

## 1. 200m Bolboreta Feminino

25+								
1	032698448	GARCIA SOTO PATRICIA	1991	CNFERRO	2:42.90	M 25	11	FRIGSA
		50M: 34.13			100M: 1:13.93			
35+								
1	032685998	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	2:59.84	M 25	11	FRIGSA
		50M: 40.85			100M: 1:27.07			
40+								
1	071501763	VIDAL BELLO MARA	1977	ADAS	4:31.33	M 25	11	FRIGSA
		50M: 58.53			100M: 2:05.49			
2	077006959	VARELA REDONDO VERONICA	1975	NPONTEA	4:38.81	M 25	8	FRIGSA
		50M: 1:02.76			100M: 2:15.89			
45+								
1	991129021	GONZALEZ RIOS M. BEATRIZ	1970	ADAS	3:58.05	M 25	11	FRIGSA
		50M: 51.30			100M: 1:52.45			
2	036086706	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	4:07.91	M 25	8	FRIGSA
		50M: 53.29			100M: 1:54.78			
55+								
1	076350084	PEREIRA ALONSO ISABEL	1961	ADFOGAR	4:04.06	M 25	11	CARBALLO CALERO
		50M: 56.05			100M: 1:57.05			

## 2. 200m Bolboreta Masculino

20+							
1	017464412	COBELO REPRESAS FRANCISCO	1996	NPONTEA	2:20.32	M 25	11 FRIGSA
		50M: 31.01			100M: 1:06.81		
25+							
1	053171220	DOMINGUEZ PARDELLAS RUBEN	1988	RCNVIGO	2:24.82	M 25	11 FRIGSA
		50M: 31.91			100M: 1:08.45		
2	033543733	RODRIGUEZ BALIÑA MAURO	1990	CFVLUGO	3:24.75	M 25	8 FRIGSA
		50M: 44.54			100M: 1:36.57		
30+							
1	034638699	RODRIGUEZ CHAVES FABIO	1985	POR-MIÑA	3:26.86	M 25	11 FRIGSA
		50M: 41.59			100M: 1:32.15		
2	079332852	POSE MATO CESAR	1983	ADFOGAR	5:01.10	M 25	8 CARBALLO CALERO
		50M: 1:08.26			100M: 2:25.89		
35+							
1	046904122	LOPEZ BASANTA JAVIER	1982	ADFOGAR	2:33.53	M 25	11 CARBALLO CALERO
		50M: 33.44			100M: 1:11.44		
2	032688406	FRAGA DIAZ ALVARO	1981	CNFERRO	2:37.51	M 25	8 FRIGSA
		50M: 32.43			100M: 1:11.36		
3	053532287	GARCIA RODRIGUEZ SERGIO	1981	CIDSANTI	2:44.98	M 25	6 CARBALLO CALERO
		50M: 35.94			100M: 1:18.27		
4	076907385	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	3:52.63	M 25	5 FRIGSA
		50M: 49.06			100M: 1:46.48		
5	053178586	COSTAS VAZQUEZ MIGUEL	1979	RCNVIGO	4:45.43	M 25	4 FRIGSA
		50M: 57.80			100M: 2:04.12		
40+							
1	034984082	QUINTAS BARROS JESUS C.	1973	ESCUALOS	2:50.32	M 25	11 FRIGSA
		50M: 36.95			100M: 1:19.32		
2	036108600	DE LUIS GONZALEZ AITOR	1974	RCNVIGO	3:26.86	M 25	8 FRIGSA
		50M: 45.85			100M: 1:37.15		
3	991129024	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	3:54.15	M 25	6 FRIGSA
		50M: 52.29			100M: 1:53.93		
45+							
1	034991003	PEREZ ARIAS HECTOR	1971	POR-MIÑA	3:00.00	M 25	11 FRIGSA
		50M: 43.26			100M: 1:31.72		
2	033282548	TOME NOGUEIRA ALBERTO MARCIAL	1968	ADFOGAR	3:39.12	M 25	8 CARBALLO CALERO

	50M: 44.01	100M: 1:39.64					
3	032037853	CANO PELAEZ ALBERTO J.	1970	CMARINA	3:53.77	M 25	6 FRIGSA
	50M: 51.65	100M: 1:52.67					
4	052435559	MARTINEZ POMBO JOSE LAUREANO	1969	ADFOGAR	3:59.31	M 25	5 CARBALLO CALERO
	50M: 52.94	100M: 1:53.61					
5	032812619	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	4:35.42	M 25	4 CARBALLO CALERO
	50M: 53.44	100M: 1:59.56					
<b>50+</b>							
1	052434874	RODRIGUEZ FERNANDEZ F.X.	1964	ADFOGAR	4:21.34	M 25	11 CARBALLO CALERO
	50M: 1:01.88	100M: 2:08.00					
<b>55+</b>							
1	035551662	SIO LOURIDO JOSE SALVADOR	1961	MASTMOS	3:19.03	M 25	11 FRIGSA
	50M: 40.49	100M: 1:29.18					

### 3. 100m Costas Feminino

<b>20+</b>								
1	035611341	SUAREZ LAGE TANIA	1993	NPONTEA	1:39.75	M 25	11	FRIGSA
		50E: 46.81						
<b>25+</b>								
1	991129028	MARCOS CARREGAL INES	1989	ESCUALOS	1:22.03	M 25	11	FRIGSA
		50E: 40.22						
2	991130447	FERREIRA VILLAR INES	1992	CNFERRO	1:22.05	M 25	8	FRIGSA
		50E: 39.98						
3	032713432	BECEIRO NOVO TANIA	1991	CMARINA	1:23.32	M 25	6	FRIGSA
		50E: 40.03						
4	047367300	PINO AGUIRRE CRISTINA	1988	ADFOGAR	1:27.97	M 25	5	CARBALLO CALERO
		50E: 43.22						
<b>30+</b>								
1	032696085	SOUTO DERUNGS CRISTINA	1985	CNFERRO	1:20.98	M 25	11	FRIGSA
		50E: 35.80						
2	077414483	SANCHO SAN MARTIN MARIA	1986	ADFOGAR	1:23.62	M 25	8	CARBALLO CALERO
		50E: 40.39						
3	991130460	GARRIDO GONZALEZ LAURA	1984	ADAS	1:28.23	M 25	6	FRIGSA
		50E: 42.42						
4	991128129	ANDRE RODRIGUEZ CARME	1986	CTRAVIE	1:29.42	M 25	5	CARBALLO CALERO
		50E: 41.61						
5	053181614	LOPEZ ARCE ANTIA	1984	MASTMOS	1:30.36	M 25	4	FRIGSA
		50E: 44.67						
6	991130349	PILLADO MARIÑO VANESSA	1984	RIVEIRA	1:38.54	M 25	3	CARBALLO CALERO
		50E: 46.34						
<b>35+</b>								
1	991129539	SANCHEZ LEDO CIRA	1981	ESCUALOS	1:28.38	M 25	11	FRIGSA
		50E: 44.18						
2	032687660	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:59.95	M 25	8	FRIGSA
		50E: 59.09						
3	991129498	GONZALEZ ANTE SUSANA	1980	CTRAVIE	2:03.41	M 25	6	CARBALLO CALERO
		50E: 1:01.53						
4	032693770	BROZOS VAZQUEZ ELENA MARIA	1982	USC	2:17.62	M 25	5	CARBALLO CALERO
		50E: 1:05.64						
<b>40+</b>								
1	991128209	HERMIDA RODRIGUEZ CRISTINA	1973	CMARINA	1:30.17	M 25	11	FRIGSA

50E: 43.57

2 991129454 ALVAREZ ALVAREZ NOEMI 1973 CNFERRO 1:46.29 M 25 8 FRIGSA

50E: 44.80

3 036099734 SOUSA CARNEIRO ALICIA 1974 MASTMOS 1:59.78 M 25 6 FRIGSA

50E: 57.04

4 991129154 FERNANDEZ CARRERA ANA 1977 NPONTEA 2:25.47 M 25 5 FRIGSA

50E: 1:13.67

**45+**

1 036099733 SOUSA CARNEIRO ROSANA 1971 MASTMOS 1:46.24 M 25 11 FRIGSA

50E: 51.61

2 991129023 PEREZ VIDAL M. ELENA 1970 ADAS 2:20.38 M 25 8 FRIGSA

50E: 1:10.48

3 991129506 FERNANDEZ SESTELO MARIA JOSE 1970 NPONTEA 2:56.64 M 25 6 FRIGSA

50E: 1:22.88

**50+**

1 044487667 BARJA BARJA LILIANA 1965 CTRAVIE 1:33.67 M 25 11 CARBALLO CALERO

50E: 44.53

2 050060595 SANCHEZ LEAL GEMA ISABEL 1964 RBAIXAS 1:41.38 M 25 8 FRIGSA

50E: 50.03

3 051912453 DEL AMO BLANCO MARGARITA 1967 NPONTEA 1:43.49 M 25 6 FRIGSA

50E: 50.21

4 036065674 MARTY PAZOS MARIA VICTORIA 1965 CTRAVIE 2:03.75 M 25 5 CARBALLO CALERO

50E: 1:02.17

5 076362326 NUÑEZ LEMA Mª ANGELES 1966 ADFOGAR 2:20.75 M 25 4 CARBALLO CALERO

50E: 1:06.11

6 032764322 MUIÑO ANDRADE MARIA JOSE 1964 ARTEIXO 2:21.45 M 25 3 CARBALLO CALERO

50E: 1:06.70

**55+**

1 007608555 BALADO LOPEZ ANA MARIA 1961 CFVLUGO 1:43.14 M 25 11 FRIGSA

50E: 50.70

2 991129999 HUETE ALVAREZ M ANGELES 1959 POR-MIÑA 1:46.83 M 25 8 FRIGSA

50E: 52.71

3 076350084 PEREIRA ALONSO ISABEL 1961 ADFOGAR 2:11.60 M 25 6 CARBALLO CALERO

50E: 1:04.34

**60+**

1 036001973 CAICOYA DE URZAIZ ALICIA 1954 CTRAVIE 2:18.02 M 25 11 CARBALLO CALERO

50E: 1:07.28

2 032419031 GOMEZ DOVAL M. ANGELA 1956 CFVLUGO 2:23.46 M 25 8 FRIGSA

50E: 1:11.74

3 033829685 FERNANDEZ FERNANDEZ TERESA 1956 CFVLUGO 2:44.37 M 25 6 FRIGSA

50E: 1:24.53

**70+**

1	076281800	ALONSO PEREZ CLARISA	1944	ADFOGAR	2:53.41	M 25	11	CARBALLO CALERO
		50E: 1:21.49						
2	035788687	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	3:10.40	M 25	8	FRIGSA
		50E: 1:29.55						
3	991129336	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	3:53.42	M 25	6	FRIGSA
		50E: 1:43.18						

