

Prueba 2
20/04/2018 - 13:48

Fem., 1500m Libre

20 - 94 años
Resultados

RE 75+	32:09.32	JIMENEZ SMERDOU HILDA	FUENGIROLA
RE 70+	30:40.29	TOMASENA ALZURI Mª ROSARIO	LAS PALMAS G.C.
RE 65+	25:08.39	SEGARRA PEÑARROYA ROSA	LAS PALMAS G.C.
RE 60+	25:28.54	PEREZ Mª COSPEDAL Mª VICTORIA	SON HUGO
RE 55+	21:25.26	BALBUENA ESPARZA LOLI	MATARÓ
RE 50+	20:12.02	CABAÑERO SANCHEZ-LEON Mª LUISA	LAS PALMAS G.C.
RE 45+	18:54.47	GARCIA COLOMO MAITE	LAS PALMAS
RE 40+	19:05.09	FERRO IBORRA JEANETTE MARIBEL	LAS PALMAS G.C.
RE 35+	18:09.11	BENEYTO VIZUETE CAROLINA	JEREZ
RE 30+	17:48.42	REQUENA JUAREZ YUREMA	TORREVIEJA
RE 25+	18:44.49	SOUISSI AYUSO FATIMA	FUENGIROLA

Clasificación

AN

Tiempo

20+

1. FERNANDEZ DIAZ Andrea	97	C. Aquatico Aviles Solras	19:19.69	19,00
50m: 34.15 34.15	450m: 5:38.97 38.91	850m: 10:51.51 39.58	1250m: 16:07.53 39.72	
100m: 1:10.55 36.40	500m: 6:17.74 38.77	900m: 11:31.09 39.58	1300m: 16:47.11 39.58	
150m: 1:48.04 37.49	550m: 6:56.44 38.70	950m: 12:10.36 39.27	1350m: 17:26.37 39.26	
200m: 2:25.90 37.86	600m: 7:35.15 38.71	1000m: 12:50.29 39.93	1400m: 18:05.34 38.97	
250m: 3:04.19 38.29	650m: 8:14.05 38.90	1050m: 13:29.84 39.55	1450m: 18:43.22 37.88	
300m: 3:42.31 38.12	700m: 8:52.97 38.92	1100m: 14:09.37 39.53	1500m: 19:19.69 36.47	
350m: 4:21.34 39.03	750m: 9:32.39 39.42	1150m: 14:48.76 39.39		
400m: 5:00.06 38.72	800m: 10:11.93 39.54	1200m: 15:27.81 39.05		
2. MANCERA REINA Ana	94	C.N. Carmona	21:20.01	16,00
50m: 36.70 36.70	450m: 6:12.65 43.91	850m: 12:01.32 43.47	1250m: 17:49.04 44.02	
100m: 1:16.36 39.66	500m: 6:55.58 42.93	900m: 12:44.23 42.91	1300m: 18:30.96 41.92	
150m: 1:56.68 40.32	550m: 7:40.35 44.77	950m: 13:28.00 43.77	1350m: 19:15.14 44.18	
200m: 2:37.71 41.03	600m: 8:23.74 43.39	1000m: 14:11.91 43.91	1400m: 19:58.46 43.32	
250m: 3:20.22 42.51	650m: 9:07.12 43.38	1050m: 14:54.83 42.92	1450m: 20:40.67 42.21	
300m: 4:02.74 42.52	700m: 9:50.80 43.68	1100m: 15:38.83 44.00	1500m: 21:20.01 39.34	
350m: 4:45.62 42.88	750m: 10:34.50 43.70	1150m: 16:22.30 43.47		
400m: 5:28.74 43.12	800m: 11:17.85 43.35	1200m: 17:05.02 42.72		
3. ESCOBAR FERNANDEZ Lourdes	95	C.N.Inacua Huetor Vega	22:03.22	14,00
50m: 36.98 36.98	450m: 6:32.43 45.07	850m: 12:26.87 44.61	1250m: 18:23.52 44.57	
100m: 1:19.45 42.47	500m: 7:16.34 43.91	900m: 13:11.50 44.63	1300m: 19:08.96 45.44	
150m: 2:03.75 44.30	550m: 8:00.77 44.43	950m: 13:56.12 44.62	1350m: 19:54.23 45.27	
200m: 2:48.17 44.42	600m: 8:44.29 43.52	1000m: 14:41.46 45.34	1400m: 20:38.28 44.05	
250m: 3:33.27 45.10	650m: 9:28.90 44.61	1050m: 15:25.41 43.95	1450m: 21:22.30 44.02	
300m: 4:17.75 44.48	700m: 10:13.23 44.33	1100m: 16:09.88 44.47	1500m: 22:03.22 40.92	
350m: 5:02.63 44.88	750m: 10:57.57 44.34	1150m: 16:54.26 44.38		
400m: 5:47.36 44.73	800m: 11:42.26 44.69	1200m: 17:38.95 44.69		
4. RUBIO CONTRERAS Diana	94	Natacion Sevilla Master, C.D.	23:42.63	13,00
50m: 39.43 39.43	350m: 5:16.78 47.03	700m: 10:54.34 49.07	1150m: 18:05.88 46.41	
100m: 1:23.97 44.54	400m: 6:04.79 48.01	800m: 12:31.54 1:37.20	1200m: 18:55.02 49.14	
150m: 2:10.67 46.70	450m: 6:52.54 47.75	850m: 13:19.75 48.21	1300m: 20:32.22 1:37.20	
200m: 2:56.99 46.32	500m: 7:40.48 47.94	900m: 14:08.82 49.07	1400m: 22:08.10 1:35.88	
250m: 3:43.07 46.08	600m: 9:17.76 1:37.28	1000m: 15:44.69 1:35.87	1500m: 23:42.63 1:34.53	
300m: 4:29.75 46.68	650m: 10:05.27 47.51	1100m: 17:19.47 1:34.78		

