

Prueba 11
03/06/2023

Masc., 200m Estilos

2003 y mayores
Resultados

| Clasificación | Edad | | | | | | | | | | Tiempo | Puntos | |
|---------------|----------------|------------------------------------|-------|-------|---------|-------|------------|---------|-------|-------|---------|--------|----|
| 20+ | | | | | | | | | | | | | |
| 1. | 1086359 | MOURE DOVAL, Jose | | | | 24 | POURENSE | | | | 2:14.48 | 13,00 | RG |
| | 50m: | 28.68 | 28.68 | 100m: | 1:03.33 | 34.65 | 150m: | 1:44.77 | 41.44 | 200m: | 2:14.48 | 29.71 | |
| 2. | 1068314 | MARTINEZ MARTINEZ, Marcos | | | | 20 | PONTEAREAS | | | | 2:28.22 | 10,00 | |
| | 50m: | 31.33 | 31.33 | 100m: | 1:09.91 | 38.58 | 150m: | 1:53.63 | 43.72 | 200m: | 2:28.22 | 34.59 | |
| 3. | 1039755 | RIVAS MACEIRAS, Isaac | | | | 24 | HERCULES | | | | 2:40.34 | 8,00 | |
| | 50m: | 30.61 | 30.61 | 100m: | 1:09.50 | 38.89 | 150m: | 2:00.63 | 51.13 | 200m: | 2:40.34 | 39.71 | |
| 25+ | | | | | | | | | | | | | |
| 1. | 1144193 | PASTORIZA SANTACLARA, Jorge | | | | 26 | RIASBAIXAS | | | | 2:24.81 | 13,00 | |
| | 50m: | 30.83 | 30.83 | 100m: | 1:08.71 | 37.88 | 150m: | 1:50.63 | 41.92 | 200m: | 2:24.81 | 34.18 | |
| 2. | 1119327 | SUAREZ FERNÁNDEZ, Santiago | | | | 28 | MONFORTE | | | | 2:31.12 | 10,00 | |
| | 50m: | 29.56 | 29.56 | 100m: | 1:09.53 | 39.97 | 150m: | 1:53.59 | 44.06 | 200m: | 2:31.12 | 37.53 | |
| 3. | 1037284 | SABUZ FORNEIRO, Martín | | | | 29 | POURENSE | | | | 2:36.03 | 8,00 | |
| | 50m: | 31.33 | 31.33 | 100m: | 1:15.24 | 43.91 | 150m: | 1:57.33 | 42.09 | 200m: | 2:36.03 | 38.70 | |
| 4. | 1093458 | MUIÑO ALONSO, Anton | | | | 29 | NCORUÑA | | | | 2:36.81 | 7,00 | |
| | 50m: | 30.86 | 30.86 | 100m: | 1:11.78 | 40.92 | 150m: | 2:00.29 | 48.51 | 200m: | 2:36.81 | 36.52 | |
| 5. | 1038097 | VAZQUEZ PRADO, Martin | | | | 27 | PORTAMIÑA | | | | 2:39.57 | 6,00 | |