**75+**

1	011343014	MORAL RUBIO ISABEL	1942	CTRAVIE	3:12.50	M 25	11	CARBALLO CALERO
		50E: 1:33.05						

#### 4. 100m Costas Masculino

20+								
1	077409459	LIMA ASTOR DAVID	1995	CTRAVIE	1:12.48	M 25	11	CARBALLO CALERO
		50E: 34.97						
2	035588463	ARGIBAY QUEIJO DANIEL J.	1995	NPONTEA	1:23.13	M 25	8	FRIGSA
		50E: 40.63						
3	077012086	TRILLO RODRIGUEZ ADRIAN	1997	MASTMOS	1:23.50	M 25	6	FRIGSA
		50E: 40.07						
25+								
1	032705422	LAZARO GUERRERO VICTOR	1988	CMARINA	1:10.22	M 25	11	FRIGSA
		50E: 34.70						
2	991130184	FORTES NOVOA MARTIÑO	1988	ESCUALOS	1:33.75	M 25	8	FRIGSA
		50E: 44.50						
30+								
1	045862302	TABOADA VILA ALBERTO	1987	POURENSE	1:01.64	M 25	11	FRIGSA
		50E: 29.75						
2	079323950	FERNANDEZ VARELA PABLO JOSE	1984	ADFOGAR	1:11.14	M 25	8	CARBALLO CALERO
		50E: 35.74						
3	047365138	FERNANDEZ RODRIGUEZ JAVIER	1983	ADFOGAR	1:13.44	M 25	6	CARBALLO CALERO
		50E: 36.19						
4	991129546	MARES GONZALEZ ABEL	1986	ESCUALOS	1:32.84	M 25	5	FRIGSA
		50E: 44.70						
5	991129783	OTERO ROSENDO ADOLFO	1984	CTRAVIE	1:43.48	M 25	4	CARBALLO CALERO
		50E: 50.22						
6	053302367	MELLA BARBEITO JAVIER	1983	ARTEIXO	1:50.25	M 25	3	CARBALLO CALERO
		50E: 53.97						
35+								
1	046902887	PEREZ FERREIRO JUAN	1978	ADFOGAR	1:07.98	M 25	11	CARBALLO CALERO
		50E: 33.20						
2	071424850	SANCHEZ GORDON ROMAN	1978	CTRAVIE	1:10.52	M 25	8	CARBALLO CALERO
		50E: 33.78						
3	034891346	GOMEZ DORRIO ANTONIO	1979	RIVEIRA	1:12.66	M 25	6	CARBALLO CALERO
		50E: 34.88						
4	032679004	ESPINOSA MIRA JORGE	1978	ADAS	1:15.21	M 25	5	FRIGSA
		50E: 35.70						
5	036163439	CABANELAS EIRAS PABLO	1979	USC	1:26.36	M 25	4	CARBALLO CALERO
		50E: 42.05						
6	035567464	CARRERA COSTAS ANDRES	1982	NPONTEA	1:27.72	M 25	3	FRIGSA

50E: 41.77

7 991129710 Balsa Mosquera Pablo 1978 CMARINA 1:30.47 M 25 2 FRIGSA

50E: 45.08

8 991129786 Gutierrez Costas Oscar 1982 CTRAVIE 1:37.50 M 25 1 CARBALLO CALERO

50E: 47.79

9 991130010 Potas Muinele Cesar 1978 POR-MIÑA 1:45.83 M 25 0 FRIGSA

50E: 51.37

**40+**

1 032823075 Fernandez Losada Diego 1975 ADFOGAR 1:17.67 M 25 11 CARBALLO CALERO

50E: 36.42

2 033338740 Mouriz Lombao Fco. Javier 1975 POR-MIÑA 1:19.86 M 25 8 FRIGSA

50E: 38.98

3 032682163 Martin Montero Manuel Jose 1977 ARTEIXO 1:26.11 M 25 6 CARBALLO CALERO

50E: 43.60

4 076994747 Pexegueiro Baladron Nicolas 1977 MASTMOS 1:31.63 M 25 5 FRIGSA

50E: 45.88

5 048394618 Aliaga Sola Alberto 1977 NPONTEA 1:36.30 M 25 4 FRIGSA

50E: 47.43

6 991129420 Barcala Casal Jose Ramon 1975 POURENSE 1:36.44 M 25 3 FRIGSA

50E: 45.52

7 991130353 Fernandez Garcia Miguel D. 1973 RIVEIRA 1:37.12 M 25 2 CARBALLO CALERO

50E: 46.95

**45+**

1 991130448 Martin Fernandez Fernando 1968 CNFERRO 1:26.68 M 25 11 FRIGSA

50E: 41.39

2 036099791 Rebanal Alfaya Fernando 1971 ADAS 1:28.02 M 25 8 FRIGSA

50E: 41.00

3 033282548 Tome Nogueira Alberto Marcial 1968 ADFOGAR 1:30.89 M 25 6 CARBALLO CALERO

50E: 44.51

4 076365508 Añon Pose Jose Fernando 1970 ADFOGAR 1:42.90 M 25 5 CARBALLO CALERO

50E: 49.91

5 078793318 Alamancos Pampin Jose Manuel 1972 ARZUA 1:43.13 M 25 4 FRIGSA

50E: 48.75

6 036095517 Ruibal Garcia Alberto 1968 CTRAVIE 1:46.61 M 25 3 CARBALLO CALERO

50E: 52.89

7 991130443 Garrocho Duran Emilio Jose 1972 CNFERRO 2:06.65 M 25 2 FRIGSA

50E: 1:00.84

8 052434314 Trillo Carlin Jose Fernando 1968 ADFOGAR 2:07.46 M 25 1 CARBALLO CALERO

50E: 1:02.57

**50+**

1 036085324 Jorge Iglesias Marcelino 1966 MASTMOS 1:17.40 M 25 11 FRIGSA



50E: 37.69

2	991128210	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	1:17.81	M 25	8	FRIGSA
		50E: 37.12						
3	036071670	VAZQUEZ VARELA JOSE MANUEL	1966	CTRAVIE	1:44.80	M 25	6	CARBALLO CALERO
		50E: 51.14						
4	052433173	GARCIA AÑON JOSE RAFAEL	1967	ADFOGAR	2:04.94	M 25	5	CARBALLO CALERO
		50E: 1:00.49						
5	033310406	PIROSCIA PENADO JOSE	1966	POR-MIÑA	2:05.52	M 25	4	FRIGSA
		50E: 1:01.03						
6	991130359	FERNANDEZ GARCIA MANUEL V.	1965	RIVEIRA	2:09.68	M 25	3	CARBALLO CALERO
		50E: 1:05.46						

**55+**

1	002526774	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	1:37.49	M 25	11	CARBALLO CALERO
		50E: 47.63						
2	033304267	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	1:52.04	M 25	8	FRIGSA
		50E: 54.47						

**60+**

1	032609016	TARACIDO GARCIA ANTONIO	1954	ADFOGAR	2:22.60	M 25	11	CARBALLO CALERO
		50E: 1:06.04						
2	032419597	CANEDO GARCIA MARCELINO	1956	ADFOGAR	2:31.29	M 25	8	CARBALLO CALERO
		50E: 1:11.48						

**65+**

1	035973669	VIZCAINO CUIÑAS IGNACIO	1948	RCNVIGO	1:50.01	M 25	11	FRIGSA
		50E: 54.29						
2	033814939	NOVOA GONZALEZ EDMUNDO	1952	CFVLUGO	1:58.74	M 25	8	FRIGSA
		50E: 57.83						
3	035993061	VIRUEL RODRIGUEZ DIEGO	1952	CTRAVIE	2:32.78	M 25	6	CARBALLO CALERO
		50E: 1:13.42						
4	032378971	CALVO RIVEIRO RAFAEL	1949	ADFOGAR	3:13.12	M 25	5	CARBALLO CALERO
		50E: 1:37.17						

**75+**

1	991129711	RIOSECO LOPEZ JOSE V.	1941	CMARINA	1:49.37	M 25	11	FRIGSA
		50E: 54.19						
2	991129163	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	2:55.86	M 25	8	FRIGSA
		50E: 1:24.13						

**80+**

1	991129813	FOLCH MALLOFRE RAMON	1937	ARTEIXO	1:52.72	M 25	11	CARBALLO CALERO
		50E: 54.72						
2	035132678	HERRERO SIMON FCO. JAVIER	1935	RCNVIGO	2:44.44	M 25	8	FRIGSA



LIGA GALEGA MÁSTER XOR 2  
11 DECEMBRO 2016

FEDERACIÓN GALEGA DE NATACIÓN

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CP 15008 - A Coruña  
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50E: 1:23.48

