



IX CTO. DE ESPAÑA LARGA DISTANCIA  
MATARO, 24/2/2018



1 - SABADO, 24 DE FEBRERO DE 2018, 9:30 H.

24/02/2018 - 9:30

Prueba 3  
24/02/2018

Masc., 5000m Libre

SENIOR  
Resultados

RE 52:50.96 SANTIAGO BETANCOR, RAUL MATARO 18/02/2017

Clasificación

AN

Tiempo

1. DURAN NAVIA, Miguel	95	Ucam C.N. Fuensanta	53:26.94	13,00
100m: 1:03.77 1:03.77	1400m: 14:47.31 1:04.54	2700m: 28:47.91 1:04.52	4000m: 42:40.89 1:02.79	
200m: 2:06.61 1:02.84	1500m: 15:51.93 1:04.62	2800m: 29:52.17 1:04.26	4100m: 43:44.72 1:03.83	
300m: 3:09.55 1:02.94	1600m: 16:56.92 1:04.99	2900m: 30:56.62 1:04.45	4200m: 44:48.91 1:04.19	
400m: 4:12.38 1:02.83	1700m: 18:02.30 1:05.38	3000m: 32:00.94 1:04.32	4300m: 45:53.65 1:04.74	
500m: 5:15.47 1:03.09	1800m: 19:06.83 1:04.53	3100m: 32:05.80 1:04.86	4400m: 46:58.54 1:04.89	
600m: 6:18.44 1:02.97	1900m: 20:11.43 1:04.60	3200m: 34:10.65 1:04.85	4500m: 48:03.98 1:05.44	
700m: 7:21.47 1:03.03	2000m: 21:16.05 1:04.62	3300m: 35:15.36 1:04.71	4600m: 49:09.71 1:05.73	
800m: 8:24.46 1:02.99	2100m: 22:20.62 1:04.57	3400m: 36:18.84 1:03.48	4700m: 50:16.24 1:06.53	
900m: 9:27.74 1:03.28	2200m: 23:25.15 1:04.53	3500m: 37:23.81 1:04.97	4800m: 51:21.90 1:05.66	
1000m: 10:31.37 1:03.63	2300m: 24:29.47 1:04.32	3600m: 38:28.65 1:04.84	4900m: 52:27.78 1:05.88	
1100m: 11:34.96 1:03.59	2400m: 25:34.20 1:04.73	3700m: 39:32.43 1:03.78	5000m: 53:26.94 59.16	
1200m: 12:38.85 1:03.89	2500m: 26:38.93 1:04.73	3800m: 40:35.38 1:02.95		
1300m: 13:42.77 1:03.92	2600m: 27:43.39 1:04.46	3900m: 41:38.10 1:02.72		
2. SANTIAGO BETANCOR, Raul	97	C.N. Metropole	53:53.63	10,00
100m: 1:03.27 1:03.27	1400m: 14:42.39 1:03.45	2700m: 28:32.75 1:04.36	4000m: 42:40.61 1:06.91	
200m: 2:06.10 1:02.83	1500m: 15:45.99 1:03.60	2800m: 29:37.09 1:04.34	4100m: 43:47.52 1:06.91	
300m: 3:08.93 1:02.83	1600m: 16:49.48 1:03.49	2900m: 30:41.28 1:04.19	4200m: 44:54.14 1:06.62	
400m: 4:11.66 1:02.73	1700m: 17:53.42 1:03.94	3000m: 31:45.60 1:04.32	4300m: 46:01.01 1:06.87	
500m: 5:14.74 1:03.08	1800m: 18:57.26 1:03.84	3100m: 32:49.89 1:04.29	4400m: 47:08.29 1:07.28	
600m: 6:17.69 1:02.95	1900m: 20:01.01 1:03.75	3200m: 33:54.46 1:04.57	4500m: 48:15.99 1:07.70	
700m: 7:20.70 1:03.01	2000m: 21:04.92 1:03.91	3300m: 34:58.87 1:04.41	4600m: 49:23.34 1:07.35	
800m: 8:23.50 1:02.80	2100m: 22:08.34 1:03.42	3400m: 36:03.65 1:04.78	4700m: 50:31.53 1:08.19	
900m: 9:26.12 1:02.62	2200m: 23:12.39 1:04.05	3500m: 37:09.10 1:05.45	4800m: 51:39.31 1:07.78	
1000m: 10:29.31 1:03.19	2300m: 24:16.16 1:03.77	3600m: 38:14.63 1:05.53	4900m: 52:47.12 1:07.81	
1100m: 11:32.42 1:03.11	2400m: 25:20.10 1:03.94	3700m: 39:20.52 1:05.89	5000m: 53:53.63 1:06.51	
1200m: 12:35.69 1:03.27	2500m: 26:24.46 1:04.36	3800m: 40:26.72 1:06.20		
1300m: 13:38.94 1:03.25	2600m: 27:28.39 1:03.93	3900m: 41:33.70 1:06.98		
3. GIL TARAZONA, Pol	96	C.E. Mediterrani	54:35.36	8,00
100m: 1:04.56 1:04.56	1400m: 14:56.75 1:04.45	2700m: 29:03.44 1:05.72	4000m: 43:27.22 1:07.17	
200m: 2:09.03 1:04.47	1500m: 16:01.41 1:04.66	2800m: 30:08.91 1:05.47	4100m: 44:34.16 1:06.94	
300m: 3:12.95 1:03.92	1600m: 17:06.76 1:05.35	2900m: 31:14.72 1:05.81	4200m: 45:41.40 1:07.24	
400m: 4:17.24 1:04.29	1700m: 18:11.33 1:04.57	3000m: 32:20.96 1:06.24	4300m: 46:48.18 1:06.78	
500m: 5:21.47 1:04.23	1800m: 19:15.95 1:04.62	3100m: 33:27.12 1:06.16	4400m: 47:54.94 1:06.76	
600m: 6:25.36 1:03.89	1900m: 20:20.72 1:04.77	3200m: 34:33.39 1:06.27	4500m: 49:02.12 1:07.18	
700m: 7:28.96 1:03.60	2000m: 21:25.54 1:04.82	3300m: 35:39.83 1:06.44	4600m: 50:08.76 1:06.64	
800m: 8:32.60 1:03.64	2100m: 22:30.75 1:05.21	3400m: 36:46.06 1:06.23	4700m: 51:15.51 1:06.75	
900m: 9:36.16 1:03.56	2200m: 23:35.46 1:04.71	3500m: 37:52.39 1:06.33	4800m: 52:22.77 1:07.26	
1000m: 10:39.61 1:03.45	2300m: 24:40.98 1:05.52	3600m: 38:59.36 1:06.97	4900m: 53:30.57 1:07.80	
1100m: 11:43.50 1:03.89	2400m: 25:46.36 1:05.38	3700m: 40:06.11 1:06.75	5000m: 54:35.36 1:04.79	
1200m: 12:47.75 1:04.25	2500m: 26:52.12 1:05.76	3800m: 41:13.23 1:07.12		
1300m: 13:52.30 1:04.55	2600m: 27:57.72 1:05.60	3900m: 42:20.05 1:06.82		

