



## X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M Málaga, 2-5 abril 2009

- 1. DATES :** 02-05 of April 2009
- 2. PLACE:** Málaga.  
**Pool :** Municipal Swimming Center - 50 m., 10 lanes.
- 3. AGES :** All ages

### 4. PROGRAM

Thursday, 02.April.2009 Heats	Friday, 03.April.2009 Heats	Saturday, 04.April.2009 Heats	Sunday, 05.April.2009 Heats
01- 50 Freestyle M. 02- 50 Freestyle W. 03- 100 Breaststroke M. 04- 100 Breaststroke W. 05- 200 Butterfly M. 06- 200 Butterfly W. 07- 200 Backstroke M. 08- 200 Backstroke W. 09- 1500 Freestyle M. 10- 800 Freestyle W.	11- 50 Backstroke W. 12- 50 Backstroke M. 13- 100 Butterfly W. 14- 100 Butterfly M. 15- 400 Indv. Medley W. 16- 400 Indv. Medley M. 17- 200 Freestyle W. 18- 200 Freestyle M.	19- 50 Breaststroke M. 20- 50 Breaststroke W. 21- 100 Freestyle M. 22- 100 Freestyle W. 23- 100 Backstroke M. 24- 100 Backstroke W. 25- 800 Freestyle M. C/R 26- 1500 Freestyle W. C/R	27- 50 Butterfly W. 28- 50 Butterfly M. 29- 200 Breaststroke W. 30- 200 Breaststroke M. 31- 400 Freestyle W. 32- 400 Freestyle M. 33- 200 Indv. Medley W. 34- 200 Indv. Medley M.
Thursday , 02.April.2009 Semis&Finales	Friday, 03.April.2009 Semis&Finales	Saturday, 04.April .2009 Semis&Finales	Sunday 05.April.2009 Semis&Finales
201- 50 Freestyle M. SEMIFINALS 202- 50 Freestyle W. SEMIFINALS 203- 100 Breaststroke M. SEMIFINALS 204- 100 Breaststroke W SEMIFINALS 105- 200 Butterfly M. A-B FINALS 106- 200 Butterfly W. A-B FINALS 107- 200 Backstroke M. A-B FINALS 108- 200 Backstroke W. A-B FINALS 09- 1500 Freestyle M. Last HEAT 10- 800 Freestyle W. Last HEAT 101- 50 Freestyle M. FINAL 102- 50 Freestyle W. FINAL	211- 50 Backstroke W SEMIFINALS 212- 50 Backstroke M. SEMIFINALS 213- 100 Butterfly W. SEMIFINALS 214- 100 Butterfly M. SEMIFINALS 104- 100 Breaststroke W. FINAL 103- 100 Breaststroke M. FINAL 115- 400 Indv. Medley W omen. A FINAL 116- 400 Indv. Medley M. A FINAL 117- 200 Freestyle W. A-B FINALS 118- 200 Freestyle M. A-B FINALS 111- 50 Backstroke W. FINAL 112- 50 Backstroke M. FINAL	219- 50 Breaststroke M. SEMIFINALS 220- 50 Breaststroke W SEMIFINALS 221- 100 Freestyle M. SEMIFINALS 222- 100 Freestyle W. SEMIFINALS 223- 100 Backstroke M. SEMIFINALS 224- 100 Backstroke W. SEMIFINALS 25- 800 Freestyle M. Last HEAT 26- 1500 Freestyle W. Last HEAT 114- 100 Butterfly M. FINAL 113- 100 Butterfly W. FINAL 119- 50 Breaststroke M. FINAL 120- 50 Breaststroke W. FINAL	227- 50 Butterfly W. SEMIFINALS 228- 50 Butterfly M. SEMIFINALS 131- 400 Freestyle W. A FINAL 132- 400 Freestyle M. A FINAL 129- 200 Breaststroke W. A-B FINALS 130- 200 Breaststroke M. A-B FINALS 124- 100 Backstroke W. FINAL 123- 100 Bacstroke M. FINAL 122- 100 Freestyle W. FINAL 121- 100 Freestyle M. FINAL 133- 200 Indv. Medley W. A-B FINALS 134- 200 Indv. Medley M. A-B FINALS 127- 50 Butterfly W. FINAL 128- 50 Butterfly M. FINAL

### 5. ENTRY

**5.1.** Every swimmer may take part in a maximum of FOUR individual events, provided that the swimmer has the minimum qualification standards.

