

Prueba 3  
21/04/2018 - 10:00

Fem., 800m Libre

20 - 94 años  
Resultados

RE 90+	35:09.44	BERNARDA ANGULO	METROPOLE
RE 85+	23:51.99	MITCHELL BEDFORD ANTONIA	LOS CRISTIANOS
RE 80+	24:23.97	MITCHELL BEDFORD ANTONIA	FUERTEVENTURA
RE 75+	17:04.47	JIMENEZ SMERDOU HILDA	FUENGIROLA
RE 70+	16:06.68	TOMASENA ALZURI Mª ROSARIO	LAS PALMAS G.C.
RE 65+	12:52.36	SEGARRA PEÑARROYA ROSA	LAS PALMAS G.C.
RE 60+	11:47.55	IRAIZOZ SANZOL NATIVIDAD	KAZAN (RUS)
RE 55+	11:21.75	BALBUENA ESPARZA LOLI	MATARÓ
RE 50+	9:54.50	GARCIA COLOMO MAITE	ZARAGOZA
RE 45+	9:52.94	GARCIA COLOMO Mª TERESA	GÖTEBORG (SWE)
RE 40+	9:31.72	SANTOS ARRIAGA Rebeca	CÁDIZ (CAD)
RE 35+	9:36.98	BENEYTO VIZUETE CAROLINA	JEREZ
RE 30+	9:28.52	REQUENA JUAREZ YUREMA	TORREVIEJA
RE 25+	9:40.61	FERNANDEZ CURRIUS ELISABET	RICCIONE (ITA)

20/04/2018

Clasificación

AN

Tiempo

20+

1. FERNANDEZ DIAZ Andrea	97	C. Aquatico Aviles Solras	<b>10:01.08</b>	19,00
50m: 33.54 33.54	250m: 3:00.71 37.23	450m: 5:32.82 38.56	650m: 8:07.88 38.20	
100m: 1:09.76 36.22	300m: 3:38.49 37.78	500m: 6:11.36 38.54	700m: 8:46.43 38.55	
150m: 1:46.60 36.84	350m: 4:16.08 37.59	550m: 6:50.39 39.03	750m: 9:24.20 37.77	
200m: 2:23.48 36.88	400m: 4:54.26 38.18	600m: 7:29.68 39.29	800m: 10:01.08 36.88	
2. MANCERA REINA Ana	94	C.N. Carmona	<b>11:14.83</b>	16,00
50m: 35.99 35.99	250m: 3:21.89 41.87	450m: 6:15.15 44.24	650m: 9:07.81 42.41	
100m: 1:15.88 39.89	300m: 4:05.26 43.37	500m: 6:58.92 43.77	700m: 9:52.19 44.38	
150m: 1:57.46 41.58	350m: 4:48.21 42.95	550m: 7:41.41 42.49	750m: 10:33.31 41.12	
200m: 2:40.02 42.56	400m: 5:30.91 42.70	600m: 8:25.40 43.99	800m: 11:14.83 41.52	
3. ESCOBAR FERNANDEZ Lourdes	95	C.N.Inacua Huetor Vega	<b>11:32.04</b>	14,00
50m: 36.90 36.90	250m: 3:34.50 45.64	450m: 6:32.03 44.13	650m: 9:27.24 43.87	
100m: 1:19.12 42.22	300m: 4:18.96 44.46	500m: 7:16.29 44.26	700m: 10:10.22 42.98	
150m: 2:04.34 45.22	350m: 5:03.79 44.83	550m: 7:59.57 43.28	750m: 10:53.04 42.82	
200m: 2:48.86 44.52	400m: 5:47.90 44.11	600m: 8:43.37 43.80	800m: 11:32.04 39.00	
4. RUBIO CONTRERAS Diana	94	Natacion Sevilla Master, C.D.	<b>12:29.48</b>	13,00
50m: 38.33 38.33	250m: 3:41.64 46.31	450m: 6:50.40 47.84	650m: 10:03.12 48.10	
100m: 1:22.50 44.17	300m: 4:28.32 46.68	500m: 7:38.11 47.71	700m: 10:52.93 49.81	
150m: 2:08.62 46.12	350m: 5:15.19 46.87	550m: 8:26.67 48.56	750m: 11:42.21 49.28	
200m: 2:55.33 46.71	400m: 6:02.56 47.37	600m: 9:15.02 48.35	800m: 12:29.48 47.27	

