

Prueba 19
04/06/2023

Masc., 200m Braza

2003 y mayores
Resultados

Clasificación					Edad					Tiempo	Puntos
20+											
1.	1230348	GONZALEZ ALONSO, Alejandro	21	PONTEAREAS						3:41.87	13,00
	50m:	50.30	50.30	100m:	1:45.37	55.07	150m:	2:43.88	58.51	200m:	3:41.87 57.99
25+											
1.	1037284	SABUZ FORNEIRO, Martin	29	POURENSE						2:43.64	13,00 RG
	50m:	36.42	36.42	100m:	1:17.11	40.69	150m:	2:00.10	42.99	200m:	2:43.64 43.54
2.	1038181	BOUZA PADRON, Adrian	26	PONTEAREAS						2:44.62	10,00
	50m:	38.16	38.16	100m:	1:19.90	41.74	150m:	2:02.76	42.86	200m:	2:44.62 41.86
3.	1119327	SUAREZ FERNÁNDEZ, Santiago	28	MONFORTE						2:47.20	8,00
	50m:	36.72	36.72	100m:	1:18.86	42.14	150m:	2:02.76	43.90	200m:	2:47.20 44.44
4.	1068356	AZNAR GRUILLE, Carlos J.	28	CMARINA						3:12.02	7,00
	50m:	44.31	44.31	100m:	1:34.36	50.05	150m:	2:24.80	50.44	200m:	3:12.02 47.22
5.	1216460	FRANCISCO MACÍAS, Simón	27	POURENSE						3:27.68	6,00
	50m:			100m:	1:38.69		150m:			200m:	3:27.68
30+											
1.	1130602	TENORIO FREIRE, Martin	31	GALAICO						2:45.17	13,00 RG
	50m:	36.70	36.70	100m:	1:18.41	41.71	150m:	2:02.30	43.89	200m:	2:45.17 42.87
35+											
1.	1076287	PAZOS ALONSO, Josue	37	ESCUALOS						2:49.94	13,00 RG
	50m:	38.43	38.43	100m:	1:22.12	43.69	150m:	2:06.65	44.53	200m:	2:49.94 43.29
2.	1143890	FORTES NOVOA, Martiño	35	ESCUALOS						3:00.81	10,00
	50m:	40.99	40.99	100m:	1:27.00	46.01	150m:	2:15.33	48.33	200m:	3:00.81 45.48
3.	1199549	MARTINEZ DOPAZO, David	36	GALAICO						3:04.80	8,00
	50m:			100m:	1:26.26		150m:			200m:	3:04.80
4.	1126597	FERNANDEZ GAYOSO, Jose Manuel	37	CNMOS						3:06.84	7,00
	50m:	42.04	42.04	100m:	1:29.31	47.27	150m:	2:18.46	49.15	200m:	3:06.84 48.38
5.	1136629	FIGUEIRA DOMINGUEZ, Javier Guzman	35	RIASBAIXAS						3:10.56	6,00
	50m:			100m:	1:34.21		150m:			200m:	3:10.56
6.	1214823	GONZALEZ PEÑAS, David	39	PORTAMIÑA						3:28.16	5,00
	50m:	50.39	50.39	100m:	1:42.32	51.93	150m:	2:34.96	52.64	200m:	3:28.16 53.20
7.	1204315	TORRES FRAILE, Emilio	39	MONFORTE						3:56.93	4,00
	50m:	53.10	53.10	100m:	1:53.57	1:00.47	150m:	2:55.29	1:01.72	200m:	3:56.93 1:01.64

