50m:	37.53	37.53	250m:	3:20.41	41.52	450m:	6:05.04	40.69	650m:	8:47.73 40.72
100m:	1:17.62	40.09	300m:	4:01.86	41.45	500m:	6:45.86	40.82	700m:	9:28.26 40.53
150m:	1:58.52	40.90	350m:	4:42.96	41.10	550m:	7:26.67	40.81	750m:	10:08.02 39.76
200m:	2:38.89	40.37	400m:	5:24.35	41.39	600m:	8:07.01	40.34	800m:	10:46.41 38.39
22. CARRASCO DE CASTRO, Ana	07				C. N. MARINA 10:57.09				11,00	
50m:	33.13	33.13	250m:	3:04.57	38.92	450m:	5:51.91	50.65	650m:	8:54.36 42.54
100m:	1:09.29	36.16	300m:	3:43.79	39.22	500m:	6:40.67	48.76	700m:	9:36.14 41.78
150m:	1:47.00	37.71	350m:	4:22.96	39.17	550m:	7:27.86	47.19	750m:	10:16.63 40.49
200m:	2:25.65	38.65	400m:	5:01.26	38.30	600m:	8:11.82	43.96	800m:	10:57.09 40.46
NP FERNANDEZ AGUION, Sara	07				C. N. CORUÑA				-	