25+

1. SOUISSI AYUSO Fatima	93	C.N. Cadiz	<b>9:44.80</b>	19,00
50m: 32.79 32.79	250m: 2:57.39 36.46	450m: 5:24.97 37.08	700m: 8:32.40 1:14.81	
100m: 1:08.25 35.46	300m: 3:34.28 36.89	500m: 6:02.49 37.52	800m: 9:44.80 1:12.40	
150m: 1:44.51 36.26	350m: 4:10.96 36.68	550m: 6:40.04 37.55		
200m: 2:20.93 36.42	400m: 4:47.89 36.93	600m: 7:17.59 37.55		
2. ARROYO GARCIA Sonia	93	C.N. L' Hospitalet	<b>10:13.70</b>	16,00
50m: 34.05 34.05	250m: 3:07.17 38.81	450m: 5:43.19 39.28	650m: 8:17.64 39.13	
100m: 1:11.68 37.63	300m: 3:45.89 38.72	500m: 6:21.43 38.24	700m: 8:56.27 38.63	
150m: 1:49.90 38.22	350m: 4:25.42 39.53	550m: 6:59.97 38.54	750m: 9:34.92 38.65	
200m: 2:28.36 38.46	400m: 5:03.91 38.49	600m: 7:38.51 38.54	800m: 10:13.70 38.78	

Prueba 3, Fem., 800m Libre, 25+

Clasificación

AN

Tiempo

3.	LASTRA PEREZ Rocio	90	C.N. Camargo	<b>10:22.52</b>	14,00
	50m: 33.48 33.48	250m: 3:02.59 38.03	450m: 5:41.26 40.07	650m: 8:24.45 41.01	
	100m: 1:09.81 36.33	300m: 3:41.49 38.90	500m: 6:22.08 40.82	700m: 9:04.89 40.44	
	150m: 1:46.94 37.13	350m: 4:21.04 39.55	550m: 7:02.69 40.61	750m: 9:45.40 40.51	
	200m: 2:24.56 37.62	400m: 5:01.19 40.15	600m: 7:43.44 40.75	800m: 10:22.52 37.12	
4.	GARCIA CERVANTES Laura	89	C.N. Castilla	<b>11:48.63</b>	13,00
	50m: 38.82 38.82	250m: 3:35.00 45.42	450m: 6:36.79 45.62	650m: 9:37.69 45.28	
	100m: 1:21.46 42.64	300m: 4:19.97 44.97	500m: 7:21.72 44.93	700m: 10:22.57 44.88	
	150m: 2:05.41 43.95	350m: 5:05.88 45.91	550m: 8:07.61 45.89	750m: 11:07.60 45.03	
	200m: 2:49.58 44.17	400m: 5:51.17 45.29	600m: 8:52.41 44.80	800m: 11:48.63 41.03	
5.	RUIZ MORENO Irene	89	C.D. Jerez Natacion Master	<b>12:59.55</b>	12,00
	50m: 39.44 39.44	250m: 3:49.80 49.21	450m: 7:11.20 50.79	650m: 10:32.67 51.03	
	100m: 1:23.88 44.44	300m: 4:40.11 50.31	500m: 8:01.24 50.04	700m: 11:22.57 49.90	
	150m: 2:11.82 47.94	350m: 5:30.42 50.31	550m: 8:51.36 50.12	750m: 12:12.81 50.24	
	200m: 3:00.59 48.77	400m: 6:20.41 49.99	600m: 9:41.64 50.28	800m: 12:59.55 46.74	