Prueba 2, Fem., 1500m Libre, 20+

Clasificación

AN

Tiempo

5.	LOPEZ MORALES Mª Del Carmen			98	C.N. Moralo				24:50.49		12,00
50m:	39.31	39.31	450m:	7:10.39	50.79	850m:	13:58.85	53.94	1250m:	20:49.26	52.77
100m:	1:24.84	45.53	500m:	8:00.16	49.77	900m:	14:48.78	49.93	1300m:	21:37.81	48.55
150m:	2:13.05	48.21	550m:	8:50.79	50.63	950m:	15:42.95	54.17	1350m:	22:28.68	50.87
200m:	3:00.70	47.65	600m:	9:40.42	49.63	1000m:	16:32.83	49.88	1400m:	23:16.37	47.69
250m:	3:50.51	49.81	650m:	10:31.95	51.53	1050m:	17:25.06	52.23	1450m:	24:04.62	48.25
300m:	4:39.08	48.57	700m:	11:21.66	49.71	1100m:	18:14.51	49.45	1500m:	24:50.49	45.87
350m:	5:29.36	50.28	750m:	12:14.85	53.19	1150m:	19:06.15	51.64			
400m:	6:19.60	50.24	800m:	13:04.91	50.06	1200m:	19:56.49	50.34			

25+

1.	SOUISSI AYUSO Fatima			93	C.N. Cadiz				18:35.83		34,00	RE
	50m:	32.90	32.90	450m:	5:27.28	37.44	850m:	10:26.94	37.38	1250m:	15:29.63	37.53
	100m:	1:08.33	35.43	500m:	6:04.51	37.23	900m:	11:04.52	37.58	1300m:	16:07.83	38.20
	150m:	1:44.77	36.44	550m:	6:41.93	37.42	950m:	11:42.32	37.80	1350m:	16:45.70	37.87
	200m:	2:21.32	36.55	600m:	7:19.62	37.69	1000m:	12:20.37	38.05	1400m:	17:23.60	37.90
	250m:	2:58.20	36.88	650m:	7:56.88	37.26	1050m:	12:58.33	37.96	1450m:	18:00.51	36.91
	300m:	3:35.37	37.17	700m:	8:34.35	37.47	1100m:	13:36.30	37.97	1500m:	18:35.83	35.32
	350m:	4:12.63	37.26	750m:	9:11.90	37.55	1150m:	14:13.79	37.49			
	400m:	4:49.84	37.21	800m:	9:49.56	37.66	1200m:	14:52.10	38.31			
2.	ARROYO GARCIA Sonia			93	C.N. L´ Hospitalet				19:10.92		16,00	
	50m:	34.48	34.48	450m:	5:41.15	38.83	850m:	10:48.15	38.38	1250m:	15:57.52	38.90
	100m:	1:12.15	37.67	500m:	6:19.24	38.09	900m:	11:26.51	38.36	1300m:	16:36.26	38.74
	150m:	1:50.36	38.21	550m:	6:57.61	38.37	950m:	12:04.99	38.48	1350m:	17:15.32	39.06
	200m:	2:28.62	38.26	600m:	7:35.85	38.24	1000m:	12:43.52	38.53	1400m:	17:53.94	38.62
	250m:	3:07.16	38.54	650m:	8:14.64	38.79	1050m:	13:22.32	38.80	1450m:	18:32.97	39.03
	300m:	3:45.54	38.38	700m:	8:52.99	38.35	1100m:	14:00.82	38.50	1500m:	19:10.92	37.95
	350m:	4:24.02	38.48	750m:	9:31.55	38.56	1150m:	14:40.15	39.33			
	400m:	5:02.32	38.30	800m:	10:09.77	38.22	1200m:	15:18.62	38.47			
3.	LASTRA PEREZ Rocio			90	C.N. Camargo				20:01.41		14,00	
	50m:	34.23	34.23	450m:	5:49.41	40.10	850m:	11:13.77	40.57	1250m:	16:42.80	40.94
	100m:	1:11.86	37.63	500m:	6:29.85	40.44	900m:	11:54.48	40.71	1300m:	17:24.27	41.47
	150m:	1:50.26	38.40	550m:	7:10.02	40.17	950m:	12:35.41	40.93	1350m:	18:04.94	40.67
	200m:	2:29.99	39.73	600m:	7:50.74	40.72	1000m:	13:16.45	41.04	1400m:	18:44.65	39.71
	250m:	3:09.17	39.18	650m:	8:30.80	40.06	1050m:	13:57.81	41.36	1450m:	19:23.43	38.78
	300m:	3:49.42	40.25	700m:	9:11.46	40.66	1100m:	14:38.65	40.84	1500m:	20:01.41	37.98
	350m:	4:29.25	39.83	750m:	9:52.55	41.09	1150m:	15:20.29	41.64			
	400m:	5:09.31	40.06	800m:	10:33.20	40.65	1200m:	16:01.86	41.57			
4.	RUIZ MORENO Irene			89	C.D. Jerez Natacion Master				25:26.00		13,00	
	50m:	43.06	43.06	450m:	7:28.56	51.99	850m:	14:20.02	50.33	1250m:	21:12.42	52.26
	100m:	1:30.77	47.71	500m:	8:19.57	51.01	900m:	15:10.34	50.32	1300m:	22:04.97	52.55
	150m:	2:21.63	50.86	550m:	9:11.83	52.26	950m:			1350m:	22:55.89	50.92
	200m:	3:12.29	50.66	600m:	10:03.00	51.17	1000m:	16:53.56		1400m:	23:47.89	52.00
	250m:	4:03.10	50.81	650m:	10:54.04	51.04	1050m:	17:44.54	50.98	1450m:	24:38.35	50.46
	300m:	4:53.11	50.01	700m:	11:45.46	51.42	1100m:	18:35.68	51.14	1500m:	25:26.00	47.65
	350m:	5:44.94	51.83	750m:	12:38.41	52.95	1150m:	19:29.07	53.39			
	400m:	6:36.57	51.63	800m:	13:29.69	51.28	1200m:	20:20.16	51.09			

