

Prueba 21
04/06/2023

Masc., 200m Espalda

2003 y mayores
Resultados

Clasificación				Edad				Tiempo	Puntos
20+									
1.	1038566	CIVEIRA CORRAL, Samuel	21	POURENSE				2:20.26	13,00 RG
	50m:	32.19	32.19	100m:	1:07.74	35.55	150m:	1:44.94	37.20
							200m:	2:20.26	35.32
2.	1111716	SIMON COTELO, Manuel	22	HERCULES				2:24.77	10,00
	50m:	33.81	33.81	100m:	1:11.04	37.23	150m:	1:47.89	36.85
							200m:	2:24.77	36.88
3.	1068314	MARTINEZ MARTINEZ, Marcos	20	PONTEAREAS				2:26.11	8,00
	50m:	33.56	33.56	100m:	1:10.57	37.01	150m:	1:48.63	38.06
							200m:	2:26.11	37.48
4.	1039755	RIVAS MACEIRAS, Isaac	24	HERCULES				2:38.93	7,00
	50m:	34.86	34.86	100m:	1:14.44	39.58	150m:	1:55.60	41.16
							200m:	2:38.93	43.33
5.	1141093	VILLAMOR FERRO, Rubén	23	ARTEIXO				2:44.10	6,00
	50m:	38.23	38.23	100m:	1:19.31	41.08	150m:	2:01.68	42.37
							200m:	2:44.10	42.42
25+									
1.	1144193	PASTORIZA SANTA CLARA, Jorge	26	RIASBAIXAS				2:31.09	13,00
	50m:	35.20	35.20	100m:	1:13.05	37.85	150m:	1:52.09	39.04
							200m:	2:31.09	39.00
2.	1078908	MEILAN SANCHEZ, Sergio Jose	27	PORTAMIÑA				3:09.09	10,00
	50m:	46.65	46.65	100m:	1:34.70	48.05	150m:	2:21.86	47.16
							200m:	3:09.09	47.23
30+									
Baja	1037824	FREIRE GONZALEZ, Javier	30	RIASBAIXAS					-
35+									
1.	1089000	TABOADA VILA, Alberto	36	POURENSE				2:19.66	13,00 RG
	50m:	32.14	32.14	100m:	1:06.38	34.24	150m:	1:41.78	35.40
							200m:	2:19.66	37.88
2.	1226258	BERNARDEZ FERRO, Juan Jose	36	GALAICO				2:55.86	10,00
	50m:	42.20	42.20	100m:	1:27.13	44.93	150m:	2:12.52	45.39
							200m:	2:55.86	43.34
3.	1097263	LAMEIRO SEOANE, Javier	36	HERCULES				3:16.18	8,00
	50m:	47.62	47.62	100m:	1:37.11	49.49	150m:	2:26.48	49.37
							200m:	3:16.18	49.70
4.	1036745	BARCIA SIXTO, Francisco José	38	NTNARON				3:25.81	7,00
	50m:	49.88	49.88	100m:	1:41.17	51.29	150m:	2:35.18	54.01
							200m:	3:25.81	50.63
5.	1178928	FIDALGO SERRANO, Guillermo	37	TRAVIESAS				3:32.50	6,00
	50m:	50.71	50.71	100m:	1:44.26	53.55	150m:	2:39.17	54.91
							200m:	3:32.50	53.33
Baja	1005819	LAZARO GUERRERO, Victor	35	CMARINA					-
40+									
1.	1231535	GOMEZ MARQUEZ, Hugo	40	POURENSE				2:32.08	13,00 RG
	50m:	35.81	35.81	100m:	1:14.22	38.41	150m:	1:53.00	38.78
							200m:	2:32.08	39.08
2.	1141151	CALLE FACAL, Telmo	40	GALAICO				2:32.42	10,00
	50m:	35.05	35.05	100m:	1:12.65	37.60	150m:	1:52.04	39.39
							200m:	2:32.42	40.38
3.	1190909	CARBALLA BARROSO, Rogelio Manue	42	GALAICO				3:17.83	8,00
	50m:	44.50	44.50	100m:	1:34.48	49.98	150m:	2:27.41	52.93
							200m:	3:17.83	50.42