## Prueba 3, Masc., 5000m Libre, SENIOR

## Clasificación

## AN

## Tiempo

4.	PUJOL BELMONTE, Guillem	97	C.N. Mataro		<b>54:47.80</b>	7,00		
	100m: 1:03.21	1:03.21	1400m: 14:59.76	1:04.70	2700m: 29:02.34	1:06.28	4000m: 43:32.54	1:07.25
	200m: 2:06.79	1:03.58	1500m: 16:03.87	1:04.11	2800m: 30:08.64	1:06.30	4100m: 44:39.39	1:06.85
	300m: 3:10.72	1:03.93	1600m: 17:07.78	1:03.91	2900m: 31:15.22	1:06.58	4200m: 45:48.29	1:08.90
	400m: 4:15.28	1:04.56	1700m: 18:11.94	1:04.16	3000m: 32:22.31	1:07.09	4300m: 46:55.66	1:07.37
	500m: 5:19.73	1:04.45	1800m: 19:16.86	1:04.92	3100m: 33:30.26	1:07.95	4400m: 48:03.92	1:08.26
	600m: 6:24.35	1:04.62	1900m: 20:21.88	1:05.02	3200m: 34:36.37	1:06.11	4500m: 49:12.85	1:08.93
	700m: 7:28.87	1:04.52	2000m: 21:27.14	1:05.26	3300m: 35:43.24	1:06.87	4600m: 50:21.14	1:08.29
	800m: 8:32.56	1:03.69	2100m: 22:32.17	1:05.03	3400m: 36:49.27	1:06.03	4700m: 51:29.88	1:08.74
	900m: 9:37.17	1:04.61	2200m: 23:37.05	1:04.88	3500m: 37:56.25	1:06.98	4800m: 52:37.08	1:07.20
	1000m: 10:41.66	1:04.49	2300m: 24:41.98	1:04.93	3600m: 39:02.47	1:06.22	4900m: 53:44.49	1:07.41
	1100m: 11:46.17	1:04.51	2400m: 25:45.78	1:03.80	3700m: 40:10.12	1:07.65	5000m: 54:47.80	1:03.31
	1200m: 12:50.41	1:04.24	2500m: 26:50.84	1:05.06	3800m: 41:17.45	1:07.33		
	1300m: 13:55.06	1:04.65	2600m: 27:56.06	1:05.22	3900m: 42:25.29	1:07.84		
5.	ANDRADE BUDIÑO, Gaspar	98	C.N. Arzua				<b>55:13.05</b>	6,00
	100m: 1:04.24	1:04.24	1400m: 15:09.44	1:05.77	2700m: 29:34.41	1:05.57	4000m: 44:04.46	1:07.46
	200m: 2:08.42	1:04.18	1500m: 16:16.07	1:06.63	2800m: 30:40.65	1:06.24	4100m: 45:12.09	1:07.63
	300m: 3:12.78	1:04.36	1600m: 17:22.14	1:06.07	2900m: 31:46.25	1:05.60	4200m: 46:19.30	1:07.21
	400m: 4:17.13	1:04.35	1700m: 18:28.45	1:06.31	3000m: 32:52.79	1:06.54	4300m: 47:26.83	1:07.53
	500m: 5:21.75	1:04.62	1800m: 19:34.75	1:06.30	3100m: 33:59.84	1:07.05	4400m: 48:34.09	1:07.26
	600m: 6:26.02	1:04.27	1900m: 20:41.60	1:06.85	3200m: 35:06.57	1:06.73	4500m: 49:40.75	1:06.66
	700m: 7:29.69	1:03.67	2000m: 21:48.37	1:06.77	3300m: 36:13.83	1:07.26	4600m: 50:47.11	1:06.36
	800m: 8:34.48	1:04.79	2100m: 22:55.42	1:07.05	3400m: 37:21.29	1:07.46	4700m: 51:54.12	1:07.01
	900m: 9:39.73	1:05.25	2200m: 24:01.97	1:06.55	3500m: 38:28.69	1:07.40	4800m: 53:01.64	1:07.52
	1000m: 10:45.49	1:05.76	2300m: 25:09.30	1:07.33	3600m: 39:35.99	1:07.30	4900m: 54:08.88	1:07.24
	1100m: 11:51.67	1:06.18	2400m: 26:16.43	1:07.13	3700m: 40:42.66	1:06.67	5000m: 55:13.05	1:04.17
	1200m: 12:58.08	1:06.41	2500m: 27:23.22	1:06.79	3800m: 41:49.45	1:06.79		
	1300m: 14:03.67	1:05.59	2600m: 28:28.84	1:05.62	3900m: 42:57.00	1:07.55		
6.	MARTINEZ MURCIA, Alberto	98	Club Natación Marina-Cartagena				<b>56:25.58</b>	5,00
	100m: 1:05.05	1:05.05	1400m: 15:18.59	1:07.47	2700m: 30:06.49	1:07.81	4000m: 44:57.56	1:08.47
	200m: 2:09.93	1:04.88	1500m: 16:26.47	1:07.88	2800m: 31:15.41	1:08.92	4100m: 46:06.86	1:09.30
	300m: 3:15.45	1:05.52	1600m: 17:34.33	1:07.86	2900m: 32:22.79	1:07.38	4200m: 47:15.54	1:08.68
	400m: 4:20.53	1:05.08	1700m: 18:42.24	1:07.91	3000m: 33:30.59	1:07.80	4300m: 48:25.67	1:10.13
	500m: 5:25.67	1:05.14	1800m: 19:50.43	1:08.19	3100m: 34:39.08	1:08.49	4400m: 49:34.27	1:08.60
	600m: 6:30.96	1:05.29	1900m: 20:58.37	1:07.94	3200m: 35:48.99	1:09.91	4500m: 50:43.59	1:09.32
	700m: 7:36.40	1:05.44	2000m: 22:07.12	1:08.75	3300m: 36:57.77	1:08.78	4600m: 51:52.94	1:09.35
	800m: 8:41.78	1:05.38	2100m: 23:15.33	1:08.21	3400m: 38:06.20	1:08.43	4700m: 53:02.19	1:09.25
	900m: 9:47.51	1:05.73	2200m: 24:24.21	1:08.88	3500m: 39:12.83	1:06.63	4800m: 54:11.69	1:09.50
	1000m: 10:53.56	1:06.05	2300m: 25:32.68	1:08.47	3600m: 40:22.11	1:09.28	4900m: 55:22.18	1:10.49
	1100m: 11:59.40	1:05.84	2400m: 26:39.99	1:07.31	3700m: 41:31.10	1:08.99	5000m: 56:25.58	1:03.40
	1200m: 13:04.60	1:05.20	2500m: 27:49.61	1:09.62	3800m: 42:39.77	1:08.67		
	1300m: 14:11.12	1:06.52	2600m: 28:58.68	1:09.07	3900m: 43:49.09	1:09.32		
7.	RABASSA IGLESIAS, Roger	81	C.N. Mataro				<b>56:59.31</b>	4,00
	100m: 1:06.83	1:06.83	1400m: 15:39.09	1:07.85	2700m: 30:29.22	1:09.21	4000m: 45:28.00	1:09.20
	200m: 2:14.13	1:07.30	1500m: 16:47.00	1:07.91	2800m: 31:38.53	1:09.31	4100m: 46:37.50	1:09.50
	300m: 3:20.32	1:06.19	1600m: 17:55.25	1:08.25	2900m: 32:47.35	1:08.82	4200m: 47:46.75	1:09.25
	400m: 4:26.18	1:05.86	1700m: 19:03.50	1:08.25	3000m: 33:56.55	1:09.20	4300m: 48:56.05	1:09.30
	500m: 5:32.50	1:06.32	1800m: 20:11.56	1:08.06	3100m: 35:05.79	1:09.24	4400m: 50:05.68	1:09.63
	600m: 6:39.41	1:06.91	1900m: 21:19.68	1:08.12	3200m: 36:14.53	1:08.74	4500m: 51:15.38	1:09.70
	700m: 7:46.42	1:07.01	2000m: 22:27.81	1:08.13	3300m: 37:23.20	1:08.67	4600m: 52:24.96	1:09.58
	800m: 8:53.43	1:07.01	2100m: 23:36.21	1:08.40	3400m: 38:32.24	1:09.04	4700m: 53:34.65	1:09.69
	900m: 10:00.67	1:07.24	2200m: 24:44.73	1:08.52	3500m: 39:41.13	1:08.89	4800m: 54:44.62	1:09.97
	1000m: 11:08.10	1:07.43	2300m: 25:53.61	1:08.88	3600m: 40:50.13	1:09.00	4900m: 55:53.30	1:08.68
	1100m: 12:15.63	1:07.53	2400m: 27:02.05	1:08.44	3700m: 41:59.41	1:09.28	5000m: 56:59.31	1:06.01
	1200m: 13:23.14	1:07.51	2500m: 28:11.25	1:09.20	3800m: 43:08.74	1:09.33		
	1300m: 14:31.24	1:08.10	2600m: 29:20.01	1:08.76	3900m: 44:18.80	1:10.06		