30+

Prueba 2, Fem., 1500m Libre, 30+

Clasificación

AN

Tiempo

1. VILAR ALCAMI Ione	85	C.N. Vila-Real	19:50.23	19,00
50m: 35.36 35.36	450m: 5:50.22 39.70	850m: 11:10.21 39.86	1250m: 16:30.86 39.85	
100m: 1:13.60 38.24	500m: 6:30.32 40.10	900m: 11:50.33 40.12	1300m: 17:11.70 40.84	
150m: 1:51.80 38.20	550m: 7:10.15 39.83	950m: 12:30.29 39.96	1350m: 17:52.32 40.62	
200m: 2:31.16 39.36	600m: 7:50.35 40.20	1000m: 13:10.31 40.02	1400m: 18:32.24 39.92	
250m: 3:10.38 39.22	650m: 8:30.38 40.03	1050m: 13:50.36 40.05	1450m: 19:11.70 39.46	
300m: 3:50.37 39.99	700m: 9:10.46 40.08	1100m: 14:30.68 40.32	1500m: 19:50.23 38.53	
350m: 4:30.15 39.78	750m: 9:50.15 39.69	1150m: 15:10.66 39.98		
400m: 5:10.52 40.37	800m: 10:30.35 40.20	1200m: 15:51.01 40.35		
2. VILANOVA GONZALEZ Paula	85	Cn Master Torrijos	22:21.59	16,00
50m: 39.17 39.17	450m: 6:37.50 45.54	850m: 12:41.78 45.34	1250m: 18:43.77 45.43	
100m: 1:21.19 42.02	500m: 7:23.22 45.72	900m: 13:27.11 45.33	1300m: 19:29.26 45.49	
150m: 2:05.34 44.15	550m: 8:09.17 45.95	950m: 14:12.53 45.42	1350m: 20:13.47 44.21	
200m: 2:50.14 44.80	600m: 8:54.63 45.46	1000m: 14:57.92 45.39	1400m: 20:57.04 43.57	
250m: 3:35.13 44.99	650m: 9:40.03 45.40	1050m: 15:43.27 45.35	1450m: 21:40.12 43.08	
300m: 4:20.55 45.42	700m: 10:25.37 45.34	1100m: 16:28.75 45.48	1500m: 22:21.59 41.47	
350m: 5:06.14 45.59	750m: 11:10.84 45.47	1150m: 17:13.67 44.92		
400m: 5:51.96 45.82	800m: 11:56.44 45.60	1200m: 17:58.34 44.67		
3. SASTRE GARCIA Nuria	87	C. Aquatico Aviles Solras	24:19.58	14,00
50m: 42.98 42.98	450m: 7:09.70 49.34	850m: 13:43.50 49.54	1250m: 20:17.74 49.72	
100m: 1:29.65 46.67	500m: 7:58.64 48.94	900m: 14:32.62 49.12	1300m: 21:07.46 49.72	
150m: 2:16.93 47.28	550m: 8:47.90 49.26	950m: 15:22.13 49.51	1350m: 21:56.85 49.39	
200m: 3:04.59 47.66	600m: 9:37.13 49.23	1000m: 16:11.25 49.12	1400m: 22:45.78 48.93	
250m: 3:53.19 48.60	650m: 10:25.85 48.72	1050m: 17:00.51 49.26	1450m: 23:33.81 48.03	
300m: 4:42.66 49.47	700m: 11:15.35 49.50	1100m: 17:48.98 48.47	1500m: 24:19.58 45.77	
350m: 5:31.92 49.26	750m: 12:04.76 49.41	1150m: 18:38.72 49.74		
400m: 6:20.36 48.44	800m: 12:53.96 49.20	1200m: 19:28.02 49.30		
4. BEAS LOPEZ Alba	88	Natacion Sevilla Master, C.D.	28:01.13	13,00
50m: 43.15 43.15	450m: 7:55.99 54.89	850m: 15:32.79 58.46	1250m: 23:23.98 57.00	
100m: 1:32.07 48.92	500m: 8:50.81 54.82	900m: 16:29.31 56.52	1300m: 24:22.14 58.16	
150m: 2:24.69 52.62	550m: 9:47.27 56.46	950m: 17:29.82 1:00.51	1350m: 25:19.63 57.49	
200m: 3:17.85 53.16	600m: 10:43.15 55.88	1000m: 18:29.35 59.53	1400m: 26:16.70 57.07	
250m: 4:12.81 54.96	650m: 11:38.09 54.94	1050m: 19:28.94 59.59	1450m: 27:12.33 55.63	
300m: 5:07.59 54.78	700m: 12:36.89 58.80	1100m: 20:28.58 59.64	1500m: 28:01.13 48.80	
350m: 6:03.63 56.04	750m: 13:35.76 58.87	1150m: 21:28.27 59.69		
400m: 7:01.10 57.47	800m: 14:34.33 58.57	1200m: 22:26.98 58.71		

35+

1. QUINTANILLA GARCÍA Ana Isabel	79	Cd Upstream	24:13.96	19,00
50m: 41.52 41.52	450m: 7:12.71 49.27	850m: 13:47.56 48.81	1250m: 20:17.15 48.38	
100m: 1:27.61 46.09	500m: 8:02.41 49.70	900m: 14:35.89 48.33	1300m: 21:05.56 48.41	
150m: 2:15.99 48.38	550m: 8:51.41 49.00	950m: 15:24.99 49.10	1350m: 21:54.41 48.85	
200m: 3:05.46 49.47	600m: 9:41.13 49.72	1000m: 16:13.60 48.61	1400m: 22:42.07 47.66	
250m: 3:54.82 49.36	650m: 10:31.21 50.08	1050m: 17:02.11 48.51	1450m: 23:28.73 46.66	
300m: 4:44.55 49.73	700m: 11:20.89 49.68	1100m: 17:50.78 48.67	1500m: 24:13.96 45.23	
350m: 5:34.04 49.49	750m: 12:10.20 49.31	1150m: 18:40.03 49.25		
400m: 6:23.44 49.40	800m: 12:58.75 48.55	1200m: 19:28.77 48.74		

Prueba 2, Fem., 1500m Libre, 35+

Clasificación

AN

Tiempo

2. DIAZ ROSA Fatima				81	C.N. Badajoz				27:07.15	16,00	
50m:	43.41	43.41	450m:	7:44.83	54.46	850m:	15:07.61	55.21	1250m:	22:35.76	56.17
100m:	1:32.25	48.84	500m:	8:39.10	54.27	900m:	16:03.96	56.35	1300m:	23:30.68	54.92
150m:	2:22.68	50.43	550m:	9:34.24	55.14	950m:	16:59.17	55.21	1350m:	24:25.90	55.22
200m:	3:14.26	51.58	600m:	10:29.91	55.67	1000m:	17:55.01	55.84	1400m:	25:20.70	54.80
250m:	4:07.84	53.58	650m:	11:24.55	54.64	1050m:	18:49.86	54.85	1450m:	26:15.48	54.78
300m:	5:01.99	54.15	700m:	12:20.06	55.51	1100m:	19:46.79	56.93	1500m:	27:07.15	51.67
350m:	5:56.35	54.36	750m:	13:15.96	55.90	1150m:	20:43.00	56.21			
400m:	6:50.37	54.02	800m:	14:12.40	56.44	1200m:	21:39.59	56.59			

