

**CTO GAL NAT ALEV VER, 22-23 XUNO 2013**

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

**VIGO (RCN)**
**23/06/2013**

| 12 A |           | 9:31.65                  | VILAS VIDAL MARIA |         |     |               | CARANZA |          |     |          | 29/12/2008 |          |      |           |          |         |     |         |     |         |
|------|-----------|--------------------------|-------------------|---------|-----|---------------|---------|----------|-----|----------|------------|----------|------|-----------|----------|---------|-----|---------|-----|---------|
| RK   | Licencia  | Nombre                   |                   |         |     | Año           | Club    | T.R.     |     |          |            |          | Pts. | Resultado |          |         |     |         |     |         |
| 1    | 03558822  | FERNANDEZ PARDO IRENE    |                   |         |     | 2001 NPONTEA  |         |          |     |          |            |          |      | 491       | 10:13.90 |         |     |         |     |         |
|      | 50        | 34.29                    | 100               | 1:12.54 | 150 | 1:51.61       | 200     | 2:31.10  | 250 | 3:10.34  | 300        | 3:49.14  | 350  | 4:28.20   | 400      | 5:07.07 | 450 | 5:45.91 | 500 | 6:24.99 |
|      |           | 34.29                    |                   | 38.25   |     | 39.07         |         | 39.49    |     | 39.24    |            | 38.80    |      | 39.06     |          | 38.87   |     | 38.84   |     | 39.08   |
|      | 550       | 7:03.35                  | 600               | 7:41.84 | 650 | 8:20.08       | 700     | 8:58.97  | 750 | 9:36.86  | 800        | 10:13.90 |      |           |          |         |     |         |     |         |
|      |           | 38.36                    |                   | 38.49   |     | 38.24         |         | 38.89    |     | 37.89    |            | 37.04    |      |           |          |         |     |         |     |         |
| 2    | 039469585 | GOYANES GARCIA CARLA     |                   |         |     | 2001 GALAICO  |         |          |     |          |            |          |      | 469       | 10:23.32 |         |     |         |     |         |
|      | 50        | 34.48                    | 100               | 1:12.65 | 150 | 1:51.83       | 200     | 2:31.26  | 250 | 3:10.50  | 300        | 3:49.51  | 350  | 4:28.64   | 400      | 5:07.67 | 450 | 5:46.80 | 500 | 6:26.11 |
|      |           | 34.48                    |                   | 38.17   |     | 39.18         |         | 39.43    |     | 39.24    |            | 39.01    |      | 39.13     |          | 39.03   |     | 39.13   |     | 39.31   |
|      | 550       | 7:05.59                  | 600               | 7:45.28 | 650 | 8:25.70       | 700     | 9:05.68  | 750 | 9:45.93  | 800        | 10:23.32 |      |           |          |         |     |         |     |         |
|      |           | 39.48                    |                   | 39.69   |     | 40.42         |         | 39.98    |     | 40.25    |            | 37.39    |      |           |          |         |     |         |     |         |
| 3    | 034276087 | POZO RODRIGUEZ ALDARA    |                   |         |     | 2001 MOLE MOS |         |          |     |          |            |          |      | 443       | 10:35.16 |         |     |         |     |         |
|      | 50        | 35.81                    | 100               | 1:14.28 | 150 | 1:53.48       | 200     | 2:33.58  | 250 | 3:14.05  | 300        | 3:54.03  | 350  | 4:34.40   | 400      | 5:15.12 | 450 | 5:55.20 | 500 | 6:35.32 |
|      |           | 35.81                    |                   | 38.47   |     | 39.20         |         | 40.10    |     | 40.47    |            | 39.98    |      | 40.37     |          | 40.72   |     | 40.08   |     | 40.12   |
|      | 550       | 7:16.11                  | 600               | 7:56.46 | 650 | 8:37.06       | 700     | 9:17.15  | 750 | 9:56.55  | 800        | 10:35.16 |      |           |          |         |     |         |     |         |