Prueba 44
26/11/2023 - 18:45

Masc., 400m Libre

Open masculino
Resultados

RG 3:50.73 , REGUEIRA SUAREZ, RUFINO RIVEIRA 02/12/2010

Clasificación

			AN				Tiempo	PUNTOS	
1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	3:59.01	35,00				
	50m: 27.23 27.23 150m: 1:25.91 29.29 250m: 2:26.47 30.58 350m: 3:28.81 31.21								
	100m: 56.62 29.39 200m: 1:55.89 29.98 300m: 2:57.60 31.13 400m: 3:59.01 30.20								
2.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:02.25	32,00				
	50m: 27.98 27.98 150m: 1:28.48 30.39 250m: 2:29.43 30.38 350m: 3:31.45 31.19								
	100m: 58.09 30.11 200m: 1:59.05 30.57 300m: 3:00.26 30.83 400m: 4:02.25 30.80								
3.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:04.57	30,00				
	50m: 27.86 27.86 150m: 1:28.73 30.77 250m: 2:31.36 31.34 350m: 3:34.32 31.55								
	100m: 57.96 30.10 200m: 2:00.02 31.29 300m: 3:02.77 31.41 400m: 4:04.57 30.25								
4.	CIVEIRA CORRAL, Raul	02	C. N. PABELLON	4:07.45	29,00				
	50m: 27.97 27.97 150m: 1:29.42 30.96 250m: 2:32.80 31.59 350m: 3:36.26 31.65								
	100m: 58.46 30.49 200m: 2:01.21 31.79 300m: 3:04.61 31.81 400m: 4:07.45 31.19								
5.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	4:09.16	28,00				
	50m: 28.26 28.26 150m: 1:30.69 31.79 250m: 2:34.76 32.06 350m: 3:38.51 31.72								
	100m: 58.90 30.64 200m: 2:02.70 32.01 300m: 3:06.79 32.03 400m: 4:09.16 30.65								
6.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	4:09.48	27,00				
	50m: 28.68 28.68 150m: 1:30.60 31.19 250m: 2:34.25 31.97 350m: 3:37.98 32.21								
	100m: 59.41 30.73 200m: 2:02.28 31.68 300m: 3:05.77 31.52 400m: 4:09.48 31.50								
7.	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	4:10.53	26,00				
	50m: 28.03 28.03 150m: 1:30.74 31.83 250m: 2:35.00 32.23 350m: 3:39.03 31.99								
	100m: 58.91 30.88 200m: 2:02.77 32.03 300m: 3:07.04 32.04 400m: 4:10.53 31.50								
8.	CARBALLO RODRIGUEZ, Enrique	07	C. N. PABELLON	4:12.86	25,00				
	50m: 27.70 27.70 150m: 1:30.58 32.18 250m: 2:35.33 32.56 350m: 3:40.56 32.67								
	100m: 58.40 30.70 200m: 2:02.77 32.19 300m: 3:07.89 32.56 400m: 4:12.86 32.30								
9.	SUAREZ MARTINEZ, Diego	08	SPORTING CASINO	4:13.34	24,00				
	50m: 28.58 28.58 150m: 1:32.67 31.87 250m: 2:38.54 33.16 350m: 3:43.05 32.96								
	100m: 1:00.80 32.22 200m: 2:05.38 32.71 300m: 3:10.09 31.55 400m: 4:13.34 30.29								
10.	GOMEZ PUMARIÑO, Samuel	08	C. N. PORTAMIÑA	4:14.63	23,00				
	50m: 28.62 28.62 150m: 1:31.95 31.81 250m: 2:36.96 32.40 350m: 3:42.49 32.77								
	100m: 1:00.14 31.52 200m: 2:04.56 32.61 300m: 3:09.72 32.76 400m: 4:14.63 32.14								
11.	PEREZ PAZ, Dario	05	C. N. PONTEAREAS	4:18.96	22,00				
	50m: 29.47 29.47 150m: 1:34.59 32.68 250m: 2:40.46 32.84 350m: 3:46.89 33.25								
	100m: 1:01.91 32.44 200m: 2:07.62 33.03 300m: 3:13.64 33.18 400m: 4:18.96 32.07								
12.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	4:19.28	21,00				
	50m: 29.16 29.16 150m: 1:34.17 32.69 250m: 2:40.70 33.47 350m: 3:47.14 33.25								
	100m: 1:01.48 32.32 200m: 2:07.23 33.06 300m: 3:13.89 33.19 400m: 4:19.28 32.14								
13.	PEREZ GARCIA, Iker	07	C. N. GALAICO	4:21.09	20,00				
	50m: 28.95 28.95 150m: 1:34.94 33.40 250m: 2:44.06 34.67 350m: 3:50.69 33.62								
	100m: 1:01.54 32.59 200m: 2:09.39 34.45 300m: 3:17.07 33.01 400m: 4:21.09 30.40								
14.	PENAS CAYADO, Fernando	09	SPORTING CASINO	4:21.72	19,00				
	50m: 29.41 29.41 150m: 1:34.70 32.92 250m: 2:40.70 32.72 350m: 3:48.79 34.36								
	100m: 1:01.78 32.37 200m: 2:07.98 33.28 300m: 3:14.43 33.73 400m: 4:21.72 32.93								