| | 50m: | 35.40 | 35.40 | 100m: | 1:16.77 | 41.37 | 150m: | 2:02.87 | 46.10 | 200m: | 2:39.57 | 36.70 | |
| DSQ | 1216460 | FRANCISCO MACÍAS, Simón | | | | 27 | POURENSE | | | | | | - |
| | Nado irregular | | | | | | | | | | | | |
| 30+ | | | | | | | | | | | | | |
| 1. | 1130602 | TENORIO FREIRE, Martin | | | | 31 | GALAICO | | | | 2:27.71 | 13,00 | |
| | 50m: | 30.36 | 30.36 | 100m: | 1:10.00 | 39.64 | 150m: | 1:53.20 | 43.20 | 200m: | 2:27.71 | 34.51 | |
| 2. | 1174610 | TABOADA VILA, Daniel | | | | 30 | POURENSE | | | | 3:15.87 | 10,00 | |
| | 50m: | 41.18 | 41.18 | 100m: | 1:32.20 | 51.02 | 150m: | 2:26.07 | 53.87 | 200m: | 3:15.87 | 49.80 | |
| 3. | 1076271 | NOVALES BLANCO, Xabier | | | | 32 | RIASBAIXAS | | | | 3:23.59 | 8,00 | |
| | 50m: | 44.41 | 44.41 | 100m: | 1:42.77 | 58.36 | 150m: | 2:39.47 | 56.70 | 200m: | 3:23.59 | 44.12 | |
| 35+ | | | | | | | | | | | | | |
| 1. | 1076287 | PAZOS ALONSO, Josue | | | | 37 | ESCUALOS | | | | 2:39.00 | 13,00 | |
| | 50m: | 34.31 | 34.31 | 100m: | 1:18.01 | 43.70 | 150m: | 2:01.03 | 43.02 | 200m: | 2:39.00 | 37.97 | |
| 2. | 1199549 | MARTINEZ DOPAZO, David | | | | 36 | GALAICO | | | | 2:46.59 | 10,00 | |
| | 50m: | 36.65 | 36.65 | 100m: | 1:21.72 | 45.07 | 150m: | 2:07.67 | 45.95 | 200m: | 2:46.59 | 38.92 | |
| 3. | 1126597 | FERNANDEZ GAYOSO, Jose Manuel | | | | 37 | CNMOS | | | | 2:47.32 | 8,00 | |
| | 50m: | 36.78 | 36.78 | 100m: | 1:20.56 | 43.78 | 150m: | 2:08.84 | 48.28 | 200m: | 2:47.32 | 38.48 | |
| 4. | 1097263 | LAMEIRO SEOANE, Javier | | | | 36 | HERCULES | | | | 3:05.38 | 7,00 | |
| | 50m: | 37.45 | 37.45 | 100m: | 1:29.09 | 51.64 | 150m: | 2:24.73 | 55.64 | 200m: | 3:05.38 | 40.65 | |
| 5. | 1212078 | FERNÁNDEZ LAGUNA, Francisco Javier | | | | 36 | TRICORUÑA | | | | 3:14.50 | 6,00 | |
| | 50m: | 39.95 | 39.95 | 100m: | 1:32.64 | 52.69 | 150m: | 2:30.87 | 58.23 | 200m: | 3:14.50 | 43.63 | |