|      |           | 40.79                    |                   | 40.35   |     | 40.60         |         | 40.09    |     | 39.40    |            | 38.61    |      |           |          |         |     |         |     |         |
| 4    | 054158709 | NAVEIRO SANCHO SARA      |                   |         |     | 2001 ADLICEO  |         |          |     |          |            |          |      | 419       | 10:47.04 |         |     |         |     |         |
|      | 50        | 36.07                    | 100               | 1:15.98 | 150 | 1:56.20       | 200     | 2:36.91  | 250 | 3:17.29  | 300        | 3:58.44  | 350  | 4:39.96   | 400      | 5:21.43 | 450 | 6:02.76 | 500 | 6:44.32 |
|      |           | 36.07                    |                   | 39.91   |     | 40.22         |         | 40.71    |     | 40.38    |            | 41.15    |      | 41.52     |          | 41.47   |     | 41.33   |     | 41.56   |
|      | 550       | 7:25.53                  | 600               | 8:06.09 | 650 | 8:47.54       | 700     | 9:27.95  | 750 | 10:08.78 | 800        | 10:47.04 |      |           |          |         |     |         |     |         |
|      |           | 41.21                    |                   | 40.56   |     | 41.45         |         | 40.41    |     | 40.83    |            | 38.26    |      |           |          |         |     |         |     |         |
| 5    | 034303030 | SOILAN FERNANDEZ RAQUEL  |                   |         |     | 2001 POR-MIÑA |         |          |     |          |            |          |      | 416       | 10:48.78 |         |     |         |     |         |
|      | 50        | 36.00                    | 100               | 1:15.74 | 150 | 1:55.64       | 200     | 2:36.09  | 250 | 3:16.47  | 300        | 3:57.30  | 350  | 4:38.27   | 400      | 5:19.66 | 450 | 6:01.18 | 500 | 6:42.71 |
|      |           | 36.00                    |                   | 39.74   |     | 39.90         |         | 40.45    |     | 40.38    |            | 40.83    |      | 40.97     |          | 41.39   |     | 41.52   |     | 41.53   |
|      | 550       | 7:24.73                  | 600               | 8:06.38 | 650 | 8:47.52       | 700     | 9:28.93  | 750 | 10:09.71 | 800        | 10:48.78 |      |           |          |         |     |         |     |         |
|      |           | 42.02                    |                   | 41.65   |     | 41.14         |         | 41.41    |     | 40.78    |            | 39.07    |      |           |          |         |     |         |     |         |
| 6    | 077422109 | CONS GESTIDO HENAR DIANA |                   |         |     | 2002 GALAICO  |         |          |     |          |            |          |      | 410       | 10:51.73 |         |     |         |     |         |
|      | 50        | 35.92                    | 100               | 1:15.90 | 150 | 1:56.78       | 200     | 2:38.27  | 250 | 3:19.50  | 300        | 4:00.41  | 350  | 4:41.75   | 400      | 5:22.87 | 450 | 6:04.58 | 500 | 6:45.77 |
|      |           | 35.92                    |                   | 39.98   |     | 40.88         |         | 41.49    |     | 41.23    |            | 40.91    |      | 41.34     |          | 41.12   |     | 41.71   |     | 41.19   |
|      | 550       | 7:27.20                  | 600               | 8:08.62 | 650 | 8:50.21       | 700     | 9:31.62  | 750 | 10:12.70 | 800        | 10:51.73 |      |           |          |         |     |         |     |         |
|      |           | 41.43                    |                   | 41.42   |     | 41.59         |         | 41.41    |     | 41.08    |            | 39.03    |      |           |          |         |     |         |     |         |
| 7    | 049199764 | PARDO PIÑON MARIA        |                   |         |     | 2001 ALBATRO  |         |          |     |          |            |          |      | 406       | 10:54.16 |         |     |         |     |         |
|      | 50        | 37.62                    | 100               | 1:18.41 | 150 | 1:59.71       | 200     | 2:41.56  | 250 | 3:23.12  | 300        | 4:05.55  | 350  | 4:46.45   | 400      | 5:27.17 | 450 | 6:08.47 | 500 | 6:49.62 |