## 5. 50m Libre Feminino

20+							
1	047436862	VERDIA LEMA MARIA	1994	ADFOGAR	32.60	M 25	11 CARBALLO CALERO
2	991129055	REIGOSA LOMBAO CLARA	1996	USC	33.57	M 25	8 CARBALLO CALERO
25+							
1	053484861	BECERRA SANTIAGO AUREA	1988	RIVEIRA	29.64	M 25	11 CARBALLO CALERO
2	032713432	BECEIRO NOVO TANIA	1991	CMARINA	31.67	M 25	7.0 FRIGSA
3	033556990	PARDO GOMEZ CARMEN	1992	POR-MIÑA	31.67	M 25	7.0 FRIGSA
4	991128216	RIVAS TENREIRO ARANTXA	1989	CMARINA	31.88	M 25	5 FRIGSA
5	076967398	LORENZO FERNANDEZ PAULA	1988	RIVEIRA	32.00	M 25	4 CARBALLO CALERO
6	991130447	FERREIRA VILLAR INES	1992	CNFERRO	32.60	M 25	3 FRIGSA
7	076829361	MURAS MORA ANDREA	1989	USC	32.88	M 25	2 CARBALLO CALERO
8	991129544	FERRO DA SILVA MACHADO AL R.	1988	ESCUALOS	33.86	M 25	1 FRIGSA
9	044656680	RIVAS CARCACIA NATALIA	1991	ESCUALOS	34.18	M 25	0 FRIGSA
10	991129028	MARCOS CARREGAL INES	1989	ESCUALOS	34.30	M 25	0 FRIGSA
11	991129787	ALVAREZ CESPEDES NURIA	1988	CTRAVIE	36.64	M 25	0 CARBALLO CALERO
12	991129260	FERNANDEZ GARCIA ANA	1988	HERCULES	39.75	M 25	0 CARBALLO CALERO
13	991129027	VAZQUEZ VILLARES M. MAGDALENA	1988	ESCUALOS	43.77	M 25	0 FRIGSA
30+							
1	032696085	SOUTO DERUNGS CRISTINA	1985	CNFERRO	31.67	M 25	11 FRIGSA
2	053181614	LOPEZ ARCE ANTIA	1984	MASTMOS	33.36	M 25	8 FRIGSA
3	991128738	IGLESIAS VAZQUEZ MIRIAN	1983	ADFOGAR	33.50	M 25	6 CARBALLO CALERO
4	077414483	SANCHO SAN MARTIN MARIA	1986	ADFOGAR	34.08	M 25	5 CARBALLO CALERO
5	033351323	LOPEZ ACEVEDO LOPEZ MARIA	1985	POR-MIÑA	34.45	M 25	4 FRIGSA
6	991129799	DURAN VEIRAS RAQUEL	1984	ARTEIXO	35.26	M 25	3 CARBALLO CALERO
7	991130349	PILLADO MARIÑO VANESSA	1984	RIVEIRA	35.48	M 25	2 CARBALLO CALERO
8	991129015	PEREZ COSTAS ELISA	1987	CTRAVIE	41.38	M 25	1 CARBALLO CALERO
9	991129049	REPOLLES PIAZUELO ANDREA	1985	USC	41.38	M 25	0 CARBALLO CALERO
10	036163694	MOLANES PIÑEIRO MARIA ELENA	1984	RCNVIGO	43.98	M 25	0 FRIGSA
35+							
1	991128190	LOPEZ DORRIO BERTA	1980	CMARINA	34.80	M 25	11 FRIGSA
2	991129498	GONZALEZ ANTE SUSANA	1980	CTRAVIE	41.28	M 25	8 CARBALLO CALERO
3	032693770	BROZOS VAZQUEZ ELENA MARIA	1982	USC	45.27	M 25	6 CARBALLO CALERO
40+							
1	991128209	HERMIDA RODRIGUEZ CRISTINA	1973	CMARINA	34.67	M 25	11 FRIGSA
2	991130449	LEIRA BELOSO MARIA	1974	CNFERRO	35.90	M 25	8 FRIGSA
3	991130067	REGUEIRA MARTINEZ MARIA J.	1975	RIVEIRA	37.72	M 25	6 CARBALLO CALERO

4	077006959	VARELA REDONDO VERONICA	1975	NPONTEA	38.58	M 25	5	FRIGSA
5	991130377	ESPIÑO SANCHEZ NURIA	1976	ADFOGAR	42.31	M 25	4	CARBALLO CALERO
6	991129811	ANTON VAZQUEZ PATRICIA	1974	ARTEIXO	44.00	M 25	3	CARBALLO CALERO
7	991129154	FERNANDEZ CARRERA ANA	1977	NPONTEA	44.18	M 25	2	FRIGSA
8	036099734	SOUSA CARNEIRO ALICIA	1974	MASTMOS	45.74	M 25	1	FRIGSA
<b>45+</b>								
1	013140572	MUTILBA OBREGON NURIA	1969	MASTMOS	34.85	M 25	11	FRIGSA
2	032655197	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	37.22	M 25	8	FRIGSA
3	036086706	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	38.97	M 25	6	FRIGSA
4	036099733	SOUSA CARNEIRO ROSANA	1971	MASTMOS	41.72	M 25	5	FRIGSA
5	991128179	VAZQUEZ MENDEZ MARIA CARMEN	1971	CMARINA	42.27	M 25	4	FRIGSA
6	076897637	SOBRINO EIRIZ MARIA DEL VALLE	1972	CTRAVIE	42.31	M 25	3	CARBALLO CALERO
7	991128214	RODRIGUEZ MASAFRET ANA	1968	CMARINA	46.26	M 25	2	FRIGSA
8	991129506	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	53.82	M 25	1	FRIGSA
<b>50+</b>								
1	050060595	SANCHEZ LEAL GEMA ISABEL	1964	RBAIXAS	37.66	M 25	11	FRIGSA
2	036068006	CID SUEIRO MARINA	1965	CTRAVIE	42.31	M 25	8	CARBALLO CALERO
3	076362326	NUÑEZ LEMA Mª ANGELES	1966	ADFOGAR	49.16	M 25	6	CARBALLO CALERO
4	033273186	AMENAL JUNQUERA TERESA	1966	ARZUA	51.27	M 25	5	FRIGSA
<b>55+</b>								
1	044486369	BARJA BARJA ANA	1962	CTRAVIE	38.51	M 25	11	CARBALLO CALERO
2	033850417	MENDEZ TORRES ISABEL	1960	POR-MIÑA	52.10	M 25	8	FRIGSA
<b>60+</b>								
1	036015839	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	1:00.74	M 25	11	FRIGSA
<b>70+</b>								
1	076281800	ALONSO PEREZ CLARISA	1944	ADFOGAR	1:11.08	M 25	11	CARBALLO CALERO
2	035788687	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:21.13	M 25	8	FRIGSA
3	991129336	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	1:39.79	M 25	6	FRIGSA
<b>75+</b>								
1	011343014	MORAL RUBIO ISABEL	1942	CTRAVIE	1:08.67	M 25	11	CARBALLO CALERO

## 6. 50m Libre Masculino

20+							
1	991128882	RODRIGUEZ LOPEZ ROI	1995	MASTMOS	26.18	M 25	11 FRIGSA
2	035588463	ARGIBAY QUEIJO DANIEL J.	1995	NPONTEA	27.92	M 25	8 FRIGSA
3	077012086	TRILLO RODRIGUEZ ADRIAN	1997	MASTMOS	30.70	M 25	6 FRIGSA
4	033541332	MEILAN SANCHEZ SERGIO JOSE	1996	USC	31.35	M 25	5 CARBALLO CALERO
5	991130410	FERREÑO COMESAÑA CRISTIAN	1996	RBAIXAS	31.85	M 25	4 FRIGSA
25+							
1	053195505	LEIRO ALVAREZ LUIS	1990	CTRAVIE	25.78	M 25	11 CARBALLO CALERO
2	036169164	ALVAREZ MARTINEZ FCO. JAVIER	1991	CTRAVIE	26.91	M 25	8 CARBALLO CALERO
3	053171220	DOMINGUEZ PARDELLAS RUBEN	1988	RCNVIGO	27.70	M 25	6 FRIGSA
4	032705422	LAZARO GUERRERO VICTOR	1988	CMARINA	28.00	M 25	5 FRIGSA
5	044832610	SANABRIA GAGO PABLO	1991	CTRAVIE	29.62	M 25	4 CARBALLO CALERO
6	991130358	CORES VAZQUEZ RICARDO	1992	RIVEIRA	31.00	M 25	3 CARBALLO CALERO
7	036161058	PEREZ ESTEVEZ DIEGO	1991	CTRAVIE	31.05	M 25	2 CARBALLO CALERO
8	033560331	GONZALEZ BLANCO JOSE LUIS	1992	POR-MIÑA	32.24	M 25	1 FRIGSA
9	991129548	LORENZO MARTIN JAVIER	1989	ESCUALOS	35.32	M 25	0 FRIGSA
10	033543733	RODRIGUEZ BALIÑA MAURO	1990	CFVLUGO	36.80	M 25	0 FRIGSA
11	991130800	PEREZ DIEGUEZ ADRIAN	1990	HERCULES	37.42	M 25	0 CARBALLO CALERO
12	991130375	SOUTO IGLESIAS ADRIAN	1991	ADFOGAR	38.20	M 25	0 CARBALLO CALERO
13	991130019	INTXAURRANDIETA ORMAZABAL ADUR	1988	USC	41.85	M 25	0 CARBALLO CALERO
30+							
1	991114392	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	26.32	M 25	11 CARBALLO CALERO
2	047365138	FERNANDEZ RODRIGUEZ JAVIER	1983	ADFOGAR	27.62	M 25	8 CARBALLO CALERO
3	991129370	BLANCO PEREZ JESUS	1986	CMARINA	27.84	M 25	6 FRIGSA
4	035575275	PAZOS ALONSO JOSUE	1986	MASTMOS	29.01	M 25	5 FRIGSA
5	044830234	COBAS SEOANE SERGIO	1983	CIDSANTI	29.85	M 25	4 CARBALLO CALERO
6	991128296	ALVAREZ PEREIRA IVAN	1984	ARTEIXO	32.92	M 25	3 CARBALLO CALERO
7	991129546	MARES GONZALEZ ABEL	1986	ESCUALOS	33.17	M 25	2 FRIGSA
8	991130459	DOMINGUEZ PEREZ J. CARLOS	1986	ADAS	38.79	M 25	1 FRIGSA
9	991129783	OTERO ROSENDO ADOLFO	1984	CTRAVIE	39.13	M 25	0 CARBALLO CALERO
35+							
1	036156402	EIRIZ DIEGUEZ DANIEL	1978	MASTMOS	26.18	M 25	11 FRIGSA
2	053532287	GARCIA RODRIGUEZ SERGIO	1981	CIDSANTI	26.81	M 25	8 CARBALLO CALERO
3	032688406	FRAGA DIAZ ALVARO	1981	CNFERRO	27.37	M 25	6 FRIGSA
4	046902887	PEREZ FERREIRO JUAN	1978	ADFOGAR	27.95	M 25	5 CARBALLO CALERO
5	991129543	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	29.38	M 25	4 FRIGSA
6	991129014	FORJAN CASTRO RUBEN	1982	CTRAVIE	29.62	M 25	3 CARBALLO CALERO