Prueba 11, Masc., 200m Estilos, 35+

| Clasificación | Edad | Tiempo | Puntos |
|--|--------------|----------------|--------|
| 6. 1214823 GONZALEZ PEÑAS, David | 39 PORTAMIÑA | 3:18.13 | 5,00 |
| 50m: 46.39 46.39 100m: 1:40.03 53.64 150m: 2:31.30 51.27 200m: 3:18.13 46.83 | | | |
| 7. 1241049 RAMIL FREAN, Ignacio | 39 SCASINO | 3:34.65 | 4,00 |
| 50m: 49.37 49.37 100m: 1:48.68 59.31 150m: 2:48.38 59.70 200m: 3:34.65 46.27 | | | |

40+

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| 1. 1141151 CALLE FACAL, Telmo | 40 GALAICO | 2:28.95 | 13,00 RG |
| 50m: 30.53 30.53 100m: 1:08.60 38.07 150m: 1:52.74 44.14 200m: 2:28.95 36.21 | | | |
| 2. 1228089 MERA MONTECELOS, Pablo | 40 HERCULES | 2:42.67 | 10,00 |
| 50m: 33.24 33.24 100m: 1:16.75 43.51 150m: 2:05.37 48.62 200m: 2:42.67 37.30 | | | |
| 3. 1180237 FOUZ ROUCO, Rubén | 44 HERCULES | 2:58.99 | 8,00 |
| 50m: 38.04 38.04 100m: 1:25.99 47.95 150m: 2:22.28 56.29 200m: 2:58.99 36.71 | | | |
| 4. 1144789 MATIAS DUARTE, Erick | 41 HERCULES | 3:03.70 | 7,00 |
| 50m: 39.56 39.56 100m: 1:28.47 48.91 150m: 2:21.53 53.06 200m: 3:03.70 42.17 | | | |
| 5. 1143897 SEVILLA AROCA, Javier | 40 ESCUALOS | 3:06.50 | 6,00 |
| 50m: 37.51 37.51 100m: 1:30.43 52.92 150m: 2:25.93 55.50 200m: 3:06.50 40.57 | | | |
| 6. 1240331 DE LORENZO FERNÁNDEZ, Javier | 42 ESCUALOS | 3:23.17 | 5,00 |
| 50m: 47.97 47.97 100m: 1:40.88 52.91 150m: 2:39.03 58.15 200m: 3:23.17 44.14 | | | |
| 7. 1038913 SUAREZ GARCIA, Pedro Lois | 43 PONTEAREAS | 3:40.23 | 4,00 |
| 50m: 48.15 48.15 100m: 1:49.75 1:01.60 150m: 2:48.31 58.56 200m: 3:40.23 51.92 | | | |
| 8. 1076282 CARRERA COSTAS, Andres | 41 PONTEAREAS | 3:43.50 | 3,00 |
| 50m: 45.53 45.53 100m: 1:48.98 1:03.45 150m: 2:41.27 52.29 200m: 3:43.50 1:02.23 | | | |
| 9. 1190398 FERNANDEZ CORRAL, Marcos | 44 PORTAMIÑA | 4:32.34 | 2,00 |
| 50m: 1:00.26 1:00.26 100m: 2:18.41 1:18.15 150m: 3:29.66 1:11.25 200m: 4:32.34 1:02.68 | | | |
| 10. 1039360 POSE MATO, Cesar | 40 ADFOGAR | 4:34.79 | 1,00 |
| 50m: 1:09.47 1:09.47 100m: 2:25.57 1:16.10 150m: 3:40.42 1:14.85 200m: 4:34.79 54.37 | | | |

Baja 1079215 MENDES FERRAS, Artur Leonel 42 MONFORTE -

45+

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| 1. 1118746 SANCHEZ GORDON, Roman | 45 RIASBAIXAS | 2:37.00 | 13,00 RG |
| 50m: 32.40 32.40 100m: 1:14.87 42.47 150m: 2:02.31 47.44 200m: 2:37.00 34.69 | | | |
| 2. 1144267 FINS SEOANE, Juan Miguel | 46 SALESTRA | 2:47.31 | 10,00 |
| 50m: 32.51 32.51 100m: 1:18.93 46.42 150m: 2:08.90 49.97 200m: 2:47.31 38.41 | | | |
| 3. 1175127 MASSO AGUADO, Jorge | 47 RIASBAIXAS | 2:51.44 | 8,00 |
| 50m: 34.22 34.22 100m: 1:20.34 46.12 150m: 2:12.14 51.80 200m: 2:51.44 39.30 | | | |
| 4. 1079343 MOURIÑO ORTIGUERA, Roberto C. | 49 PONTEAREAS | 3:01.76 | 7,00 |
| 50m: 36.43 36.43 100m: 1:30.12 53.69 150m: 2:22.53 52.41 200m: 3:01.76 39.23 | | | |
| 5. 1190415 GOMEZ FREIRE, Domingo Jose | 48 SCASINO | 3:08.45 | 6,00 |
| 50m: 38.55 38.55 100m: 1:32.01 53.46 150m: 2:28.84 56.83 200m: 3:08.45 39.61 | | | |
| 6. 1232932 VEIGA PILLADO, Jose | 45 SCASINO | 3:19.28 | 5,00 |
| 50m: 41.74 41.74 100m: 1:38.22 56.48 150m: 2:36.01 57.79 200m: 3:19.28 43.27 | | | |
| 7. 1127402 PEXEGUEIRO BALADRON, Nicolas | 46 CNMOS | 3:24.32 | 4,00 |
| 50m: 43.58 43.58 100m: 1:38.87 55.29 150m: 2:36.26 57.39 200m: 3:24.32 48.06 | | | |