Prueba 3, Masc., 5000m Libre, SENIOR

Clasificación

AN

Tiempo

8.	FERNANDEZ NIETO, Cristian			92	C.N. Galaico				57:07.09		3,00	
	100m:	1:06.57	1:06.57	1400m:	15:49.59	1:07.85	2700m:	30:38.89	1:08.21	4000m:	45:36.44	1:09.46
	200m:	2:14.30	1:07.73	1500m:	16:58.42	1:08.83	2800m:	31:47.28	1:08.39	4100m:	46:45.74	1:09.30
	300m:	3:21.47	1:07.17	1600m:	18:06.93	1:08.51	2900m:	32:55.42	1:08.14	4200m:	47:55.22	1:09.48
	400m:	4:29.41	1:07.94	1700m:	19:15.80	1:08.87	3000m:	34:03.92	1:08.50	4300m:	49:04.76	1:09.54
	500m:	5:37.41	1:08.00	1800m:	20:24.90	1:09.10	3100m:	35:12.65	1:08.73	4400m:	50:14.42	1:09.66
	600m:	6:45.14	1:07.73	1900m:	21:33.53	1:08.63	3200m:	36:21.49	1:08.84	4500m:	51:23.85	1:09.43
	700m:	7:53.13	1:07.99	2000m:	22:41.70	1:08.17	3300m:	37:30.49	1:09.00	4600m:	52:33.62	1:09.77
	800m:	9:01.34	1:08.21	2100m:	23:49.70	1:08.00	3400m:	38:39.64	1:09.15	4700m:	53:43.19	1:09.57
	900m:	10:09.35	1:08.01	2200m:	24:57.80	1:08.10	3500m:	39:48.86	1:09.22	4800m:	54:52.09	1:08.90
	1000m:	11:17.26	1:07.91	2300m:	26:06.07	1:08.27	3600m:	40:58.27	1:09.41	4900m:	56:01.07	1:08.98
	1100m:	12:25.46	1:08.20	2400m:	27:14.30	1:08.23	3700m:	42:07.82	1:09.55	5000m:	57:07.09	1:06.02
	1200m:	13:33.61	1:08.15	2500m:	28:22.61	1:08.31	3800m:	43:17.37	1:09.55			
	1300m:	14:41.74	1:08.13	2600m:	29:30.68	1:08.07	3900m:	44:26.98	1:09.61			
9.	DAVILA LUSTRES, Manuel			96	C.N. Riveira				57:28.00		2,00	
	100m:	1:05.10	1:05.10	1400m:	15:39.58	1:07.79	2700m:	30:37.79	1:08.66	4000m:	45:36.52	1:10.07
	200m:	2:11.14	1:06.04	1500m:	16:48.24	1:08.66	2800m:	31:46.13	1:08.34	4100m:	46:47.36	1:10.84
	300m:	3:17.64	1:06.50	1600m:	17:56.93	1:08.69	2900m:	32:54.99	1:08.86	4200m:	47:58.55	1:11.19
	400m:	4:24.62	1:06.98	1700m:	19:06.07	1:09.14	3000m:	34:03.81	1:08.82	4300m:	49:10.21	1:11.66
	500m:	5:31.72	1:07.10	1800m:	20:14.03	1:07.96	3100m:	35:12.58	1:08.77	4400m:	50:21.47	1:11.26
	600m:	6:39.12	1:07.40	1900m:	21:22.84	1:08.81	3200m:	36:21.15	1:08.57	4500m:	51:33.04	1:11.57
	700m:	7:46.12	1:07.00	2000m:	22:31.69	1:08.85	3300m:	37:30.23	1:09.08	4600m:	52:43.69	1:10.65
	800m:	8:53.52	1:07.40	2100m:	23:40.94	1:09.25	3400m:	38:39.48	1:09.25	4700m:	53:55.67	1:11.98
	900m:	10:01.03	1:07.51	2200m:	24:50.89	1:09.95	3500m:	39:48.75	1:09.27	4800m:	55:06.83	1:11.16
	1000m:	11:08.74	1:07.71	2300m:	26:00.54	1:09.65	3600m:	40:57.89	1:09.14	4900m:	56:17.59	1:10.76
	1100m:	12:16.27	1:07.53	2400m:	27:09.56	1:09.02	3700m:	42:06.85	1:08.96	5000m:	57:28.00	1:10.41
	1200m:	13:23.98	1:07.71	2500m:	28:18.96	1:09.40	3800m:	43:16.62	1:09.77			
	1300m:	14:31.79	1:07.81	2600m:	29:29.13	1:10.17	3900m:	44:26.45	1:09.83			
10.	CHAVES GUARDIA, David			98	C.N. Mataro				59:36.61		-	
	T.E. (Decisión Juez Árbitro)											
	100m:	1:07.07	1:07.07	1400m:	16:21.34	1:11.00	2700m:	31:53.86	1:12.09	4000m:	47:30.17	1:11.78
	200m:	2:15.64	1:08.57	1500m:	17:32.89	1:11.55	2800m:	33:06.10	1:12.24	4100m:	48:43.10	1:12.93
	300m:	3:25.37	1:09.73	1600m:	18:43.77	1:10.88	2900m:	34:17.85	1:11.75	4200m:	49:56.17	1:13.07
	400m:	4:35.41	1:10.04	1700m:	19:55.24	1:11.47	3000m:	35:28.59	1:10.74	4300m:	51:09.23	1:13.06
	500m:	5:45.59	1:10.18	1800m:	21:06.82	1:11.58	3100m:	36:39.90	1:11.31	4400m:	52:23.31	1:14.08
	600m:	6:55.76	1:10.17	1900m:	22:18.64	1:11.82	3200m:	37:51.45	1:11.55	4500m:	53:36.31	1:13.00
	700m:	8:06.22	1:10.46	2000m:	23:30.45	1:11.81	3300m:	39:03.63	1:12.18	4600m:	54:49.02	1:12.71
	800m:	9:16.15	1:09.93	2100m:	24:42.40	1:11.95	3400m:	40:15.99	1:12.36	4700m:	56:01.38	1:12.36
	900m:	10:26.60	1:10.45	2200m:	25:53.99	1:11.59	3500m:	41:28.37	1:12.38	4800m:	57:13.02	1:11.64
	1000m:	11:37.67	1:11.07	2300m:	27:06.01	1:12.02	3600m:	42:40.94	1:12.57	4900m:	58:24.61	1:11.59
	1100m:	12:48.36	1:10.69	2400m:	28:17.74	1:11.73	3700m:	43:53.42	1:12.48	5000m:	59:36.61	1:12.00
	1200m:	13:59.30	1:10.94	2500m:	29:29.61	1:11.87	3800m:	45:06.13	1:12.71			
	1300m:	15:10.34	1:11.04	2600m:	30:41.77	1:12.16	3900m:	46:18.39	1:12.26			



IX CTO. DE ESPAÑA LARGA DISTANCIA  
MATARO, 24/2/2018



Prueba 3, Masc., 5000m Libre

Prueba 3  
24/02/2018

Masc, 5000m Libre

JUNIOR-1  
Resultados

RE	52:50.96	SANTIAGO BETANCOR, RAUL	MATARO	18/02/2017
MMN 17	54:20.89	SANTISTEBAN ROMERO, SERGIO	MATARO	18/02/2017
MMN 16	56:57.69	VILAREGUT DE MINGO, ERIC	MATARO	18/02/2017

Clasificación

AN

Tiempo

1. VILAREGUT DE MINGO, Eric

01

C.N. Sabadell

56:30.07 13,00

100m:	1:05.01	1:05.01	1400m:	15:31.28	1:06.86	2700m:	30:12.57	1:07.14	4000m:	44:58.11	1:08.87
200m:	2:11.33	1:06.32	1500m:	16:38.35	1:07.07	2800m:	31:20.67	1:08.10	4100m:	46:07.37	1:09.26
300m:	3:17.63	1:06.30	1600m:	17:45.97	1:07.62	2900m:	32:28.66	1:07.99	4200m:	47:16.13	1:08.76
400m:	4:23.92	1:06.29	1700m:	18:53.63	1:07.66	3000m:	33:36.47	1:07.81	4300m:	48:25.58	1:09.45
500m:	5:30.74	1:06.82	1800m:	20:01.21	1:07.58	3100m:	34:43.79	1:07.32	4400m:	49:35.95	1:10.37
600m:	6:37.33	1:06.59	1900m:	21:08.70	1:07.49	3200m:	35:51.65	1:07.86	4500m:	50:46.44	1:10.49
700m:	7:43.77	1:06.44	2000m:	22:16.32	1:07.62	3300m:	36:59.82	1:08.17	4600m:	51:56.21	1:09.77
800m:	8:50.45	1:06.68	2100m:	23:24.93	1:08.61	3400m:	38:07.62	1:07.80	4700m:	53:05.52	1:09.31
900m:	9:56.91	1:06.46	2200m:	24:32.70	1:07.77	3500m:	39:15.63	1:08.01	4800m:	54:14.08	1:08.56
1000m:	11:03.53	1:06.62	2300m:	25:40.79	1:08.09	3600m:	40:23.63	1:08.00	4900m:	55:23.04	1:08.96
1100m:	12:10.42	1:06.89	2400m:	26:49.24	1:08.45	3700m:	41:31.86	1:08.23	5000m:	56:30.07	1:07.03
1200m:	13:17.54	1:07.12	2500m:	27:57.39	1:08.15	3800m:	42:40.45	1:08.59			
1300m:	14:24.42	1:06.88	2600m:	29:05.43	1:08.04	3900m:	43:49.24	1:08.79			

