

Prueba 1
14/01/2023 - 9:30

Fem., 400m Estilos

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
BUGALLO PÉREZ, Estíbaliz	33	30+	RCNVIGO	5:31.58	25m	5:31.58
FREIJE TORNEIRO, Aroa	25	25+	PORTAMIÑA	5:45.13	25m	5:45.32
FLEITAS IMBERNON, Irene	36	35+	UTRERA	5:57.01	50m	5:50.71
POMBO LOPEZ, Belen	31	30+	FLUVIAL	5:53.98	25m	5:54.17
HERMIDA RODRIGUEZ, Blanca	42	40+	CMARINA	6:10.63	25m	6:10.82
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	6:30.00	25m	6:30.19
VINAGRE SENDINO, Cora	35	35+	SCASINO	6:30.00	25m	6:30.19
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	6:41.01	25m	6:41.20
DURÁN VEIRAS, Raquel	39	35+	ARTEIXO	6:45.00	25m	6:45.19
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	6:56.77	25m	6:56.96
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	7:00.00	25m	7:00.19
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	7:07.89	25m	7:07.89
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	7:25.79	25m	7:25.79
BARJA BARJA, Liliana	58	55+	TRAVIESAS	7:33.40	25m	7:33.40
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	7:40.41	25m	7:40.60
MARTIN, Christelle	42	40+	ESCUALOS	8:08.38	25m	8:08.57
RUIZ MEILAN, Blanca	33	30+	SCASINO	8:25.22	25m	8:25.22
GARCIA RODRIGUEZ, Teresa	51	50+	PORTAMIÑA	8:40.10	25m	8:40.29
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	11:23.78	25m	11:23.97

Prueba 2
14/01/2023

Masc., 400m Estilos

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
VILA CID, Marcos	36	35+	POURENSE	4:45.58	25m	4:45.77
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	4:46.44	25m	4:46.44
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	4:50.42	25m	4:50.61
PASTORIZA SANTA CLARA, Jorge	26	25+	RIASBAIXAS	4:51.41	25m	4:51.41
TENORIO FREIRE, Martin	31	30+	GALAICO	5:11.47	25m	5:11.66
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	5:17.73	25m	5:17.73
GALERA PEREZ, Francisco	36	35+	UTRERA	5:47.45	50m	5:38.65
QUINTAS BARROS, Jesus C.	50	50+	ESCUALOS	5:39.01	25m	5:39.01
MERA MONTECELOS, Pablo	40	40+	HERCULES	5:39.00	25m	5:39.19
IBÁÑEZ CARRERA, Manuel Gabriel	27	25+	PONTEAREAS	6:00.00	25m	6:00.19
AZNAR GRILLE, Carlos Javier	28	25+	CMARINA	6:06.50	25m	6:06.69
MATIAS DUARTE, Erick	41	40+	HERCULES	6:08.00	25m	6:08.19
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	6:08.61	25m	6:08.61
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	6:15.00	25m	6:15.19
DOMINGUEZ PHILOCREON, Ticiano	42	40+	CIDSANTIAG	6:32.00	25m	6:32.00
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	6:47.73	25m	6:47.73
FERNANDEZ-TESTA BARREIRO, D.	49	45+	RIASBAIXAS	6:52.70	25m	6:52.89
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	6:54.38	25m	6:54.57
TOME NOGUEIRA, Alberto M.	55	55+	ADFOGAR	6:56.21	25m	6:56.40
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	7:01.70	25m	7:01.70
VALCUENDE RODRIGUEZ, J.	47	45+	HERCULES	7:04.25	25m	7:04.44
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	7:06.37	25m	7:06.56
CANOSA RODRIGUEZ, Alfonso J.	52	50+	ADFOGAR	7:36.51	25m	7:36.70
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	7:38.13	25m	7:38.32
POSE MATO, Cesar	40	40+	ADFOGAR	9:03.24	25m	9:03.43
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	9:35.23	25m	9:35.42
TIMIRAOS CARRASCO, Luis	67	65+	POURENSE	13:15.23	25m	13:15.23

Prueba 3
14/01/2023

Fem., 100m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	1:02.78	50m	1:01.68
BARBEITO DOMINGUEZ, Marta	39	35+	TCHAMART	1:04.85	25m	1:04.85
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	1:05.80	25m	1:05.80
ALCALDE BALADO, Tania	37	35+	CIDSANTIAG	1:06.86	25m	1:06.86
ABASOLO RUEDA, Claudia	23	20+	NCORUÑA	1:08.19	25m	1:08.38
TORRES GUTIERREZ, Cristina	33	30+	CMARINA	1:08.30	25m	1:08.49
CANO ROSALES, Nuria	22	20+	GALAICO	1:10.75	50m	1:09.65
GONZALEZ RODRIGUEZ, Maria	41	40+	POURENSE	1:10.50	25m	1:10.50
BEN CILLERO, Sabela	31	30+	CNXOVE	1:10.54	25m	1:10.73
FKEOUI OMARI, Salma	41	40+	ESCUALOS	1:14.43	25m	1:14.43
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	1:14.47	25m	1:14.47
SANZ BARRIONUEVO, Maria Luisa	32	30+	CIDSANTIAG	1:14.35	25m	1:14.54
ALAYON MORIN, Cristina	41	40+	HERCULES	1:14.41	25m	1:14.60
TERCEIRO DELGADO, María Del Mar	60	60+	CDELMAR	1:14.63	25m	1:14.63
VAZQUEZ SANCHEZ, Pilar	25	25+	CNXOVE	1:14.83	25m	1:14.83
CUEVAS REINALDO, Cristina	26	25+	UTRERA	1:16.11	50m	1:15.01
ISASTI OTERO, Nerea	26	25+	CNXOVE	1:15.00	25m	1:15.19
GARCIA TRIGO, Sofia	21	20+	CNXOVE	1:15.24	25m	1:15.24
ESPIÑO ALBELA, Andrea	29	25+	HERCULES	1:15.78	25m	1:15.97
PEREA MORÁN, María Isabel	34	30+	UTRERA	1:17.98	25m	1:17.98
SILVA SILVA, Natalia	37	35+	CNMOS	1:18.46	25m	1:18.65
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	1:18.76	25m	1:18.76
HERNANDEZ ALFAGEME, Rita	52	50+	RIASBAIXAS	1:19.51	25m	1:19.51
EIRIS CASTRO, Andrea	33	30+	ADFOGAR	1:20.00	25m	1:20.19
ROZADOS LUIS, Adriana	38	35+	SALESTRA	1:20.00	25m	1:20.19
SANTORUM FONTAN, Iria Marta	31	30+	GALAICO	1:20.00	25m	1:20.19
TEIJEIRA LOPEZ, Sara	23	20+	CNXOVE	1:20.00	25m	1:20.19
ALVITE LOPEZ, Andrea	24	20+	CNXOVE	1:20.00	25m	1:20.19
CORCOBA CARBIA, Raquel	46	45+	SALESTRA	1:20.75	25m	1:20.94
FERNANDEZ GONZALEZ, Iria	41	40+	PORTAMIÑA	1:20.98	25m	1:20.98
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	1:21.05	25m	1:21.24
SANDERSON, Helen Jane	53	50+	CULLEREDO	1:21.55	25m	1:21.74
FREIJO LÓPEZ, Lucía	31	30+	NCORUÑA	1:21.97	25m	1:21.97
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	1:22.59	25m	1:22.78
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	1:22.91	25m	1:23.10
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	1:23.44	25m	1:23.63
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	1:23.81	25m	1:23.81
SALES MANTIÑAN, Carmen	49	45+	SCASINO	1:23.84	25m	1:23.84
RODRIGUEZ REY, Maria J.	50	50+	ADFOGAR	1:24.51	25m	1:24.51
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	1:25.74	50m	1:24.83
PELETEIRO FRANCO, Angela Maria	34	30+	GALAICO	1:25.00	25m	1:25.19
LOPEZ MORADO, Maria	22	20+	CULLEREDO	1:28.16	25m	1:28.35
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	1:29.00	25m	1:29.19
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	1:29.30	25m	1:29.30
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	1:32.22	50m	1:31.12
DIEGUEZ VARELA, Carina	46	45+	RIASBAIXAS	1:31.54	25m	1:31.54
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	1:32.12	25m	1:32.31
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	1:32.27	25m	1:32.46
FARIÑA SOUSA, Noemi	40	40+	GALAICO	1:33.25	25m	1:33.25
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	1:33.60	25m	1:33.60
OTERO FERNANDEZ, Maria Luisa	30	30+	SALESTRA	1:36.10	25m	1:36.10
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	1:36.00	25m	1:36.19

Prueba 3, Fem., 100m Libre

GARNACHO GAYARRE, Nuria	54	50+	SCASINO	1:36.41	25m	1:36.41
SANCHEZ DE LLANO, M. Nieves	31	30+	SCASINO	1:36.76	25m	1:36.76
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	1:36.91	25m	1:36.91
GONZALEZ-ALEGRE BURGUEÑO, A.	71	70+	TRAVIESAS	1:36.97	25m	1:36.97
ACUÑA MELLA, Maria	35	35+	PONTEAREAS	1:37.79	25m	1:37.79
CALVIÑO CANCELA, Cristina	55	55+	PONTEAREAS	1:38.60	25m	1:38.79
VILLASANTE ARMAS, Maria Rosa	48	45+	NCORUÑA	1:39.24	25m	1:39.24
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	1:40.00	25m	1:40.19
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	1:40.00	25m	1:40.19
GIL VILLARINO, Marta	46	45+	HERCULES	1:40.57	25m	1:40.76
LOPEZ RODRIGUEZ, Adela Elena	55	55+	POURENSE	1:40.82	25m	1:41.01
RODRIGUEZ LOPEZ, Rosa Maria	48	45+	POURENSE	1:41.33	25m	1:41.52
LOPEZ BLANCO, M ^o Isabel	60	60+	CULLEREDO	1:43.91	25m	1:43.91
FERNANDEZ SESTALO, Maria Jose	53	50+	PONTEAREAS	1:49.53	25m	1:49.72
REBOREDA MORILLO, Susana	61	60+	ESCUALOS	1:50.15	25m	1:50.15
SOUSA CARNEIRO, Rosana	52	50+	CNMOS	1:50.00	25m	1:50.19
SAR MORANO, Dolores	68	65+	CULLEREDO	1:50.07	25m	1:50.26
BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	1:50.47	25m	1:50.47
CHICO FERNANDEZ, Maria Begoña	52	50+	CULLEREDO	1:53.54	25m	1:53.73
LORENZO SENRA, Noemi	21	20+	CMARINA	1:56.30	25m	1:56.49
PAZ BERMUDEZ, Maria	47	45+	SALESTRA	2:00.00	25m	2:00.19
FERNANDEZ GUARDIOLA, Loira	34	30+	PONTEAREAS	2:00.00		2:01.10
FERNANDEZ PARADA, Clara	30	30+	POURENSE	2:04.39	25m	2:04.39
SEARA JALON, Monica	53	50+	POURENSE	2:10.19	25m	2:10.19
PEREZ GALLARDO, Teresa	59	55+	POURENSE	2:11.02	25m	2:11.21
RODRÍGUEZ TRONCOSO, Marina	64	60+	PONTEAREAS	2:16.28	25m	2:16.47
SUEIRO COSTAS, M ^a Carmen	67	65+	PONTEAREAS	2:18.17	25m	2:18.36
MORAL RUBIO, Isabel	81	80+	PONTEAREAS	2:32.19	50m	2:31.09
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	2:52.36	25m	2:52.55
PEREZ DOMINGUEZ, Maria Luisa	79	75+	RIASBAIXAS	3:59.48	25m	3:59.48

Prueba 4
14/01/2023

Masc., 100m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PINO LORENZO, Brais	22	20+	PONTEAREAS	55.39	25m	55.39
BALLESTER IBAÑEZ, Edgar	32	30+	MONFORTE	55.36	25m	55.55
CANCELA GOMEZ, Hugo	20	20+	PONTEAREAS	57.57	50m	55.97
CARBALLO RODRIGUEZ, Angel	28	25+	UTRERA	58.15	50m	56.55
GOMEZ CASAL, Luis	21	20+	CMARINA	56.60	25m	56.79
GARCIA RODRIGUEZ, Sergio	42	40+	RIASBAIXAS	57.03	25m	57.03
RODRIGUEZ LAGO, David	37	35+	CIDSANTIAG	56.87	25m	57.06
ARIETTO GARCIA, Jorge	37	35+	RCNVIGO	57.13	25m	57.13
ISASTI OTERO, Patxi	28	25+	CNXOVE	57.63	25m	57.63
VALDES REY, Enol	30	30+	CNXOVE	57.50	25m	57.69
CARRERA COSTAS, Martin	27	25+	PONTEAREAS	58.27	25m	58.46
SUAREZ URRUZOLA, Leo	23	20+	CIDSANTIAG	58.56	25m	58.56
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	59.08	25m	59.08
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	59.25	25m	59.25
GOMEZ MARQUEZ, Hugo	40	40+	POURENSE	59.83	25m	1:00.02
EIRIZ DIEGUEZ, Daniel	45	45+	CNMOS	1:00.11	25m	1:00.30
TIMIRAOS GONZALEZ, Santiago	27	25+	CNXOVE	1:01.28	25m	1:01.47
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	1:01.43	25m	1:01.62
CASTRO VILLAR, David	32	30+	NCORUÑA	1:01.99	25m	1:01.99
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	1:02.26	25m	1:02.26
SEVILLA AROCA, Javier	40	40+	ESCUALOS	1:02.33	25m	1:02.33
MARTINEZ DOPAZO, David	36	35+	GALAICO	1:04.32	50m	1:02.72
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	1:02.93	25m	1:02.93
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	1:03.81	25m	1:03.81
VOLLUZ ITALIANI, Facundo J.	25	25+	CNMOS	1:03.84	25m	1:03.84
RODRIGUEZ ARES, Alejandro	23	20+	PORTAMIÑA	1:04.12	25m	1:04.31
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	1:04.36	25m	1:04.36
ABADES REBOREDO, Daniel	45	45+	HERCULES	1:04.37	25m	1:04.37
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	1:04.55	25m	1:04.55
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	1:04.69	25m	1:04.88
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	1:04.84	25m	1:05.03
KRUGLOV, Mykola	38	35+	ESCUALOS	1:05.06	25m	1:05.06
PIÑEIRO PEON, Antonio	39	35+	GALAICO	1:05.00	25m	1:05.19
FOUZ ROUCO, Rubén	44	40+	HERCULES	1:05.23	25m	1:05.23
GONZÁLEZ MARTÍNEZ, Cristian	20	20+	ARTEIXO	1:05.93	25m	1:05.93
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	1:06.38	25m	1:06.38
RIVAS FEAL, Antonio	57	55+	HERCULES	1:07.09	25m	1:07.09
RODRIGUEZ RAMOS, Manuel	26	25+	ESCUALOS	1:07.00	25m	1:07.19
FREIRE DONADO, Guillermo	39	35+	CIDSANTIAG	1:07.36	25m	1:07.36
BLANCO PEREZ, Adrian	29	25+	POURENSE	1:08.28	25m	1:08.47
ROMERA CASTEJÓN, Rafael	46	45+	UTRERA	1:09.07	25m	1:09.07
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	1:09.81	25m	1:09.81
GUIRADO CARABEL, Oscar	47	45+	CULLEREDO	1:09.94	25m	1:10.13
ISASTI MAIZA, Patxi Xabier	58	55+	CNXOVE	1:10.00	25m	1:10.19
RODRIGUEZ BALIÑA, Marcos	52	50+	PONTEAREAS	1:10.91	25m	1:10.91
GARCIA CASTIÑEIRA, Daniel	49	45+	GALAICO	1:11.06	25m	1:11.06
ESCUDERO DANS, David	50	50+	TRICORUÑA	1:10.96	25m	1:11.15
FERREÑO COMESAÑA, Cristian	27	25+	RIASBAIXAS	1:11.00	25m	1:11.19
ARANGO GAYAR, Saul	43	40+	RIASBAIXAS	1:11.00	25m	1:11.19
GONZALEZ PARIS, David	45	45+	HERCULES	1:11.23	25m	1:11.42
NISTAL GARCÍA, Eduardo	55	55+	SCASINO	1:11.56	25m	1:11.56
CERVELA DEBER, Moises	41	40+	SALESTRA	1:11.68	25m	1:11.68