30+

1.	VILAR ALCAMI Ione	85	C.N. Vila-Real	<b>10:16.99</b>	19,00
	50m: 34.49 34.49	250m: 3:07.85 39.16	450m: 5:44.01 39.08	650m: 8:20.93 39.03	
	100m: 1:11.67 37.18	300m: 3:46.40 38.55	500m: 6:23.16 39.15	700m: 8:59.96 39.03	
	150m: 1:50.19 38.52	350m: 4:25.81 39.41	550m: 7:02.45 39.29	750m: 9:39.38 39.42	
	200m: 2:28.69 38.50	400m: 5:04.93 39.12	600m: 7:41.90 39.45	800m: 10:16.99 37.61	
2.	VILANOVA GONZALEZ Paula	85	Cn Master Torrijos	<b>11:42.26</b>	16,00
	50m: 36.86 36.86	250m: 3:32.12 45.35	450m: 6:33.48 44.98	650m: 9:33.61 45.20	
	100m: 1:17.83 40.97	300m: 4:17.40 45.28	500m: 7:18.34 44.86	700m: 10:17.21 43.60	
	150m: 2:02.45 44.62	350m: 5:03.09 45.69	550m: 8:03.86 45.52	750m: 11:01.45 44.24	
	200m: 2:46.77 44.32	400m: 5:48.50 45.41	600m: 8:48.41 44.55	800m: 11:42.26 40.81	
3.	BEAS LOPEZ Alba	88	Natacion Sevilla Master, C.D.	<b>14:31.79</b>	14,00
	50m: 42.01 42.01	250m: 4:11.73 55.02	450m: 7:58.00 57.66	650m: 11:47.09 58.38	
	100m: 1:30.43 48.42	300m: 5:07.51 55.78	500m: 8:54.50 56.50	700m: 12:43.59 56.50	
	150m: 2:22.88 52.45	350m: 6:03.90 56.39	550m: 9:51.07 56.57	750m: 13:40.57 56.98	
	200m: 3:16.71 53.83	400m: 7:00.34 56.44	600m: 10:48.71 57.64	800m: 14:31.79 51.22	

35+

1.	O'FARRELL VITALLER Alejandra	83	C. Nautico Sevilla	<b>11:41.76</b>	19,00
	50m: 37.05 37.05	250m: 3:30.21 44.68	450m: 6:32.11 45.37	650m: 9:32.22 44.13	
	100m: 1:18.61 41.56	300m: 4:15.85 45.64	500m: 7:17.78 45.67	700m: 10:16.49 44.27	
	150m: 2:01.52 42.91	350m: 5:01.18 45.33	550m: 8:02.82 45.04	750m: 10:59.53 43.04	
	200m: 2:45.53 44.01	400m: 5:46.74 45.56	600m: 8:48.09 45.27	800m: 11:41.76 42.23	
2.	RUIZ LARRAMENDI FERNANDEZ Ainha	79	C.D.Turaniana	<b>11:42.72</b>	16,00
	50m: 38.94 38.94	250m: 3:33.71 44.94	450m: 6:34.53 45.08	650m: 9:33.19 44.81	
	100m: 1:20.50 41.56	300m: 4:18.93 45.22	500m: 7:18.81 44.28	700m: 10:17.46 44.27	
	150m: 2:04.26 43.76	350m: 5:04.25 45.32	550m: 8:03.78 44.97	750m: 11:01.45 43.99	
	200m: 2:48.77 44.51	400m: 5:49.45 45.20	600m: 8:48.38 44.60	800m: 11:42.72 41.27	
3.	MATESANZ BARRON Christina Barbara	79	C.D.Resist4	<b>11:53.68</b>	14,00
	50m: 39.38 39.38	250m: 3:34.99 44.75	450m: 6:35.96 45.59	650m: 9:39.92 46.12	
	100m: 1:21.92 42.54	300m: 4:19.68 44.69	500m: 7:21.76 45.80	700m: 10:25.41 45.49	
	150m: 2:05.81 43.89	350m: 5:04.88 45.20	550m: 8:07.49 45.73	750m: 11:10.86 45.45	
	200m: 2:50.24 44.43	400m: 5:50.37 45.49	600m: 8:53.80 46.31	800m: 11:53.68 42.82	

Prueba 3, Fem., 800m Libre, 35+

Clasificación

AN

Tiempo

4. QUINTANILLA GARCÍA Ana Isabel	79	Cd Upstream	<b>12:34.12</b>	13,00
50m: 38.16 38.16	250m: 3:45.02 47.94	450m: 6:58.59 48.62	650m: 10:12.53 48.62	
100m: 1:21.97 43.81	300m: 4:33.00 47.98	500m: 7:46.86 48.27	700m: 11:00.57 48.04	
150m: 2:08.96 46.99	350m: 5:21.72 48.72	550m: 8:35.60 48.74	750m: 11:48.03 47.46	
200m: 2:57.08 48.12	400m: 6:09.97 48.25	600m: 9:23.91 48.31	800m: 12:34.12 46.09	