2. YAGÜES ESCRIBA, Pol

02

C.N. Sabadell

56:45.93 10,00 MMN

100m:	1:05.65	1:05.65	1400m:	15:53.12	1:08.70	2700m:	30:40.83	1:07.92	4000m:	45:27.33	1:08.62
200m:	2:13.00	1:07.35	1500m:	17:02.16	1:09.04	2800m:	31:49.19	1:08.36	4100m:	46:35.05	1:07.72
300m:	3:20.84	1:07.84	1600m:	18:11.14	1:08.98	2900m:	32:57.67	1:08.48	4200m:	47:42.93	1:07.88
400m:	4:28.27	1:07.43	1700m:	19:19.80	1:08.66	3000m:	34:05.08	1:07.41	4300m:	48:51.13	1:08.20
500m:	5:36.43	1:08.16	1800m:	20:27.97	1:08.17	3100m:	35:13.14	1:08.06	4400m:	49:58.71	1:07.58
600m:	6:44.91	1:08.48	1900m:	21:36.89	1:08.92	3200m:	36:21.89	1:08.75	4500m:	51:07.27	1:08.56
700m:	7:53.84	1:08.93	2000m:	22:45.97	1:09.08	3300m:	37:29.82	1:07.93	4600m:	52:14.96	1:07.69
800m:	9:02.65	1:08.81	2100m:	23:54.72	1:08.75	3400m:	38:38.31	1:08.49	4700m:	53:23.67	1:08.71
900m:	10:11.33	1:08.68	2200m:	25:02.71	1:07.99	3500m:	39:46.50	1:08.19	4800m:	54:31.73	1:08.06
1000m:	11:19.91	1:08.58	2300m:	26:09.62	1:06.91	3600m:	40:54.71	1:08.21	4900m:	55:39.85	1:08.12
1100m:	12:28.20	1:08.29	2400m:	27:16.83	1:07.21	3700m:	42:02.28	1:07.57	5000m:	56:45.93	1:06.08
1200m:	13:35.91	1:07.71	2500m:	28:24.81	1:07.98	3800m:	43:10.52	1:08.24			
1300m:	14:44.42	1:08.51	2600m:	29:32.91	1:08.10	3900m:	44:18.71	1:08.19			

3. DE OÑA RAMÍREZ, Angel

02

C.D.N. Inacua Malaga

56:54.46 8,00

100m:	1:06.23	1:06.23	1400m:	15:45.72	1:07.60	2700m:	30:28.41	1:08.19	4000m:	45:26.90	1:10.05
200m:	2:13.34	1:07.11	1500m:	16:53.78	1:08.06	2800m:	31:35.76	1:07.35	4100m:	46:36.70	1:09.80
300m:	3:20.59	1:07.25	1600m:	18:01.60	1:07.82	2900m:	32:43.73	1:07.97	4200m:	47:46.77	1:10.07
400m:	4:28.16	1:07.57	1700m:	19:10.07	1:08.47	3000m:	33:51.70	1:07.97	4300m:	48:55.96	1:09.19
500m:	5:35.22	1:07.06	1800m:	20:17.82	1:07.75	3100m:	34:58.94	1:07.24	4400m:	50:04.46	1:08.50
600m:	6:43.61	1:08.39	1900m:	21:25.43	1:07.61	3200m:	36:07.57	1:08.63	4500m:	51:12.84	1:08.38
700m:	7:52.14	1:08.53	2000m:	22:33.49	1:08.06	3300m:	37:17.12	1:09.55	4600m:	52:21.08	1:08.24
800m:	9:00.36	1:08.22	2100m:	23:41.06	1:07.57	3400m:	38:26.89	1:09.77	4700m:	53:29.87	1:08.79
900m:	10:07.73	1:07.37	2200m:	24:49.14	1:08.08	3500m:	39:36.64	1:09.75	4800m:	54:38.58	1:08.71
1000m:	11:15.36	1:07.63	2300m:	25:56.98	1:07.84	3600m:	40:46.57	1:09.93	4900m:	55:47.41	1:08.83
1100m:	12:23.08	1:07.72	2400m:	27:04.78	1:07.80	3700m:	41:56.86	1:10.29	5000m:	56:54.46	1:07.05
1200m:	13:30.37	1:07.29	2500m:	28:12.46	1:07.68	3800m:	43:06.95	1:10.09			
1300m:	14:38.12	1:07.75	2600m:	29:20.22	1:07.76	3900m:	44:16.85	1:09.90			





IX CTO. DE ESPAÑA LARGA DISTANCIA  
MATARO, 24/2/2018



Prueba 3, Masc, 5000m Libre, JUNIOR-1

Clasificación

AN

Tiempo

4. MARTIN BURGUILLO, Marcos	02	C.D. Gredos San Diego	<b>57:24.68</b>	7,00
100m: 1:05.81 1:05.81	1400m: 15:34.60 1:07.32	2700m: 30:27.28 1:10.38	4000m: 45:39.77 1:09.73	
200m: 2:12.85 1:07.04	1500m: 16:41.94 1:07.34	2800m: 31:35.99 1:08.71	4100m: 46:48.63 1:08.86	
300m: 3:20.02 1:07.17	1600m: 17:49.65 1:07.71	2900m: 32:43.96 1:07.97	4200m: 47:57.59 1:08.96	
400m: 4:27.11 1:07.09	1700m: 18:57.24 1:07.59	3000m: 33:52.14 1:08.18	4300m: 49:07.68 1:10.09	
500m: 5:33.68 1:06.57	1800m: 20:05.00 1:07.76	3100m: 35:01.68 1:09.54	4400m: 50:17.65 1:09.97	
600m: 6:40.30 1:06.62	1900m: 21:12.84 1:07.84	3200m: 36:12.33 1:10.65	4500m: 51:28.47 1:10.82	
700m: 7:46.81 1:06.51	2000m: 22:20.74 1:07.90	3300m: 37:22.70 1:10.37	4600m: 52:39.73 1:11.26	
800m: 8:53.22 1:06.41	2100m: 23:28.95 1:08.21	3400m: 38:33.44 1:10.74	4700m: 53:50.85 1:11.12	
900m: 9:59.77 1:06.55	2200m: 24:37.73 1:08.78	3500m: 39:44.33 1:10.89	4800m: 55:02.17 1:11.32	
1000m: 11:06.22 1:06.45	2300m: 25:46.79 1:09.06	3600m: 40:55.47 1:11.14	4900m: 56:14.36 1:12.19	
1100m: 12:12.99 1:06.77	2400m: 26:56.44 1:09.65	3700m: 42:08.39 1:12.92	5000m: 57:24.68 1:10.32	
1200m: 13:20.15 1:07.16	2500m: 28:06.49 1:10.05	3800m: 43:19.72 1:11.33		
1300m: 14:27.28 1:07.13	2600m: 29:16.90 1:10.41	3900m: 44:30.04 1:10.32		
5. GALAN VICENTE, Pablo	02	Club Del Mar	<b>57:34.33</b>	6,00
100m: 1:06.00 1:06.00	1400m: 15:58.57 1:08.77	2700m: 30:54.07 1:08.86	4000m: 45:56.53 1:10.26	
200m: 2:13.93 1:07.93	1500m: 17:07.71 1:09.14	2800m: 32:03.23 1:09.16	4100m: 47:06.60 1:10.07	
300m: 3:22.29 1:08.36	1600m: 18:16.70 1:08.99	2900m: 33:12.38 1:09.15	4200m: 48:16.29 1:09.69	
400m: 4:31.10 1:08.81	1700m: 19:25.39 1:08.69	3000m: 34:21.32 1:08.94	4300m: 49:26.19 1:09.90	
500m: 5:39.77 1:08.67	1800m: 20:34.23 1:08.84	3100m: 35:30.65 1:09.33	4400m: 50:36.44 1:10.25	
600m: 6:48.45 1:08.68	1900m: 21:43.50 1:09.27	3200m: 36:39.82 1:09.17	4500m: 51:46.62 1:10.18	
700m: 7:57.24 1:08.79	2000m: 22:52.28 1:08.78	3300m: 37:49.23 1:09.41	4600m: 52:56.99 1:10.37	
800m: 9:05.81 1:08.57	2100m: 24:01.59 1:09.31	3400m: 38:58.53 1:09.30	4700m: 54:06.75 1:09.76	
900m: 10:14.86 1:09.05	2200m: 25:11.21 1:09.62	3500m: 40:07.99 1:09.46	4800m: 55:16.23 1:09.48	
1000m: 11:23.48 1:08.62	2300m: 26:20.19 1:08.98	3600m: 41:17.23 1:09.24	4900m: 56:25.39 1:09.16	
1100m: 12:31.99 1:08.51	2400m: 27:29.17 1:08.98	3700m: 42:26.97 1:09.74	5000m: 57:34.33 1:08.94	
1200m: 13:40.81 1:08.82	2500m: 28:37.50 1:08.33	3800m: 43:36.69 1:09.72		
1300m: 14:49.80 1:08.99	2600m: 29:45.21 1:07.71	3900m: 44:46.27 1:09.58		
6. SIMON COTELO, Manuel	01	C.N. Liceo	<b>58:08.21</b>	5,00
100m: 1:04.99 1:04.99	1400m: 15:53.33 1:08.70	2700m: 30:51.15 1:08.82	4000m: 46:12.04 1:12.98	
200m: 2:12.53 1:07.54	1500m: 17:02.12 1:08.79	2800m: 32:00.88 1:09.73	4100m: 47:24.65 1:12.61	
300m: 3:20.34 1:07.81	1600m: 18:11.17 1:09.05	2900m: 33:10.90 1:10.02	4200m: 48:36.89 1:12.24	
400m: 4:28.11 1:07.77	1700m: 19:19.58 1:08.41	3000m: 34:21.42 1:10.52	4300m: 49:49.92 1:13.03	
500m: 5:36.62 1:08.51	1800m: 20:28.10 1:08.52	3100m: 35:30.89 1:09.47	4400m: 51:02.54 1:12.62	
600m: 6:45.07 1:08.45	1900m: 21:37.00 1:08.90	3200m: 36:40.65 1:09.76	4500m: 52:15.07 1:12.53	
700m: 7:53.79 1:08.72	2000m: 22:45.86 1:08.86	3300m: 37:50.99 1:10.34	4600m: 53:27.54 1:12.47	
800m: 9:02.61 1:08.82	2100m: 23:54.94 1:09.08	3400m: 39:02.01 1:11.02	4700m: 54:39.16 1:11.62	
900m: 10:11.41 1:08.80	2200m: 25:03.67 1:08.73	3500m: 40:13.19 1:11.18	4800m: 55:49.67 1:10.51	
1000m: 11:19.97 1:08.56	2300m: 26:12.95 1:09.28	3600m: 41:24.23 1:11.04	4900m: 56:59.31 1:09.64	
1100m: 12:28.31 1:08.34	2400m: 27:23.03 1:10.08	3700m: 42:35.12 1:10.89	5000m: 58:08.21 1:08.90	
1200m: 13:36.07 1:07.76	2500m: 28:33.05 1:10.02	3800m: 43:47.07 1:11.95		
1300m: 14:44.63 1:08.56	2600m: 29:42.33 1:09.28	3900m: 44:59.06 1:11.99		
7. LAGES BRION, Alexandre	01	C.N. Riveira	<b>58:11.55</b>	4,00
100m: 1:05.10 1:05.10	1400m: 15:52.32 1:09.31	2700m: 30:58.85 1:12.38	4000m: 46:33.19 1:11.19	
200m: 2:12.07 1:06.97	1500m: 17:01.91 1:09.59	2800m: 32:11.26 1:12.41	4100m: 47:44.95 1:11.76	
300m: 3:18.85 1:06.78	1600m: 18:10.53 1:08.62	2900m: 33:22.65 1:11.39	4200m: 48:55.50 1:10.55	
400m: 4:25.50 1:06.65	1700m: 19:19.81 1:09.28	3000m: 34:34.51 1:11.86	4300m: 50:06.00 1:10.50	
500m: 5:33.52 1:08.02	1800m: 20:28.85 1:09.04	3100m: 35:45.73 1:11.22	4400m: 51:15.25 1:09.25	
600m: 6:41.32 1:07.80	1900m: 21:37.81 1:08.96	3200m: 36:57.12 1:11.39	4500m: 52:24.41 1:09.16	
700m: 7:50.21 1:08.89	2000m: 22:46.91 1:09.10	3300m: 38:08.03 1:10.91	4600m: 53:33.65 1:09.24	
800m: 8:59.03 1:08.82	2100m: 23:56.53 1:09.62	3400m: 39:19.89 1:11.86	4700m: 54:43.48 1:09.83	
900m: 10:07.47 1:08.44	2200m: 25:06.41 1:09.88	3500m: 40:32.93 1:13.04	4800m: 55:54.27 1:10.79	
1000m: 11:16.30 1:08.83	2300m: 26:16.74 1:10.33	3600m: 41:44.71 1:11.78	4900m: 57:03.45 1:09.18	
1100m: 12:24.78 1:08.48	2400m: 27:27.72 1:10.98	3700m: 42:57.95 1:13.24	5000m: 58:11.55 1:08.10	
1200m: 13:33.91 1:09.13	2500m: 28:37.87 1:10.15	3800m: 44:10.25 1:12.30		
1300m: 14:43.01 1:09.10	2600m: 29:46.47 1:08.60	3900m: 45:22.00 1:11.75		