|      |           | 37.62                    |                   | 40.79   |     | 41.30         |         | 41.85    |     | 41.56    |            | 42.43    |      | 40.90     |          | 40.72   |     | 41.30   |     | 41.15   |
|      | 550       | 7:30.50                  | 600               | 8:12.18 | 650 | 8:52.47       | 700     | 9:34.21  | 750 | 10:15.30 | 800        | 10:54.16 |      |           |          |         |     |         |     |         |
|      |           | 40.88                    |                   | 41.68   |     | 40.29         |         | 41.74    |     | 41.09    |            | 38.86    |      |           |          |         |     |         |     |         |
| 8    | 032718998 | SEIJOSO GONZALEZ NOELA   |                   |         |     | 2001 CMARINA  |         |          |     |          |            |          |      | 392       | 11:02.01 |         |     |         |     |         |
|      | 50        | 37.40                    | 100               | 1:17.33 | 150 | 1:58.58       | 200     | 2:39.70  | 250 | 3:21.74  | 300        | 4:03.55  | 350  | 4:45.56   | 400      | 5:28.09 | 450 | 6:10.24 | 500 | 6:51.53 |
|      |           | 37.40                    |                   | 39.93   |     | 41.25         |         | 41.12    |     | 42.04    |            | 41.81    |      | 42.01     |          | 42.53   |     | 42.15   |     | 41.29   |
|      | 550       | 7:33.62                  | 600               | 8:15.46 | 650 | 8:56.93       | 700     | 9:38.84  | 750 | 10:21.11 | 800        | 11:02.01 |      |           |          |         |     |         |     |         |
|      |           | 42.09                    |                   | 41.84   |     | 41.47         |         | 41.91    |     | 42.27    |            | 40.90    |      |           |          |         |     |         |     |         |
| 9    | 034287165 | SANTOME LATAS SHEILA     |                   |         |     | 2002 POR-MIÑA |         |          |     |          |            |          |      | 367       | 11:16.75 |         |     |         |     |         |
|      | 50        | 39.08                    | 100               | 1:22.37 | 150 | 2:05.25       | 200     | 2:49.32  | 250 | 3:31.86  | 300        | 4:15.83  | 350  | 4:58.97   | 400      | 5:41.68 | 450 | 6:23.99 | 500 | 7:06.58 |
|      |           | 39.08                    |                   | 43.29   |     | 42.88         |         | 44.07    |     | 42.54    |            | 43.97    |      | 43.14     |          | 42.71   |     | 42.31   |     | 42.59   |
|      | 550       | 7:49.60                  | 600               | 8:32.94 | 650 | 9:16.39       | 700     | 9:58.30  | 750 | 10:39.00 | 800        | 11:16.75 |      |           |          |         |     |         |     |         |
|      |           | 43.02                    |                   | 43.34   |     | 43.45         |         | 41.91    |     | 40.70    |            | 37.75    |      |           |          |         |     |         |     |         |
| 10   | 048117533 | ARES VAZQUEZ LUCIA       |                   |         |     | 2001 CDELMAR  |         |          |     |          |            |          |      | 334       | 11:38.12 |         |     |         |     |         |
|      | 50        | 40.60                    | 100               | 1:24.24 | 150 | 2:09.70       | 200     | 2:54.73  | 250 | 3:39.14  | 300        | 4:23.83  | 350  | 5:08.57   | 400      | 5:52.86 | 450 | 6:37.12 | 500 | 7:21.18 |
|      |           | 40.60                    |                   | 43.64   |     | 45.46         |         | 45.03    |     | 44.41    |            | 44.69    |      | 44.74     |          | 44.29   |     | 44.26   |     | 44.06   |
|      | 550       | 8:05.36                  | 600               | 8:48.93 | 650 | 9:32.23       | 700     | 10:15.86 | 750 | 10:58.56 | 800        | 11:38.12 |      |           |          |         |     |         |     |         |
|      |           | 44.18                    |                   | 43.57   |     | 43.30         |         | 43.63    |     | 42.70    |            | 39.56    |      |           |          |         |     |         |     |         |