40+

1.	SANTOS ARRIAGA Rebeca	77	Cn Master Torrijos				17:55.28	34,00	RE
	50m: 32.96	32.96	450m: 5:19.79	36.21	850m: 10:07.94	36.22	1250m: 14:56.86	36.30	
	100m: 1:08.02	35.06	500m: 5:55.58	35.79	900m: 10:44.07	36.13	1300m: 15:32.88	36.02	
	150m: 1:44.02	36.00	550m: 6:31.52	35.94	950m: 11:20.21	36.14	1350m: 16:09.20	36.32	
	200m: 2:19.86	35.84	600m: 7:07.44	35.92	1000m: 11:56.07	35.86	1400m: 16:45.13	35.93	
	250m: 2:56.09	36.23	650m: 7:43.54	36.10	1050m: 12:32.25	36.18	1450m: 17:21.09	35.96	
	300m: 3:31.78	35.69	700m: 8:19.47	35.93	1100m: 13:08.32	36.07	1500m: 17:55.28	34.19	
	350m: 4:07.90	36.12	750m: 8:55.48	36.01	1150m: 13:44.49	36.17			
	400m: 4:43.58	35.68	800m: 9:31.72	36.24	1200m: 14:20.56	36.07			
2.	VIDAL SILVESTRE Nuria	78	C.N. Vila-Real				20:37.25	16,00	
	50m: 37.53	37.53	450m: 6:07.85	41.77	850m: 11:40.92	41.53	1250m: 17:12.88	41.60	
	100m: 1:17.33	39.80	500m: 6:49.43	41.58	900m: 12:22.34	41.42	1300m: 17:54.61	41.73	
	150m: 1:58.08	40.75	550m: 7:31.13	41.70	950m: 13:03.70	41.36	1350m: 18:36.13	41.52	
	200m: 2:39.70	41.62	600m: 8:12.70	41.57	1000m: 13:45.06	41.36	1400m: 19:17.24	41.11	
	250m: 3:20.95	41.25	650m: 8:54.68	41.98	1050m: 14:26.80	41.74	1450m: 19:58.09	40.85	
	300m: 4:02.35	41.40	700m: 9:36.16	41.48	1100m: 15:08.17	41.37	1500m: 20:37.25	39.16	
	350m: 4:44.07	41.72	750m: 10:17.79	41.63	1150m: 15:49.89	41.72			
	400m: 5:26.08	42.01	800m: 10:59.39	41.60	1200m: 16:31.28	41.39			
3.	GOMEZ GOMEZ Miriam	75	C. Nautico Sevilla				22:59.25	14,00	
	50m: 39.85	39.85	450m: 6:45.62	45.78	850m: 12:53.70	46.18	1250m: 19:06.86	46.81	
	100m: 1:24.21	44.36	500m: 7:31.97	46.35	900m: 13:39.75	46.05	1300m: 19:53.57	46.71	
	150m: 2:10.25	46.04	550m: 8:17.97	46.00	950m: 14:26.31	46.56	1350m: 20:40.61	47.04	
	200m: 2:55.78	45.53	600m: 9:03.86	45.89	1000m: 15:12.93	46.62	1400m: 21:26.50	45.89	
	250m: 3:41.75	45.97	650m: 9:49.54	45.68	1050m: 15:59.76	46.83	1450m: 22:13.06	46.56	
	300m: 4:27.75	46.00	700m: 10:35.33	45.79	1100m: 16:46.22	46.46	1500m: 22:59.25	46.19	
	350m: 5:13.69	45.94	750m: 11:21.40	46.07	1150m: 17:33.39	47.17			
	400m: 5:59.84	46.15	800m: 12:07.52	46.12	1200m: 18:20.05	46.66			
4.	PEREZ RODRIGUEZ Esther	74	C.N. Badajoz				23:16.89	13,00	
	50m: 39.89	39.89	450m: 6:46.38	45.53	850m: 12:59.29	47.04	1250m: 19:18.67	47.68	
	100m: 1:24.68	44.79	500m: 7:32.80	46.42	900m: 13:46.25	46.96	1300m: 20:06.78	48.11	
	150m: 2:10.30	45.62	550m: 8:19.35	46.55	950m: 14:33.30	47.05	1350m: 20:54.79	48.01	
	200m: 2:56.30	46.00	600m: 9:05.51	46.16	1000m: 15:21.08	47.78	1400m: 21:42.84	48.05	
	250m: 3:42.31	46.01	650m: 9:51.85	46.34	1050m: 16:08.37	47.29	1450m: 22:30.55	47.71	
	300m: 4:28.19	45.88	700m: 10:38.18	46.33	1100m: 16:56.04	47.67	1500m: 23:16.89	46.34	
	350m: 5:14.55	46.36	750m: 11:24.86	46.68	1150m: 17:43.47	47.43			
	400m: 6:00.85	46.30	800m: 12:12.25	47.39	1200m: 18:30.99	47.52			

Prueba 2, Fem., 1500m Libre, 40+

Clasificación

AN

Tiempo

5. GIMENEZ ALOS Maria Teresa	77	C.D. Jerez Natacion Master	27:08.34	12,00
50m: 45.36 45.36	450m: 7:58.27 55.45	850m: 15:18.51 55.61	1250m: 22:39.98 56.00	
100m: 1:36.41 51.05	500m: 8:53.44 55.17	900m: 16:12.84 54.33	1300m: 23:34.75 54.77	
150m: 2:29.76 53.35	550m: 9:49.42 55.98	950m: 17:08.99 56.15	1350m: 24:29.89 55.14	
200m: 3:23.71 53.95	600m: 10:43.25 53.83	1000m: 18:04.05 55.06	1400m: 25:24.03 54.14	
250m: 4:18.55 54.84	650m: 11:38.44 55.19	1050m: 18:59.54 55.49	1450m: 26:18.71 54.68	
300m: 5:12.93 54.38	700m: 12:32.35 53.91	1100m: 19:54.54 55.00	1500m: 27:08.34 49.63	
350m: 6:07.75 54.82	750m: 13:27.89 55.54	1150m: 20:49.78 55.24		
400m: 7:02.82 55.07	800m: 14:22.90 55.01	1200m: 21:43.98 54.20		