IX CTO. DE ESPAÑA LARGA DISTANCIA  
MATARO, 24/2/2018



Prueba 3, Masc, 5000m Libre, JUNIOR-1

Clasificación

AN

Tiempo

8. ESCRITS MAÑOSA, Lluís	01	C.N. Granollers	<b>58:51.23</b>	3,00
100m: 1:05.85 1:05.85	1400m: 16:00.64 1:10.61	2700m: 31:24.28 1:11.04	4000m: 46:55.88 1:11.47	
200m: 2:12.54 1:06.69	1500m: 17:10.88 1:10.24	2800m: 32:35.55 1:11.27	4100m: 48:07.56 1:11.68	
300m: 3:19.92 1:07.38	1600m: 18:22.23 1:11.35	2900m: 33:47.15 1:11.60	4200m: 49:19.23 1:11.67	
400m: 4:27.22 1:07.30	1700m: 19:33.15 1:10.92	3000m: 34:59.39 1:12.24	4300m: 50:30.31 1:11.08	
500m: 5:35.05 1:07.83	1800m: 20:44.06 1:10.91	3100m: 36:10.90 1:11.51	4400m: 51:42.12 1:11.81	
600m: 6:44.09 1:09.04	1900m: 21:54.44 1:10.38	3200m: 37:22.79 1:11.89	4500m: 52:54.33 1:12.21	
700m: 7:52.74 1:08.65	2000m: 23:05.50 1:11.06	3300m: 38:34.38 1:11.59	4600m: 54:05.95 1:11.62	
800m: 9:02.01 1:09.27	2100m: 24:16.88 1:11.38	3400m: 39:46.06 1:11.68	4700m: 55:17.83 1:11.88	
900m: 10:11.35 1:09.34	2200m: 25:27.64 1:10.76	3500m: 40:58.19 1:12.13	4800m: 56:29.20 1:11.37	
1000m: 11:20.97 1:09.62	2300m: 26:38.85 1:11.21	3600m: 42:09.56 1:11.37	4900m: 57:40.42 1:11.22	
1100m: 12:30.71 1:09.74	2400m: 27:50.34 1:11.49	3700m: 43:21.31 1:11.75	5000m: 58:51.23 1:10.81	
1200m: 13:40.30 1:09.59	2500m: 29:01.58 1:11.24	3800m: 44:33.28 1:11.97		
1300m: 14:50.03 1:09.73	2600m: 30:13.24 1:11.66	3900m: 45:44.41 1:11.13		
9. GUIOTTO SANCHEZ, Marco	01	Club Del Mar	<b>59:53.11</b>	2,00
100m: 1:06.48 1:06.48	1400m: 16:13.49 1:10.76	2700m: 31:48.99 1:12.74	4000m: 47:38.86 1:12.91	
200m: 2:15.18 1:08.70	1500m: 17:24.95 1:11.46	2800m: 33:00.51 1:11.52	4100m: 48:53.10 1:14.24	
300m: 3:24.52 1:09.34	1600m: 18:35.59 1:10.64	2900m: 34:13.42 1:12.91	4200m: 50:07.07 1:13.97	
400m: 4:34.72 1:10.20	1700m: 19:45.92 1:10.33	3000m: 35:26.41 1:12.99	4300m: 51:21.25 1:14.18	
500m: 5:44.11 1:09.39	1800m: 20:57.60 1:11.68	3100m: 36:39.67 1:13.26	4400m: 52:35.31 1:14.06	
600m: 6:53.76 1:09.65	1900m: 22:09.42 1:11.82	3200m: 37:51.16 1:11.49	4500m: 53:49.77 1:14.46	
700m: 8:03.31 1:09.55	2000m: 23:21.46 1:12.04	3300m: 39:03.17 1:12.01	4600m: 55:03.86 1:14.09	
800m: 9:13.81 1:10.50	2100m: 24:33.30 1:11.84	3400m: 40:16.42 1:13.25	4700m: 56:17.44 1:13.58	
900m: 10:23.29 1:09.48	2200m: 25:45.94 1:12.64	3500m: 41:30.27 1:13.85	4800m: 57:30.84 1:13.40	
1000m: 11:33.03 1:09.74	2300m: 26:58.40 1:12.46	3600m: 42:43.78 1:13.51	4900m: 58:42.27 1:11.43	
1100m: 12:42.03 1:09.00	2400m: 28:10.24 1:11.84	3700m: 43:58.07 1:14.29	5000m: 59:53.11 1:10.84	
1200m: 13:52.05 1:10.02	2500m: 29:23.74 1:13.50	3800m: 45:12.07 1:14.00		
1300m: 15:02.73 1:10.68	2600m: 30:36.25 1:12.51	3900m: 46:25.95 1:13.88		
Baja ESTEBAN BAQUERO, Bernat	01	C.N. Cervera	-	

Prueba 3, Masc., 5000m Libre

Prueba 3  
24/02/2018

Masc., 5000m Libre

JUNIOR-2  
Resultados

RE	52:50.96	SANTIAGO BETANCOR, RAUL	MATARO	18/02/2017
MMN 19	53:43.46	ESCRITS MAÑOSA, ALBERT	MATARO	18/02/2017
MMN 18	54:40.11	SANTIAGO BETANCOR, RAUL	SABADELL	07/02/2015