Prueba 4, Masc., 100m Libre

PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	1:12.18	25m	1:12.18
ALVAREZ CASTRO, Teodoro	33	30+	MONFORTE	1:12.19	25m	1:12.38
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	1:12.78	25m	1:12.97
MEILAN SANCHEZ, Sergio Jose	27	25+	PORTAMIÑA	1:13.14	25m	1:13.33
BASTIDA CAMPOS, Alejandro	41	40+	SALESTRA	1:13.50	25m	1:13.50
FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	1:13.61	25m	1:13.80
ESPAÑA CABEZAS, Jesús	42	40+	CIDSANTIAG	1:14.19	25m	1:14.38
DURO GONZALEZ, Antonio	49	45+	SALESTRA	1:14.93	25m	1:15.12
CODESIDO LOPEZ, José	64	60+	CIDSANTIAG	1:15.14	25m	1:15.14
GUTIERREZ COSTAS, Oscar	41	40+	RIASBAIXAS	1:15.00	25m	1:15.19
LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	1:16.86	50m	1:15.26
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	1:15.54	25m	1:15.54
CAMIÑA GRANDE, Eduardo	63	60+	SALESTRA	1:15.90	25m	1:15.90
MARTÍNEZ DOMÍNGUEZ, Iván	35	35+	PONTEAREAS	1:16.21	25m	1:16.21
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	1:16.89	25m	1:16.89
MARTINEZ SAIÑAS, Juan Ramon	47	45+	RIASBAIXAS	1:16.94	25m	1:16.94
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	1:16.85	25m	1:17.04
PEREZ CARRUEBANO, Enrique	49	45+	SCASINO	1:17.10	25m	1:17.10
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	1:17.21	25m	1:17.40
FERNANDES MAGALHAES, Andre	37	35+	RIASBAIXAS	1:17.84	25m	1:18.03
MIGUELEZ FERNANDEZ, Bruno	43	40+	RIASBAIXAS	1:18.00	25m	1:18.19
COTELO SENANDE, Alberto	35	35+	ADFOGAR	1:18.45	25m	1:18.64
BARCIA SIXTO, Francisco José	38	35+	NTNARON	1:18.68	25m	1:18.87
SOLLEIRO TIZON, Juan Jose	60	60+	NCORUÑA	1:18.80	25m	1:18.99
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	1:19.07	25m	1:19.07
NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	1:19.00	25m	1:19.19
COUCEIRO SANCHEZ, Gonzalo	57	55+	SCASINO	1:19.22	25m	1:19.22
LOPEZ PAYO, Mario	46	45+	SALESTRA	1:19.44	25m	1:19.44
SÁNCHEZ PARADA, Jose Mª	45	45+	ARTEIXO	1:19.66	25m	1:19.66
VAZQUEZ VARELA, Jose Manuel	57	55+	RIASBAIXAS	1:20.00	25m	1:20.19
ALVAREZ FERRIN, Pablo	39	35+	CIDSANTIAG	1:20.19	25m	1:20.38
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	1:20.39	25m	1:20.39
TERREN ENRUBIA, Lucio A	53	50+	RIASBAIXAS	1:20.94	25m	1:21.13
COLLAZO LÓPEZ, Victor Eliseo	60	60+	SALESTRA	1:21.59	25m	1:21.59
IGLESIAS RODRIGUEZ, Carlos	54	50+	RIASBAIXAS	1:21.88	25m	1:21.88
MOURIÑO FORTES, Victor Manuel	46	45+	PONTEAREAS	1:22.56	25m	1:22.75
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	1:23.99	25m	1:24.18
SANJORGE PEDREIRA, Carmelo	61	60+	ARTEIXO	1:24.00	25m	1:24.19
FERNANDEZ MARTINEZ, Alberto	52	50+	ESCUALOS	1:24.08	25m	1:24.27
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	1:26.25	50m	1:24.84
RODRIGUEZ GARCIA, Jose Bernardo	40	40+	RIASBAIXAS	1:25.32	25m	1:25.32
SANCHEZ MUÑOZ, Jose Ignacio	62	60+	RIASBAIXAS	1:25.41	25m	1:25.41
BLANCO PEREZ, Angel	59	55+	POURENSE	1:25.92	25m	1:25.92
CRESCO PÉREZ, Albarino	53	50+	ESCUALOS	1:25.98	25m	1:25.98
LOIS PEREZ, Antonio	62	60+	NCORUÑA	1:26.17	25m	1:26.36
PEREZ LEIVA, Manuel	55	55+	RIASBAIXAS	1:26.40	25m	1:26.40
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	1:26.89	25m	1:26.89
IGLESIAS MIRA, Felipe	49	45+	POURENSE	1:27.85	25m	1:27.85
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	1:27.91	25m	1:28.10
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	1:28.13	25m	1:28.13
PENEDO PADIN, Adolfo	51	50+	GALAICO	1:29.43	25m	1:29.43
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	1:29.98	25m	1:29.98
PEREIRO LOPEZ-QUECUTY, Simon	50	50+	RIASBAIXAS	1:30.00	25m	1:30.19
GUERRA ABREU, Manuel	34	30+	GALAICO	1:30.00	25m	1:30.19
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	1:31.59	25m	1:31.59

Prueba 4, Masc., 100m Libre

FERREIRO SANCHEZ, Luis	53	50+	POURENSE	1:31.81	25m	1:31.81
BRIOSO DÍAZ, Manuel	46	45+	REDONDELA	1:40.00	25m	1:40.19
FOLCH MALLOFRE, Ramon	86	85+	ARTEIXO	1:41.80	25m	1:41.80
PEREZ GARCIA, Manuel	56	55+	CULLEREDO	1:45.04	25m	1:45.23
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	1:51.71	25m	1:51.90
LAGO REY, Jose Manuel	60	60+	RIASBAIXAS	2:02.03	25m	2:02.22
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	2:42.13	25m	2:42.13

Prueba 5
14/01/2023

Fem., 50m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
FRANCO CAL, Alba	32	30+	FLUVIAL	28.85	25m	28.85
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	29.40	25m	29.69
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	30.35	50m	30.05
PEREIRA FERY, Marta	22	20+	CMARINA	30.59	25m	30.88
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	34.41	25m	34.70
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	34.77	25m	34.77
GALLARDO DE ARTAZA, Sara	24	20+	CDELMAR	35.68	25m	35.97
SILVA SILVA, Natalia	37	35+	CNMOS	35.81	25m	36.10
SANZ BARRIONUEVO, Maria Luisa	32	30+	CIDSANTIAG	36.30	25m	36.59
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	37.16	25m	37.45
BARBEITO DOMINGUEZ, Marta	39	35+	TCHAMART	38.30	25m	38.59
GONZALEZ FERNANDEZ, Leticia	41	40+	CNXOVE	38.94	25m	38.94
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	39.00	25m	39.29
ESPIÑO ALBELA, Andrea	29	25+	HERCULES	39.17	25m	39.46
GALLARDO DE ARTAZA, Maria	28	25+	NCORUÑA	39.17	25m	39.46
TEIJEIRA LOPEZ, Sara	23	20+	CNXOVE	40.00	25m	40.29
CUBA KOSTER, Esmeralda	31	30+	CNXOVE	40.13	25m	40.42
ARAÚJO CASTRO, Paula	32	30+	CDELMAR	40.56	25m	40.56
ALAYON MORIN, Cristina	41	40+	HERCULES	40.34	25m	40.63
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	40.57	25m	40.86
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	41.00	25m	41.29
RIVAS CARCACIA, Natalia	32	30+	ESCUALOS	41.51	25m	41.51
TERCEIRO DELGADO, María Del Mar	60	60+	CDELMAR	42.36	25m	42.65
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	44.39	50m	44.09
TASENDE LÓPEZ, Xeila	26	25+	ARTEIXO	44.08	25m	44.37
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	45.31	25m	45.60
RODRIGUEZ REY, Maria J.	50	50+	ADFOGAR	45.71	25m	46.00
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	46.00	25m	46.29
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	46.06	25m	46.35
GIL VILLARINO, Marta	46	45+	HERCULES	46.44	25m	46.73
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	47.11	25m	47.40
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	47.77	25m	47.77
ACUÑA MELLA, Maria	35	35+	PONTEAREAS	47.78	25m	47.78
CID ALVAREZ, Isabel	43	40+	ESCUALOS	48.93	25m	48.93
SALES MANTIÑAN, Carmen	49	45+	SCASINO	51.92	25m	51.92
CALVIÑO CANCELA, Cristina	55	55+	PONTEAREAS	52.01	25m	52.30
GONZALEZ-ALEGRE BURGUEÑO, A.	71	70+	TRAVIESAS	53.64	25m	53.64
SOUSA CARNEIRO, Rosana	52	50+	CNMOS	55.00	25m	55.29
VILLASANTE ARMAS, Maria Rosa	48	45+	NCORUÑA	57.07	25m	57.07
RIVAS RODRIGUEZ, Lucia	44	40+	NCORUÑA	57.70	25m	57.99
FERNANDEZ GUARDIOLA, Loira	34	30+	PONTEAREAS	58.10	25m	58.39
BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	1:01.14	25m	1:01.43
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	1:02.49	25m	1:02.49
VAZQUEZ PARCERO, Marta	43	40+	CMARINA	1:05.84	25m	1:06.13
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	1:07.24	25m	1:07.24
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	1:09.12	25m	1:09.41
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	1:09.14	25m	1:09.43

Prueba 6
14/01/2023

Masc., 50m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	28.57	50m	28.17
BALLESTER IBAÑEZ, Edgar	32	30+	MONFORTE	28.28	25m	28.28
RODRIGUEZ LAGO, David	37	35+	CIDSANTIAG	28.06	25m	28.35
ARDAO GRANDAL, Daniel	21	20+	CMARINA	28.30	25m	28.59
MEIJIDE GIADAS, Diego	23	20+	CIDSANTIAG	28.41	25m	28.70
PINO LORENZO, Brais	22	20+	PONTEAREAS	28.71	25m	29.00
VILA PEREIRA, Brais	20	20+	PONTEAREAS	29.00	25m	29.29
GARCIA RODRIGUEZ, Sergio	42	40+	RIASBAIXAS	29.69	50m	29.58
BAS MARTINEZ, Francisco Javier	41	40+	JEREZMASTER	30.13	50m	29.73
VILLASVERDE CAMPOS, Jose M	22	20+	GALAICO	30.13	25m	30.13
MIGUEZ VAZQUEZ, Victor	26	25+	CNXOVE	30.06	25m	30.35
CALLE FACAL, Telmo	40	40+	GALAICO	30.12	25m	30.41
SUAREZ URRUZOLA, Leo	23	20+	CIDSANTIAG	30.15	25m	30.44
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	30.44	25m	30.73
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	30.46	25m	30.75
PEREZ ARIAS, Hector	52	50+	PORTAMIÑA	30.95	25m	30.95
IBAÑEZ CARRERA, Manuel Gabriel	27	25+	PONTEAREAS	30.97	25m	30.97
SANTIAGO CAÑIZAL, Daniel	34	30+	CNXOVE	31.00	25m	31.00
GUIMAREY VAZQUEZ, Marcos	46	45+	PORTAMIÑA	31.14	25m	31.14
OROZA PARGA, Bruno	29	25+	CNXOVE	31.20	25m	31.20
EIRIZ DIEGUEZ, Daniel	45	45+	CNMOS	30.92	25m	31.21
FERNÁNDEZ MAROTO, Diego	45	45+	RCNVIGO	31.21	25m	31.21
GUTIERREZ COSTAS, Oscar	41	40+	RIASBAIXAS	31.40	25m	31.40
LAZARO GUERRERO, Victor	35	35+	CMARINA	31.26	25m	31.55
KRUGLOV, Mykola	38	35+	ESCUALOS	31.74	25m	31.74
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	31.81	25m	31.81
CAO LAGO, Pablo	36	35+	RIASBAIXAS	32.07	25m	32.36
FIGUEIRAS GANDARA, Javier	51	50+	RIVEIRA	32.64	25m	32.64
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	32.92	50m	32.81
TAPIA PORTO, Enrique	58	55+	NCORUÑA	32.69	25m	32.98
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	33.23	25m	33.23
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	33.00	25m	33.29
MUÑO REY, Daniel	39	35+	NFERROL	33.16	25m	33.45
SEQUEIROS LAGO, Saul	25	25+	CNMOS	33.49	25m	33.49
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	33.63	25m	33.63
VOLLUZ ITALIANI, Facundo J.	25	25+	CNMOS	34.07	25m	34.07
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	34.11	25m	34.11
FORTES NOVOA, Martiño	35	35+	ESCUALOS	34.13	25m	34.13
LAMEIRO SEOANE, Javier	36	35+	HERCULES	33.89	25m	34.18
TOURIÑO GONZALEZ, Victor M.	55	55+	CMARINA	34.38	25m	34.38
ESPAÑA CABEZAS, Jesús	42	40+	CIDSANTIAG	34.20	25m	34.49
PEREZ VAZQUEZ, Telmo	35	35+	CMARINA	34.22	25m	34.51
SUANZES PEREZ, Fernando	70	70+	HERCULES	34.68	25m	34.68
TIMIRAO CARRASCO, Fernando	58	55+	PORTAMIÑA	34.89	25m	34.89
ARANGO GAYAR, Saul	43	40+	RIASBAIXAS	34.61	25m	34.90
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	35.10	25m	35.10
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	35.34	25m	35.34
BALSA MOSQUERA, Pablo	45	45+	CMARINA	35.24	25m	35.53
TORRES FRAILE, Emilio	39	35+	MONFORTE	35.43	25m	35.72
SUAREZ RIPOLL, Xian	20	20+	CIDSANTIAG	35.50	25m	35.79
ESCUERO DARS, David	50	50+	TRICORUÑA	35.55	25m	35.84
FREIRE DONADO, Guillermo	39	35+	CIDSANTIAG	35.59	25m	35.88

Prueba 6, Masc., 50m Mariposa

RODRIGUEZ BALIÑA, Mauro	33	30+	PONTEAREAS	35.95	25m	35.95
FERREÑO COMESAÑA, Cristian	27	25+	RIASBAIXAS	35.80	25m	36.09
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	36.63	25m	36.63
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	36.62	25m	36.91
CAMIÑA GRANDE, Eduardo	63	60+	SALESTRA	37.29	50m	37.18
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	37.50	25m	37.79
DE LA PAZ VIGO, Agustin A.	57	55+	CMARINA	37.60	25m	37.89
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	37.71	25m	38.00
ISASTI MAIZA, Patxi Xabier	58	55+	CNXOVE	38.76	25m	38.76
YAÑEZ WONENBURGER, J. Carlos	64	60+	HERCULES	38.74	25m	39.03
LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	39.13	25m	39.42
MOURIÑO FORTES, Victor Manuel	46	45+	PONTEAREAS	39.54	25m	39.83
CARBALLA BARROSO, R.	42	40+	GALAICO	40.33	25m	40.33
NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	40.25	25m	40.54
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	40.28	25m	40.57
FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	41.32	25m	41.32
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	41.83	25m	41.83
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	41.92	25m	42.21
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	42.25	25m	42.25
ALVAREZ FERRIN, Pablo	39	35+	CIDSANTIAG	42.29	25m	42.58
RODRIGUEZ GARCIA, Jose Bernardo	40	40+	RIASBAIXAS	42.61	25m	42.90
DE LUIS GONZÁLEZ, Aitor	49	45+	RCNVIGO	43.32	25m	43.32
MARTINEZ SAIÑAS, Juan Ramon	47	45+	RIASBAIXAS	43.36	25m	43.36
DURO GONZALEZ, Antonio	49	45+	SALESTRA	43.60	25m	43.60
PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	43.79	50m	43.68
FARIÑA VILA, Manuel	35	35+	CNMOS	45.00	25m	45.29
PRESA PRESA, Santiago	35	35+	GALAICO	45.34	25m	45.63
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	45.90	25m	46.19
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	45.93	25m	46.22
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	46.23	25m	46.23
MARTÍNEZ DOMÍNGUEZ, Iván	35	35+	PONTEAREAS	46.93	25m	46.93
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	46.95	25m	46.95
PEREIRO LOPEZ-QUECUTY, Simon	50	50+	RIASBAIXAS	48.96	25m	49.25
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	49.33	25m	49.33
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	58.70	25m	58.70
ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	1:05.00	25m	1:05.29
PERDIZ GONZALEZ, Jose Ramon	65	65+	ESCUALOS	1:30.00	25m	1:30.29