RT: Retirado

NP: Non presentado

DES: Descualificado

BAJ: Baixa

MMG: M.M. Terr. (Para Edades)

RG: Record Fed. Territorial

**CTO GAL NAT ALEV VER, 22-23 XUÑO 2013**
**VIGO (RCN)**

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

**23/06/2013**

| 12 A |           | 9:31.65                    |     | VILAS VIDAL MARIA |     |               |      | CARANZA  |     |          |     |          |     |         |     |         |      |           |          | 29/12/2008 |  |
|------|-----------|----------------------------|-----|-------------------|-----|---------------|------|----------|-----|----------|-----|----------|-----|---------|-----|---------|------|-----------|----------|------------|--|
| RK   | Licencia  | Nombre                     |     |                   |     | Año           | Club | T.R.     |     |          |     |          |     |         |     |         | Pts. | Resultado |          |            |  |
| 11   | 035586328 | COSTA FERNANDEZ LAURA      |     |                   |     | 2001 NPONTEA  |      |          |     |          |     |          |     |         |     |         |      | 331       | 11:40.13 |            |  |
|      | 50        | 39.02                      | 100 | 1:22.01           | 150 | 2:05.63       | 200  | 2:49.14  | 250 | 3:32.68  | 300 | 4:16.30  | 350 | 5:00.44 | 400 | 5:45.21 | 450  | 6:29.59   | 500      | 7:14.21    |  |
|      |           | 39.02                      |     | 42.99             |     | 43.62         |      | 43.51    |     | 43.54    |     | 43.62    |     | 44.14   |     | 44.77   |      | 44.38     |          | 44.62      |  |
|      | 550       | 7:59.85                    | 600 | 8:45.09           | 650 | 9:29.60       | 700  | 10:14.01 | 750 | 10:57.62 | 800 | 11:40.13 |     |         |     |         |      |           |          |            |  |
|      |           | 45.64                      |     | 45.24             |     | 44.51         |      | 44.41    |     | 43.61    |     | 42.51    |     |         |     |         |      |           |          |            |  |
| 12   | 033561340 | FERNANDEZ RODRIGUEZ REBECA |     |                   |     | 2001 POR-MIÑA |      |          |     |          |     |          |     |         |     |         |      | 0         | 11:44.33 |            |  |
|      | 50        | 38.18                      | 100 | 1:21.11           | 150 | 2:04.67       | 200  | 2:48.23  | 250 | 3:31.89  | 300 | 4:16.09  | 350 | 5:00.45 | 400 | 5:45.56 | 450  | 6:30.43   | 500      | 7:15.67    |  |
|      |           | 38.18                      |     | 42.93             |     | 43.56         |      | 43.56    |     | 43.66    |     | 44.20    |     | 44.36   |     | 45.11   |      | 44.87     |          | 45.24      |  |
|      | 550       | 8:01.23                    | 600 | 8:46.78           | 650 | 9:32.11       | 700  | 10:16.79 | 750 | 11:01.48 | 800 | 11:44.33 |     |         |     |         |      |           |          |            |  |
|      |           | 45.56                      |     | 45.55             |     | 45.33         |      | 44.68    |     | 44.69    |     | 42.85    |     |         |     |         |      |           |          |            |  |
| 13   | 032724376 | MORENO MONTERO LOLA        |     |                   |     | 2001 CNFERRO  |      |          |     |          |     |          |     |         |     |         |      | 308       | 11:57.02 |            |  |
|      | 50        | 41.53                      | 100 | 1:27.50           | 150 | 2:13.65       | 200  | 2:59.54  | 250 | 3:45.65  | 300 | 4:32.09  | 350 | 5:17.57 | 400 | 6:03.09 | 450  | 6:48.33   | 500      | 7:33.53    |  |
|      |           | 41.53                      |     | 45.97             |     | 46.15         |      | 45.89    |     | 46.11    |     | 46.44    |     | 45.48   |     | 45.52   |      | 45.24     |          | 45.20      |  |
|      | 550       | 8:19.28                    | 600 | 9:03.69           | 650 | 9:48.34       | 700  | 10:33.13 | 750 | 11:16.41 | 800 | 11:57.02 |     |         |     |         |      |           |          |            |  |
|      |           | 45.75                      |     | 44.41             |     | 44.65         |      | 44.79    |     | 43.28    |     | 40.61    |     |         |     |         |      |           |          |            |  |
| 14   | 053489797 | GUDE GONZALEZ IRIA         |     |                   |     | 2001 SDBOIRO  |      |          |     |          |     |          |     |         |     |         |      | 301       | 12:02.70 |            |  |