Prueba 11, Masc., 200m Estilos, 45+

| Clasificación | | Edad | | Tiempo | Puntos |
|---------------|--|------|------------|----------------|--------|
| 8. | 1145005 FERNANDEZ IGLESIAS, Emilio J. | 46 | PONTEAREAS | 3:24.94 | 3,00 |
| | 50m: 44.30 44.30 100m: 1:44.77 1:00.47 150m: 2:43.00 58.23 200m: 3:24.94 | | | | 41.94 |
| 9. | 1143662 BALSA MOSQUERA, Pablo | 45 | CMARINA | 3:29.45 | 2,00 |
| | 50m: 41.49 41.49 100m: 1:40.68 59.19 150m: 2:47.64 1:06.96 200m: 3:29.45 | | | | 41.81 |
| 10. | 1203306 DURO GONZALEZ, Antonio | 49 | SALESTRA | 3:48.42 | 1,00 |
| | 50m: 46.92 46.92 100m: 1:49.74 1:02.82 150m: 3:02.61 1:12.87 200m: 3:48.42 | | | | 45.81 |
| 11. | 1144915 SÁNCHEZ PARADA, Jose M ^a | 45 | ARTEIXO | 4:15.46 | - |
| | 50m: 57.60 57.60 100m: 2:12.22 1:14.62 150m: 3:27.98 1:15.76 200m: 4:15.46 | | | | 47.48 |
| DSQ | 1212075 GONZALEZ PARIS, David | 45 | HERCULES | | - |
| | <i>Nado irregular</i> | | | | |
| Baja | 1141206 ANEIROS GARCIA, Jose | 49 | CMARINA | | - |

50+

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|----|--|----|------------|----------------|-------|
| 1. | 1076185 PEREIRA DIAZ, Angel | 51 | ESCUALOS | 2:59.39 | 13,00 |
| | 50m: 35.22 35.22 100m: 1:26.52 51.30 150m: 2:15.06 48.54 200m: 2:59.39 | | | | 44.33 |
| 2. | 1147287 ESCUDERO DANS, David | 50 | TRICORUÑA | 3:08.85 | 10,00 |
| | 50m: 39.98 39.98 100m: 1:33.58 53.60 150m: 2:27.57 53.99 200m: 3:08.85 | | | | 41.28 |
| 3. | 1143605 FERNANDEZ MARTINEZ, Alberto | 52 | ESCUALOS | 3:21.14 | 8,00 |
| | 50m: 45.05 45.05 100m: 1:41.01 55.96 150m: 2:35.65 54.64 200m: 3:21.14 | | | | 45.49 |
| 4. | 1144117 PREGO MARTINEZ, Benjamin | 50 | PONTEAREAS | 3:23.44 | 7,00 |
| | 50m: 46.88 46.88 100m: 1:45.37 58.49 150m: 2:40.24 54.87 200m: 3:23.44 | | | | 43.20 |
| 5. | 1141071 LORENZO FERNANDEZ, Jose Manuel | 51 | RIASBAIXAS | 3:35.87 | 6,00 |
| | 50m: 45.19 45.19 100m: 1:43.65 58.46 150m: 2:50.24 1:06.59 200m: 3:35.87 | | | | 45.63 |
| 6. | 1079474 MANDADO RODRIGUEZ, Enrique | 51 | HERCULES | 3:36.57 | 5,00 |
| | 50m: 45.03 45.03 100m: 1:47.49 1:02.46 150m: 2:44.24 56.75 200m: 3:36.57 | | | | 52.33 |
| 7. | 1078814 CANOSA RODRIGUEZ, Alfonso J. | 52 | ADFOGAR | 3:40.92 | 4,00 |
| | 50m: 49.76 49.76 100m: 1:52.63 1:02.87 150m: 2:52.44 59.81 200m: 3:40.92 | | | | 48.48 |
| 8. | 1208795 LORENZO GONZALEZ-VISO, Carlos | 52 | POURENSE | 3:57.33 | 3,00 |
| | 50m: 49.75 49.75 100m: 1:58.69 1:08.94 150m: 3:07.65 1:08.96 200m: 3:57.33 | | | | 49.68 |
| 9. | 1141356 GENDE DIAZ, Juan F. | 53 | ADFOGAR | 4:10.85 | 2,00 |
| | 50m: 45.45 45.45 100m: 1:58.50 1:13.05 150m: 3:14.94 1:16.44 200m: 4:10.85 | | | | 55.91 |