Prueba 7
14/01/2023

Mixto, 4 x 50m Estilos

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PONTEAREAS 1		+80	(PIPONTEAREAS	2:07.00	25m	2:07.00
RIASBAIXAS 3		+160	RIASBAIXAS	2:10.86	25m	2:10.86
CMARINA 1		+160	CMARINA	2:12.05	25m	2:12.24
GALAICO 1		+80	(PIGALAICOER)	2:13.39	25m	2:13.39
HERCULES 2		+160	HERCULES	2:16.77	25m	2:16.77
HERCULES 3		+120	HERCULES	2:16.92	25m	2:16.92
CMARINA 3		+80	(PICMARINAER)	2:17.10	25m	2:17.29
CNXOVE 1		+80	(PICNXOVEER)	2:18.00	25m	2:18.19
ESCUALOS 1		+120	ESCUALOS	2:18.55	25m	2:18.55
CNXOVE 1		+100	CNXOVE	2:20.00	25m	2:20.19
PONTEAREAS 2		+120	PONTEAREAS	2:20.00	25m	2:20.19
CNXOVE 1		+120	CNXOVE	2:22.00	25m	2:22.19
ESCUALOS 2		+160	ESCUALOS	2:23.70	25m	2:23.70
RIASBAIXAS 2		+120	RIASBAIXAS	2:25.30	25m	2:25.30
PORTAMIÑA 2		+120	PORTAMIÑA	2:25.15	25m	2:25.34
CNXOVE 1		+160	CNXOVE	2:28.00	25m	2:28.19
CNMOS 1		+160	CNMOS	2:28.45	25m	2:28.45
CULLEREDO 1		+160	CULLEREDO	2:29.66	25m	2:29.66
PORTAMIÑA 1		+100	PORTAMIÑA	2:30.10	25m	2:30.29
RIASBAIXAS 1		+100	RIASBAIXAS	2:31.98	25m	2:31.98
GALAICO 3		+120	GALAICO	2:32.75	25m	2:32.75
GALAICO 2		+100	GALAICO	2:33.53	25m	2:33.53
ARTEIXO 1		+120	ARTEIXO	2:38.00	25m	2:38.19
HERCULES 4		+200	HERCULES	2:39.34	25m	2:39.34
SCASINO 1		+160	SCASINO	2:39.71	25m	2:39.71
NCORUÑA 1		+160	NCORUÑA	2:40.15	25m	2:40.34
ADFOGAR 1		+160	ADFOGAR	2:40.39	25m	2:40.39
SALESTRA 1		+200	SALESTRA	2:42.21	25m	2:42.21
PONTEAREAS 4		+200	PONTEAREAS	2:42.08	25m	2:42.27
NCORUÑA 2		+200	NCORUÑA	2:42.19	25m	2:42.38
CIDSANTIAG 2		+160	CIDSANTIAG	2:45.00	25m	2:45.19
PONTEAREAS 3		+160	PONTEAREAS	2:45.40	25m	2:45.40
CIDSANTIAG 1		+120	CIDSANTIAG	2:45.28	25m	2:45.47
SALESTRA 2		+120	SALESTRA	2:47.40	25m	2:47.40
ARTEIXO 2		+160	ARTEIXO	2:48.00	25m	2:48.19
PORTAMIÑA 3		+160	PORTAMIÑA	2:50.23	25m	2:50.42
GALAICO 4		+160	GALAICO	2:51.37	25m	2:51.56
ESCUALOS 3		+200	ESCUALOS	2:52.02	25m	2:52.02
PONTEAREAS 2		+100	PONTEAREAS	2:52.12	25m	2:52.31
HERCULES 1		+240	HERCULES	2:54.12	25m	2:54.12
ARTEIXO 3		+200	ARTEIXO	2:55.00	25m	2:55.19
POURENSE 1		+120	POURENSE	3:01.25	25m	3:01.44
PONTEAREAS 5		+240	PONTEAREAS	3:01.50	25m	3:01.50
SCASINO 2		+200	SCASINO	3:02.57	25m	3:02.57
POURENSE 4		+240	POURENSE	3:03.22	25m	3:03.22
RIASBAIXAS 4		+200	RIASBAIXAS	3:06.91	25m	3:06.91
GALAICO 5		+200	GALAICO	3:15.35	25m	3:15.35
POURENSE 2		+160	POURENSE	3:19.27	25m	3:19.27
CULLEREDO 2		+200	CULLEREDO	3:21.67	25m	3:21.67
RIASBAIXAS 5		+240	RIASBAIXAS	4:18.90	25m	4:19.09
POURENSE 3		+200	POURENSE	4:28.12	25m	4:28.31
PONTEAREAS 6		+280	PONTEAREAS	5:05.37	25m	5:05.56

Prueba 8
14/01/2023 - 16:30

Fem., 100m Braza

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
VALIÑO GÓMEZ, Esther	35	35+	RIASBAIXAS	1:24.16	50m	1:22.95
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	1:26.67	25m	1:26.67
RODRIGUEZ PEREZ, Vanesa	37	35+	RIASBAIXAS	1:27.09	25m	1:27.09
POMBO LOPEZ, Belen	31	30+	FLUVIAL	1:27.68	25m	1:27.68
DURÁN VEIRAS, Raquel	39	35+	ARTEIXO	1:28.42	25m	1:28.42
RIVAS CARCACIA, Natalia	32	30+	ESCUALOS	1:29.74	25m	1:29.74
GARCIA TRIGO, Sofia	21	20+	CNXOVE	1:30.30	25m	1:30.49
BEN CILLERO, Sabela	31	30+	CNXOVE	1:30.97	25m	1:31.16
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	1:34.59	25m	1:34.59
CANO ROSALES, Nuria	22	20+	GALAICO	1:34.66	25m	1:34.66
ALVITE LOPEZ, Andrea	24	20+	CNXOVE	1:35.00	25m	1:35.19
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	1:36.06	25m	1:36.06
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	1:37.00	25m	1:37.19
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	1:38.44	25m	1:38.44
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	1:41.00	25m	1:41.19
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	1:42.26	25m	1:42.45
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	1:44.96	25m	1:44.96
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	1:45.00	25m	1:45.19
SANTORUM FONTAN, Iria Marta	31	30+	GALAICO	1:45.00	25m	1:45.19
GALLARDO DE ARTAZA, Maria	28	25+	NCORUÑA	1:45.23	25m	1:45.42
LOPEZ RODRIGUEZ, Adela Elena	55	55+	POURENSE	1:45.87	25m	1:46.06
CID ALVAREZ, Isabel	43	40+	ESCUALOS	1:46.78	25m	1:46.78
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	1:47.41	25m	1:47.41
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	1:47.45	25m	1:47.45
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	1:47.70	25m	1:47.89
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	1:48.91	25m	1:48.91
DIEGUEZ VARELA, Carina	46	45+	RIASBAIXAS	1:49.98	25m	1:49.98
GONZALEZ FERNANDEZ, Leticia	41	40+	CNXOVE	1:50.00	25m	1:50.19
PARADA PACHECO, Patricia	28	25+	PONSVETUS	1:50.00	25m	1:50.19
CABALEIRO FREIRIA, Lara	22	20+	PONTEAREAS	1:50.25	25m	1:50.25
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	1:55.00	25m	1:55.19
JARDON GONZALEZ, Helena	52	50+	PONTEAREAS	1:55.00	25m	1:55.19
PAZ BERMUDEZ, Maria	47	45+	SALESTRA	1:55.99	25m	1:55.99
FARIÑA SOUSA, Noemi	40	40+	GALAICO	1:56.22	25m	1:56.22
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	1:58.62	25m	1:58.62
OTERO FERNANDEZ, Maria Luisa	30	30+	SALESTRA	2:02.00	25m	2:02.19
REBORDA MORILLO, Susana	61	60+	ESCUALOS	2:02.37	25m	2:02.37
SEOANE GOMEZ, Ana	31	30+	GALAICO	2:02.69	25m	2:02.69
RODRIGUEZ VAZQUEZ, Maria Teresa	51	50+	POURENSE	2:07.89	50m	2:06.68
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	2:08.65	25m	2:08.65
FERNÁNDEZ SANJURJO, Lucia	50	50+	NCORUÑA	2:10.01	25m	2:10.20
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	2:12.58	50m	2:11.37
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	2:14.39	25m	2:14.39
VAZQUEZ PARCERO, Marta	43	40+	CMARINA	2:20.94	25m	2:21.13
FERNANDEZ PARADA, Clara	30	30+	POURENSE	2:22.29	25m	2:22.29
RODRÍGUEZ TRONCOSO, Marina	64	60+	PONTEAREAS	2:25.76	25m	2:25.76
ACEVEDO REGO, Ermitas	57	55+	POURENSE	2:28.40	25m	2:28.40
PEREZ GALLARDO, Teresa	59	55+	POURENSE	2:52.94	25m	2:52.94
SUEIRO COSTAS, Mª Carmen	67	65+	PONTEAREAS	3:23.06	50m	3:21.85
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	4:21.31	25m	4:21.31

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
GALERA PEREZ, Francisco	36	35+	UTRERA	1:10.22	50m	1:07.82
BAS MARTINEZ, Francisco Javier	41	40+	JEREZMASTER	1:12.79	50m	1:10.39
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	1:11.14	25m	1:11.14
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	1:14.68	25m	1:14.68
PAZOS ALONSO, Josue	37	35+	ESCUALOS	1:14.69	25m	1:14.69
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	1:16.63	25m	1:16.63
MARTINEZ ARGIZ, David	23	20+	MONFORTE	1:18.77	25m	1:18.77
FORTES NOVOA, Martiño	35	35+	ESCUALOS	1:21.04	50m	1:18.83
MARTINEZ DOPAZO, David	36	35+	GALAICO	1:22.78	50m	1:20.38
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	1:20.26	25m	1:20.45
TOURIÑO GONZALEZ, Victor M.	55	55+	CMARINA	1:20.80	25m	1:20.99
SEVILLA AROCA, Javier	40	40+	ESCUALOS	1:23.21	50m	1:21.00
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	1:20.94	25m	1:21.13
RODRIGUEZ ARES, Alejandro	23	20+	PORTAMIÑA	1:21.77	25m	1:21.96
GARCIA GARCIA, Anselmo	35	35+	CNXOVE	1:22.06	25m	1:22.06
AZNAR GRILLE, Carlos Javier	28	25+	CMARINA	1:22.07	25m	1:22.07
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	1:22.12	25m	1:22.12
FERNANDES MAGALHAES, Andre	37	35+	RIASBAIXAS	1:22.00	25m	1:22.19
TIMIRAOS GONZALEZ, Santiago	27	25+	CNXOVE	1:22.50	25m	1:22.69
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	1:24.86	25m	1:24.86
MIGUEZ VAZQUEZ, Victor	26	25+	CNXOVE	1:24.81	25m	1:25.00
TABOADA VILA, Daniel	30	30+	POURENSE	1:25.12	25m	1:25.12
RODRIGUEZ RAMOS, Manuel	26	25+	ESCUALOS	1:25.00	25m	1:25.19
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	1:25.37	25m	1:25.37
MATIAS DUARTE, Erick	41	40+	HERCULES	1:25.81	25m	1:25.81
LAZARO GUERRERO, Victor	35	35+	CMARINA	1:26.50	25m	1:26.69
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	1:27.23	25m	1:27.23
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	1:27.92	25m	1:27.92
GUIMAREY VAZQUEZ, Marcos	46	45+	PORTAMIÑA	1:29.04	25m	1:29.04
SIO LOURIDO, J. Salvador	62	60+	CNMOS	1:29.24	25m	1:29.24
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	1:29.73	25m	1:29.73
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	1:30.10	25m	1:30.10
FERNANDEZ ARRUTI, Jose Angel	64	60+	CIDSANTIAG	1:33.39	50m	1:30.99
FRANCISCO MACÍAS, Simón	27	25+	POURENSE	1:34.00	50m	1:31.79
VALCUENDE RODRIGUEZ, J.	47	45+	HERCULES	1:31.80	25m	1:31.99
PEREZ VAZQUEZ, Telmo	35	35+	CMARINA	1:33.10	25m	1:33.10
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	1:34.34	25m	1:34.53
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	1:35.00	25m	1:35.19
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	1:35.00	25m	1:35.19
CRESPO PÉREZ, Albarino	53	50+	ESCUALOS	1:35.21	25m	1:35.21
TORRES FRAILE, Emilio	39	35+	MONFORTE	1:35.10	25m	1:35.29
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	1:35.68	25m	1:35.68
FERNANDEZ-TESTA BARREIRO, D.	49	45+	RIASBAIXAS	1:36.02	25m	1:36.21
FERNANDEZ MARTINEZ, Alberto	52	50+	ESCUALOS	1:36.30	25m	1:36.30
IGLESIAS RODRIGUEZ, Carlos	54	50+	RIASBAIXAS	1:36.59	25m	1:36.59
DE MARTIN DIAZ, Ruben	47	45+	POURENSE	1:39.34	50m	1:37.13
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	1:37.78	25m	1:37.78
RIVAS FEAL, Antonio	57	55+	HERCULES	1:38.00	25m	1:38.19
SOLLEIRO TIZON, Juan Jose	60	60+	NCORUÑA	1:39.18	25m	1:39.37
SANCHEZ MUÑOZ, Jose Ignacio	62	60+	RIASBAIXAS	1:41.44	25m	1:41.44
CERVELA DEBER, Moises	41	40+	SALESTRA	1:42.00	25m	1:42.19
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	1:43.45	25m	1:43.64

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PEREZ CARRUEBANO, Enrique	49	45+	SCASINO	1:45.13	25m	1:45.13
COLLAZO LÓPEZ, Victor Eliseo	60	60+	SALESTRA	1:45.00	25m	1:45.19
LOPEZ PAYO, Mario	46	45+	SALESTRA	1:45.00	25m	1:45.19
PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	1:45.46	25m	1:45.65
CADAVID NUÑEZ, Jose	53	50+	POURENSE	1:48.22	50m	1:46.01
PENEDO PADIN, Adolfo	51	50+	GALAICO	1:46.06	25m	1:46.06
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	1:47.05	25m	1:47.05
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	1:48.00	25m	1:48.19
RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	1:51.88	25m	1:51.88
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	1:54.63	50m	1:52.42
ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	1:52.91	25m	1:52.91
BASTIDA CAMPOS, Alejandro	41	40+	SALESTRA	1:55.59	50m	1:53.38
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	1:56.00	25m	1:56.19
FERNANDEZ GONZALEZ, Alvaro	58	55+	CNMOS	1:56.49	25m	1:56.49
LAGO REY, Jose Manuel	60	60+	RIASBAIXAS	2:22.00	25m	2:22.19
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	2:41.55	25m	2:41.55
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	2:55.00	25m	2:55.19

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
FRANCO CAL, Alba	32	30+	FLUVIAL	1:04.94	25m	1:05.13
HERMIDA RODRIGUEZ, Blanca	42	40+	CMARINA	1:16.57	25m	1:16.57
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	1:24.01	50m	1:23.31
PRADO FRANCO, Marta E.	44	40+	RIASBAIXAS	1:29.40	25m	1:29.40
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	1:37.49	25m	1:37.49
VAZQUEZ SANCHEZ, Pilar	25	25+	CNXOVE	1:40.00	25m	1:40.19
ARAÚJO CASTRO, Paula	32	30+	CDELMAR	1:41.06	25m	1:41.25
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	1:41.15	25m	1:41.34
MARTIN, Christelle	42	40+	ESCUALOS	1:46.76	25m	1:46.76
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	1:48.04	25m	1:48.04
TASENDE LÓPEZ, Xeila	26	25+	ARTEIXO	1:50.00	25m	1:50.19
BARJA BARJA, Liliana	58	55+	TRAVIESAS	1:52.22	25m	1:52.41
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	1:57.05	25m	1:57.24
RUIZ MEILAN, Blanca	33	30+	SCASINO	1:58.74	25m	1:58.74
ABREU FERNANDEZ, Marta	52	50+	PONTEAREAS	1:59.05	25m	1:59.24

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
CARRERA COSTAS, Martin	27	25+	PONTEAREAS	1:02.10	25m	1:02.10
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	1:03.60	25m	1:03.60
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	1:03.41	25m	1:03.60
CANCELA GOMEZ, Hugo	20	20+	PONTEAREAS	1:05.10	50m	1:04.00
ISASTI OTERO, Patxi	28	25+	CNXOVE	1:05.57	25m	1:05.57
VALDES REY, Enol	30	30+	CNXOVE	1:05.50	25m	1:05.69
BLANCO PEREZ, Adrian	29	25+	POURENSE	1:06.08	25m	1:06.27
SANTIAGO CAÑIZAL, Daniel	34	30+	CNXOVE	1:07.70	25m	1:07.70
DOMÍNGUEZ PARDELLAS, Rubén	35	35+	RCNVIGO	1:09.48	25m	1:09.48
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	1:10.00	25m	1:10.19
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	1:10.04	25m	1:10.23
SEQUEIROS LAGO, Saul	25	25+	CNMOS	1:10.89	25m	1:10.89
MASSO AGUADO, Jorge	47	45+	RIASBAIXAS	1:11.81	25m	1:12.00
FERNÁNDEZ MAROTO, Diego	45	45+	RCNVIGO	1:12.75	25m	1:12.75
ABADES REBOREDO, Daniel	45	45+	HERCULES	1:14.22	25m	1:14.22
CASTRO VILLAR, David	32	30+	NCORUÑA	1:14.64	25m	1:14.64
GARCIA CASTIÑEIRA, Daniel	49	45+	GALAICO	1:20.00	25m	1:20.19
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	1:20.00	25m	1:20.19
VAZQUEZ ESMORIS, Pablo	44	40+	ADFOGAR	1:20.50	25m	1:20.69
RODRIGUEZ BALIÑA, Mauro	33	30+	PONTEAREAS	1:21.83	25m	1:21.83
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	1:22.00	25m	1:22.19
BARCIA SIXTO, Francisco José	38	35+	NTNARON	1:23.00	25m	1:23.19
TAPIA PORTO, Enrique	58	55+	NCORUÑA	1:23.40	25m	1:23.59
SIO LOURIDO, J. Salvador	62	60+	CNMOS	1:23.80	25m	1:23.80
CAO LAGO, Pablo	36	35+	RIASBAIXAS	1:27.09	25m	1:27.09
MUIÑO REY, Daniel	39	35+	NFERROL	1:30.00	25m	1:30.19
CARBALLA BARROSO, R.	42	40+	GALAICO	1:30.00	25m	1:30.19
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	1:31.26	25m	1:31.26
SUANZES PEREZ, Fernando	70	70+	HERCULES	1:31.91	25m	1:31.91
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	1:37.56	25m	1:37.56
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	1:39.39	25m	1:39.58
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	1:41.64	25m	1:41.83
CANOSA RODRIGUEZ, Alfonso J.	52	50+	ADFOGAR	1:42.75	25m	1:42.75
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	1:46.45	25m	1:46.45
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	1:46.37	25m	1:46.56
POSE MATO, Cesar	40	40+	ADFOGAR	2:10.78	25m	2:10.78
TIMIRAOS CARRASCO, Luis	67	65+	POURENSE	2:58.98	25m	2:58.98

