



## Resultados

34 - 4x200 LIBRE FEM ABSO



### CTO GAL NAT ABSO INV, 29-31XAN2010

Datos técnicos: Piscina de 25 m., Crono Electrónico

SANTA ISABEL

30/01/2010

R.G.	8:24.40	GALAICO	MADRID	17/04/2009		
R.C.	8:31.64	CNGALAICO-SERC.	CARANZA	27/12/2008		
RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00186	NCORUÑA	NCORUÑA		1.492	8:35.36
	1	IGLESIAS RODRIGUEZ BEATRIZ	1994	50   30.64   100   1:03.50   150   1:37.27   200   2:10.64     30.64   32.86   33.77   --   33.37		
	2	ABELEDO MAQUIEIRA LUISA MARIA	1992	250   2:39.98   300   3:13.29   350   3:47.00   400   4:20.53     29.34   33.31   33.71   --   33.53		
	3	MARTINEZ CANOSA RAQUEL	1991	450   4:48.72   500   5:20.04   550   5:52.23   600   6:25.46     28.19   31.32   32.19   --   33.23		
	4	PEREZ FERNANDEZ DE CORDOB A.	1991	650   6:54.38   700   7:27.22   750   8:01.30   800   8:35.36     28.92   32.84   34.08   --   34.06		
2	00769	RIVEIRA	RIVEIRA		1.472	8:37.55
	1	VILAS VIDAL MARIA	1996	50   31.01   100   1:04.24   150   1:37.49   200   2:09.97     31.01   33.23   33.25   --   32.48		
	2	BLANCO BERMUDEZ YAIZA	1995	250   2:40.58   300   3:13.65   350   3:47.31   400   4:20.21     30.61   33.07   33.66   --   32.90		
	3	YAÑEZ MARIÑO SHEILA	1996	450   4:50.53   500   5:23.71   550   5:58.61   600   6:32.42     30.32   33.18   34.90   --   33.81		
	4	LAGO AROBES JUDITH	1995	650   7:01.50   700   7:33.21   750   8:05.64   800   8:37.55     29.08   31.71   32.43   --   31.91		
3	00784	GALAICO	GALAICO		1.440	8:41.37
	1	GOMEZ CORTES BEATRIZ	1994	50   29.70   100   1:02.36   150   1:35.19   200   2:06.80     29.70   32.66   32.83   --   31.61		
	2	VILARIÑO GARCIA XENIA	1991	250   2:36.28   300   3:08.98   350   3:42.36   400   4:15.27     29.48   32.70   33.38   --   32.91		
	3	MONTES PEREZ LAURA PAOLA	1991	450   4:46.18   500   5:19.91   550   5:54.30   600   6:28.88     30.91   33.73   34.39   --   34.58		
	4	VALIÑAS MONTEAGUDO LAURA	1994	650   6:58.86   700   7:32.14   750   8:06.58   800   8:41.37     29.98   33.28   34.44   --   34.79		
4	00101	POURENSE	POURENSE		1.392	8:47.34
	1	ALVAREZ LIZ IRIA	1993	50   30.40   100   1:03.02   150   1:36.10   200   2:09.39     30.40   32.62   33.08   --   33.29		
	2	PIMENTEL PEREZ LAURA	1993	250   2:39.34   300   3:13.16   350   3:47.52   400   4:21.74     29.95   33.82   34.36   --   34.22		
	3	GARCIA OTERO PAULA	1994	450   4:52.10   500   5:26.00   550   6:00.96   600   6:36.37     30.36   33.90   34.96   --   35.41		
	4	RAÑA RUIZ MARIA ISABEL	1992	650   7:05.65   700   7:38.26   750   8:12.54   800   8:47.34     29.28   32.61   34.28   --   34.80		
5	00674	CNFERRO	CNFERRO		1.170	9:18.91
	1	VILLAR CAINZOS CLAUDIA	1992	50   30.81   100   1:05.17   150   1:40.78   200   2:16.03     30.81   34.36   35.61   --   35.25		
	2	MIER MOURIÑO RAZIEL	1991	250   2:48.56   300   3:24.85   350   4:02.08   400   4:38.60     32.53   36.29   37.23   --   36.52		
	3	PRADA TELLADO MARTA	1993	450   5:11.43   500   5:47.72   550   6:24.78   600   7:02.27     32.83   36.29   37.06   --   37.49		
	4	GARCIA SOTO PATRICIA	1991	650   7:33.03   700   8:07.56   750   8:43.14   800   9:18.91     30.76   34.53   35.58   --   35.77		