40+

1. SANTOS ARRIAGA Rebeca	77	Cn Master Torrijos	<b>9:34.17</b>	19,00
50m: 32.88 32.88	250m: 2:57.12 36.47	450m: 5:22.56 36.18	650m: 7:47.68 36.20	
100m: 1:08.18 35.30	300m: 3:33.58 36.46	500m: 5:58.85 36.29	700m: 8:23.72 36.04	
150m: 1:44.45 36.27	350m: 4:10.10 36.52	550m: 6:34.95 36.10	750m: 8:59.59 35.87	
200m: 2:20.65 36.20	400m: 4:46.38 36.28	600m: 7:11.48 36.53	800m: 9:34.17 34.58	
2. VIDAL SILVESTRE Nuria	78	C.N. Vila-Real	<b>10:53.87</b>	16,00
50m: 36.06 36.06	250m: 3:19.22 41.33	450m: 6:06.60 42.00	650m: 8:52.57 41.21	
100m: 1:15.70 39.64	300m: 4:00.88 41.66	500m: 6:48.14 41.54	700m: 9:33.55 40.98	
150m: 1:57.03 41.33	350m: 4:43.01 42.13	550m: 7:30.01 41.87	750m: 10:14.56 41.01	
200m: 2:37.89 40.86	400m: 5:24.60 41.59	600m: 8:11.36 41.35	800m: 10:53.87 39.31	
3. GOMEZ GOMEZ Miriam	75	C. Nautico Sevilla	<b>11:52.96</b>	14,00
50m: 38.71 38.71	250m: 3:35.95 44.82	450m: 6:37.12 45.45	650m: 9:38.50 45.46	
100m: 1:22.23 43.52	300m: 4:20.91 44.96	500m: 7:22.07 44.95	700m: 10:23.93 45.43	
150m: 2:06.48 44.25	350m: 5:06.50 45.59	550m: 8:07.63 45.56	750m: 11:09.21 45.28	
200m: 2:51.13 44.65	400m: 5:51.67 45.17	600m: 8:53.04 45.41	800m: 11:52.96 43.75	
4. PERAL PEREZ Maria Del Pilar	78	C.D. Jerez Natacion Master	<b>12:13.29</b>	13,00
50m: 39.07 39.07	250m: 3:44.09 47.96	450m: 6:53.09 47.06	650m: 10:00.92 48.06	
100m: 1:23.21 44.14	300m: 4:31.28 47.19	500m: 7:39.33 46.24	700m: 10:45.77 44.85	
150m: 2:09.28 46.07	350m: 5:18.72 47.44	550m: 8:26.29 46.96	750m: 11:31.34 45.57	
200m: 2:56.13 46.85	400m: 6:06.03 47.31	600m: 9:12.86 46.57	800m: 12:13.29 41.95	
5. GIMENEZ ALOS Maria Teresa	77	C.D. Jerez Natacion Master	<b>14:00.07</b>	12,00
50m: 44.56 44.56	250m: 4:15.87 54.47	450m: 7:53.90 54.16	650m: 11:27.96 54.19	
100m: 1:35.19 50.63	300m: 5:10.31 54.44	500m: 8:47.02 53.12	700m: 12:21.18 53.22	
150m: 2:27.56 52.37	350m: 6:05.00 54.69	550m: 9:40.59 53.57	750m: 13:12.47 51.29	
200m: 3:21.40 53.84	400m: 6:59.74 54.74	600m: 10:33.77 53.18	800m: 14:00.07 47.60	
6. CALVENTE NINATSAKI Lidia	74	C.N.D. Fuengirola Swimming	<b>14:48.03</b>	11,00
50m: 44.13 44.13	250m: 4:18.08 56.88	450m: 8:07.39 57.42	650m: 11:56.91 58.54	
100m: 1:32.92 48.79	300m: 5:15.88 57.80	500m: 9:04.48 57.09	700m: 12:54.32 57.41	
200m: 3:21.20 1:48.28	400m: 7:09.97 1:54.09	600m: 10:58.37 1:53.89	800m: 14:48.03 1:53.71	
7. LOPEZ ZARRIAS Maria Angeles	78	C.N. Los Barrios	<b>16:49.71</b>	10,00
50m: 49.34 49.34	250m: 4:58.39 1:04.87	450m: 9:18.11 1:04.59	700m: 14:42.99 2:09.32	
100m: 1:46.94 57.60	300m: 6:03.73 1:05.34	500m: 10:23.08 1:04.97	750m: 15:49.04 1:06.05	
150m: 2:48.81 1:01.87	350m: 7:08.89 1:05.16	550m: 11:29.02 1:05.94	800m: 16:49.71 1:00.67	
200m: 3:53.52 1:04.71	400m: 8:13.52 1:04.63	600m: 12:33.67 1:04.65		

