

**CTO GAL NAT INFA VER, 04XUL2009**

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

**SANTA ISABEL**
**04/07/2009**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00769	<b>RIVEIRA</b>	RIVEIRA		671	8:54.83
	1	LAGO AROBES JUDITH	1995	50 - 30.27   100 - 1:03.05   150 - 1:36.64   200 - 2:09.09   30.27   32.78   33.59   -		
	2	VILAS VIDAL MARIA	1996	250 - 2:41.11   300 - 3:16.67   350 - 3:53.13   400 - 4:27.35   32.02   35.56   36.46   -		
	3	BLANCO BERMUDEZ YAIZA	1995	450 - 4:58.18   500 - 5:31.79   550 - 6:06.91   600 - 6:41.79   30.83   33.61   35.12   -		
	4	YAÑEZ MARIÑO SHEILA	1996	650 - 7:12.87   700 - 7:46.62   750 - 8:21.26   800 - 8:54.83   31.08   33.75   34.64   33.57		
2	00398	<b>CFVLUGO</b>	CFVLUGO		572	9:24.12
	1	BARRO GARCIA INES	1995	50 - 31.46   100 - 1:06.78   150 - 1:43.73   200 - 2:22.97   31.46   35.32   36.95   -		
	2	VAZQUEZ VILLASANTE LARA	1995	250 - 2:54.96   300 - 3:29.61   350 - 4:05.24   400 - 4:41.64   31.99   34.65   35.63   -		
	3	LOPEZ MESA TANIA	1996	450 - 5:15.19   500 - 5:52.97   550 - 6:30.70   600 - 7:07.84   33.55   37.78   37.73   -		
	4	GUEIMONDE MENDEZ SUSANA	1996	650 - 7:39.07   700 - 8:14.57   750 - 8:50.27   800 - 9:24.12   31.23   35.50   35.70   33.85		
3	00186	<b>NCORUÑA</b>	NCORUÑA		559	9:28.55
	1	GARCIA-PUERTAS TORAL ALEJANDRA	1995	50 - 32.21   100 - 1:07.41   150 - 1:42.01   200 - 2:16.34   32.21   35.20   34.60   -		
	2	MARTINEZ COUTO GABRIELA	1996	250 - 2:50.53   300 - 3:27.93   350 - 4:08.48   400 - 4:47.69   34.19   37.40   40.55   -		
	3	SOUTO CASTELO MARTA	1995	450 - 5:21.66   500 - 5:59.92   550 - 6:39.69   600 - 7:16.78   33.97   38.26   39.77   -		
	4	SAKULSKI OTERO COSIMA	1995	650 - 7:46.95   700 - 8:20.82   750 - 8:55.18   800 - 9:28.55   30.17   33.87   34.36   33.37		
4	00674	<b>CNFERRO</b>	CNFERRO		547	9:32.62
	1	LOPEZ SANMARTIN NEREA	1996	50 - 32.56   100 - 1:08.01   150 - 1:43.74   200 - 2:19.37   32.56   35.45   35.73   -		
	2	SALGUEIRO GRAÑA DELIA	1996	250 - 2:51.50   300 - 3:26.96   350 - 4:04.21   400 - 4:41.95   32.13   35.46   37.25   -		
	3	TRASANCOS SEIJO SILVIA	1996	450 - 5:16.03   500 - 5:55.10   550 - 6:33.70   600 - 7:11.71   34.08   39.07   38.60   -		
	4	SANTALLA TRIGO LAURA	1996	650 - 7:45.03   700 - 8:21.60   750 - 8:57.85   800 - 9:32.62   33.32   36.57   36.25   34.77		
5	00146	<b>CMARINA</b>	CMARINA		521	9:41.91
	1	SANJURJO MUÑOZ CLAUDIA	1996	50 - 33.61   100 - 1:10.42   150 - 1:48.80   200 - 2:26.30   33.61   36.81   38.38   -		
	2	PORTA PEÑA ESTELA	1996	250 - 2:57.87   300 - 3:33.40   350 - 4:10.36   400 - 4:46.63   31.57   35.53   36.96   -		
	3	SEIJOSO GONZALEZ LAURA	1995	450 - 5:20.75   500 - 5:58.90   550 - 6:38.24   600 - 7:16.42   34.12   38.15   39.34   -		
	4	CABADAS BERMUDEZ BARBARA	1996	650 - 7:49.44   700 - 8:26.30   750 - 9:04.40   800 - 9:41.91   33.02   36.86   38.10   37.51		

 RT: Retirado DES: Descualificado MMG: M.M. Terr. (Para Edades) RG: Record Fed. Territorial  
 NP: Non presentado BAJ: Baixa MMN: M.M. Nac. (Para Edades)