|      | 50        | 37.75                      | 100 | 1:21.64           | 150 | 2:07.69       | 200  | 2:53.84  | 250 | 3:40.24  | 300 | 4:26.37  | 350 | 5:12.38 | 400 | 5:58.30 | 450  | 6:43.28   | 500      | 7:29.43    |  |
|      |           | 37.75                      |     | 43.89             |     | 46.05         |      | 46.15    |     | 46.40    |     | 46.13    |     | 46.01   |     | 45.92   |      | 44.98     |          | 46.15      |  |
|      | 550       | 8:15.06                    | 600 | 9:01.44           | 650 | 9:47.80       | 700  | 10:34.12 | 750 | 11:20.44 | 800 | 12:02.70 |     |         |     |         |      |           |          |            |  |
|      |           | 45.63                      |     | 46.38             |     | 46.36         |      | 46.32    |     | 46.32    |     | 42.26    |     |         |     |         |      |           |          |            |  |
| 15   | 991122067 | QUIÑONES COMESAÑA CARLA    |     |                   |     | 2001 CNREDON  |      |          |     |          |     |          |     |         |     |         |      | 300       | 12:03.64 |            |  |
|      | 50        | 40.07                      | 100 | 1:24.69           | 150 | 2:10.10       | 200  | 2:56.07  | 250 | 3:41.62  | 300 | 4:27.80  | 350 | 5:13.17 | 400 | 5:58.93 | 450  | 6:43.94   | 500      | 7:29.59    |  |
|      |           | 40.07                      |     | 44.62             |     | 45.41         |      | 45.97    |     | 45.55    |     | 46.18    |     | 45.37   |     | 45.76   |      | 45.01     |          | 45.65      |  |
|      | 550       | 8:14.99                    | 600 | 9:00.71           | 650 | 9:47.49       | 700  | 10:33.89 | 750 | 11:19.85 | 800 | 12:03.64 |     |         |     |         |      |           |          |            |  |
|      |           | 45.40                      |     | 45.72             |     | 46.78         |      | 46.40    |     | 45.96    |     | 43.79    |     |         |     |         |      |           |          |            |  |
| 16   | 049330407 | PEREIRA DE LABRA SARA      |     |                   |     | 2001 CDELMAR  |      |          |     |          |     |          |     |         |     |         |      | 289       | 12:12.32 |            |  |
|      | 50        | 41.89                      | 100 | 1:28.33           | 150 | 2:15.17       | 200  | 3:01.56  | 250 | 3:48.27  | 300 | 4:33.69  | 350 | 5:20.50 | 400 | 6:06.57 | 450  | 6:53.38   | 500      | 7:39.34    |  |
|      |           | 41.89                      |     | 46.44             |     | 46.84         |      | 46.39    |     | 46.71    |     | 45.42    |     | 46.81   |     | 46.07   |      | 46.81     |          | 45.96      |  |
|      | 550       | 8:25.20                    | 600 | 9:10.61           | 650 | 9:58.31       | 700  | 10:44.68 | 750 | 11:30.11 | 800 | 12:12.32 |     |         |     |         |      |           |          |            |  |
|      |           | 45.86                      |     | 45.41             |     | 47.70         |      | 46.37    |     | 45.43    |     | 42.21    |     |         |     |         |      |           |          |            |  |
| 17   | 054152632 | VICENTE GARCIA LAURA       |     |                   |     | 2001 CDELMAR  |      |          |     |          |     |          |     |         |     |         |      | 0         | 12:28.57 |            |  |
|      | 50        | 45.11                      | 100 | 1:31.15           | 150 | 2:18.97       | 200  | 3:07.12  | 250 | 3:54.95  | 300 | 4:42.31  | 350 | 5:29.67 | 400 | 6:18.11 | 450  | 7:05.54   | 500      | 7:53.15    |  |
|      |           | 45.11                      |     | 46.04             |     | 47.82         |      | 48.15    |     | 47.83    |     | 47.36    |     | 47.36   |     | 48.44   |      | 47.43     |          | 47.61      |  |
|      | 550       | 8:40.57                    | 600 | 9:27.50           | 650 | 10:14.81      | 700  | 11:00.14 | 750 | 11:45.12 | 800 | 12:28.57 |     |         |     |         |      |           |          |            |  |
|      |           | 47.42                      |     | 46.93             |     | 47.31         |      | 45.33    |     | 44.98    |     | 43.45    |     |         |     |         |      |           |          |            |  |

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