45+

1. GIL GOMEZ Magnolia	72	C.D. Natacion Cordoba	<b>11:37.53</b>	19,00
100m: 1:14.95 1:14.95	300m: 4:10.46 1:29.21	500m: 7:10.72 1:32.13	700m: 10:12.54 1:31.29	
200m: 2:41.25 1:26.30	400m: 5:38.59 1:28.13	600m: 8:41.25 1:30.53	800m: 11:37.53 1:24.99	
2. SANCHEZ BENDALA Ana	71	Natacion Sevilla Master, C.D.	<b>11:50.60</b>	16,00
50m: 38.55 38.55	250m: 3:36.52 45.09	450m: 6:37.83 45.63	650m: 9:38.76 45.19	
100m: 1:21.76 43.21	300m: 4:21.54 45.02	500m: 7:23.05 45.22	700m: 10:24.58 45.82	
150m: 2:06.49 44.73	350m: 5:06.72 45.18	550m: 8:08.39 45.34	750m: 11:08.62 44.04	
200m: 2:51.43 44.94	400m: 5:52.20 45.48	600m: 8:53.57 45.18	800m: 11:50.60 41.98	

Prueba 3, Fem., 800m Libre, 45+

Clasificación	AN								Tiempo	
3.	GARCIA ALVAREZ Maria Jose	71	Club Benavente Natacion						<b>12:12.86</b>	14,00
	50m: 40.45	40.45	250m: 3:46.63	46.72	450m: 6:51.02	46.08	650m: 9:56.49	46.28		
	100m: 1:24.96	44.51	300m: 4:32.90	46.27	500m: 7:37.19	46.17	700m: 10:43.18	46.69		
	150m: 2:12.80	47.84	350m: 5:18.62	45.72	550m: 8:23.52	46.33	750m: 11:29.04	45.86		
	200m: 2:59.91	47.11	400m: 6:04.94	46.32	600m: 9:10.21	46.69	800m: 12:12.86	43.82		
4.	DEL RIO REDONDO Emma	69	Real Canoe N.C.						<b>12:17.75</b>	13,00
	50m: 40.94	40.94	250m: 3:44.50	46.69	450m: 6:51.55	46.60	650m: 9:59.56	47.03		
	100m: 1:25.11	44.17	300m: 4:31.41	46.91	500m: 7:38.85	47.30	700m: 10:46.72	47.16		
	150m: 2:11.36	46.25	350m: 5:18.28	46.87	550m: 8:25.59	46.74	750m: 11:33.15	46.43		
	200m: 2:57.81	46.45	400m: 6:04.95	46.67	600m: 9:12.53	46.94	800m: 12:17.75	44.60		
5.	BARONE COBOS Charo	70	C.D.Resist4						<b>13:44.12</b>	12,00
	50m: 45.36	45.36	250m: 4:12.89	52.22	450m: 7:43.37	52.57	650m: 11:13.12	52.71		
	100m: 1:36.61	51.25	300m: 5:05.38	52.49	500m: 8:35.98	52.61	700m: 12:04.48	51.36		
	150m: 2:28.55	51.94	350m: 5:58.23	52.85	550m: 9:28.07	52.09	750m: 12:55.20	50.72		
	200m: 3:20.67	52.12	400m: 6:50.80	52.57	600m: 10:20.41	52.34	800m: 13:44.12	48.92		
6.	RODRIGUEZ PRADO Gracia	69	C.N. Carmona						<b>14:46.50</b>	11,00
	50m: 48.36	48.36	250m: 4:27.65	54.52	450m: 8:11.75	55.99	650m: 12:02.63	57.69		
	100m: 1:41.16	52.80	300m: 5:23.84	56.19	500m: 9:10.92	59.17	700m: 12:59.15	56.52		
	150m: 2:36.97	55.81	350m: 6:18.74	54.90	550m: 10:07.39	56.47	750m: 13:55.38	56.23		
	200m: 3:33.13	56.16	400m: 7:15.76	57.02	600m: 11:04.94	57.55	800m: 14:46.50	51.12		
7.	OTERO FERNANDEZ Maria Del Rocio	73	C.D. Jerez Natacion Master						<b>14:51.37</b>	10,00
	50m: 45.08	45.08	250m: 4:26.20	57.26	450m: 8:15.66	56.80	650m: 12:04.31	57.41		
	100m: 1:37.10	52.02	300m: 5:23.18	56.98	500m: 9:13.16	57.50	700m: 13:00.98	56.67		
	150m: 2:32.36	55.26	350m: 6:21.25	58.07	550m: 10:10.16	57.00	750m: 13:57.80	56.82		
	200m: 3:28.94	56.58	400m: 7:18.86	57.61	600m: 11:06.90	56.74	800m: 14:51.37	53.57		
8.	DIAZ RUBIO Montaña	71	C.N. Los Barrios						<b>16:49.84</b>	9,00
	50m: 52.27	52.27	250m: 5:02.33	1:04.91	450m: 9:23.51	1:06.51	700m: 14:48.45	1:04.73		
	100m: 1:52.02	59.75	300m: 6:07.64	1:05.31	500m: 10:28.63	1:05.12	750m: 15:54.16	1:05.71		
	150m: 2:55.25	1:03.23	350m: 7:13.07	1:05.43	600m: 12:38.02	2:09.39	800m: 16:49.84	55.68		
	200m: 3:57.42	1:02.17	400m: 8:17.00	1:03.93	650m: 13:43.72	1:05.70				
NP	HIDALGO DALMAS Rosario	69	R.C. Mediterraneo						-	
Baja	GARCIA CANO Gloria Pilar	73	Club Natacion Ciudad De Murcia						-	

