

LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

Datos técnicos: Piscina de 25 m., Crono Manual

J. GÓMEZ NOYA
25/03/2023

RK	Club	Nome				Club				Pts.	Resultado					
1	00878	NPONTEA 02				NPONTEA				30,0	4:32.00					
	50	32.90	100	1:08.11	150	1:43.50	200	2:25.18	250	2:56.61	300	3:33.47	350	4:00.68	400	4:32.00
		32.90		35.21		35.39		41.68		31.43		36.86		27.21		4:32.0
2	00398	CFVLUGO 01				CFVLUGO				24,0	4:34.77					
	50	30.66	100	1:02.56	150	1:40.49	200	2:23.38	250	2:55.86	300	3:31.46	350	4:01.71	400	4:34.77
		30.66		31.90		37.93		42.89		32.48		35.60		30.25		4:34.7
3	00186	NCORUÑA 01				NCORUÑA				19,0	4:38.69					
	50	33.43	100	1:09.45	150	1:46.61	200	2:29.36	250	3:00.55	300	3:36.07	350	4:05.97	400	4:38.69
		33.43		36.02		37.16		42.75		31.19		35.52		29.90		4:38.6
3	00878	NPONTEA 01				NPONTEA				19,0	4:38.69					
	50	33.12	100	1:09.32	150	1:45.22	200	2:25.34	250	2:56.93	300	3:34.47	350	4:04.42	400	4:38.69
		33.12		36.20		35.90		40.12		31.59		37.54		29.95		4:38.6
5	00674	CNFERRO 01				CNFERRO				16,0	4:39.18					
	50	32.52	100	1:06.78	150	1:44.76	200	2:26.53	250	2:58.62	300	3:38.06	350	4:06.85	400	4:39.18
		32.52		34.26		37.98		41.77		32.09		39.44		28.79		4:39.1
6	01156	POR-MIÑA 01				POR-MIÑA				14,0	4:41.50					
	50	33.87	100	1:09.65	150	1:46.50	200	2:29.42	250	3:01.38	300	3:37.89	350	4:07.51	400	4:41.50
		33.87		35.78		36.85		42.92		31.96		36.51		29.62		4:41.5
7	01156	POR-MIÑA 02				POR-MIÑA				12,0	4:48.84					
	50	33.63	100	1:09.06	150	1:45.90	200	2:28.97	250	3:02.45	300	3:42.54	350	4:14.35	400	4:48.84
		33.63		35.43		36.84		43.07		33.48		40.09		31.81		4:48.8
8	00674	CNFERRO 02				CNFERRO				10,0	4:50.94					
	50	36.59	100	1:14.94	150	1:52.47	200	2:36.84	250	3:08.97	300	3:46.94	350	4:16.94	400	4:50.94
		36.59		38.35		37.53		44.37		32.13		37.97		30.00		4:50.9
9	00101	POURENSE 02				POURENSE				8,0	4:51.31					
	50	31.92	100	1:06.26	150	1:45.38	200	2:30.95	250	3:04.94	300	3:44.94	350	4:16.68	400	4:51.31
		31.92		34.34		39.12		45.57		33.99		40.00		31.74		34.63
10	00101	POURENSE 01				POURENSE				6,0	5:01.17					
	50	34.77	100	1:11.68	150	1:50.85	200	2:35.91	250	3:10.91	300	3:52.91	350	4:25.27	400	5:01.17
		34.77		36.91		39.17		45.06		35.00		42.00		32.36		5:01.1
11	00398	CFVLUGO 02				CFVLUGO				4,0	5:12.35					
	50	39.58	100	1:19.62	150	2:02.69	200	2:50.76	250	3:23.75	300	4:04.72	350	4:36.24	400	5:12.35
		39.58		40.04		43.07		48.07		32.99		40.97		31.52		36.11
12	00186	NCORUÑA 02				NCORUÑA				2,0	5:23.54					
	50	36.62	100	1:16.46	150	2:04.62	200	2:58.51	250	3:33.03	300	4:15.48	350	4:47.67	400	5:23.54
		36.62		39.84		48.16		53.89		34.52		42.45		32.19		5:23.5

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial