

**LIGA GAL CLUBES PRE XOR 1 DIV. 1, 2021-11-06**

Datos técnicos: Piscina de 25 m., Crono Manual

**J. GÓMEZ NOYA**
**06/11/2021**

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00674	<b>CNFERRO 01</b>	CNFERRO		30,0	8:51.02
	1	PARDO CHAS EVA	2004	50 - 30.39   100 - 1:03.67   150 - 1:37.41   200 - 2:11.50 30.39   33.28   33.74   34.09		
	2	VILLARNOVO PAZOS LUCIA	2008	250 - 2:41.18   300 - 3:14.17   350 - 3:48.90   400 - 4:22.82 29.68   32.99   34.73   33.92		
	3	REY CONESA CAROLINA	2004	450 - 4:53.30   500 - 5:27.58   550 - 6:02.65   600 - 6:38.44 30.48   34.28   35.07   35.79		
	4	CHANS FANEGO PAULA	2003	650 - 7:08.04   700 - 7:41.23   750 - 8:16.00   800 - 8:51.02 29.60   33.19   34.77   35.02		
2	00186	<b>NCORUÑA 01</b>	NCORUÑA		24,0	9:09.53
	1	MARIN MARTINEZ ROSALIA	2004	50 - 30.25   100 - 1:03.28   150 - 1:36.68   200 - 2:09.50 30.25   33.03   33.40   32.82		
	2	ALCALDE MAHIA ARIADNA	2004	250 - 2:39.53   300 - 3:12.82   350 - 3:46.75   400 - 4:21.22 30.03   33.29   33.93   34.47		
	3	VAZQUEZ SANCHEZ SARA	2004	450 - 4:53.07   500 - 5:27.82   550 - 6:05.82   600 - 6:45.11 31.85   34.75   38.00   39.29		
	4	ROMERO LOURES LUCIA	2004	650 - 7:17.75   700 - 7:54.25   750 - 8:31.72   800 - 9:09.53 32.64   36.50   37.47   37.81		
3	00674	<b>CNFERRO 02</b>	CNFERRO		20,0	9:19.02
	1	LEIVAS ROCA CANDELA	2005	50 - 31.85   100 - 1:07.85   150 - 1:45.47   200 - 2:22.44 31.85   36.00   37.62   36.97		
	2	RUIZ MARTINEZ XIANA	2007	250 - 2:54.77   300 - 3:30.21   350 - 4:06.18   400 - 4:42.07 32.33   35.44   35.97   35.89		
	3	DIAZ DOPICO SABELA	2002	450 - 5:14.40   500 - 5:50.60   550 - 6:27.44   600 - 7:03.53 32.33   36.20   36.84   36.09		
	4	HERRERO DOMINGUEZ EVA	2000	650 - 7:34.28   700 - 8:08.96   750 - 8:44.40   800 - 9:19.02 30.75   34.68   35.44   34.62		
4	P1112	<b>ARZUA 01</b>	ARZUA		18,0	9:22.03
	1	CARRON MUIÑA CARLA	2005	50 - 28.75   100 - 1:00.51   150 - 1:33.67   200 - 2:06.86 28.75   31.76   33.16   33.19		
	2	SANTIAGO DE LA CASA LAURA	1999	250 - 2:38.12   300 - 3:12.61   350 - 3:47.34   400 - 4:21.60 31.26   34.49   34.73   34.26		
	3	SANMIGUEL TABOADA IRIS	2002	450 - 4:53.61   500 - 5:31.81   550 - 6:13.17   600 - 6:55.12 32.01   38.20   41.36   41.95		
	4	RUA COSTOYA ANDREA	2006	650 - 7:27.71   700 - 8:03.75   750 - 8:42.25   800 - 9:22.03 32.59   36.04   38.50   39.78		