Prueba 44, Masc., 400m Libre, Open masculino

Clasificación	AN			Tiempo	PUNTOS
15. VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	4:23.23	18,00	
50m: 29.50 29.50 150m: 1:35.55 33.22 250m: 2:42.63 33.76 350m: 3:49.99 33.50					
100m: 1:02.33 32.83 200m: 2:08.87 33.32 300m: 3:16.49 33.86 400m: 4:23.23 33.24					
16. RODRÍGUEZ RODRÍGUEZ, Germán	05	C. N. FERROL	4:24.84	17,00	
50m: 29.31 29.31 150m: 1:35.60 33.74 250m: 2:43.98 34.20 350m: 3:52.29 34.30					
100m: 1:01.86 32.55 200m: 2:09.78 34.18 300m: 3:17.99 34.01 400m: 4:24.84 32.55					
17. SIMON COTELO, Manuel	01	C. N. Panas	4:25.31	16,00	
50m: 28.84 28.84 150m: 1:34.79 33.78 250m: 2:42.66 33.81 350m: 3:51.91 34.73					
100m: 1:01.01 32.17 200m: 2:08.85 34.06 300m: 3:17.18 34.52 400m: 4:25.31 33.40					
18. ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	4:28.95	15,00	
50m: 29.97 29.97 150m: 1:36.53 33.66 250m: 2:45.35 34.60 350m: 3:54.71 34.53					
100m: 1:02.87 32.90 200m: 2:10.75 34.22 300m: 3:20.18 34.83 400m: 4:28.95 34.24					
19. REY MUNIN, Tomas	06	CIDADE SANTIAGO	4:29.95	14,00	
50m: 29.54 29.54 150m: 1:36.41 34.00 250m: 2:46.51 35.30 350m: 3:55.84 34.38					
100m: 1:02.41 32.87 200m: 2:11.21 34.80 300m: 3:21.46 34.95 400m: 4:29.95 34.11					
20. LEIROS FERNANDEZ, Lucas	08	C. N. PONTEAREAS	4:30.46	13,00	
50m: 30.71 30.71 150m: 1:38.78 34.44 250m: 2:47.63 34.53 350m: 3:56.66 34.61					
100m: 1:04.34 33.63 200m: 2:13.10 34.32 300m: 3:22.05 34.42 400m: 4:30.46 33.80					
21. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	4:30.67	12,00	
50m: 30.60 30.60 150m: 1:37.94 33.75 250m: 2:47.80 34.88 350m: 3:57.77 35.14					
100m: 1:04.19 33.59 200m: 2:12.92 34.98 300m: 3:22.63 34.83 400m: 4:30.67 32.90					
22. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	4:31.08	11,00	
50m: 30.15 30.15 150m: 1:36.77 33.72 250m: 2:46.25 34.85 350m: 3:57.11 35.57					
100m: 1:03.05 32.90 200m: 2:11.40 34.63 300m: 3:21.54 35.29 400m: 4:31.08 33.97					
23. MENDEZ-BENEGASSI FDEZ., Adrian	08	C. N. GALAICO	4:32.88	10,00	
50m: 29.43 29.43 150m: 1:36.16 34.19 250m: 2:46.80 35.44 350m: 3:58.40 35.96					
100m: 1:01.97 32.54 200m: 2:11.36 35.20 300m: 3:22.44 35.64 400m: 4:32.88 34.48					
24. SANTÍN MÉNDEZ, Rubén	07	RCN VIGO	4:35.51	9,00	
50m: 29.80 29.80 150m: 1:36.40 33.62 250m: 2:45.29 34.72 350m: 3:58.64 37.28					
100m: 1:02.78 32.98 200m: 2:10.57 34.17 300m: 3:21.36 36.07 400m: 4:35.51 36.87					
25. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	4:43.60	8,00	
50m: 30.60 30.60 150m: 1:40.11 35.33 250m: 2:53.81 37.14 350m: 4:07.54 37.13					
100m: 1:04.78 34.18 200m: 2:16.67 36.56 300m: 3:30.41 36.60 400m: 4:43.60 36.06					
26. GERPE RODRIGUEZ, Fco. Jose	98	C. N. Panas	5:35.55	7,00	
50m: 31.25 31.25 150m: 1:44.93 38.35 250m: 3:14.20 44.73 350m: 4:47.92 47.40					
100m: 1:06.58 35.33 200m: 2:29.47 44.54 300m: 4:00.52 46.32 400m: 5:35.55 47.63					
Baja SUBIRAN GOMEZ, Pedro	08	C. FLUVIAL LUGO	-	-	

