



X1 DIV2, 31 OUTUBRO 2015

Datos técnicos: Piscina de 25 m., Cronometraje Manual

FRIGSA

31/10/2015

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00878	<b>ABSO C.N. PONTEAREAS</b>	NPONTEA		30,0	3:47.99
	1	COSTA FERNANDEZ LUCAS	1998	50' 27.10   100' 27.10		
	2	VAZQUEZ ENES BREGAN ARTUR	1991	150' 1:22.27   200' 1:51.45		
				1:22.2   29.18		
	3	ALONSO RODRIGUEZ JAVIER	2001	250' 2:20.18   300' 2:51.79		
				28.73   31.61		
	4	CARRERA COSTAS MARTIN	1996	350' 3:18.70   400' 3:47.99		
				26.91   29.29		
2	00617	<b>INFA ADFOGAR</b>	ADFOGAR		24,0	3:50.02
	1	NEGREIRA CAAMAÑO PABLO	2000	50' 27.62   100' 56.73		
				27.62   29.11		
	2	VERDES COLLAZO MANUEL	2000	150' 1:25.20   200' 1:57.04		
				28.47   31.84		
	3	TOME BRANDON ALBERTO	1999	250' 2:23.78   300' 2:53.28		
				26.74   29.50		
	4	PARDO BELLO ALEJANDRO	1998	350' 3:20.92   400' 3:50.02		
				27.64   29.10		
3	P1112	<b>ABSO C.N. ARZUA</b>	ARZUA		20,0	3:50.56
	1	SEGADE MARIÑO RAUL	2000	50' 27.40   100' 56.93		
				27.40   29.53		
	2	SEGADE CURROS MANUEL	1999	150' 1:24.78   200' 1:56.72		
				27.85   31.94		
	3	ANDRADE BUDIÑO ALFONSO	1999	250' 2:23.92   300' 2:53.96		
				27.20   30.04		
	4	REY RODRIGUEZ JOSE RAMON	1994	350' 3:20.75   400' 3:50.56		
				26.79   29.81		
4	01156	<b>ABSO PORTAMIÑA LUGO</b>	PORTAMIÑA		18,0	3:51.80
	1	VAZQUEZ PRADO MARTIN	1996	50' 27.98   100' 56.63		
				27.98   28.65		
	2	BALBOA BLANCO IVAN	1994	150' 1:22.88   200' 1:51.84		
				26.25   28.96		
	3	LOPEZ VILAR RAUL	2000	250' 2:19.88   300' 2:51.84		
				28.04   31.96		
	4	GAYOSO VAZQUEZ DAVID	2000	350' 3:20.78   400' 3:51.80		
				28.94   31.02		
5	00126	<b>ABSO C. USC</b>	USC		16,0	3:59.55
	1	MEIJIDE GIADAS DIEGO	2000	50' 30.90   100' 1:03.57		
				30.90   32.67		
	2	FREIRE GONZALEZ JAVIER	1993	150' 1:31.19   200' 2:03.21		
				27.62   32.02		
	3	VILARIÑO SAN JOSE ALEJANDRO	1996	250' 2:30.87   300' 3:01.24		
				27.66   30.37		
	4	QUINTANS MOSQUERA MANUEL	1996	350' 3:29.04   400' 3:59.55		
				27.80   30.51		

RT: RETIRADO  
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6	00878	<b>ABSO C.N. PONTEAREAS B</b>	NPONTEA		14,0	4:02.96
		1 BOUZA PADRON ANTON	2002	50 28.13 100 1:00.43 28.13 32.30		
		2 COBELO REPRESAS FRANCISCO	1996	150 1:28.70 200 1:59.89 28.27 31.19		
		3 ARGIBAY QUEIJO DANIEL J.	1995	250 2:29.02 300 3:02.39 29.13 33.37		
		4 PINO LORENZO BRAIS	2001	350 3:30.76 400 4:02.96 28.37 32.20		
7	P1112	<b>ABSO C.N. ARZUA B</b>	ARZUA		12,0	4:06.65
		1 PAMPIN IGLESIAS DAVID	1998	50 28.12 100 59.14 28.12 31.02		
		2 ESTRADAS PARDO JOSE MANUEL	1999	150 1:27.76 200 1:59.43 28.62 31.67		
		3 GARCIA SOTO HECTOR	1985	250 2:29.19 300 3:01.76 29.76 32.57		
		4 VEIGA NIETO RUBEN	2001	350 3:33.26 400 4:06.65 31.50 33.39		
8	00071	<b>ALEV R.C.N. VIGO</b>	RCNVIGO		10,0	4:10.75
		1 CARRASCO SOLLA OLEG	2001	50 31.28 100 1:02.97 31.28 31.69		
		2 SEQUEIROS CABALEIRO SAUL	1998	150 2:07.85 200 2:07.85 2:07.85		
		3 RODRIGUEZ LAGO MARCOS	2000	250 2:38.52 300 3:12.84 30.67 34.32		
		4 MARTINEZ NOVOA MIGUEL	2000	350 3:39.96 400 4:10.75 27.12 30.79		
9	01156	<b>ABSO PORTAMIÑA LUGO B</b>	PORTAMIÑA		8,0	4:13.12
		1 RODRIGUEZ ARES ALEJANDRO	2000	50 29.43 100 1:02.26 29.43 32.83		
		2 RODRIGUEZ PAMPIN IVAN	2000	150 1:30.49 200 2:03.60 28.23 33.11		
		3 OTERO VILLARES DANIEL	2001	250 2:34.63 300 3:08.51 31.03 33.88		
		4 PEDROUZO ARES JAVIER	2000	350 3:38.98 400 4:13.12 30.47 34.14		
10	00126	<b>ABSO C. USC B</b>	USC		6,0	4:13.34
		1 CAMPAÑA BARROS ADRIAN	1990	50 30.24 100 1:03.06 30.24 32.82		
		2 ABUIN VILARIÑO ANTON	1998	150 1:35.17 200 2:08.59 32.11 33.42		
		3 HERMES PARDAVILA DAVID	1997	250 2:38.34 300 3:10.84 29.75 32.50		
		4 RODRIGUEZ PIÑON JOSE FERNANDO	1993	350 3:39.92 400 4:13.34 29.08 33.42		

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11	00617	<b>INFA ADFOGAR B</b>	ADFOGAR				4,0	4:15.79
	1	RODEIRO RODRIGUEZ JAVIER	2000	50	29.46	100	1:01.17	
					29.46		31.71	
	2	ALVAREZ RODRIGUEZ PEDRO	1997	150	1:30.25	200	2:01.59	
					29.08		31.34	
	3	GENS LOPEZ NICOLAS PABLO	2000	250	2:34.39	300	3:11.17	
					32.80		36.78	
	4	GONZALEZ RIVAS CARLOS	1998	350	3:41.59	400	4:15.79	
					30.42		34.20	
12	00071	<b>ALEV R.C.N. VIGO B</b>	RCNVIGO				2,0	4:28.37
	1	DOMINGUEZ FERNANDEZ PABLO	2001	50	31.33	100	1:05.43	
					31.33		34.10	
	2	OTERO PRIETO PEDRO	2001	150	1:38.53	200	2:15.19	
					33.10		36.66	
	3	CIDRAS PEREZ FABIAN	2005	250	2:46.32	300	3:21.08	
					31.13		34.76	
	4	CARIDE BORRAJO ROI	2001	350	3:53.56	400	4:28.37	
					32.48		34.81	

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