7	991129710	BALSA MOSQUERA PABLO	1978	CMARINA	30.59	M 25	2	FRIGSA
8	991129786	GUTIERREZ COSTAS OSCAR	1982	CTRAVIE	31.83	M 25	1	CARBALLO CALERO
9	036122047	GONZALEZ CONDE RODRIGO	1982	NPONTEA	33.55	M 25	0	FRIGSA
10	035567464	CARRERA COSTAS ANDRES	1982	NPONTEA	34.36	M 25	0	FRIGSA
11	991130421	LOPEZ GONZALEZ JOAQUIN I	1978	CIDSANTI	35.86	M 25	0	CARBALLO CALERO
12	991130000	PEIXOTO DA SIVA ADRIANO	1982	POR-MIÑA	37.35	M 25	0	FRIGSA
13	991130010	POTAS MUINELO CESAR	1978	POR-MIÑA	38.75	M 25	0	FRIGSA
<b>40+</b>								
1	991129704	CAINZOS FERNANDEZ JOSE A.	1974	CMARINA	29.17	M 25	11	FRIGSA
2	032682163	MARTIN MONTERO MANUEL JOSE	1977	ARTEIXO	30.11	M 25	7.0	CARBALLO CALERO
3	032823075	FERNANDEZ LOSADA DIEGO	1975	ADFOGAR	30.11	M 25	7.0	CARBALLO CALERO
4	991130353	FERNANDEZ GARCIA MIGUEL D.	1973	RIVEIRA	31.21	M 25	5	CARBALLO CALERO
5	991129788	MAS BADELLINO MARIO	1976	CTRAVIE	31.75	M 25	4	CARBALLO CALERO
6	044457132	SEARA JALON DANIEL A.	1974	POR-MIÑA	32.77	M 25	3	FRIGSA
7	991130351	MUÑIZ VILAR JOSE B.	1975	RIVEIRA	33.34	M 25	2	CARBALLO CALERO
8	991130440	GRAÑA FERNANDEZ ALFONSO	1976	CNFERRO	33.39	M 25	1	FRIGSA
9	991129024	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	33.93	M 25	0	FRIGSA
10	991129420	BARCALA CASAL JOSE RAMON	1975	POURENSE	37.37	M 25	0	FRIGSA
<b>45+</b>								
1	034976118	PEREIRA DIAZ ANGEL	1972	POR-MIÑA	28.34	M 25	11	FRIGSA
2	052457934	FERNANDEZ LAGO RAMON	1972	RIVEIRA	30.26	M 25	8	CARBALLO CALERO
3	991129332	ARGONES MARQUEZ FERNANDO	1971	RBAIXAS	30.37	M 25	6	FRIGSA
4	991129709	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	30.38	M 25	5	FRIGSA
5	032652033	PICOS DORADO ANGEL A.	1968	CMARINA	31.30	M 25	4	FRIGSA
6	991130445	CARRASCO LOPEZ JOSE LUIS	1972	CNFERRO	31.46	M 25	3	FRIGSA
7	991129494	MESSEGUER LUACES SANTIAGO	1971	CTRAVIE	32.50	M 25	2	CARBALLO CALERO
8	991130448	MARTIN FERNANDEZ FERNANDO	1968	CNFERRO	32.92	M 25	1	FRIGSA
9	991127914	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	33.55	M 25	0	FRIGSA
10	991129547	FERNANDEZ MARTINEZ ALBERTO	1971	ESCUALOS	34.12	M 25	0	FRIGSA
11	991128716	GENDE DIAZ JUAN FELIX	1970	ADFOGAR	34.22	M 25	0	CARBALLO CALERO
12	076369915	ABELENDIA GARRIDO SANTIAGO	1972	ADFOGAR	34.93	M 25	0	CARBALLO CALERO
13	991129026	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	35.29	M 25	0	FRIGSA
14	052435559	MARTINEZ POMBO JOSE LAUREANO	1969	ADFOGAR	36.26	M 25	0	CARBALLO CALERO
15	036095517	RUIBAL GARCIA ALBERTO	1968	CTRAVIE	36.66	M 25	0	CARBALLO CALERO
16	991129321	IGLESIAS RODRIGUEZ CARLOS	1969	RBAIXAS	37.15	M 25	0	FRIGSA
17	076365508	AÑON POSE JOSE FERNANDO	1970	ADFOGAR	37.17	M 25	0	CARBALLO CALERO
18	991128187	BUSTABAD FERREIRO FERNANDO	1971	CMARINA	40.47	M 25	0	FRIGSA
19	991130443	GARROCHO DURAN EMILIO JOSE	1972	CNFERRO	40.47	M 25	0	FRIGSA
<b>50+</b>								
1	015984801	ISASTI MAIZA PATXI XABIER	1965	POR-MIÑA	30.56	M 25	11	FRIGSA
2	036071670	VAZQUEZ VARELA JOSE MANUEL	1966	CTRAVIE	31.56	M 25	8	CARBALLO CALERO

3	991129497	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	33.94	M 25	6	CARBALLO CALERO
4	991130285	CERDEIRA FERNANDEZ MARCOS D.	1966	MASTMOS	34.21	M 25	5	FRIGSA
5	036077312	BARRO ORDOVAS MARCIAL	1966	CTRAVIE	35.62	M 25	3.5	CARBALLO CALERO
6	991128186	RICO LOPEZ JUAN MANUEL	1966	CMARINA	35.62	M 25	3.5	FRIGSA
7	991130359	FERNANDEZ GARCIA MANUEL V.	1965	RIVEIRA	35.84	M 25	2	CARBALLO CALERO
8	001058029	GUIÑAZU WALTER GABRIEL	1965	NPONTEA	38.59	M 25	1	FRIGSA
9	991129422	BLANCO PEREZ ANGEL	1964	POURENSE	41.33	M 25	0	FRIGSA
10	033282219	ALAMANCOS PAMPIN J. MARCELINO	1967	ARZUA	43.25	M 25	0	FRIGSA
11	991129597	PARDO CASTRO JESUS	1963	POR-MIÑA	51.87	M 25	0	FRIGSA
<b>55+</b>								
1	035551662	SIO LOURIDO JOSE SALVADOR	1961	MASTMOS	30.43	M 25	11	FRIGSA
2	991130350	BUCETA VAZQUEZ DONATO R.	1960	RIVEIRA	35.99	M 25	8	CARBALLO CALERO
3	000791852	ROS ROSILLO ALEJANDRO	1958	CTRAVIE	36.16	M 25	6	CARBALLO CALERO
4	002526774	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	36.58	M 25	5	CARBALLO CALERO
<b>60+</b>								
1	991128085	RODRIGUEZ VIEITO RICARDO M.	1957	MASTMOS	35.38	M 25	11	FRIGSA
2	036020907	PAZOS CABAL MIGUEL	1955	ADFOGAR	41.17	M 25	8	CARBALLO CALERO
3	032609016	TARACIDO GARCIA ANTONIO	1954	ADFOGAR	44.56	M 25	6	CARBALLO CALERO
4	991129421	VENCES VENCES JOSE ANTONIO	1956	POURENSE	45.81	M 25	5	FRIGSA
5	991129781	FIGUERAS HUERTA ANTONIO	1957	CTRAVIE	52.06	M 25	4	CARBALLO CALERO
<b>65+</b>								
1	013681096	RODRIGUEZ YAÑEZ MANUEL A.	1948	RBAIXAS	36.40	M 25	11	FRIGSA
2	032390308	MENDEZ FERNANDEZ EDMUNDO	1950	CFVLUGO	37.76	M 25	8	FRIGSA
3	035987067	MONROY FERNANDEZ MANUEL	1950	RCNVIGO	38.75	M 25	6	FRIGSA
4	033814939	NOVOA GONZALEZ EDMUNDO	1952	CFVLUGO	42.94	M 25	5	FRIGSA
5	035993061	VIRUEL RODRIGUEZ DIEGO	1952	CTRAVIE	45.72	M 25	4	CARBALLO CALERO
<b>80+</b>								
1	991129813	FOLCH MALLOFRE RAMON	1937	ARTEIXO	41.04	M 25	11	CARBALLO CALERO
<b>85+</b>								
1	035125493	GOMEZ SAN MARTIN LUIS	1931	CFVLUGO	1:34.30	M 25	11	FRIGSA

## 7. 200m Estilos Feminino

20+								
1	047436862	VERDIA LEMA MARIA	1994	ADFOGAR	2:56.86	M 25	11	CARBALLO CALERO
		50M: 38.30						
25+								
1	032698448	GARCIA SOTO PATRICIA	1991	CNFERRO	2:37.21	M 25	11	FRIGSA
		50M: 32.79						
2	044461185	BUGALLO PEREZ ESTIBALIZ	1990	RCNVIGO	2:42.57	M 25	8	FRIGSA
		50M: 35.68						
3	053484861	BECERRA SANTIAGO AUREA	1988	RIVEIRA	2:44.28	M 25	6	CARBALLO CALERO
		50M: 34.87						
4	076967398	LORENZO FERNANDEZ PAULA	1988	RIVEIRA	2:59.13	M 25	5	CARBALLO CALERO
		50M: 36.58						
5	076829361	MURAS MORA ANDREA	1989	USC	3:01.40	M 25	4	CARBALLO CALERO
		50M: 40.87						
6	991129544	FERRO DA SILVA MACHADO AL R.	1988	ESCUALOS	3:07.37	M 25	3	FRIGSA
		50M: 40.06						
7	991128216	RIVAS TENREIRO ARANTXA	1989	CMARINA	3:07.76	M 25	2	FRIGSA
		50M: 38.05						
30+								
1	991130460	GARRIDO GONZALEZ LAURA	1984	ADAS	3:25.46	M 25	11	FRIGSA
		50M: 46.59						
35+								
1	032685998	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	2:58.18	M 25	11	FRIGSA
		50M: 37.12						
2	991129540	MIRA VAZQUEZ MARTA	1981	ESCUALOS	3:18.05	M 25	8	FRIGSA
		50M: 45.45						
3	036163440	CABANELAS EIRAS RITA	1982	USC	3:42.72	M 25	6	CARBALLO CALERO
		50M: 48.40						
40+								
1	032660481	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	3:25.57	M 25	11	FRIGSA
		50M: 45.58						
2	071501763	VIDAL BELLO MARA	1977	ADAS	4:18.40	M 25	8	FRIGSA
		50M: 55.38						
45+								
1	991129021	GONZALEZ RIOS M. BEATRIZ	1970	ADAS	3:36.01	M 25	11	FRIGSA