RT: Retirado

 NP: Non presentado  
DVI: Desc. Viraxe Irregular

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DSA: Desc. Saída Anticipada

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5	00186	<b>NCORUÑA 02</b>	NCORUÑA		16,0	9:39.31
	1	EIRIS GARCIA MARTA	2003	50 - 32.50   100 - 1:08.00   150 - 1:45.78   200 - 2:21.78   32.50   35.50   37.78   36.00		
	2	FERNANDEZ SARA	2007	250 - 2:56.31   300 - 3:33.14   350 - 4:10.53   400 - 4:48.25   34.53   36.83   37.39   37.72		
	3	BARCIA RAMA LUCIA	2004	450 - 5:20.25   500 - 5:58.03   550 - 6:39.71   600 - 7:12.35   32.00   37.78   41.68   32.64		
	4	CANALDA LAURA	2009	650 - 7:48.68   700 - 8:25.53   750 - 9:04.04   800 - 9:39.31   36.33   36.85   38.51   35.27		
6	01295	<b>CIDSANTI 01</b>	CIDSANTI		14,0	9:39.79
	1	GONTAN IGLESIAS AINOA	2005	50 - 33.41   100 - 1:11.26   150 - 1:51.22   200 - 2:30.97   33.41   37.85   39.96   39.75		
	2	GARCIA ROZAS NOELIA	2005	250 - 3:01.26   300 - 3:35.12   350 - 4:10.55   400 - 4:45.47   30.29   33.86   35.43   34.92		
	3	GROBA COMESAÑA LIA	2000	450 - 5:19.55   500 - 5:57.09   550 - 6:34.72   600 - 7:12.22   34.08   37.54   37.63   37.50		
	4	COTOS SUAREZ ANA	1997	650 - 7:45.30   700 - 8:22.97   750 - 9:01.44   800 - 9:39.79   33.08   37.67   38.47   38.35		
7	00622	<b>CNXOVE 01</b>	CNXOVE		12,0	10:10.90
	1	PERNAS PERNAS CARMEN	2002	50 - 31.31   100 - 1:06.74   150 - 1:44.75   200 - 2:23.48   31.31   35.43   38.01   38.73		
	2	FRA OTERO MARTA	1988	250 - 2:54.81   300 - 3:30.76   350 - 4:07.72   400 - 4:45.34   31.33   35.95   36.96   37.62		
	3	BARRO ALVAREZ EMILIA	2006	450 - 5:20.27   500 - 6:00.46   550 - 6:41.99   600 - 7:22.46   34.93   40.19   41.53   40.47		
	4	RAMOS DAYAN SABELA	2008	650 - 8:01.71   700 - 8:43.96   750 - 9:27.97   800 - 10:10.90   39.25   42.25   44.01   42.93		
8	00146	<b>CMARINA 02</b>	CMARINA		10,0	10:25.02
	1	CARRASCO DE CASTRO PAULA	2005	50 - 34.68   100 - 1:12.91   150 - 1:53.53   200 - 2:34.66   34.68   38.23   40.62   41.13		
	2	CARRASCO DE CASTRO ANA	2007	250 - 3:08.00   300 - 3:50.47   350 - 4:34.07   400 - 5:16.56   33.34   42.47   43.60   42.49		
	3	BALADO PENA CELTIA	2006	450 - 5:51.11   500 - 6:31.80   550 - 7:13.14   600 - 7:52.12   34.55   40.69   41.34   38.98		
	4	LIZ LOPEZ IRENE	2003	650 - 8:25.19   700 - 9:03.39   750 - 9:43.35   800 - 10:25.02   33.07   38.20   39.96   41.67		

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9	01295	<b>CIDSANTI 02</b>	CIDSANTI										8,0	10:30.37
		1 VILLAVERDE AGRA CARLOTA	2003		50	35.34	100	1:14.79	150	1:56.48	200	2:38.45		
						35.34		39.45		41.69		41.97		
		2 CAAMAÑO LOPEZ XIANA	2008		250	3:13.52	300	3:53.43	350	4:33.43	400	5:11.78		
						35.07		39.91		40.00		38.35		
		3 SUAREZ RIPOLL LIA	2007		450	5:46.51	500	6:25.88	550	7:06.44	600	7:44.23		
						34.73		39.37		40.56		37.79		
		4 DOSIL REY LUCIA	2003		650	8:21.47	700	9:03.90	750	9:48.22	800	10:30.37		
						37.24		42.43		44.32		42.15		
10	00622	<b>CNXOVE 02</b>	CNXOVE										6,0	10:56.34
		1 BUJAN ROUCO ENMA	2007		50	35.49	100	1:16.07	150	1:59.17	200	2:41.78		
						35.49		40.58		43.10		42.61		
		2 COLLAZO CHAO CANDELA	2006		250	3:17.39	300	4:00.28	350	4:45.17	400	5:29.99		
						35.61		42.89		44.89		44.82		
		3 GARCIA TRIGO SOFIA	2002		450	6:05.89	500	6:45.46	550	7:28.09	600	8:13.28		
						35.90		39.57		42.63		45.19		
		4 GONZALEZ VAZQUEZ SARA	2003		650	8:47.37	700	9:27.64	750	10:11.81	800	10:56.34		
						34.09		40.27		44.17		44.53		
11	P1112	<b>ARZUA 02</b>	ARZUA										4,0	11:03.10
		1 PEREIRO FREIRE LORENA	2002		50	35.30	100	1:14.48	150	1:56.84	200	2:40.87		
						35.30		39.18		42.36		44.03		
		2 GARCIA CASAL NADIA	2009		250	3:19.17	300	4:01.35	350	4:44.72	400	5:27.40		
						38.30		42.18		43.37		42.68		
		3 BALADO BELLO CRISTINA	1989		450	6:03.05	500	6:44.70	550	7:29.75	600	8:15.54		
						35.65		41.65		45.05		45.79		
		4 RODRIGUEZ BOTANA AROA	2008		650	8:53.59	700	9:37.21	750	10:20.66	800	11:03.10		
						38.05		43.62		43.45		11:03.10		
12	00146	<b>CMARINA 01</b>	CMARINA										2,0	11:46.29
		1 RODRIGUEZ TORRENTE CHLOE	2009		50	39.13	100	1:25.42	150	2:12.87	200	3:00.96		
						39.13		46.29		47.45		48.09		
		2 ANEIROS DOPICO LAURA	2000		250	3:33.65	300	4:11.15	350	4:51.59	400	5:32.56		
						32.69		37.50		40.44		40.97		
		3 LOPEZ GOMEZ ANTIA	2009		450	6:16.59	500	7:05.31	550	7:53.49	600	8:37.34		
						44.03		48.72		48.18		43.85		
		4 JORGE OROSA DANIELA	2009		650	9:16.97	700	10:05.93	750	10:57.62	800	11:46.29		
						39.63		48.96		51.69		48.67		

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