50+

1.	TEIXIDOR LEGOUX Aurelia	68	G.E. I E.G.						<b>11:40.11</b>	19,00
	50m: 36.83	36.83	250m: 3:27.83	44.42	450m: 6:27.11	44.81	650m: 9:26.14	44.65		
	100m: 1:17.42	40.59	300m: 4:11.99	44.16	500m: 7:12.44	45.33	700m: 10:10.87	44.73		
	150m: 1:59.77	42.35	350m: 4:56.89	44.90	550m: 7:56.87	44.43	750m: 10:56.09	45.22		
	200m: 2:43.41	43.64	400m: 5:42.30	45.41	600m: 8:41.49	44.62	800m: 11:40.11	44.02		
2.	PINTO SALVADOR Mª Teresa	67	C.N. Albacora						<b>13:26.60</b>	16,00
	50m: 44.64	44.64	300m: 4:58.81	50.88	500m: 8:23.87	50.59	700m: 11:47.87	50.22		
	100m: 1:33.83	49.19	350m: 5:50.29	51.48	550m: 9:15.67	51.80	750m: 12:38.04	50.17		
	200m: 3:16.85	1:43.02	400m: 6:40.93	50.64	600m: 10:06.47	50.80	800m: 13:26.60	48.56		
	250m: 4:07.93	51.08	450m: 7:33.28	52.35	650m: 10:57.65	51.18				
3.	CORDAL CASTRO Mª Angeles	66	C.N. Portuense						<b>13:42.97</b>	14,00
	50m: 43.97	43.97	250m: 4:07.48	52.11	450m: 7:36.93	52.15	650m: 11:08.89	53.59		
	100m: 1:32.73	48.76	300m: 4:59.80	52.32	500m: 8:29.23	52.30	700m: 12:02.09	53.20		
	150m: 2:24.03	51.30	350m: 5:52.50	52.70	550m: 9:22.57	53.34	750m: 12:54.14	52.05		
	200m: 3:15.37	51.34	400m: 6:44.78	52.28	600m: 10:15.30	52.73	800m: 13:42.97	48.83		