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	2:36.00	25m	2:36.19
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	2:42.61	25m	2:42.61
VALIÑO GÓMEZ, Esther	35	35+	RIASBAIXAS	2:43.56	25m	2:43.75
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	2:43.98	25m	2:43.98
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	2:45.54	25m	2:45.54
FREIJE TORNEIRO, Aroa	25	25+	PORTAMIÑA	2:49.01	25m	2:49.20
FLEITAS IMBERNON, Irene	36	35+	UTRERA	2:49.58	25m	2:49.58
ALCALDE BALADO, Tania	37	35+	CIDSANTIAG	2:50.00	25m	2:50.19
GALLARDO DE ARTAZA, Sara	24	20+	CDELMAR	2:55.00	25m	2:55.19
VINAGRE SENDINO, Cora	35	35+	SCASINO	2:59.17	25m	2:59.17
FKEOUI OMARI, Salma	41	40+	ESCUALOS	3:04.33	25m	3:04.33
ISASTI OTERO, Nerea	26	25+	CNXOVE	3:10.00	25m	3:10.19
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	3:14.39	25m	3:14.58
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	3:15.16	25m	3:15.35
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	3:17.95	25m	3:17.95
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	3:18.42	25m	3:18.42
RODRIGUEZ PEREZ, Vanesa	37	35+	RIASBAIXAS	3:20.00	25m	3:20.19
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	3:24.13	25m	3:24.13
HERNANDEZ ALFAGEME, Rita	52	50+	RIASBAIXAS	3:30.00	25m	3:30.19
SANDERSON, Helen Jane	53	50+	CULLEREDO	3:30.20	25m	3:30.20
CORCOBA CARBIA, Raquel	46	45+	SALESTRA	3:35.00	25m	3:35.19
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	3:36.25	25m	3:36.25
CABALEIRO FREIRIA, Lara	22	20+	PONTEAREAS	3:50.00	25m	3:50.19
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	3:50.00	25m	3:50.19
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	3:50.52	25m	3:50.71
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	3:52.05	25m	3:52.24
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	3:52.75	25m	3:52.94
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	3:55.00	25m	3:55.19
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	4:00.00	25m	4:00.19
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	4:00.00	25m	4:00.19
CAMINO GONZALEZ, Catuxa	46	45+	PONSVETUS	4:00.00	25m	4:00.19
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	4:07.00	25m	4:07.19
GARCIA RODRIGUEZ, Teresa	51	50+	PORTAMIÑA	4:08.19	25m	4:08.19
ACEVEDO REGO, Ermitas	57	55+	POURENSE	4:34.19	25m	4:34.38
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	5:29.08	25m	5:29.08

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
VILA CID, Marcos	36	35+	POURENSE	2:16.37	25m	2:16.56
PASTORIZA SANTA CLARA, Jorge	26	25+	RIASBAIXAS	2:18.56	25m	2:18.56
VILA PEREIRA, Brais	20	20+	PONTEAREAS	2:20.00	25m	2:20.19
TENORIO FREIRE, Martin	31	30+	GALAICO	2:27.84	50m	2:24.14
MEIJIDE GIADAS, Diego	23	20+	CIDSANTIAG	2:25.13	25m	2:25.32
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	2:30.19	50m	2:26.49
GOMEZ CASAL, Luis	21	20+	CMARINA	2:26.52	25m	2:26.52
ARIETTO GARCIA, Jorge	37	35+	RCNVIGO	2:29.61	25m	2:29.80
PAZOS ALONSO, Josue	37	35+	ESCUALOS	2:33.05	25m	2:33.05
CALLE FACAL, Telmo	40	40+	GALAICO	2:33.00	25m	2:33.19
SUAREZ RIPOLL, Xian	20	20+	CIDSANTIAG	2:34.00	25m	2:34.19
MARTINEZ ARGIZ, David	23	20+	MONFORTE	2:34.81	25m	2:34.81
GONZÁLEZ MARTÍNEZ, Cristian	20	20+	ARTEIXO	2:37.00	25m	2:37.19
MERA MONTECELOS, Pablo	40	40+	HERCULES	2:38.00	25m	2:38.19
QUINTAS BARROS, Jesus C.	50	50+	ESCUALOS	2:39.67	25m	2:39.67
MASSO AGUADO, Jorge	47	45+	RIASBAIXAS	2:40.00	25m	2:40.19
ARDAO GRANDAL, Daniel	21	20+	CMARINA	2:40.00	25m	2:40.19
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	2:41.65	25m	2:41.65
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	2:45.00	25m	2:45.19
OROZA PARGA, Bruno	29	25+	CNXOVE	2:47.50	25m	2:47.69
SANTIAGO CAÑIZAL, Daniel	34	30+	CNXOVE	2:47.60	25m	2:47.79
GARCIA GARCIA, Anselmo	35	35+	CNXOVE	2:47.82	25m	2:47.82
LAMEIRO SEOANE, Javier	36	35+	HERCULES	2:53.57	50m	2:49.87
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	2:52.88	25m	2:52.88
DOMINGUEZ PHILOCREON, Ticiano	42	40+	CIDSANTIAG	3:02.09	25m	3:02.09
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	3:04.91	25m	3:04.91
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	3:05.13	25m	3:05.13
FOUZ ROUCO, Rubén	44	40+	HERCULES	3:08.00	25m	3:08.19
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	3:10.04	25m	3:10.04
GONZALEZ PARIS, David	45	45+	HERCULES	3:12.00	25m	3:12.19
TOME NOGUEIRA, Alberto M.	55	55+	ADFOGAR	3:13.93	25m	3:13.93
DE LUIS GONZÁLEZ, Aitor	49	45+	RCNVIGO	3:14.35	25m	3:14.35
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	3:14.17	25m	3:14.36
DE LA PAZ VIGO, Agustin A.	57	55+	CMARINA	3:15.00	25m	3:15.19
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	3:16.91	25m	3:17.10
FERNANDEZ ARRUTI, Jose Angel	64	60+	CIDSANTIAG	3:18.29	25m	3:18.29
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	3:21.39	25m	3:21.39
NISTAL GARCÍA, Eduardo	55	55+	SCASINO	3:38.87	25m	3:38.87
PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	3:40.00	25m	3:40.19
CODESIDO LOPEZ, José	64	60+	CIDSANTIAG	3:40.46	25m	3:40.65
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	3:45.00	25m	3:45.19
SANJORGE PEDREIRA, Carmelo	61	60+	ARTEIXO	3:48.00	25m	3:48.19
COUCEIRO SANCHEZ, Gonzalo	57	55+	SCASINO	3:48.76	25m	3:48.76
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	3:49.18	25m	3:49.18
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	3:50.05	25m	3:50.24
SÁNCHEZ PARADA, Jose Mª	45	45+	ARTEIXO	3:55.00	25m	3:55.19
RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	4:03.64	25m	4:03.64
FERREIRO SANCHEZ, Luis	53	50+	POURENSE	4:09.37	25m	4:09.56
BLANCO PEREZ, Angel	59	55+	POURENSE	4:11.04	25m	4:11.04
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	4:11.38	25m	4:11.38

Prueba 14
14/01/2023

Fem., 4 x 50m Libre

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
HERCULES 1		+160	HERCULES	2:08.35	25m	2:08.35
CNXOVE 1		+80	(PCNXOVE)ER	2:15.00	25m	2:15.19
RIASBAIXAS 1		+120	RIASBAIXAS	2:19.91	50m	2:18.50
PONTEAREAS 1		+80	(PIPONTEAREAS	2:19.63	25m	2:19.63
CNXOVE 1		+120	CNXOVE	2:20.00	25m	2:20.19
PONTEAREAS 3		+120	PONTEAREAS	2:21.13	25m	2:21.13
GALAICO 1		+80	(PIGALAICO)ER	2:21.97	25m	2:21.97
ESCUALOS 2		+160	ESCUALOS	2:26.35	25m	2:26.35
PORTAMIÑA 1		+120	PORTAMIÑA	2:27.26	25m	2:27.45
ESCUALOS 1		+120	ESCUALOS	2:31.97	25m	2:31.97
NCORUÑA 1		+120	NCORUÑA	2:34.06	25m	2:34.25
PONTEAREAS 5		+200	PONTEAREAS	2:38.36	25m	2:38.36
SCASINO 1		+120	SCASINO	2:40.33	25m	2:40.33
SALESTRA 1		+160	SALESTRA	2:44.17	25m	2:44.17
CULLEREDO 1		+200	CULLEREDO	2:46.61	25m	2:46.80
GALAICO 2		+120	GALAICO	2:49.82	25m	2:50.01
ESCUALOS 3		+200	ESCUALOS	2:50.43	25m	2:50.62
RIASBAIXAS 2		+200	RIASBAIXAS	2:53.81	25m	2:53.81
PONTEAREAS 4		+160	PONTEAREAS	3:01.49	25m	3:01.49
POURENSE 2		+200	POURENSE	3:06.83	25m	3:07.02
POURENSE 1		+160	POURENSE	3:15.69	25m	3:15.88
PONTEAREAS 6		+240	PONTEAREAS	3:33.73	25m	3:33.92
PONTEAREAS 7		+280	PONTEAREAS	5:00.87	25m	5:01.06

Prueba 15
14/01/2023

Masc., 4 x 50m Libre

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PONTEAREAS 1		+80	(P)PONTEAREAS	1:45.38	25m	1:45.38
PONTEAREAS 3		+120	PONTEAREAS	1:53.89	25m	1:53.89
PONTEAREAS 2		+100	PONTEAREAS	1:56.63	50m	1:54.42
GALAICO 1		+120	GALAICO	1:54.68	25m	1:54.87
ESCUALOS 2		+160	ESCUALOS	1:54.99	25m	1:54.99
RIASBAIXAS 1		+120	RIASBAIXAS	1:55.17	25m	1:55.17
CNMOS 2		+100	CNMOS	1:55.00	25m	1:55.19
HERCULES 2		+160	HERCULES	1:57.09	25m	1:57.09
CMARINA 1		+120	CMARINA	1:57.20	25m	1:57.39
RCNVIGO 1		+160	RCNVIGO	1:57.50	25m	1:57.50
PONTEAREAS 4		+160	PONTEAREAS	1:58.18	25m	1:58.18
MONFORTE 1		+120	MONFORTE	1:58.00	25m	1:58.19
NCORUÑA 1		+200	NCORUÑA	2:00.41	25m	2:00.60
POURENSE 1		+120	POURENSE	2:02.58	25m	2:02.77
ESCUALOS 1		+120	ESCUALOS	2:03.70	25m	2:03.89
RIASBAIXAS 2		+160	RIASBAIXAS	2:03.89	25m	2:04.08
CNXOVE 1		+100	CNXOVE	2:04.30	25m	2:04.49
POURENSE 2		+160	POURENSE	2:07.53	25m	2:07.53
ESCUALOS 3		+200	ESCUALOS	2:07.64	25m	2:07.83
CNXOVE 1		+120	CNXOVE	2:08.50	25m	2:08.69
PORTAMIÑA 2		+200	PORTAMIÑA	2:10.25	25m	2:10.44
SALESTRA 1		+160	SALESTRA	2:11.36	25m	2:11.36
GALAICO 2		+160	GALAICO	2:13.49	25m	2:13.49
SCASINO 1		+200	SCASINO	2:13.80	25m	2:13.80
HERCULES 1		+240	HERCULES	2:15.01	25m	2:15.01
CIDSANTIAG 1		+200	CIDSANTIAG	2:15.65	25m	2:15.65
CULLEREDO 1		+160	CULLEREDO	2:17.14	25m	2:17.33
POURENSE 3		+240	POURENSE	2:17.36	25m	2:17.55
PONTEAREAS 5		+200	PONTEAREAS	2:19.51	25m	2:19.70
ADFOGAR 1		+160	ADFOGAR	2:20.63	25m	2:20.63
ARTEIXO 1		+200	ARTEIXO	2:22.00	25m	2:22.19
GALAICO 3		+200	GALAICO	2:24.06	25m	2:24.25
RIASBAIXAS 3		+200	RIASBAIXAS	2:27.09	50m	2:24.88
PORTAMIÑA 1		+120	PORTAMIÑA	2:29.10	25m	2:29.29
CNMOS 1		+240	CNMOS	2:36.46	25m	2:36.65
PONTEAREAS 6		+240	PONTEAREAS	2:59.44	25m	2:59.44

Prueba 16
15/01/2023 - 9:30

Fem., 200m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
FREIJE TORNEIRO, Aroa	25	25+	PORTAMIÑA	2:06.45	25m	2:06.64
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	2:12.26	25m	2:12.45
BARBEITO DOMINGUEZ, Marta	39	35+	TCHAMART	2:23.71	25m	2:23.71
CALVIÑO CANCELA, Cristina	55	55+	PONTEAREAS	2:23.83	25m	2:24.02
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	2:24.37	25m	2:24.37
POMBO LOPEZ, Belen	31	30+	FLUVIAL	2:29.92	25m	2:29.92
PARDO GOMEZ, Carmen	31	30+	PORTAMIÑA	2:32.01	25m	2:32.20
GONZALEZ RODRIGUEZ, Maria	41	40+	POURENSE	2:32.55	25m	2:32.74
VINAGRE SENDINO, Cora	35	35+	SCASINO	2:41.23	25m	2:41.42
TERCEIRO DELGADO, María Del Mar	60	60+	CDELMAR	2:49.13	50m	2:46.63
HERNANDEZ ALFAGEME, Rita	52	50+	RIASBAIXAS	2:47.33	25m	2:47.33
GARCIA TRIGO, Sofia	21	20+	CNXOVE	2:47.49	25m	2:47.49
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	2:48.25	25m	2:48.25
FKEOUI OMARI, Salma	41	40+	ESCUALOS	2:49.48	25m	2:49.48
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	2:50.00	25m	2:50.19
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	2:50.35	25m	2:50.35
FREIJO LÓPEZ, Lucía	31	30+	NCORUÑA	2:50.85	25m	2:50.85
ARAÚJO CASTRO, Paula	32	30+	CDELMAR	2:53.38	50m	2:50.88
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	2:52.11	25m	2:52.30
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	2:52.60	25m	2:52.60
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	2:55.60	25m	2:55.79
SANDERSON, Helen Jane	53	50+	CULLEREDO	2:56.41	25m	2:56.60
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	2:57.71	25m	2:57.71
GIL FERNANDEZ, Marta	35	35+	TRICORUÑA	3:00.00	25m	3:00.19
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	3:06.91	25m	3:06.91
SÁNCHEZ CEBRIÁN, Olga	61	60+	TRICORUÑA	3:10.54	25m	3:10.54
OLMO VAQUEIRO, Leticia	42	40+	PONTEAREAS	3:11.23	25m	3:11.23
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	3:11.21	25m	3:11.40
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	3:12.73	25m	3:12.73
SALES MANTIÑAN, Carmen	49	45+	SCASINO	3:14.95	25m	3:14.95
RUIZ MEILAN, Blanca	33	30+	SCASINO	3:15.64	25m	3:15.64
FERNANDEZ GONZALEZ, Iria	41	40+	PORTAMIÑA	3:16.97	25m	3:16.97
SANTOS DA GRACA, Francelina	36	35+	ADFOGAR	3:18.24	25m	3:18.43
RODRIGUEZ GONZÁLEZ, Raquel	30	30+	MONFORTE	3:20.90	25m	3:21.09
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	3:21.39	25m	3:21.58
ACUÑA MELLA, Maria	35	35+	PONTEAREAS	3:21.84	25m	3:21.84
SANCHEZ DE LLANO, M. Nieves	31	30+	SCASINO	3:25.28	25m	3:25.28
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	3:30.22	50m	3:27.72
ABREU FERNANDEZ, Marta	52	50+	PONTEAREAS	3:28.04	25m	3:28.04
GONZALEZ-ALEGRE BURGUEÑO, A.	71	70+	TRAVIESAS	3:29.57	25m	3:29.57
CID ALVAREZ, Isabel	43	40+	ESCUALOS	3:30.00	25m	3:30.19
RODRIGUEZ VAZQUEZ, Maria Teresa	51	50+	POURENSE	3:33.38	50m	3:31.07
ALVAREZ LARRAN, Maria Del Pilar	44	40+	RIASBAIXAS	3:31.34	25m	3:31.34
GARNACHO GAYARRE, Nuria	54	50+	SCASINO	3:34.98	25m	3:34.98
BROZOS VAZQUEZ, Elena María	41	40+	CIDSANTIAG	3:36.12	25m	3:36.31
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	3:40.53	25m	3:40.53
RODRIGUEZ LOPEZ, Rosa Maria	48	45+	POURENSE	3:49.50	25m	3:49.69
LOPEZ BLANCO, Mº Isabel	60	60+	CULLEREDO	3:51.20	25m	3:51.39
REBOREDA MORILLO, Susana	61	60+	ESCUALOS	3:53.54	25m	3:53.54
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	4:00.00	25m	4:00.19
FERNANDEZ PARADA, Clara	30	30+	POURENSE	4:01.35	25m	4:01.54
BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	4:10.59	25m	4:10.78

Prueba 16, Fem., 200m Libre

PEREZ GALLARDO, Teresa	59	55+	POURENSE	4:35.19	25m	4:35.19
SUEIRO COSTAS, M ^a Carmen	67	65+	PONTEAREAS	4:51.19	25m	4:51.38
RODRÍGUEZ TRONCOSO, Marina	64	60+	PONTEAREAS	5:00.00	25m	5:00.19