RT: Retirado  
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MMG: M.M. Terr. (Para Edades) R.C.: Record Campeonato  
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R.C.	8:31.64	CNGALAICO-SERC.	CARANZA	27/12/2008		
RK	Club	Nome	Club	T.R.	Pts.	Resultado
6	00398	CFVLUGO	CFVLUGO		1.154	9:21.43
	1	VAZQUEZ VILLASANTE LARA	1995	50   33.46   100   1:09.50   150   1:45.97   200   2:22.55     33.46   36.04   36.47   --   36.58		
	2	POMBO LOPEZ BELEN	1992	250   2:53.50   300   3:27.72   350   4:03.21   400   4:38.45     30.95   34.22   35.49   --   35.24		
	3	BERNARDEZ DOVAL ESTEFANIA	1993	450   5:10.62   500   5:46.59   550   6:22.32   600   6:59.01     32.17   35.97   35.73   --   36.69		
	4	BARRO GARCIA INES	1995	650   7:30.92   700   8:06.96   750   8:44.18   800   9:21.43     31.91   36.04   37.22   37.25		
7	00071	REAL CLUB NAUTICO DE VIGO	RCNVIGO		1.138	9:24.09
	1	LAGO LOPEZ RAQUEL	1995	50   31.25   100   1:05.99   150   1:42.15   200   2:17.49     31.25   34.74   36.16   --   35.34		
	2	TORNERO VIÑAS INES	1993	250   2:48.22   300   3:23.12   350   3:58.81   400   4:34.70     30.73   34.90   35.69   --   35.89		
	3	LAMEIRO LOPEZ MARIA	1994	450   5:05.32   500   5:39.65   550   6:17.76   600   6:56.46     30.62   34.33   38.11   --   38.70		
	4	FIGUEROA POUSA PAULA	1993	650   7:26.71   700   8:02.70   750   8:42.81   800   9:24.09     30.25   35.99   40.11   41.28		
8	00146	CMARINA	CMARINA		1.088	9:32.54
	1	PORTA PEÑA ESTELA	1996	50   31.52   100   1:05.08   150   1:39.95   200   2:15.02     31.52   33.56   34.87   --   35.07		
	2	PORTA PEÑA CRISTINA	1997	250   2:47.15   300   3:23.25   350   4:01.04   400   4:37.80     32.13   36.10   37.79   --   36.76		
	3	CABADAS BERMUDEZ BARBARA	1996	450   5:11.81   500   5:49.44   550   6:28.11   600   7:06.63     34.01   37.63   38.67   --   38.52		
	4	SANJURJO MUÑIZ CLAUDIA	1996	650   7:39.30   700   8:16.50   750   8:54.36   800   9:32.54     32.67   37.20   37.86   38.18		
9	00878	CLUB NATACION PONTEAREAS	NPONTEA		1.070	9:35.57
	1	CHAMADOIRA DOMINGUEZ JENNIFER	1994	50   32.70   100   1:09.01   150   1:45.62   200   2:21.23     32.70   36.31   36.61   --   35.61		
	2	LANDIN GALLEGOS RAQUEL	1990	250   2:52.53   300   3:27.44   350   4:04.17   400   4:40.56     31.30   34.91   36.73   --   36.39		
	3	CASTRO PEREZ MARTA	1995	450   5:14.91   500   5:52.29   550   6:31.10   600   7:09.19     34.35   37.38   38.81   --   38.09		
	4	CHAMADOIRA DOMINGUEZ ESTEFANIA	1993	650   7:41.91   700   8:18.79   750   8:57.65   800   9:35.57     32.72   36.88   38.86   37.92		
10	00511	CNSANTI	CNSANTI		0	9:43.41
	1	MARTIN LORES IRENE	1986	50   31.81   100   1:05.99   150   1:42.14   200   2:19.43     31.81   34.18   36.15   --   37.29		
	2	SEOANE VIAÑO IRIA	1992	250   2:51.18   300   3:28.51   350   4:07.48   400   4:44.62     31.75   37.33   38.97   --   37.14		
	3	SALVADO CANEDA ANA	1992	450   5:16.76   500   5:53.41   550   6:32.17   600   7:11.60     32.14   36.65   38.76   --   39.43		
	4	NOGUEIRA MARTINEZ NATALIA	1995	650   7:44.51   700   8:23.30   750   9:04.22   800   9:43.41     32.91   38.79   40.92   39.19		

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R.C.	8:31.64	CNGALAICO-SERC.	CARANZA	27/12/2008
RK	Club	Nome	Club	T.R.
11 01133	CLUB LEYMA NATACION ARTEIXO	ARTEIXO		
1	ARIJON BUSTO GABRIELA	1993	50 - 32.13   100 - 1:08.48   150 - 1:46.52   200 - 2:24.20	0 9:52.13
			32.13   36.35   38.04   -- 37.68	
2	ANDRADE PEREZ ANDREA	1994	250 - 2:59.17   300 - 3:38.12   350 - 4:19.30   400 - 4:59.09	
			34.97   38.95   41.18   -- 39.79	
3	FOLGUEIRA SUAREZ TAMARA	1994	450 - 5:31.53   500 - 6:10.01   550 - 6:50.11   600 - 7:29.18	
			32.44   38.48   40.10   -- 39.07	
4	NAYA MATO VIRGINIA	1996	650 - 8:00.46   700 - 8:36.34   750 - 9:14.62   800 - 9:52.13	
			31.28   35.88   38.28   37.51	

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