6. LOPEZ ZARRIAS Maria Angeles	78	C.N. Los Barrios	32:05.14	11,00
50m: 53.37 53.37	450m: 9:20.28 1:05.07	850m: 18:01.97 1:06.61	1250m: 26:46.62 1:06.17	
100m: 1:51.69 58.32	500m: 10:24.81 1:04.53	900m: 19:05.66 1:03.69	1300m: 27:53.26 1:06.64	
150m: 2:54.58 1:02.89	550m: 11:29.59 1:04.78	950m: 20:10.04 1:04.38	1350m: 28:58.11 1:04.85	
200m: 3:57.99 1:03.41	600m: 12:35.17 1:05.58	1000m: 21:14.88 1:04.84	1400m: 30:03.00 1:04.89	
250m: 5:02.83 1:04.84	650m: 13:39.62 1:04.45	1050m: 22:20.87 1:05.99	1450m: 31:07.04 1:04.04	
300m: 6:06.25 1:03.42	700m: 14:45.35 1:05.73	1100m: 23:25.84 1:04.97	1500m: 32:05.14 58.10	
350m: 7:10.61 1:04.36	750m: 15:50.74 1:05.39	1150m: 24:33.14 1:07.30		
400m: 8:15.21 1:04.60	800m: 16:55.36 1:04.62	1200m: 25:40.45 1:07.31		

Baja PERAL PEREZ Maria Del Pilar	78	C.D. Jerez Natacion Master	-	
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45+

1. PEREZ GARCIA Beatriz	72	C.N. Badajoz	21:29.96	19,00
50m: 38.07 38.07	450m: 6:21.77 43.69	900m: 12:54.17 1:28.26	1250m: 17:59.16 43.07	
100m: 1:19.22 41.15	500m: 7:05.04 43.27	950m: 13:38.16 43.99	1300m: 18:42.55 43.39	
150m: 2:01.52 42.30	550m: 7:48.61 43.57	1000m: 14:21.83 43.67	1350m: 19:25.60 43.05	
200m: 2:44.47 42.95	600m: 8:32.16 43.55	1050m: 15:05.40 43.57	1400m: 20:08.38 42.78	
250m: 3:26.39 42.95	650m: 9:15.85 1:26.69	1100m: 15:48.86 43.46	1450m: 20:50.46 42.08	
300m: 4:11.28 1:26.81	700m: 9:58.85 1:26.69	1150m: 16:32.25 43.39	1500m: 21:29.96 39.50	
350m: 4:54.14 42.86	750m: 10:42.62 43.77	1200m: 17:16.09 43.84		
400m: 5:38.08 43.94	800m: 11:25.91 43.29			

2. GIL GOMEZ Magnolia	72	C.D. Natacion Cordoba	22:17.41	16,00
50m: 35.89 35.89	450m: 6:24.46 44.53	850m: 12:28.70 46.00	1250m: 18:35.93 45.48	
100m: 1:16.08 40.19	500m: 7:09.21 44.75	900m: 13:14.76 46.06	1300m: 19:21.94 46.01	
150m: 1:58.52 42.44	550m: 7:54.41 45.20	950m: 14:00.38 45.62	1350m: 20:07.69 45.75	
200m: 2:42.27 43.75	600m: 8:39.60 45.19	1000m: 14:46.43 46.05	1400m: 20:53.24 45.55	
250m: 3:26.39 44.12	650m: 9:25.23 45.63	1050m: 15:32.57 46.14	1450m: 21:36.73 43.49	
300m: 4:10.71 44.32	700m: 10:11.06 45.83	1100m: 16:18.36 45.79	1500m: 22:17.41 40.68	
350m: 4:54.99 44.28	750m: 10:57.15 46.09	1150m: 17:04.30 45.94		
400m: 5:39.93 44.94	800m: 11:42.70 45.55	1200m: 17:50.45 46.15		

3. SANCHEZ BENDALA Ana	71	Natacion Sevilla Master, C.D.	22:36.60	14,00
50m: 39.28 39.28	450m: 6:40.27 45.26	850m: 12:43.66 45.36	1250m: 18:49.58 45.84	
100m: 1:22.46 43.18	500m: 7:25.75 45.48	900m: 13:29.64 45.98	1300m: 19:35.36 45.78	
150m: 2:06.48 44.02	550m: 8:10.74 44.99	950m: 14:15.40 45.76	1350m: 20:20.96 45.60	
200m: 2:51.63 45.15	600m: 8:55.87 45.13	1000m: 15:00.99 45.59	1400m: 21:06.60 45.64	
250m: 3:37.37 45.74	650m: 9:41.24 45.37	1050m: 15:46.66 45.67	1450m: 21:52.13 45.53	
300m: 4:23.05 45.68	700m: 10:26.86 45.62	1100m: 16:32.07 45.41	1500m: 22:36.60 44.47	
350m: 5:08.68 45.63	750m: 11:13.07 46.21	1150m: 17:17.77 45.70		
400m: 5:55.01 46.33	800m: 11:58.30 45.23	1200m: 18:03.74 45.97		