Prueba 17
15/01/2023

Masc., 200m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	2:02.58	50m	1:59.08
GOMEZ CASAL, Luis	21	20+	CMARINA	2:04.88	25m	2:04.88
ARIETTO GARCIA, Jorge	37	35+	RCNVIGO	2:09.29	50m	2:05.79
VALDES REY, Enol	30	30+	CNXOVE	2:07.50	25m	2:07.69
CANCELA GOMEZ, Hugo	20	20+	PONTEAREAS	2:07.57	25m	2:07.76
VILA CID, Marcos	36	35+	POURENSE	2:07.90	25m	2:08.09
PINO LORENZO, Brais	22	20+	PONTEAREAS	2:08.65	25m	2:08.84
TENORIO FREIRE, Martin	31	30+	GALAICO	2:13.50	50m	2:10.00
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	2:11.49	25m	2:11.49
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	2:13.19	25m	2:13.19
GARCIA RODRIGUEZ, Sergio	42	40+	RIASBAIXAS	2:16.56	50m	2:13.25
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	2:15.16	25m	2:15.35
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	2:17.04	25m	2:17.04
GONZÁLEZ MARTÍNEZ, Cristian	20	20+	ARTEIXO	2:17.38	25m	2:17.38
CAMPAÑA BARROS, Adrian	33	30+	CIDSANTIAG	2:18.53	25m	2:18.53
ABADES REBOREDO, Daniel	45	45+	HERCULES	2:19.09	25m	2:19.09
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	2:19.20	25m	2:19.20
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	2:20.31	25m	2:20.50
MASSO AGUADO, Jorge	47	45+	RIASBAIXAS	2:24.96	50m	2:21.65
CANOSA RODRÍGUEZ, Juan José	43	40+	NTNARON	2:22.01	25m	2:22.20
BLANCO PEREZ, Adrian	29	25+	POURENSE	2:22.28	25m	2:22.47
SEVILLA AROCA, Javier	40	40+	ESCUALOS	2:25.31	25m	2:25.31
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	2:26.00	25m	2:26.19
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	2:26.58	25m	2:26.58
CABANELAS EIRAS, Pablo	44	40+	CIDSANTIAG	2:27.98	25m	2:27.98
RIVAS FEAL, Antonio	57	55+	HERCULES	2:28.29	25m	2:28.29
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	2:31.73	50m	2:28.42
RODRIGUEZ RAMOS, Manuel	26	25+	ESCUALOS	2:30.00	25m	2:30.19
ISASTI MAIZA, Patxi Xabier	58	55+	CNXOVE	2:30.00	25m	2:30.19
VOLLUZ ITALIANI, Facundo J.	25	25+	CNMOS	2:30.11	25m	2:30.30
GONZALEZ PARIS, David	45	45+	HERCULES	2:30.13	25m	2:30.32
DOMINGUEZ PHILOCREON, Ticiano	42	40+	CIDSANTIAG	2:33.04	25m	2:33.04
VAZQUEZ ESMORIS, Pablo	44	40+	ADFOGAR	2:37.62	25m	2:37.81
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	2:42.57	50m	2:39.26
VAZQUEZ VARELA, Jose Manuel	57	55+	RIASBAIXAS	2:40.00	25m	2:40.19
LOPEZ BERMUDEZ, Gabriel	39	35+	RSDH	2:40.57	25m	2:40.76
TAPIA PORTO, Enrique	58	55+	NCORUÑA	2:40.63	25m	2:40.82
FERNANDEZ-TESTA BARREIRO, D.	49	45+	RIASBAIXAS	2:44.88	50m	2:41.57
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	2:42.50	25m	2:42.50
CERVELA DEBER, Moises	41	40+	SALESTRA	2:42.35	25m	2:42.54
MEILAN SANCHEZ, Sergio Jose	27	25+	PORTAMIÑA	2:42.49	25m	2:42.68
NISTAL GARCÍA, Eduardo	55	55+	SCASINO	2:42.99	25m	2:42.99
CODESIDO LOPEZ, José	64	60+	CIDSANTIAG	2:44.52	25m	2:44.52
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	2:48.03	50m	2:44.72
BARCIA SIXTO, Francisco José	38	35+	NTNARON	2:45.97	25m	2:46.16
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	2:46.84	25m	2:46.84
PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	2:48.05	25m	2:48.24
MARTÍNEZ DOMÍNGUEZ, Iván	35	35+	PONTEAREAS	2:48.44	25m	2:48.44
GARCIA CASTIÑEIRA, Daniel	49	45+	GALAICO	2:49.53	25m	2:49.53
DURO GONZALEZ, Antonio	49	45+	SALESTRA	2:49.73	25m	2:49.73
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	2:50.49	25m	2:50.49
SOLLEIRO TIZON, Juan Jose	60	60+	NCORUÑA	2:51.00	25m	2:51.19

Prueba 17, Masc., 200m Libre

MOURIÑO FORTES, Victor Manuel	46	45+	PONTEAREAS	2:52.14	25m	2:52.33
LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	2:52.89	25m	2:52.89
FERNÁNDEZ LAGUNA, F.	36	35+	TRICORUÑA	2:53.00	25m	2:53.19
CAMIÑA GRANDE, Eduardo	63	60+	SALESTRA	2:54.61	25m	2:54.61
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	2:58.96	50m	2:55.65
GONZÁLEZ PEREIRA, J. Carlos	48	45+	RCNVIGO	2:57.44	25m	2:57.63
CEGARRA GARCIA, Eugenio	59	55+	RSDH	2:59.20	25m	2:59.20
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	3:00.02	25m	3:00.21
COUCEIRO SANCHEZ, Gonzalo	57	55+	SCASINO	3:03.20	25m	3:03.20
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	3:03.84	25m	3:04.03
IGLESIAS RODRIGUEZ, Carlos	54	50+	RIASBAIXAS	3:04.76	25m	3:04.76
MIGUELEZ FERNANDEZ, Bruno	43	40+	RIASBAIXAS	3:05.00	25m	3:05.19
MARQUEZ FERNANDEZ, Xose Luis	57	55+	GALAICO	3:05.22	25m	3:05.22
LAMELO OTERO, Ramón Jesus	55	55+	CIDSANTIAG	3:07.53	25m	3:07.53
BLANCO PEREZ, Angel	59	55+	POURENSE	3:08.33	25m	3:08.33
SANJORGE PEDREIRA, Carmelo	61	60+	ARTEIXO	3:10.00	25m	3:10.19
TABOAS BASTOS, Oscar	46	45+	CNMOS	3:12.68	25m	3:12.68
PICALLO MATO, Adrian	28	25+	SALESTRA	3:15.00	25m	3:15.19
SÁNCHEZ PARADA, Jose M ^a	45	45+	ARTEIXO	3:16.11	25m	3:16.30
TERREN ENRUBIA, Lucio A	53	50+	RIASBAIXAS	3:20.71	50m	3:17.40
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	3:18.96	25m	3:19.15
TRILLO CARLIN, Jose Fdo.	55	55+	ADFOGAR	3:25.17	25m	3:25.36
CANOSA RODRIGUEZ, Alfonso J.	52	50+	ADFOGAR	3:26.33	25m	3:26.52
FERNANDEZ FERNANDEZ, M.	46	45+	RIASBAIXAS	3:31.92	50m	3:28.61
SUAREZ FREIRE, David Manuel	55	55+	RIASBAIXAS	3:44.20	25m	3:44.39
LORENZO GONZALEZ-VISO, Carlos	52	50+	POURENSE	3:46.25	25m	3:46.44
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	3:50.20	25m	3:50.39
FOLCH MALLOFRE, Ramon	86	85+	ARTEIXO	4:23.42	50m	4:19.92
LAGO REY, Jose Manuel	60	60+	RIASBAIXAS	4:40.79	50m	4:37.48

Prueba 18
15/01/2023

Fem., 50m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	33.17	50m	32.27
TORRES GUTIERREZ, Cristina	33	30+	CMARINA	32.47	25m	32.76
PEREIRA FERY, Marta	22	20+	CMARINA	32.47	25m	32.76
LOUREIRO AMOR, Belen Martina	35	35+	NTNARON	34.15	25m	34.44
GALLARDO DE ARTAZA, Maria	28	25+	NCORUÑA	35.50	25m	35.79
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	36.36	25m	36.65
ISASTI OTERO, Nerea	26	25+	CNXOVE	37.00	25m	37.29
ALAYON MORIN, Cristina	41	40+	HERCULES	37.06	25m	37.35
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	37.51	25m	37.80
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	37.89	25m	38.18
SOUTO DERUNGS, Cristina	38	35+	NFERROL	38.29	25m	38.29
ESPIÑO ALBELA, Andrea	29	25+	HERCULES	39.76	25m	39.76
SANTORUM FONTAN, Iria Marta	31	30+	GALAICO	40.16	25m	40.45
EIRIS CASTRO, Andrea	33	30+	ADFOGAR	40.59	25m	40.88
GONZALEZ FERNANDEZ, Leticia	41	40+	CNXOVE	41.22	25m	41.22
MARTIN, Christelle	42	40+	ESCUALOS	43.48	25m	43.48
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	45.89	25m	46.18
HERMIDA MARTINEZ, Vanesa	40	40+	RIASBAIXAS	46.76	25m	46.76
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	46.81	25m	46.81
PELETEIRO FRANCO, Angela Maria	34	30+	GALAICO	47.45	25m	47.74
DIEGUEZ VARELA, Carina	46	45+	RIASBAIXAS	48.51	25m	48.51
SOUSA CARNEIRO, Rosana	52	50+	CNMOS	48.77	25m	49.06
LOPEZ MORADO, Maria	22	20+	CULLEREDO	49.93	25m	50.22
LORENZO SENRA, Noemi	21	20+	CMARINA	50.60	25m	50.89
SAR MORANO, Dolores	68	65+	CULLEREDO	51.24	25m	51.24
PARADA PACHECO, Patricia	28	25+	PONSVETUS	51.00	25m	51.29
CAMINO GONZALEZ, Catuxa	46	45+	PONSVETUS	52.00	25m	52.29
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	52.84	25m	52.84
PEREIRA ALONSO, Isabel	62	60+	ADFOGAR	53.35	25m	53.64
VILLASANTE ARMAS, Maria Rosa	48	45+	NCORUÑA	54.26	25m	54.26
MARTY PAZOS, Maria Victoria	58	55+	TRAVIESAS	54.50	25m	54.79
VAZQUEZ PARCERO, Marta	43	40+	CMARINA	56.06	25m	56.35
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	58.17	50m	57.27
SEARA JALON, Monica	53	50+	POURENSE	57.36	25m	57.36
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	57.54	25m	57.83
BROZOS VAZQUEZ, Elena María	41	40+	CIDSANTIAG	58.81	25m	59.10
FERNANDEZ SESTELO, Maria Jose	53	50+	PONTEAREAS	1:07.28	25m	1:07.28
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	1:31.99	25m	1:32.28
PEREZ DOMINGUEZ, Maria Luisa	79	75+	RIASBAIXAS	1:54.67	50m	1:53.77
CHANTADA GÓMEZ, M. Del Carmen	80	80+	PONTEAREAS	2:02.45	25m	2:02.74

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15/01/2023

Masc., 50m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
TABOADA VILA, Alberto	36	35+	POURENSE	28.59	50m	27.09
VILA PEREIRA, Brais	20	20+	PONTEAREAS	29.00	25m	29.29
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	31.92	25m	31.92
EIRIZ DIEGUEZ, Daniel	45	45+	CNMOS	31.73	25m	32.02
CASTRO VILLAR, David	32	30+	NCORUÑA	32.78	25m	32.78
CALLE FACAL, Telmo	40	40+	GALAICO	32.50	25m	32.79
IBAÑEZ CARRERA, Manuel Gabriel	27	25+	PONTEAREAS	32.88	25m	32.88
ARDAO GRANDAL, Daniel	21	20+	CMARINA	32.70	25m	32.99
LAZARO GUERRERO, Victor	35	35+	CMARINA	32.83	25m	33.12
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	33.67	25m	33.67
GUIRADO CARABEL, Oscar	47	45+	CULLEREDO	33.57	25m	33.86
OROZA PARGA, Bruno	29	25+	CNXOVE	35.22	25m	35.22
RODRIGUEZ ARES, Alejandro	23	20+	PORTAMIÑA	35.28	25m	35.57
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	35.51	25m	35.80
PEREZ ARIAS, Hector	52	50+	PORTAMIÑA	35.53	25m	35.82
TIMIRAO CARRASCO, Fernando	58	55+	PORTAMIÑA	36.00	25m	36.00
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	36.17	25m	36.17
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	37.12	25m	37.12
CARBALLA BARROSO, R.	42	40+	GALAICO	37.58	25m	37.58
DE LA PAZ VIGO, Agustin A.	57	55+	CMARINA	37.55	25m	37.84
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	37.98	25m	37.98
FUENTES FERNANDEZ, Eugenio	51	50+	RIASBAIXAS	38.46	25m	38.46
FERREÑO COMESAÑA, Cristian	27	25+	RIASBAIXAS	38.22	25m	38.51
TOURIÑO GONZALEZ, Victor M.	55	55+	CMARINA	38.74	25m	38.74
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	38.74	25m	38.74
BASTIDA CAMPOS, Alejandro	41	40+	SALESTRA	38.80	25m	39.09
YÁÑEZ WONENBURGER, J. Carlos	64	60+	HERCULES	39.72	25m	39.72
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	39.74	25m	39.74
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	40.52	25m	40.52
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	40.84	25m	40.84
COTELO SENANDE, Alberto	35	35+	ADFOGAR	40.78	25m	41.07
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	41.70	25m	41.70
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	41.88	25m	42.17
PEREZ LEIVA, Manuel	55	55+	RIASBAIXAS	43.88	25m	43.88
GONZALEZ CONDE, Rodrigo	41	40+	PONTEAREAS	44.55	25m	44.55
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	44.42	25m	44.71
LOPEZ PAYO, Mario	46	45+	SALESTRA	45.00	25m	45.29
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	45.83	25m	45.83
SEGUÍN CID, Severino	64	60+	TRAVIESAS	45.92	25m	46.21
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	46.24	25m	46.24
FERNANDEZ MONTEAGUDO, Ruben	38	35+	CIDSANTIAG	46.31	25m	46.60
IGLESIAS MIRA, Felipe	49	45+	POURENSE	46.93	25m	46.93
CADAVID NUÑEZ, Jose	53	50+	POURENSE	49.84	50m	48.63
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	51.33	25m	51.62
CRESPO PÉREZ, Albarino	53	50+	ESCUALOS	52.17	25m	52.17
TABOAS BASTOS, Oscar	46	45+	CNMOS	52.23	25m	52.23
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	54.01	25m	54.01
FERNANDEZ GONZALEZ, Alvaro	58	55+	CNMOS	53.88	25m	54.17
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	54.88	25m	54.88
PEREZ GARCIA, Manuel	56	55+	CULLEREDO	1:00.71	25m	1:01.00
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	1:02.57	25m	1:02.57

Prueba 20
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Fem., 50m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
FRANCO CAL, Alba	32	30+	FLUVIAL	27.84	50m	27.44
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	27.56	25m	27.56
GARCIA MARIN, Cristina	33	30+	PONTEAREAS	28.36	25m	28.36
BARBEITO DOMINGUEZ, Marta	39	35+	TCHAMART	29.22	25m	29.22
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	30.31	25m	30.31
TORRES GUTIERREZ, Cristina	33	30+	CMARINA	30.44	25m	30.44
CANO ROSALES, Nuria	22	20+	GALAICO	31.20	25m	31.20
SAAVEDRA BUIDE, Carlota	24	20+	PORTAMIÑA	30.94	25m	31.23
DOPEREIRO GARCIA, Alba	33	30+	NCORUÑA	31.34	25m	31.34
RIVAS TENREIRO, Arantza	34	30+	NTNARON	31.07	25m	31.36
RODRIGUEZ RODRIGUEZ, Silvia	22	20+	PORTAMIÑA	31.64	25m	31.93
ABASOLO RUEDA, Claudia	23	20+	NCORUÑA	32.18	25m	32.47
ESPIÑO ALBELA, Andrea	29	25+	HERCULES	32.96	25m	32.96
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	33.04	25m	33.04
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	33.17	50m	33.06
ALVAREZ COSTAS, Maria Paz	35	35+	PONTEAREAS	32.85	25m	33.14
GIL FERNANDEZ, Marta	35	35+	TRICORUÑA	32.87	25m	33.16
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	33.20	25m	33.20
TERCEIRO DELGADO, María Del Mar	60	60+	CDELMAR	33.65	25m	33.65
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	33.98	25m	33.98
VAZQUEZ SANCHEZ, Pilar	25	25+	CNXOVE	33.80	25m	34.09
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	33.84	25m	34.13
VÁZQUEZ FUENTES, Cintia	36	35+	MONFORTE	33.84	25m	34.13
ROZADOS LUIS, Adriana	38	35+	SALESTRA	34.00	25m	34.29
ARAÚJO CASTRO, Paula	32	30+	CDELMAR	35.22	25m	35.22
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	35.00	25m	35.29
TEIJEIRA LOPEZ, Sara	23	20+	CNXOVE	35.00	25m	35.29
ALVITE LOPEZ, Andrea	24	20+	CNXOVE	35.00	25m	35.29
SANTORUM FONTAN, Iria Marta	31	30+	GALAICO	35.00	25m	35.29
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	35.10	25m	35.39
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	36.04	50m	35.64
TASENDE LÓPEZ, Xeila	26	25+	ARTEIXO	35.40	25m	35.69
EIRIS CASTRO, Andrea	33	30+	ADFOGAR	35.50	25m	35.79
GALLARDO DE ARTAZA, Sara	24	20+	CDELMAR	35.51	25m	35.80
FERNANDEZ GONZALEZ, Iria	41	40+	PORTAMIÑA	36.20	25m	36.20
LOPEZ MORADO, Maria	22	20+	CULLEREDO	35.98	25m	36.27
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	36.41	25m	36.70
CUBA KOSTER, Esmeralda	31	30+	CNXOVE	37.24	25m	37.53
RODRIGUEZ REY, Maria J.	50	50+	ADFOGAR	37.63	25m	37.63
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	37.48	25m	37.77
ACUÑA MELLA, Maria	35	35+	PONTEAREAS	38.19	25m	38.48
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	38.33	25m	38.62
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	38.86	25m	39.15
PELETEIRO FRANCO, Angela Maria	34	30+	GALAICO	39.55	25m	39.84
LORENZO SENRA, Noemi	21	20+	CMARINA	39.65	25m	39.94
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	40.40	25m	40.40
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	40.42	25m	40.42
GONZALEZ MACIA, Alba	29	25+	MONFORTE	40.42	25m	40.71
FUENTES LORENZO, Carla	24	20+	NFERROL	41.50	25m	41.79
OLMO VAQUEIRO, Leticia	42	40+	PONTEAREAS	41.83	25m	41.83
GONZALEZ-ALEGRE BURGUEÑO, A.	71	70+	TRAVIESAS	42.38	50m	41.98
RIVAS RODRIGUEZ, Lucia	44	40+	NCORUÑA	42.01	25m	42.30