Prueba 3, Fem., 800m Libre, 50+

Clasificación

AN

Tiempo

4.	ASTORGA MOYA DE LA TORRE María	64	Natacion Sevilla Master, C.D.	<b>13:45.85</b>	13,00
	50m: 46.12 46.12	250m: 4:13.80 52.93	450m: 7:45.41 53.42	650m: 11:14.32 52.21	
	100m: 1:35.85 49.73	300m: 5:06.09 52.29	500m: 8:37.73 52.32	700m: 12:05.98 51.66	
	150m: 2:28.20 52.35	350m: 5:59.60 53.51	550m: 9:30.58 52.85	750m: 12:57.15 51.17	
	200m: 3:20.87 52.67	400m: 6:51.99 52.39	600m: 10:22.11 51.53	800m: 13:45.85 48.70	
5.	MISAS GENTO Maria Jose	64	C.D. Jerez Natacion Master	<b>14:33.99</b>	12,00
	100m: 1:35.98 1:35.98	400m: 7:09.05 1:52.47	700m: 12:44.03 1:51.76		
	200m: 3:24.59 1:48.61	500m: 9:00.47 1:51.42	750m: 13:38.69 54.66		
	300m: 5:16.58 1:51.99	600m: 10:52.27 1:51.80	800m: 14:33.99 55.30		
6.	IBÁÑEZ PÉREZ Eva María	66	C.N. Master Murcia	<b>15:23.60</b>	11,00
	50m: 52.22 52.22	250m: 4:36.49 57.08	450m: 8:28.02 58.76	650m: 12:23.97 1:00.99	
	100m: 1:47.38 55.16	300m: 5:33.68 57.19	500m: 9:26.20 58.18	700m: 13:24.57 1:00.60	
	150m: 2:43.18 55.80	350m: 6:31.90 58.22	550m: 10:24.87 58.67	750m: 14:25.64 1:01.07	
	200m: 3:39.41 56.23	400m: 7:29.26 57.36	600m: 11:22.98 58.11	800m: 15:23.60 57.96	
7.	BALLESTA GARCIA Inmaculada	64	C.N. Portuense	<b>15:42.01</b>	10,00
	50m: 50.24 50.24	250m: 4:46.61 1:00.52	450m: 8:49.31 59.81	650m: 12:49.77 1:00.31	
	100m: 1:47.11 56.87	300m: 5:47.09 1:00.48	500m: 9:49.74 1:00.43	700m: 13:48.56 58.79	
	150m: 2:45.87 58.76	350m: 6:49.32 1:02.23	550m: 10:49.29 59.55	750m: 14:46.75 58.19	
	200m: 3:46.09 1:00.22	400m: 7:49.50 1:00.18	600m: 11:49.46 1:00.17	800m: 15:42.01 55.26	
8.	GARCIA GARCIA Rocio	67	C.N. Portuense	<b>15:58.08</b>	9,00
	50m: 50.03 50.03	250m: 4:48.04 1:02.30	450m: 8:55.26 1:01.17	650m: 13:00.12 1:01.92	
	100m: 1:45.99 55.96	300m: 5:49.91 1:01.87	500m: 9:55.73 1:00.47	700m: 14:00.41 1:00.29	
	150m: 2:46.26 1:00.27	350m: 6:52.38 1:02.47	550m: 10:56.74 1:01.01	750m: 15:01.32 1:00.91	
	200m: 3:45.74 59.48	400m: 7:54.09 1:01.71	600m: 11:58.20 1:01.46	800m: 15:58.08 56.76	
9.	SANTIAGO JUAN Esther	68	C.D. Jerez Natacion Master	<b>17:01.82</b>	8,00
	50m: 55.54 55.54	250m: 5:11.85 1:04.68	450m: 9:33.32 1:06.66	650m: 13:55.75 1:06.19	
	100m: 1:58.02 1:02.48	300m: 6:16.90 1:05.05	500m: 10:38.61 1:05.29	700m: 15:00.21 1:04.46	
	150m: 3:02.75 1:04.73	350m: 7:21.85 1:04.95	550m: 11:44.28 1:05.67	750m: 16:05.54 1:05.33	
	200m: 4:07.17 1:04.42	400m: 8:26.66 1:04.81	600m: 12:49.56 1:05.28	800m: 17:01.82 56.28	