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**SANTA ISABEL**
**04/07/2009**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
6	00511	<b>CNSANTI</b>	CNSANTI		517	9:43.36
	1	PEREZ GARCIA ESTEFANIA	1995	50 - 33.04   100 - 1:08.59   150 - 1:45.03   200 - 2:21.88   33.04   35.55   36.44   -   36.85		
	2	NOGUEIRA MARTINEZ NATALIA	1995	250 - 2:55.42   300 - 3:34.24   350 - 4:14.14   400 - 4:54.09   33.54   38.82   39.90   -   39.95		
	3	FERNANDEZ MENDEZ ALICIA	1995	450 - 5:28.34   500 - 6:06.11   550 - 6:44.19   600 - 7:21.40   34.25   37.77   38.08   -   37.21		
	4	BLANCO FARIÑAS SARA	1995	650 - 7:53.16   700 - 8:29.28   750 - 9:06.23   800 - 9:43.36   31.76   36.12   36.95   37.13		
7	00639	<b>NTNARON</b>	NTNARON		501	9:49.65
	1	TEIJEIRO FERNANDEZ ANDREA	1996	50 - 33.16   100 - 1:10.20   150 - 1:48.67   200 - 2:25.74   33.16   37.04   38.47   -   37.07		
	2	SALGADO HERMIDA IRIA	1995	250 - 2:59.87   300 - 3:37.21   350 - 4:15.98   400 - 4:53.25   34.13   37.34   38.77   -   37.27		
	3	JIMENEZ LOPEZ ALBA	1995	450 - 5:25.26   500 - 6:02.51   550 - 6:41.49   600 - 7:20.91   32.01   37.25   38.98   -   39.42		
	4	ROMERO ZUNZUNEGUI SARA	1996	650 - 7:54.61   700 - 8:32.46   750 - 9:11.46   800 - 9:49.65   33.70   37.85   39.00   38.19		
8	00878	<b>CLUB NATACION PONTEAREAS</b>	NPONTEA		491	9:53.48
	1	CASTRO PEREZ MARTA	1995	50 - 34.43   100 - 1:10.98   150 - 1:48.54   200 - 2:25.47   34.43   36.55   37.56   -   36.93		
	2	UCHA MUTILBA ANAIS	1995	250 - 2:59.57   300 - 3:37.36   350 - 4:16.25   400 - 4:54.92   34.10   37.79   38.89   -   38.67		
	3	RODRIGUEZ ROMERO CAROLINA	1996	450 - 5:29.59   500 - 6:08.90   550 - 6:49.14   600 - 7:28.45   34.67   39.31   40.24   -   39.31		
	4	LANDIN GALLEGO ROCIO	1995	650 - 8:02.28   700 - 8:39.52   750 - 9:16.99   800 - 9:53.48   33.83   37.24   37.47   36.49		
9	00282	<b>CDELMAR</b>	CDELMAR		457	10:08.03
	1	GALLARDO DE ARTAZA MARIA	1995	50 - 32.62   100 - 1:08.20   150 - 1:43.96   200 - 2:18.43   32.62   35.58   35.76   -   34.47		
	2	HERNAEZ RICOR ANDREA	1996	250 - 2:53.61   300 - 3:34.39   350 - 4:16.92   400 - 4:57.24   35.18   40.78   42.53   -   40.32		
	3	ROBLES VIQUEIRA IRIA	1996	450 - 5:32.21   500 - 6:11.66   550 - 6:53.04   600 - 7:33.03   34.97   39.45   41.38   -   39.99		
	4	VEIGA SOUTO MARIA	1996	650 - 8:08.39   700 - 8:48.97   750 - 9:29.26   800 - 10:08.03   35.36   40.58   40.29   38.77		
10	00071	<b>REAL CLUB NAUTICO DE VIGO</b>	RCNVIGO		413	10:28.69
	1	LAGO LOPEZ RAQUEL	1995	50 - 31.98   100 - 1:07.59   150 - 1:43.09   200 - 2:17.96   31.98   35.61   35.50   -   34.87		
	2	ANTUNEZ FERREIRO SARA	1996	250 - 2:54.03   300 - 3:35.81   350 - 4:19.14   400 - 4:59.92   36.07   41.78   43.33   -   40.78		
	3	CARNERO FERNANDEZ FEIJOO MARTA	1995	450 - 5:34.85   500 - 6:14.67   550 - 6:56.60   600 - 7:37.67   34.93   39.82   41.93   -   41.07		
	4	GOMEZ ECHEGARAY PAULA	1995	650 - 8:15.60   700 - 8:58.16   750 - 9:43.50   800 - 10:28.69   37.93   42.56   45.34   45.19		

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**SANTA ISABEL****04/07/2009**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
00873	CLUB NAUTICO REDONDELA		CNREDON		0	BAJ

RT: Retirado  
NP: Non presentado

DES: Descualificado  
BAJ: Baixa

MMG: M.M. Terr. (Para Edades)  
MMN: M.M. Nac. (Para Edades)

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