#### 5.2 Deadline for entries

Entries should be in hands of the Royal Spanish Swimming Federation (Juan Esplandiu 1, 28007 Madrid) by **March 24, 2009 Tuesday**, at 12:00 hours. Late entries will not be accepted.

Late entries or not duly filled will be sent back to sender.





## X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M Málaga, 2-5 abril 2009

### 6. PARTICIPATION

- 6.1. Each club/national team will be able to enter as much swimmers as they wish, but always following the present rules.
- 6.2. Only swimmers with the minimum qualification standards will be accepted (From July 1, 2008 to March 22, 2009)

### 7. COMPETITION RULES : Heats, semi-finals (50-100) and finals

- 7.1. Heats in 50, 100 200 and 400 m. events, the last two heats will be swum according to the FINA Rules SW.3. The rest will be swum on a timed final basis.
- 7.2. **50 and 100m events:** Two semi-finals will be made with the 16 best performances of the heats.

In both Semifinals, the participation of swimmers not eligible for the Spanish team will be limited to four per event and in the finals to two per event, **except the events of 100m men and women where the Final will be only composed of swimmers eligible for the Spanish team.**

**200 m events:** A Final "A" will be made with the 8 best performances and a Final "B" with the 8 following which will be swum in the evening session.

In both finals, the participation of swimmers not eligible for the Spanish team will be limited to two per event/final, **except the events of 200m freestyle men and women where the FINAL "A" will be only composed of swimmers eligible for the Spanish team.**

**400 m events:** Only one final will be made with the 8 best performances of the heats, with a maximum of 2 swimmers who are not eligible for participation with the Spanish team.

**800-1500 events:** It will be swum on a timed final basis. Heats with the 8 best entry times of each event will be swum in the evening session according to the program. The rest, in the morning session.

- 7.3. Two alternates will be selected to each final.
- 7.4. A final qualification for youth and under (male born in 1989 and after and female 1991 and after), will be made based on the results of the heats.

### 8. QUALIFICATION PER CLUBS

There will not be a qualification for clubs

### 9. AWARDS

**Individuals:** Medals of gold, silver and bronze for the first, second and third qualified, in each event.





**X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M**  
**Málaga, 2-5 abril 2009**

**10. Minimum standards**

Minimum qualification standards got from the 1 of July 2008 till the 22 of March 2009.

Minimum qualification standards referred to Long Course times.

<b>SPANISH OPEN SWIMMING CHAMPIONSHIPS 2009</b>					
		<b>MEN</b>		<b>WOMEN</b>	
		<b>SENIOR</b>	<b>YOUTH (1989 and under)</b>	<b>SENIOR</b>	<b>YOUTH (1991 and under)</b>
<b>FREE</b>	<b>50</b>	0:24,05	0:24,60	0:27,73	0:28,14
	<b>100</b>	0:52,80	0:53,65	0:59,66	1:00,54
	<b>200</b>	1:56,55	1:58,35	2:08,71	2:10,60
	<b>400</b>	4:06,33	4:10,00	4:30,22	4:34,20
	<b>800</b>	8:41,33	8:50,10	9:19,00	9:26,97
	<b>1500</b>	16:32,00	16:48,84	17:57,00	18:14,00
<b>BACK</b>	<b>50</b>	0:28,21	0:28,68	0:32,13	0:32,60
	<b>100</b>	1:00,40	1:01,40	1:08,01	1:09,00
	<b>200</b>	2:12,70	2:14,80	2:27,11	2:29,23
<b>BREAST</b>	<b>50</b>	0:30,20	0:30,85	0:35,30	0:35,91
	<b>100</b>	1:07,45	1:08,68	1:16,89	1:17,95
	<b>200</b>	2:28,00	2:30,45	2:46,51	2:48,80
<b>FLY</b>	<b>50</b>	0:25,75	0:26,35	0:29,74	0:30,18
	<b>100</b>	0:57,88	0:58,87	1:06,10	1:07,08
	<b>200</b>	2:10,82	2:12,70	2:26,61	2:28,60
<b>MEDLEY</b>	<b>200</b>	2:13,15	2:15,39	2:27,26	2:29,42
	<b>400</b>	4:44,90	4:49,00	5:09,03	5:13,55