50M: 47.12

2 033289062 MATO CARAMES MARIA TERESA 1970 ARZUA 3:42.50 M 25 8 FRIGSA

50M: 46.88

**50+**

1 044487667 BARJA BARJA LILIANA 1965 CTRAVIE 3:28.88 M 25 11 CARBALLO CALERO

50M: 49.18

2 051912453 DEL AMO BLANCO MARGARITA 1967 NPONTEA 3:53.64 M 25 8 FRIGSA

50M: 52.02

**55+**

1 007608555 BALADO LOPEZ ANA MARIA 1961 CFVLUGO 3:28.32 M 25 11 FRIGSA

50M: 49.63

**60+**

1 032419031 GOMEZ DOVAL M. ANGELA 1956 CFVLUGO 4:36.80 M 25 11 FRIGSA

50M: 1:05.59

2 036001973 CAICOYA DE URZAIZ ALICIA 1954 CTRAVIE 4:50.00 M 25 8 CARBALLO CALERO

50M: 1:03.84

3 033829685 FERNANDEZ FERNANDEZ TERESA 1956 CFVLUGO 5:19.07 M 25 6 FRIGSA

50M: 1:19.42

## 8. 200m Estilos Masculino

20+							
1	991128882	RODRIGUEZ LOPEZ ROI	1995	MASTMOS	2:26.96	M 25	11 FRIGSA
		50M: 29.90					
2	017464412	COBELO REPRESAS FRANCISCO	1996	NPONTEA	2:30.21	M 25	8 FRIGSA
		50M: 31.40					
3	077409459	LIMA ASTOR DAVID	1995	CTRAVIE	2:46.94	M 25	6 CARBALLO CALERO
		50M: 34.02					
25+							
1	991129430	FERNANDEZ PEREIRAS DANIEL	1990	POURENSE	2:30.99	M 25	11 FRIGSA
		50M: 32.05					
2	036169164	ALVAREZ MARTINEZ FCO. JAVIER	1991	CTRAVIE	2:31.29	M 25	8 CARBALLO CALERO
		50M: 31.15					
3	044832610	SANABRIA GAGO PABLO	1991	CTRAVIE	2:55.95	M 25	6 CARBALLO CALERO
		50M: 36.16					
4	991129050	PIÑEIRO ABAD ALEXANDRE	1991	USC	3:09.85	M 25	5 CARBALLO CALERO
		50M: 40.28					
5	036161058	PEREZ ESTEVEZ DIEGO	1991	CTRAVIE	3:12.64	M 25	4 CARBALLO CALERO
		50M: 38.28					
30+							
1	991114392	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	2:26.06	M 25	11 CARBALLO CALERO
		50M: 30.79					
2	044830234	COBAS SEOANE SERGIO	1983	CIDSANTI	2:46.93	M 25	8 CARBALLO CALERO
		50M: 34.51					
3	053302367	MELLA BARBEITO JAVIER	1983	ARTEIXO	3:56.24	M 25	6 CARBALLO CALERO
		50M: 57.90					
4	079332852	POSE MATO CESAR	1983	ADFOGAR	4:26.33	M 25	5 CARBALLO CALERO
		50M: 1:06.49					
35+							
1	034891346	GOMEZ DORRIO ANTONIO	1979	RIVEIRA	2:26.76	M 25	11 CARBALLO CALERO
		50M: 31.11					
2	071424850	SANCHEZ GORDON ROMAN	1978	CTRAVIE	2:33.02	M 25	8 CARBALLO CALERO
		50M: 32.72					
3	009023937	ERAÑA CABALLERO FELIPE	1980	CMARINA	2:39.67	M 25	6 FRIGSA
		50M: 31.72					
4	036163439	CABANELAS EIRAS PABLO	1979	USC	2:53.57	M 25	5 CARBALLO CALERO
		50M: 37.63					
5	046962029	PEREZ DOMINGUEZ ARTURO	1978	CTRAVIE	3:14.05	M 25	4 CARBALLO CALERO

50M: 41.36

**40+**

1	034984082	QUINTAS BARROS JESUS C.	1973	ESCUALOS	2:50.36	M 25	11	FRIGSA
		50M: 36.69						
2	033338740	MOURIZ LOMBAO FCO. JAVIER	1975	POR-MIÑA	3:04.90	M 25	8	FRIGSA
		50M: 41.11						
3	036108600	DE LUIS GONZALEZ AITOR	1974	RCNVIGO	3:05.63	M 25	6	FRIGSA
		50M: 42.54						
4	035305332	MOURIÑO ORTIGUERA ROBERTO C.	1974	RCNVIGO	3:10.64	M 25	5	FRIGSA
		50M: 39.23						
5	044462086	GOMEZ SOUSA MANUEL	1976	POURENSE	3:13.38	M 25	4	FRIGSA
		50M: 40.48						
6	044457132	SEARA JALON DANIEL A.	1974	POR-MIÑA	3:16.42	M 25	3	FRIGSA
		50M: 45.16						
7	048394618	ALIAGA SOLA ALBERTO	1977	NPONTEA	3:22.55	M 25	2	FRIGSA
		50M: 45.09						

**45+**

1	991129494	MESSEGUER LUACES SANTIAGO	1971	CTRAVIE	3:11.07	M 25	11	CARBALLO CALERO
		50M: 40.99						
2	036099791	REBANAL ALFAYA FERNANDO	1971	ADAS	3:28.45	M 25	8	FRIGSA
		50M: 49.28						
3	052457934	FERNANDEZ LAGO RAMON	1972	RIVEIRA	3:32.16	M 25	6	CARBALLO CALERO
		50M: 44.02						
4	991127914	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	3:35.96	M 25	5	FRIGSA
		50M: 42.65						
5	032037853	CANO PELAEZ ALBERTO J.	1970	CMARINA	3:43.93	M 25	4	FRIGSA
		50M: 45.57						
6	052434314	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	4:14.88	M 25	3	CARBALLO CALERO
		50M: 59.60						

**50+**

1	036064592	FERNANDEZ SALGUEIRO JUAN A.	1965	RIVEIRA	2:45.16	M 25	11	CARBALLO CALERO
		50M: 34.98						
2	991128210	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	2:52.54	M 25	8	FRIGSA
		50M: 37.48						
3	034954770	TIMIRAOS CARRASCO FERNANDO	1965	POR-MIÑA	2:54.67	M 25	6	FRIGSA
		50M: 36.95						
4	991129497	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	3:46.78	M 25	5	CARBALLO CALERO
		50M: 42.51						
5	033310406	PIROSCIA PENADO JOSE	1966	POR-MIÑA	4:28.30	M 25	4	FRIGSA
		50M: 1:01.08						
6	076706876	GONZALEZ PEDROUZO AVELINO	1964	CTRAVIE	4:47.82	M 25	3	CARBALLO CALERO

50M: 1:00.06

<b>55+</b>								
1	033304267	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	4:12.28	M 25	11	FRIGSA
50M: 57.12								
<b>60+</b>								
1	034901058	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	3:19.08	M 25	11	FRIGSA
50M: 42.23								
2	991128717	MENDEZ RODEIRO JUAN	1955	ADFOGAR	3:27.63	M 25	8	CARBALLO CALERO
50M: 44.19								
3	036020907	PAZOS CABAL MIGUEL	1955	ADFOGAR	4:52.16	M 25	6	CARBALLO CALERO
50M: 1:04.48								
<b>65+</b>								
1	035979111	RODRIGUEZ LEMOS ANDRES J.	1949	MASTMOS	3:47.67	M 25	11	FRIGSA
50M: 51.93								
2	035973669	VIZCAINO CUIÑAS IGNACIO	1948	RCNVIGO	3:55.26	M 25	8	FRIGSA
50M: 51.40								
<b>75+</b>								
1	991129711	RIOSECO LOPEZ JOSE V.	1941	CMARINA	4:05.97	M 25	11	FRIGSA
50M: 1:02.18								
<b>80+</b>								
1	035132678	HERRERO SIMON FCO. JAVIER	1935	RCNVIGO	3:51.64	M 25	11	FRIGSA
50M: 1:45.29								

## 9. 100m Braza Feminino

<b>20+</b>							
1	991129055	REIGOSA LOMBAO CLARA	1996	USC	1:40.60	M 25	11 CARBALLO CALERO
		50B: 46.23					
2	035611341	SUAREZ LAGE TANIA	1993	NPONTEA	1:45.88	M 25	8 FRIGSA
		50B: 50.86					
<b>25+</b>							
1	044461185	BUGALLO PEREZ ESTIBALIZ	1990	RCNVIGO	1:25.47	M 25	11 FRIGSA
		50B: 39.96					
2	044656680	RIVAS CARCACIA NATALIA	1991	ESCUALOS	1:33.32	M 25	8 FRIGSA
		50B: 44.68					
3	033556990	PARDO GOMEZ CARMEN	1992	POR-MIÑA	1:35.02	M 25	6 FRIGSA
		50B: 45.63					
4	047367300	PINO AGUIRRE CRISTINA	1988	ADFOGAR	1:40.03	M 25	5 CARBALLO CALERO
		50B: 47.56					
5	991130185	CARNERO VAZQUEZ ANDREA	1988	ESCUALOS	1:58.14	M 25	4 FRIGSA
		50B: 56.12					
6	047401545	LAVANDEIRA PETEIRO SANDRA	1989	ARZUA	2:01.52	M 25	3 FRIGSA
		50B: 54.93					
<b>30+</b>							
1	991129799	DURAN VEIRAS RAQUEL	1984	ARTEIXO	1:33.01	M 25	11 CARBALLO CALERO
		50B: 42.69					
2	991128738	IGLESIAS VAZQUEZ MIRIAN	1983	ADFOGAR	1:43.18	M 25	8 CARBALLO CALERO
		50B: 48.45					
3	036163694	MOLANES PIÑEIRO MARIA ELENA	1984	RCNVIGO	1:48.56	M 25	6 FRIGSA
		50B: 50.41					
4	991129049	REPOLLES PIAZUELO ANDREA	1985	USC	1:57.10	M 25	5 CARBALLO CALERO
		50B: 55.39					
5	991129015	PEREZ COSTAS ELISA	1987	CTRAVIE	1:58.83	M 25	4 CARBALLO CALERO
		50B: 55.31					
<b>35+</b>							
1	991128190	LOPEZ DORRIO BERTA	1980	CMARINA	1:32.04	M 25	11 FRIGSA
		50B: 42.98					
2	991129540	MIRA VAZQUEZ MARTA	1981	ESCUALOS	1:35.62	M 25	8 FRIGSA
		50B: 46.43					
3	991129539	SANCHEZ LEDO CIRA	1981	ESCUALOS	1:45.21	M 25	6 FRIGSA
		50B: 50.99					
4	036163440	CABANELAS EIRAS RITA	1982	USC	1:50.67	M 25	5 CARBALLO CALERO