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40+

1.	1093446	VAZQUEZ IGLESIAS, Daniel	44	RIASBAIXAS	3:03.14	13,00
	50m:	42.50 42.50 100m: 1:29.29 46.79	150m: 2:17.37 48.08	200m: 3:03.14 45.77		
2.	1144789	MATIAS DUARTE, Erick	41	HERCULES	3:11.79	10,00
	50m:	100m: 1:32.06	150m:	200m: 3:11.79		
3.	1143897	SEVILLA AROCA, Javier	40	ESCUALOS	3:14.34	8,00
	50m:	43.37 43.37 100m: 1:32.48 49.11	150m: 2:23.26 50.78	200m: 3:14.34 51.08		
4.	1143895	PADIN CHARLIN, Joaquin	43	ESCUALOS	3:19.59	7,00
	50m:	100m: 1:33.50	150m:	200m: 3:19.59		
5.	1238677	MARIÑO GONZALEZ, Ramón	43	POURENSE	3:39.78	6,00
	50m:	51.55 51.55 100m: 1:46.17 54.62	150m: 2:42.92 56.75	200m: 3:39.78 56.86		
6.	1200126	TABOADA CALVELO, Jose Carlos	44	SALESTRA	3:45.14	5,00
	50m:	50.60 50.60 100m: 1:48.31 57.71	150m: 2:46.29 57.98	200m: 3:45.14 58.85		
7.	1038913	SUAREZ GARCIA, Pedro Lois	43	PONTEAREAS	3:46.43	4,00
	50m:	50.75 50.75 100m: 1:47.94 57.19	150m: 2:49.27 1:01.33	200m: 3:46.43 57.16		
8.	1076282	CARRERA COSTAS, Andres	41	PONTEAREAS	3:48.49	3,00
	50m:	100m: 1:48.17	150m:	200m: 3:48.49		
9.	1076542	GONZALEZ CONDE, Rodrigo	41	PONTEAREAS	3:49.81	2,00
	50m:	51.13 51.13 100m: 1:49.59 58.46	150m: 2:50.22 1:00.63	200m: 3:49.81 59.59		
10.	1178772	CARRERA RODRÍGUEZ, Rubén	44	PONTEAREAS	3:55.25	1,00
	50m:	53.50 53.50 100m: 1:54.64 1:01.14	150m: 2:56.89 1:02.25	200m: 3:55.25 58.36		
11.	1039360	POSE MATO, Cesar	40	ADFOGAR	4:41.72	-
	50m:	1:07.23 1:07.23 100m: 2:22.20 1:14.97	150m: 3:36.17 1:13.97	200m: 4:41.72 1:05.55		
DSQ	1076564	CABANELAS EIRAS, Pablo	44	CIDSANTIAG		-
	Nado irregular					

45+

1.	1143601	NOGUEIRA-PINTO CRESPO, Hugo	45	ESCUALOS	3:04.64	13,00		
	50m:	41.91 41.91	100m:	1:29.73 47.82	150m:	2:17.36 47.63	200m:	3:04.64 47.28
2.	1144265	PORTO CASTAÑO, Alexandre	46	SALESTRA	3:07.18	10,00		
	50m:	41.74 41.74	100m:	1:29.09 47.35	150m:	2:18.34 49.25	200m:	3:07.18 48.84
3.	1218110	HERMIDA SALIDO, Gustavo	46	NTNARON	3:12.33	8,00		
	50m:		100m:	1:33.14	150m:		200m:	3:12.33
4.	1006004	GUIMAREY VAZQUEZ, Marcos	46	PORTAMIÑA	3:20.90	7,00		
	50m:		100m:	1:34.62	150m:		200m:	3:20.90
5.	1079343	MOURIÑO ORTIGUERA, Roberto C.	49	PONTEAREAS	3:26.63	6,00		
	50m:		100m:	1:36.73	150m:		200m:	3:26.63
6.	1201621	ALONSO ORTIZ, Mariano	47	FLUVIAL	3:31.40	5,00		
	50m:	49.44 49.44	100m:	1:43.41 53.97	150m:	2:38.85 55.44	200m:	3:31.40 52.55