55+

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| 1. | 1180234 SÁNCHEZ SECO, Manuel | 55 | ESCUALOS | 3:26.07 | 13,00 |
| | 50m: 48.31 48.31 100m: 1:39.45 51.14 150m: 2:40.49 1:01.04 200m: 3:26.07 | | | | 45.58 |
| 2. | 1037161 TOME NOGUEIRA, Alberto M. | 55 | ADFOGAR | 3:28.86 | 10,00 |
| | 50m: 44.55 44.55 100m: 1:41.91 57.36 150m: 2:42.09 1:00.18 200m: 3:28.86 | | | | 46.77 |
| 3. | 1193949 LAMELO OTERO, Ramón Jesus | 55 | CIDSANTIAG | 4:07.08 | 8,00 |
| | 50m: 53.83 53.83 100m: 2:01.62 1:07.79 150m: 3:19.26 1:17.64 200m: 4:07.08 | | | | 47.82 |
| 4. | 1075593 PIROSCIA PENADO, Jose | 57 | PORTAMIÑA | 4:29.40 | 7,00 |
| | 50m: 58.64 58.64 100m: 2:13.37 1:14.73 150m: 3:28.02 1:14.65 200m: 4:29.40 | | | | 1:01.38 |
| DSQ | 1106828 TRILLO CARLIN, Jose Fdo. | 55 | ADFOGAR | | - |
| | <i>Nado irregular</i> | | | | |

Prueba 11, Masc., 200m Estilos, 55+

| Clasificación | | | Edad | | | | | Tiempo | Puntos |
|---------------|---------|--|------|------------|--|--|--|----------------|----------|
| Baja | 1141209 | DE LA PAZ VIGO, Agustin | 57 | CMARINA | | | | | - |
| 60+ | | | | | | | | | |
| 1. | 1078596 | LOIS PEREZ, Antonio | 62 | NCORUÑA | | | | 3:15.21 | 13,00 |
| | | 50m: 40.90 40.90 100m: 1:30.00 49.10 150m: 2:30.41 1:00.41 200m: 3:15.21 44.80 | | | | | | | |
| 2. | 1075589 | SANCHEZ VAZQUEZ, Jesus | 61 | PORTAMIÑA | | | | 3:57.56 | 10,00 |
| | | 50m: 53.00 53.00 100m: 1:59.71 1:06.71 150m: 3:08.60 1:08.89 200m: 3:57.56 48.96 | | | | | | | |
| 65+ | | | | | | | | | |
| 1. | 1048207 | ROS ROSILLO, Alejandro | 65 | RIASBAIXAS | | | | 3:18.32 | 13,00 RG |
| | | 50m: 46.24 46.24 100m: 1:40.31 54.07 150m: 2:31.33 51.02 200m: 3:18.32 46.99 | | | | | | | |
| DSQ | 1191492 | TIMIRAOS CARRASCO, Luis | 67 | POURENSE | | | | | - |
| | | <i>Nado irregular</i> | | | | | | | |
| Baja | 1076168 | GARCIA COLOMO, Carlos Luis | 65 | POURENSE | | | | | - |
| 70+ | | | | | | | | | |
| 1. | 1075190 | SUANZES PEREZ, Fernando | 70 | HERCULES | | | | 3:29.97 | 13,00 RG |
| | | 50m: 43.21 43.21 100m: 1:43.03 59.82 150m: 2:44.38 1:01.35 200m: 3:29.97 45.59 | | | | | | | |
| 2. | 1076487 | RODRIGUEZ LEMOS, Andres J. | 74 | CNMOS | | | | 4:19.66 | 10,00 |
| | | 50m: 49.86 49.86 100m: 2:11.11 1:21.25 150m: 3:18.63 1:07.52 200m: 4:19.66 1:01.03 | | | | | | | |