50B: 51.48

5 032687660 VAZQUEZ PARCERO MARTA 1980 CMARINA 2:12.03 M 25 4 FRIGSA  
50B: 1:01.46

**40+**

1 032660481 HERNANDEZ TENREIRO MARTA 1975 CNFERRO 1:35.59 M 25 11 FRIGSA  
50B: 49.07

2 991129454 ALVAREZ ALVAREZ NOEMI 1973 CNFERRO 1:41.55 M 25 8 FRIGSA  
50B: 47.49

3 991129811 ANTON VAZQUEZ PATRICIA 1974 ARTEIXO 2:03.93 M 25 6 CARBALLO CALERO  
50B: 58.08

**45+**

1 013140572 MUTILBA OBREGON NURIA 1969 MASTMOS 1:38.64 M 25 11 FRIGSA  
50B: 45.98

2 033289062 MATO CARAMES MARIA TERESA 1970 ARZUA 1:46.87 M 25 8 FRIGSA  
50B: 51.05

3 032655197 JIMENEZ PEREZ VICTORIA 1969 CNFERRO 1:51.19 M 25 6 FRIGSA  
50B: 52.22

4 991128179 VAZQUEZ MENDEZ MARIA CARMEN 1971 CMARINA 1:58.80 M 25 5 FRIGSA  
50B: 55.59

5 076897637 SOBRINO EIRIZ MARIA DEL VALLE 1972 CTRAVIE 2:02.11 M 25 4 CARBALLO CALERO  
50B: 58.11

6 991128214 RODRIGUEZ MASAFRET ANA 1968 CMARINA 2:02.45 M 25 3 FRIGSA  
50B: 56.36

7 991129708 GRANDAL OCAÑA BEATRIZ 1971 CMARINA 2:03.39 M 25 2 FRIGSA  
50B: 56.70

8 991129023 PEREZ VIDAL M. ELENA 1970 ADAS 2:15.27 M 25 1 FRIGSA  
50B: 1:06.91

9 032800932 DIEGUEZ ABAD MARIA TERESA 1970 ARZUA 2:21.45 M 25 0 FRIGSA  
50B: 1:08.10

**50+**

1 036071327 BASTOS ALONSO MARI CARMEN 1965 MASTMOS 1:51.85 M 25 11 FRIGSA  
50B: 53.93

2 036065674 MARTY PAZOS MARIA VICTORIA 1965 CTRAVIE 1:56.76 M 25 8 CARBALLO CALERO  
50B: 57.14

3 036068006 CID SUEIRO MARINA 1965 CTRAVIE 2:17.50 M 25 6 CARBALLO CALERO  
50B: 1:00.00

4 033273186 AMENAL JUNQUERA TERESA 1966 ARZUA 2:32.36 M 25 5 FRIGSA  
50B: 1:10.49

5 032764322 MUIÑO ANDRADE MARIA JOSE 1964 ARTEIXO 2:40.44 M 25 4 CARBALLO CALERO  
50B: 1:14.50

<b>55+</b>							
1	044486369	BARJA BARJA ANA	1962	CTRAVIE	1:53.10	M 25	11 CARBALLO CALERO
		50B: 51.89					
2	033850417	MENDEZ TORRES ISABEL	1960	POR-MIÑA	2:19.62	M 25	8 FRIGSA
		50B: 1:05.93					
<b>60+</b>							
1	036015839	SUEIRO COSTAS M <sup>a</sup> CARMEN	1956	NPONTEA	3:04.67	M 25	11 FRIGSA
		50B: 1:29.40					

## 10. 100m Braza Masculino

20+								
1	033541332	MEILAN SANCHEZ SERGIO JOSE	1996	USC	1:32.31	M 25	11	CARBALLO CALERO
		50B: 43.53						
2	033558148	NOVO VAZQUEZ IAGO	1993	POR-MIÑA	1:34.00	M 25	8	FRIGSA
		50B: 43.79						
25+								
1	053195505	LEIRO ALVAREZ LUIS	1990	CTRAVIE	1:08.58	M 25	11	CARBALLO CALERO
		50B: 32.22						
2	991129430	FERNANDEZ PEREIRAS DANIEL	1990	POURENSE	1:15.22	M 25	8	FRIGSA
		50B: 36.31						
3	991130358	CORES VAZQUEZ RICARDO	1992	RIVEIRA	1:26.10	M 25	6	CARBALLO CALERO
		50B: 39.47						
4	033560331	GONZALEZ BLANCO JOSE LUIS	1992	POR-MIÑA	1:26.20	M 25	5	FRIGSA
		50B: 39.91						
5	991130184	FORTES NOVOA MARTIÑO	1988	ESCUALOS	1:28.24	M 25	4	FRIGSA
		50B: 40.30						
6	991129548	LORENZO MARTIN JAVIER	1989	ESCUALOS	1:32.05	M 25	3	FRIGSA
		50B: 42.46						
7	991129050	PIÑEIRO ABAD ALEXANDRE	1991	USC	1:32.97	M 25	2	CARBALLO CALERO
		50B: 44.41						
8	991130800	PEREZ DIEGUEZ ADRIAN	1990	HERCULES	1:58.35	M 25	1	CARBALLO CALERO
		50B: 52.22						
30+								
1	045862302	TABOADA VILA ALBERTO	1987	POURENSE	1:09.66	M 25	11	FRIGSA
		50B: 32.71						
2	035575275	PAZOS ALONSO JOSUE	1986	MASTMOS	1:17.81	M 25	8	FRIGSA
		50B: 36.08						
3	991129370	BLANCO PEREZ JESUS	1986	CMARINA	1:19.66	M 25	6	FRIGSA
		50B: 36.03						
4	079323950	FERNANDEZ VARELA PABLO JOSE	1984	ADFOGAR	1:23.11	M 25	5	CARBALLO CALERO
		50B: 39.56						
5	991128296	ALVAREZ PEREIRA IVAN	1984	ARTEIXO	1:30.37	M 25	4	CARBALLO CALERO
		50B: 43.58						
6	034638699	RODRIGUEZ CHAVES FABIO	1985	POR-MIÑA	1:32.32	M 25	3	FRIGSA
		50B: 44.55						
7	991130459	DOMINGUEZ PEREZ J. CARLOS	1986	ADAS	1:43.57	M 25	2	FRIGSA
		50B: 48.82						



<b>35+</b>								
1	036156402	EIRIZ DIEGUEZ DANIEL	1978	MASTMOS	1:12.11	M 25	11	FRIGSA
		50B: 33.74						
2	046904122	LOPEZ BASANTA JAVIER	1982	ADFOGAR	1:17.60	M 25	8	CARBALLO CALERO
		50B: 36.45						
3	991129543	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	1:21.11	M 25	6	FRIGSA
		50B: 39.14						
4	009023937	ERAÑA CABALLERO FELIPE	1980	CMARINA	1:21.93	M 25	5	FRIGSA
		50B: 38.36						
5	032679004	ESPINOSA MIRA JORGE	1978	ADAS	1:22.49	M 25	4	FRIGSA
		50B: 37.75						
6	991129014	FORJAN CASTRO RUBEN	1982	CTRAVIE	1:26.02	M 25	3	CARBALLO CALERO
		50B: 41.32						
7	046962029	PEREZ DOMINGUEZ ARTURO	1978	CTRAVIE	1:36.00	M 25	2	CARBALLO CALERO
		50B: 44.56						
8	036122047	GONZALEZ CONDE RODRIGO	1982	NPONTEA	1:38.30	M 25	1	FRIGSA
		50B: 46.33						
9	991130421	LOPEZ GONZALEZ JOAQUIN I	1978	CIDSANTI	1:41.74	M 25	0	CARBALLO CALERO
		50B: 45.32						
10	076907385	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	1:42.75	M 25	0	FRIGSA
		50B: 47.47						
11	053178586	COSTAS VAZQUEZ MIGUEL	1979	RCNVIGO	1:55.48	M 25	0	FRIGSA
		50B: 54.65						
12	991130000	PEIXOTO DA SIVA ADRIANO	1982	POR-MIÑA	1:59.21	M 25	0	FRIGSA
		50B: 53.62						
<b>40+</b>								
1	044462086	GOMEZ SOUSA MANUEL	1976	POURENSE	1:31.49	M 25	11	FRIGSA
		50B: 43.65						
2	991129788	MAS BADELLINO MARIO	1976	CTRAVIE	1:32.89	M 25	8	CARBALLO CALERO
		50B: 41.18						
3	991130440	GRAÑA FERNANDEZ ALFONSO	1976	CNFERRO	1:34.19	M 25	6	FRIGSA
		50B: 48.65						
4	035305332	MOURIÑO ORTIGUERA ROBERTO C.	1974	RCNVIGO	1:34.93	M 25	5	FRIGSA
		50B: 45.29						
5	076994747	PEXEGUEIRO BALADRON NICOLAS	1977	MASTMOS	1:36.74	M 25	4	FRIGSA
		50B: 45.08						
6	991130799	GRACIA FERNANDEZ CARLOS	1976	HERCULES	1:37.77	M 25	3	CARBALLO CALERO
		50B: 44.62						
7	991130351	MUÑIZ VILAR JOSE B.	1975	RIVEIRA	1:44.06	M 25	2	CARBALLO CALERO
		50B: 46.53						
<b>45+</b>								
1	034976118	PEREIRA DIAZ ANGEL	1972	POR-MIÑA	1:19.64	M 25	11	FRIGSA