Open femenino

Resultados

PUNTOS

C. FLUVIAL LUGO

Prueba 46
26/11/2023 - 19:30

Masc., 4 x 100m Estilos

Open masculino
Resultados

RG 3:44.83 NCORUÑA NCORUÑA 29/12/2008

Clasificación

Tiempo PUNTOS

1.	C. N. PORTAMIÑA 1				C. N. PORTAMIÑA	3:50.13	70,00	
	DIAZ- BECERRA LOPEZ, Anton	05	28.46	58.90	VAZQUEZ LOPEZ, Martin	03	25.17	53.85
	VAZQUEZ LIZ, Alejandro	03	30.49	1:05.88	NOVO LOPEZ, Brais	03	24.64	51.50
2.	C. N. FERROL 1				C. N. FERROL	3:57.10	64,00	
	NAVARRO LOSADA, Sergi	07	27.19	56.30	LOSADA JIMÉNEZ, Sergio	04	26.31	57.52
	DOPICO REY, Anton	97	31.52	1:08.36	LOSADA JIMENEZ, Alvaro	99	26.18	54.92
3.	C. N. ARTEIXO 1				C. N. ARTEIXO	3:57.53	60,00	
	VARELA PASANDÍN, Manuel	06	29.42	59.94	VARELA PASANDÍN, Alejandro	06	27.06	58.98
	GÓMEZ MESÍAS, Miguel Ángel	03	29.99	1:05.30	GARCÍA CASTRO, Mateo	05	25.65	53.31
4.	C. N. PABELLON 1				C. N. PABELLON	3:58.21	58,00	
	MERZLYAKOV KOSTOMAROV, Mil	07	29.61	1:01.21	QUIROGA RAMOS, Yago	05	26.63	58.69
	ALVAREZ ALVAREZ, Hector	00	30.72	1:06.50	CIVEIRA CORRAL, Raul	02	25.17	51.81
5.	C. N. Panas 1				C. N. Panas	4:01.97	56,00	
	CARNEIRO VIQUEIRA, Xabier	00	29.71	1:01.54	GARCIA GARAY, Marcos	01	26.05	56.98
	ARES BARRAL, Anton	00	32.46	1:10.60	BRAVO CONDE, Cristian	00	24.60	52.85
6.	C. N. PONTEAREAS 1				C. N. PONTEAREAS	4:02.83	54,00	
	GONZALEZ ESTEVEZ, Yoel	07	30.06	1:00.93	RODRIGUEZ DOMINGUEZ, Fco. Jav	04	27.58	1:00.13
	FARO MARTINEZ, Yoel	07	30.64	1:06.42	COSTA FERNANDEZ, Lucas	98	25.90	55.35
7.	CIDADE SANTIAGO 1				CIDADE SANTIAGO	4:03.19	52,00	
	ORECHIA, Agustín	06	28.70	57.85	ARCE RODRIGUEZ, Igor	02	27.24	1:00.69
	PARCERO AREOSO, Xoel	07	32.13	1:07.38	SUAREZ RIPOLL, Xian	03	26.91	57.27
8.	RCN VIGO 1				RCN VIGO	4:03.56	50,00	
	ÁLVAREZ VÁZQUEZ, Gael	07	29.69	1:00.72	GONZÁLEZ CARBALLAL, Manuel	05	27.68	1:00.65
	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	32.01	1:08.10	PAZOS IGLESIAS, André	07	25.47	54.09
9.	C. N. GALAICO 1				C. N. GALAICO	4:07.69	48,00	
	ALVAREZ REPARAZ, Alejandro	04	31.08	1:04.09	BARROS DA SILVA, Pedro	07	27.96	1:01.28
	VAZQUEZ FERNANDEZ, Nicolas	06	31.15	1:08.01	PEREZ GARCIA, Iker	07	25.66	54.31
10.	VIGO RIAS BAIXAS 1				VIGO RIAS BAIXAS	4:13.57	46,00	
	PIÑEIRO RODRIGUEZ, Samuel	07	30.93	1:04.62	RODRIGUEZ VIEITEZ, Hugo	08	29.47	1:03.60
	PASTORIZA SANTA CLARA, Jorge	97	31.85	1:08.99	MASSO ROIG, Martin	07	27.66	56.36
11.	C. N. CORUÑA 1				C. N. CORUÑA	4:16.30	44,00	
	ALCALDE MAHIA, Jun Bin	08	31.99	1:06.26	PICALLO MARANTE, Sergio	01	29.03	1:03.12
	LAGO CASTILLO, Diego	07	33.81	1:12.06	GOMEZ LIMIA, Pablo	06	25.44	54.86
12.	SPORTING CASINO 1				SPORTING CASINO	4:20.51	42,00	MMG
	SUAREZ MARTINEZ, Diego	08	28.07	57.84	SOBRINO NOGALES, Sebastian	08	30.04	1:04.79
	NISTAL PALACIOS, Rafael	09	36.66	1:17.87	PENAS CAYADO, Fernando	09	28.42	1:00.01