**ENTRY FORM MEN**





**X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M**  
Málaga, 2-5 abril 2009

<b>CLUB:</b>	<b>FEDERATION:</b>
<b>Contact person:</b>	<b>Phone:</b>
	<b>Fax:</b>

	Year of Birth	Event	Nº	Best Time	25 or 50 meters Pool	Date	Place
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							

**Entries should be sent by 12:00 h. of March 24th, 2009**

**Retur to:** REAL FEDERACION ESPAÑOLA DE NATACION  
 C/ Juan Esplandiu, 1 Fax.: +34 91.409.70.62  
 28007 MADRID (Spain) Phone: +34 91.557.20.06  
 e-mail: [rfen@rfen.es](mailto:rfen@rfen.es)

**ENTRY FORM WOMEN**





**X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M**  
**Málaga, 2-5 abril 2009**

<b>CLUB:</b>	<b>FEDERATION:</b>
<b>Contact person:</b>	<b>Phone:</b>
	<b>Fax:</b>

	Year of Birth	Event	Nº	Best Time	25 or 50 m Pool	Date	Place
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							
Name _____							
Surname _____							

**Entries should be sent by 12:00 h. of March 24th, 2009**

**Return to:** REAL FEDERACION ESPAÑOLA DE NATACION  
 C/ Juan Esplandiu, 1  
 28007 MADRID (Spain)

Fax.: +34 91.409.70.62  
 Phone: +34 91.557.20.06

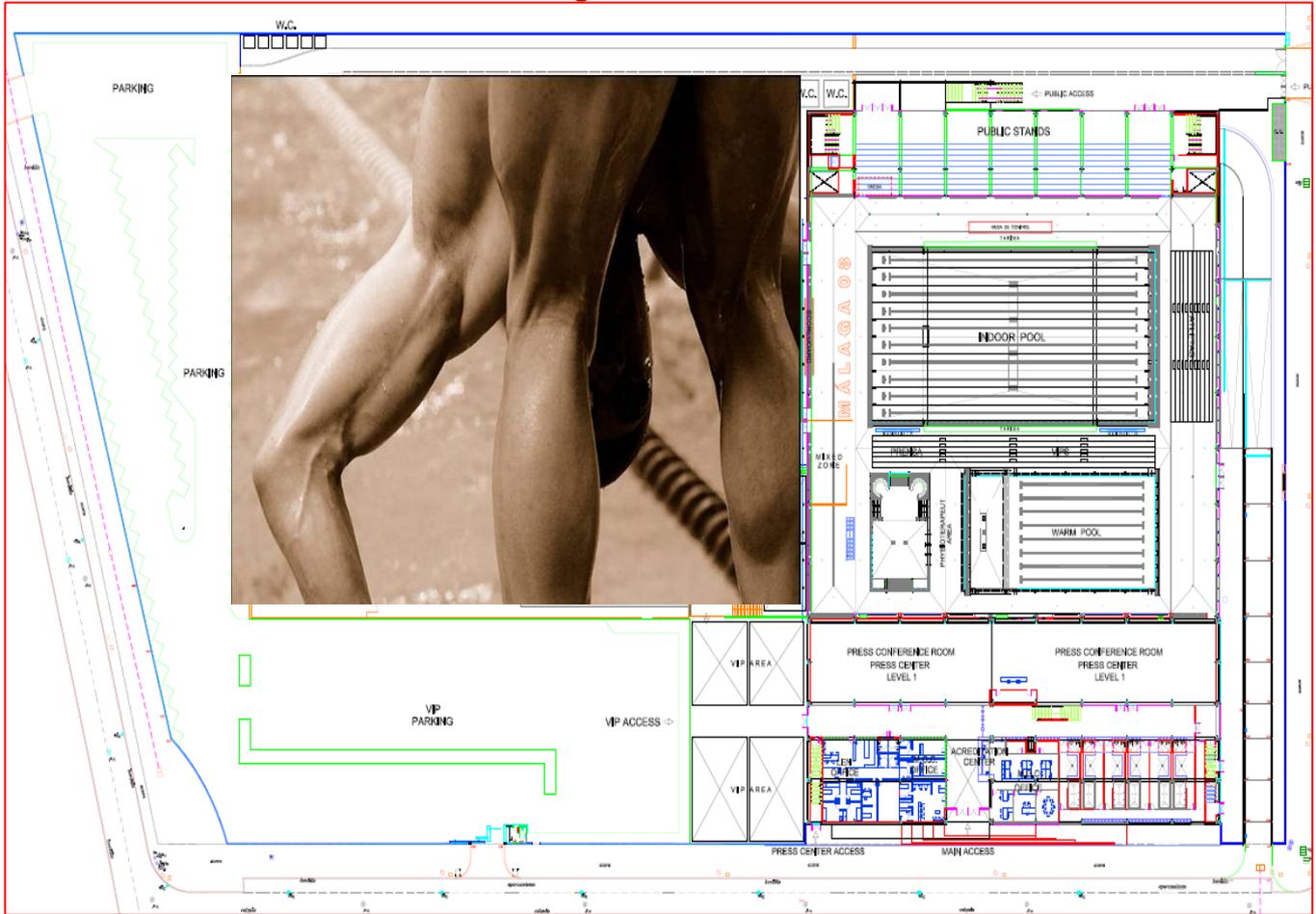
e-mail: [rfen@rfen.es](mailto:rfen@rfen.es)