		50B: 37.87					
2	991129332	ARGONES MARQUEZ FERNANDO	1971	RBAIXAS	1:21.11	M 25	8 FRIGSA
		50B: 38.54					
3	991129709	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	1:24.62	M 25	6 FRIGSA
		50B: 40.28					
4	034991003	PEREZ ARIAS HECTOR	1971	POR-MIÑA	1:27.33	M 25	5 FRIGSA
		50B: 42.09					
5	076369915	ABELENDIA GARRIDO SANTIAGO	1972	ADFOGAR	1:32.06	M 25	4 CARBALLO CALERO
		50B: 43.14					
6	032652033	PICOS DORADO ANGEL A.	1968	CMARINA	1:34.79	M 25	3 FRIGSA
		50B: 41.48					
7	991129026	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	1:35.51	M 25	2 FRIGSA
		50B: 45.12					
8	991129547	FERNANDEZ MARTINEZ ALBERTO	1971	ESCUALOS	1:37.60	M 25	1 FRIGSA
		50B: 46.45					
9	991129321	IGLESIAS RODRIGUEZ CARLOS	1969	RBAIXAS	1:39.57	M 25	0 FRIGSA
		50B: 45.78					
10	078793318	ALAMANCOS PAMPIN JOSE MANUEL	1972	ARZUA	1:41.38	M 25	0 FRIGSA
		50B: 47.15					
11	991130445	CARRASCO LOPEZ JOSE LUIS	1972	CNFERRO	1:46.88	M 25	0 FRIGSA
		50B: 49.93					
<b>50+</b>							
1	036085324	JORGE IGLESIAS MARCELINO	1966	MASTMOS	1:17.43	M 25	11 FRIGSA
		50B: 37.42					
2	991130285	CERDEIRA FERNANDEZ MARCOS D.	1966	MASTMOS	1:32.52	M 25	8 FRIGSA
		50B: 43.81					
3	052433173	GARCIA AÑON JOSE RAFAEL	1967	ADFOGAR	1:37.10	M 25	6 CARBALLO CALERO
		50B: 45.45					
4	036077312	BARRO ORDOVAS MARCIAL	1966	CTRAVIE	1:45.98	M 25	5 CARBALLO CALERO
		50B: 48.67					
5	991128186	RICO LOPEZ JUAN MANUEL	1966	CMARINA	1:46.10	M 25	4 FRIGSA
		50B: 50.31					
6	052434874	RODRIGUEZ FERNANDEZ F.X.	1964	ADFOGAR	1:59.77	M 25	3 CARBALLO CALERO
		50B: 55.26					
7	033282219	ALAMANCOS PAMPIN J. MARCELINO	1967	ARZUA	2:05.38	M 25	2 FRIGSA
		50B: 58.47					
8	076706876	GONZALEZ PEDROUZO AVELINO	1964	CTRAVIE	2:22.56	M 25	1 CARBALLO CALERO
		50B: 1:03.80					
9	991129597	PARDO CASTRO JESUS	1963	POR-MIÑA	2:30.79	M 25	0 FRIGSA
10	991129422	BLANCO PEREZ ANGEL	1964	POURENSE	2:37.88	M 25	0 FRIGSA
		50B: 1:10.85					

**55+**

1	000791852	ROS ROSILLO ALEJANDRO	1958	CTRAVIE	1:26.81	M 25	11	CARBALLO CALERO
		50B: 41.37						
2	991130350	BUCETA VAZQUEZ DONATO R.	1960	RIVEIRA	1:51.10	M 25	8	CARBALLO CALERO
		50B: 51.10						
<b>60+</b>								
1	991128717	MENDEZ RODEIRO JUAN	1955	ADFOGAR	1:41.38	M 25	11	CARBALLO CALERO
		50B: 48.49						
2	991129421	VENCES VENCES JOSE ANTONIO	1956	POURENSE	1:42.68	M 25	8	FRIGSA
		50B: 49.50						
3	034901058	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	1:45.26	M 25	6	FRIGSA
		50B: 52.11						
4	991129781	FIGUERAS HUERTA ANTONIO	1957	CTRAVIE	2:02.43	M 25	5	CARBALLO CALERO
		50B: 58.43						
5	032419597	CANEDO GARCIA MARCELINO	1956	ADFOGAR	2:12.28	M 25	4	CARBALLO CALERO
		50B: 1:01.70						
<b>65+</b>								
1	035979111	RODRIGUEZ LEMOS ANDRES J.	1949	MASTMOS	1:45.64	M 25	11	FRIGSA
		50B: 50.85						
2	035987067	MONROY FERNANDEZ MANUEL	1950	RCNVIGO	2:06.39	M 25	8	FRIGSA
		50B: 58.25						
<b>75+</b>								
1	991129163	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	2:39.96	M 25	11	FRIGSA
		50B: 1:14.80						
<b>85+</b>								
1	035125493	GOMEZ SAN MARTIN LUIS	1931	CFVLUGO	2:54.63	M 25	11	FRIGSA
		50B: 1:22.17						

## 11. 4X50m Estilos Feminino

<b>+100</b>						
1	CLUB NAT. ESCUALOS	ESCUALOS	2:31.18	M 25	22	FRIGSA
	MARCOS CARREGAL INES (1989)	50E: 37.83				
	MIRA VAZQUEZ MARTA (1981)					
	FERRO DA SILVA MACHADO AL R. (1988)					
	RIVAS CARCACIA NATALIA (1991)					
<b>+120</b>						
1	C. NAT. FERROL	CNFERRO	2:23.23	M 25	22	FRIGSA
	SOUTO DERUNGS CRISTINA (1985)	50E: 36.84				
	HERNANDEZ TENREIRO MARTA (1975)					
	GARCIA SOTO PATRICIA (1991)					
	FERREIRA VILLAR INES (1992)					
2	C. MARINA FERROL	CMARINA	2:29.73	M 25	16	FRIGSA
	RIVAS TENREIRO ARANTXA (1989)	50E: 41.48				
	LOPEZ DORRIO BERTA (1980)					
	HERMIDA RODRIGUEZ BLANCA (1981)					
	BECEIRO NOVO TANIA (1991)					
3	AGRUP. DEP. FOGAR	ADFOGAR	2:35.47	M 25	12	CARBALLO CALERO
	SANCHO SAN MARTIN MARIA (1986)	50E: 38.24				
	PICHEL GARCIA DE SEAREZ M.E. (1984)					
	PINO AGUIRRE CRISTINA (1988)					
	IGLESIAS VAZQUEZ MIRIAN (1983)					
4	C. NAT. RIVEIRA	RIVEIRA	2:38.12	M 25	10	CARBALLO CALERO
	REGUEIRA MARTINEZ MARIA J. (1975)	50E: 45.25				
	BECERRA SANTIAGO AUREA (1988)					
	LORENZO FERNANDEZ PAULA (1988)					
	PILLADO MARIÑO VANESSA (1984)					
5	C. USC	USC	3:14.74	M 25	8	CARBALLO CALERO
	BROZOS VAZQUEZ ELENA MARIA (1982)	50E: 1:02.74				
	REPOLLES PIAZUELO ANDREA (1985)					
	MURAS MORA ANDREA (1989)					
	CABANELAS EIRAS RITA (1982)					
<b>+160</b>						
1	C. NAT. MASTER MOS	MASTMOS	3:01.17	M 25	22	FRIGSA
	SOUSA CARNEIRO ALICIA (1974)	50E: 58.05				
	MUTILBA OBREGON NURIA (1969)					
	LOPEZ ARCE ANTIA (1984)					
	SOUSA CARNEIRO ROSANA (1971)					

2	C. NAT. PORTAMIÑA LUGO	POR-MIÑA	3:05.58	M 25	16	FRIGSA
	HUETE ALVAREZ M ANGELES (1959)	50E: 1:04.84				
	LOPEZ ACEVEDO LOPEZ MARIA (1985)					
	PARDO GOMEZ CARMEN (1992)					
	MENDEZ TORRES ISABEL (1960)					
3	C. TRAVIESAS NAT.	CTRAVIE	3:10.88	M 25	12	CARBALLO CALERO
	GONZALEZ ANTE SUSANA (1980)	50E: 54.68				
	MARTY PAZOS MARIA VICTORIA (1965)					
	ANDRE RODRIGUEZ CARME (1986)					
	SOBRINO EIRIZ MARIA DEL VALLE (1972)					
4	C. ADAS	ADAS	3:12.06	M 25	10	FRIGSA
	GARRIDO GONZALEZ LAURA (1984)	50E: 41.72				
	GONZALEZ RIOS M. BEATRIZ (1970)					
	VIDAL BELLO MARA (1977)					
	PEREZ VIDAL M. ELENA (1970)					
5	C. MARINA FERROL	CMARINA	3:12.64	M 25	8	FRIGSA
	GRANDAL OCAÑA BEATRIZ (1971)	50E: 51.65				
	RODRIGUEZ MASAFRET ANA (1968)					
	HERMIDA RODRIGUEZ CRISTINA (1973)					
	VAZQUEZ PARCERO MARTA (1980)					
6	C. NAT. PONTEAREAS	NPONTEA	3:22.41	M 25	6	FRIGSA
	FERNANDEZ CARRERA ANA (1977)	50E: 1:04.54				
	DEL AMO BLANCO MARGARITA (1967)					
	CALVIÑO CANCELA MARIA CRISTINA (1968)					
	VARELA REDONDO VERONICA (1975)					
7	C. NAT. ARZUA	ARZUA	3:35.77	M 25	4	FRIGSA
	AMENAL JUNQUERA TERESA (1966)	50E: 1:08.88				
	LAVANDEIRA PETEIRO SANDRA (1989)					
	MATO CARAMES MARIA TERESA (1970)					
	DIEGUEZ ABAD MARIA TERESA (1970)					
<b>+200</b>						
1	C. TRAVIESAS NAT.	CTRAVIE	3:19.57	M 25	22	CARBALLO CALERO
	BARJA BARJA LILIANA (1965)	50E: 44.08				
	BARJA BARJA ANA (1962)					
	CAICOYA DE URZAIZ ALICIA (1954)					
	CID SUEIRO MARINA (1965)					
2	AGRUP. DEP. FOGAR	ADFOGAR	3:59.42	M 25	16	CARBALLO CALERO
	ALONSO PEREZ CLARISA (1944)	50E: 1:20.76				
	NUÑEZ LEMA Mª ANGELES (1966)					
	PEREIRA ALONSO ISABEL (1961)					
	ESPIÑO SANCHEZ NURIA (1976)					