Prueba 21, Masc., 200m Espalda, 40+

Clasificación						Edad					Tiempo	Puntos
4.	1240331	DE LORENZO FERNÁNDEZ, Javier				42	ESCUALOS				3:31.50	7,00
	50m:	50.27	50.27	100m:	1:45.22	54.95	150m:	2:40.93	55.71	200m:	3:31.50	50.57
5.	1170841	BASTIDA CAMPOS, Alejandro				41	SALESTRA				3:32.07	6,00
	50m:	50.54	50.54	100m:	1:45.13	54.59	150m:	2:42.42	57.29	200m:	3:32.07	49.65
6.	1144584	ALVAREZ SILVA, Ruben				42	ESCUALOS				3:32.66	5,00
	100m:	1:46.45	1:46.45	150m:	2:40.41	53.96	200m:	3:32.66	52.25			
7.	1038913	SUAREZ GARCIA, Pedro Lois				43	PONTEAREAS				3:48.80	4,00
	50m:	53.52	53.52	100m:	1:50.79	57.27	150m:	2:53.49	1:02.70	200m:	3:48.80	55.31
8.	1039360	POSE MATO, Cesar				40	ADFOGAR				4:39.25	3,00
	50m:	1:06.41	1:06.41	100m:	2:17.45	1:11.04	150m:	3:29.73	1:12.28	200m:	4:39.25	1:09.52
9.	1190398	FERNANDEZ CORRAL, Marcos				44	PORTAMIÑA				5:27.09	2,00
	50m:	1:14.91	1:14.91	100m:	2:35.41	1:20.50	150m:	3:59.03	1:23.62	200m:	5:27.09	1:28.06

45+

1.	1118746	SANCHEZ GORDON, Roman	45	RIASBAIXAS						2:40.56	13,00	RG
	50m:	37.25	37.25	100m:	1:18.20	40.95	150m:	1:59.54	41.34	200m:	2:40.56	41.02
2.	1075601	MOURIZ LOMBAO, Fco. Javier	48	PORTAMIÑA						2:56.60	10,00	
	50m:	42.89	42.89	100m:	1:28.72	45.83	150m:	2:14.26	45.54	200m:	2:56.60	42.34
3.	1144267	FINS SEOANE, Juan Miguel	46	SALESTRA						2:57.92	8,00	
	50m:	42.98	42.98	100m:	1:28.34	45.36	150m:	2:13.89	45.55	200m:	2:57.92	44.03
4.	1076549	FERNÁNDEZ MAROTO, Diego	45	RCNVIGO						3:11.06	7,00	
	50m:	46.62	46.62	100m:	1:35.82	49.20	150m:	2:25.44	49.62	200m:	3:11.06	45.62
5.	1212075	GONZALEZ PARIS, David	45	HERCULES						3:19.91	6,00	
	50m:	43.68	43.68	100m:	1:35.44	51.76	150m:	2:28.08	52.64	200m:	3:19.91	51.83
6.	1076535	DE LUIS GONZÁLEZ, Aitor	49	RCNVIGO						3:23.90	5,00	
	50m:	50.11	50.11	100m:	1:41.96	51.85	150m:	2:33.96	52.00	200m:	3:23.90	49.94
7.	1191914	CARNERO FIRVIDA, Jose Ramón	49	ESCUALOS						3:49.27	4,00	
	100m:	1:50.79	1:50.79	150m:	2:50.20	59.41	200m:	3:49.27	59.07			
8.	1141502	TRONCOSO CAAMAÑO, Fernando	48	ESCUALOS						4:01.53	3,00	
	50m:	1:00.36	1:00.36	100m:	2:03.34	1:02.98	150m:	3:04.84	1:01.50	200m:	4:01.53	56.69
9.	1144915	SÁNCHEZ PARADA, Jose Mª	45	ARTEIXO						4:15.59	2,00	
	50m:	58.85	58.85	100m:	2:04.06	1:05.21	150m:	3:12.06	1:08.00	200m:	4:15.59	1:03.53

