

Prueba 21
08/07/2023 - 18:10

Masc., 400m Libre

Absoluto Masculino
Resultados Final

RG	3:57.35	REGUEIRA SUAREZ, RUFINO	RIVEIRA	21/07/2010
RC	3:59.83	MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	16/07/2021

Clasificación		AN		Tiempo	ABSO	JUNI		
Final A								
1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	3:59.17	22,00	-	RC	
	50m: 28.07 28.07	150m: 1:27.94	30.10	250m: 2:28.28	30.16	350m: 3:29.28	30.43	
	100m: 57.84 29.77	200m: 1:58.12	30.18	300m: 2:58.85	30.57	400m: 3:59.17	29.89	
2.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:04.83	16,00	-		
	50m: 28.11 28.11	150m: 1:29.02	30.62	250m: 2:30.05	30.51	350m: 3:32.26	31.38	
	100m: 58.40 30.29	200m: 1:59.54	30.52	300m: 3:00.88	30.83	400m: 4:04.83	32.57	
3.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	4:12.02	14,00	-		
	50m: 29.29 29.29	150m: 1:33.15	32.23	250m: 2:37.62	32.15	350m: 3:42.06	32.05	
	100m: 1:00.92 31.63	200m: 2:05.47	32.32	300m: 3:10.01	32.39	400m: 4:12.02	29.96	
4.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:13.41	13,00	-		
	50m: 29.03 29.03	150m: 1:32.21	32.04	250m: 2:37.03	32.72	350m: 3:42.23	32.69	
	100m: 1:00.17 31.14	200m: 2:04.31	32.10	300m: 3:09.54	32.51	400m: 4:13.41	31.18	
5.	GARRIDO BRUM, Jacobo	02	C. N. Mataro	4:20.61	12,00	-		
	50m: 30.11 30.11	150m: 1:35.06	32.72	250m: 2:41.38	33.20	350m: 3:48.81	33.71	
	100m: 1:02.34 32.23	200m: 2:08.18	33.12	300m: 3:15.10	33.72	400m: 4:20.61	31.80	
6.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	4:23.58	11,00	-		
	50m: 29.99 29.99	150m: 1:35.29	33.11	250m: 2:42.48	33.76	350m: 3:50.47	34.02	
	100m: 1:02.18 32.19	200m: 2:08.72	33.43	300m: 3:16.45	33.97	400m: 4:23.58	33.11	
7.	CUMMINGS CANDAL, James	05	C. N. CORUÑA	4:29.34	10,00	-		
	50m: 29.74 29.74	150m: 1:36.65	33.98	250m: 2:45.63	34.25	350m: 3:55.19	34.78	
	100m: 1:02.67 32.93	200m: 2:11.38	34.73	300m: 3:20.41	34.78	400m: 4:29.34	34.15	
Baja	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS		9,00	-		
Final B								
9.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	4:24.96	8,00	-		
	50m: 29.94 29.94	150m: 1:35.39	32.80	250m: 2:43.11	33.93	350m: 3:51.40	33.72	
	100m: 1:02.59 32.65	200m: 2:09.18	33.79	300m: 3:17.68	34.57	400m: 4:24.96	33.56	
10.	PEREZ PAZ, Dario	05	C. N. PONTEAREAS	4:26.71	7,00	-		
	50m: 29.79 29.79	150m: 1:36.96	33.80	250m: 2:45.73	34.40	350m: 3:54.04	33.92	
	100m: 1:03.16 33.37	200m: 2:11.33	34.37	300m: 3:20.12	34.39	400m: 4:26.71	32.67	
11.	GARCÍA AFONSO, Alexis	07	C. N. FERROL	4:27.57	6,00	-		
	50m: 30.05 30.05	150m: 1:36.56	33.61	250m: 2:45.37	34.82	350m: 3:55.00	34.73	
	100m: 1:02.95 32.90	200m: 2:10.55	33.99	300m: 3:20.27	34.90	400m: 4:27.57	32.57	
12.	MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	4:27.71	5,00	-		
	50m: 29.66 29.66	150m: 1:36.32	33.83	250m: 2:45.10	34.43	350m: 3:54.85	35.05	
	100m: 1:02.49 32.83	200m: 2:10.67	34.35	300m: 3:19.80	34.70	400m: 4:27.71	32.86	
13.	PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	4:27.87	-	-		
	50m: 30.29 30.29	150m: 1:37.29	34.33	250m: 2:46.20	34.45	350m: 3:54.88	34.30	
	100m: 1:02.96 32.67	200m: 2:11.75	34.46	300m: 3:20.58	34.38	400m: 4:27.87	32.99	
14.	GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSE	4:28.06	4,00	-		
	50m: 30.17 30.17	150m: 1:36.56	33.52	250m: 2:44.76	34.22	350m: 3:54.28	34.74	
	100m: 1:03.04 32.87	200m: 2:10.54	33.98	300m: 3:19.54	34.78	400m: 4:28.06	33.78	
15.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	4:29.70	3,00	-		
	50m: 28.85 28.85	150m: 1:36.00	34.21	250m: 2:45.70	34.99	350m: 3:55.94	34.57	
	100m: 1:01.79 32.94	200m: 2:10.71	34.71	300m: 3:21.37	35.67	400m: 4:29.70	33.76	

Prueba 21, Masc., 400m Libre, Final, Absoluto Masculino

Clasificación	AN						Tiempo	ABSO	JUNI			
16.	GOMEZ PUMARIÑO, Samuel						08	C. N. PORTAMIÑA	4:45.50	2,00	-	
	50m:	27.34	27.34	150m:	1:39.39	41.00	250m:	2:54.71	37.52	350m:	4:08.63	36.42
	100m:	58.39	31.05	200m:	2:17.19	37.80	300m:	3:32.21	37.50	400m:	4:45.50	36.87