



COPA CLUBES PRE PROG A, 07/11/2009

Datos técnicos: Piscina de 25 m., Cronometraje Manual

XOVE

07/11/2009

RK	Club	Nombre	Club	Pts.	Resultado
1	00639	AGRUPACION DEPORTIVA NAUTICO A	NTNARON	30,0	4:29.56
		50' 31.17' 100' 1:05.42' 200' 2:13.08' 300' 3:21.48' 400' 4:29.56'			
		31.17' 34.25' 13.08' 21.48' 08.08'			
2	01156	POR-MIÑA A	POR-MIÑA	24,0	4:31.96
		50' 33.41' 100' 1:09.02' 200' 2:18.62' 300' 3:28.24' 400' 4:31.96'			
		33.41' 35.61' 18.62' 28.24' 03.72'			
3	00878	CN PONTEAREAS A	NPONTEA	20,0	4:38.04
		50' 30.43' 100' 1:03.61' 200' 2:08.01' 300' 3:23.10' 400' 4:38.04'			
		30.43' 33.18' 08.01' 23.10' 14.94'			
4	00622	CNXOVE A	CNXOVE	18,0	4:42.52
		50' 32.44' 100' 1:11.18' 200' 2:19.48' 300' 3:34.34' 400' 4:42.52'			
		32.44' 38.74' 19.48' 34.34' 08.18'			
5	00873	CLUB NAUTICO REDONDELA A	CNREDON	16,0	4:45.99
		50' 33.05' 100' 1:08.61' 200' 2:17.17' 300' 3:32.08' 400' 4:45.99'			
		33.05' 35.56' 17.17' 32.08' 13.91'			
6	00126	USC B	USC	14,0	4:57.39
		50' 32.44' 100' 1:11.74' 200' 2:32.52' 300' 3:45.75' 400' 4:57.39'			
		32.44' 11.74' 32.52' 45.75' 11.64'			
7	00639	AGRUPACION DEPORTIVA NAUTICO B	NTNARON	12,0	5:02.17
		50' 35.22' 100' 1:13.45' 200' 2:29.21' 300' 3:43.63' 400' 5:02.17'			
		35.22' 38.23' 29.21' 43.63' 18.54'			
8	01156	POR-MIÑA B	POR-MIÑA	10,0	5:02.93
		50' 34.70' 100' 1:13.82' 200' 2:33.13' 300' 3:47.71' 400' 5:02.93'			
		34.70' 39.12' 33.13' 47.71' 15.22'			
9	00622	CNXOVE B	CNXOVE	8,0	5:07.20
		50' 39.20' 100' 1:25.10' 200' 3:37.86' 300' 3:50.80' 400' 5:07.20'			
		39.20' 45.90' 37.86' 50.80' 16.40'			
10	00126	USC A	USC	6,0	6:38.06
		50' 44.20' 100' 1:33.72' 200' 3:23.79' 300' 4:55.06' 400' 6:38.06'			
		44.20' 49.52' 23.79' 55.06' 43.00'			
	00878	CN PONTEAREAS B	NPONTEA	0,0	BAJ
	00873	CLUB NAUTICO REDONDELA B	CNREDON	0,0	BAJ

RT: Retirado
NP: Non presentadoDES: Descualificado
BAJ: Baixa