## 12. 4X50m Estilos Masculino

### +100

1	C. TRAVIESAS NAT.	CTRAVIE	2:09.59	M 25	22	CARBALLO CALERO
	LEIRO ALVAREZ LUIS (1990)	50E: 30.86				
	ALVAREZ MARTINEZ FCO. JAVIER (1991)					
	SANABRIA GAGO PABLO (1991)					
	PEREZ ESTEVEZ DIEGO (1991)					

### +120

1	AGRUP. DEP. FOGAR	ADFOGAR	2:05.44	M 25	22	CARBALLO CALERO
	FERNANDEZ RODRIGUEZ JAVIER (1983)	50E: 31.94				
	FERNANDEZ VARELA PABLO JOSE (1984)					
	PEREZ FERREIRO JUAN (1978)					
	LOPEZ BASANTA JAVIER (1982)					
2	C. MARINA FERROL	CMARINA	2:11.24	M 25	16	FRIGSA
	LAZARO GUERRERO VICTOR (1988)	50E: 32.76				
	BLANCO PEREZ JESUS (1986)					
	BALSA MOSQUERA PABLO (1978)					
	CAINZOS FERNANDEZ JOSE A. (1974)					
3	C. D. NAT. CIDADE DE SANTIAGO	CIDSANTI	2:13.49	M 25	12	CARBALLO CALERO
	COBAS SEOANE SERGIO (1983)	50E: 34.92				
	RODRIGUEZ LAGO DAVID (1986)					
	GARCIA RODRIGUEZ SERGIO (1981)					
	LOPEZ GONZALEZ JOAQUIN I (1978)					
4	C. TRAVIESAS NAT.	CTRAVIE	2:22.68	M 25	10	CARBALLO CALERO
	SANCHEZ GORDON ROMAN (1978)	50E: 32.55				
	MAS BADELLINO MARIO (1976)					
	PEREZ DOMINGUEZ ARTURO (1978)					
	FORJAN CASTRO RUBEN (1982)					
5	CLUB NAT. ESCUALOS	ESCUALOS	2:29.78	M 25	8	FRIGSA
	MARES GONZALEZ ABEL (1986)	50E: 42.26				
	FORTES NOVOA MARTIÑO (1988)					
	NOGUEIRA-PINTO CRESPO HUGO (1978)					
	LORENZO MARTIN JAVIER (1989)					
6	C. NAT. PORTAMIÑA LUGO	POR-MIÑA	2:44.60	M 25	6	FRIGSA
	POTAS MUINELO CESAR (1978)	50E: 52.06				
	GONZALEZ BLANCO JOSE LUIS (1992)					
	RODRIGUEZ CHAVES FABIO (1985)					
	PEIXOTO DA SIVA ADRIANO (1982)					

### +160

1	C. NAT. MASTER MOS	MASTMOS	2:07.31	M 25	22	FRIGSA
	EIRIZ DIEGUEZ DANIEL (1978)	50E: 30.78				
	JORGE IGLESIAS MARCELINO (1966)					
	PAZOS ALONSO JOSUE (1986)					
	SIO LOURIDO JOSE SALVADOR (1961)					
2	C. NAT. PORTAMIÑA LUGO	POR-MIÑA	2:18.58	M 25	16	FRIGSA
	MOURIZ LOMBAO FCO. JAVIER (1975)	50E: 37.06				
	PEREIRA DIAZ ANGEL (1972)					
	PEREZ ARIAS HECTOR (1971)					
	SEARA JALON DANIEL A. (1974)					
3	C. NAT. PABELLON OURENSE	POURENSE	2:20.13	M 25	12	FRIGSA
	GOMEZ SOUSA MANUEL (1976)	50E: 41.96				
	TABOADA VILA ALBERTO (1987)					
	GARCIA COLOMO MANUEL RAMON (1954)					
	FERNANDEZ PEREIRAS DANIEL (1990)					
4	C. NAT. FERROL	CNFERRO	2:22.71	M 25	10	FRIGSA
	MARTIN FERNANDEZ FERNANDO (1968)	50E: 40.19				
	GRAÑA FERNANDEZ ALFONSO (1976)					
	FRAGA DIAZ ALVARO (1981)					
	CARRASCO LOPEZ JOSE LUIS (1972)					
5	C. MARINA FERROL	CMARINA	2:23.54	M 25	8	FRIGSA
	DE LA PAZ VIGO AGUSTIN A. (1966)	50E: 35.82				
	TOURIÑO GONZALEZ VICTOR M. (1968)					
	ERAÑA CABALLERO FELIPE (1980)					
	BUSTABAD FERREIRO FERNANDO (1971)					
6	C. NAT. RIVEIRA	RIVEIRA	2:27.87	M 25	6	CARBALLO CALERO
	GOMEZ DORRIO ANTONIO (1979)	50E: 33.66				
	MUÑIZ VILAR JOSE B. (1975)					
	FERNANDEZ SALGUEIRO JUAN A. (1965)					
	BUCETA VAZQUEZ DONATO R. (1960)					
7	AGRUP. DEP. FOGAR	ADFOGAR	2:31.49	M 25	4	CARBALLO CALERO
	FERNANDEZ LOSADA DIEGO (1975)	50E: 36.22				
	ABELENDA GARRIDO SANTIAGO (1972)					
	TOME NOGUEIRA ALBERTO MARCIAL (1968)					
	GENDE DIAZ JUAN FELIX (1970)					
8	C. NAT. RIVEIRA	RIVEIRA	2:37.40	M 25	2	CARBALLO CALERO
	FERNANDEZ GARCIA MIGUEL D. (1973)	50E: 44.34				
	CORES VAZQUEZ RICARDO (1992)					
	FERNANDEZ LAGO RAMON (1972)					
	FERNANDEZ GARCIA MANUEL V. (1965)					
9	C. NAT. ARTEIXO	ARTEIXO	2:38.42	M 25	0	CARBALLO CALERO
	MARTIN MONTERO MANUEL JOSE (1977)	50E: 38.17				
	ALVAREZ PEREIRA IVAN (1984)					
	SANJORGE PEDREIRA CARMELO (1962)					

MELLA BARBEITO JAVIER (1983)

10	CLUB NAT. ESCUALOS	ESCUALOS	2:38.72	M 25	0	FRIGSA
	QUINTAS BARROS JESUS C. (1973)	50E: 40.38				
	BOUSO FUENTECILLA FERNANDO (1971)					
	FERNANDEZ MARTINEZ ALBERTO (1971)					
	TRONCOSO CAAMAÑO FERNANDO (1975)					
11	C. TRAVIESAS NAT.	CTRAVIE	2:43.93	M 25	0	CARBALLO CALERO
	OTERO ROSENDO ADOLFO (1984)	50E: 49.15				
	BARRO ORDOVAS MARCIAL (1966)					
	MESSEGUER LUACES SANTIAGO (1971)					
	GUTIERREZ COSTAS OSCAR (1982)					

**+200**

1	C. TRAVIESAS NAT.	CTRAVIE	2:41.81	M 25	22	CARBALLO CALERO
	RUIBAL GARCIA ALBERTO (1968)	50E: 49.30				
	ROS ROSILLO ALEJANDRO (1958)					
	FERREIRA GONZALEZ XOSE ANXO (1966)					
	VAZQUEZ VARELA JOSE MANUEL (1966)					
2	C. NAT. MASTER MOS	MASTMOS	2:47.95	M 25	16	FRIGSA
	RODRIGUEZ LEMOS ANDRES J. (1949)	50E: 50.04				
	CERDEIRA FERNANDEZ MARCOS D. (1966)					
	PEXEGUEIRO BALADRON NICOLAS (1977)					
	RODRIGUEZ VIEITO RICARDO M. (1957)					
3	C. MARINA FERROL	CMARINA	2:48.99	M 25	12	FRIGSA
	RIOSECO LOPEZ JOSE V. (1941)	50E: 50.13				
	RICO LOPEZ JUAN MANUEL (1966)					
	CANO PELAEZ ALBERTO J. (1970)					
	PICOS DORADO ANGEL A. (1968)					
4	REAL C. NAUTICO DE VIGO	RCNVIGO	2:51.77	M 25	10	FRIGSA
	DE LUIS GONZALEZ AITOR (1974)	50E: 42.44				
	MOURIÑO ORTIGUERA ROBERTO C. (1974)					
	VIZCAINO CUIÑAS IGNACIO (1948)					
	MONROY FERNANDEZ MANUEL (1950)					
5	AGRUP. DEP. FOGAR	ADFOGAR	2:54.65	M 25	8	CARBALLO CALERO
	MENDEZ RODEIRO JUAN (1955)	50E: 48.28				
	GARCIA AÑON JOSE RAFAEL (1967)					
	MARTINEZ POMBO JOSE LAUREANO (1969)					
	AÑON POSE JOSE FERNANDO (1970)					
6	C. NAT. PORTAMIÑA LUGO	POR-MIÑA	3:04.15	M 25	6	FRIGSA
	PIROSCIA PENADO JOSE (1966)	50E: 57.76				
	SANCHEZ VAZQUEZ JESUS (1962)					
	TIMIRAOS CARRASCO FERNANDO (1965)					
	ISASTI MAIZA PATXI XABIER (1965)					
7	C. NAT. PONTEAREAS	NPONTEA	3:14.29	M 25	4	FRIGSA



GONZALEZ CONDE RODRIGO (1982) 50E: 46.64  
 ALIAGA SOLA ALBERTO (1977)  
 ARAUJO DOMINGUEZ FRANCISCO (1940)  
 GUIÑAZU WALTER GABRIEL (1965)

**+240**

1	C. FLUVIAL DE LUGO	CFVLUGO	3:23.23	M 25	22	FRIGSA
	NOVOA GONZALEZ EDMUNDO (1952)	50E: 54.05				
	GOMEZ SAN MARTIN LUIS (1931)					
	RODRIGUEZ BALIÑA MAURO (1990)					
	MENDEZ FERNANDEZ EDMUNDO (1950)					
2	AGRUP. DEP. FOGAR	ADFOGAR	4:11.12	M 25	16	CARBALLO CALERO
	CALVO RIVEIRO RAFAEL (1949)	50E: 1:29.34				
	CANEDO GARCIA MARCELINO (1956)					
	PAZOS CABAL MIGUEL (1955)					
	TARACIDO GARCIA ANTONIO (1954)					