**PLAN OF THE VENUE**





**X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M**  
**Málaga, 2-5 abril 2009**



Stands with capacity for 1500 persons.  
 Fixed Stands for audience: 860 seats  
 Stands for Athletes: 600 seats  
 Vips and authorities  
 Media



**ACCOMMODATION**





## X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M

Málaga, 2-5 abril 2009

The travel Agency **Carlson Wagon Lit Travel** (Fax: +34 91 724 99 40 – Phone: +34 91 724 99 50 e-mail: [ncorrales@carlsonwagonlit.es](mailto:ncorrales@carlsonwagonlit.es)) makes the following proposal for the accommodation of the Teams.

**Prices per person/day in full board (7% Taxes included)**

### HOTELS

<b>Silken Puerta Málaga****</b>	
Single Room	107,82 euro
Double Room	81,00 euro
Triple Room	61,00 euro

<b>Tryp Guadalmar****</b>	
Single Room	119,30 euro
Double Room	93,09 euro

<b>Tryp Alameda****</b>	
Single Room	119,30 euro
Double Room	93,09 euro

<b>Novotel****</b>	
Single Room	100,00 euro
Double Room	73,00 euro

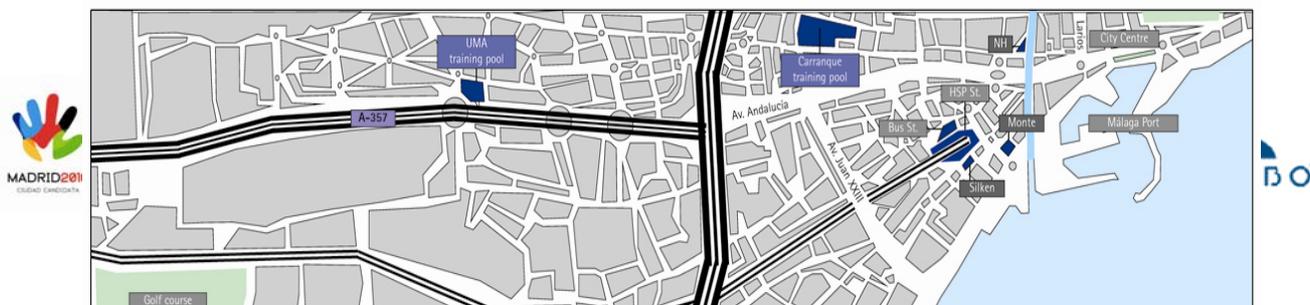
<b>Vincci Málaga ****</b>	
Single Room	95,00 euro
Double Room	75,00 euro
Triple Room	50,00 euro

### Transfer (Optional)

- 08:30 h. Hotels in Málaga to Aquatic Center
- 13:00 h. Aquatic Center to Hotels in Malaga
- 15:00 h. Hotels in Málaga to Aquatic Center
- 20:00 h. Aquatic Center to Hotels in Malaga

**Total Price 600 € day/bus**

### LOCATION OF HOTEL AND AQUATIC CENTER





# X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M Málaga, 2-5 abril 2009

3

4

5

2

← Aquatic Center

1

1.-Trip Guadalmar / 2.- Novotel / 3.- Tryp Alameda / 4.- Silken / 5.-Vinci