Prueba 2, Fem., 1500m Libre, 45+

Clasificación

AN

Tiempo

4. OLMEDO ROBLEDO Isabel	69	C.N. Cadiz	22:42.67	13,00
50m: 40.64 40.64	450m: 6:45.86 45.72	850m: 12:51.84 45.39	1250m: 18:57.52 46.63	
100m: 1:24.85 44.21	500m: 7:32.08 46.22	900m: 13:37.17 45.33	1300m: 19:42.69 45.17	
150m: 2:09.74 44.89	550m: 8:17.65 45.57	950m: 14:22.42 45.25	1350m: 20:28.94 46.25	
200m: 2:55.52 45.78	600m: 9:03.26 45.61	1000m: 15:08.14 45.72	1400m: 21:14.62 45.68	
250m: 3:41.58 46.06	650m: 9:49.15 45.89	1050m: 15:53.28 45.14	1450m: 21:59.92 45.30	
300m: 4:27.98 46.40	700m: 10:34.81 45.66	1100m: 16:39.27 45.99	1500m: 22:42.67 42.75	
350m: 5:13.84 45.86	750m: 11:20.96 46.15	1150m: 17:25.12 45.85		
400m: 6:00.14 46.30	800m: 12:06.45 45.49	1200m: 18:10.89 45.77		
5. GARCIA ALVAREZ Maria Jose	71	Club Benavente Natacion	23:11.06	12,00
50m: 41.62 41.62	450m: 6:54.65 47.80	850m: 13:09.01 47.01	1250m: 19:23.62 46.40	
100m: 1:26.32 44.70	500m: 7:41.80 47.15	900m: 13:56.06 47.05	1300m: 20:10.32 46.70	
150m: 2:12.20 45.88	550m: 8:28.75 46.95	950m: 14:43.15 47.09	1350m: 20:56.92 46.60	
200m: 2:59.02 46.82	600m: 9:16.43 47.68	1000m: 15:30.68 47.53	1400m: 21:43.07 46.15	
250m: 3:45.35 46.33	650m: 10:03.24 46.81	1050m: 16:18.11 47.43	1450m: 22:28.15 45.08	
300m: 4:32.98 47.63	700m: 10:49.73 46.49	1100m: 17:04.15 46.04	1500m: 23:11.06 42.91	
350m: 5:19.49 46.51	750m: 11:35.48 45.75	1150m: 17:50.51 46.36		
400m: 6:06.85 47.36	800m: 12:22.00 46.52	1200m: 18:37.22 46.71		
6. DEL RIO REDONDO Emma	69	Real Canoe N.C.	23:25.88	11,00
50m: 41.53 41.53	450m: 6:47.97 46.12	850m: 13:06.15 47.60	1250m: 19:28.13 47.73	
100m: 1:26.37 44.84	500m: 7:34.08 46.11	900m: 13:53.82 47.67	1300m: 20:16.05 47.92	
150m: 2:11.38 45.01	550m: 8:21.31 47.23	950m: 14:41.88 48.06	1350m: 21:03.46 47.41	
200m: 2:57.14 45.76	600m: 9:08.08 46.77	1000m: 15:30.27 48.39	1400m: 21:51.33 47.87	
250m: 3:42.92 45.78	650m: 9:55.49 47.41	1050m: 16:18.36 48.09	1450m: 22:39.09 47.76	
300m: 4:29.23 46.31	700m: 10:42.75 47.26	1100m: 17:05.54 47.18	1500m: 23:25.88 46.79	
350m: 5:15.23 46.00	750m: 11:30.62 47.87	1150m: 17:52.98 47.44		
400m: 6:01.85 46.62	800m: 12:18.55 47.93	1200m: 18:40.40 47.42		
7. BARONE COBOS Charo	70	C.D.Resist4	26:13.45	10,00
50m: 2:28.46 2:28.46	500m: 8:37.41 52.45	950m: 16:37.43 53.13	1300m: 22:46.63 51.24	
100m: 1:38.04	550m: 9:30.26 52.85	1000m: 17:29.05 51.62	1400m: 24:31.43 1:44.80	
200m: 3:21.88 1:43.84	600m: 10:24.39 54.13	1100m: 19:17.82 1:48.77	1450m: 25:23.50 52.07	
300m: 5:07.51 1:45.63	700m: 12:10.74 1:46.35	1150m: 20:11.39 53.57	1500m: 26:13.45 49.95	
400m: 6:52.42 1:44.91	800m: 13:57.34 1:46.60	1200m: 21:02.95 51.56		
450m: 7:44.96 52.54	900m: 15:44.30 1:46.96	1250m: 21:55.39 52.44		
8. OTERO FERNANDEZ Maria Del Rocio	73	C.D. Jerez Natacion Master	27:54.85	9,00
50m: 49.67 49.67	450m: 8:16.98 55.66	850m: 15:43.11 56.40	1250m: 23:17.10 56.57	
100m: 1:43.79 54.12	500m: 9:12.39 55.41	900m: 16:39.51 56.40	1300m: 24:14.35 57.25	
150m: 2:40.19 56.40	550m: 10:07.68 55.29	950m: 17:36.34 56.83	1350m: 25:10.34 55.99	
200m: 3:36.77 56.58	600m: 11:03.31 55.63	1000m: 18:32.97 56.63	1400m: 26:06.74 56.40	
250m: 4:32.51 55.74	650m: 11:58.81 55.50	1050m: 19:29.77 56.80	1450m: 27:02.48 55.74	
300m: 5:28.85 56.34	700m: 12:54.21 55.40	1100m: 20:26.78 57.01	1500m: 27:54.85 52.37	
350m: 6:25.32 56.47	750m: 13:50.67 56.46	1150m: 21:23.75 56.97		
400m: 7:21.32 56.00	800m: 14:46.71 56.04	1200m: 22:20.53 56.78		
9. RODRIGUEZ PRADO Gracia	69	C.N. Carmona	28:11.72	8,00
100m: 1:45.12 1:45.12	500m: 9:17.50 1:52.68	900m: 16:53.61 56.58	1400m: 26:21.73 1:53.39	
200m: 3:39.02 1:53.90	600m: 11:11.12 1:53.62	1000m: 18:46.27 1:52.66	1500m: 28:11.72 1:49.99	
300m: 5:32.63 1:53.61	700m: 13:05.39 1:54.27	1100m: 20:40.30 1:54.03		
350m: 6:29.23 56.60	800m: 14:59.29 1:53.90	1200m: 22:34.05 1:53.75		
400m: 7:24.82 55.59	850m: 15:57.03 57.74	1300m: 24:28.34 1:54.29		

Prueba 2, Fem., 1500m Libre, 45+

Clasificación	AN				Tiempo			
10. DIAZ RUBIO Montaña	71 C.N. Los Barrios				31:50.86 7,00			
50m: 54.64 54.64	450m: 9:26.17	1:05.64	850m: 18:00.29	1:04.00	1250m: 26:37.67	1:04.71		
100m: 1:54.16 59.52	500m: 10:31.49	1:05.32	900m: 19:04.08	1:03.79	1300m: 27:41.08	1:03.41		
150m: 2:56.53 1:02.37	550m: 11:35.83	1:04.34	950m: 20:08.84	1:04.76	1350m: 28:45.96	1:04.88		
200m: 4:00.41 1:03.88	600m: 12:40.11	1:04.28	1000m: 21:13.32	1:04.48	1400m: 29:50.10	1:04.14		
250m: 5:04.20 1:03.79	650m: 13:43.27	1:03.16	1050m: 22:18.46	1:05.14	1450m: 30:54.36	1:04.26		
300m: 6:09.90 1:05.70	700m: 14:47.79	1:04.52	1100m: 23:22.48	1:04.02	1500m: 31:50.86	56.50		
350m: 7:15.43 1:05.53	750m: 15:51.74	1:03.95	1150m: 24:27.80	1:05.32				
400m: 8:20.53 1:05.10	800m: 16:56.29	1:04.55	1200m: 25:32.96	1:05.16				