EXH C. FLUVIAL LUGO 1

C. FLUVIAL LUGO

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CLASIFICACION ABSOLUTA

Todas las pruebas

Masc., Abs.

1. C. N. Portamiñá Lugo	01156	1.310,00
2. C. N. Ferrol	00674	1.201,50
3. C. N. Pabellón Ourense	00101	1.076,00
4. C. N. Arteixo	01133	1.020,00
5. C. N. Panas	01785	1.017,50
6. C. N. Ponteareas	00878	960,50
7. Real C. Náutico De Vigo	00071	958,00
8. C. N. Galaico	00784	949,50
9. C. Dep. N. Cidade De Santiago	01295	880,00
10. C. N. Vigo Rías Baixas	00765	769,00
11. C. N. Coruña	00186	730,00
12. C. Fluvial De Lugo	00398	620,00
13. Sporting C. Casino	00287	442,00
14. Soc. Dep. Cul. N. Boiro	P1106	307,00

Fem., Abs.

1. C. N. Portamiñá Lugo	01156	1.331,00
2. Real C. Náutico De Vigo	00071	1.258,00
3. C. N. Arteixo	01133	1.125,50
4. C. N. Vigo Rías Baixas	00765	1.036,50
5. C. N. Pabellón Ourense	00101	1.006,50
6. C. N. Ferrol	00674	958,00
7. C. N. Galaico	00784	878,00
8. C. N. Culleredo	01433	700,00
9. Soc. Dep. Cul. N. Boiro	P1106	697,50
10. C. N. Mos	01424	667,50
11. Sporting C. Casino	00287	633,00
12. C. Fluvial De Lugo	00398	587,00
13. C. Marina Ferrol	00146	529,00
14. C. N. Coruña	00186	435,50

Récords batidos por prueba...

Todas las pruebas

Masc., 50m Libre

36. Serie 2 Cao Hermo, Breixo 10 P1106 26.86 Meliores Marcas Galicia P25 13

Masc., 100m Libre

31. Serie 2 Cao Hermo, Breixo 10 P1106 56.76 Meliores Marcas Galicia P25 13

Masc., 50m Espalda

33. Serie 2 Navarro Losada, Sergi 07 00674 26.46 Meliores Marcas Galicia P25 16

Masc., 100m Espalda

19. Serie 4 Navarro Losada, Sergi 07 00674 56.23 Meliores Marcas Galicia P25 16

46. Serie 1 Suarez Martinez, Diego 08 00287 57.84 Meliores Marcas Galicia P25 15

Masc., 200m Espalda

29. Serie 4 Navarro Losada, Sergi 07 00674 2:01.73 Meliores Marcas Galicia P25 16

Fem., 50m Libre

35. Serie 4 Ouviaña Picos, Nadiuska 10 P1106 27.62 Meliores Marcas Galicia P25 13

Fem., 100m Espalda

18. Serie 3 Lopez-Freire Francia, Celia 10 01156 1:06.12 Meliores Marcas Galicia P25 13

45. Serie 2 Lopez-Freire Francia, Celia 10 01156 1:05.78 Meliores Marcas Galicia P25 13

Fem., 200m Espalda

30. Serie 3 Lopez-Freire Francia, Celia 10 01156 2:22.65 Meliores Marcas Galicia P25 13