55+

1.	GARCIA COLOMO Maria Cristina			62	C.N. Pabellon Ourense					<b>11:55.53</b>	19,00	
	50m:	38.69	38.69	250m:	3:36.46	45.50	450m:	6:40.12	46.27	650m:	9:42.27	44.91
	100m:	1:21.14	42.45	300m:	4:21.90	45.44	500m:	7:24.77	44.65	700m:	10:26.80	44.53
	150m:	2:06.05	44.91	350m:	5:08.12	46.22	550m:	8:11.79	47.02	750m:	11:12.05	45.25
	200m:	2:50.96	44.91	400m:	5:53.85	45.73	600m:	8:57.36	45.57	800m:	11:55.53	43.48
2.	MARFIL PEREZ DE LA LASTRA Magda			60	C.N. Portuense					<b>14:03.51</b>	16,00	
	50m:	44.31	44.31	250m:	4:12.02	54.80	450m:	7:46.69	54.75	650m:	11:25.58	56.10
	100m:	1:31.82	47.51	300m:	5:04.02	52.00	500m:	8:40.41	53.72	700m:	12:18.00	52.42
	150m:	2:25.36	53.54	350m:	5:58.78	54.76	550m:	9:36.75	56.34	750m:	13:12.42	54.42
	200m:	3:17.22	51.86	400m:	6:51.94	53.16	600m:	10:29.48	52.73	800m:	14:03.51	51.09
3.	JARQUE MULERO Elena			61	C.N. Portuense					<b>14:57.26</b>	14,00	
	50m:	48.02	48.02	250m:	4:30.10	56.61	450m:	8:20.44	57.98	650m:	12:08.85	56.52
	100m:	1:40.65	52.63	300m:	5:27.99	57.89	500m:	9:18.02	57.58	700m:	13:05.56	56.71
	150m:	2:36.95	56.30	350m:	6:24.76	56.77	550m:	10:15.32	57.30	750m:	14:03.54	57.98
	200m:	3:33.49	56.54	400m:	7:22.46	57.70	600m:	11:12.33	57.01	800m:	14:57.26	53.72
4.	LUNA VERDUGO Maria Isabel			62	C.N. Cadiz					<b>16:05.21</b>	13,00	
	50m:	50.24	50.24	250m:	4:49.88	1:01.43	450m:	8:58.14	1:03.05	650m:	13:06.73	1:02.80
	100m:	1:46.94	56.70	300m:	5:50.57	1:00.69	500m:	9:59.21	1:01.07	700m:	14:07.61	1:00.88
	150m:	2:48.81	1:01.87	350m:	6:52.41	1:01.84	550m:	11:01.63	1:02.42	750m:	15:09.64	1:02.03
	200m:	3:48.45	59.64	400m:	7:55.09	1:02.68	600m:	12:03.93	1:02.30	800m:	16:05.21	55.57

Prueba 3, Fem., 800m Libre

60+

1.	DELGADO GAVILAN Maria Luisa	54	C.D. Jerez Natacion Master	<b>15:57.20</b>	19,00
	50m: 53.62 53.62	250m: 4:54.25 1:00.64	450m: 8:57.18 1:00.96	650m: 12:59.34 1:00.32	
	100m: 1:52.82 59.20	300m: 5:54.31 1:00.06	500m: 9:57.72 1:00.54	700m: 13:58.87 59.53	
	150m: 2:53.86 1:01.04	350m: 6:55.11 1:00.80	550m: 10:57.79 1:00.07	750m: 14:59.58 1:00.71	
	200m: 3:53.61 59.75	400m: 7:56.22 1:01.11	600m: 11:59.02 1:01.23	800m: 15:57.20 57.62	
2.	NEWSOME Dianne	58	C.D. Jerez Natacion Master	<b>16:33.75</b>	16,00
	50m: 53.49 53.49	250m: 5:03.73 1:05.79	450m: 9:25.32 1:06.17	650m: 13:37.27 1:01.77	
	100m: 1:51.78 58.29	300m: 6:08.86 1:05.13	500m: 10:29.23 1:03.91	700m: 14:39.04 1:01.77	
	150m: 2:54.36 1:02.58	350m: 7:14.60 1:05.74	550m: 11:33.73 1:04.50	750m: 15:38.64 59.60	
	200m: 3:57.94 1:03.58	400m: 8:19.15 1:04.55	600m: 12:35.50 1:01.77	800m: 16:33.75 55.11	
3.	FERNANDEZ-TORIIJA GARCIA Maria Pi55		C.N. Monteverde	<b>17:40.18</b>	14,00
	50m: 52.80 52.80	250m: 5:18.57 1:08.43	450m: 9:54.22 1:07.94	650m: 14:29.37 1:08.07	
	100m: 1:54.94 1:02.14	300m: 6:30.08 1:11.51	500m: 11:04.86 1:10.64	700m: 15:37.60 1:08.23	
	150m: 3:02.23 1:07.29	350m: 7:38.28 1:08.20	550m: 12:13.72 1:08.86	750m: 16:43.48 1:05.88	
	200m: 4:10.14 1:07.91	400m: 8:46.28 1:08.00	600m: 13:21.30 1:07.58	800m: 17:40.18 56.70	