Prueba 20, Fem., 50m Libre

RODRIGUEZ GONZÁLEZ, Raquel	30	30+	MONFORTE	42.54	25m	42.83
CALVIÑO CANCELA, Cristina	55	55+	PONTEAREAS	42.95	25m	43.24
FARIÑA SOUSA, Noemi	40	40+	GALAICO	43.46	25m	43.46
DIEGUEZ VARELA, Carina	46	45+	RIASBAIXAS	43.62	25m	43.62
RAMIREZ INSUA, Julia	40	40+	RSDH	44.34	25m	44.63
FERNÁNDEZ ARRIZABALO, María	57	55+	TRAVIESAS	45.78	25m	45.78
FERNANDEZ SESTELO, Maria Jose	53	50+	PONTEAREAS	46.84	25m	46.84
CHICO FERNANDEZ, Maria Begoña	52	50+	CULLEREDO	48.04	25m	48.33
GIL VILLARINO, Marta	46	45+	HERCULES	48.35	25m	48.64
LOPEZ PEREZ, Almudena	40	40+	RIASBAIXAS	49.00	25m	49.29
RODRIGUEZ LOPEZ, Rosa Maria	48	45+	POURENSE	49.17	25m	49.46
PAZ BERMUDEZ, Maria	47	45+	SALESTRA	49.60	25m	49.60
SOUSA CARNEIRO, Rosana	52	50+	CNMOS	50.00	25m	50.29
OLANO ESPINOSA, Maria Rosario	52	50+	TRAVIESAS	51.17	25m	51.17
FERNANDEZ PARADA, Clara	30	30+	POURENSE	53.79	25m	54.08
PEREZ GALLARDO, Teresa	59	55+	POURENSE	1:02.52	25m	1:02.81
MORAL RUBIO, Isabel	81	80+	PONTEAREAS	1:30.00	25m	1:30.29

Prueba 21
15/01/2023

Masc., 50m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PINO LORENZO, Brais	22	20+	PONTEAREAS	24.57	25m	24.57
CANCELA GOMEZ, Hugo	20	20+	PONTEAREAS	25.64	50m	25.04
RAMILO TRIGO, Jose Enrique	29	25+	SALESTRA	25.55	25m	25.55
BALLESTER IBAÑEZ, Edgar	32	30+	MONFORTE	25.66	25m	25.66
VALDES REY, Enol	30	30+	CNXOVE	25.50	25m	25.79
VILLAVEVERDE CAMPOS, Jose M	22	20+	GALAICO	26.62	50m	26.02
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	26.07	25m	26.07
GARCIA RODRIGUEZ, Sergio	42	40+	RIASBAIXAS	26.30	25m	26.30
GOMEZ CASAL, Luis	21	20+	CMARINA	26.28	25m	26.57
ISASTI OTERO, Patxi	28	25+	CNXOVE	26.60	25m	26.60
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	27.01	25m	27.01
GOMEZ MARQUEZ, Hugo	40	40+	POURENSE	26.91	25m	27.20
EIRIZ DIEGUEZ, Daniel	45	45+	CNMOS	27.04	25m	27.33
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	27.45	25m	27.45
BAS MARTINEZ, Francisco Javier	41	40+	JEREZMASTER	27.56	25m	27.56
MERA MONTECELOS, Pablo	40	40+	HERCULES	27.32	25m	27.61
ARDAO GRANDAL, Daniel	21	20+	CMARINA	27.69	25m	27.98
CAMPAÑA BARROS, Adrian	33	30+	CIDSANTIAG	28.00	25m	28.00
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	28.02	25m	28.02
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	27.79	25m	28.08
HERMIDA RAMOS, Raul	23	20+	NTNARON	27.98	25m	28.27
FERNÁNDEZ MAROTO, Diego	45	45+	RCNVIGO	28.29	25m	28.29
MARTINEZ DOPAZO, David	36	35+	GALAICO	29.02	50m	28.42
FOUZ ROUCO, Rubén	44	40+	HERCULES	28.21	25m	28.50
GUTIERREZ COSTAS, Oscar	41	40+	RIASBAIXAS	28.81	25m	28.81
PEREZ ARIAS, Hector	52	50+	PORTAMIÑA	29.08	25m	29.08
KRUGLOV, Mykola	38	35+	ESCUALOS	29.17	25m	29.17
IBAÑEZ CARRERA, Manuel Gabriel	27	25+	PONTEAREAS	29.53	50m	29.22
LOIS PEREZ, Antonio	62	60+	NCORUÑA	29.28	25m	29.28
TIMIRAO GONZALEZ, Santiago	27	25+	CNXOVE	29.00	25m	29.29
MIGUEZ VAZQUEZ, Victor	26	25+	CNXOVE	29.00	25m	29.29
RIVAS FEAL, Antonio	57	55+	HERCULES	29.38	25m	29.38
AZNAR GRILLE, Carlos Javier	28	25+	CMARINA	29.11	25m	29.40
SABUZ FORNEIRO, Martin	29	25+	POURENSE	29.18	25m	29.47
LAMEIRO SEOANE, Javier	36	35+	HERCULES	30.11	50m	29.51
VOLLUZ ITALIANI, Facundo J.	25	25+	CNMOS	29.23	25m	29.52
FUENTES FERNANDEZ, Eugenio	51	50+	RIASBAIXAS	29.55	25m	29.55
RODRÍGUEZ SALGADO, Manuel	48	45+	CIDSANTIAG	29.68	25m	29.97
MARTINEZ FERNANDEZ, Hector	46	45+	NTNARON	30.22	25m	30.22
MONTANARO, Vito	26	25+	NFERROL	30.00	25m	30.29
PIÑEIRO PEON, Antonio	39	35+	GALAICO	30.00	25m	30.29
CABANELAS EIRAS, Pablo	44	40+	CIDSANTIAG	30.51	25m	30.51
PEREZ VAZQUEZ, Telmo	35	35+	CMARINA	30.29	25m	30.58
PENABADE COCIÑA, Joel	30	30+	CNXOVE	30.50	25m	30.79
COTELO SENANDE, Alberto	35	35+	ADFOGAR	30.59	25m	30.88
BALSA MOSQUERA, Pablo	45	45+	CMARINA	30.66	25m	30.95
FERREÑO COMESAÑA, Cristian	27	25+	RIASBAIXAS	30.99	25m	31.28
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	31.29	25m	31.29
ISASTI MAIZA, Patxi Xabier	58	55+	CNXOVE	31.10	25m	31.39
MOURIÑO FORTES, Victor Manuel	46	45+	PONTEAREAS	31.10	25m	31.39
PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	31.11	25m	31.40
MENDES FERRAS, Artur Leonel	42	40+	MONFORTE	31.12	25m	31.41

Prueba 21, Masc., 50m Libre

FERNANDEZ ARRUTI, Jose Angel	64	60+	CIDSANTIAG	32.15	50m	31.55
FERNANDEZ MONTEAGUDO, Ruben	38	35+	CIDSANTIAG	31.56	25m	31.56
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	31.97	25m	31.97
FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	32.41	50m	32.10
HERMIDA SALIDO, Gustavo	46	45+	NTNARON	32.09	25m	32.38
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	32.48	25m	32.48
NISTAL GARCÍA, Eduardo	55	55+	SCASINO	32.95	25m	32.95
PRESA PRESA, Santiago	35	35+	GALAICO	33.05	25m	33.05
FERNÁNDEZ LAGUNA, F.	36	35+	TRICORUÑA	32.86	25m	33.15
ALVAREZ CASTRO, Teodoro	33	30+	MONFORTE	32.88	25m	33.17
VEIGA PILLADO, Jose	45	45+	SCASINO	33.00	25m	33.29
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	33.08	25m	33.37
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	33.13	25m	33.42
GONZALEZ CONDE, Rodrigo	41	40+	PONTEAREAS	33.51	25m	33.80
DURO GONZALEZ, Antonio	49	45+	SALESTRA	33.55	25m	33.84
MEILAN SANCHEZ, Sergio Jose	27	25+	PORTAMIÑA	33.57	25m	33.86
RODRIGUEZ GARCIA, Jose Bernardo	40	40+	RIASBAIXAS	34.01	25m	34.01
DE MARTIN DIAZ, Ruben	47	45+	POURENSE	34.17	25m	34.17
PEREZ CARRUEBANO, Enrique	49	45+	SCASINO	34.17	25m	34.17
CEGARRA GARCIA, Eugenio	59	55+	RSDH	34.34	25m	34.34
TERREN ENRUBIA, Lucio A	53	50+	RIASBAIXAS	34.40	25m	34.40
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	34.69	25m	34.69
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	34.89	25m	34.89
COLLAZO LÓPEZ, Victor Eliseo	60	60+	SALESTRA	34.87	25m	35.16
PICALLO MATO, Adrian	28	25+	SALESTRA	35.00	25m	35.29
VAZQUEZ VARELA, Jose Manuel	57	55+	RIASBAIXAS	35.00	25m	35.29
FRANCISCO MACÍAS, Simón	27	25+	POURENSE	35.30	25m	35.59
VAZQUEZ ESMORIS, Pablo	44	40+	ADFOGAR	36.13	25m	36.42
SANCHEZ MUÑOZ, Jose Ignacio	62	60+	RIASBAIXAS	36.77	25m	36.77
BLANCO PEREZ, Angel	59	55+	POURENSE	36.96	25m	36.96
GUERRA ABREU, Manuel	34	30+	GALAICO	37.00	25m	37.29
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	37.64	25m	37.93
TAPIA PORTO, Enrique	58	55+	NCORUÑA	37.76	25m	38.05
FERNANDEZ FERNANDEZ, M.	46	45+	RIASBAIXAS	37.97	25m	38.26
FERREIRO SANCHEZ, Luis	53	50+	POURENSE	38.46	25m	38.46
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	38.74	25m	39.03
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	39.42	25m	39.42
FOLCH MALLOFRE, Ramon	86	85+	ARTEIXO	42.37	25m	42.37
PEREZ GARCIA, Manuel	56	55+	CULLEREDO	43.39	25m	43.68
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	43.60	25m	43.89
PERDIZ GONZALEZ, Jose Ramon	65	65+	ESCUALOS	44.24	25m	44.53
GONZÁLEZ PEREIRA, J. Carlos	48	45+	RCNVIGO	44.43	25m	44.72
BRIOSÓ DÍAZ, Manuel	46	45+	REDONDELA	45.00	25m	45.29
PARDO CASTRO, Jesus	60	60+	PORTAMIÑA	49.24	25m	49.24
ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	50.00	25m	50.29

Prueba 22
15/01/2023

Fem., 200m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
DIAZ DOPICO, Sabela	21	20+	NFERROL	2:39.06	25m	2:39.25
HERMIDA RODRIGUEZ, Blanca	42	40+	CMARINA	2:47.93	25m	2:48.12
PRADO FRANCO, Marta E.	44	40+	RIASBAIXAS	3:33.25	25m	3:33.25
DURÁN VEIRAS, Raquel	39	35+	ARTEIXO	3:35.53	25m	3:35.72
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	3:52.25	25m	3:52.25
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	3:52.65	25m	3:52.84
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	3:54.02	25m	3:54.02
ABREU FERNANDEZ, Marta	52	50+	PONTEAREAS	4:06.17	25m	4:06.36
BARJA BARJA, Liliana	58	55+	TRAVIESAS	4:15.58	25m	4:15.58
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	4:30.12	25m	4:30.31
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	6:14.25	25m	6:14.25

Prueba 23
15/01/2023

Masc., 200m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	2:15.00	25m	2:15.19
PASTORIZA SANTA CLARA, Jorge	26	25+	RIASBAIXAS	2:23.62	25m	2:23.81
CARRERA COSTAS, Martin	27	25+	PONTEAREAS	2:25.00	25m	2:25.19
DOMÍNGUEZ PARDELLAS, Rubén	35	35+	RCNVIGO	2:27.52	25m	2:27.52
SEQUEIROS LAGO, Saul	25	25+	CNMOS	2:36.87	25m	2:37.06
BELTRAN DIAZ, Emilio	46	45+	MONFORTE	2:46.47	25m	2:46.66
QUINTAS BARROS, Jesus C.	50	50+	ESCUALOS	2:47.37	25m	2:47.37
SANTIAGO CAÑIZAL, Daniel	34	30+	CNXOVE	2:50.12	25m	2:50.12
MASSO AGUADO, Jorge	47	45+	RIASBAIXAS	2:50.00	25m	2:50.19
ABADES REBOREDO, Daniel	45	45+	HERCULES	2:50.38	25m	2:50.38
CAO LAGO, Pablo	36	35+	RIASBAIXAS	3:30.00	25m	3:30.19
TOME NOGUEIRA, Alberto M.	55	55+	ADFOGAR	3:32.55	25m	3:32.74
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	3:34.62	25m	3:34.81
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	3:35.00	25m	3:35.19
SIO LOURIDO, J. Salvador	62	60+	CNMOS	3:39.90	25m	3:40.09
SUANZES PEREZ, Fernando	70	70+	HERCULES	3:46.25	25m	3:46.25
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	3:53.58	25m	3:53.58
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	3:58.57	25m	3:58.76
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	4:30.10	25m	4:30.29
POSE MATO, Cesar	40	40+	ADFOGAR	5:02.67	25m	5:02.86
TIMIRAS CARRASCO, Luis	67	65+	POURENSE	5:35.23	25m	5:35.42

Prueba 24
15/01/2023

Mixto, 4 x 50m Libre

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PONTEAREAS 2	+100	PONTEAREAS	1:58.50	25m	1:58.69
RIASBAIXAS 1	+80	(PRIASBAIXAS)	1:59.05	25m	1:59.05
PONTEAREAS 1	+80	(PIPONTEAREAS)	1:59.09	25m	1:59.09
HERCULES 4	+120	HERCULES	1:59.41	25m	1:59.60
HERCULES 3	+160	HERCULES	2:00.63	25m	2:00.63
GALAICO 1	+80	(PIGALAICOER)	2:00.68	25m	2:00.68
GALAICO 3	+120	GALAICO	2:00.91	25m	2:01.10
NTNARON 1	+120	NTNARON	2:01.27	25m	2:01.27
RIASBAIXAS 2	+120	RIASBAIXAS	2:02.05	25m	2:02.24
CMARINA 2	+160	CMARINA	2:03.05	25m	2:03.24
CMARINA 3	+80	(PCMARINAER)	2:03.22	25m	2:03.41
NCORUÑA 1	+120	NCORUÑA	2:04.66	25m	2:04.85
ESCUALOS 1	+120	ESCUALOS	2:06.08	25m	2:06.08
ESCUALOS 2	+160	ESCUALOS	2:07.58	25m	2:07.58
PORTAMIÑA 3	+160	PORTAMIÑA	2:08.00	25m	2:08.19
CNXOVE 1	+80	(PCNXOVEER)	2:08.00	25m	2:08.19
PONTEAREAS 3	+120	PONTEAREAS	2:08.02	25m	2:08.21
RIASBAIXAS 3	+160	RIASBAIXAS	2:09.92	25m	2:09.92
MONFORTE 1	+120	MONFORTE	2:12.00	50m	2:10.19
CNXOVE 1	+100	CNXOVE	2:10.00	25m	2:10.19
PORTAMIÑA 1	+80	(PIPORTAMIÑA)	2:10.10	25m	2:10.29
ADFOGAR 1	+160	ADFOGAR	2:10.11	25m	2:10.30
ARTEIXO 1	+120	ARTEIXO	2:12.00	25m	2:12.19
CNXOVE 1	+120	CNXOVE	2:12.00	25m	2:12.19
GALAICO 2	+100	GALAICO	2:13.74	25m	2:13.74
CNXOVE 1	+160	CNXOVE	2:14.00	25m	2:14.19
CNMOS 1	+200	CNMOS	2:15.00	25m	2:15.19
HERCULES 2	+200	HERCULES	2:15.16	25m	2:15.35
PORTAMIÑA 2	+120	PORTAMIÑA	2:17.23	25m	2:17.42
SCASINO 2	+200	SCASINO	2:17.54	25m	2:17.54
NCORUÑA 2	+200	NCORUÑA	2:19.22	25m	2:19.41
ARTEIXO 2	+160	ARTEIXO	2:20.00	25m	2:20.19
PONTEAREAS 4	+160	PONTEAREAS	2:20.69	25m	2:20.88
ADFOGAR 2	+200	ADFOGAR	2:20.89	25m	2:21.08
CULLEREDO 2	+200	CULLEREDO	2:21.70	25m	2:21.89
GALAICO 4	+160	GALAICO	2:22.48	25m	2:22.67
TRICORUÑA 1	+160	TRICORUÑA	2:25.00	25m	2:25.19
PONTEAREAS 5	+200	PONTEAREAS	2:26.10	25m	2:26.10
SALESTRA 1	+160	SALESTRA	2:27.47	25m	2:27.47
ESCUALOS 3	+200	ESCUALOS	2:28.01	25m	2:28.01
POURENSE 1	+120	POURENSE	2:28.78	25m	2:28.78
RIASBAIXAS 4	+200	RIASBAIXAS	2:28.75	25m	2:28.94
POURENSE 2	+160	POURENSE	2:29.89	25m	2:29.89
RSDH 1	+160	RSDH	2:30.00	25m	2:30.19
POURENSE 4	+240	POURENSE	2:30.49	25m	2:30.49
SCASINO 1	+160	SCASINO	2:32.01	25m	2:32.01
TRAVIESAS 1	+200	TRAVIESAS	2:33.42	25m	2:33.42
ARTEIXO 3	+200	ARTEIXO	2:37.75	25m	2:37.75
HERCULES 1	+240	HERCULES	2:39.80	25m	2:39.99
CULLEREDO 1	+160	CULLEREDO	2:42.55	25m	2:42.74
GALAICO 5	+200	GALAICO	2:44.90	25m	2:45.09
RIASBAIXAS 5	+240	RIASBAIXAS	2:49.88	25m	2:50.07