50+

1.	1040137	QUINTAS BARROS, Jesus C.	50	ESCUALOS						3:03.36	13,00	
	50m:	45.01	45.01	100m:	1:32.50	47.49	150m:	2:19.37	46.87	200m:	3:03.36	43.99
2.	1038104	PEREZ ARIAS, Hector	52	PORTAMIÑA						3:10.96	10,00	
	50m:	45.25	45.25	100m:	1:33.21	47.96	150m:	2:22.51	49.30	200m:	3:10.96	48.45
3.	1143612	PENEDO PADIN, Adolfo	51	GALAICO						3:49.09	8,00	
	50m:	55.21	55.21	100m:	1:53.16	57.95	150m:	2:52.46	59.30	200m:	3:49.09	56.63

Prueba 21, Masc., 200m Espalda

55+

1.	1076177	TIMIRAOS CARRASCO, Fernando	58	PORTAMIÑA	2:51.32	13,00	RG					
	50m:	41.16	41.16	100m:	1:24.67	43.51	150m:	2:08.24	43.57	200m:	2:51.32	43.08
2.	1141209	DE LA PAZ VIGO, Agustin	57	CMARINA	3:14.41	10,00						
	50m:	47.43	47.43	100m:	1:38.27	50.84	150m:	2:27.42	49.15	200m:	3:14.41	46.99
3.	1195569	PEREZ LEIVA, Manuel	55	RIASBAIXAS	3:40.36	8,00						
	50m:	51.57	51.57	100m:	1:49.04	57.47	150m:	2:47.89	58.85	200m:	3:40.36	52.47
4.	1143575	FERREIRA GONZALEZ, Xose Anxo	57	REDONDELA	3:45.92	7,00						
	50m:	56.74	56.74	100m:	1:55.63	58.89	200m:	3:45.92	1:50.29			
5.	1075593	PIROSCIA PENADO, Jose	57	PORTAMIÑA	4:41.60	6,00						
	50m:	1:05.83	1:05.83	100m:	2:16.89	1:11.06	150m:	3:28.88	1:11.99	200m:	4:41.60	1:12.72
DSQ	1057905	GURIDI HUERTA, Jesus M.	55	FLUVIAL		-						
	Nado irregular											
DSQ	1143536	BLANCO PEREZ, Angel	59	POURENSE		-						
	Viraje irregular											

60+

1.	1076250	BETHENCOURT IGLESIAS, Sergio	60	GALAICO	3:23.13	13,00						
	50m:	47.25	47.25	100m:	1:40.50	53.25	150m:	2:34.61	54.11	200m:	3:23.13	48.52
2.	1170858	CODESIDO LOPEZ, José	64	CIDSANTIAG	3:29.33	10,00						
	50m:	47.06	47.06	100m:	1:39.71	52.65	150m:	2:35.29	55.58	200m:	3:29.33	54.04

65+

1.	1048207	ROS ROSILLO, Alejandro	65	RIASBAIXAS	3:38.29	13,00	RG					
	50m:	52.43	52.43	100m:	1:47.86	55.43	150m:	2:43.66	55.80	200m:	3:38.29	54.63
2.	1076165	GARCIA COLOMO, Manuel Ramon	69	POURENSE	3:44.15	10,00						
	50m:	54.31	54.31	100m:	1:51.77	57.46	150m:	2:49.17	57.40	200m:	3:44.15	54.98
3.	1191492	TIMIRAOS CARRASCO, Luis	67	POURENSE	7:19.09	8,00						
	100m:	3:44.09	3:44.09	200m:	7:19.09	3:35.00						

70+

1.	1075177	LOPEZ VIDAL, Antonio	71	GALAICO	5:04.75	13,00	RG					
	50m:	1:13.22	1:13.22	100m:	2:32.72	1:19.50	150m:	3:51.18	1:18.46	200m:	5:04.75	1:13.57