Clasificación

AN

Tiempo

1. JULIA TOUS, Ferran 00 C.N. Cervera 54:31.29 13,00 MMN

100m: 1:03.58	1:03.58	1400m: 15:07.79	1:05.01	2700m: 29:16.00	1:06.03	4000m: 43:33.81	1:05.48
200m: 2:08.08	1:04.50	1500m: 16:12.53	1:04.74	2800m: 30:22.02	1:06.02	4100m: 44:38.68	1:04.87
300m: 3:12.90	1:04.82	1600m: 17:17.23	1:04.70	2900m: 31:28.42	1:06.40	4200m: 45:43.35	1:04.67
400m: 4:18.03	1:05.13	1700m: 18:22.04	1:04.81	3000m: 32:34.62	1:06.20	4300m: 46:49.05	1:05.70
500m: 5:23.06	1:05.03	1800m: 19:27.01	1:04.97	3100m: 33:40.84	1:06.22	4400m: 47:55.35	1:06.30
600m: 6:28.13	1:05.07	1900m: 20:32.00	1:04.99	3200m: 34:47.20	1:06.36	4500m: 49:02.08	1:06.73
700m: 7:33.52	1:05.39	2000m: 21:37.41	1:05.41	3300m: 35:53.12	1:05.92	4600m: 50:08.78	1:06.70
800m: 8:38.31	1:04.79	2100m: 22:42.39	1:04.98	3400m: 36:58.93	1:05.81	4700m: 51:15.40	1:06.62
900m: 9:43.43	1:05.12	2200m: 23:47.76	1:05.37	3500m: 38:04.58	1:05.65	4800m: 52:21.85	1:06.45
1000m: 10:48.39	1:04.96	2300m: 24:53.65	1:05.89	3600m: 39:10.48	1:05.90	4900m: 53:27.33	1:05.48
1100m: 11:53.35	1:04.96	2400m: 25:58.68	1:05.03	3700m: 40:16.42	1:05.94	5000m: 54:31.29	1:03.96
1200m: 12:58.04	1:04.69	2500m: 27:04.14	1:05.46	3800m: 41:22.48	1:06.06		
1300m: 14:02.78	1:04.74	2600m: 28:09.97	1:05.83	3900m: 42:28.33	1:05.85		

2. HONRUBIA CERDA, Arnau 99 C.N. Sant Andreu 55:26.03 10,00

100m: 1:04.72	1:04.72	1400m: 15:13.49	1:05.67	2700m: 29:36.12	1:06.52	4000m: 44:12.35	1:07.58
200m: 2:10.14	1:05.42	1500m: 16:19.05	1:05.56	2800m: 30:43.38	1:07.26	4100m: 45:19.05	1:06.70
300m: 3:15.52	1:05.38	1600m: 17:24.98	1:05.93	2900m: 31:50.71	1:07.33	4200m: 46:26.64	1:07.59
400m: 4:20.91	1:05.39	1700m: 18:30.91	1:05.93	3000m: 32:58.62	1:07.91	4300m: 47:34.31	1:07.67
500m: 5:26.34	1:05.43	1800m: 19:37.28	1:06.37	3100m: 34:06.70	1:08.08	4400m: 48:42.26	1:07.95
600m: 6:31.56	1:05.22	1900m: 20:43.47	1:06.19	3200m: 35:14.89	1:08.19	4500m: 49:49.69	1:07.43
700m: 7:36.63	1:05.07	2000m: 21:49.81	1:06.34	3300m: 36:22.74	1:07.85	4600m: 50:57.91	1:08.22
800m: 8:41.88	1:05.25	2100m: 22:56.15	1:06.34	3400m: 37:30.00	1:07.26	4700m: 52:05.89	1:07.98
900m: 9:46.60	1:04.72	2200m: 24:02.57	1:06.42	3500m: 38:36.82	1:06.82	4800m: 53:13.19	1:07.30
1000m: 10:51.71	1:05.11	2300m: 25:09.47	1:06.90	3600m: 39:44.08	1:07.26	4900m: 54:19.91	1:06.72
1100m: 11:57.03	1:05.32	2400m: 26:16.46	1:06.99	3700m: 40:50.34	1:06.26	5000m: 55:26.03	1:06.12
1200m: 13:02.30	1:05.27	2500m: 27:23.11	1:06.65	3800m: 41:57.54	1:07.20		
1300m: 14:07.82	1:05.52	2600m: 28:29.60	1:06.49	3900m: 43:04.77	1:07.23		

3. RINCON MARTINEZ, Raul 99 Club De Tennis Elche 56:00.34 8,00

100m: 1:04.61	1:04.61	1400m: 15:39.55	1:07.68	2700m: 30:08.80	1:06.58	4000m: 44:39.73	1:07.13
200m: 2:10.96	1:06.35	1500m: 16:47.95	1:08.40	2800m: 31:15.20	1:06.40	4100m: 45:48.26	1:08.53
300m: 3:17.35	1:06.39	1600m: 17:56.72	1:08.77	2900m: 32:22.38	1:07.18	4200m: 46:56.10	1:07.84
400m: 4:24.09	1:06.74	1700m: 19:05.39	1:08.67	3000m: 33:30.17	1:07.79	4300m: 48:04.09	1:07.99
500m: 5:31.52	1:07.43	1800m: 20:12.02	1:06.63	3100m: 34:36.57	1:06.40	4400m: 49:12.83	1:08.74
600m: 6:38.59	1:07.07	1900m: 21:17.96	1:05.94	3200m: 35:43.36	1:06.79	4500m: 50:21.21	1:08.38
700m: 7:45.91	1:07.32	2000m: 22:23.96	1:06.00	3300m: 36:49.48	1:06.12	4600m: 51:30.10	1:08.89
800m: 8:53.16	1:07.25	2100m: 23:29.92	1:05.96	3400m: 37:56.30	1:06.82	4700m: 52:38.13	1:08.03
900m: 10:00.74	1:07.58	2200m: 24:36.25	1:06.33	3500m: 39:02.82	1:06.52	4800m: 53:46.60	1:08.47
1000m: 11:08.44	1:07.70	2300m: 25:42.80	1:06.55	3600m: 40:10.20	1:07.38	4900m: 54:54.17	1:07.57
1100m: 12:16.36	1:07.92	2400m: 26:49.53	1:06.73	3700m: 41:17.98	1:07.78	5000m: 56:00.34	1:06.17
1200m: 13:23.98	1:07.62	2500m: 27:56.30	1:06.77	3800m: 42:25.34	1:07.36		
1300m: 14:31.87	1:07.89	2600m: 29:02.22	1:05.92	3900m: 43:32.60	1:07.26		