Prueba 24, Mixto, 4 x 50m Libre

POURENSE 3	+200	POURENSE	2:54.65	25m	2:54.65
PONTEAREAS 6	+240	PONTEAREAS	2:54.90	25m	2:54.90
PONTEAREAS 7	+280	PONTEAREAS	4:05.43	25m	4:05.62

Prueba 25
15/01/2023 - 16:30

Fem., 100m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
SAAVEDRA BUIDE, Carlota	24	20+	PORTAMIÑA	1:14.52	25m	1:14.71
POMBO LOPEZ, Belen	31	30+	FLUVIAL	1:23.63	25m	1:23.63
ISASTI OTERO, Nerea	26	25+	CNXOVE	1:25.00	25m	1:25.19
ALAYON MORIN, Cristina	41	40+	HERCULES	1:25.05	25m	1:25.24
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	1:25.10	25m	1:25.29
ABASOLO RUEDA, Claudia	23	20+	NCORUÑA	1:25.50	25m	1:25.69
VINAGRE SENDINO, Cora	35	35+	SCASINO	1:25.92	25m	1:26.11
SOUTO DERUNGS, Cristina	38	35+	NFERROL	1:26.19	25m	1:26.38
FREIJO LÓPEZ, Lucía	31	30+	NCORUÑA	1:29.43	25m	1:29.43
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	1:29.52	25m	1:29.71
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	1:34.04	25m	1:34.04
HERNANDEZ ALFAGEME, Rita	52	50+	RIASBAIXAS	1:34.66	25m	1:34.85
BARJA BARJA, Liliana	58	55+	TRAVIESAS	1:36.82	25m	1:36.82
MARTIN, Christelle	42	40+	ESCUALOS	1:41.72	25m	1:41.72
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	1:41.83	25m	1:42.02
RODRIGUEZ PEREZ, Vanesa	37	35+	RIASBAIXAS	1:42.98	25m	1:43.17
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	1:43.50	25m	1:43.50
RUIZ MEILAN, Blanca	33	30+	SCASINO	1:43.67	25m	1:43.86
SANDERSON, Helen Jane	53	50+	CULLEREDO	1:45.56	25m	1:45.75
SALES MANTIÑAN, Carmen	49	45+	SCASINO	1:52.01	25m	1:52.01
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	1:55.00	25m	1:55.19
OTERO LOPEZ, Elisa	63	60+	POURENSE	1:57.92	25m	1:58.11
SANCHEZ DE LLANO, M. Nieves	31	30+	SCASINO	2:03.14	25m	2:03.14
PEREIRA ALONSO, Isabel	62	60+	ADFOGAR	2:04.67	25m	2:04.67
VAZQUEZ PARCERO, Marta	43	40+	CMARINA	2:05.88	25m	2:06.07
GARNACHO GAYARRE, Nuria	54	50+	SCASINO	2:14.32	25m	2:14.32
SEARA JALON, Monica	53	50+	POURENSE	2:20.03	25m	2:20.03
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	3:30.00	25m	3:30.19
PEREZ DOMINGUEZ, Maria Luisa	79	75+	RIASBAIXAS	4:01.00	25m	4:01.19
CHANTADA GÓMEZ, M. Del Carmen	80	80+	PONTEAREAS	4:28.35	25m	4:28.35

Prueba 26
15/01/2023

Masc., 100m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
TABOADA VILA, Alberto	36	35+	POURENSE	1:01.03	50m	58.13
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	1:03.92	50m	1:01.02
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	1:05.98	25m	1:06.17
ARIETTO GARCIA, Jorge	37	35+	RCNVIGO	1:06.66	25m	1:06.66
HERMIDA RAMOS, Raul	23	20+	NTNARON	1:10.84	25m	1:11.03
CASTRO VILLAR, David	32	30+	NCORUÑA	1:11.27	25m	1:11.27
GOMEZ MARQUEZ, Hugo	40	40+	POURENSE	1:12.18	25m	1:12.37
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	1:14.17	25m	1:14.36
GUIRADO CARABEL, Oscar	47	45+	CULLEREDO	1:15.30	25m	1:15.30
FORTES NOVOA, Martiño	35	35+	ESCUALOS	1:19.06	25m	1:19.25
FIGUEIRAS GANDARA, Javier	51	50+	RIVEIRA	1:21.09	25m	1:21.09
TIMIRAOs CARRASCO, Fernando	58	55+	PORTAMIÑA	1:21.70	25m	1:21.70
BLANCO PEREZ, Adrian	29	25+	POURENSE	1:22.00	25m	1:22.19
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	1:22.33	25m	1:22.52
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	1:23.24	25m	1:23.43
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	1:25.60	25m	1:25.60
QUINTAS BARROS, Jesus C.	50	50+	ESCUALOS	1:26.88	25m	1:26.88
DE LA PAZ VIGO, Agustin A.	57	55+	CMARINA	1:26.70	25m	1:26.89
CARBALLA BARROSO, R.	42	40+	GALAICO	1:27.65	25m	1:27.84
YAÑEZ WONENBURGER, J. Carlos	64	60+	HERCULES	1:28.70	25m	1:28.70
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	1:28.78	25m	1:28.78
CODESIDO LOPEZ, José	64	60+	CIDSANTIAG	1:29.29	25m	1:29.29
DE LUIS GONZÁLEZ, Aitor	49	45+	RCNVIGO	1:29.48	25m	1:29.48
DE MARTIN DIAZ, Ruben	47	45+	POURENSE	1:31.86	25m	1:32.05
GONZALEZ PARIS, David	45	45+	HERCULES	1:33.51	25m	1:33.70
PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	1:33.97	25m	1:33.97
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	1:34.49	25m	1:34.49
PEREZ LEIVA, Manuel	55	55+	RIASBAIXAS	1:35.11	25m	1:35.11
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	1:36.46	25m	1:36.65
MARTÍNEZ DOMÍNGUEZ, Iván	35	35+	PONTEAREAS	1:38.12	25m	1:38.31
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	1:38.35	25m	1:38.35
SANJORGE PEDREIRA, Carmelo	61	60+	ARTEIXO	1:40.00	25m	1:40.19
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	1:40.00	25m	1:40.19
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	1:42.53	25m	1:42.72
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	1:43.70	25m	1:43.89
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	1:43.90	25m	1:43.90
BASTIDA CAMPOS, Alejandro	41	40+	SALESTRA	1:44.35	25m	1:44.54
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	1:45.00	25m	1:45.19
IGLESIAS MIRA, Felipe	49	45+	POURENSE	1:47.40	25m	1:47.40
CADAVID NUÑEZ, Jose	53	50+	POURENSE	1:49.20	25m	1:49.39
CANOSA RODRIGUEZ, Alfonso J.	52	50+	ADFOGAR	1:50.95	25m	1:51.14
RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	1:54.31	25m	1:54.31

Prueba 27
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Fem., 100m Estilos

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	1:08.39	25m	1:08.39
FRANCO CAL, Alba	32	30+	FLUVIAL	1:08.26	25m	1:08.45
BUGALLO PÉREZ, Estíbaliz	33	30+	RCNVIGO	1:14.36	25m	1:14.55
LOUREIRO AMOR, Belen Martina	35	35+	NTNARON	1:16.04	25m	1:16.23
PEREIRA FERY, Marta	22	20+	CMARINA	1:16.10	25m	1:16.29
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	1:16.62	25m	1:16.62
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	1:17.18	25m	1:17.18
RODRIGUEZ RODRIGUEZ, Silvia	22	20+	PORTAMIÑA	1:18.48	25m	1:18.67
GONZALEZ RODRIGUEZ, Maria	41	40+	POURENSE	1:19.28	25m	1:19.47
BEN CILLERO, Sabela	31	30+	CNXOVE	1:19.34	25m	1:19.53
PARDO GOMEZ, Carmen	31	30+	PORTAMIÑA	1:19.35	25m	1:19.54
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	1:20.05	25m	1:20.24
GALLARDO DE ARTAZA, Maria	28	25+	NCORUÑA	1:20.20	25m	1:20.39
DOPEREIRO GARCIA, Alba	33	30+	NCORUÑA	1:22.08	25m	1:22.27
HERMIDA RODRIGUEZ, Blanca	42	40+	CMARINA	1:24.19	25m	1:24.38
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	1:24.91	25m	1:25.10
GALLARDO DE ARTAZA, Sara	24	20+	CDELMAR	1:25.00	25m	1:25.19
VÁZQUEZ FUENTES, Cintia	36	35+	MONFORTE	1:25.17	25m	1:25.36
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	1:26.06	25m	1:26.25
CANO ROSALES, Nuria	22	20+	GALAICO	1:27.12	25m	1:27.31
RIVAS CARCACIA, Natalia	32	30+	ESCUALOS	1:27.98	25m	1:28.17
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	1:28.19	25m	1:28.38
GONZALEZ FERNANDEZ, Leticia	41	40+	CNXOVE	1:30.00	25m	1:30.19
FKEOUI OMARI, Salma	41	40+	ESCUALOS	1:30.23	25m	1:30.42
PRADO FRANCO, Marta E.	44	40+	RIASBAIXAS	1:31.23	25m	1:31.42
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	1:34.59	25m	1:34.78
TEIJEIRA LOPEZ, Sara	23	20+	CNXOVE	1:35.00	25m	1:35.19
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	1:35.79	25m	1:35.98
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	1:36.85	25m	1:37.04
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	1:36.89	25m	1:37.08
TASENDE LÓPEZ, Xeila	26	25+	ARTEIXO	1:37.00	25m	1:37.19
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	1:37.00	25m	1:37.19
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	1:37.43	25m	1:37.62
CABALEIRO FREIRIA, Lara	22	20+	PONTEAREAS	1:37.51	25m	1:37.70
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	1:37.71	25m	1:37.90
HERMIDA MARTINEZ, Vanesa	40	40+	RIASBAIXAS	1:40.31	25m	1:40.31
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	1:40.48	25m	1:40.67
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	1:41.51	25m	1:41.70
SÁNCHEZ CEBRIÁN, Olga	61	60+	TRICORUÑA	1:43.42	25m	1:43.42
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	1:52.48	25m	1:52.48
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	1:55.00	25m	1:55.19
RIVAS RODRIGUEZ, Lucia	44	40+	NCORUÑA	1:55.08	25m	1:55.27
GARCIA RODRIGUEZ, Teresa	51	50+	PORTAMIÑA	1:55.99	25m	1:55.99
RODRIGUEZ VAZQUEZ, Maria Teresa	51	50+	POURENSE	1:56.10	25m	1:56.29
MARTY PAZOS, Maria Victoria	58	55+	TRAVIESAS	1:56.69	25m	1:56.69
BASTOS ALONSO, M. Carmen	58	55+	CNMOS	1:56.87	25m	1:56.87
VILLASANTE ARMAS, Maria Rosa	48	45+	NCORUÑA	1:57.66	25m	1:57.85
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	1:59.62	25m	1:59.62
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	2:01.69	25m	2:01.69
LOPEZ BLANCO, Mº Isabel	60	60+	CULLEREDO	2:08.52	25m	2:08.71
ACEVEDO REGO, Ermitas	57	55+	POURENSE	2:13.31	25m	2:13.50
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	2:21.00	25m	2:21.19

Prueba 27, Fem., 100m Estilos

BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	2:21.21	25m	2:21.40
VAZQUEZ ALONSO, Patricia	54	50+	PONTEAREAS	2:28.66	25m	2:28.66
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	2:43.63	25m	2:43.82
SUEIRO COSTAS, M ^a Carmen	67	65+	PONTEAREAS	3:12.49	25m	3:12.68

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
VILA CID, Marcos	36	35+	POURENSE	1:02.89	25m	1:03.08
CARRERA COSTAS, Martin	27	25+	PONTEAREAS	1:03.17	25m	1:03.36
TENORIO FREIRE, Martin	31	30+	GALAICO	1:06.48	25m	1:06.48
CALLE FACAL, Telmo	40	40+	GALAICO	1:08.00	25m	1:08.19
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	1:08.26	25m	1:08.45
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	1:09.00	25m	1:09.19
PAZOS ALONSO, Josue	37	35+	ESCUALOS	1:11.06	25m	1:11.25
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	1:11.53	25m	1:11.72
MERA MONTECELOS, Pablo	40	40+	HERCULES	1:11.74	25m	1:11.93
GONZÁLEZ MARTÍNEZ, Cristian	20	20+	ARTEIXO	1:11.77	25m	1:11.96
ISASTI OTERO, Patxi	28	25+	CNXOVE	1:12.00	25m	1:12.19
RODRIGUEZ ARES, Alejandro	23	20+	PORTAMIÑA	1:13.17	25m	1:13.36
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	1:14.00	25m	1:14.19
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	1:14.35	25m	1:14.54
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	1:14.76	25m	1:14.76
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	1:14.95	25m	1:15.14
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	1:15.00	25m	1:15.19
MARTINEZ DOPAZO, David	36	35+	GALAICO	1:15.34	25m	1:15.34
TABOADA VILA, Daniel	30	30+	POURENSE	1:15.99	25m	1:15.99
GARCIA GARCIA, Anselmo	35	35+	CNXOVE	1:16.83	25m	1:16.83
LAZARO GUERRERO, Victor	35	35+	CMARINA	1:16.87	25m	1:16.87
CANOSA RODRÍGUEZ, Juan José	43	40+	NTNARON	1:16.84	25m	1:17.03
FERNÁNDEZ MAROTO, Diego	45	45+	RCNVIGO	1:17.28	25m	1:17.28
SEQUEIROS LAGO, Saul	25	25+	CNMOS	1:17.11	25m	1:17.30
LAMEIRO SEOANE, Javier	36	35+	HERCULES	1:17.75	25m	1:17.75
MATIAS DUARTE, Erick	41	40+	HERCULES	1:17.90	25m	1:17.90
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	1:17.92	25m	1:18.11
MIGUEZ VAZQUEZ, Victor	26	25+	CNXOVE	1:18.00	25m	1:18.19
FOUZ ROUCO, Rubén	44	40+	HERCULES	1:18.15	25m	1:18.34
MARTINEZ FERNANDEZ, Hector	46	45+	NTNARON	1:19.06	25m	1:19.25
ESCUDEIRO DANS, David	50	50+	TRICORUÑA	1:21.05	25m	1:21.05
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	1:20.93	25m	1:21.12
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	1:21.62	25m	1:21.62
MENDES FERRAS, Artur Leonel	42	40+	MONFORTE	1:23.10	25m	1:23.29
MARTINEZ PENA, Adrian	40	40+	ADFOGAR	1:25.00	25m	1:25.19
CERVELA DEBER, Moises	41	40+	SALESTRA	1:25.00	25m	1:25.19
FERNANDEZ ARRUTI, Jose Angel	64	60+	CIDSANTIAG	1:26.53	25m	1:26.72
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	1:27.97	25m	1:28.16
DE LUIS GONZÁLEZ, Aitor	49	45+	RCNVIGO	1:28.00	25m	1:28.19
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	1:28.21	25m	1:28.40
TOME NOGUEIRA, Alberto M.	55	55+	ADFOGAR	1:29.03	25m	1:29.03
VALCUENDE RODRIGUEZ, J.	47	45+	HERCULES	1:29.00	25m	1:29.19
MONTANARO, Vito	26	25+	NFERROL	1:30.00	25m	1:30.19
VEIGA PILLADO, Jose	45	45+	SCASINO	1:30.00	25m	1:30.19
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	1:30.10	25m	1:30.29
LOIS PEREZ, Antonio	62	60+	NCORUÑA	1:30.22	25m	1:30.41
CAMIÑA GRANDE, Eduardo	63	60+	SALESTRA	1:30.99	25m	1:30.99
SUANZES PEREZ, Fernando	70	70+	HERCULES	1:31.17	25m	1:31.17
NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	1:31.00	25m	1:31.19
BALSA MOSQUERA, Pablo	45	45+	CMARINA	1:31.77	25m	1:31.96
LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	1:32.09	25m	1:32.09
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	1:34.16	25m	1:34.35

