



Resultados

28 - 400 m. LIBRE FEM JUNI



CTO GAL NAT JUNI INV, 29-31XAN2010

Datos técnicos: Piscina de 25 m., Crono Electrónico

SANTA ISABEL

30/01/2010

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	048110420	IGLESIAS RODRIGUEZ BEATRIZ	1994	NCORUÑA		606	4:41.59
					50 - 32.12 100 - 1:06.61 150 - 1:41.62 200 - 2:17.23 250 - 2:53.24 300 - 3:29.43 350 - 4:05.82 400 - 4:41.59		
					32.12 34.49 35.01 35.61 36.01 36.19 36.39 35.77		
2	053795250	PARADA SUAREZ ANA	1994	RIVEIRA		595	4:43.25
					50 - 33.16 100 - 1:08.40 150 - 1:44.08 200 - 2:20.60 250 - 2:56.70 300 - 3:32.67 350 - 4:08.94 400 - 4:43.25		
					33.16 35.24 35.68 36.52 36.10 35.97 36.27 34.31		
3	053190503	ROMERO ALVAREZ CARLA	1995	GALAICO		595	4:43.32
					50 - 33.31 100 - 1:08.60 150 - 1:44.54 200 - 2:20.37 250 - 2:56.70 300 - 3:32.56 350 - 4:08.52 400 - 4:43.32		
					33.31 35.29 35.94 35.83 36.33 35.86 35.96 34.80		
4	079343053	NEBRIL NEBRIL SONIA	1994	CNFERRO		579	4:45.91
					50 - 33.67 100 - 1:09.25 150 - 1:45.12 200 - 2:21.24 250 - 2:57.74 300 - 3:34.34 350 - 4:10.71 400 - 4:45.91		
					33.67 35.58 35.87 36.12 36.50 36.60 36.37 35.20		
5	053795269	FERNANDEZ PAZ SABELA	1995	RIVEIRA		555	4:49.87
					50 - 33.77 100 - 1:10.41 150 - 1:47.15 200 - 2:22.85 250 - 2:59.39 300 - 3:36.73 350 - 4:13.90 400 - 4:49.87		
					33.77 36.64 36.74 35.70 36.54 37.34 37.17 35.97		
6	032708842	SANCHEZ PALACIOS FATIMA	1994	CNFERRO		549	4:51.01
					50 - 34.32 100 - 1:10.55 150 - 1:46.89 200 - 2:23.43 250 - 3:00.45 300 - 3:37.42 350 - 4:14.47 400 - 4:51.01		
					34.32 36.23 36.34 36.54 37.02 36.97 37.05 36.54		
7	047435160	GALLARDO DE ARTAZA MARIA	1995	CDELMAR		515	4:57.34
					50 - 33.52 100 - 1:09.81 150 - 1:47.28 200 - 2:25.28 250 - 3:03.64 300 - 3:42.00 350 - 4:20.07 400 - 4:57.34		
					33.52 36.29 37.47 38.00 38.36 38.36 38.07 37.27		
8	054129728	SOUTO CASTELO MARTA	1995	NCORUÑA		503	4:59.63
					50 - 33.85 100 - 1:10.80 150 - 1:48.31 200 - 2:25.87 250 - 3:04.30 300 - 3:43.06 350 - 4:22.23 400 - 4:59.63		
					33.85 36.95 37.51 37.56 38.43 38.76 39.17 37.40		
9	991120436	CAMPELOS FREIRE MIRIAM	1995	CNREDON		0	5:11.09
					50 - 34.87 100 - 1:12.12 150 - 1:50.96 200 - 2:31.12 250 - 3:11.31 300 - 3:51.82 350 - 4:32.16 400 - 5:11.09		
					34.87 37.25 38.84 40.16 40.19 40.51 40.34 38.93		
10	077009195	CASTRO PEREZ MARTA	1995	NPONTEA		0	5:11.82
					50 - 34.11 100 - 1:11.70 150 - 1:50.33 200 - 2:30.29 250 - 3:11.50 300 - 3:51.83 350 - 4:32.20 400 - 5:11.82		
					34.11 37.59 38.63 39.96 41.21 40.33 40.37 39.62		
11	079343065	SALGADO HERMIDA IRIA	1995	NTNARON		0	5:17.32
					50 - 35.19 100 - 1:13.77 150 - 1:54.23 200 - 2:35.29 250 - 3:16.26 300 - 3:56.95 350 - 4:37.94 400 - 5:17.32		
					35.19 38.58 40.46 41.06 40.97 40.69 40.99 39.38		

RT: Retirado
NP: Non presentado

DES: Descualificado
BAJ: Baixa

SW.RESULTADOS_PRUEBA.28-4 Información correcta a 11:41:36 30/01/2010

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Multibusos Fontes do Sar
Complexo Deportivo Santa Isabel