## Prueba 3, Masc., 5000m Libre, JUNIOR-2

Clasificación	AN						Tiempo					
4.	GODOY MARTINEZ, Marcos			99	C.N. Las Norias					56:17.21	7,00	
	100m:	1:05.00	1:05.00	1400m:	15:31.83	1:07.09	2700m:	30:12.96	1:07.73	4000m:	44:55.59	1:08.43
	200m:	2:11.13	1:06.13	1500m:	16:39.75	1:07.92	2800m:	31:20.84	1:07.88	4100m:	46:04.02	1:08.43
	300m:	3:17.20	1:06.07	1600m:	17:47.74	1:07.99	2900m:	32:28.98	1:08.14	4200m:	47:12.58	1:08.56
	400m:	4:23.30	1:06.10	1700m:	18:55.92	1:08.18	3000m:	33:36.31	1:07.33	4300m:	48:21.10	1:08.52
	500m:	5:29.95	1:06.65	1800m:	20:03.88	1:07.96	3100m:	34:43.54	1:07.23	4400m:	49:29.48	1:08.38
	600m:	6:36.45	1:06.50	1900m:	21:11.56	1:07.68	3200m:	35:51.62	1:08.08	4500m:	50:37.88	1:08.40
	700m:	7:42.66	1:06.21	2000m:	22:19.52	1:07.96	3300m:	36:59.68	1:08.06	4600m:	51:46.29	1:08.41
	800m:	8:49.17	1:06.51	2100m:	23:26.97	1:07.45	3400m:	38:07.64	1:07.96	4700m:	52:54.23	1:07.94
	900m:	9:55.96	1:06.79	2200m:	24:34.41	1:07.44	3500m:	39:15.06	1:07.42	4800m:	54:02.28	1:08.05
	1000m:	11:02.93	1:06.97	2300m:	25:41.84	1:07.43	3600m:	40:23.02	1:07.96	4900m:	55:10.34	1:08.06
	1100m:	12:09.89	1:06.96	2400m:	26:49.52	1:07.68	3700m:	41:30.78	1:07.76	5000m:	56:17.21	1:06.87
	1200m:	13:17.28	1:07.39	2500m:	27:57.15	1:07.63	3800m:	42:38.77	1:07.99			
	1300m:	14:24.74	1:07.46	2600m:	29:05.23	1:08.08	3900m:	43:47.16	1:08.39			
5.	COMA PLANELLA, Roger			00	C.N. Mataro					56:24.95	6,00	
	100m:	1:03.80	1:03.80	1400m:	15:18.60	1:07.45	2700m:	30:07.20	1:08.60	4000m:	44:57.34	1:08.01
	200m:	2:08.05	1:04.25	1500m:	16:26.47	1:07.87	2800m:	31:15.30	1:08.10	4100m:	46:06.77	1:09.43
	300m:	3:12.64	1:04.59	1600m:	17:34.27	1:07.80	2900m:	32:22.61	1:07.31	4200m:	47:16.05	1:09.28
	400m:	4:17.96	1:05.32	1700m:	18:42.13	1:07.86	3000m:	33:30.43	1:07.82	4300m:	48:25.69	1:09.64
	500m:	5:23.25	1:05.29	1800m:	19:50.26	1:08.13	3100m:	34:39.21	1:08.78	4400m:	49:33.89	1:08.20
	600m:	6:28.56	1:05.31	1900m:	20:58.48	1:08.22	3200m:	35:49.42	1:10.21	4500m:	50:43.51	1:09.62
	700m:	7:33.89	1:05.33	2000m:	22:07.14	1:08.66	3300m:	36:58.51	1:09.09	4600m:	51:53.50	1:09.99
	800m:	8:39.04	1:05.15	2100m:	23:15.54	1:08.40	3400m:	38:07.01	1:08.50	4700m:	53:03.00	1:09.50
	900m:	9:44.80	1:05.76	2200m:	24:24.20	1:08.66	3500m:	39:13.80	1:06.79	4800m:	54:12.22	1:09.22
	1000m:	10:50.99	1:06.19	2300m:	25:33.06	1:08.86	3600m:	40:21.88	1:08.08	4900m:	55:22.24	1:10.02
	1100m:	11:57.41	1:06.42	2400m:	26:40.39	1:07.33	3700m:	41:31.07	1:09.19	5000m:	56:24.95	1:02.71
	1200m:	13:03.81	1:06.40	2500m:	27:49.55	1:09.16	3800m:	42:40.42	1:09.35			
	1300m:	14:11.15	1:07.34	2600m:	28:58.60	1:09.05	3900m:	43:49.33	1:08.91			
6.	BENITEZ DOMINGUEZ, Pablo			00	C.N. Mijas					56:26.91	5,00	
	100m:	1:04.46	1:04.46	1400m:	15:23.31	1:06.45	2700m:	29:59.33	1:08.54	4000m:	44:59.07	1:09.59
	200m:	2:09.51	1:05.05	1500m:	16:29.94	1:06.63	2800m:	31:07.74	1:08.41	4100m:	46:08.07	1:09.00
	300m:	3:15.14	1:05.63	1600m:	17:36.42	1:06.48	2900m:	32:16.28	1:08.54	4200m:	47:17.43	1:09.36
	400m:	4:21.14	1:06.00	1700m:	18:43.33	1:06.91	3000m:	33:25.63	1:09.35	4300m:	48:27.01	1:09.58
	500m:	5:27.37	1:06.23	1800m:	19:49.78	1:06.45	3100m:	34:35.18	1:09.55	4400m:	49:36.81	1:09.80
	600m:	6:33.07	1:05.70	1900m:	20:56.82	1:07.04	3200m:	35:44.17	1:08.99	4500m:	50:46.69	1:09.88
	700m:	7:38.87	1:05.80	2000m:	22:04.20	1:07.38	3300m:	36:52.90	1:08.73	4600m:	51:55.99	1:09.30
	800m:	8:44.86	1:05.99	2100m:	23:11.46	1:07.26	3400m:	38:02.20	1:09.30	4700m:	53:05.10	1:09.11
	900m:	9:51.26	1:06.40	2200m:	24:19.05	1:07.59	3500m:	39:11.82	1:09.62	4800m:	54:14.23	1:09.13
	1000m:	10:57.60	1:06.34	2300m:	25:26.63	1:07.58	3600m:	40:21.44	1:09.62	4900m:	55:21.94	1:07.71
	1100m:	12:03.88	1:06.28	2400m:	26:34.69	1:08.06	3700m:	41:30.78	1:09.34	5000m:	56:26.91	1:04.97
	1200m:	13:10.36	1:06.48	2500m:	27:42.63	1:07.94	3800m:	42:39.95	1:09.17			
	1300m:	14:16.86	1:06.50	2600m:	28:50.79	1:08.16	3900m:	43:49.48	1:09.53			
7.	CORDERO JIMENA, Pablo			00	C.N.D. Fuengirola Swimming					56:55.70	4,00	
	100m:	1:06.75	1:06.75	1400m:	15:39.10	1:07.06	2700m:	30:26.89	1:09.08	4000m:	45:35.36	1:11.13
	200m:	2:14.29	1:07.54	1500m:	16:46.25	1:07.15	2800m:	31:36.86	1:09.97	4100m:	46:44.72	1:09.36
	300m:	3:21.25	1:06.96	1600m:	17:53.07	1:06.82	2900m:	32:46.80	1:09.94	4200m:	47:53.41	1:08.69
	400m:	4:28.86	1:07.61	1700m:	19:00.39	1:07.32	3000m:	33:57.61	1:10.81	4300m:	49:02.45	1:09.04
	500m:	5:36.10	1:07.24	1800m:	20:07.80	1:07.41	3100m:	35:06.58	1:08.97	4400m:	50:10.44	1:07.99
	600m:	6:43.24	1:07.14	1900m:	21:15.52	1:07.72	3200m:	36:15.43	1:08.85	4500m:	51:18.60	1:08.16
	700m:	7:50.04	1:06.80	2000m:	22:23.98	1:08.46	3300m:	37:23.63	1:08.20	4600m:	52:26.30	1:07.70
	800m:	8:56.81	1:06.77	2100m:	23:32.31	1:08.33	3400m:	38:32.03	1:08.40	4700m:	53:34.78	1:08.48
	900m:	10:03.45	1:06.64	2200m:	24:40.93	1:08.62	3500m:	39:41.01	1:08.98	4800m:	54:43.01	1:08.23
	1000m:	11:10.36	1:06.91	2300m:	25:49.98	1:09.05	3600m:	40:51.06	1:10.05	4900m:	55:51.57	1:08.56
	1100m:	12:17.93	1:07.57	2400m:	26:58.96	1:08.98	3700m:	42:01.93	1:10.87	5000m:	56:55.70	1:04.13
	1200m:	13:25.03	1:07.10	2500m:	28:08.39	1:09.43	3800m:	43:13.09	1:11.16			
	1300m:	14:32.04	1:07.01	2600m:	29:17.81	1:09.42	3900m:	44:24.23	1:11.14			