Prueba 28, Masc., 100m Estilos

FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	1:36.00	25m	1:36.19
PENEDO PADIN, Adolfo	51	50+	GALAICO	1:36.49	25m	1:36.49
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	1:40.09	25m	1:40.09
PEREIRO LOPEZ-QUECUTY, Simon	50	50+	RIASBAIXAS	1:40.00	25m	1:40.19
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	1:40.32	25m	1:40.51
FERNANDEZ-TESTA BARREIRO, D.	49	45+	RIASBAIXAS	1:42.00	25m	1:42.19
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	1:45.00	25m	1:45.19
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	1:45.13	25m	1:45.32
SÁNCHEZ PARADA, Jose M ^a	45	45+	ARTEIXO	1:45.66	25m	1:45.85
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	1:46.48	25m	1:46.67
TRILLO CARLIN, Jose Fdo.	55	55+	ADFOGAR	1:47.00	25m	1:47.19
RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	1:47.45	25m	1:47.45
MARQUEZ FERNANDEZ, Xose Luis	57	55+	GALAICO	1:51.28	25m	1:51.47
FERREIRO SANCHEZ, Luis	53	50+	POURENSE	1:54.96	25m	1:54.96
LAMELO OTERO, Ramón Jesus	55	55+	CIDSANTIAG	1:58.43	25m	1:58.62
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	2:00.23	25m	2:00.42
POSE MATO, Cesar	40	40+	ADFOGAR	2:00.83	25m	2:00.83
SUAREZ FREIRE, David Manuel	55	55+	RIASBAIXAS	2:05.75	25m	2:05.94
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	2:08.98	25m	2:08.98
LAGO REY, Jose Manuel	60	60+	RIASBAIXAS	2:19.00	25m	2:19.19
TIMIRAOS CARRASCO, Luis	67	65+	POURENSE	2:51.12	25m	2:51.31

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
GARCIA MARIN, Cristina	33	30+	PONTEAREAS	37.70	25m	37.70
RIVAS CARCACIA, Natalia	32	30+	ESCUALOS	39.38	50m	39.17
RODRIGUEZ PEREZ, Vanesa	37	35+	RIASBAIXAS	40.01	25m	40.01
DIAZ DOPICO, Sabela	21	20+	NFERROL	40.12	25m	40.41
BEN CILLERO, Sabela	31	30+	CNXOVE	40.26	25m	40.55
DURÁN VEIRAS, Raquel	39	35+	ARTEIXO	41.30	25m	41.59
RIVAS TENREIRO, Arantza	34	30+	NTNARON	41.52	25m	41.81
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	42.12	25m	42.12
GARCIA TRIGO, Sofia	21	20+	CNXOVE	42.00	25m	42.29
ALVAREZ COSTAS, Maria Paz	35	35+	PONTEAREAS	42.97	25m	43.26
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	44.06	25m	44.35
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	44.88	25m	44.88
ROZADOS LUIS, Adriana	38	35+	SALESTRA	45.00	25m	45.29
ALVITE LOPEZ, Andrea	24	20+	CNXOVE	46.00	25m	46.29
VAZQUEZ SANCHEZ, Pilar	25	25+	CNXOVE	46.05	25m	46.34
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	46.88	25m	47.17
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	47.34	25m	47.63
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	47.78	25m	48.07
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	48.26	25m	48.26
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	47.97	25m	48.26
JARDON GONZALEZ, Helena	52	50+	PONTEAREAS	48.20	25m	48.49
LOPEZ RODRIGUEZ, Adela Elena	55	55+	POURENSE	49.10	25m	49.10
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	48.88	25m	49.17
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	49.00	25m	49.29
CABALEIRO FREIRIA, Lara	22	20+	PONTEAREAS	49.59	25m	49.88
CID ALVAREZ, Isabel	43	40+	ESCUALOS	49.70	25m	49.99
FERNÁNDEZ ARRIZABALO, María	57	55+	TRAVIESAS	50.37	25m	50.37
PARADA PACHECO, Patricia	28	25+	PONSVETUS	50.20	25m	50.49
ALVAREZ LARRAN, Maria Del Pilar	44	40+	RIASBAIXAS	50.29	25m	50.58
RODRIGUEZ REY, Maria J.	50	50+	ADFOGAR	50.34	25m	50.63
GONZALEZ MACIA, Alba	29	25+	MONFORTE	50.85	25m	51.14
BASTOS ALONSO, M. Carmen	58	55+	CNMOS	51.86	25m	51.86
FARIÑA SOUSA, Noemi	40	40+	GALAICO	52.17	25m	52.46
SEOANE GOMEZ, Ana	31	30+	GALAICO	53.33	50m	52.83
PAZ BERMUDEZ, Maria	47	45+	SALESTRA	53.03	25m	53.03
RAMIREZ INSUA, Julia	40	40+	RSDH	52.76	25m	53.05
LOPEZ PEREZ, Almudena	40	40+	RIASBAIXAS	53.00	25m	53.29
GIL VILLARINO, Marta	46	45+	HERCULES	53.57	25m	53.86
SAR MORANO, Dolores	68	65+	CULLEREDO	53.97	25m	53.97
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	54.92	25m	54.92
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	54.99	25m	54.99
REBORDA MORILLO, Susana	61	60+	ESCUALOS	56.28	50m	56.07
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	56.66	25m	56.66
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	57.23	25m	57.52
FUENTES LORENZO, Carla	24	20+	NFERROL	57.51	25m	57.80
RODRÍGUEZ TRONCOSO, Marina	64	60+	PONTEAREAS	1:02.47	25m	1:02.76
FERNÁNDEZ SANJURJO, Lucia	50	50+	NCORUÑA	1:02.91	25m	1:03.20
ACEVEDO REGO, Ermitas	57	55+	POURENSE	1:07.93	25m	1:08.22
CHICO FERNANDEZ, Maria Begoña	52	50+	CULLEREDO	1:32.68	25m	1:32.97

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
VILA PEREIRA, Brais	20	20+	PONTEAREAS	31.00	25m	31.29
BAS MARTINEZ, Francisco Javier	41	40+	JEREZMASTER	32.59	50m	31.89
PASTORIZA SANTACLARA, Jorge	26	25+	RIASBAIXAS	32.57	25m	32.57
RAMILO TRIGO, Jose Enrique	29	25+	SALESTRA	33.49	25m	33.49
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	33.71	25m	33.71
PAZOS ALONSO, Josue	37	35+	ESCUALOS	34.27	25m	34.27
SABUZ FORNEIRO, Martin	29	25+	POURENSE	34.01	25m	34.30
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	34.41	25m	34.41
FORTES NOVOA, Martiño	35	35+	ESCUALOS	34.96	25m	34.96
TOURIÑO GONZALEZ, Victor M.	55	55+	CMARINA	35.46	25m	35.46
AZNAR GRILLE, Carlos Javier	28	25+	CMARINA	35.97	25m	36.26
SEVILLA AROCA, Javier	40	40+	ESCUALOS	36.07	25m	36.36
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	36.40	25m	36.40
CAO LAGO, Pablo	36	35+	RIASBAIXAS	36.31	25m	36.60
GARCIA GARCIA, Anselmo	35	35+	CNXOVE	36.85	25m	36.85
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	36.76	25m	37.05
PIÑEIRO PEON, Antonio	39	35+	GALAICO	37.00	25m	37.29
FIGUEIRAS GANDARA, Javier	51	50+	RIVEIRA	37.47	25m	37.47
TIMIRAOS GONZALEZ, Santiago	27	25+	CNXOVE	37.54	25m	37.54
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	37.58	25m	37.58
SIO LOURIDO, J. Salvador	62	60+	CNMOS	37.89	25m	37.89
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	38.12	25m	38.12
OROZA PARGA, Bruno	29	25+	CNXOVE	38.00	25m	38.29
TABOADA VILA, Daniel	30	30+	POURENSE	38.31	25m	38.31
HERMIDA SALIDO, Gustavo	46	45+	NTNARON	38.32	25m	38.32
VILLASVERDE CAMPOS, Jose M	22	20+	GALAICO	38.18	25m	38.47
MARTINEZ PENA, Adrian	40	40+	ADFOGAR	38.50	25m	38.79
RODRÍGUEZ SALGADO, Manuel	48	45+	CIDSANTIAG	38.56	25m	38.85
RODRIGUEZ RAMOS, Manuel	26	25+	ESCUALOS	38.65	25m	38.94
MATIAS DUARTE, Erick	41	40+	HERCULES	38.93	25m	39.22
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	40.29	50m	39.59
PEREZ VAZQUEZ, Telmo	35	35+	CMARINA	39.70	25m	39.70
KRUGLOV, Mykola	38	35+	ESCUALOS	39.59	25m	39.88
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	40.05	25m	40.05
BARCIA SIXTO, Francisco José	38	35+	NTNARON	40.00	25m	40.29
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	40.32	25m	40.32
PRESA PRESA, Santiago	35	35+	GALAICO	40.46	25m	40.75
ESCUDEIRO DANS, David	50	50+	TRICORUÑA	40.60	25m	40.89
FRANCISCO MACÍAS, Simón	27	25+	POURENSE	40.72	25m	41.01
CRESPO PÉREZ, Albarino	53	50+	ESCUALOS	40.84	25m	41.13
VALCUENDE RODRIGUEZ, J.	47	45+	HERCULES	41.24	25m	41.53
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	42.22	25m	42.22
PENABADE COCIÑA, Joel	30	30+	CNXOVE	42.38	25m	42.67
GARCIA CASTIÑEIRA, Daniel	49	45+	GALAICO	42.61	25m	42.90
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	43.11	25m	43.11
IGLESIAS RODRIGUEZ, Carlos	54	50+	RIASBAIXAS	43.34	25m	43.34
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	43.36	25m	43.36
SANCHEZ MUÑOZ, Jose Ignacio	62	60+	RIASBAIXAS	44.28	25m	44.28
RODRIGUEZ GARCIA, Jose Bernardo	40	40+	RIASBAIXAS	44.17	25m	44.46
PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	44.20	25m	44.49
PENEDO PADIN, Adolfo	51	50+	GALAICO	44.52	25m	44.52
NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	44.80	25m	45.09

Prueba 30, Masc., 50m Braza

LOPEZ PAYO, Mario	46	45+	SALESTRA	44.92	25m	45.21
COLLAZO LÓPEZ, Victor Eliseo	60	60+	SALESTRA	45.30	25m	45.59
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	46.51	25m	46.51
SEGUÍN CID, Severino	64	60+	TRAVIESAS	46.87	25m	46.87
FERNANDEZ GONZALEZ, Alvaro	58	55+	CNMOS	48.04	25m	48.33
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	48.69	25m	48.69
PEREZ CARRUEBANO, Enrique	49	45+	SCASINO	49.08	25m	49.08
ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	50.04	25m	50.04
LORENZO GONZALEZ-VISO, Carlos	52	50+	POURENSE	51.08	25m	51.37
BRIOSÓ DÍAZ, Manuel	46	45+	REDONDELA	1:00.00	25m	1:00.29
PARDO CASTRO, Jesus	60	60+	PORTAMIÑA	1:00.84	25m	1:00.84
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	1:06.99	25m	1:06.99
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	1:07.09	25m	1:07.38

Prueba 31
15/01/2023

Fem., 4 x 50m Estilos

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
CNXOVE 1		+80	(P)CNXOVE'ER)	2:25.80	25m	2:25.99
HERCULES 2		+120	HERCULES	2:27.10	25m	2:27.29
CNXOVE 1		+120	CNXOVE	2:30.35	25m	2:30.54
RIASBAIXAS 1		+80	(P)RIASBAIXAS)	2:37.86	25m	2:37.86
PORTAMIÑA 1		+120	PORTAMIÑA	2:41.32	25m	2:41.51
ESCUALOS 1		+120	ESCUALOS	2:42.67	25m	2:42.86
GALAICO 1		+80	(P)GALAICOER)	2:44.23	25m	2:44.23
RIASBAIXAS 2		+120	RIASBAIXAS	2:49.41	25m	2:49.41
NCORUÑA 1		+120	NCORUÑA	2:50.36	25m	2:50.55
PONTEAREAS 2		+120	PONTEAREAS	2:53.70	25m	2:53.70
GALAICO 2		+120	GALAICO	2:57.42	25m	2:57.42
ADFOGAR 1		+160	ADFOGAR	3:00.73	25m	3:00.73
PONTEAREAS 1		+80	(P)PONTEAREAS	3:02.64	25m	3:02.64
PONTEAREAS 4		+200	PONTEAREAS	3:02.75	25m	3:02.75
ESCUALOS 2		+160	ESCUALOS	3:04.03	25m	3:04.03
POURENSE 3		+240	POURENSE	3:04.19	25m	3:04.38
HERCULES 1		+200	HERCULES	3:05.64	25m	3:05.64
PONTEAREAS 3		+160	PONTEAREAS	3:09.92	25m	3:09.92
SCASINO 1		+160	SCASINO	3:14.77	25m	3:14.77
POURENSE 1		+160	POURENSE	3:16.07	25m	3:16.07
RIASBAIXAS 3		+200	RIASBAIXAS	3:21.92	25m	3:21.92
CULLEREDO 1		+200	CULLEREDO	3:24.88	25m	3:24.88
ESCUALOS 3		+200	ESCUALOS	3:30.00	25m	3:30.19
PONTEAREAS 5		+240	PONTEAREAS	4:10.34	25m	4:10.34
TRAVIESAS 1		+200	TRAVIESAS	4:14.24	25m	4:14.24
PONTEAREAS 6		+280	PONTEAREAS	5:50.00	25m	5:50.19

Prueba 32
15/01/2023

Masc., 4 x 50m Estilos

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
GALAICO 1		+120	GALAICO	2:07.50	25m	2:07.50
CNXOVE 1		+100	CNXOVE	2:08.20	25m	2:08.39
CNMOS 2		+100	CNMOS	2:10.00	25m	2:10.19
RIASBAIXAS 1		+120	RIASBAIXAS	2:10.38	25m	2:10.38
ESCUALOS 2		+160	ESCUALOS	2:11.11	25m	2:11.11
RIASBAIXAS 2		+160	RIASBAIXAS	2:11.74	25m	2:11.74
CNXOVE 1		+120	CNXOVE	2:12.18	25m	2:12.37
ESCUALOS 1		+120	ESCUALOS	2:13.01	25m	2:13.01
MONFORTE 1		+120	MONFORTE	2:13.00	25m	2:13.19
CMARINA 2		+160	CMARINA	2:13.50	25m	2:13.69
SALESTRA 1		+120	SALESTRA	2:17.33	25m	2:17.33
HERCULES 2		+160	HERCULES	2:17.52	25m	2:17.52
PONTEAREAS 3		+120	PONTEAREAS	2:20.00	25m	2:20.19
NCORUÑA 1		+200	NCORUÑA	2:20.55	25m	2:20.74
ADFOGAR 1		+160	ADFOGAR	2:21.69	25m	2:21.69
PONTEAREAS 2		+100	PONTEAREAS	2:22.40	25m	2:22.40
NTNARON 1		+160	NTNARON	2:23.31	25m	2:23.31
PORTAMIÑA 1		+160	PORTAMIÑA	2:26.18	25m	2:26.37
PONTEAREAS 3		+160	PONTEAREAS	2:26.45	25m	2:26.45
POURENSE 1		+100	POURENSE	2:26.46	25m	2:26.46
SALESTRA 2		+200	SALESTRA	2:28.59	25m	2:28.59
CIDSANTIAG 1		+200	CIDSANTIAG	2:30.22	25m	2:30.22
SCASINO 1		+200	SCASINO	2:31.62	25m	2:31.62
HERCULES 1		+240	HERCULES	2:32.42	25m	2:32.42
GALAICO 2		+160	GALAICO	2:32.77	25m	2:32.77
PONTEAREAS 1		+80 (P)	PONTEAREAS	2:32.80	25m	2:32.80
PONTEAREAS 4		+200	PONTEAREAS	2:37.71	25m	2:37.90
ESCUALOS 3		+200	ESCUALOS	2:38.76	25m	2:38.76
CULLEREDO 1		+160	CULLEREDO	2:40.13	25m	2:40.13
POURENSE 3		+200	POURENSE	2:46.11	25m	2:46.11
POURENSE 2		+120	POURENSE	2:50.21	25m	2:50.40
CNMOS 1		+240	CNMOS	2:52.19	25m	2:52.19
PONTEAREAS 5		+240	PONTEAREAS	2:56.15	25m	2:56.15
GALAICO 3		+200	GALAICO	2:56.83	25m	2:56.83
RIASBAIXAS 4		+240	RIASBAIXAS	3:02.81	25m	3:02.81
RIASBAIXAS 3		+200	RIASBAIXAS	3:05.83	25m	3:05.83
PORTAMIÑA 2		+200	PORTAMIÑA	3:06.17	25m	3:06.36
ARTEIXO 1		+200	ARTEIXO	3:08.00	25m	3:08.19
POURENSE 5		+240	POURENSE	3:43.76	25m	3:43.76