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50+

1.	1076185 PEREIRA DIAZ, Angel	51	ESCUALOS	3:06.26	13,00
	50m: 42.08 42.08 100m: 1:29.15 47.07 150m: 2:17.19 48.04 200m: 3:06.26 49.07				
2.	1040137 QUINTAS BARROS, Jesus C.	50	ESCUALOS	3:09.89	10,00
	50m: 42.95 42.95 100m: 1:32.99 50.04 150m: 2:21.70 48.71 200m: 3:09.89 48.19				
3.	1197597 HERNAEZ OUBIÑA, David	50	CULLEREDO	3:10.87	8,00
	50m: 43.37 43.37 100m: 1:31.41 48.04 150m: 2:20.45 49.04 200m: 3:10.87 50.42				
4.	1141504 BOUSO FUENTECILLA, Fernando	52	ESCUALOS	3:20.81	7,00
	50m: 100m: 1:36.83 150m: 200m: 3:20.81				
5.	1144857 FERREIRO SUAREZ, Javier M.	50	SCASINO	3:31.84	6,00
	50m: 100m: 1:39.59 150m: 200m: 3:31.84				
6.	1144117 PREGO MARTINEZ, Benjamin	50	PONTEAREAS	3:33.38	5,00
	50m: 100m: 1:42.40 150m: 200m: 3:33.38				
7.	1143605 FERNANDEZ MARTINEZ, Alberto	52	ESCUALOS	3:34.02	4,00
	50m: 48.93 48.93 100m: 1:42.81 53.88 150m: 2:37.98 55.17 200m: 3:34.02 56.04				
8.	1079474 MANDADO RODRIGUEZ, Enrique	51	HERCULES	3:36.43	3,00
	50m: 100m: 1:43.08 150m: 200m: 3:36.43				
9.	1144698 CADAVID NUÑEZ, Jose	53	POURENSE	3:51.67	2,00
	50m: 51.85 51.85 100m: 1:51.25 59.40 150m: 2:51.83 1:00.58 200m: 3:51.67 59.84				
10.	1197604 ARAUJO FERNÁNDEZ, Jose	52	ESCUALOS	4:24.36	1,00
	50m: 59.62 59.62 100m: 2:08.98 1:09.36 150m: 3:20.58 1:11.60 200m: 4:24.36 1:03.78				
11.	1145039 FERREIRO SANCHEZ, Luis	53	POURENSE	4:49.13	-
	50m: 1:05.49 1:05.49 100m: 2:05.57 1:00.08 150m: 3:36.12 1:30.55 200m: 4:49.13 1:13.01				
DSQ	1230361 VERDE LEBORANS, José	50	CIDSANTIAG		-
	Salida anticipada				

55+

1.	1143661 TOURIÑO GONZALEZ, Victor	55	CMARINA	3:19.53	13,00
	50m: 100m: 1:36.49 150m: 200m: 3:19.53				
2.	1079460 REY ROMERO, Jorge J.	57	PORTAMIÑA	3:40.13	10,00
	50m: 49.08 49.08 100m: 1:44.65 55.57 150m: 2:42.72 58.07 200m: 3:40.13 57.41				
3.	1145033 PIÑEIRO PEREZ, Armando	57	PONTEAREAS	3:57.45	8,00
	50m: 54.60 54.60 100m: 1:56.56 1:01.96 150m: 2:58.89 1:02.33 200m: 3:57.45 58.56				
4.	1143966 FERNANDEZ GONZALEZ, Alvaro	58	CNMOS	4:25.09	7,00
	50m: 58.93 58.93 100m: 2:07.01 1:08.08 150m: 3:17.71 1:10.70 200m: 4:25.09 1:07.38				

60+

1.	1076279 SIO LOURIDO, J. Salvador	62	CNMOS	3:33.38	13,00
	50m: 49.87 49.87 100m: 1:46.13 56.26 150m: 2:41.25 55.12 200m: 3:33.38 52.13				
2.	1144940 HERNANZ MORAL, Fausto	61	RIASBAIXAS	4:18.24	10,00
	50m: 59.28 59.28 100m: 2:06.56 1:07.28 150m: 3:13.41 1:06.85 200m: 4:18.24 1:04.83				
3.	1144712 MONTERO FERNANDEZ, Jose Antonio	60	POURENSE	4:41.27	8,00
	50m: 1:01.92 1:01.92 100m: 2:15.11 1:13.19 150m: 3:29.33 1:14.22 200m: 4:41.27 1:11.94				

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65+

1.	1048207 ROS ROSILLO, Alejandro	65	RIASBAIXAS	3:27.24	13,00	RG
	50m:	100m: 1:41.58	150m:	200m: 3:27.24		

80+

1.	1143430 ARAUJO DOMINGUEZ, Francisco	83	PONTEAREAS	6:35.52	13,00	RG
	50m: 1:00.67	1:00.67	100m: 3:14.20	2:13.53	150m: 4:57.61	1:43.41
					200m: 6:35.52	1:37.91