Prueba 3, Masc., 5000m Libre, JUNIOR-2

Clasificación

AN

Tiempo

8.	TOME SANLES, Manuel			99	C.N. Riveira				56:57.20	3,00		
	100m:	1:04.49	1:04.49	1400m:	15:37.63	1:08.12	2700m:	30:22.94	1:08.65	4000m:	45:20.83	1:09.56
	200m:	2:10.54	1:06.05	1500m:	16:45.43	1:07.80	2800m:	31:31.78	1:08.84	4100m:	46:30.29	1:09.46
	300m:	3:16.53	1:05.99	1600m:	17:53.69	1:08.26	2900m:	32:40.32	1:08.54	4200m:	47:39.92	1:09.63
	400m:	4:23.20	1:06.67	1700m:	19:01.11	1:07.42	3000m:	33:49.37	1:09.05	4300m:	48:49.67	1:09.75
	500m:	5:30.16	1:06.96	1800m:	20:09.32	1:08.21	3100m:	34:58.23	1:08.86	4400m:	49:59.43	1:09.76
	600m:	6:37.27	1:07.11	1900m:	21:17.57	1:08.25	3200m:	36:06.61	1:08.38	4500m:	51:09.59	1:10.16
	700m:	7:44.53	1:07.26	2000m:	22:25.11	1:07.54	3300m:	37:15.59	1:08.98	4600m:	52:20.26	1:10.67
	800m:	8:51.45	1:06.92	2100m:	23:32.95	1:07.84	3400m:	38:24.45	1:08.86	4700m:	53:30.41	1:10.15
	900m:	9:58.57	1:07.12	2200m:	24:41.23	1:08.28	3500m:	39:34.10	1:09.65	4800m:	54:40.30	1:09.89
	1000m:	11:06.03	1:07.46	2300m:	25:49.12	1:07.89	3600m:	40:43.26	1:09.16	4900m:	55:49.25	1:08.95
	1100m:	12:13.73	1:07.70	2400m:	26:57.46	1:08.34	3700m:	41:52.38	1:09.12	5000m:	56:57.20	1:07.95
	1200m:	13:21.69	1:07.96	2500m:	28:05.68	1:08.22	3800m:	43:01.84	1:09.46			
	1300m:	14:29.51	1:07.82	2600m:	29:14.29	1:08.61	3900m:	44:11.27	1:09.43			
9.	SANTISTEBAN ROMERO, Sergio			00	C.D. Gredos San Diego				57:17.80	2,00		
	100m:	1:04.92	1:04.92	1400m:	15:24.27	1:06.82	2700m:	30:12.09	1:08.39	4000m:	45:24.97	1:11.58
	200m:	2:10.20	1:05.28	1500m:	16:30.89	1:06.62	2800m:	31:21.56	1:09.47	4100m:	46:36.63	1:11.66
	300m:	3:15.70	1:05.50	1600m:	17:37.98	1:07.09	2900m:	32:31.20	1:09.64	4200m:	47:47.76	1:11.13
	400m:	4:21.90	1:06.20	1700m:	18:45.06	1:07.08	3000m:	33:40.44	1:09.24	4300m:	48:59.17	1:11.41
	500m:	5:28.10	1:06.20	1800m:	19:53.08	1:08.02	3100m:	34:50.21	1:09.77	4400m:	50:10.15	1:10.98
	600m:	6:33.93	1:05.83	1900m:	21:01.53	1:08.45	3200m:	35:59.43	1:09.22	4500m:	51:21.21	1:11.06
	700m:	7:39.64	1:05.71	2000m:	22:09.97	1:08.44	3300m:	37:09.24	1:09.81	4600m:	52:33.41	1:12.20
	800m:	8:45.40	1:05.76	2100m:	23:18.59	1:08.62	3400m:	38:19.39	1:10.15	4700m:	53:45.37	1:11.96
	900m:	9:51.54	1:06.14	2200m:	24:27.67	1:09.08	3500m:	39:29.86	1:10.47	4800m:	54:56.24	1:10.87
	1000m:	10:57.91	1:06.37	2300m:	25:36.77	1:09.10	3600m:	40:40.33	1:10.47	4900m:	56:07.78	1:11.54
	1100m:	12:04.30	1:06.39	2400m:	26:45.83	1:09.06	3700m:	41:51.14	1:10.81	5000m:	57:17.80	1:10.02
	1200m:	13:10.91	1:06.61	2500m:	27:54.99	1:09.16	3800m:	43:02.20	1:11.06			
	1300m:	14:17.45	1:06.54	2600m:	29:03.70	1:08.71	3900m:	44:13.39	1:11.19			
10.	RODRIGUEZ FERNANDEZ, Arturo			00	C.D. Parquesol				57:38.59	1,00		
	100m:	1:05.69	1:05.69	1400m:	16:05.77	1:09.33	2700m:	31:08.14	1:09.66	4000m:	46:10.05	1:09.83
	200m:	2:13.49	1:07.80	1500m:	17:15.38	1:09.61	2800m:	32:17.60	1:09.46	4100m:	47:19.34	1:09.29
	300m:	3:22.26	1:08.77	1600m:	18:24.57	1:09.19	2900m:	33:27.22	1:09.62	4200m:	48:28.41	1:09.07
	400m:	4:31.82	1:09.56	1700m:	19:34.27	1:09.70	3000m:	34:37.19	1:09.97	4300m:	49:37.69	1:09.28
	500m:	5:41.44	1:09.62	1800m:	20:43.55	1:09.28	3100m:	35:46.48	1:09.29	4400m:	50:47.17	1:09.48
	600m:	6:50.86	1:09.42	1900m:	21:53.27	1:09.72	3200m:	36:55.63	1:09.15	4500m:	51:56.79	1:09.62
	700m:	8:00.09	1:09.23	2000m:	23:02.82	1:09.55	3300m:	38:04.77	1:09.14	4600m:	53:06.15	1:09.36
	800m:	9:09.42	1:09.33	2100m:	24:12.25	1:09.43	3400m:	39:14.26	1:09.49	4700m:	54:15.27	1:09.12
	900m:	10:18.69	1:09.27	2200m:	25:21.67	1:09.42	3500m:	40:23.26	1:09.00	4800m:	55:24.11	1:08.84
	1000m:	11:28.23	1:09.54	2300m:	26:30.77	1:09.10	3600m:	41:32.17	1:08.91	4900m:	56:32.45	1:08.34
	1100m:	12:37.51	1:09.28	2400m:	27:39.90	1:09.13	3700m:	42:41.24	1:09.07	5000m:	57:38.59	1:06.14
	1200m:	13:47.11	1:09.60	2500m:	28:49.12	1:09.22	3800m:	43:50.71	1:09.47			
	1300m:	14:56.44	1:09.33	2600m:	29:58.48	1:09.36	3900m:	45:00.22	1:09.51			
11.	CARNEIRO VIQUEIRA, Xabier			00	Club Del Mar				58:03.98	-		
	100m:	1:06.64	1:06.64	1400m:	15:50.28	1:08.11	2700m:	30:59.44	1:10.28	4000m:	46:15.24	1:11.41
	200m:	2:14.21	1:07.57	1500m:	16:58.35	1:08.07	2800m:	32:09.92	1:10.48	4100m:	47:26.54	1:11.30
	300m:	3:21.49	1:07.28	1600m:	18:07.32	1:08.97	2900m:	33:19.95	1:10.03	4200m:	48:37.31	1:10.77
	400m:	4:29.31	1:07.82	1700m:	19:16.11	1:08.79	3000m:	34:29.89	1:09.94	4300m:	49:48.19	1:10.88
	500m:	5:37.21	1:07.90	1800m:	20:25.00	1:08.89	3100m:	35:40.71	1:10.82	4400m:	50:59.55	1:11.36
	600m:	6:45.00	1:07.79	1900m:	21:34.71	1:09.71	3200m:	36:51.03	1:10.32	4500m:	52:10.41	1:10.86
	700m:	7:53.37	1:08.37	2000m:	22:44.38	1:09.67	3300m:	38:01.18	1:10.15	4600m:	53:22.30	1:11.89
	800m:	9:01.56	1:08.19	2100m:	23:54.22	1:09.84	3400m:	39:11.31	1:10.13	4700m:	54:33.48	1:11.18
	900m:	10:09.46	1:07.90	2200m:	25:05.40	1:11.18	3500m:	40:21.74	1:10.43	4800m:	55:44.16	1:10.68
	1000m:	11:17.51	1:08.05	2300m:	26:15.85	1:10.45	3600m:	41:32.19	1:10.45	4900m:	56:54.49	1:10.33
	1100m:	12:25.89	1:08.38	2400m:	27:26.56	1:10.71	3700m:	42:42.63	1:10.44	5000m:	58:03.98	1:09.49
	1200m:	13:34.06	1:08.17	2500m:	28:37.75	1:11.19	3800m:	43:53.78	1:11.15			
	1300m:	14:42.17	1:08.11	2600m:	29:49.16	1:11.41	3900m:	45:03.83	1:10.05			



IX CTO. DE ESPAÑA LARGA DISTANCIA  
MATARÓ, 24/2/2018



Prueba 3, Masc., 5000m Libre, JUNIOR-2

Clasificación	AN				Tiempo			
12.	CANDELA MONTELONGO, Alejandro 00				C.D.N. Nadamas Las Marinas 1:00:53.19 -			
100m:	1:06.98	1:06.98	1400m:	16:20.88	1:11.88	2700m:	32:08.74	1:13.68
200m:	2:15.00	1:08.02	1500m:	17:32.48	1:11.60	2800m:	33:22.53	1:13.79
300m:	3:21.98	1:06.98	1600m:	18:44.87	1:12.39	2900m:	34:37.32	1:14.79
400m:	4:31.25	1:09.27	1700m:	19:55.03	1:10.16	3000m:	35:52.76	1:15.44
500m:	5:40.73	1:09.48	1800m:	21:07.65	1:12.62	3100m:	37:09.78	1:17.02
600m:	6:49.94	1:09.21	1900m:	22:20.53	1:12.88	3200m:	38:25.31	1:15.53
700m:	8:00.53	1:10.59	2000m:	23:32.77	1:12.24	3300m:	39:42.35	1:17.04
800m:	9:11.76	1:11.23	2100m:	24:45.19	1:12.42	3400m:	40:57.92	1:15.57
900m:	10:22.86	1:11.10	2200m:	25:58.76	1:13.57	3500m:	42:13.10	1:15.18
1000m:	11:33.52	1:10.66	2300m:	27:12.57	1:13.81	3600m:	43:29.37	1:16.27
1100m:	12:45.16	1:11.64	2400m:	28:26.73	1:14.16	3700m:	44:43.44	1:14.07
1200m:	13:56.69	1:11.53	2500m:	29:39.23	1:12.50	3800m:	45:59.52	1:16.08
1300m:	15:09.00	1:12.31	2600m:	30:55.06	1:15.83	3900m:	47:16.59	1:17.07