NP HIDALGO DALMAS Rosario	69	R.C. Mediterraneo	-
Baja GAY MICHAEL Angela	70	C.D.Resist4	-
Baja GARCIA CANO Gloria Pilar	73	Club Natacion Ciudad De Murcia	-

50+

1. TEIXIDOR LEGOUX Aurelia	68	G.E. I E.G.	22:12.60 19,00
50m: 38.17 38.17	450m: 6:25.78	44.49	850m: 12:24.15 45.28
100m: 1:19.21 41.04	500m: 7:10.48	44.70	900m: 13:09.18 45.03
150m: 2:01.88 42.67	550m: 7:55.09	44.61	950m: 13:55.31 46.13
200m: 2:45.05 43.17	600m: 8:39.84	44.75	1000m: 14:40.35 45.04
250m: 3:28.53 43.48	650m: 9:24.40	44.56	1050m: 15:25.42 45.07
300m: 4:12.73 44.20	700m: 10:09.37	44.97	1100m: 16:10.97 45.55
350m: 4:57.02 44.29	750m: 10:53.95	44.58	1150m: 16:57.05 46.08
400m: 5:41.29 44.27	800m: 11:38.87	44.92	1200m: 17:42.04 44.99

2. CORDAL CASTRO Mª Angeles	66	C.N. Portuense	26:34.91 16,00
50m: 45.14 45.14	450m: 7:45.28	53.46	850m: 14:52.17 54.17
100m: 1:34.50 49.36	500m: 8:37.58	52.30	900m: 15:45.98 53.81
150m: 2:27.21 52.71	550m: 9:30.38	52.80	950m: 16:41.07 55.09
200m: 3:20.14 52.93	600m: 10:23.64	53.26	1000m: 17:35.46 54.39
250m: 4:12.92 52.78	650m: 11:17.24	53.60	1050m: 18:30.04 54.58
300m: 5:05.79 52.87	700m: 12:10.57	53.33	1100m: 19:24.29 54.25
350m: 5:59.12 53.33	750m: 13:04.21	53.64	1150m: 20:18.84 54.55
400m: 6:51.82 52.70	800m: 13:58.00	53.79	1200m: 21:12.88 54.04

3. IBÁÑEZ PÉREZ Eva María	66	C.N. Master Murcia	28:53.08 14,00
50m: 55.52 55.52	450m: 8:31.17	56.82	850m: 16:14.45 58.21
100m: 1:52.79 57.27	500m: 9:29.28	58.11	900m: 17:12.17 57.72
150m: 2:49.32 56.53	550m: 10:27.31	58.03	950m: 18:10.33 58.16
200m: 3:45.97 56.65	600m: 11:25.65	58.34	1000m: 19:08.05 57.72
250m: 4:42.45 56.48	650m: 12:23.23	57.58	1050m: 20:06.25 58.20
300m: 5:39.11 56.66	700m: 13:21.01	57.78	1100m: 21:04.38 58.13
350m: 6:36.67 57.56	750m: 14:18.67	57.66	1150m: 22:03.54 59.16
400m: 7:34.35 57.68	800m: 15:16.24	57.57	1200m: 23:01.75 58.21

4. BALLESTA GARCIA Inmaculada	64	C.N. Portuense	29:35.29 13,00
50m: 50.37 50.37	450m: 8:43.47	1:00.19	850m: 16:42.42 59.69
100m: 1:47.45 57.08	500m: 9:42.92	59.45	900m: 17:42.00 59.58
150m: 2:45.19 57.74	550m: 10:42.58	59.66	950m: 18:42.44 1:00.44
200m: 3:43.71 58.52	600m: 11:42.87	1:00.29	1000m: 19:42.64 1:00.20
250m: 4:42.28 58.57	650m: 12:43.19	1:00.32	1050m: 20:42.06 59.42
300m: 5:41.85 59.57	700m: 13:43.19	1:00.00	1100m: 21:42.70 1:00.64
350m: 6:42.97 1:01.12	750m: 14:43.14	59.95	1150m: 22:43.17 1:00.47
400m: 7:43.28 1:00.31	800m: 15:42.73	59.59	1200m: 23:43.25 1:00.08

Prueba 2, Fem., 1500m Libre

55+

1.	MARFIL PEREZ DE LA LASTRA Magda601a				C.N. Portuense				26:54.24	19,00		
	50m:	42.82	42.82	450m:	7:46.60	54.57	850m:	15:03.98	55.28	1250m:	22:23.93	55.69
	100m:	1:31.49	48.67	500m:	8:41.45	54.85	900m:	15:59.36	55.38	1300m:	23:18.69	54.76
	150m:	2:23.18	51.69	550m:	9:35.87	54.42	950m:	16:55.01	55.65	1350m:	24:13.93	55.24
	200m:	3:16.04	52.86	600m:	10:29.86	53.99	1000m:	17:48.92	53.91	1400m:	25:08.90	54.97
	250m:	4:09.33	53.29	650m:	11:25.09	55.23	1050m:	18:43.97	55.05	1450m:	26:01.89	52.99
	300m:	5:03.27	53.94	700m:	12:19.60	54.51	1100m:	19:39.11	55.14	1500m:	26:54.24	52.35
	350m:	5:57.84	54.57	750m:	13:14.20	54.60	1150m:	20:33.49	54.38			
	400m:	6:52.03	54.19	800m:	14:08.70	54.50	1200m:	21:28.24	54.75			
2.	JARQUE MULERO Elena				61	C.N. Portuense				28:18.72	16,00	
	50m:	48.90	48.90	450m:	8:16.12	56.71	850m:	15:52.41	57.42	1250m:	23:34.69	58.14
	100m:	1:41.98	53.08	500m:	9:12.93	56.81	900m:	16:50.51	58.10	1300m:	24:32.80	58.11
	150m:	2:37.83	55.85	550m:	10:09.51	56.58	950m:	17:48.49	57.98	1350m:	25:30.68	57.88
	200m:	3:34.59	56.76	600m:	11:06.74	57.23	1000m:	18:46.18	57.69	1400m:	26:28.84	58.16
	250m:	4:30.41	55.82	650m:	12:02.85	56.11	1050m:	19:42.37	56.19	1450m:	27:25.16	56.32
	300m:	5:26.15	55.74	700m:	13:00.17	57.32	1100m:	20:39.89	57.52	1500m:	28:18.72	53.56
	350m:	6:23.04	56.89	750m:	13:57.35	57.18	1150m:	21:38.06	58.17			
	400m:	7:19.41	56.37	800m:	14:54.99	57.64	1200m:	22:36.55	58.49			
3.	LUNA VERDUGO Maria Isabel				62	C.N. Cadiz				30:54.18	14,00	
	50m:	49.10	49.10	450m:	9:02.52	1:03.22	850m:	17:27.18	1:04.94	1250m:	25:49.42	1:02.49
	100m:	1:46.66	57.56	500m:	10:04.47	1:01.95	900m:	18:29.36	1:02.18	1300m:	26:52.77	1:03.35
	150m:	2:50.50	1:03.84	550m:	11:06.93	1:02.46	950m:	19:32.76	1:03.40	1350m:	27:57.05	1:04.28
	200m:	3:51.92	1:01.42	600m:	12:08.45	1:01.52	1000m:	20:35.26	1:02.50	1400m:	28:58.30	1:01.25
	250m:	4:54.60	1:02.68	650m:	13:11.82	1:03.37	1050m:	21:38.45	1:03.19	1450m:	30:01.36	1:03.06
	300m:	5:55.38	1:00.78	700m:	14:14.27	1:02.45	1100m:	22:41.19	1:02.74	1500m:	30:54.18	52.82
	350m:	6:58.16	1:02.78	750m:	15:18.89	1:04.62	1150m:	23:44.49	1:03.30			
	400m:	7:59.30	1:01.14	800m:	16:22.24	1:03.35	1200m:	24:46.93	1:02.44			

60+

1.	NEWSOME Dianne			58	C.D. Jerez Natacion Master				31:02.61	19,00		
	50m:	53.95	53.95	450m:	9:24.50	1:03.68	850m:	17:45.06	1:02.40	1250m:	26:02.94	1:03.04
	100m:	1:54.43	1:00.48	500m:	10:26.94	1:02.44	900m:	18:47.34	1:02.28	1300m:	27:04.99	1:02.05
	150m:	2:58.60	1:04.17	550m:	11:30.34	1:03.40	950m:	19:49.50	1:02.16	1350m:	28:06.47	1:01.48
	200m:	4:03.70	1:05.10	600m:	12:33.13	1:02.79	1000m:	20:51.19	1:01.69	1400m:	29:07.26	1:00.79
	250m:	5:09.38	1:05.68	650m:	13:35.77	1:02.64	1050m:	21:53.58	1:02.39	1450m:	30:05.51	58.25
	300m:	6:13.51	1:04.13	700m:	14:37.57	1:01.80	1100m:	22:56.09	1:02.51	1500m:	31:02.61	57.10
	350m:	7:17.30	1:03.79	750m:	15:39.97	1:02.40	1150m:	23:57.88	1:01.79			
	400m:	8:20.82	1:03.52	800m:	16:42.66	1:02.69	1200m:	24:59.90	1:02.02			
2.	DELGADO GAVILAN Maria Luisa			54	C.D. Jerez Natacion Master				31:15.22	16,00		
	50m:	58.15	58.15	450m:	9:24.70	1:03.99	850m:	17:47.46	1:03.50	1250m:	26:05.66	1:03.64
	100m:	2:01.33	1:03.18	500m:	10:26.80	1:02.10	900m:	18:48.80	1:01.34	1300m:	27:08.29	1:02.63
	150m:	3:05.30	1:03.97	550m:	11:29.80	1:03.00	950m:	19:51.99	1:03.19	1350m:	28:11.31	1:03.02
	200m:	4:09.05	1:03.75	600m:	12:32.31	1:02.51	1000m:	20:53.79	1:01.80	1400m:	29:12.80	1:01.49
	250m:	5:12.49	1:03.44	650m:	13:35.28	1:02.97	1050m:	21:56.37	1:02.58	1450m:	30:16.15	1:03.35
	300m:	6:14.62	1:02.13	700m:	14:38.06	1:02.78	1100m:	22:58.01	1:01.64	1500m:	31:15.22	59.07
	350m:	7:18.03	1:03.41	750m:	15:42.08	1:04.02	1150m:	24:00.73	1:02.72			
	400m:	8:20.71	1:02.68	800m:	16:43.96	1:01.88	1200m:	25:02.02	1:01.29			

65+

Prueba 2, Fem., 1500m Libre, 65+

Clasificación

AN

Tiempo

1.	ASENSIO ALCAIDE Maria Del Carmen 51			C.D. Jerez Natacion Master				35:26.81	19,00		
50m:	1:02.33	1:02.33	450m:	10:20.42	1:11.20	850m:	19:50.02	1:11.42	1250m:	29:27.86	1:13.08
100m:	2:09.80	1:07.47	500m:	11:31.11	1:10.69	900m:	21:00.96	1:10.94	1300m:	30:41.61	1:13.75
150m:	3:17.62	1:07.82	550m:	12:43.98	1:12.87	950m:	22:13.23	1:12.27	1350m:	31:55.78	1:14.17
200m:	4:27.50	1:09.88	600m:	13:54.45	1:10.47	1000m:	23:23.80	1:10.57	1400m:	33:08.31	1:12.53
250m:	5:38.68	1:11.18	650m:	15:06.03	1:11.58	1050m:	24:36.28	1:12.48	1450m:	34:19.22	1:10.91
300m:	6:47.93	1:09.25	700m:	16:17.34	1:11.31	1100m:	25:48.99	1:12.71	1500m:	35:26.81	1:07.59
350m:	7:58.94	1:11.01	750m:	17:27.77	1:10.43	1150m:	27:02.69	1:13.70			
400m:	9:09.22	1:10.28	800m:	18:38.60	1:10.83	1200m:	28:14.78	1:12.09			